



# WHAT'S HAPPENING

## Spotlight on Activities

2030 Chester Blvd.  
Richmond, IN 47374  
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Editor  
Ted Halsted

January  
2019

**HAPPY  
NEW  
YEAR!**

### Saturday, January 5th:

Movie: *Blast from the Past* will be shown in the Garden Room at 2:00 p.m.

### Tuesday, January 8th:

Ladies Luncheon takes place in the Community Room at 12:00 p.m. Sign up on the bulletin board across from the Main Dining Room.

### Thursday, January 10th:

Creative Art Studio: We will make fun, easy Winter Landscapes in the Garden Room at 2:00 p.m.

### Friday, January 11th:

Movie: *The Count of Monte Christo* will be shown at 2:00 p.m. in the Community Room.

**Mark Snow** will provide musical entertainment at 6:30 p.m. in the Community Room.

### Saturday, January 12th:

Residents Association Meeting at 9:30 a.m. in the Community Room.

### Tuesday, January 15th:

Men's Breakfast will begin at 8:30 a.m. in the Community Room. Sign up on the bulletin board across from the Main Dining Room. Invite a friend or new resident!

### Thursday, January 17th:

Cope Environmental Center presents **Owls** at 2:00 p.m. in the Community Room.

### Saturday, January 19th:

Movie: *I Can Only Imagine* at 2:00 p.m. in the Garden Room.

### Tuesday, January 22nd:

Out to Dinner will head out at 4:30 p.m. to 88 Buffet. Please sign up on the bulletin board across from the main dining room.

### Wednesday, January 23rd:

The January Birthday Party will be at 2:00 p.m. in the Community Room.

### Thursday, January 24th:

The Gospel Hymn Sing will be at 2:00 p.m. in the Community Room.

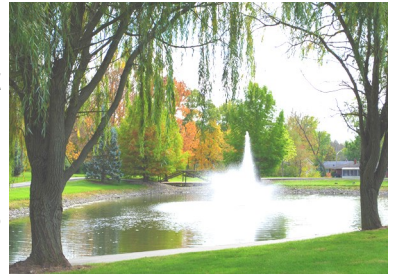
### Friday, January 25th:

Movie: *Mama Mia!* will be shown at 2:00 p.m. in the Community Room.



## Pond Reflections

Dr. Jack Westman, a physician who has had a distinguished career on the faculty of the University of Wisconsin Medical School, shared with me a document that expresses his personal wishes for end of life care. I found it helpful, and prepared a similar document, with minor adjustments, to express my wishes for end of life therapies. I have discussed it with my family and with my physician. If you find it useful, you may wish to discuss aspects of it with your family and physician. This POND REFLECTIONS column was in a 2015 issue of WHAT'S HAPPENING, A number of FFC residents found it helpful, and I share it again.



### MY PARTICULAR WISHES FOR THERAPIES THAT COULD SUSTAIN MY LIFE

In addition to the information on other Advance Directive forms I have completed, I wish to make my instructions known with respect to specific therapies that could save or prolong my life. This form is meant to inform my physician, nurse, or other care provider of my consent or refusal of certain specific therapies. It is also meant to guide my family or any other person I name to make health care decisions for me if I cannot make those decisions myself.

I understand that it is impossible to know what a person would want in a particular circumstance, unless that person has previously stated his or her wishes. I hope this document helps those who must make difficult decisions to proceed with comfort and confidence. By following these instructions they will know they are acting in my best interests and are consenting or refusing certain therapies just as I would if I could hear, understand, and speak.

#### Decisions While I Am Capable

As long as I am able to understand my condition, the nature of any proposed therapy, and the consequences of accepting or refusing the therapy, I want to make these decisions myself. I will consult my doctor, family, and those close to me, spiritual advisors, and others as I choose. But the final decision is mine. If I am unable to make decisions only because I am being kept sedated, I would like the sedation lifted so I can rationally consider my situation and decide to accept or refuse a particular therapy.

#### Comfort Care

I want any and all therapies to maintain my comfort and dignity. If following my instructions in this document causes uncomfortable symptoms such as pain and breathlessness, I want those symptoms relieved. I desire vigorous treatment of my discomfort, even if the treatment unintentionally causes or hastens my death.

