

ICLC Newsletter

January 2019

Happy Birthday Staff!

Trisha Higgins, Housekeeping 1/06

Cindy Stettner, Receptionist 1/10

Jerrea Dance, CNA 1/10

Nicki Lamberson, Nsg. Director 1/12

Jenni Riva, Nsg. Director 1/20

Michel Follis, Receptionist 1/24

Sherry Mattingly, Accts Receivable 1/25

Agnes Reed, Laundry 1/27

Angie Burcham, RN 1/29

Flu Precaution

Please help us keep the germs away this winter. If you are not feeling well or have cold or flu symptoms, we ask that you not visit until you are symptom free for 24 hours. We hope that this will help our Residents stay healthy this winter.



January Activities!

Thursday, January 17th
Music with Gary @ 2pm

Thursday, January 24th
Macon County Conservation
presents "Bats" @ 2:30pm

Thursday, January 31st
Residents Birthday party with
music by Stevie Ray @ 2:30pm

January 20th – 26th
National Activity
Professional Week!



HAPPY NEW YEAR

Meal of the Month

Tuesday, January 8th

Ribeye Steak

Baked Potato

Corn on the Cob

Salad

Chocolate & Banana Pie



January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10-Central Christian 11- men's club 2-M&G 4-LCR 6- lpod travel	9:30- devotions 10- Uno 2-bingo/popcorn 4- Wii 6- Pass the trash	9:30- devotions 10-bunco 11-M&G 2-pretty nails 4- jingo 6- Hugging Helpers	9:30- bible study 10- dominoes 2-bingo 4- card games 6-crafts	9:30- devotions 10- pokeno 11-Mass w/ Father Joe 2- activity planning 4- coloring 6- whack a ball	9:30- devotions 10-bunco 1-30- Resident Council 4- spelling bee 6-movie night	9:30- current events 11- short stories 2- bingo 4- table games 6- word puzzles
10- current events 11- men's group 1:30- Riverside Baptist 4- M&G 6- lPods	9:30- devotions 10-pokeno 2-bingo/popcorn 4- Wii 6- Humor me this	9:30- devotions 11-Rosary 2-pretty nails 4-M&G 6- Hugging Helpers	9:30- bible study 10-Pawprints 11- pass the trash 2-bingo 4- cookies and coffee 6-pig races	9:30- devotions 10- bunco 1:30- music w/Gary 4- craft 6-whack a ball	9:30- devotions 10- cooking club 2- M&G 4- nails 6- movie night	9:30- current events 11-short stories 2- bingo 4- table games 6- word puzzles
10- current events 11-men's group 2p- Maranatha 4-M&G 6- lPods	9:30- devotions 10- bunco 11-kitchen chat 2-bingo/popcorn 4- Wii 6-Delta Dogs Martin Luther King Day TLB Shenae	9:30- devotions 10-LCR 11-M&G 2-pretty nails 4- pig races 6- Hugging Helpers	9:30- bible study 10- dominoes 2-bingo 4-this was the year...2000 6- crafts	9:30- devotions 10- cover all 2:30-Macon Co Conservation - bats-4- 6-whack a ball	9:30- devotions 10-pokeno 2- M&G 4- nails 6- movie night	9:30- current events 11-word games 2- bingo 4- table games 6- word puzzles
10- current events 11-men's group 1:30- 1st Christian 4- M&G 6- lPods	9:30- devotions 10- cover all 11- resident choice 2-bingo/popcorn 4- Wii 6- coloring Australia Day (observed)	9:30- devotions 10- LCR 11-M&G 2- pretty nails 4- craft 6- Hugging Helpers	9:30- bible study 10-pokeno 2-bingo 4- basketball 6- pig races	9:30- devotions 10- remember when? 2:30-bday party w/Stevie Ray 4- res choice 6-whack a ball	M&G – moving & grooving (exercise group) Bingo payouts are on Saturday each week.	9:30- current events 11- word games 2- bingo 4- table games 6- word puzzles

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Happy New Year!

