# the Angels Inquirer

#### July 2018

#### Our Lady of Angels Resident Newsletter

Our Lady of Angels is committed to the healing mission of Jesus by providing holistic quality care for retired and infirm persons within a loving and life-giving community.

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NAMES TO KNOW Administrator George Block

Medical Director J.D. Wright, MD

Director of Nursing Denise Kostelec, RN

Director of Resident Life Jennifer Guiney, MA

Director of Mission/Spirituality Le Anne Tjelle

Director of Business Office Diane Simon

Human Resource Director Mary Ann Krupa

Dietary Manager Sue Iverson Activity Coordinator Jake Ancel Volunteer Coordinator Rebecca Reiter

#### **CONTACT US**

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#### FLYING HIGH FOR FLAG DAY



Jake Ancel and Becca Reiter

Look out for the red, white and blue. Donning a new flag for Our Lady of Angels, we celebrated Flag Day in new fashion. Our new banner is larger in size, more vibrant in color, and is made in the good ole USA. Helping us celebrate our new flag was one of our own residents, Ray Stoiber, a retired veteran. Ray carried the flag out and helped raise it while other residents honored the flag with the Pledge of Allegiance and a blessing from our Director of Pastoral Care, Le Anne Tjelle.

Flag Day has been celebrated since June 14th, 1777 when the United States adopted the flag by the Second Continental Congress. It was established as a holiday in 1916 by President Woodrow Wilson. The decision to purchase a new flag was based on the tattered Star-Spangled Banner that flew proudly above OLA for many years. It is our patriotic duty to take good care of our flag and we felt it was time to retire the old flag in an appropriate manner. We hope that the new flag flies just as high, just as vibrantly, and just as proudly as our old flag once did.

Jake Ancel



Ray Stoiber, Jill Baker, Nick Michalik, Dane Moscatelli.



"Then followed that beautiful season, Summer! Filled was the air with a dreamy and magical light; and the landscape lay as if new created in all the freshness of childhood." ~ Henry Wadsworth Lonfellow

### HAPPY BIRTHDAY

| Harriet Stutz        | July 2  |
|----------------------|---------|
| Sr. Lucille Adelmann | July 10 |
| Charlotte Bartholme  | July 11 |
| Sr. Maria Bui        | July 12 |
| Audrey Bernas        | July 14 |
| Ann Parker           | July 18 |
| Christine Cappetta   | July 20 |
| Sr. Martha Kienzler  | July 30 |
| Margaret Meinardi    | July 30 |



July Zodiacs Cancer (The Crab) July 1-22 Leo (The Lion) July 23-31



#### What's Lucky This July?

Lucky Color: Blue Lucky Day: Monday Lucky Numbers: 4 & 31 Lucky Food: Blueberries



Nursing Home Week Decorating Committee





Grace Moroni and Caroline Podolski

### **4th of July Parade**

Join us for our Independence Day Parade which will be celebrated on the 3rd of July at 10:00a.m. Be sure to wear your most American apparel.

Parades have become a celebration we look forward to as it instills as sense of community. It gives everyone an opportunity to be involved including the residents, family, staff and volunteers.

We value the opportunity to build and strengthen relationships within our community outside of our normal work interactions.



### **RESIDENTS' NEWS**

## **Resident Council Highlights**

Joe Rice was elected as Resident Council President

Sandy Hancock was voted as Resident Council Vice President

#### Residents Acknowledged that the following are positives:

- Residents continue to help one another with laundry.
- The variety of activities and events.
- The acknowledgment of birthdays and life events.
- The new C1 Wake Room.

Our Resident Council is starting a new format. In hopes to keep these meetings effective and efficient, we still stick to a tight agenda. We are encouraging all residents to attend. Resident council is an excellent platform to voice what you like, any concerns you may have or suggestions. This is also a great way to meet residents throughout the building that you may not always have the opportunity to see.

> For any questions, please feel free to contact Jake Ancel or Becca Reiter.



Russ Tucci



Tom Reiter & Ed Larkin at OLA's Prom



**Independence Day** Wednesday, July 4th

**4th of July Parade** Tuesday, July 3rd

Wheel Chair Wash Thursday, July 12th

**Bastille Day** Thursday, July 14th

**Town Hall Meeting** Tuesday, July 17th

Monthly Birthday Party Friday, July 20th

**Concert Outside with Jennifer Hall** Friday, July 20th

Happy Hour with Les the Magician Friday, July 27th

## Resident Voted Employee of the Month

This July, we recognize Rosemary Horvath as employee of the month. The residents felt that Rosemary's kindness, dedication and leading-by-example set her apart from other staff members.