#### Decisions for Specific Therapies

If my mental or physical state has deteriorated to the point that I lose my identity and am unable to make decisions for myself because I do not know who I am, where I am, and who other persons are, and there is little chance that I will ever regain mental or physical function, I do NOT want any of the following treatments:

1. Antibiotics, if I develop a life-threatening infection of any kind.
2. Dialysis, if my kidneys cease to function, either temporarily or permanently.
3. Artificial ventilation (if I stop breathing); tube feeding; or IVs.
4. Electroshock or CPR, if my heart stops beating.
5. Heart regulating drugs including electrolyte replacement, if my heartbeat becomes irregular.
6. Cortisone or other steroid therapy, if tissue swelling threatens vital centers in my brain.
7. Stimulants, diuretics, or any other treatment for heart failure, if the strength and function of my heart is impaired.
8. Blood, plasma, or replacement fluids, if I bleed or lose fluid circulating in my body.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Editor, Ted Halsted

# New Residents

## Don and Sheila Thornburg

Sheila recalls her first date occurred while a student at Lynn High School, and it was with Don Thornburg. They must have hit it off quite well, they have now been married for sixty one years. Sheila was born and raised in Lynn, the daughter of Paul and Thelma Thomas. Don was born in Waukesha, Wisconsin and at an early age his family moved to Indiana. His parents, Francis and Mildred, started their family business, Thornburg's Market, in Lynn.



After graduating from high school, Sheila went on to Ball State University to earn her bachelor's degree in elementary education. Don worked as a foreman at St. Regis Panelyte Plastics in Richmond until he was drafted into the U.S. Army in 1956. They were planning a wedding when Don received orders to deploy to Camp Kaiser, located in the Korean DMZ. Sheila quickly hopped on a plane to Washington and they were married in March 1957, before Don left for Korea for sixteen months. Sheila then continued her education and graduated in November 1958. She then began her teaching career. Later, she received her master's degree from Ball State in 1965. She taught elementary school, primarily second grade, most of which was at Randolph Southern. She retired in 1998, after a career of thirty years.

While in Korea, Don's spare time was spent starting and volunteering at a local orphanage. Over a Christmas, Don's parents wrote to him, asking what they could send him. Don's reply was that he wanted nothing, but clothing and gifts were needed for the orphanage. That started a windfall, through Don's parents, church and friends in Lynn, more than fifty cases of clothing and supplies arrived, and continued long after the holidays were over. The military newspaper *Stars & Stripes* dubbed Don's hugely successful volunteer project "Operation Tiny Tim".

On Don's completion of his military service, Sheila's father, owner of the Thomas Funeral Home in Lynn, approached Don to become a member of his business. Don accepted, went on to graduate from the Indiana College of Mortuary Science and purchased the business in 1978. He sold the business in 1995, although he continued to assist the new owners when the need arose.

Don and Sheila have three children, six grandchildren and two step-grandchildren. Daughter Shara Short is married to David and lives in Centerville. She is a nurse at Reid Hospital and is in charge of the hospital's volunteer services. Son Kregg is married to Jessica and is a financial advisor residing in Brownsburg, Indiana. Son Tom is married to Stephanie and is a manufacturing consultant living in Columbus, Indiana. Their children and grandchildren have been involved in numerous sports and school activities, which Sheila and Don have greatly enjoyed following. They are also loyal IU basketball and Colts fans.

After retirement, Don and Sheila managed to enjoy some extensive travels, including a couple visits to Hawaii, an Alaskan cruise, and a memorable trip to Israel. Another cruise adventure sailing home from Europe came to a very shocking end, sailing toward the port of Boston the morning of 9/11. They also began spending winter months in Florida. While in Florida, Don is a member of Clown Club 179 and performs at schools, churches and nursing homes. They have dual memberships at Centerville Christian Church and Fairway Christian Church in Florida.

