

Woodbury Healthcare Center

Gazette! Resident news and updates!

The resident's of Woodbury Healthcare Center recently participated in Beach week. Every day of the week was a different theme and activity. Resident's enjoyed Sand Art, Cognitive games, Outdoor Games and fun on the Patio, Hawaiian dance with Ukulele, hula lessons and Tiki Bar. We had so much fun. Our resident's surely showed of their talents in the outdoor games which included: Flamingo/Octopus toss, ladder ball, bags, croquet, duck/shark hop scotch races. Here are some photos of the events that took place:.



Hawaiian Dance Party: It was amazing to see everyone dance. Some of our residents got right off their chairs and hit the dance floor while others danced sitting down. We learned some new chair dances and everyone kept their hands and feel going.



Art of the Soul has started up again. This is a quarterly water color painting class that takes place on campus. No experience is necessary. Residents have enjoyed this program and typically are amazed at their creations. The class is then duplicated x1 per week and offered by the Community Life Staff. Anyone can join. The photos from this session will be on display at the Senior Care Golf Tournament and fundraiser.

Let's Go Fishing: The St Croix Chapter of Lets Go fishing is a non-profit organization. They are gracious enough to take us out a few times each month to go for boat ride or fishing down the St Croix River. Resident's have had the opportunity to go under the new Stillwater Bridge, and catch some fish. We'd like to thank the Let's Go fishing organization and their volunteers for giving us great trips.



Animal Assisted Therapy: We would like to welcome Anika Blaine to campus. Anika is a DNP student at the U of M and is doing an 8 week program on Animal Therapy. She will be offering her class on Tuesday's from 2:30-3:30 in the skyway. If you are interested in attending, please let Community Life know.



Welcome new residents! We have many new faces here at Woodbury Healthcare Center. Please help to make our new resident's feel welcome: invite them to an activity program with you, visit with them during meals, socialize and introduce them to others. We are looking for individuals who would like to be part of a "WELCOMING TEAM". Your job would be to welcome our new residents, inform them of how things work around here (meals, activities, programs etc.). Anything you can do to make them feel welcome would be helpful. Remember how you felt when you were new. ??? Can you make a difference in the lives of someone else that is new? If so, contact Community Life.

"Connection is the force beneath friendship-----"

Lisa Venable



WALK and ROLL: Our summer walk and roll program will continue throughout the fall. Residents are enjoying taking strolls over to the healing gardens and around campus. As the weather gets chillier, we may postpone trips until the afternoon and/or encourage you to put on some extra layers. The fall tends to be beautiful both in the Healing Gardens and our Patio. In addition, we will be taking some outings this fall to look at the beautiful changing leaves down along the river.

