

ICLC NEWSLETTER

December 2017



Resident and Family

Christmas Party!

Friday, December 15th @ 1:30pm

Join us for finger foods, sweet treats, gift giving, carol singing, and a special visit from Santa Claus.

Please RSVP to (217) 422-6464 if you plan to attend.

New Residents

Shirley Whitacre
Don Nickey
Wilma Eads
Willa Spoonamore
Mary Haws

Mended Wings

Norma Hazel
Ray Hays
Roe Skidmore
Ellen Sadowski

Evening of Remembrance

We will be honoring our Residents who have passed away over the last year.

Tuesday, December 12th @ 6pm in the Activity Room.

In Our Hearts

Jane Brooks
Bonnye Davis

Residents Birthdays

Norma Stephens, 12/5

Helen Daum, 12/6

Mary Haws, 12/6

Bessie Cox, 12/7

Marguerite Karl, 12/9

Patricia Eckhoff, 12/10

Beverly Chappell, 12/13

Colleen Rexilius, 12/15

Rita Raupp, 12/20

Bette Anderson, 12/29

Sue Senger, 12/30

Maxine Critchelow, 12/31



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2017

Merry Christmas!

<p>Lunch: Baked Glazed Ham, Scalloped Potatoes, Green Beans, Wheat Bread, Apple Pie</p> <p>Supper: Stuffed Cabbage Roll w/ Sauce, Cottage Cheese, Muffin, Fruit Cocktail</p>					<p>Lunch: Tilapia Almandine, Parmesan Rice, Asparagus, Fresh Baked Roll, Cannoli</p> <p>Supper: Chili with Beans, Tossed Salad, Corn Muffin, Diced Pears</p>	<p>Lunch: Meatloaf, Ranch Mashed Potatoes, Corn, Dinner Roll, Blackberry Fruit Cobbler</p> <p>Supper: Tuna Melt on English Muffin, Baked Cheese Puffs, Mixed Vegetables, Banana</p>
<p>Lunch: Baked Glazed Ham, Scalloped Potatoes, Green Beans, Wheat Bread, Apple Pie</p> <p>Supper: Stuffed Cabbage Roll w/ Sauce, Cottage Cheese, Muffin, Fruit Cocktail</p>	<p>Lunch: Pot Roast, Creamed Corn, Sweet Potato Fries, Dinner Roll, Chocolate Ice Cream Cup</p> <p>Supper: Parmesan Noodles, Italian Baked Chicken, Peas & Pearled Onions, Buttered Breadstick, Apricots, Brownie</p>	<p>Lunch: Turkey Tetrizzini, Italian Blend Mixed Vegetables, Garlic Bread Knot, Baked Custard</p> <p>Supper: Reuben Sandwich, Chunky Vegetable Soup, Strawberries</p>	<p>Lunch: Roast Pork, Breaded Stuffing, Creamed Spinach, Honey Wheat Dinner Roll, Pumpkin Spice Bars</p> <p>Dinner: Bistro Chicken Fettuccine Alfredo, Capri Vegetable Blend, Buttered Breadstick, Banana</p>	<p>Lunch: Chicken and Dumplings, Lima Beans, Fresh Baked Roll, Vanilla Sponge Cake</p> <p>Dinner: French Onion Soup, Saltines, Roast Beef & Provolone Sandwich, Broccoli Raisin Salad, Apple Slices</p>	<p>Lunch: Fried Fish, Tater Tots, Creamy Coleslaw, Cherry Chocolate Bar</p> <p>Dinner: Cheese Pizza, Italian Green Beans, Garlic Toast, Cottage Cheese & Pears</p>	<p>Lunch: Braised Beef Tips, Parmesan Noodles, Dilled Carrots, Fresh Baked Roll, Banana Spilt Dessert</p> <p>Dinner: Hot turkey Sandwich, Mashed Potatoes, Green Peas, Dinner Roll, Mandarin</p>
<p>Lunch: Fried Chicken, Sour Cream & Chive Mashed Potatoes, Broccoli, Wheat Bread, Sugar Cream Pie</p> <p>Dinner: French Dip Sandwich, French Fries, Strawberry & Banana Cup</p>	<p>Lunch: Beef Pepper Patty, Roast Sweet Potato Wedges, Italian Blend Mixed Vegetables, Buttered Breadstick, Strawberry Cream Cheese Brownie</p> <p>Dinner: BBQ Pork Sandwich, Green Peas, Plums</p>	<p>Lunch: Meal of the Month</p> <p>Dinner: Cheese Ravioli w/ Sauce, Green Beans, Garlic Toast, Chilled Peaches</p> <p style="text-align: center;">First Day of Hanukkah</p>	<p>Lunch: Beef Burgundy, Egg Noodles, Cauliflower, Honey Wheat Dinner Roll, Pudding Tart</p> <p>Dinner: Chicken Enchiladas, Chicken Tortilla Soup, Bleak Beans & Corn Relish, Pineapple Chunks</p>	<p>Lunch: Ham & Potato Augratin, Green Beans & Mushrooms, Dinner Roll, Cinnamon Maple Apple Cake</p> <p>Dinner: Grilled Chicken Breast Sandwich, Tater Tots, Cherries</p>	<p>Lunch: Country Fried Steak, Cheesy Mashed Potatoes, Spinach, Southern Style Biscuit, Emerald Pears</p> <p>Dinner: Hamburger, Breaded Corn Nuggets, Winter Blend Vegetable, Lemon Bar</p>	<p>Lunch: Swedish Meatballs, Parsley Noodles, Carrots, Spinach, Honey Dinner Roll, Gingersnap Cookie</p> <p>Dinner: Hearty Cabbage Soup, Turkey Club, French Fries, Red Grapes</p>