The Thornburgs moved to house #48 in November and are looking forward to spending time here at Friends Fellowship, as well as their Florida home. They appreciate the friendliness of the community and feel very blessed. It may be Spring before you get a chance to see them, but welcome to Friends Fellowship Community, Sheila and Don.

*Interviewed by Bob and Sharon McCormac*



## Marketing News

I cannot believe 2018 is history! This past year Wendy and I were so busy remodeling some of our large apartments in the Main Building and also all of the Independent Homes sold last year. I remember my grandparents always saying time does fly and I now agree. **WHEW!**

We are currently renovating several apartments in the main building and one two-bedroom apartment. We always try to make changes and update the accommodations to give them a WOW factor. If you would like to see the large apartment currently under renovation, please give us a call.

As we near the completion of our construction project, I want to focus on finally being able to host events to highlight all of the changes that have taken place over the last year and a half. It will be a pleasure to show off the new and improved FFC!

We are looking forward to a productive 2019. Happy New Year!

*Pam Merchanthouse  
Vice President of Customer  
Services*



## The Fall 2018 OMA Exhibit was a tremendous success!

Twenty-one artists had a wonderful time exploring color, shape, lines, tools and methods of a variety of abstract artists. One of the BEST things about OMA, though, is the camaraderie-mutual trust and friendship among people who spend a lot of time together as defined. Our artist partners volunteer more than simply the minimum 30 hours it requires each semester. They volunteer friendship, trust, dignity, comfort, stories and smiles. It is magic.

Three volunteers have been with the program since 2016: Jan Bohlander, Stacey Peterson, and Nancy Clifford. These three have developed amazing talents at communicating and working alongside our artists. They always seem to know just the right thing to do at the right moment. It is fun to watch the new volunteers watch them work and learn from them as they grow their own OMA relationships. The college students, for certain, learn so much. I am personally grateful for their commitment to the joy of OMA. The return of these ladies and more than 50% of all our volunteers drives the strength of the program.

**Thank You.**

### Winter-Spring 2019 OMA

We begin again first part of February. Training for volunteers will be at the end of January. Do you know someone who would benefit from OMA? Would you like to learn more about being an artist partner? We'd love to hear from you! No art experience required. Sessions will be held on Fridays from 2:00 p.m. to 3:30 p.m.

*The OMA team: Melissa Baxter, Theresa Goss, & Megan Reifeis*

## What's Happening in The Courtyards

Some say that we should slow down when we get older.  
Our friends in The Courtyards beg to differ!

What a year it has been. We bid 'Adieu' to 2018 and welcome in 2019. A few hors d'oeuvres and celebrating our accomplishments this year will happen New Year's Eve. So many fun times with each other, one-to-one and larger groups, both at FFC & away. The Life Enhancement Team enjoys working with your loved ones every day.

Did you know? When family visits, sometimes it is simply just nice to enjoy the quiet and visit time. Other times, families sometimes wonder what to do while here. On Level I of The Courtyards, there are cabinet hutches in the back near the aviary. They have a variety of things to do with your loved one. You'll notice movies, games, puzzles, literary options and all sorts of things to share. Cailee Brown and Audra Yoshikane worked to put together small art project baskets; a grab-and-go activity. Often, just simply sitting and looking through something, listening to music or watching a show together can mean the whole world.

HAPPY JANUARY BIRTHDAY to Doris Tassaró and Joe Cela!

We look forward to your visits.  
Melissa Baxter, Life Enhancement Director and the Life Enhancement Team

## Sincere Thanks!



**A heartfelt thank you to the residents of Friends Fellowship Community for your continuing support for the Employee Christmas Fund of 2018.**

**You have again sustained a level of giving that enables us to provide a monetary gift to each of our employees based on their years of service. This very worthwhile tradition at FFC is rewarding to both givers and receivers, demonstrating our gratitude for jobs well done.**

**A special thanks to the Accounting and Dietary departments and others who helped make this a memorable event.**

**Your attendance at the Employee Appreciation Party on December 13th was also deeply appreciated. Happy New Year!**



# January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Margaret Black Mary Ellen Slagal	3	4	5
6 Marjorie Braithwaite	7	8 Peggy Allen	9 Ann Monger	10 Aileen Githens	11 Keith Kendall	12 Phil Blose
13	14 Clyde Black	15	16 Doris Tassaró	17 Joseph Cela	18 Paul Higgs	19 Jane McCrea
20	21 Miriam McComb Georgia Shuck	22	23	24	25	26 Carolyn Ferguson
27	28	29	30	31		

**Friends Fellowship Community  
is ENGAGED.**

We leave 2018 with just a few pictures  
and look forward to a fabulous 2019.  
The Life Enhancement Team  
wishes everyone a  
Happy New Year!



