

December Events

December Events	Date
Dale's Annual Town Hall	1
Employee Talent Show	1
COD: Netherlands	4
Starlighters Big Band	4
Chicago Metro Brass	6
Ladies at Lunch	11
Birthday Bash	13
Holiday Chimes Concert	14
Pianist Joel Cummins	14
W Suburban Concert Bd	16
Holiday House Walk/Tea	18
COD Terrorism Lecture	19
Dick Best Organ Concert	20
Pianist Jeremy Kahn	21
Holiday Choir Concert	22
Tenor Richard Gersten	27
NY Eve Big Band Parties	31

Inside This Issue

Inside This Issue	Page
Letter from Dale	1
Books, Birthdays, Anniversaries & More	2
News & Notes	3
Programs & Trips	4-8
Development & More	9
Inside News/Dining	11
Our Life in Photos	12/13
Holiday Celebrations and Staff Profile	14

Volume 72 Issue 12

December 2017

Dale's Desk

I have written and talked about change often over the years. This time I am trying to deal with change in my life that may affect the lives of those of you I have spent so much time serving, as well as those with whom I have worked. This time changing is very personal.

I read a passage recently that went something like this: "*The crops have been planted and harvested. Now the ground lays bare until the next planting.*" Was that year a failure? NO!

Just as the year has its seasons, everything in life has its own cycles. It is inevitable. There will always be a winter, spring, summer and fall. The ending of a relationship may seem like a cloud, but really it is a new season that portends the planting and growing of new relationships. It is, nonetheless, change contained in an endless cycle.

My question is, "How can I make sure all this change doesn't disrupt my day?" Too often my shortsightedness does not allow me to see the bigger picture, the world changing, or the continuing cycles. We all want positive change, but we often resist because we don't want to have our ingrained habits, established relationships, fundamental attitudes and treasured beliefs disrupted. The answer, I believe, is that disruption is part of any change. It is part of God's plan that our universe is always in motion and changing. We cannot avoid it. Rather, we should embrace it.

I need to understand the change and plan for the next crop in the next season. I will endeavor to change (some of) my ingrained habits, maintain relationships, but look forward to challenging some of my beliefs and attitudes. I have to trust that whatever disruption comes my way, it will be a way to grow and enjoy the seasons.

The new season of change is upon Plymouth Place as we wind down this year. I suspect that 2018 will bring a new season with new and, probably, different crops that disrupt in new ways. I pray that Plymouth Place will not only accept the changes, but also nurture and grow them into a new, bountiful harvest.

Embrace change. Embrace disruption. Embrace new leadership. They will happen anyway. With the support and patience of Plymouth Place Residents and Staff it will be bumper crop in many seasons to follow.

MERRY CHRISTMAS

December Birthdays

Edward Grosse	12/4
Lorry Roantree	12/4
Warren Whitesel	12/4
Nick Crnkovich	12/6
Betty Rossbach	12/6
Bud Fischer	12/7
Lando Gingerich	12/7
Paul Watts	12/7
Maryann Scalise	12/8
Ray Schlueter	12/8
Sheila Coan	12/9
Amelia Cantafio	12/14
Judith Sriver	12/15
Al Karkazis	12/16
Mary Rendleman	12/17
Karen Schlueter	12/17
Dorothy Bishop	12/18
Rita Tracy	12/19
Diane Wood	12/19
Jean Kadow	12/22
Evangeline Braun	12/25
Bob Parsons	12/25
Joan Stewart	12/26
Mary Ellen Fencil	12/27
James Carroll	12/28
George Plavac	12/28
Bea Dockum	12/29
Carol Nield	12/29
Mary Lou Omeis	12/30

Happy Anniversary

Bill & Marion Harless 12/29/56

Welcome to New Residents

Jerry Ryan of La Grange Park	Apt140
Carolyn Feitl of La Grange Park	Apt 226
Edward & Margaret Grosse of Indian Head Park	Apt 637
Ruth Nicholson of La Grange Park	Apt 724

In Memoriam:

Betty Garapolo Marion Jones
Roger Adams

Bessie Rose Library—New Books

Loving Eleanor: A Novel (large print) by Susan Wittig Albert. Lorena Hicks, a journalist assigned to cover Eleanor Roosevelt, recounts their lives together.

Don't Let Go (large print) by Harlan Coben. Detective Nap Dumas explores the big secrets and little lies that can destroy a relationship, a family and even a town.

Enigma (large print) by Catherine Coulter. F.B.I. agents Savich and Sherlock team up with Cam Wittier and Jack Cabot to capture a criminal and solve a John Doe case.