<p>Lunch: Breaded Pork Tenderloin, Potato Salad, Green Beans, Wheat Bread, Raspberry Pie</p> <p>Dinner: Fish Sandwich, Steak Fries, Pickled Asian Slaw, Strawberries</p>	<p>Lunch: Lasagna, Cauliflower, Tossed Salad, Buttered Breadstick, Butterscotch Cream Cheese Bars</p> <p>Dinner: BLT Sandwich, Cottage Cheese, Mandarin Coleslaw, Pineapple Chunks</p>	<p>Lunch: Beef Brisket, Mashed Potatoes, California Vegetable Blend, Fresh Baked Roll, Pumpkin Spice Cookie</p> <p>Dinner: Italian Wedding Soup, Deli Sandwich on Pretzel Bun, Marinated Cucumbers, Red Grapes</p>	<p>Lunch: Italian Sausage w/ Peppers & Onions, Roasted Tri-Color Potatoes, Wheat Bread, Black Forest Parfait</p> <p>Dinner: Soup of the Day, Cottage Cheese & Fruit Plate, Honey Bran Muffin</p>	<p>Lunch: Creamy Swiss Chicken, Rice Pilaf, Dilled Carrots, Dinner Roll, Apple Orchard Bars</p> <p>Dinner: Homestyle Veal, Red Bliss Potatoes, Green Peas, Fresh Baked Roll, Mandarin Oranges</p> <p style="text-align: center;">Winter Begins</p>	<p>Lunch: Baked Ziti, Green Beans, Caramel Dumpling</p> <p>Dinner: Corn Muffin, Three-Bean Turkey Chili, Tossed Salad, Berry Applesauce</p>	<p>Lunch: Braised Boneless Short Ribs, Garlic Mashed Potatoes, Spinach, Honey Wheat Roll, Carrot Cake</p> <p>Dinner: Turkey & Cheese Sub, Lima Beans, Apricots</p>
<p>Lunch: Roast Turkey, Mashed Potatoes, Italian Green Beans, Fresh Baked Roll, Cherry Pie</p> <p>Dinner: Shrimp Basket, Creamy Coleslaw, Buttered Bread Stick, Orange Wedges</p>	<p>Lunch: Ham w/ Pineapple, Sweet Potatoes w/ Brown Sugar & Butter, Mashed Potatoes & Gravy, Green Beans w/ Bacon & Onions, Roll, Cherry Pie</p> <p>Dinner: Beef Stew, Tossed Salad, Biscuit, Diced Pears</p> <p style="text-align: center;">Christmas Day</p>	<p>Lunch: Salmon Patty, Long Grain & Wild Rice, Asparagus, Dinner Roll, Blueberry Cheesecake Delight</p> <p>Dinner: Breaded Chicken Sandwich, French Fries, Fresh Fruit Cup</p> <p style="text-align: center;">Kwanzaa Begins</p>	<p>Lunch: Baked Spaghetti, Capri Vegetable Blend, Garlic Knot, Apple Cobbler Cake</p> <p>Dinner: Sweet & Sour Chicken, White Rice, Oriental Vegetable Blend, Red Grapes</p>	<p>Lunch: Chicken Pot Pie, Tossed Salad, Cheese Biscuit, Peach Crisp</p> <p>Dinner: Ham Slice, American Fried Potatoes, Spinach, Cornbread, Cinnamon Applesauce</p>	<p>Lunch: Breaded Cod, Baked Potato, Garden Seasoned Broccoli, Wheat Bread, Mixed Melon Salad</p> <p>Dinner: Macaroni & Cheese, Green Beans, Wheat Bread, Mixed Melon Salad</p>	<p>Lunch: Salisbury Steak, Garlic Mashed Potatoes, Carrots, Dinner Roll, Peanut Butter Brownies</p> <p>Dinner: Chicken Rice Casserole, Lima Beans, Fresh Baked Roll, Chilled Peaches</p>
<p>Lunch: Turkey Pot Roast, Baked Potato, Broccoli & Cheese, Fresh Baked Roll, Coconut Cream Pie</p> <p>Dinner: Chicken Noodle Soup, Hot Roast Beef Sandwich, Peas & Carrots, Mandarin Oranges</p> <p style="text-align: center;">New Year's Eve</p>	<p>Meal of the Month Tuesday, December 12th <i>Fried Chicken</i> <i>Mashed Potatoes</i> <i>Choice of White or Brown Gravy</i> <i>Green Beans or Cheesy Cauliflower</i> <i>Roll</i> <i>Chocolate Cake with Chocolate Frosting</i></p>					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2017

Happy Holidays!

