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customerlobby.com/reviews/36531/bristol-glen

UMC MISSION STATEMENT

*Compassionately serving in the
community*

Do you have a photo or news you would like to share in The Voice?
If so, please submit your idea to Gail Gardlock, Apt # 402 or call
her at 973-383-9539 or you can always leave it with Jackie in the
Administrative Office.



United Methodist
Communities
Bristol Glen

The Voice of Bristol Glen

Winter 2018

Volume # 3



Abundant Life for Seniors

*Jeff Lisk x1100
Executive Director*

*Kaitlin Eamigh x1102
Administrator*

*Mora Karas x1400
Director of Nursing*

*Liz Elliott x1408
Director of Residential Living*

*Jeffrey Quinn x1404
Director of Community Life*

*Melissa Teitsma x1409
Volunteer Coordinator*

*Rev. Salvatore Seirmarco x1413
Director of Mission & Pastoral Care*

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UMCommunities.org/BristolGlen



Do you know what would have happened if it had been
Three Wise Women instead of Three Wise Men? They
would have asked directions, arrived on time, helped deliver
the baby, cleaned the stable, made a casserole, brought
practical gifts, and there would be Peace on Earth.



Although languages differ around the world.....
Joyeux Noël! Feliz Navidad! Buon Natale!
Fröhliche Weihnachten! Vrolijk Kerstfeest!
We all share special memories at this time of the year.
MERRY CHRISTMAS!
May the holiday blessing of peace and love be yours
throughout the New Year!



CHRISTMAS MAGIC at BRISTOL GLEN



Each year the first week in December is happily hectic preparing for the Advent season. Bristol Glen is magically transformed by Jeff Quinn, our Community Life Director, and his wife, Lisa, along with some welcomed assistance from his elves (our residents).

The center of attraction is the 15 foot high tree in the rotunda. First, the branches are “fluffed” by those residents wishing to help. Jeff then assembles the tree to the sound of seasonal music. The 2,500 lights are strung by Jeff. The 1600 ornaments are next, some of which have been donated by residents. Jeff is on the ladder putting on the high ones and Lisa helps down below. The finishing touch is the placement of the angel atop the tree. There is a creche with figures and a fireplace! The entire process is completed in one day.

Throughout the facility there are 7 decorated trees and many wreaths and potted plants. Then the lovely poinsettias arrive which have been donated by our residents either in “memory of” or in “honor of” a loved one.

This year we will have a “Door and Shelf Decorating” Contest. Most of our residents decorate their doors and shelves throughout the year; but this season is special. Everyone helps to make our home imaginative and beautiful.

We live in a very special place! Aren't we fortunate?

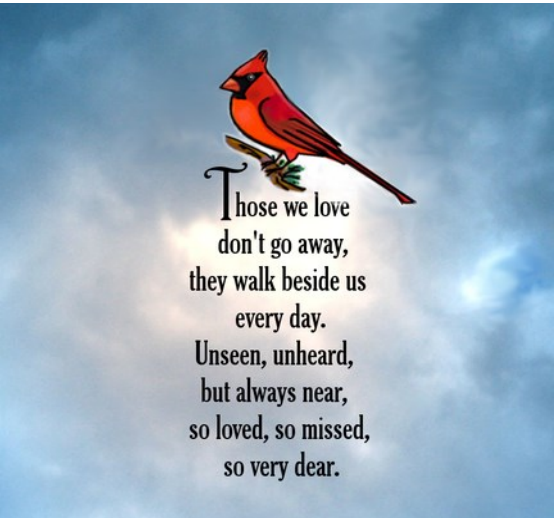


Joan Osmun	September 6th, 2018
Pat Garry	September 8th, 2018
Catherine “Cas” Furlong	September 11th, 2018
Jackie Kott	September 16th, 2018
Rita McGouey	September 18th, 2018

Bert Toth	October 5th, 2018
Francis Baldwin	October 30th, 2018
Katherine Williamson	October 30th, 2018
Elizabeth Quinn	October 31st, 2018
Robert Kanaley	October 31st, 2018

Nancy McFadden	November 4th, 2018
Virginia Trudgeon	November 7th, 2018
Barbara Buchanan	November 8th, 2018
Maxine Doyle	November 9th, 2018
Marjorie Kelly	November 11th, 2018
Shirley Ratti	November 13th, 2018
Arthur Grenell	November 14th, 2018
Elizabeth Tiefel	November 15th, 2018
Marilyn Perry	November 16th, 2018
Dorothy Fialcowitz	November 30th, 2018

Joseph Noll	December 8th, 2018
Brenda Casterline	December 17th, 2018
Jennie Van Osten	December 17th, 2018



How did you meet your

Werner Lutz

At college my fraternity house was next to my wife's sorority house. Her sorority had a Sadie Hawkins dance and she invited me.