The Address (large print) by Fiona Davis. The storied New York Dakota apartment building tells two intertwining stories set 100 years apart.

The Cuban Affair by Nelson DeMille. Mac MacCormick, former Army combat veteran and now charter boat captain, accepts a job to find 60 million dollars hidden in Cuba by client's grandfather.

Manhattan Beach by Jennifer Egan. This historical novel follows Anna and Styles into a world populated by gangsters, sailors, divers, bankers and union men.

To Be Where You Are: A Mitford Novel by Jan Karon. Fourteenth novel in beloved Mitford series, featuring three generations of Kavanaghs.

An Echo of Murder (large print) by Anne Perry. Thames River Police Commander Monk, investigating murder of Hungarian warehouse owner, avoids being caught in violence stemming from ethnic prejudice.

Kiss Carlo by Adriana Trigiani. Extended Italian-American families work, feud and fall in love in the Philadelphia area in 1949.

The Vietnam War: An Intimate History by Geoffrey Ward. A companion book to the PBS series. Ward tells once again the painful tale of America's protracted divisive and futile involvement to keep South Korea unconquered by the Communist North.

The Lying Game by Ruth Ware. Four school friends reunite as their long held secret threatens to emerge.

If you are unable to attend worship in Dole Hall on first Fridays and would like to receive communion, call the Chaplain's Office (215-5556) by the Thursday evening before. Communion will be brought to you that Friday afternoon. Chaplain Christina



Transportation Information

Coach Trips and Billing

Reminder for outing sign-ups: If a resident signs up for an outing that requires advance ticket orders by Plymouth Place, he/she will be billed for that trip. If a resident cancels, it will be up to the resident to find a replacement.



Plymouth Place Trips!

On December 28 at 4pm, we will discuss 2018 trip ideas (ocean or river cruise, mission-focused trip, motor coach, etc.). Contact Rita at 482-6805 with any questions.



SHOPPING & LOCAL TRIPS (no fee)

Mondays	9:30am	Walgreens/Trader Joe's
	10:45am	Jewel/Osco
Thursdays	9:30am	Jewel Osco
	11:00am	Walgreens/Farmers Mk
Dec. 5	9:00am	Walgreens Senior Day
Dec. 7 & 28	1:15pm	Quarry Mall (also TJ Maxx & Marshalls)
Dec. 14	1:15pm	Yorktown
Dec. 21	1:15pm	Oak Brook

There is no fee for these trips

Employee News

Anniversary Congratulations to Plymouth Place employees with 10 or more years of service: **Carmen Carmona**, utility worker (28), **Angelique Gigger**, CNA (10) & **Jean Olivier**, server(10).

Congratulations to Chris Lucnik, Life Enrichment Coordinator in Greg's Place, employee Halloween costume contest winner, and to the **Life Enrichment Department** for best decorated Halloween pumpkin.

Bozana Sazdovski, HCC staff, enjoyed a baby shower!



Our Sympathy to Chris Lucnik, on her mother's recent passing.

Monthly Clinic Question & Answer:

Q: I am feeling under the weather and think I need a little extra help but my family is not available. Is there any way I can get help for just a few days?

A: Yes. Campus Care offers many options to help you while you are recovering from an illness, a short stay at the hospital or surgery. We are able to provide services for a single day, several months or indefinitely. Stop by the Lower Level Clinic for details and to find a service that will meet your needs.

Fifth Third Bank and More News

Bank Hours: Mondays and Wednesdays: LL 10am-1pm. If banker assistance is needed outside of these hours, call our office at 708-579-2000 (option 3) to set an appointment. Bankers are able to meet you here any day of the week.

Muir Salon November Raffle Winners: Mary Jo Evans, Lester Barritt, Albert Spung and Ralph Gutekunst. Congratulations!

Suggestion Box: There are suggestion boxes at reception and near the lower level in-house mailboxes. Put your ideas down in writing!

Clinic News

No appointment is necessary to see the nurse in the lower level clinic.

This month's blood draws are scheduled for Dec. 12 and 26 at

8:00am. Residents need to bring the prescription, a Medicare card and insurance card to the clinic by the Monday prior to the draw. Campus Care is available. For information call 708-482-6596.

Karen McGreal, RN

Clinic Hours

Monday	9:00-11:30am
Tuesday	12:30-2:30pm
Wednesday	9:00-11:30am
Thursday	12:30-2:30pm
Friday	9:00-11:30am





What's Happening at Plymouth Place!