Residents of all walks truly enjoy our spacious campus  
and green spaces.



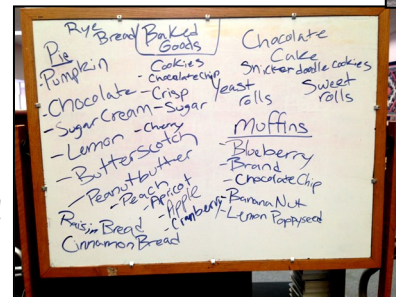
We always enjoy group  
entertainment guests!



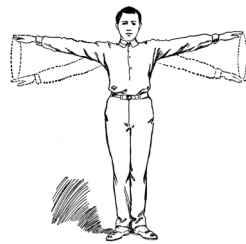
Sharing others' accomplishments.  
"There is a lot to think about in art."



Games!  
Puzzles!  
Cranium Crunching!



Cooking with Ali!  
Picnics!  
Patio Time!



Be  
Fit!



Life-Long Learning

Animal Excursions



**Movies in January**

**Blast from the Past**

Saturday, January 5th  
2:00 p.m. in the Garden Room

Adam Weber is the child of an eccentric inventor and his wife. Following a bomb scare in the 1960s that locked the Webers in their bomb shelter for 35 years, Adam must venture out into Los Angeles and obtain food and supplies for his family. A fun 1999 comedy drama starring Brendan Fraser, Alicia Silverstone, and Christopher Walken. PG-13

**The Count of Monte Cristo**

Friday, January 11th  
2:00 p.m. in the Community Room

The Count of Monte Cristo is a 2002 adventure drama film produced by Roger Birnbaum, Gary Barber, and Jonathan Glickman. Directed by Kevin Reynolds. An international co-production between the United States, the United Kingdom, and Ireland, the film is an adaptation of the book of the same name by Alexandre Dumas, 1844. PG-13

**I Can Only Imagine**

Saturday, January 19th  
2:00 p.m. in the Garden Room

Growing up in Greenville, Texas, Bart Millard experiences a rough childhood. Years later, Bart's childhood and mended relationship with his father inspires him to write the hit song "I Can Only Imagine" as singer of the Christian band MercyMe. This 2018 inspiring movie stars Dennis Quaid, Cloris Leachman, and J. Michael Finley. PG

**Mama Mia!**

Friday, January 25th  
2:00 p.m. in the Community Room

Sophia Sheridan is 20 years old living with her mother Donna on an idyllic Greek island. She is about to be married and wishes for only one thing: her father walk her down the aisle and give her away. The only problem is that she doesn't know her father. After she finds her mom's diary from the year she was born, she invites three men who could possibly be that man. Sophia is convinced that she will know her father as soon as she sees him but soon realizes that she hasn't a clue. Mayhem ensues. A fabulous cast of Meryl Streep, Amanda Seyfried, Pierce Brosnan and many others star in this 2008 musical romance. PG-13

**KIWANIS GOLDEN K 2019**

Kiwanis is a global organization of volunteers dedicated to improving the world, one child and one community at a time. We meet on Wednesday mornings at 9:00 a.m. with coffee and donuts at 8:30 a.m. We meet in the Community Room unless it is otherwise communicated, then we will meet in the Assembly Room.

January 2: No meeting

January 9: Amanda Wilson, director of JACY House

January 16: Chris Rogan, pianist, will entertain on the grand piano

January 23: Billie Kester, Reid Health Vice President, "Continuum of Care"

January 31: Dr. Gary Brown: "Third World Short Term Missionary Dental Service"

Anyone at FFC is welcome to attend; admission is \$2.

