



Summer 2018

news & views

Lake Prince Woods



HOME Sweet HOME

Homer "Bob" and Jean Isom have been residents at Lake Prince Woods for the last six months. Bob a retired military and shipyard communications specialist and Jean a retired specialist teacher come from the Chesapeake area, and have been married for the last sixty years. They raised their family in a house that they built together for over thirty years and remained active in their church community as well.

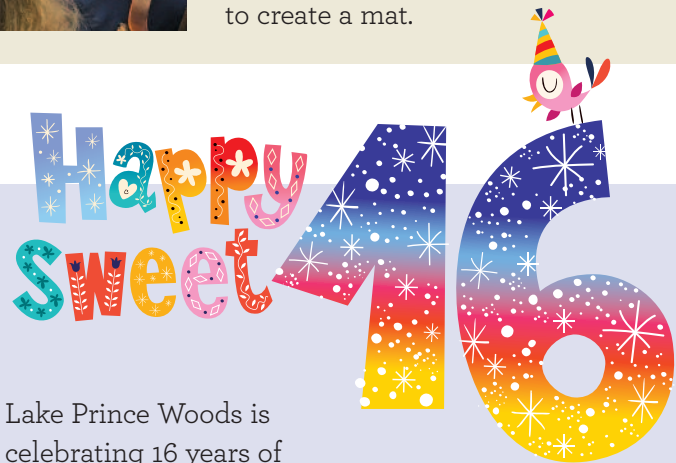
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Community

HAPPENINGS



Lake Prince Woods' residents take on Operation Bed Roll project. Operation Bed Roll was derived in Greensboro, NC as a collaboration between Greensboro's Field Operations and Police departments. This program provides sleeping mats for the homeless made from plastic bags. The plastic bags are used to make "plarn" also known as plastic bag yarn. The plarn is rolled into a large ball and used as a yarn ball would be used. These plastic grocery bags are flattened, cut, tied, interwoven and crocheted together to create a mat.



Lake Prince Woods is celebrating 16 years of service! It has been 16 years since we've opened our doors to serving residents in the surrounding community. Upholding our promise and commitment to providing vibrant senior living, we have been blessed to serve hundreds of seniors and their families.

Join us throughout the year as we celebrate with our upcoming events.

HOME Sweet HOME

CONTINUED FROM FRONT PAGE

As retirees the couple can enjoy the various activities offered at Lake Prince Woods, especially their passions. For Bob it is gardening and for Jean it is the love of books and staying active. The community garden and the libraries are just some of the features offered to residents. The couple agreed, "We are home! It's calm and quiet, friendly people and excellent food." Bob and Jean appreciate the added security of the community and the array of options offered that cater to everyone's needs.

When making the decision to call Lake Prince Woods home, Jean's thought process was how she would maintain if it was just her. A little apprehensive about their next steps for retirement, Bob and Jean put all things aside and began picking out their customizations for their new home. Jean realized they had made the best

decision after noticing the simple acts of care by the security guard. Then, there was the idea of maintenance free living and not having to worry about Bob climbing a ladder to clean the gutters. "It gives the feeling of comfort," said Jean.

Lake Prince Woods is an award winning residential senior living community offering an array of lifestyle choices. Located in Suffolk, Virginia, the community is nestled among 172 lovely wooded acres bordering Lake Prince. As a continuing care retirement community, Lake Prince Woods offers residential living, assisted living, memory care and health care services with accommodations available for direct move-ins to assisted living and health care.

KEN FARMER'S
ANTIQUÉ TALKSHOW



Tuesday, October 23 at 2:00 pm

Perhaps best known for his many appearances on "Antiques Roadshow," Ken's presentation will focus on items that are most successful at auction, current trends, and what's hot and what's not. Afterwards he will offer appraisals of selected items. A limited number of spaces are available and because of the expected high turnout; you must call and register in advance and must state what item you will bring. Call Tammy

Garrett at 923-5504 or Trish Alt at 923-5559 to make a reservation.

UPCOMING EVENTS

Join us for our upcoming events to learn more contact Tammy Garrett at 757-923-5504 or at TGarrett@uchas.org

Lake Prince Woods, an award-winning senior living community in Suffolk, has partnered with the Alzheimer's Association to offer a monthly **Alzheimer's support group** the third Monday of every month at 3:00 pm that is free to the public. The group offers the emotional, educational, and social support needed when dealing with loved ones with Alzheimer's disease. The support group is beneficial for family members and caregivers involved with caring for a person with Alzheimer's disease or other forms of dementia. Join us for our next session!

Lake Prince Woods celebrate team member anniversaries. Lunch and dinner was served to team members and the families that reach milestones of 5, 10, 15 and 16 years of service. These team members remain steadfast in their journey for serving the senior community.

"I love my job. I am happy I have the opportunity to work in such a great place. I have a great relationship with my manager, co-workers, and the residents. It makes it all worth while." – Randy West, Dining Service Attendant.



welcome
new residents

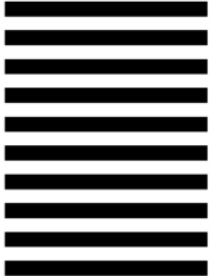
Eunice Warthan
Waverly, VA

Donald Babb
Ivor, VA

Von and Judy Piersall
Portsmouth, VA



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100 Anna Goode Way
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www.lakeprincewoods.org



Directions: 1/4 mile east of US 460 off Kings Fork Road.

Learn more

Want to learn more about Lake Prince Woods?

Simply fill out this card and drop in the mail – the postage is on us! We look forward to hearing from you! All information is kept confidential.

- Yes, I would like to learn more about Lake Prince Woods.
- I have a friend who is interested in Lake Prince Woods. Please contact them.

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