Regular Programs

Mondays: Mind Games, LL ARTS	9:30am
Catholic Communion/Mass, Albert Hall	10:00am
PP Chimes, Dole Hall	10:30am
Reflecting on Our Faith, 2nd fl. MPR	3:00pm
Great Courses: History of World, SKY	4:00pm

Tuesdays:

Weaving, LL Weaving Room	9:00am
Knitting Group, LL ARTS	9:30am
Ceramics/Painting Class, LL ARTS	1:30pm
Bingo, 2nd Fl. MPR	3:00pm

Wednesdays:

Chapel, Albert Hall	10:00am
Game Night, LL GAME	7:00pm
Hand & Foot Cards, 2nd Fl. MPR	7:00pm
Mah Jongg, 8th Floor SKY	7:00pm
Salt Creek Camera Club (12/6 & 20), Ed.	7:30pm

Thursdays:

Weaving, LL Weaving Room	9:00am
Brain Fitness, LL ARTS	9:30am
New Life for Old Bags, 2nd Fl. MPR	10:00am
Plymouth Place Chorus, Dole Hall	10:30am
Question of Week Bible Study, GP Fam.	3:00pm

Fridays:

Ecumenical Worship, Dole Hall	11:00am
Readers Theater, LL ARTS	1:30pm
Spanish Class, Apt 422	2:00pm
Hand & Foot Cards, 2nd FL MPR	7:00pm

Saturdays:

Learn to Use Technology, LLGAME	11:00am
Scrabble Club 518 (12/2 & 16), Ed. Rm	1:00pm
Open Games, LL GAME	1:30pm

Sundays:

Open Games, 2nd Fl. MPR	1:30pm
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Fitness Classes

Hendrickson Fitness Center, Lower Level	
Mon-Sat: Early Bird Fitness	8:30am
Mon/Wed/Fri: Sculpt/Strength	9:00am
Mon/Fri: Indoor Walking Club	9:30am
Mondays: Seated Pilates	10:00am
Mon/Wed: Aqua Fit Pool	1:15pm
Mon/Wed: Chair Yoga	2:30pm
Tue/Thurs: Aqua Fit Pool	8:15am
Tue/Thurs: Stretch & Dance	9:00am
Tuesdays: Boxing	9:30am
Tue/Thurs: Rock Steady Box	11am/1:15pm
Wednesdays: Nordic Walking	9:30am
Wednesdays: Balance Bar	10:30am
Thursdays: Floor Mat	10:00am
Fridays: Men's Aqua Pool	1:15pm
Fridays: Circuit Training	2:30pm
Ageless Grace (12/4 & 19)	9:00am

Personal Training is also available with certified personal trainer and fitness Coordinator, Camilla Saban. She can be reached at 708-482-6775.



The Spa at Plymouth Place, by Muir Salon

Gift Certificates Available!

Lower Level Hair (call 708-588-6473)	
Wednesday - Friday	8:00am-3pm
Third Floor Hair (call 708-482-6580)	
Tuesday - Thursday	8:00am-3pm
Greg's Place Hair (call 708-482-6580)	
Tuesday-Wednesday	8:00am-12pm
Manicures & Pedicures, located in LL Salon	
Fridays	8:00am-2pm
Lower Level Massage (call for appointment)	
Wed/Fri/Saturday w/Susan (call 708-354-4954)	

Chris Richter/Muir Salon Group/Director of Operations 630-606-3391



**Friday, 12/1: Dale's Annual Town Hall,
Dole Hall 9:00am**

**Friday, 12/1: Annual Employee Thank You
Talent Show, Dole Hall 3:00pm**

Plymouth Place staff will entertain the residents as a thank you for their most generous holiday gift. Singing, dancing, skits and more are just a few of the talents performed.

**Saturday, 12/2: Greg's Place Resident &
Family Annual Holiday Brunch w/Music by
Sandi Haynes, Dole Hall 11:00am-1:30pm**

**Sunday, 12/3: Vagabond Victorian Singers,
Health Care Center 2:30pm**

**Sunday, 12/3: AL Holiday Family Party
with Vagabond Victorian Singers, Margaret
Bailey Dining Room 3:00pm**

**Monday, 12/4: Cruise Around the
World to The Netherlands,
Dole Hall 3:00pm**

Our cruise destination this month is the Netherlands. Share Netherlands stories and memorabilia. Bring your passport to be stamped and enjoy a culinary treat from this country. Jen Butler, Discipline Support Specialist for Liberal Arts at College of DuPage, will discuss her educational exchange program in the Netherlands. Jen spent two weeks in Enschede, Netherlands, this spring. A Dutch dish will be offered at dinner in all dining rooms.

**Monday, 12/4: Starlighters Big Band, Dole
Hall 7:00pm**

The Starlighters return with your favorite big band tunes with a Holiday twist!

