



arquette
irror

December | 2017



Holiday Stroll

- FREE Gift Wrapping Service
- Jingle Rails
- Lights at the Brickyard!



INSIDE THIS ISSUE



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Holiday Dinner & Entertainment

A snow-kissed winter holiday event! Cocktails, a festive dinner. Music by the North Central High School King's Court Choir.



Page 6

It's a Wrap!

Free gift wrapping for all of your packages. Beautiful trims, papers, ribbons and bows. Enjoy cider, hot chocolate and decorated cookies while you wait.



Page 7

Holiday Lights at the Brickyard

A 2-mile course of 2.5 million bright lights illuminating an expanded lineup of colorful displays!



Page 7

Jingle Rails at the Eiteljorg Museum

All aboard! This year's model train attraction features miniature replicas of iconic Hollywood landmarks, sights from both the American West and downtown Indianapolis!

Lifestyle *and*
Health
department

Department Director and MAC Manager

Lindsay Knox

317-228-2249

knoxlindsay@marquetterc.org

MAC Assistant Manager

Max Dockins

317-228-2248

dockinsmax@marquetterc.org

Editor & Program, Event, & Volunteer Coordinator

Marilyn Martin

317-524-6517

martinmarilyn@marquetterc.org

Graphic Designer & Program & Event Assistant

Casey Maish

317-524-6535

maishcasey@marquetterc.org



We, the very blessed, have many to bless. Give to your Marquette Foundation.

page 4 *lectures*

Learn tips for healthy holiday eating! Listen to the story of Hanukkah with Rabbi Brett Krichiver.

page 5 *discussions*

Do you like to read and discuss books or share opinions about the current events of the day? Check out this page for more details.

page 6 *campus events*

Holiday parties galore! Have your gifts wrapped free! Don't miss the North Central King's Court Choir in concert! Mark your calendar for the annual employee appreciation program!

page 7 *excursions*

So many choices! Holiday lights at the Brickyard, Jingle Rails, a movie outing and the annual Richard Lugar lecture.

pages 8 & 9 *health & fitness*

Participate in the Fitness Freeze!

page 10 *amenities*

Tech Center to seamstress to Lyft, and everything in-between.

page 11 *knife & fork*

Early Bird Specials, the Birthday Dinner and Christmas Eve and Day special menus! Make your reservation early!

page 11 *night at the movies*

Holiday drama or comedy—which will it be?

page 12 *service/hobbies*

Assist your fellow residents! Play duplicate bridge or bingo.

page 13 *religion*

God in the movies, scheduled services, Hanukkah service and luncheon.

pages 14 & 15 *photos*

See snapshots of yourself and/or fellow residents.

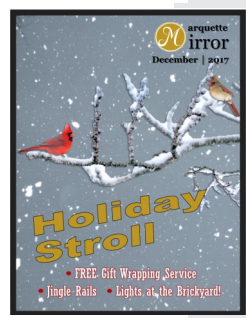


Daily Program Hotline
317-228-2291
Call the hotline to hear a recording of today's programs and events.

ON THE COVER

2017

Discover America:
50 States; Yet One Country!
Holiday Stroll!



AT THE PODIUM



WELLNESS SERIES: EAT THIS; NOT THAT! (HOLIDAY EDITION)

Wednesday, December 6
1:30 pm
MAC Aerobic Studio

Join the MAC Staff for a discussion of the best holiday foods to avoid, as well as the healthful benefits of some of the classics!



HANUKKAH SERVICE AND LUNCHEON

Friday, December 15
11:00 am

Foundation Hall

\$14 will be taken from food allowance

All Marquette residents are invited to celebrate this joyous holiday. Rabbi Brett Krichiver, Indianapolis Hebrew Congregation, will be the featured speaker. RSVP to Mary Ruth Barnard (317-726-6260) by Monday, December 4. This program is limited to Marquette residents, please.



**COFFEE CLIPS
& CONVERSATION**

Thursdays, Dec. 7, 14, 21, 28
10:30 am
5th Floor Card Room

Just clip an article of interest to you from a current newspaper. Grab a cup'a. Then join the table for 45 minutes of friendly conversation. One person reads his/her article aloud and discussion follows. Then another article is read. Only requirements... curious minds, a desire to discuss current events, an eagerness to talk, listen and respect other points of view.

**CONTEMPORARY
ISSUES**

No Meeting for December

No meeting for December.

