

THE BUZZ



The Fountains at Boca Ciega Bay
1255 Pasadena Avenue South
St. Petersburg, FL 33707

Let's go donuts for raising money for Alzheimer's! Vote for who you think will win by putting money in the jar of your favorite contestant down at the front desk! The winner will win half the proceeds and a box of donuts! Participants will race against the clock to see how many donuts they can consume before the buzzer goes off. Anyone can enter, see Community Life by 7/10.



Watermark University

Where did the Coney Island Hot Dog start?
Bertha McBride • July 30th • 3:00pm • 4th Floor

Many states have some variation of this famous hot dog, but where did it actually start? What's in there special sauce and what type of hot dogs do they use that make them stand out from other Coney's?

We will look at this tasty information along with where did the name Detroit Coney Island Hot Dog originate from.

Special Events & Outings

- 7/4 Dunkin Donuts
- 7/5 Publix, Dollar Tree Shopping
- 7/3 Ice Cream at Larry's
- 7/11 Scenic Bus Tour
- 7/13 Picnic at Heritage Village
- 7/18 Suncoast Seabird Sanctuary
- 7/19 Dali Museum
- 7/20 Scenic Tour of St. Pete Murals
- 7/26 Park Trip



 THE FOUNTAINS
AT BOCA CIEGA BAY

The Gardens

July 2018



8th Annual Apple Pie in July Contest

This year, at our 8th Annual Apple Pie in July baking contest, residents and associates will be fighting to make mom proud for the award for most delicious apple pie. Using original (or mom's) recipes that they've perfected, our contestants will show-off their baking talents for everyone to witness. Our guest judges will have the difficult task of tasting each pie and deciding whose mouth-watering confection stands above them all! Whether your neighbors used to come sniffing at your door at dessert time or if baking is a recent hobby, we'd love for you to enter your best apple pie! Join us on Thursday, July 12th at 2:00pm in the Auditorium for this sweet event. See Community Life to enter!

Path to Well-Being

Learn About Genetic Testing
Pharma Genomics, LLC
July 5th at 2:00 PM
Auditorium

Since 5-10% of all cancers are derived from some sort of DNA mutation, the ability to diagnose these cancers early through DNA and Genetic testing can have a huge impact early treatment and on patient quality of life. Our Cancer Gene Panel sequences 94 genes associated to inherited cancers of various types. Anyone with personal or a family history of cancer should be tested.

Visit our blog at <http://bocaciegabay.watermarkcommunities.com/join-the-talk>



1255 Pasadena Avenue South • St. Petersburg, FL 33707
1-727-381-5411 • www.watermarkcommunities.com
A Watermark Retirement Community
FLORIDA ASSISTED LIVING LICENSE #0083

