

THE BUZZ



The Fountains at Boca Ciega Bay
1255 Pasadena Avenue South
St. Petersburg, FL 33707

We are getting geared up to embark on a mission to the Kennedy Space Center! Residents will get to have a hands on experience as well as guided tours, all starting with lunch with an Astronaut. We take two extraordinary trips per year, and this is the first one for 2018! The investment for this experience is \$100, which includes all meals and admission to the center. Spots are limited for this amazing adventure, be sure to contact Bertha McBride to find out more!



Watermark University

The Kennedy's: From Rags to Riches

Bertha McBride • August 13th • 10:30am • 4th Floor

Although cliched, America is indeed a nation of immigrants. Since the late 19th century most immigrants came to America to obtain a better life. Many immigrants stay in a community amongst themselves and make a modest success of their lives. Others are the pillars of small town America, the ones who made it against all the odds, the personification of the "American ideal" with their jobs and their family life. President Kennedy's family was among that crowd. In this class, we will go over the life style of being a Kennedy including what year did he ran for the Presidential seat.

Special Events & Outings

- 8/1 Dunkin Donuts
- 8/2 Baseball Game: Rays VS LA Angels
- 8/3 Ten Pins Bowling
- 8/8 Sunset Cruise
- 8/9 Gulfport Library - Main Lobby
- 8/13 Boat Trip
- 8/15 Lunch at Taco Bus
- 8/16 Park & Ice Cream
- 8/24 Sarasota Aquarium & Picnic
- 8/27 Thrift Shop Hop - Main Lobby
- 8/28 Kennedy Space Center
Extraordinary Outing - \$100 See
Community Lift to Sign Up by 8/15
- 8/31 Morning Scenic Tour

Visit our blog at <http://bocaciegabay.watermarkcommunities.com/join-the-talk>



1255 Pasadena Avenue South • St. Petersburg, FL 33707
1-727-381-5411 • www.watermarkcommunities.com
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@ WATERMARK RETIREMENT COMMUNITIES



The Gardens

August 2018



Bake Sale Fundraiser for Alzheimer's

Come see all the goodies our volunteer bakers will be making and buy yourself a piece of the cake or take your chances at winning a whole

cake at the Cake Walk at 11:00! Most items will be \$.50 to \$2 and the cake walk is \$5 to enter. All proceeds will go to the Alzheimer's Association to help end Alzheimer's! Let your friends and family know to swing by, too. So far, we have raised \$567 with our in house fundraisers & over \$1100 from one of our biggest resident supporters and his efforts for Alzheimer's!

We would love for volunteer bakers and buyers to attend! If you would like to be a volunteer baker, please see Community Life by August 20th. Tell your family and friends to swing by to get some great treats. It'll be a tasty good time!

Path to Well-Being

Enjoying the Sun Safely

Andrea Harless

Rehab Chat

August 2nd

2:00 PM

Auditorium

Living in Florida, a cloudy day could still mean potential for a sunburn. Join Andrea as she talks about the best, and easiest, ways to stay protected from the unforgiving rays while still enjoying our beautiful Florida sun.