Questions? Call Barbara Furlow (317-228-0218).

POETS' CORNER

No Meetings for December

No meetings for December.

Questions? Call Margaret Simpson (317-251-6976).

BOOK REVIEW

Tuesday, December 26
10:00 am
2nd Floor Card Room

Read and discuss *The Cellist of Sarajevo* by Steven Galloway. A spare and haunting, wise and beautiful novel about war and the endurance of the human spirit. To obtain a copy of the book, contact Larry Treadwell (317-872-0859) or Charlotte Chadwick (317-492-9995).



Events listed are happening right here at Marquette.



SOUNDS OF THE SEASON!

Thursday, December 7

6:30 pm

Foundation Hall

The North Central High School King's Court Choir will entertain with seasonal music from all genres! Sit back, relax and let the music begin!

BMO BANK HOLIDAY PARTY

Friday, December 1

2:00 pm

Foundation Hall

All residents are invited to the annual holiday gala sponsored by BMO Bank.

RESIDENTS' ASSOCIATION MONTHLY MEETING

Tuesday, December 5

10:00 am

Foundation Hall

You may also watch Channel 91 on your home television (Cable Users Only). Call 317-524-6574 from home, if you have a question or comment.

HOLIDAY COCKTAILS AND DINNER

Thursday, December 7

4:30 pm

Legacy Dining Room

Fireside Grille

Return RSVPs to Front Desk

by November 30

Begin with cocktails. Then, savor a fine dining experience with all the trimmings! Don't miss this snow-kissed winter event of the season!

EMPLOYEE APPRECIATION PROGRAM

Friday, December 8

1:30 pm

Foundation Hall

All residents are encouraged to attend and show their support for Marquette's employees at this annual event!

PURE "WRAP"TURE!

Wednesday, December 13

1:30 pm

Foundation Hall

A free gift wrapping service! Bring your packages to be wrapped in festive papers, gift bags, ribbons and bows of your choice.

NEW YEAR'S EVE BASH!

Sunday, December 31

6:00 pm—8:00 pm

Foundation Hall

Sparkle, bubble, pizzazz the night away with party favors, drinks, desserts, music by Twilite Nites and a Las Vegas Style casino evening (courtesy of the Broad Ripple Sertoma Club).



All trips on this page require registration in the Programs, Events & Transportation Book
***starting on the 26th of every month at 8 am.*

ANNUAL RICHARD LUGAR LECTURE AT MARIAN UNIVERSITY

Sunday, December 10
Bus leaves 6:15 pm/Free Admission

“America and the World” will be the topic for the annual global studies address by Senator Richard G. Lugar (retired). He is an unwavering advocate of United States leadership in the world, strong national defense, nuclear non-proliferation, free trade, alternative energy and education.

HOLIDAY LIGHTS AT THE BRICKYARD!

Friday, December 15
Bus leaves 6:30 pm/Free Admission

Celebrate the holiday season with the Indianapolis Motor Speedway! This year features a longer route and over 2.5 million bright lights illuminating an expanded lineup of colorful displays. Don't miss!

MOVIE OUTING (TITLE AND THEATER TO BE ANNOUNCED)

Thursday, December 28
Bus leaves 1:00 pm or 1:30 pm

Enjoy a first-run movie in one of Indianapolis' fine movie theaters.

JINGLE RAILS AT THE EITLEJORG MUSEUM

Friday, December 29
Bus leaves 1:00 pm

The great western adventure! See the model train travel past iconic Hollywood landmarks, sights from both the American West and downtown Indianapolis!



LYNNE O'DAY CLINIC SCHEDULE

**8:00 AM—4:30 PM
MONDAY—FRIDAY**

**CONTACT
CLINIC NURSE
BERNADINE MERRIWETHER
317-524-6509**

- **GERIATRIC INTERNIST**
- **DERMATOLOGIST**
- **PODIATRIST**
- **OPTOMETRIST**
- **DENTIST**
- **HEARING AID INFO**



FITNESS FREEZE!

**December 1—December 21
Aerobic Studio
Check-in at MAC Desk!**

The holiday season can be a difficult time to maintain an exercise program. Did you know that even short bouts of physical activity can help you maintain your current fitness level?

Let the Fitness Freeze program be your motivation through this busy time of year. Earn a snowflake for exercising 3+ times a week, which the MAC Staff will use to decorate the Fitness Center. All you have to do is visit the MAC, but be sure to check in—this is the only way to track your visits!