Helmut Grau

After the war I lived with my parents. Dot's parents bought the lot next door and they built a house. Dot lived with her parents. The rest is history!

Don McGregor

We were on the same panel at jury duty. I liked her right away and asked her to lunch. That was how it started.

Al Mearns

The women invited the fraternity men to a get together. Al liked Marian's appearance. They began to sing together.....and the "duet" has endured for 69 years.

Dewey Budd

While a student at Rutgers, Dewey had planned to take Maxine on a date. He went to Gibbons Hall to pick her up. A girl named Dottie answered the door and informed Dewey that Maxine was not there. Since a date rejection was **not** in Dewey's plans, he asked Dottie if **she** would like to go out. The rest is history!

Jack Wilks

I met my wife at a Square Dance!

Bob Muir

Harriet, a nursing student at Columbia University Presbyterian Hospital in New York City and Bob, a student at NYU law school, in New York City met on a blind date that took place by the Hudson River in Westchester, New York, at a night club called "The Barge". A fellow law school student of Bob's arranged the date with Harriet because he needed a ride to get to the Barge for a date with a nursing student friend of Harriet and needed Bob's car to get him there. Bob got home to Nutley, NJ at 5am after a group breakfast in Westchester and taking the fellow law student back to NYU. When he got home, his father, looking at the clock, said "Good date?". Bob asked Harriet on a date for the next weekend which ultimately led to an engagement, wedding and almost 60 wonderful years of marriage!



Christmas Remembered

by Janice E. Hinkle

Smelling Christmas cookies baking, licking spoons from candy making,
Helping tie a bow with finger placed upon it so, greeting friends at wreath-trimmed door,
these and many, many more are things that we remember.
Shining eyes and candlelight, big new bikes with paint that's bright, stifling a sleepy yawn,
when tykes awake at the crack of dawn, wrapping strewn across the floor, These and many,
many more are the things that we remember.
Shining star that led the way to Jesus sleeping in the hay, reborn hope of Jesus' birth
Bringing peace and joy on Earth, golden angels' wings that soar, these and many, many more
are things we should remember.

Christmas Remembered

by Dick Carlson

My earliest remembrance was my father setting the tree up in the front hall along with me and my two brothers and sister when there was a loud knock at the front door. Dad opened the door and there stood Santa Claus! Santa handed each of us some small gift and said "time for bed". Santa went toward the backyard and we scrambled to the window to see his sleigh take off. It didn't. My sister refused to leave the window until Dad used his stern voice and said "get to bed". Years later I found out that Santa was my Mother and she was freezing in the backyard while my sister was insisting that she see Santa's sleigh take off!

Every Christmas Eve we went to my father's Cousin Signe for a Swedish Smorgasbord and to exchange gifts. One year Signe gave my father earmuffs. For at least eight years those earmuffs went from Dad to Signe and Signe to Dad. The question of the evening was, "How are those earmuffs going to be disguised this year?"

When my mother was born her mother brought a huge silver mercury glass ball and a bunch of golden glass grapes to put on her first Christmas tree. This year for the 123rd time those ornaments will find a place on the family tree!

Christmas Remembered

by Norma Black

Norma and her parents celebrated the holiday by attending a midnight church service on Christmas Eve, followed by a visit to a grandmother's home to open their gifts. Christmas Day they were invited to the other grandmother's home to share dinner. All of the cousins attended to join in the festivities. When Norma was 8 years old she remembers receiving a trunk which contained a doll along with beautiful clothes. These are cherished holiday memories of an only child.