## Thank You to Our Supporters

Friends Fellowship Community is grateful for the financial support given by the following during the period of November 20, 2018 through December 25, 2018.



### Endowment Tree of Lights

#### GENERAL ENDOWMENT FUND\*

*Gifts:*

Berneil Baxter  
 Connie J. Baxter & Gregory J. Moschetti  
 Jeffrey L. & Melissa Baxter  
 Dr. Gary Brown  
 Marlin & Barbara Buckmaster  
 Family Charitable Trust of Nancy Rosenberger Faus  
 Evan & Martha McGrew  
 Silent Auction

*In Memory of Mary Alice Adney:*

Dick & Jan Bohlander  
 Tom & Nancy Cox

*In Memory of Edna & Louis Bohlander:*

Dick & Jan Bohlander

*In Memory of Kenneth & Ada Brown:*

Gary & Lois Brown  
 Elaine & Bill Foley  
 Sherri & Kaitlyn Harrison  
 Marilyn & Tom Noble

*In Memory of JoAnn Chenoweth:*

Dick & Jan Bohlander

*In Memory of Mrs. Floreene Clifton:*

Joseph & Carol Della Pietra

*In Memory of James R. Daggy:*

Bruce & Maria Daggy

*In Memory of Family & Friends:*

Jerry & Peggy Allen

*In Memory of Bill & Joan Fishback:*

Lincoln & Barbara Blake

*In Memory of Paula Gregory:*

Dick & Jan Bohlander

*In Memory of June Gwyn:*

Lincoln & Barbara Blake

Dick & Jan Bohlander

Barbara Barker Jenkins

Don & Alison Steel

*In Memory of Marceline Halsted:*

Ted Halsted

*In Memory of Marjorie Hornbrook:*

Jean Alexander

#### GENERAL ENDOWMENT-Cont.\*

*In Memory of Marjorie Hornbrook-Cont.*

Anderson Family  
 Lincoln & Barbara Blake  
 Dick & Jan Bohlander  
 Clark Family  
 Lee Ellington  
 Mark Ellington  
 Scott Ellington  
 Connie Harris  
 David & Joyce Hiebert  
 Linda Hill  
 Barbara Barker Jenkins  
 Lynn Veterinary Hospital  
 Kirk & Rebecca Miller  
 Overleese Family  
 Rabideau Family

*In Memory of Carl E. Jordan:*

Lois Jordan

*In Memory of Alice Opel:*

Ann Mumford

*In Memory of Betty Park:*

Dr. Byron Park

*In Memory of George Phillips:*

Dick & Jan Bohlander

*In Memory of Edward Plasterer, M.D.:*

Erma Plasterer

*In Memory of Mike Rodich:*

Jim & Myrna Peters

*In Memory of Virginia & Mike Rodich:*

Mary Ann Welsh

*In Memory of Phil Stafford:*

Ann Mumford

*In Memory of Walter Van Etten:*

Tom & Nancy Cox

*In Memory of Rena Warner:*

Ann Mumford

*In Memory of Robert Weller:*

Jim & Myrna Peters

*In Honor of Tom Alberts:*

Dick & Jan Bohlander

*In Honor of Jeff Baxter:*

Dick & Jan Bohlander

## Employee Anniversaries

### Administration

Karen Seal 14 Years  
 Wendy Formeck 5 Years

### Dietary

Ethan Delk 2 Years  
 Nancy Messer 1 Year

### Environmental Services

Darrell Beck 7 Years  
 Ashley Vanderpool 5 Years

### Life Enhancement

Theresa Goss 1 Year

### Maintenance

Stephen Johnson 6 Years

### Nursing

Liz Showalter 20 Years  
 Kathie Nichols 18 Years  
 Duana Drew 7 Years  
 Angela Buffenbarger 1 Year

