



LAKE
PRINCE
WOODS
UNITED CHURCH
HOMES AND SERVICES

Winter 2017

news&views

Lake Prince Woods



"Our first inclination to explore a senior community came about because Mike's parents had lived in a similar community in Georgia... he liked the amenities and felt it was a good idea when he started to plan for our retirement," said Pat Church. Mike and Pat Church made Lake Prince Woods their forever home in 2016 and have been overjoyed about their decision since the day they moved in. "We did this for ourselves and for the benefit of our children so that they never have to worry about caring for us," Mike added. It was the same feeling Mike had when thinking back at his parents' choice to choose a senior community. He felt so relieved that everything had been planned.



Fun, Relaxing
and Stress Free

Living in a senior community gives a sense of independence that Pat and Mike enjoy. There are many activities for individual interests and for group participation. When Pat and Mike first visited Lake Prince Woods, they were struck by several things – the attractive community, the warm and welcoming staff, the delicious lunch, the smiles of the residents and the diverse programs.

Mike, having grown up in a military family, has lived all over the world from Japan to France. As a Virginia State Trooper, he lived in several places in Virginia. Pat grew up in Petersburg and has lived in Suffolk since 1975 and retired as a teacher from Nansemond-Suffolk Academy.

Mike appreciates that the maintenance needs are taken care of and the idea of not having to do chores such as cutting the grass, cleaning the gutters or shoveling snow. Pat loves the meals offered in the Bistro. "They serve the best omelets and Reuben sandwiches!" she said.



Retirement living at Lake Prince Woods is fun, relaxing and stress free! It's a place where neighbors become friends and friends become family. There are many opportunities to engage in programming depending on each resident's preference. "The artists paint, the dancers dance, the readers read and the singers sing! We have great trails for walkers too! There is surely something for everyone," they said.

Lake Prince Woods is an award-winning residential senior living community offering an array of lifestyle choices. Located in Suffolk, Virginia, the community is nestled among 172 lovely wooded acres bordering Lake Prince. As a continuing care retirement community, Lake Prince Woods offers residential living, assisted living, memory care and skilled nursing care. To learn more, visit www.lakeprincewood.org.



Volunteering

THROUGH THE YEARS



"I volunteer because it makes me feel good! It's something that is in my heart. I get more out of it than the people I serve. It's a rewarding experience." – LYNN NELSON

Lake Prince Woods' residents take time to give back to their community through volunteering. In 2017, over 10,000 volunteer hours were served by Lake Prince Woods volunteers. 58 residents at Lake Prince Woods volunteer within the community. The volunteers take on tasks such as participating in life enrichment programming, working in the gift shop, singing in the Golden Voices choir and Gospel Coral, crocheting hats for the local hospital, visiting Healthcare residents, leading Bible studies, serving as hostess in the dining room, and serving on a variety of committees.



"I got into volunteering because of my parents. They always volunteered and taught me the value of helping others. I have been volunteering since I was a child." – JACKIE EDWARDS

There are 15 volunteers from the greater community, who assist in the health center, assisted living and memory care areas. These volunteers participate in pet therapy, serve as musicians at the Sunday Vesper services, and assist the health center life enrichment department. "We volunteer because we love giving back. I would want someone to do the same for me," said Louise Perkins, resident at Lake Prince Woods.



"I volunteer because I like to do what I can to help others. I can't do everything but it's good to be able to do some things to bring joy to other people." – DORIEN DELUGIEN

UPCOMING EVENTS MARCH

Register your attendance by contacting Tammy Garrett at 757.923.5504 or tgarrett@uchas.org. Call today!



Steamers – Outer Banks

Friday, March 9, 2018

12 noon

1 Ocean Blvd.

Southern Shores

There is real value found in the enjoyment of an affordable and active lifestyle in a true continuing care retirement community (CCRC). Join us for a delicious lunch and an informal presentation on the advantages of planning for your future. Southern Shores Crossing Center is a local favorite with fresh gourmet cuisine and an inviting atmosphere. Discover why so many wonderful residents choose Lake Prince Woods as their neighborhood.

Simplified Home, Simplified Life

Tuesday, March 13, 2018

12 noon

Lake Prince Woods

100 Anna Goode Way, Suffolk

Ann Armistead, owner of Downsize Designs, is ready to assist you in rightsizing your home and simplifying your life! Lake Prince Woods, a senior living community in Suffolk, VA, invites you to an informative luncheon where you will gain knowledge on making downsizing manageable, beginning the transition process, and understanding emotional attachments when faced with your “treasures.” From getting your house ready to sell, to packing up and relocating, Ann can provide the steps needed for a smooth move.

BBQ Cottage & Villa Open House

Thursday, March 22, 2018

12 noon

Lake Prince Woods

217 Unity Court, Suffolk

Come experience Lake Prince Woods' 172-wooded acre senior living community. Join us for a tasty lunch, informal conversation, and a cottage and villa open house. Learn about our spacious single-level floor plans, on campus amenities, and maintenance-free lifestyle. Start today reenergizing your plans for the future.



Follow us on FACEBOOK

www.facebook.com/LakePrinceWoods/



Savings

Make Lake Prince Woods your forever home on or before April 30, 2018 and learn more about our \$10,000 marketing promotions!



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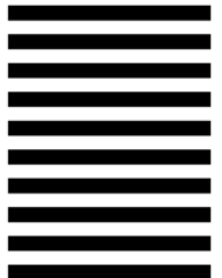
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www.lakeprincewoods.org

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Directions: 1/4 mile east of US 460 off Kings Fork Road.

Want to learn more about Lake Prince Woods?

Simply fill out this card and drop in the mail – the postage is on us! We look forward to hearing from you!
All information is kept confidential.

Learn more

- ☐ Yes, I would like to learn more about Lake Prince Woods.
- ☐ I have a friend who is interested in Lake Prince Woods. Please contact them.

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