Christmas Remembered

by Jane Parker

Jane remembers, as a child, her father cleaning out the fireplace of all the soot and removing the andirons. Next the stockings were hung. They were regular everyday socks, not the fancy ones we have today. Each one was filled with an orange, candy and a penny. Her father read "T'was the Night Before Christmas" on Christmas Eve from a very old book. This book was handed down to Jane's family along with a newer copy with poems. Handmade gifts were made for Santa first, and then the ones for the family. Candles were placed in every window and lights decorated the outside trees. These memories are precious to Jane. Her favorite Christmas carol is "Silent Night".

The Holiday Optimist

Author Unknown

There is a story of identical twins. One was a hope-filled optimist. "Everything is coming up roses!" he would say. The other was a sad and hopeless pessimist. He thought that Murphy, as in Murphy's Law, was an optimist. The worried parents of the boys brought them to the local psychologist. He suggested to the parents a plan to balance the twins personalities. "On Christmas morning, put them on opposite sides of the tree to open their gifts. Give the pessimist the best toys you can afford, and give the optimist a box of manure." The parents followed these instructions and carefully observed the results. When they peeked in on the pessimist, they heard him audibly complaining, "I don't like the color of this computer.....I'll bet this calculator will break.....I don't like this game.....I know someone who's got a bigger toy car than this...." Tiptoeing across the corridor, the parents peeked in and saw their little optimist gleefully throwing the manure up in the air. He was giggling. "You can't fool me! Where there's this much manure, there's gotta be a pony!"

Christmas Remembered

by Suzanne Hunt

I also have many wonderful memories to share. There were 4 children in our family. Christmas morning we were told to gather at the top of the stairs and wait for everyone to be together before we could go down to open our presents. It seemed we had to wait forever until our parents joined us. Then we walked down together (no running) to the back living room to find and share our gifts under the tree. We gathered later to play and sing Christmas Carols; Mother played the piano, Father sang in his beautiful tenor voice, my older sister played the clarinet, and I played the violin and sang, my brother played the trumpet and my youngest sister played the cello. We all made a joyful sound. I do remember getting a doll with brown hair and brown eyes like me and wearing a flowered dress. I kept her for a long time. I hope these remembrances bring back your own Christmas past and bring comfort. Joy to you and many others.

A Senior's Version of "FACEBOOK"

For those of my generation who do not, and cannot, comprehend why Facebook exists; I am trying to make friends outside of Facebook while applying the same principles. Therefore, everyday I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I show them pictures of my family, my dog, of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, eating lunch, and doing what anybody and everybody does every day. I also listen to their conversations, give them a "thumbs up" and tell them I "like" them. And it works just like Facebook! I already have 4 people following me: 2 police officers, a private investigator and a psychiatrist.

Q: Why did Scrooge keep a pet lamb?

A: Because it would say "Baaahh Humbug".

Q: What is the lion's favorite Christmas Carol?

A: "Jungle Bells"

Q: What do you call a snowman in July?

A: A puddle.

Q: What do you call an obnoxious reindeer?

A: RUDEolph

Thoughts for the Holiday Season

'Tis the season to.....

Mend a quarrel.

Search out a forgotten friend; make a new one.

Dismiss a suspicion & replace it with trust.

Encourage someone who has lost faith.

Keep a promise; forget an old grudge.

Examine your demands on others & vow to reduce them, fight for a principle, express your gratitude.

Overcome an old fear, take time to appreciate the beauty of nature.

Say "I love you" to someone and mean it.

Say it again and again.

HUMOR CORNER

While I was working as a store Santa during the Christmas season, a small boy asked me for an electric train set. I told him, "if you get your train, your Dad is going to want to play with it too. Is that O.K.?"

The boy became quiet. I asked, "what else would you like Santa to bring you?"

He promptly replied, "Another train!"