**Tuesday, 12/5: Life Enrichment Open Meet-
ing, Education Room 11:00am**

**Tuesdays, 12/5: Gabe Oppenheim, Tech Tu-
tor, Lower Level Promenade 1:00-5:00pm**



**Tuesdays, 12/5 & 12/26: Ceramics Class, LL
Creative Arts Room 1:30-3:00pm**

Cost of class is \$10 each session, covering instruction and supplies.

**Tuesday, 12/5: Ice Cream Social with Music
by Mike Pleska, Albert Hall 2:15pm**

**Tuesday, 12/5: Chicago Christmas Lights Tour
with Clarence Goodman, Lobby 6:30-9pm**

Chicago owns the distinction of having one of the most stunning and beautiful skylines in the world. What more do you need? How about the timeless underscoring of Yule Time lights?

Imagine the world's greatest and most historic architecture embellished by the glory and majesty of the Christmas season, making an awesome sight unforgettable! \$15 for guide and coach will be billed to your account. Sign up!

**Wednesday, 12/6: Naperville Christkindl-
market, Lobby 10:15am-3:00pm**

Christkindlmarket in Naperville brings cherished German and European traditions Shop for gifts, ornaments and specialty foods in an authentic outdoor marketplace with heated tents. \$10 charge for coach is billed to your account. Bring money for shopping and lunch on your own. Sign up at reception.

**Wednesday, 12/6: Residents' Council
presents: Chicago Metropolitan Brass
Band Christmas Concert, Dole Hall 7:15pm**



**Thursday, 12/7: Family Support Group,
GP Family Room 1:30pm**

**Thursday, 12/7: GP Party with Heather
Braoudakis: Home for the Holidays, Greg's
Place 2:00pm**

**Friday, 12/8: HealthPro Wellness Seminar:
Holiday Safety, LL Fitness 9:30am**

Continued on page 6

Continued from page 5

Friday, 12/8: Movie Critic Michael Phillips: Silver Screenings, Dole Hall 2:00pm

Our Marketing department presents, "Silver Screenings: The Best and Worst Holidays Movies" with Chicago Tribune's critic Michael Phillips. Residents welcome but must RSVP to Marketing at (708) 571-0293 to reserve a seat.

Friday, 12/8: Holiday Piano Recital by Russell and Sharon Hilfano's Students, Dole Hall 7:00pm



Saturday, 12/9: "Rolling Turtle and the Old School String Band" by Paul Cavitt, Mandolin Player, Albert Hall 10:00am

Sunday, 12/10: HCC Holiday Family Party with Edizon Dayao, Albert Hall 1:30pm

Monday, 12/11: Ladies at Lunch, Sarah Tudor DR 11:30am

Sign up for the luncheon at reception through Friday the 8th. Dues of \$2 will be collected at the door. Program follows at 1:00pm in Dole Hall featuring Friends in Harmony: "We Need a Little Christmas". All are welcome.

Monday, 12/11: Drumming Circle, Albert Hall 2:30pm

Tuesday, 12/12: Coffee w/Chef, LL Pvt. Dining Room 9:30-10:30am

Tuesday, 12/12: Christmas Around the World, Museum of Science & Industry, Lobby 9:30am-3:30pm

The Museum's annual celebration features a floor-to-dome Grand Tree surrounded by a forest of more than 50 trees and displays representing traditions from cultures around the globe. Cost of \$22.00 includes admission to museum and coach. Let reception know when you sign up if you are a member. Lunch on your own.

Tuesdays, 12/12 & 12/19: Acrylic Painting Class, LL Creative Arts 1:30pm

Instructor Kelley Clark of the La Grange Art League welcomes beginners and experienced students. \$15 per class includes instruction and all supplies.

Tuesday, 12/12: Ice Cream Social and Holiday Singalong with Rita, Albert Hall 2:15pm

Tuesday, 12/12: Rudolph Ringers: "Oh Say Can You Sing," Dole Hall 3:45pm

Annual performance of the Rudolph Ringers of La Grange Park Community Park District.

Tuesday, 12/12: "Building La Grange Park", by Charles Joern, Dole Hall 7:15pm

Charles E. Joern was very influential in the development of La Grange Park during the '30s & '40s. Join his son, Chuck Joern, as he explores his father's legacy.

Wednesday, 12/13: Singer Liz Goss, Albert Hall 2:30pm

Wednesday, 12/13: Birthday Bash, Dole Hall 4:00pm

Enjoy appetizers, beer, wine and soft drinks with friends at the December Birthday Bash! All welcome to join in the fun! The Bar will open early at 4:00pm for those wishing to purchase liquor.