### The Courtyards

Erin Miller 11 Years

## Resident Anniversaries

★ Bernie & Phil Blöse	14 Years
★ Margie Weller	9 Years
★ Betty McCarty	8 Years
★ Jane & Roger Arnold	6 Years
★ Peggy & Jerry Allen	5 Years
★ Carolyn Ferguson	5 Years
★ Dorothee & Webster Hall	4 Years
★ Jeanne Gibbs	2 Years
★ Charlotte & Gary Hubbell	2 Years
★ Nancy Ramsey	2 Years
★ Barbara Taylor	2 Years

## In Memoriam

November 25 through December 26, 2018

<u>Resident Name</u>	<u>Date of Death</u>
George Phillips	12/5/2018
JoAnn Chenoweth	12/15/2018

## New Employees For the Month of December



Wayne Dickey  
Night Watchman  
Maintenance



Mackenzie McGrew  
Wait Staff  
Dietary

## Thank You to Our Supporters

Friends Fellowship Community is grateful for the financial support given by the following during the period of November 20, 2018 through December 25, 2018.



### Endowment Tree of Lights



#### GENERAL ENDOWMENT-Cont.\*

*In Honor of Melissa Baxter:*

Dick & Jan Bohlander

*In Honor of Pam Brawley:*

Dick & Jan Bohlander

Dick Lehman

*In Honor of Corliss Brokamp:*

Dick Lehman

*In Honor of Joyce Clarkston:*

Dick & Jan Bohlander

*In Honor of Bob & Connie Coddington:*

Mary Ann Welsh

*In Honor of A.J. Daggy:*

Bruce & Maria Daggy

*In Honor of Tammi Dalton:*

Dick Lehman

*In Honor of Wendy Formeck:*

Dick & Jan Bohlander

Dick Lehman

*In Honor of All FFC Employees:*

Barbara Taylor

*In Honor of FFC Environmental Services Staff:*

Dick & Jan Bohlander

*In Honor of FFC Food Services Staff:*

Dick & Jan Bohlander

*In Honor of FFC Grounds Crew:*

Dick & Jan Bohlander

Dick Lehman

*In Honor of FFC OMA Staff:*

Dick & Jan Bohlander

*In Honor of FFC Maintenance Staff:*

Dick & Jan Bohlander

*In Honor of FFC Phase I Residents, Friends & Neighbors:*

Dick & Jan Bohlander

*In Honor of FFC Nursing Staff:*

Dick & Jan Bohlander

*In Honor of FFC The Courtyards Staff:*

Dick & Jan Bohlander

*In Honor of Theresa Goss:*

Dick & Jan Bohlander

#### GENERAL ENDOWMENT-Cont.\*

*In Honor of Sarah Haskett:*

Dick & Jan Bohlander

*In Honor of Don Hawk:*

Dick & Jan Bohlander

*In Honor of Cindy Hines:*

Dick & Jan Bohlander

*In Honor of Sarah & Numon Johnson:*

Mary Ann Welsh

*In Honor of Ken & Pat Jordan:*

Mary Ann Welsh

*In Honor of Janet Kearney:*

Dick Lehman

*In Honor of Carolyn & Barry MacDowell:*

Mary Ann Welsh

*In Honor of Pam Merchanthouse:*

Dick & Jan Bohlander

Dick Lehman

*In Honor of Pam & Greg Merchanthouse:*

Mary Ann Welsh

*In Honor of Mr. Donald Michel:*

Joseph & Carol Della Pietra

*In Honor of Ernie Mills:*

David & Beth Lydick

*In Honor of Myra Nichols:*

Dick & Jan Bohlander

*In Honor of Kim Northington:*

Dick & Jan Bohlander

*In Honor of Jim & Myrna Peters:*

Mary Ann Welsh

*In Honor of Debbie Rea:*

Dick & Jan Bohlander

Dick Lehman

*In Honor of John Robinson:*

Dick & Jan Bohlander

Dick Lehman

*In Honor of Melissa Russell:*

Dick & Jan Bohlander

*In Honor of Karen Seal:*

Dick & Jan Bohlander

Dick Lehman

## Thank You to Our Supporters

Friends Fellowship Community is grateful for the financial support given by the following during the period of November 20, 2018 through December 25, 2018.