SAD NEWS

Please join me in remembering YET ANOTHER great icon of the entertainment community. The Pillsbury Dough Boy died yesterday of a yeast infection and traumatic complications from repeated pokes to the belly. He was 71. Dough Boy is survived by his wife, Play Dough three children, John Dough, Jane Dough and Dill Dough, plus they had one in the oven. Service were held at 3:50 for about 20 minutes

txtj



December Birthdays

- 3 Jean Mingle
- 4 Dorothea Johnston
- 5 Joan Wing
- 10 Ruth Amicosante
- 12 Dorothy Grau
- 14 Maud Rowan
- 19 Lorraine Pagiusco
- 20 John Macarell
- 21 Jean Brendler
- 27 Samuel Dubel
- 28 James Petit
- 30 Susan Schuyler
- 30 Cynthia Ayers
- 31 Judith Coles

January Birthdays

- 4 Betty Sanfilippo
- 4 John "Jack" Wilks
- 8 Dewey Budd
- 14 Charles Tice
- 17 Marian Mearns
- 17 Mary Witt
- 19 Josephine Dibsie
- 20 Carol Miller
- 20 Harriet Muir
- 22 Jane Hasenbalg
- 23 Marjorie Hendershot
- 23 Judy Sheehan

February Birthdays

- 1 Al Mearns
- 2 Richard Carlson
- 4 Karen McGregor
- 5 Antoinette McNally
- 9 Carmela Arbore
- 11 Blanche Kurek
- 12 Josephine Fahsbender
- 12 Carol Griffiths
- 12 Helmut Grau
- 18 Werner Lutz
- 21 Michael Shwetz
- 22 Janet Werbela
- 23 Judy Sheehan
- 24 Barbara Haupt

Recently Promoted

Mora Karas, RN -- Director Of Nursing



Mora is a warm familiar face here at Bristol Glen! Mora started with us as the Infection Control & Staff Development Coordinator. She was in charge of making sure that we all washed our hands and kept illness from spreading. She would be sure that we all received our flu shots if we wanted them! And she would educate all new nurses and CNA's. Luckily for us, Mora was promoted to be the Director of Nursing for our Harris Health Care Center. She supervises some thirty five very busy caregivers as well as several administrative associates.

Raised in Newton, Mora attended Newton High School going on to Rutgers, New Brunswick. While there she earned her Management & Labor Relations and Psychology Degrees. After graduation she was employed as a Job Coach for adults, coaching those with developmental, physical and emotional disabilities. However, yearning for a "real" nursing career, she returned to college, and earned her Registered Nursing Degree. She then obtained a position at Chilton Hospital working on the intermediate medical care floor (Stroke Floor).

As fate would have it Mora came across the ad for the open Staff Development Coordinator here at Bristol Glen. Living right behind our community, it seemed like a perfect fit, bringing her charming personality, background and experience to us, and she is the perfect choice for the Director of Nursing position!

Mora and her husband Josh, also a Rutgers Alumni, reside in Newton with their two children, daughter Ava in kindergarten and son Eamon, 2 years old, along with two cats. They enjoyed picking apples this fall at Windy Brow Orchard.

However, the family's favorite thing is anything outdoors, especially sports! We have been told that they are known to tailgate at a Rutgers game if they can!!

Congratulations and "Thank you Mora for all you do for our community!"

Recent Appointments to the Team



Kim Nielsen, Business Office

We now have a very capable “Payroll” employee in our Bristol Glen Business Office, known as Kim Nielsen. Kim has a younger sister, and their family lives in Blairstown, NJ. At her first job, she taught pre-schoolers for 10 years. From there she secured a position as a

Manufacturing Operation Manager for five years. When asked what she liked best about her current job, she commented that the Bristol Glen staff and residents are amazingly friendly, making her job a truly pleasant experience.

In a previous marriage, she had a daughter (now 12) and a son (now 10). Since she no longer wanted to be a single parent, she became acquainted with a kind gentleman, named Gil, on her computer 10 years ago. Seven years later, they married, and three years later now have a little son. Because of this, Kim wanted to work closer to her Hardwick, NJ home. So when she saw a position on line at nearby Bristol Glen for a bookkeeper, she eagerly applied, and was duly accepted and hired. Last, but not least, her favorite hobby is baking cookies and cupcakes.



Terrill Morrow, APN

Bristol Glen Welcomes Terrill (Terry) Morrow, APN

The entire community is just thrilled that Terry has begun seeing residents! Many of us already know Terry as he has been a nurse in our Harris Health Care Center for the last five years as well as working at Newton Medical Center.