Thursday, 12/14: Plymouth Place Holiday Chimes Concert, Dole Hall 2:00pm

Thursday, 12/14: Art Gallery Reception, Winter Wonderland, LL Art Gallery 4:00pm

Residents and staff will share their winter and holiday-themed artwork and will share stories about their items. Refreshments served.

Thursday, 12/14: Joel Cummins Piano Concert, Dole Hall 7:15pm



Joel, son of resident Susan Cummins, gives a piano concert sure to entertain and inspire you.

Friday, 12/15: Economics Today with George Plavac, Education Room 9:30am

Friday, 12/15: Chicago Symphony Orchestra Outing 11:15am-5:00pm

Coach transportation available to matinee performance subscription Series "B". Call box office (312) 294-3000 for tickets. Please sign up for transportation at reception. \$10 round trip coach fee will be billed to your PP account.

Saturday, 12/16: Emily McGinn's String Carolers, Albert Hall 2:00pm

Saturday, 12/16: Residents' Council presents: The West Suburban Concert Band, Dole Hall 7:15pm

The 60 musicians of WSCB are providing a complimentary Christmas concert for Plymouth Place. We are grateful for this special Christmas gift. It is recommended that you find your seats early...always crowded!



Sunday, 12/17: Tracey Ford's Voice Student's Holiday Concert, Albert Hall 2:30pm

Monday, 12/18: Pray the Rosary, Albert Hall 10:30am



Monday, 12/18: Annual Holiday Décor House Walk, Reception Desk 1:30-3pm

Tour Plymouth Place and see your neighbors' holiday decorations. Begin at the reception desk to get a list of participants.

After the walk, enjoy Tea at Three in Dole Hall. If you would like to show your home, contact Rita at (708) 482-6805.

Monday, 12/18: Tea at Three with Allyson, Dole Hall 3:00pm

Join Allyson Zak for tea and cookies after the Holiday Open House Walk.



Monday, 12/18: SPLASH! Hydration, LL Bistro & HCC 3:00-3:30pm

Tuesday, 12/19: The Singing Gracettes, Albert Hall 10:00am

Tuesday, 12/19: Campus Care: Your Winter Safety Knowledge with Karen McGreal and Mary Konieczny, LL Game Room 10:30am

Tuesday, 12/19: Ice Cream Social with Music by Joe Fire, Albert Hall 2:15pm

Tuesday, 12/19: COD Lecture, Domestic Terrorism/Soft Target, Dole Hall 7:15pm

This lecture by Thomas Brady, Associate Dean for the Homeland Security Training Institute at the College of DuPage, will look into the threats of domestic terror and the means we use to discover possible events before they happen.

Wednesday, 12/20: It's a Wonderful Life: the Musical, Theater at the Center w/Lunch, Lobby 11:15am-5:30pm



Filled with the beauty of the season, Bedford Falls bursts on stage with yuletide spirit (despite Old Man Potter's miserly plans) for a musical that applauds the true meaning of Christmas. Enjoy a three-course lunch and then the show. Tickets, lunch and coach fee is \$60. Please sign up at reception.

Wednesday, 12/20: Afternoon at a Classic Movie with Popcorn: "It's a Wonderful Life", Albert Hall 2:00 pm

Wednesday, 12/20: Dick Best Annual Christmas Organ Concert and Sing-Along, Dole Hall 7:00pm

Thursday, 12/21: Assisted Living Party with Singer LaVerne Bobkowski, 2nd Floor MBL 2:00pm

Continued on page 8

Continued from page 7

Thursday, 12/21: Residents' Council presents Pianist Jeremy Kahn, Dole Hall 7:15pm

Residents' Council presents Christmas Jazz by pianist Jeremy Kahn, a highly esteemed member of the Chicago jazz community.



Friday, 12/22: Current Events with George Plavac, LL Game Room 9:30am

Friday, 12/22: Worship: Blue Christmas, Dole Hall 11:00am

Friday, 12/22: PP Chorus Christmas Cantata, Dole Hall 3:00pm

The chorus presents "Sing a Song of Christmas".

Sunday, 12/24: Christmas Eve Service, Dole Hall 2:00pm

Bring family and friends to celebrate the birth of Jesus, our Messiah.

Monday, 12/25: Christmas Day Brunch

Christmas brunch served for all IL residents from 11:30am-1:30pm. Reservations are required!