Thriving

This year, at our 8th Annual Apple Pie in July baking contest, residents and associates became heavily competitive in the best way possible, making mom proud for the award for most delicious apple pie. Our amazing guest judges from the City of Pasadena had the difficult task of tasting each pie and deciding whose mouth-watering confection stands above them all! Mayor Max Elson, Commissioners Ben Thomas and Gail Neidinger along with Fire Chief David Mixon had their bellies full of apple love! In 3rd Place with her Warm Butter Rum Apple Pie, Eva Viera. 2nd Place, entering in for the 2nd year was the Assisted Living Administration Team with their Sweet Surprise Apple Pie. Finally in 1st Place, having won this title before but having also placed for the last few years consecutively, was The Gardens team and residents with their *Cinfully* Delicious Apple Pie!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Watermark University Courses are Designated in "Fountains Blue" for Your Convenience.</p>	<p>Exercise is everyday at 9:30 am in the Living Room</p>	<p>"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world." Harriet Tubman</p>	<p>No Catholic Mass Today 9:30 Dunkin Donuts, O 10:30 Remembering Your First Love, AR 1:30 Designing Jewelry, AR 2:00 How European Changed the World, A 2:00 Billiards: Position Play, F 3:30 Chess & Checkers, AR 6:30 Acromotherapy, AR Movie: An Affair to Remember 1</p>	<p>9:30 Gentle Yoga, AR 10:30 Table Games AR 12:00 Ray's VS LA Angels, O 1:30 Music & Memories, AR 2:00 Rehab Chat: Enjoying the Sun Safely, A 3:30 Painting Bird Houses, AR 6:30 Name that Tune, AR Movie: Get Smart 2</p>	<p>9:30 Building Better Balance, AR 10:30 Resident Food Committee, AR 1:30 Expressions of Feelings, AR 1:30 Ten Pins Bowling, O 2:00 History of the Most Popular Cities Claim of Fame, A 3:30 Watermelon Social, AR 6:30 Po-Keno, AR Movie: Jurassic Park 3</p>	<p>9:30 Dance Aerobics, AR 10:30 Table Games, AR 11:00 Lunch Bunch, DR 1:30 Let's Go Fishing, D 3:30 Cranium Crunches, AR 6:30 The Eddy Dean Show, A Movie: Mama Mia! 4</p>	
<p>9:30 Sittercise, AR 10:00 Church Service, A 10:30 Courtyard Stroll, CY 11:30 Catholic Mass, A 1:30 Creating a Post Cards, AR 3:30 Baking Chocolate Chip Cookies, AR 6:30 Acromotherapy, AR Movie: Driving Miss Daisy 5</p>	<p>9:30 Music & Movement, AR 10:30 National Root Beer Float Day, AR 1:30 Balloon Volleyball, CY 2:00 Cell Phone Basics, A 3:30 Bingo in the Courtyard, CY 4:30 Piano with Eric, L 6:30 Family Freud, AR Movie: Wonder 6</p>	<p>9:30 Tone Up Tuesday, AR 10:30 Fancy Nails, AR 12:00 Men's Club - Pizza, F 1:30 Music with Diane, 4th Floor 2:00 Piano Concert with Gene, A 3:30 Bingo & Billiards, AR 6:30 Poetry Reading, AR Movie: Waking Ned Devine 7</p>	<p>9:30 Walk to the Pond, P 10:30 Person, Place or Thing Trivia, AR 1:30 Cranium Crunches, AR 2:00 Bayada Wellness Talk, A 3:30 Painting Light Houses, AR 5:30-7:30 Sunset Cruise, O 6:30 Card Games, AR Movie: Madame Bovary 8</p>	<p>PGA 72-Hole Championship Begins 9:30 Gentle Yoga, AR 10:30 Smokey the Bear Birthday Trivia, AR 1:30 Gulfport Library, O 2:00 Four Marriages Made in Heaven, A 3:30 100th PGA Championship, AR 6:30 Wheel of Fortune, AR Movie: To Kill a Mockingbird 9</p>	<p>Carnival Day! 9:30 Building Better Balance, AR 10:30 A Friendly visit with Lucy, 4th Floor 1:30-3:30 WFK's Back-to-School Carnival - Invite the Family!, CY 3:30 TGIF Social, AR 6:30 Scrabble, A Movie: Wind River 10</p>	<p>9:30 Dance Aerobic, AR 10:30 What's Going on in the News, AR 1:00 Sing with Bernie, L 1:30 Walk to the Duck Pond, P 3:30 Thought of the Day, AR 6:30 Saturday Night with Steve Walker, A Movie: I'll See You In My Dreams 11</p>	
<p>9:30 Sit & Be Fit, AR 10:00 Church Service, A 10:30 Courtyard Stroll, CY 11:30 Catholic Mass, A 1:30 Thought of the Day, AR 2:15 The French Riviera Then & Now, A 3:30 Ice Cream Sundae Day, 4th Floor 6:30 Aromatherapy, AR Movie: Grumpy Old Men 12</p>	<p>10:30 The Kennedy's From Rags to Riches, AR 1:30 Spelling Bee, AR 2:00 Elder Law Seminar, A 2:00-4:30 Boat Trip, O 3:30 Word Search, AR 4:30 Piano with Eric, L 6:30 Pictionary, AR Movie: The Count of Monte Cristo 13</p>	<p>10:00 Beauty Tips by Holley Hess, 4th Floor 10:30 Making Pizza, 4th Floor 1:30 Resident Food Committee, AR 2:00 Natural Cleaning Products You Never Knew Existed, A 3:30 Scrapbook Creation, AR 6:30 Po-keno, AR Movie: The Guardians 14</p>	<p>9:30 Walk to the Pond, P 10:30 Flower Arrangement, AR 10:45 Lunch at Taco Bus, O 1:30 Cokes & Jokes, AR 