After starting his career working in construction for PSE&G, Terry decided to change his career to medicine. Received a BA & MA from Chambers Madison and hands on training with Dr. Walter Grote, MD. Terry is a “local”. He has many relatives and friends in the area and now lives in Wantage with one of his two daughters and two cats. In his spare time, when he has any, he enjoys hunting, fishing, running and other outdoor activities. To reach Terry and make an appointment for Monday through Friday you can contact the Administrative Office and speak to Jackie 973-300-5788 x 1101.



STOPPING BY WOODS ON A SNOWY EVENING

by Robert Frost

Whose woods these are I think I know.
His house is in the village though;
He will not see me stopping here
To watch his woods fill up with snow.

My little horse must think it queer
To stop without a farmhouse near
Between the woods and frozen lake
The darkest evening of the year.

He gives his harness bells a shake
To ask if there is some mistake.
The only other sound's the sweep
Of easy wind and downy flake.

The woods are lovely, dark and deep,
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.

TIME WAS

Submitted by Wally Atchison

Time was when we had fun on the school yard swing,
and when we exchanged graduation rings.
All of our time was then.

Time was when we wrote love letters in the sand
and lingered over our coffee and
All of our time was then.

Picnics and hay rides and mid winter sleigh rides.
We were so happy then.

Hikes in the country and there's more than one thing
that has a place in my heart.

Every tomorrow would be complete if all of our
dreams were half as sweet as all of our time was then.





Thoughts from Chaplain Sal



Psalm 92:1

It is a good thing to give thanks unto the Lord, and to sing praises unto thy name, O most high.

GRATITUDE

As we enter the Thanksgiving and Advent season, we have a lot to be thankful for. Soon families will gather around meals of turkey or ham, decorations will be hung and gifts will be purchased. Not to mention Black Friday! The next few weeks we can get caught up in the excitement of the holidays and the hustle and bustle business that Park Avenue tells us the holidays are about. And those are okay and have their place. But what are we truly thankful for? Do we thank God for them regularly?

So, I pray as we enter this holiday season, may we find a moment to pause and reflect on what we are thankful for? Where do we store our treasures? I am reminded that I am thankful for a wife that supports me, a family that encourages me and a Savior that loves me just as I am.

Cultivate a heart of gratitude, for the gifts of your life and the Giver and Renewer of our lives. - Rev. Sal

Remember, it's hard to stumble when you are down on your knees. God answers "knee-mail". If Christmas is not found in your heart, you will not find it under the tree.

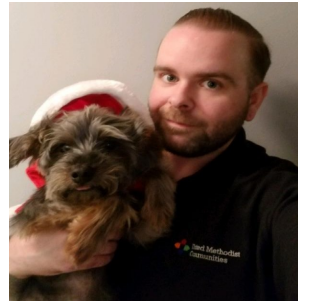
Dorothy & George Watt, Jr. Chapel is always open. Stop in for a moment.

Recent Appointments to the Team

Ian Scheer, Social Worker

Our newest "problem solver" is **Ian Scheer**, our Residential Social Worker. He works with the residents in Assisted Living and those of us in Independent Living.

Ian is one of two social workers at Bristol Glen. Nicole Maggio works with residents in the Harris Health Care Center. Ian is a Sussex County boy who was raised in Sparta and now lives in Fredon.



He graduated from Rutgers with an MSW (Masters Degree in Social Work) and an LSW (License in Social Work). His previous work experience includes the Andover Sub Acute facility and he served as Director of Social Services at the Homestead Rehabilitation facility. Ian's work encompasses many areas such as placement counseling and counseling residents with difficulties. He also assists residents with Medicare problems, Voter registration and currently he, and Rev. Sal are starting a bereavement group. Ian's office is on the second floor in Assisted Living. He is always available to us and his door is always open. Welcome to our neighborhood, Ian!



We have a New Intern!

Chaplain Sal and Bristol Glen have welcomed another intern. He is Daniel Somers from the St. Andrews Episcopal Church in Lambertville, New Jersey, where he is an ordained Deacon. An attorney by profession, he is anticipating ordination as a priest in December.

As an integral part of Daniel's program, he is conducting a Bible Study class here at Bristol Glen every Friday (or Saturday, dependent upon scheduling.)* Deacon Somers resides in Green Village and will be with us until May 2019.

*Please refer to your monthly BG calendar for date confirmation.