Tuesday, 12/26: Ice Cream Social with Music by Joe Moroz, Albert Hall 2:15pm



Wednesday, 12/27: Marriott Lincolnshire Newsies, Lobby 10:30am - 5:00pm

Inspired by the real-life NYC Newsboy Strike of 1899, *Newsies* is the tale of Jack Kelly, a newsboy who dreams of a better life. Music by Alan Menken, this Broadway smash is a high-energy musical thrill. Lunch on own at Wright's Brew & Bistro in the Marriott Resort. Cost of theater and coach is \$60 billed to your account. Tickets are limited and will not be purchased until sign-up. Please sign up at reception by December 6th.

Wednesday, 12/27: Music with Richard Gersten, "A Tenor's Art", Albert Hall 2:30pm

Thursday, 12/28: PP Traveler's Meeting, LL Creative Arts Room 4:00pm

Friday, 12/29: TED Talks, Education Room 3:00pm

This month's topics: How we can end sexual harassment at work, For the love of birds, A political party for women's equality, and How to win at evolution and survive a mass extinction.

Sunday, 12/31: New Years' Eve Brunch, Bistro 11:30am-1:30pm

Brunch for all independent residents, Reservations required.

Sunday, 12/31: New Year's Eve with Multiplicity Band, Albert Hall 2:00pm



Sunday, 12/31: NYE Party with the Limited Edition Big Band, Dole Hall 3:30-5:00pm

Join Dale and Cindy Lilburn to celebrate the New Year with the big band sound of the Limited Edition Band, co-sponsored by Residents' Council and the Life Enrichment department. Enjoy wine and cheese as you listen or dance to the music you remember. New CEO Jay Biere will also be present.



Wednesday, 1/3: Chicago Shakespeare Theater Outing, Lobby 11:30am-4:30pm

Shakespeare Theater presents *Red Velvet*. Coach transportation is \$10.00 round trip. Tickets can be purchased from Shakespeare Theater by phone at (312) 595-5600. Sign up at reception.

Christmas Fund Thank You:

As of November 23rd, I received support from 85% of our residents. They contributed \$209,485. Our full-time employees that worked the full 2080 hours will receive a check for \$1,015.

Don DeBraul, Christmas Fund Committee Chairman



Development Corner

Allyson Zak

Year-End Giving At Plymouth Place: Happy holidays! There are many ways for residents and their families to include Plymouth Place in their year-end charitable giving and maybe get a tax advantage. Please consider a tax-deductible gift to Plymouth Place's Endowment Fund by writing a check, making a gift of appreciated stock, or a contribution from an individual retirement account.

Many residents have found that transferring stocks that have been held over time and appreciated in value is an easy way to donate to Plymouth Place without tapping into cash. These stocks can be directly transferred from a brokerage account to a nonprofit like Plymouth Place allowing the donor an immediate tax deduction and avoiding capital gains.

Another way residents donate is through a Qualified Charitable Distribution (QCD) from an Individual Retirement Account (IRA). The donor must direct these gifts to go from the IRA custodian to Plymouth Place. No tax is paid on the distribution. Talk with your financial planner to learn more.

One easy way to make a gift to Plymouth Place is to donate all or part of your Entrance Fee Refund or Parking Space Refund to Plymouth Place. You can designate that a percentage of the refund go to the Endowment Fund by filling out a form that will go into your permanent file. You will be recognized now for this and any other gift that is part of your estate.

The Plymouth Place Endowment Fund was established in 1997 to enable Plymouth Place to continue its mission for the future and support residents who may outlive their assets so they may continue to live at Plymouth Place. Each year, the Endowment Fund provides benevolent care for a small number of Plymouth Place residents and the principal continues to grow, providing stability and sustainability for future Plymouth Place residents.

Donations to Plymouth Place, a nonprofit organization, are tax-deductible to the extent of the law. For more information or to discuss other ways to minimize tax exposure, please contact Allyson Zak at 482-6840.

Volunteer Spotlight: Plymouth Place Knitters

To make a difference in the lives of everyone they touch is how the Plymouth Place knitting group began their mission. The "Knitters" as they are now known began in our old building with just a few volunteers. They are now about 20 strong. Janet Casey, the current recorder, tells us that in the last 10 years they have made 239 lap robes.

The ladies meet once a week to work as a group (a few work on their own) knitting squares and then piecing them together to make the beautiful blankets. The next step in the chain is the room visit and presentation of the Lap Robe by Betty Stephens and Doris Werner. A hand painted card, made by Joanne Housel with a message of cheer, is also attached to each lap robe.

The avid "Knitters" include: Barb Bouchard, Janet Casey, Marge Crnkovich, Deb DeSalvo, Donna DeBaal, Mary Forester, Doris Gage, Sue Gross, Barberree Holben, Joanne Housel, Betty Knox, Lou Lateer, Mary Lou Lenke, Betty Niemoth, Grace Pierson, Betty Stephens, Doris Werner and Mary Voigt.