2:00 Catherine Lan & Cellist Concert, A 3:30 Relax and watch a Movie, AR 6:30 Bingo, AR Movie: Houseboat 15</p>	<p>9:30 Gentle Yoga, AR 10:30 Crafting in the Courtyard, CY 1:30 Green House Care, CY 2:00 Exploring Down Under: Australia, A 3:00 Family Recipes: Dips, LR 3:30 Park & Publix Ice Cream, O 6:30 Name that Tune, AR Movie: Paddington 2 16</p>	<p>9:30 Building Better Balance, AR 10:30 Group Reading, AR 1:00 Harmonica Players Play for The Gardens, 3rd Floor 2:00 Greek Mythology and the Female Divinity in Nature, A 6:30 Crosswords, Puzzles & Cookies, AR Movie: Antigone 17</p>	<p>9:30 Dance Aerobic, AR 10:30 Country Music Artist Cross Word, AR 1:30 Sing Along with the Elder, AR 3:30 Bingo & Billiards 6:30 Amanda Perkins Violin & Piano Duet, A Movie: Goldfinger (007) 18</p>	
<p>9:30 Sit & Be Fit, AR 10:00 Church Service, A 10:30 Painting Beautiful Flowers, AR 11:30 Catholic Mass, A 1:30 Clipping Coupons, AR 2:15 History of Al Johnson, A 3:30 Walk to the Duck Pond, D 6:30 Aromatherapy, AR Movie: Let There Be Light 19</p>	<p>9:30 Music & Movement, AR 10:30 August Trivia, AR 1:30 Name Your Favorite Pop Star Artist, AR 2:00 Five Movies That Changed The Film Industry Forever, A 3:30 Baking Sugar Cookie, 4th Floor 6:30 Family Freud, AR Movie: Pretty Woman 20</p>	<p>Happy National Senior Citizens Day! 10:30 Sing Along with the Elder Song, AR 1:30 Name Your Favorite Jazz Artist, AR 2:00 Fun & Games with Ralph, A 3:30 Guess who Trivia, AR Movie: The Hunchback of Notre Dame 21</p>	<p>9:30 Walk to the Pond, P 10:30 Decorating for B-Day Party, 4th Flr 11:45 Gardens Birthday Party, 4th Flr 1:30 Crosswords & Sudoku, AR 2:00 The Power of Vulnerability, A 3:30 Wine Down Wednesday, AR 6:30 Bingo, AR Movie: Nine to Five 22</p>	<p>9:30 Gentle Yoga, AR 10:30 Health Chat: Sleep Patters, AR 1:30 Music with Diane, 4th Floor 2:00 Dead Men Tell No Tales Two Chefs, A 3:30 Card Games, AR 6:30 Movie Trivia, AR Movie: Pirates of the Caribbean: Dead Men Tell No Tales 23</p>	<p>9:30 Building Better Balance, AR 9:00 Sarasota Aquarium & Picnic, O 1:30 Current Affairs, AR 2:00 Creative Writing 106-Workshop, A 3:30 Painting Sea Shells, AR 4:00 Flip Flop Happy Hour, L 6:30 Bingo, AR Movie: Their Finest 24</p>	<p>9:30 Dance Aerobic, AR 10:30 Craft & Things, AR 1:00 Sing with Bernie, L 1:30 Scramble Word Game, AR 3:30 Chess & Checkers, AR 6:30 Don Vincent on Piano, A Movie: Black Panther 25</p>	
<p>9:30 Sit & Be Fit, AR 10:00 Church Service, A 10:30 Chess & Checkers, AR 11:30 Catholic Mass, A1 1:30 Hot Dog Trivia, AR 2:15 Music Show & Ventriloquist, A 3:30 Smoothies, 4th Floor 6:30 Aromatherapy, AR Movie: The Midnight Kiss 26</p>	<p>10-12:30 Bake Sale for Alzheimer's, L 10:30 Domino's & Bingo, AR 1:30 Crosswords & Sudoku, AR 2:00 Amplified Phones Seminar, A 3:30 U.S. Tennis Championship, AR 6:30 Table Top Games, AR Movie: The Florida Project 27</p>	<p>8:00am-10pm Kennedy Space Center Extraordinary Outing, O 9:30 Tone Up Tuesday, AR 10:30 Group Reading, 4th Floor 1:30 Thought Of The Day, AR 2:00 Veterans Get Together, F 3:30 Ice Cream Social, AR 6:30 Poetry Reading, AR Movie: Guns of Navarone 28</p>	<p>9:30 Walk to the Pond, P 10:30 Billiards & Bingo, AR 11:00 Alzheimer's Support Group, CH 1:30 Planting Herbs, CY 2:00 History of Watermark Retirement Communities, A 3:00 Traveling Cooking Show, 4th Flr 6:30 Bingo, AR Movie: Wild River 29</p>	<p>10:30 Who was Princess Diana?, AR 1:30 Bingo, AR 2:00 Oysters: Farming, Eco Systems, Health & Sustainability, A 3:00 Unconventional Use for Dry Herbs, LR 3:30 Making Jello for Dinner Dessert, AR Movie: Chocolat 30</p>	<p>9:30 Visit the Flower Garden, CY 10:00 Morning Scenic Tour, O 1:30 Quote of the Day, AR 2:00 Viola Concert w/ David Pedraza, A 3:30 Thank You Letter's to Our Maintenance Crew, AR 6:30 Wheel of Fortune, AR Movie: The Fugitive 31</p>		
<p>"I can't change the direction of the wind, but I can adjust my sails to always reach my destination". Jimmy Dean</p>	<p>"Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air and you." Langston Hughes</p>	<p>AUGUST 2018 <i>The Gardens</i></p>			<p>ACTIVITY LOCATOR KEY</p> <p>A - Auditorium AR - Activity Room on Floor BO - Boat Outing CH - Chapel CL - Computer Lab CMC - Color Me Calm Room</p>	<p>CR - Conference Room CY - Courtyard D - Dock DR - Dining Room F - Friendship Room KL - Key Largo KWDR - Key West Dining Room P - Pond</p>	<p>FC - Fitness Center L - Lobby LR - Inn Living Room O- Outing TH - Theater ER - Exam Room 2nd Floor Pelican SVR - Skyview Room Apt 2105</p>