Rosemary's infectious smile and attitude is a breath of fresh air in the building on a daily basis. The residents would like to thank her for all she does and they hope that she continues to be an excellent em-



Paula Hargis and Grace Moroni



Sister Joy and Rosemary Harvath

# Resident Voted Resident of the Month

This July we recognize Gerald Krippel as Resident of the Month. Gerry has a great attitude and contributes to the life at OLA. He's an active member in the OLA community, participating in the OLA Chime Choir and exchanging pleasantries with residents on a daily basis. Gerry is kind and compassionate to everyone he meets and has a great sense of humor.

We, at OLA, are proud to recognize Gerald as Resident of the Month.

Employee and Resident of the Month will be nominated from Resident Council every month.

### **Thanks for the Memories**

It is known that one's ability to comprehend and remember information changes as a person ages. This makes it extremely important to keep one's memory intact. One way to do this is through reminiscing, or recalling one's own long forgotten experiences. The perceived benefits of reminiscing are numerous and they include improving selfesteem, providing a sense of fulfillment and comfort, and even providing an avenue for people to communicate with others in the present.

As a social work intern in the Master's program from the

University of St. Francis, I am incorporating this information and creating a reminiscing group for residents with an accompanying memory book. Currently, I am meeting with residents for one-on-one sessions in order to reminisce about various experiences of the past that can include talking about one's family, friends, occupation, etc.

As for the future of this group and memory book project, I hope to continue to expand upon this idea. I eventually hope to expand the project and have memory books for all residents who wish to participate. After all, "Memory is a way of holding onto the things you love, the things you are, the things you never want to lose." —From the television series "The Wonder Years"



Nicholas Michalik and John B.

Nicholas Michalik







Jake Ancel and Loretta Creely

### We All Scream for Ice

Over the last few months we've had Ice Cream Social and Sing-a-Long in the Activity Room with Mary Braun. Mary has been a dedicated member of the OLA family providing us with Prayers and Hymns (and some jokes) for many years. She is so excited to be the *star* of our ice cream socials as we are just as excited to have her. She says, "Music and ice cream go together, which do you like best? I love both!"

These Socials will generally be on the last Thursday of every month and we hope to see you there!

Rebecca Reiter

**Roberta & Jack Heavens** 

### **Becca's Joyrides**

A new activity we have on the docket for each month is Becca's Joyride. Becca's Joyride is a fun, exciting, and adventure-seeking activity that takes residents from Our Lady of Angels to various locations around town.

The first month, we traveled through Downtown Lemont, Lockport, and neighboring forest preserves to get over our winter blues. This trip initially celebrated our nice weather entering spring. However, residents loved the trip and we have made it a priority to do one each month.

The second trip we took was much shorter but was filled with just as much fun as the first. On this trip we stopped at Rich and Creamy Ice Cream Shop on the good ole Route 66.

Jake Ancel and Becca Reiter



Charlotte B., Sister Joy, Sister Terry T., Sister Mary Agnes C. and Sister Laura F.

The words listed below can be found vertically, horizontally, diagonally, forward and backward. Ignore spaces between words.

# SEARCHING

|              | _         | W | F | Е | т | V | А | R | W | V | 0 | н | А | J | S | S  |
|--------------|-----------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----|
| America      | Parade    | М | R | V | С | Υ | 0 | н | G | к | М | С | С | Ρ | F | н  |
| Beach        | Pride     | М | А | F | Е | Е | I | L | G | 0 | D | т | 0 | н | L | L  |
| Blue         | Red       | G | S | Т | I | т | s | R | D | Ρ | D | Ρ | Е | I | F | Y  |
| Firework     | Sparklers | J | I | Ρ | Е | R | Е | Е | А | W | Н | В | G | Ν | Е | Ρ  |
| Flag         | Stars     | М | Т | I | А | М | Е | R | I | С | А | S | L | D | R | F  |
| Freedom      | Stringe   | Е | G | Т | М | R | А | W | А | V | U | Т | 1 | Е | G | С  |
|              | Stripes   | G | S | U | F | D | κ | Е | 0 | Ν | W | R | S | Ρ | S | к  |
| God Bless    | Summer    | А | S | Κ | Е | L | В | L | S | R | Ρ | I | Р | Е | 0 | s  |
| Hamburger    | Sunshine  | L | W | R | S | W | А | н | Е | J | К | Ρ | U | Ν | W | Ν  |
| Hotdog       | Veteran   | V | R | В | Y | Н | T | G | U | R | Н | Е | W | D | Ρ | Ρ  |
| Independence | White     | Е | R | В | С | Ν | R | 0 | L | н | S | S | U | Е | J | T  |
|              |           | М | J | R | Е | G | R | U | в | М | А | н | J | Ν | V | I. |
|              |           | С | 0 | W | А | U | М | 0 | к | V | Т | С | L | С | А | D  |
|              |           | А | W | D | R | L | В | R | D | Ρ | т | Y | Υ | Е | T | W  |