These individual efforts will also contribute to a community goal of 2,200 visits for the month.

Check the status of the Fitness Freeze thermometer to track Marquette's progress. Let's strive for record visits this December!





No Classes or MAC Staff

Christmas Day

Monday, December 25

FEATURED CLASS—BALANCE

Mondays, Wednesdays, Fridays
11:00 am—11:30 am
MAC Aerobic Studio

Learn safe exercises to improve your balance and prevent falls. The class will involve a combination of standing and sitting exercises that focus on balance, coordination, core strength, multi-sensory training and lower body strength.

MARQUETTE'S WINNING CORN TOSS TEAM!

...And the First Place trophy goes to
Jim Hebden and Randy Trowbridge!

Congratulations!



CORN TOSS

Tuesdays
2:00 pm—3:00 pm
MAC Aerobic Studio



HEALTH SERVICES

**Health at Home—
Blood Pressure Clinic**

Tuesdays
8:30 am-11:00 am
MAC Cove

Ask-the-Pharmacist

Tuesday, December 12
9:00 am-11:00 am
MAC Cove

Say hello to Katie, Kroger pharmacist, and bring any questions about your medications.





Knife & Fork

Legacy Dining Room



SUNDAY BRUNCH

Sundays, December 3, 10, 17, 24, 31
11:30 am—2:30 pm



Reservations (317-524-6549) are a must!

EARLY BIRD SPECIAL

Tuesdays, December 5, 12, 19, 26
4:30 pm—5:30 pm



Enjoy a catfish dinner: a main course with all the fixin's! Call 317-524-6549 for reservations.

BIRTHDAY DINNER

Tuesday, December 12
5:00 pm



Residents with a birthday in December are invited to the complimentary Birthday Dinner. A spouse is also welcome; his or her dinner will be taken from the resident's food account. Please make your reservation no later than December 9 by calling 317-524-6549.

HOLIDAY BUFFETS/BRUNCH



Christmas Eve Brunch
Sunday, December 24
11:30 am—3:00 pm

Christmas Day Buffet
Monday, December 25
1:00 pm—4:00 pm

New Year's Eve Brunch
Sunday, December 31
11:30 am—3:00 pm

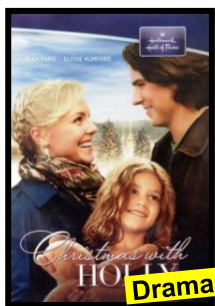
Reservations (317-524-6549) are a must!

Fireside Grille closes at 6:00 pm on Christmas Eve and New Year's Eve.

The Grille closes at 2:00 pm on Christmas Day.

Night at the Movies

Foundation Hall
7 pm



December 2

CHRISTMAS WITH HOLLY
(2012, NR)

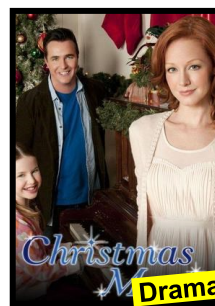
A six-year-old girl stops talking after the trauma of her mother's death. Three uncles step in, with the help of the owner of a magical toy store, and healing begins.



December 9

YOU'VE GOT MAIL
(1998, PG)

Two business rivals, who despise each other in real life, unwittingly fall in love through the Internet.



December 16

CHRISTMAS MAGIC
(2011, NR)

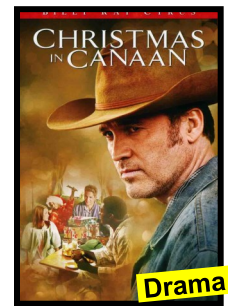
A young woman lives for her successful career. All of this changes in an instant, with an unexpected event.



December 23

SEASON OF MIRACLES
(1999, NR)

A miracle occurs for a homeless family with the help of an angel.



December 30

CHRISTMAS IN CANAAN
(2009, NR)

Two boys in 1960s Texas forge a friendship while caring for an injured puppy.

MAGIC



Volunteer Opportunities

WANTED!

MAC Buddy

Accompany an Assisted Living resident to and from the Marquette Athletic Center. Contact Barb Irwin (317-524-6569) for more information.

WANTED!

Healthcare Program Assistance

Contact Bethany Hill (317-524-6536) to help with activities, crafts, current events, games.

Contact Marilyn Martin,
Program, Event and
Volunteer Coordinator,
(317-524-6517) for more
opportunities.