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE



Thriving

Each year, Watermark celebrates active aging and the arts with a calendar that is solely comprised of artwork from residents at each of their communities. Our community is filled with talented, creative individuals and we want to be able to show off the brilliant artist in all of us. In First Place was Sandy Talbot with her acrylic piece, *Together on the Bay*. In 2nd Place, Pat Miller's clay art titled *The Cat* and in Third Place, Leo Perry's wood work, *Wood Splitter with Axe*. Our residents, associates and visitors also got to vote for the People's Choice Award and almost with hands down votes, Stella Szemela, who not only won last year but had her artwork showcased in the 2018 Expressions Calendar, won the People's Choice for her acrylic painting, *The Helping Hand*. Congratulations to our winners and thank you to all our participants that entered this year!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Church Service, A 10:30 Courtyard Stroll, CY 11:30 Catholic Mass, A 1:30 Creating a Post Card for our Postal Worker, AR 3:30 Baking Chocolate Chip Cookies, AR 6:30 Aromatherapy, AR Movie: Rumor Has it 1	Wimbledon Begins 10:30 National Fishing Day, D 11:00 NOVA Pharmaceuticals Introduction, A 1:30 Designing Jewelry, AR 2:00 Your Body Language May Shape Who You Are, A 3:30 Bingo in the Courtyard, CY 6:30 Family Freud, AR Movie: The Birdcage 2	9:30 Tone Up Tuesday, AR 10:30 Fancy Nails, AR 12:00 Men's Club Luncheon - BBQ, F 1:30 Music with Diane, 4th Floor 2:00 Piano Concert with Gene, A 3:30 Bingo & Billiards, AR 6:30 Poetry Reading, AR Movie: Phantom of the Opera 3	Independence Day 9:30-11 Dunkin' Donuts Trip, O 10:30 4th of July Crossword, AR 1:00 Veterans Group Photo, A 2:00 Fourth of July Patriotic Show, A 3:30 Chess & Checkers, AR 6:30 Bingo, AR Movie: Born on the 4th of July 4	10:30 Florida Birds? AR 1:30 Music & Memories, AR 1:30-3:30 Publix & Dollard Tree, O 2:00 Learn About Genetic Testing, A 3:30 Painting Bird Houses, AR 6:30 Name that Tune, AR Movie: Casablanca 5	9:30 Building Better Balance, AR 10:30 Resident Food Committee, AR 1:30 Name That Tune, AR 2:00 Music & Magic Show, A 3:30 Painting in the Courtyard, CY 3:30-6 Larry's Ice Cream, O 4:00 Mike Boyd on Piano, L Movie: Marie Antoinette 6	Tour de France Begins 9:30 Dance Aerobic, AR 10:30 Table Games, AR 1:30 Let's Go Fishing, D 3:30 Cranium Crunch, AR 6:30 The Eddy Dean Show, A Movie: The Magnificent Seven 7
9:30 Sit & Be Fit, AR 10:00 Church Service, A 10:30 Courtyard Stroll, CY 11:30 Catholic Mass, A 1:30 Thought of the Day, AR 3:30 Ice Cream Sundae Day, 4th Floor 6:30 Aromatherapy, AR Movie: Monster-in-Law 8	9:30 Music & Movement, AR 10:30 Meaning on Dreams, AR 1:30 Hamburger Day Discussion, 4th Floor 2:00 NOVA Pharmacy Meet & Greet, A 3:30 Word Search, AR 6:30 Scramble, AR Movie: Forest Gump 9	10:00 Beauty Tips by Holley Hess, 4th Floor 10:00 Amos the Wonder Horse, L 1:30 Resident Food Committee, AR 2:00 Understand Your body and the American Diet, A 3:30 Scrapbook Creation, AR 6:30 Po-keno, AR Movie: Carol 10	10:00-12 Scenic Tour, O 10:30 Person, Place or Thing Trivia, AR 1:30 Cranium Crunch, AR 2:00 India: It's People Culture, A 3:30 Card Games & Popcorn, AR 6:30 Bingo, AR Movie: Sweet Home Alabama 11	9:30 Gentle Yoga, AR 10:30 Word Games, AR 1:30 Music & Movement, AR 2:00 8th Apple Pie in July Contest, A 3:00 Wendy Delong on Piano, LR 4:30 Piano with Eric, L Movie: The Truman Show 12	Happy Friday the 13th! 9:45-2:30 Picnic at Heritage Village, O 10:30 Group Reading 1:30 Spelling Bee Challenge, AR 3:30 Baking Home Made Biscuit, 4th Floor 6:30 Po- Keno, AR Movie: Freaky Friday 13	9:30 Dance Aerobic, AR 10:30 What's Going on in the News, AR 1:00 Sing with Bernie, L 1:30 Walk to the Duck Pond, P 3:30 Thought of the Day, AR 6:30 Saturday Night with Will & Michelle, A Movie: Sabrina 14