As the "Knitters" have several lap robes finished, the group has taken on a new winter project knitting hats, mittens and scarves for the Caring Place.



Scene On the 2nd Floor

Wow, November went fast! We had a lot of fun and laughter as we collected turkeys for a week. Ruth Dean was the 1st place winner. Close behind was Marion Giles in 2nd place, and Betty Naughton in 3rd place. Thank you to all those who participated. With the Christmas season upon us we are looking forward to making KISSmas trees, a holiday folk art craft, holiday ceramics, and

a special Christmas holiday drink served at lunch by the Life Enrichment Department. Don't forget the Holiday Family Party with the Vagabond Victorian Singers at 3pm in the MBDR on the 3rd and our monthly AL Party with singer LaVerne Bobkowski at 2:00pm in the MBL.

**Merry Christmas to all and
Happy New Year 2018!!!**

by Selma and Sandi



**Turkey Trot
Winners**

Greg's Place Happenings

We begin the month with our annual Family Holiday Party on the 2nd at 11:00am. The party will include a wonderful brunch and music by Sandi Haynes. On the 7th at 2:00pm Heather Braoudakis will sing holiday songs. Every year we open our doors and welcome many children and adults as they sing Christmas carols, so keep your

ears open and join them in caroling. We will be decorating our doors with handmade holiday crafts as well as decorating homemade sugar cookies. Also, for one of our Food Fun projects, we will make a pretzel log cabin. Merry Christmas to all!

by Chris & Ryan



**Halloween Fam-
ily Fun**

Health Care Center Happenings

Merry Christmas! We're excited for Christmas. We had so much fun this year with new and exciting programs. We are thrilled to end 2017 with fun programs such as the Employee Thank You show on the 1st in DH. On the 6th we will watch a modern movie, "Elf" with Will Ferrell, and enjoy some hot chocolate to stay warm and cozy.

We celebrate Christmas with friends and family on the 10th at our annual HCC Holiday Family party at 1:30pm in AH. We will have sweets and refreshments that you won't want to miss. Edizon Dayao will be our entertainment at 2pm.

On the 18th we will go on a festive town tour of downtown La Grange.

by Anita, Ruby, Holly & Celeste



**Birthday with
Singer Kym**

Chaplain Chat: I'll have a blue Christmas without you....., Elvis sang. Elvis may no longer be "in the building" but many of us will have a blue holy day season. For some, it's the first year without someone we love. For some, it's the relationship strain of gatherings. For some, it's not being able to do or be where one wants. And for some, it seems to just be the way we feel at this time of year. Sort of sad. Down. Blue. At December 22 worship we will celebrate Blue Christmas. Not a sad service but one where we openly acknowledge that not everyone is feeling jingle and jolly. No matter your feelings this holy day season, here is a gift from the Chaplains' office to each of you. Remember: jingle and jolly or sad and a bit blue, you are so very loved. Now. Always.
Chaplain Christina and Chaplain Doreen



Inside News

*Getting To
Know You*

One of the purposes of Inside News is to introduce residents to each other. We profile some of our new move-ins in each issue.



Betsi Orr moved here from Lake Barrington Shores. She was born in Chicago, grew up in Glenview and commuted to Immaculata Catholic HS (and played drums) and then went to Chicago Academy of Arts to study interior design. Her mother was an opera singer and dad sang in the Catholic Casino Men's Chorus. Betsi's first husband, Jerry, died at age 50. Their daughter, Polly, works at Ogden School in La Grange. Betsi was also married to Art, whom she met through friends, for 35 years. He played in the Cubs minor leagues and served in Korea. He drove a Harley motorcycle when he retired. Betsi was a painter, crafter, sewer, interior decorator, and member of the Chicago Artisans. She developed patterns for cloth pumpkins (which she has in her apartment). She enjoyed gardening and travel, and having a wilderness cabin in Upper Michigan.



Larry and Leona Shell moved here from Western Springs, where they lived for 38 years. Leona was born in Blue Island and raised in Roseland. Larry was born in Chicago. They met at NIU, where Larry studied business administration. He worked at Wang Laboratory for 10 years as a regional tech specialist and at Int. Harvester for 9 years in programming design. Leona studied nursing at COD and IL Benedictine. She received a masters of nursing psychology from St. Xavier and a doctorate in clinical psychology degree from Chicago School of Professional Psychology. She taught psych nursing for 25 years at Joliet Jr College.