### Endowment Tree of Lights



#### GENERAL ENDOWMENT-Cont.\*

*In Honor of Bill Sponsler:*

Dick & Jan Bohlander

*In Honor of Lisa VanDevender:*

Dick & Jan Bohlander

*In Honor of Sandra Ward-Angell:*

Dick & Jan Bohlander

*In Honor of Pastor Andrew Wall:*

Barbara Taylor

*In Honor of Mark Woodruff:*

Joseph & Carol Della Pietra

#### FRIENDS MINISTERS' FUND\*

*Gifts:*

Tom & Nancy Cox

Don & Janet Garner

Rev. Eldon & Sharon Harzman

Barbara Barker Jenkins

#### FRIENDS MINISTERS'-Cont.\*

*In Memory of Bobby Marshall:*

Jay & Judi Marshall

*In Memory of Linda McGuire:*

Jay & Judi Marshall

#### OPENING MINDS THROUGH ART

*Gifts:*

Jeffrey L. & Melissa Baxter

Jim & Miriam McComb

*In Memory of Betty Mills:*

David & Beth Lydick

#### NURSING DEPARTMENT

*In Memory of Mildred Thornburg:*

Kay Gilmer & Family

\*Endowment Fund income is used to support residents whose personal funds are diminished.

## What movie would you like to see?



We have had some terrific suggestions in the past. Do you have a movie you'd like to see or a favorite genre?

### Send us your suggestions!

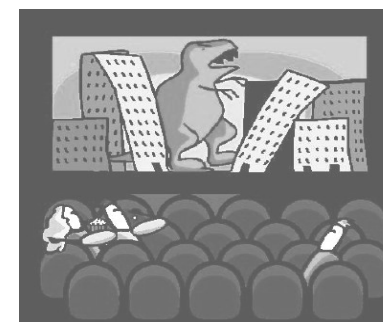
Mystery    Comedy    Romance

Sport    Westerns    Action-Adventure

Fantasy    Musical    Biography

Black & White Oldies but Goodies/Classics

### What would you like to see?



# Library News

## Large Print:

***A Spark of Light***, by Jodi Picoult. A distraught gunman bursts into a reproductive health services clinic and opens fire, taking all inside hostage. The police hostage negotiator sets up a perimeter. As his phone vibrates with text messages, he learns, to his horror, that his 15-year-old daughter, Wren, is in the clinic. Wren will share the tensest few hours of her young life with a nurse who calms her own panic to save a wounded woman's life; a doctor who works not in spite of his faith but because of it; a pro-life protester who stands in the crosshairs of the rage she has felt; and the gunman himself, vowing to be heard.

***Desperate Measures (A Stone Barrington Novel)***, by Stuart Woods. Returning to the states from a European jaunt, Stone Barrington--once a New York City cop, now a rainmaker for exclusive law firm Woodman & Weld--meets a stunning woman who seems like she could be an ideal candidate to meet some of his professional--and personal--needs. Before long, though, Stone is put to the task of protecting his new hire when Manhattan is rocked by a series of disturbing crimes . . . and it looks as if she might be the next target. In the city that never sleeps, there's always a plot being hatched, and the only recourse is constant vigilance, along with a bit of luck.

***In the Shadow of Her Hat***, by Mary Ellen Donat. In the sweltering summer of 1967 a corpse lies covered with newspapers on his living room sofa. As if the air weren't weighty with stench and flies, his widow sat a vigil beside him. This story of willful America Corydon chronicles painful life experiences, beginning in her adolescence, that expose and exacerbate her eccentricity. This seems to contribute to the madness that would lead to the shocking death bier. Over the course of five decades, America wages personal battles at home and abroad, from defying her domineering father to challenging the status quo. Carelessly manipulating her affable cousin Asher Kelley, America triggers trouble, tragedy and an improbable lifelong passion. Set in the early to mid-20th century in our own Richmond, Indiana, this book draws heavily on actual events, exploring universal prejudices and values that contribute in layers to culminate in a surprising final chapter.

