



Abernethy Laurels

• Spring/Summer 2018

news & views

WHERE THE JOURNEY ENDS, LIFE BEGINS

Residents Gile and Doris Sievers have spent much of their lives traveling the United States and serving others. They met as youngsters at a church youth rally, married several years later in 1959, and had two children. Their servant hearts lead them to leadership roles within the church and the not-for-profit sector. Gile took his first professional position in Dubuque, Iowa at the Young Men's Christian Association (often referred to as the YMCA). After serving in Iowa, Gile and Doris spent the next 34 years serving "Y" associations in Fond du Lac, WI., Rochester, NY., Bloomington-Normal, IL., Stevens Point, WI., Boulder, CO., and Naples, FL. While Gile was advancing in his career, Doris held numerous positions at schools and health care settings.

Soon after grandchildren arrived, Gile and Doris decided to go to New Hampshire for a short while to be closer to family. Feeling a pull to serve others, the Sievers' packed up and moved to Mesa, Arizona where both of them found rewarding full-time volunteer positions at a Christian children's home. During their stint in

continued next page



Arizona, they spent several summers in Florence, Oregon. It was there that the Sievers' began thinking about where they wanted to "officially" retire. Their search led them to North Carolina where they visited 12 retirement communities. Following that search and a stay at the onsite bed and breakfast, the Sievers' fell in love with Abernethy Laurels. What impressed the couple the most were the staff. "Everyone was so friendly. Every staff person we encountered went above and beyond to make us feel welcome. It was very sincere," shared Gile. "The Southern hospitality made us feel like part of the family very quickly."

Gile and Doris appreciate the affordability and a la carte fee schedule at Abernethy Laurels. "We really like the fact that we can choose what services we wish to have and not pay for services we don't use," said Doris. Their retirement community inquiries also led the Sievers' to discover how competitive rates at Abernethy Laurels. "Leaving a legacy for our family

is important to us," Gile shared. "Abernethy Laurels gives us the opportunity to have the lifestyle we always dreamed about in retirement while not sacrificing the plans for our children and grandchildren."

Gile and Doris did not waste any time getting involved with campus activities. Several evenings a week the couple can be spotted at Happy Hour, Mix and Mingle socials, or playing a round of Bocce ball. Their servant hearts have also led them to find volunteer opportunities. "We have spent our entire lives helping others and volunteering. Doris and I are excited about the purpose-filled opportunities available at Abernethy Laurels. With our worry-free lifestyle, we can now focus on opportunities that give us our motivation and add to our quality of life," said Gile. "Now that we have found our home, life is just beginning for us!"

To the Finish Line

Resident Randy Clemmer was an avid cyclist most of his life. With limitations now, he wanted nothing more than to have that feeling of victory when crossing a finish line again. The Therapy Team at Abernethy Laurels had an idea to assist Randy through the annual 5K held each May on campus.

On Saturday, May 19, they did just that! Donned in "Team Randy" shirts, the Therapy Team took turns helping Randy through the 3.1 miles. As they approached the last 100 feet, Randy walked arm-in-arm with the Therapy staff. Race participants and spectators cheered loudly as Randy crossed the finish line. It sure was a victory to remember. In addition to the caring and compassionate individuals who seek to go above and beyond for those we serve, this project was made possible by Grant a Dream™. The goal of Grant a Dream™, a UCHS program, is to renew and celebrate a passion while creating joy within the hearts of our seniors.



welcome

new residents

Darla Coyle
Hickory, NC

Jim and Linda Chester
Morganton NC

Sam Lattimore
Lincolnton NC

Becky Mittelman
Davidson NC

Mary Hill
Hickory NC

Ruth Graham
China Grove, NC

**Geraldine Connor
& Charles McCardell**
West Chester PA

Richard and Janet Williams
Cornelius NC

Shelby and Barbara Hendren
Clayton NC

Sarah Rudisill
Lincolnton NC

Lee and Gretchen Greiner
Roanoke VA

upcoming events

Celebrate at our Open House

June 28, 2:00 pm

Abernethy Laurels could be the most significant gift you can give yourself and your children. Join us for cake and ice cream and learn about the advantages and peace of mind you gain from choosing a continuing care retirement community. Come celebrate with us and learn about the gift that keeps giving!

Cockman Family Concert

July 14, 2 pm

Join us for an indoor performance featuring local bluegrass music! Since launching their performing career in February 1988, the Cockman Family has developed the classic family harmonies and

youthful flair that is the Cockman Family trademark. Their unique bluegrass gospel style, original songs and original arrangements of the old gospel songs are popular with their audiences.



Catered Living Open House

July 17, 4:30-5:30 pm

Located in the main building and hub of the community, Catered Living Apartments at Abernethy

Laurels are designed for those that desire independence, but no longer want to worry about household responsibilities like cooking and cleaning. Join us to discover the benefits and comforts found at Abernethy Laurels!

Progressive Luncheon

July 25, 11:30 am

Relax, learn, and dine with us. We invite you to a summer-inspired lunch prepared by Chef Craig. Tour several model homes and delight in an arugula salad, maple glazed pork loin, garlic-herb mashed potatoes, baby carrots and finish with peach cobbler.

Limited seating. To register for these events, contact Rob Hartsell at 828.465.8519 or email rhartsell@uchas.org.



HOT DEALS ON APARTMENTS

Move in this summer and save! Special savings on apartments allow for upgrades or a moving cost allowance. Don't wait any longer – call our Marketing team at 828-465-8519 for details.



NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES

BUSINESS REPLY MAIL
FIRST-CLASS MAIL PERMIT NO. 5 NEWTON, NC

POSTAGE WILL BE PAID BY ADDRESSEE

ABERNETHY LAURELS
102 LEONARD AVENUE
NEWTON NC 28658-9943





102 Leonard Ave
Newton, NC 28658

www.abernethylaurels.org

Non Profit Org.
US Postage
Paid
Newton, NC
Permit No. 5

*A Christian
Ministry
committed to
providing vibrant
senior living
opportunities,
diverse programs
of outreach and
compassionate
healthcare
services.*

Did you serve in the military?

Abernethy Laurels offers a special savings for you!

facebook



Directions: From I-40, take Exit 132 (To Hwy. 16 South). Go approximately five miles then turn left onto Hwy. 16 South; Abernethy Laurels approx. ½ mile on left.

Want to learn more about Abernethy Laurels?

**Simply fill out this card and drop in the mail – the postage
is on us! We look forward to hearing from you!**

All information is kept confidential.

- ☐ Yes, I would like to learn more about Abernethy Laurels.
- ☐ I have a friend who is interested in Abernethy Laurels. Please contact them.
- ☐ Please remove me from your mailing list.

NAME

ADDRESS

CITY/STATE/ZIP

HOME PHONE

CELL PHONE

EMAIL