New Year's Day

Meal of the Month
Tuesday, January 8th
Ribeye Steak
Loaded Baked Potato
Corn on the Cob
Salad
Chocolate & Banana Pie

6	Lunch: Fried Chicken, Mashed Potatoes, Dilled Carrots, Baked Roll, Peach Fruit Cobbler Dinner: Chunky Vegetable Soup, Grilled Turkey & Cheddar, Prince Charles Veggie Blend, Berry	7	Lunch: Pepper Steak, White Rice, Sugar Snap Peas, Honey Wheat Dinner Roll, Brownie Dinner: BBQ Pork Ribette, Corn on the Cob, Sweet Potato Fries, Buttered Breadstick, Mandarin Oranges	8	Lunch: Meal of the Month Dinner: Shrimp Basket, Baked Beans, Southern Style Biscuit, Chilled Peaches	9	Lunch: Vegetable Lasagna, Broccoli, Tossed Salad, Buttered Breadstick, Strawberry & Banana Cup Dinner: Soft Shell Beef Tacos, Mexican Fiesta Rice, Fried Cornbread Cakes, Fruit Compote	10	Lunch: Salisbury Steak, Chs-Topped Baked Potato, Creamed Corn, Honey Wheat Dinner Roll, Cherry Chocolate Bar Dinner: Creamy Garden Veg. Soup, Grilled Ham & Cheese Sandwich, Peas & Carrots, Pineapple Chunks	11	Lunch: Panko Crusted Tilapia, Parsley Noodles, Creamed Spinach, Baked Roll, Strawberry Pretzel Squares Dinner: Macaroni & Cheese, Stewed Tomatoes, Dinner Roll, Diced Peas	12	Lunch: Italian Sausage w/ Peppers & Onions, American Fried Potatoes, Tossed Salad, Honey Wheat Dinner Roll, Lemon Poppyseed Cake Dinner: Turkey Sub Sandwich, Tri-Colored Potato Salad, Mandarin Oranges
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13	Lunch: Pot Roast, Mashed Potatoes, Whole Baby Carrots, Baked Roll, Strawberry Shortcake Dinner: Chicken Tenders, French Fries, Buttered Breadstick, Chilled Peaches	14	Lunch: Lemon Baked Fish, Garden Rice Blend, Sugar Snap Peas, Wheat Bread, Rhubarb Crumble Pie Dinner: BBQ Pork Sandwich, Potato Chips, Creamy Cole Slaw, Watermelon	15	Lunch: Sweet & Sour Meatballs, White Rice, Broccoli, Dinner Roll, Pineapple Chunks, Red Gelatin Cake Dinner: Tomato Stuffed Salad, Three Bean Salad, Buttered Breadstick, Pineapple Chunks	16	Lunch: Chicken Cordon Bleu, Crumb Topped Brussel Sprouts, Baked Roll, Banana Cream Pie Dinner: Tomato Soup, Grilled Cheese Sandwich, Sweet Potato Fries, Red Grapes	17	Lunch: BBQ Chicken Breast, Garlic Mashed Potatoes, Asparagus, Honey Wheat Dinner Roll, Peanut Butter Brownies Dinner: Turkey Club, Marinated Cucumbers, Carrot Cake	18	Lunch: Roasted Pork Tenderloin, O'Brien Potatoes, Creamed Spinach, Cornbread, Berry Applesauce Dinner: Cheese Ravioli w/Sauce, Italian Green Beans, Tossed Salad, Garlic Toast, Cantaloupe	19	Lunch: Kielbasa, Pierogis, Cooked Cabbage, Carrots, Apple Cips Dinner: Cream of Potato Soup, Roast Beef & Cheese Sandwich, Parmesan Pea Salad, Strawberries	20	Lunch: Zesty Lemon Pepper Turkey, Potatoes Romanoff, Asparagus, Buttered Breadstick, Frosted Marble Cake Dinner: Cheese Souffle, Hearty Hash Browns, Corn Muffin, Fruit Compote
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20	Lunch: Meatloaf, Sour Cream & Chive Mashed Potatoes, Green Beans, Baked Roll, Apple Brown Betty Dinner: Manicotti with Parmesan Cheese, Tossed Salad, Garlic Bread Knot, Blueberries	21	Lunch: Chicken Teriyaki, White Rice, Glazed Sugar Snap Peas, Honey Wheat Dinner Roll, Peach Crisp Dinner: Tomato Soup, Grilled Ham & Cheese Sandwich, Dilled Carrots, Cinnamon Appels	22	Lunch: Fried Chicken, Corn on the Cob, Potato Salad, Banana Split Dinner: Bacon-Wrapped Beef Burger, Pasta Salad, Corn on the Cob, Watermelon	23	Lunch: Pepper Steak, Red Skin Mashed Potatoes, Spinach, Southern Style Biscuit, Cherry Fruit Cobbler Dinner: Broccoli Cheese Soup, Deli Plate w/Potato Salad, Pineapple Chunks	24	Lunch: Beef Enchilada, Mexican Fiesta Rice, Refried Beans, Peanut Butter Cookie Dinner: Macaroni & Cheese, Stewed Potatoes, Dinner Roll, Chilled Peaches	25	Lunch: Herb Baked Tilapia, Baked Potato Wedges, Harvard Beets, Dinner Roll, Lemon Mousse Dinner: Swedish Meatballs, Egg Noodles, Green Peas, Honey Wheat Dinner Roll, Orange Wedges	26	Lunch: Herb Marinated Chicken Breast, Duchess Potatoes, Herb Glazed Carrots, Wheat Bread, Raspberry Parfait Pie Dinner: Old Fashioned Vegetable Beef Soup, Egg Salad Sandwich, Marinated Tomatoes and Cumpers
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27	Lunch: Herb Marinated Chicken Breast, Duchess Potatoes, Herb Glazed Carrots, Wheat Bread, Raspberry Parfait Pie Dinner: Old Fashioned Vegetable Beef Soup, Egg Salad Sandwich, Marinated Tomatoes and Cumpers	28	Lunch: Herbed Pork Loin, Red Bliss Potatoes, Corn, Dinner Roll, Oreo Cookie Blondies Dinner: Hamburger, Roasted Sweet Potatoes, Wedges, Berry Applesauce	29	Lunch: Beef & Vegetable Stir Fry, Rice Pilaf, Fresh Baked Roll, Pineapple Upside Down Cake Dinner: Chill w/ Beans, Chef's Salad, Buttered Breadstick, Diced Peas	30	Lunch: Roast Turkey, AuGratin Potatoes, Peas & Carrots, Honey Wheat Dinner Roll, Blueberry Crisp Dinner: Roast Beef & Cheese Sandwich, Coleslaw, Strawberries	31	Lunch: Country Fried Steak, Mashed Potatoes, Lima Beans, Cheese Biscuit, Butterscotch Brownie Parfait Dinner: Broccoli Cheese Soup, Reuben Sandwich, Watermelon
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Meals are subject to change.