They have five children: Larry in upper Michigan, Laura in Forest Park, Leighton in Berwyn, Louis in La Grange and Sarah in Colorado. They have six grandchildren. Leona's hobbies included cross stitching, crocheting and knitting afghans for Comfort for Critters. She takes spiritual classes at The Well, volunteers at Community Nurse, and meets monthly with friends she worked with. Larry's hobbies included being a Cub Scout leader and volunteer firefighter in Pleasantview. They both enjoyed travel (Alaska, Russia, Poland), attend church at St. John's in Western Springs and dogs (their 9th dog Shadow lives here). Trivia: Larry's mother, Olga Shell, lived here in the '90s.

Look What Dining Service Is Cooking Up!

Christmas Day reservations will begin Monday, Dec. 4th, ending the 18th . Please Contact Edith for IL & AL reservations at ext. 6423, Shemika for Greg's Place at ext. 6676 and Melissa for HCC at ext. 6588.

12/4: Cruise Around the World, Netherlands Dish (All Dining Rooms 5:00-6:30pm).

12/5, 12, 19, 26: Bistro Live Action 5:00-6:30pm.

12/7, 14, 21, 28: Bistro Buffet, 5:00-6:30pm.

12/8: Bistro Live Action Lunch, 11:30am-1:30pm.

12/11: Ladies Luncheon, LL Sarah Tudor Dining Room, 11:30am.

12/12: Coffee with the Chef, Lower Level 9:30am-10:30am.

12/13: Birthday Bash, 4:00pm Dole Hall.

12/13: Birthday Bash Dinner, LL Dining Room, 4:30-6:30pm.

12/18: SPLASH! Bistro and HCC, 3:00-3:30pm.

12/25: Christmas Brunch, 11:30am-1:30pm.

Dining Services Management: Al Gracia, Director with overall responsibility of the department

Chef Maryann: All culinary activities, menus, special events

Shemika Jenkins: Food Operations Manager; Caterings, Bistro, Greg's Place

Edith Almazan: IL and AL Dining rooms, Room Service





Plymouth Players Show



John Nigro



Weavers Exhibit at Amita Hospital



Veteran's Gallery Exhibit



LATTE & Players Show



Men's Club: Echo



Method Soap Tour



Rochelle Pennington



Clarence Goodman



Elmhurst Art Museum Trip



Betsy Means



State of Village Address



Dale's Retirement Celebration's



Halloween: Pumpkin and Costume Contests and Party with Magician Mitch Williams

HAPPY HOLIDAYS

There are many holiday events this month! Check inside on pages 4 to 8 for all the details.
 Greg's Place Resident and Family Holiday Brunch Party the 2nd, 11:00am-1:30pm in Dole Hall.
 Assisted Living Resident and Family Holiday Party the 3rd at 3:00pm in Margaret Bailey DR.
 Health Care Center Resident and Family Holiday Party on the 10th at 1:30pm in Albert Hall.

The whole building celebrates New Years Eve on the 31st!
 Multiplicity Band in Albert Hall at 2:00pm
 Limited Edition Big Band in Dole Hall at 3:30pm
 Put on your dancing shoes and have some fun!



Plymouth Place Staff: Anna Pangilinan, Assistant Director of Nursing (ADON)



When only twelve years old, Anna Pangilinan was sent to the United States from the Philippines to live with her grandparents in Plainfield near Joliet, IL. She grew up quickly and was a CNA (Certified Nurses Assistant) by age sixteen. She worked six years as ER student nurse at Presence Hospital, Joliet, while attending Chamberlain College of Nursing in Chicago.

Anna then moved to the Rehabilitation Center in Joliet where she was in skilled nursing and rehabilitation. Following was time in post-acute nursing and then as a nurse manager. In 2016, she moved to Brookdale in Lisle as Nurse Manager and soon joined Plymouth Place as Assistant Director of Nursing (ADON). Meanwhile she is pursuing a masters degree in nursing with only six months remaining until her degree.

Her daughter, Ava, is the joy of Anna's life. Born at 22 weeks, weighing 1 lb. 4 oz., Ava is now a healthy, happy three-year-old, having succeeded in beating a one percent survival rate. Anna and her fiancé with Ava now live in the western suburbs and spend most of their time enjoying their child. Their passion is also taking cruises such as to Mexico and the Bahamas.

Anna loves nursing because it involves helping people through kindness and caring. She focuses on instilling those values through teamwork with the staff on the third floor Health Care Center.



Plymouth Place features a life care benefit, that guarantees priority access to assisted living, skilled nursing care and memory support at stabilized costs, if ever needed. Independent living residences are available in one-, two- and three-bedroom floor plans ranging in size from 760 square feet to more than 1,890 square feet.

For more information, call 708-482-6511, or visit www.plymouthplace.org.

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