What is going on in Our Community.....

Current Events Discussion Group

One of the many interesting activities available to us is the Current Events Discussion Group. It meets on the first and third Tuesdays of each month at 10:30am in the Chapel Conference Room.

Attendees bring topics of interest which we discuss, sharing everyone's ideas. Some are pro and some are con. Several topics which we have discussed are; Elections, Education, Eugenics, tweets from the White House and the Kavanaugh controversy.

We are open to discussing any topic of interest to those attending. Please join us so we can hear your ideas!

The Gift Shop

Do you know that you can do your Christmas shopping without leaving the building? The Gift Shop is located on our Main Street across from the Country Store. It is open Wednesday thru Saturday from 11:00 am until 3:30pm. You will find a colorful array of holiday ornaments and items to decorate your apartment, hallway, shelf and front door.

We also have mugs, lanterns for use during a power outage, decorative pens and scarves, and purses. There are also books and toys for children, and for everyday, there is a wide selection of cards for all occasions.

Please stop in and browse for that special gift or stocking stuffer.

ATTENTION FOOTBALL FANS!!!!

Super Bowl 2019 (LIII/#53) will take place at Mercedes-Benz Stadium in Atlanta Georgia, home of the Falcons. This will be the first Super Bowl hosted at the stadium which opened in 2017. However, this will be the third Super Bowl played in Atlanta. Previously, the Georgia Dome hosted Super Bowl (XXVIII/#28) played in 1994 and Super Bowl (XXXIV/#34) in 2000.

Super Bowl LIII / #53 will take place on Sunday, February 3rd, 2019 and will be televised by Channel 2 CBS.

Who will be the opponents???? TBA !!!!!



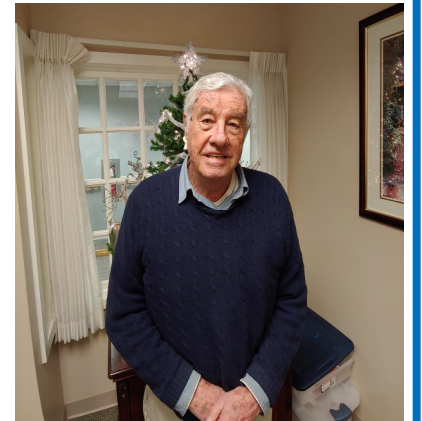
Our Community is graced with 2 Veterinary Residents

Bill Gray, DVM

Bristol Glen resident Dr. Bill Gray, DVM is a native of Newton, and was one of 7 children. Since his father was a Veterinarian for large animals, Bill was interested from early childhood in his father's vocation.

While in high school, Bill was active as a wrestler, baseball player and football player. In later years, he enjoyed playing golf at the Newton Country Club. He graduated as a DVM (Doctor of Veterinary Medicine) from the University of Toronto in Canada, where he met and fell in love with student Anne Fletcher. They moved from Canada back to Newton, where Dr. Gray eventually had a veterinary hospital built for the care of small animals, e.g., cats and dogs on Rt. 206 here in Newton, where he practiced for 46 years.

The Grays were blessed with 4 daughters. Patty (Gray) Redline, who is married to a local cardiologist, is the only one who has remained in Newton. When asked what pleased him most throughout his lifetime he responded, his wife of 64 years, his family and the many pet owners with whom he came in contact throughout his career.



Eileen Hatler, DVM

Eileen grew up in Hellertown, PA where she attended St. Francis Academy. She then went on to Drexel University in Philadelphia where she received her BS Degree with a Major in Biology. Continuing her interest, Eileen remained in Philly to earn her Masters Degree at Villanova and, subsequently, after a two-year internship, graduated from the University of Pennsylvania Veterinary School.

Eileen's primary interest was devoted to the care of small animals eyes. Specializing in this field, she conducted a clinic in Butztown, PA for many years. Still pursuing her animal optic care, she was last employed at Schering Plough's Pharmacology Division here, in Lafayette. Bristol Glen was a perfect place in which to settle, since she and husband Frank have family nearby. They are both competitive sports enthusiasts....sedentary that is! While Eileen is a "pro" at the bridge table, Frank is just as adept at "digital channel surfing" to find a televised football game!