Australia Day (observed)

Resident Birthdays

Mary Mickler, 1/05

Bonnie Cash, 1/08

Glenda Robson, 1/08

Vivian Kretsinger, 1/10

Florence Wooters, 1/20

Joann Williams, 1/24

Reba Rentfro, 1/31

New Residents

Wayne Kraft

Jerrie Branson

Margaret Howley

Evelyn Kaufman

Joann Williams

Frans Rynders

Dorothy Brown

Mended Wings

Pat Davis

Pat Crafton

Sharon Johnston

Sandra Jordan

Don Goss

Louise Bradbury

In Our Hearts

Harold Tarr

Mary Darnold

Mary Brown

Joann Sefton

Staff Anniversaries

Tanya DeCotes, Med. Records 15 yrs.

Sherry Mattingly, Accts Receivable 10 yrs.

Nicki Lamberson, Nsg. Director 4 yrs.

Bresha Ingram, CNA 3 yrs.

Markeitha Oldham, LPN 3 yrs.

Brianna Hiser, Receptionist 3 yrs.

Aniyah Walker, Dietary 1 yr.

Brittany Reed, CNA 1 yr.

Brittany Jackson, CNA 1 yr.

Kirstey Hollgarth, CNA 1 yr.



THANK YOU!

Thank you to all that brought us sweets, homemade treats and so many other special gifts throughout the Christmas season! Your thoughtfulness was greatly appreciated!

JANUARY