9:30 Sit & Be Fit, AR 10:00 Church Service, A 10:30 Painting Beautiful Flowers, AR 1:30 Clipping Coupons, AR 3:30 Walk to the Duck Pond, D 6:30 Aromatherapy, AR Movie: Big Eyes 15	10:30 Making Pudding for Lunch, 4th Floor 1:30 Guess Who Trivia, AR 2:00" 77 Amazing Facts That Will Make You The Most Interesting Person In The Room, A 3:30 What Do You Love About Horses?, AR Movie: The Mirror Has Two Faces 16	9:30 Tone Up Tuesday, AR 10:30 "Can You Believe It?" AR 1:30 Golf, CY 2:00 Summer Spirits, A 3:30 Ice Cream & Conversation Social, AR 6:30 Poetry Reading, AR Movie: Lion 17	10:30 Grandma's Kitchen: Rice Crispy Treats, 3rd Floor 1:30 Suncoast Seabird Sanctuary, O 1:30 Person Place or Thing? AR 2:00 Eating Healthy on a Budget, A 3:30 Wine Down Wednesday, AR 6:30 Bingo, AR Movie: After the Thin Man 18	10:30 Craft in the Courtyard, CY 1:30 Making Lemonade, AR 2:00 VoxxLife & Fall Prevention, A 3:30 Current Events, AR 4:30 Piano with Eric, L 5:00-7:30 Dali Museum, O 6:30 Name that Tune, AR Movie: Bringing Up Baby 19	10:30 July Trivia, AR 1:30 Green House Care, CY 1:30 Scenic Tour St. Pete Murals, O 2:00 Creative Writing 105: Poetry, A 3:00 Does the Weather Affect You?, AR 3:30 Domino's & Bingo, AR 6:30 TGIF, AR Movie: Hidden Figures 20	Tisha B'Av Begins 10:30 Country Music Artist Cross Word, AR 1:30 Sing Along with the Elder, AR 3:30 Bingo & Billiards/ Tortilla Chips & Salsa 4th Floor 6:30 Lighter Side of Rock with Bill Floyd, A Movie: The Shape of Water 21
9:30 Sit & Be Fit, AR 10:00 Church Service, A 10:30 Chess & Checkers, AR 11:30 Catholic Mass, A1 1:30 Hot Dog Trivia, AR 3:30 Smoothies, 4th Floor 6:30 Aromatherapy, AR Movie: A Royal Night Out 22	9:30 Monday Movement, AR 10:30 Making Spring Flower Arrangement's, AR 1:30 Golfing in the Courtyard, CY 2:00 Your Life, Your Legacy, A 6:30 Family Freud, AR Movie: McLintock! 23	10:30 Sing Along with the Elder Song, AR 1:30 Name Your Favorite Jazz Artist, AR 2:00 Donut Eating Contest & Fundraiser for Alzheimer's, A 3:00 Music with Mike, LR 6:30 Word Games, AR Movie: Freedom 24	9:00 Walk to the Pond, P 10:30 Billiards & Bingo, AR 1:30 Crosswords & Sudoku, AR 2:00 There's More to Florida than Oranges and Disney, 3:30 Ice Cream Social, AR 6:30 Bingo, AR Movie: Patton 25	10:30 Health Chat: Benefits of Exercise, AR 1:30 Music with Diane, AR 2:00 Island Luau Party, A 3:30-5 Park Trip, O 3:30 Making Chocolate Milk Shakes, AR 6:30 Name that Tune, AR Movie: The Horse Whisperer 26	National Korean War Veterans Armistice Day 10:30 Hula- Hoop Day, AR 12:00 Gardens Birthday Party, F 2:00 St. John's Hearing, F 3:30 Banana Splits, AR 6:30 Table Games, AR Movie: Good Morning, Vietnam 27	9:30 Dance Aerobic, AR 10:30 Craft & Things, AR 1:00 Sing with Bernie, L 1:30 Scramble Word Game, AR 3:30 Annual Dance Day, AR 6:30 Gina & Luigi's Cabaret Show, A Movie: Charades 28
9:30 Sit & Be Fit, AR 10:00 Church Service, A 10:30 Cross Word Puzzles, AR 11:30 Catholic Mass, A 1:30 Watering our Garden, CY 3:30 Sunday Evening News, AR 6:30 Aromatherapy, AR Movie: A Star is Born 29	10:30 Sing Along, AR 1:30 Name Your Favorite Jazz Artist, AR 2:00 Try Your Hand at Calligraphy, A 3:30 Oatmeal Cookies, 4th Floor 3:00 Where did the Coney Island Hot Dog start? AR 6:30 Family Freud, AR Movie: Gilda 30	9:30 Tone Up Tuesday, AR 10:30 Making Pigs in a Blanket, 4th Floor 1:30 A Game of Wii Bowling, 4th Floor 2:00 Veteran's Get Together, F 3:30 Domino's & Bingo, AR Movie: Waterloo Bridge 31	Watermark University Courses are Designated in "Fountains Blue" for Your Convenience.	Exercise is everyday at 9:30 am in the Living Room	"Freedom is nothing but a chance to be better." ~Albert Camus	Residents and Families are encouraged to share their passion through teaching a Watermark University Course. Besides being good for you, keeping your brain and body active and engaged doesn't just improve your life – it's a whole lot of fun! Call Community Life at 812-3197 for more information on how to become a Watermark University faculty member.
Movies are shown daily at 2:00 and 6:30 p.m. in the Movie Theater. Movie titles are displayed at the bottom of daily boxes. Check the movie synopsis book in the Lobby to see what the movie is about each day.	"Freedom is one of the deepest and noblest aspirations of the human spirit." ~ President Ronald Reagan	JULY 2018 <i>The Gardens</i>	ACTIVITY LOCATOR KEY A - Auditorium AR - Activity Room on Floor BO - Boat Outing CH - Chapel CL - Computer Lab CMC - Color Me Calm Room	CR - Conference Room CY - Courtyard D - Dock DR - Dining Room F - Friendship Room KL - Key Largo KWDR - Key West Dining Room P - Pond	FC - Fitness Center L - Lobby LR - Inn Living Room O- Outing TH - Theater ER - Exam Room 2nd Floor Pelican SVR - Skyview Room Apt 2105	