						9:30-devotions 1 10-exercise 11- LCR 2- pretty nails 4- pig races Crazy Socks	10-exercise 2 11- trivia 2-bingo 4- movie 6- table games
10-Central Christian Church 11- mens group 2-1:1 visits 4- res choice 6- soft music	3 9:30- dev exercise 11- welcome cards 2-bingo/popcorn 3:15- music w/Winston	4 10-exercise 11- Rosary 2:30-Stevie Ray 4- Pass the trash 6-Chatty Connie	5 9:30- bible study 10-exercise 11-LCR 2- bingo 4- craft 6- Wii	6 9:30-devotions 10-exercise 11-pokeno 2- res council 4- Sally Sing along6- cards	7 9:30-devotions 10-exercise 11-uno 2- pretty nails 4-coloring Christmas Spirit	8 9:30-Millikin Piano 2-bingo 4- movie 6- Uno	9
10-exercise 11-mens group 1:30- Riverside Baptist 3-1:1 visits 4- soft music	10 9:30- devotions 10-Garden Club 11-LCR 2-bingo/popcorn 4- lpad fun 6-bowling	11 9:30-devotions 10-exercise 11-pokeno 2- pretty nails 5-music w/Brad 6-Chatty Connie <small>First Day of Hanukkah</small>	12 9:30- bible study 10- exercise/pawPrint 2- bingo 4- bunco 6-music w/SS Christian school	13 9:30-devotions 10-exercise 11-cover all 2:30-music w/Glenda 4- visit 6- bowling	14 Christmas party -many different activities planned throughout the day.	15 10-exercise 11-trivia 2-bingo 4- movie 6-LCR	16
10-exercise 11- mens group 2-music w/1 st Christn Church (L) 2- Maranatha	17 9:30- dev 10:30- Robertson Charter 11- kitchen chat 2-bingo/popcorn 6-Delta Dogs	18 9:30-devotions 10:30-Robertson Charter kids 11- Rosary 2:30-music w/Ed 4- short story 6-Chatty Connie	19 9:30- biblestud 10- exercise/Pawprint 11- Uno 2- bingo 4- basketball 6-Wii	20 9:30-dev 10- exercise 11- cards 1:30-res bday party/music w/Gary 6- balloon ball <small>Winter Begins</small>	21 9:30- dev 10- exercise 11-uno 2- nails 4- whack a ball 6- Christmas stories Ugly Sweater	22 10-exercise 11- word games 2-bingo 4- movie 6- lPods	23
10-exercise 11- mens group 1:30- First Christian Church 3-1:1 visits	24 9:30- devotions 10-exercise 11- pokeno 2-bingo/popcorn 4-jingo 6-visits <small>Christmas Day</small>	25 9:30-devotions 10-exercise 11-cover all 2-pretty nails 4- pig races 6-Chatty Connie <small>Kwanzaa Begins</small>	26 9:30- bible study 10-exercise 11- pass the trash 2- bingo 4-staff choice 6-Wii	27 9:30-devotions 10-exercise 11- LCR 2-bunco 4- cooking club 6- Remember when?	28 9:30-devotions 10-exercise 11-jingo 2- pretty nails 4- basketball 6-bowling	29 10-exercise 11- trivia 2-bingo 4- movie 6- short storys	30
10-exercise 11- mens group 2-St. Johns Lutheran 6-News Years Party <small>New Year's Eve</small>	31	All activities are subject to change. There will be many add- on activities throughout the month.					

December Activities!

Monday, December 4th

Music with Winston @ 3:15pm

Tuesday, December 5th

Music & Dancing with Stevie Ray @
2:30pm

Saturday, December 9th

Millikin Piano @ 9:30am

Tuesday, December 12th

Music with Brad Darr @ 5pm

Friday, December 15th

John Schirle's reading of "How The Grinch
Stole Christmas" @ 11am

Tuesday, December 19th

Music with Ed @ 2:30pm

Thursday, December 21st

Resident Birthday Party with music by
Gary @ 1:30pm

Happy Birthday Staff

Cheryl Hannum, Activities 12/2

Chatae Mabins, CNA 12/6

Angel Clark, CNA 12/6

Amanda Wallace, CNA 12/7

Nichole Leffler, CNA 12/12

Mike Stewart, Campus Asst. 12/12

Tanesha Watkins, Dietary 12/15

Sunshine Fegett, LPN 12/16

Tammy Nelson, Admissions 12/17

Kassidy Montgomery, CNA 12/17

Shi'Tierria Ford, CNA 12/20

Cassandra Tolliver, CNA 12/21

Mary Grandfield, CNA 12/23

Crystal Evans, CNA 12/23

Haley Gillespie, LPN 12/29

Malisha Brady, CNA 12/30

Kathryn Ross, CNA 12/31



Meal of the Month

Tuesday, December 12th

Fried Chicken

Mashed Potatoes

White or Brown Gravy

Green Beans or Cheesy Cauliflower

Roll

Chocolate Cake with Chocolate Frosting