Knit for Charity

Mondays

No Meeting on Christmas
1:30 pm, Craft Room



Bingo

Tuesdays

7:00 pm, Foundation Hall A



Duplicate Bridge

Tuesdays

7:00 pm, Foundation Hall B



The Garden Club

No Meetings in December

RELIGIOUS SERVICES

ANGLICAN

Mass

Sundays
9:30 am, Chapel

Christmas Eve, Sunday, December 24
9:30 am, Chapel

*Officiated by Rev. Todd Bragg,
Rector of St. Margaret Anglican Church.*



CATHOLIC

Mass

Mondays, Wednesdays, Fridays & Saturdays
4:00 pm, Chapel

Christmas Eve, Sunday, December 24
4:00 pm, Chapel

Communion

Tuesdays & Thursdays
4:00 pm, Chapel

*Services offered by Fr. Clifford Vogelsang,
Fr. Kyle Rodden and Fr. James Bonke.*

EPISCOPAL

Communion

Thursday, December 21
11:00 am, Chapel

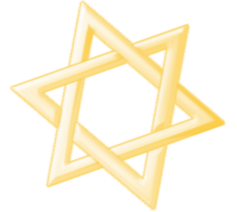
*Thank you to the staff from St. Christopher's
and St. Paul's Episcopal Churches.*

JEWISH

Hanukkah Service

Friday, December 15
11:00 am, Foundation Hall
Lunch will follow service
(See page 4 for details)

*Service offered by Rabbi Brett Krichiver,
Indianapolis Hebrew Congregation.*



PROTESTANT

Church Service

Sundays
2:00 pm, Foundation Hall

Christmas Eve, Sunday, December 24
2:00 pm, Foundation Hall

*Officiated by Rev. Joe Johnson.
Music by Greg Gibson and his guest vocalist.*

BIBLE STUDY

Tuesdays (except December 26)
2:00 pm
2nd Floor Card Room

Study *The Book of Genesis*. Contact Jaxie Miller
(317-802-9147) for more information.

GOD IN THE MOVIES

Wednesday, December 6
7:00 pm
Foundation Hall

Believe (2016, PG)
A small-town business owner tries to save
the local Christmas pageant against all odds.



SEEKING THE WAY

Friday, December 1
10:30 am (New time this week only!)
Friday, December 15
1:00 pm
Lower Level Game Room

St. Luke's United Methodist Church Pastor Rob
Fuquay's sermons will be discussed. Contact
Priscilla Keenan (317-459-6040) for more
information.



Salvation Army Angel Tree!



Marquette's donation to the "Walk to End Alzheimer's".



Pianist Greg Gibson played the Veterans Day prelude and service music.



Charles Miller, Harry Stone and Jim Hebden led the Veterans Day program.



Guy Miller stood to receive the Marines certificate of service.



Host Charles Miller gave the welcoming address.



Harry Stone led the residents in the Pledge of Allegiance.



Jim Hebden shared stories of his time in Korea.

HALLOWEEN PARTY!



Costume winners: Ruth Lollar, Carol Williams, Linda Matthews, Jean Hileman and Cheryl Sparks!



Who was that clown sitting with Shirley Delaney and Charles Hindersman?



Ghosts, goblins, pirates, clowns and many other costumed characters attended the party!



Jo Davis and Randy Trowbridge danced to the scary music provided by the *Something Completely Different* Trio!



Doug Horth soloed to the tune of *Spooky!*



Doug Horth and Charles Watts on stage groovin' to the *Addams Family* theme!

Transportation Schedule

Register in the Programs, Events & Transportation Book no later than 48 hours before your trip.

Monday and Tuesday Doctor Appointment Days

Please turn in a transportation slip as soon as you make the appointment. There will be a charge for appointments not scheduled for Monday or Tuesday.

Wednesday Grocery Morning

Kroger—9:30 am—10:30 am
Kroger—10:45 am—12 pm

Shopping Afternoon 1:30 pm —3 pm

1st Wednesday—Super Target
2nd Wednesday—Walmart & Willow Lake West
3rd Wednesday—Meijer
4th Wednesday—Walmart & Willow Lake West

Friday, December 1 Mall Day

10 am—1 pm
Keystone & Castleton Malls

Sunday Church Day

St. Luke's Methodist Church—departs at 9:00 am
Second Presbyterian Church—departs at 9:00 am
St. Luke Catholic Church—departs at 11 am



Marquette

317.875.9700
www.marquetteseniorliving.org