***The Reckoning***, by John Grisham. Pete Banning is Clanton, Mississippi's favorite son: returning war hero, patriarch of a prominent family, farmer, father, neighbor, faithful member of the Methodist Church. Then, one cool October morning in 1946, he rises early, drives into town, walks into the Church, and calmly shoots and kills the Reverend Dexter Bell. As if the murder isn't shocking enough, Pete's only statement about it--to the sheriff, to his defense attorney, to the judge, to his family and friends, and to the people of Clanton--is "I have nothing to say."

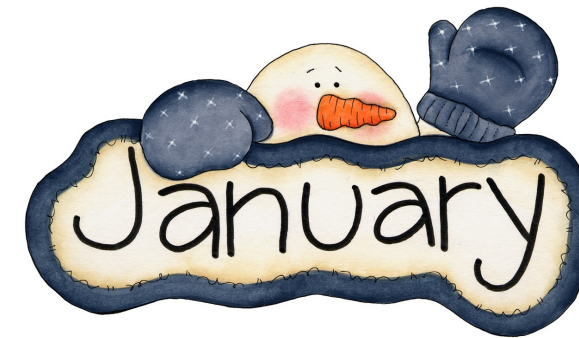
## Regular Print:

***Becoming***, by Michelle Obama. In a life filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era. As First Lady of the United States of America-- the first African American to serve in that role--she helped create the most welcoming and inclusive White House in history, while also establishing herself as a powerful advocate for women and girls in the U. S. and around the world, dramatically changing the ways the families pursue healthier and more active lives, and standing with her husband as he led America through some of its most harrowing moments.

***Leadership in Turbulent Times***, by Doris Kearns Goodwin. In this culmination of five decades of acclaimed studies in presidential history, the author offers an illuminating exploration of the early development, growth, and exercise of leadership. Goodwin draws upon the four presidents she has studied most closely--Abraham Lincoln, Theodore Roosevelt, Franklin D. Roosevelt, and Lyndon B. Johnson (in civil rights)--to show how they recognized leadership qualities within themselves and recognized as leaders by others. This book tells the story of how they all collided with dramatic reversals that disrupted their lives and threatened to shatter forever their ambitions.

***Mysteries of Martha's Vineyard***. Readers can experience the challenges and fresh discoveries facing Priscilla Latham Grant when she inherits a lighthouse and keeper's cottage on beautiful Martha's Vineyard. As she settles into her new home, she finds a trio of long-lost cousins, and together, they shed light on a storm of mysteries and secrets that seem to surface in Priscilla's wake.

***Sisters First***, by Jenna Bush Hager and Barbara Pierce Bush. Born into a political dynasty, Jenna and Barbara Bush grew up in the public eye. As small children, they watched their grandfather become president; just twelve years later they stood by their father's side when he took the same oath. They spent their college years watched over by Secret Service agents and became fodder for the tabloids, with teenage mistakes making national headlines.



One small positive thought  
in the morning can change  
your whole day. Be nice.

- Author Unknown

# January

# Friends Fellowship Community

# 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>HAPPY NEW YEAR</b> 10:00 LL Great Courses 10:30 GR Bolo Toss 2:00 GR Hangman 3:00 RR Ping Pong 4:30 HCC Pre-Dinner Social	<b>2</b> 9:00 Trip to Meijer 10:30 GR Be Fit Exercise 2:00 GR Cards 3:30 RR Strength & Balance 4:30 HCC <b>Bob Patton</b> <b>Acoustic Guitar</b> 6:30 LL After Dinner	<b>3</b> 10:00 FR Writer's Group 10:30 GR Chair Volleyball 2:00 LL Current Events 2:00 GR Brain Games 4:30 HCC Pre-Dinner Social	<b>4</b> 10:30 GR Be Fit Exercise 2:00 GR Hand Massage & Nail Spa 3:30 RR Strength & Balance 4:30 HCC Pre-Dinner Social	<b>5</b> 10:30 GR Chair Volleyball 2:00 GR <b>Movie:</b> <i>Blast from the Past</i> 4:30 HCC Pre-Dinner Social
<b>6</b> 10:30 CR FFC Church Speaker: Keith Kendall 2:00 GR Cocoa & Cards 4:30 HCC Pre-Dinner Social	<b>7</b> 10:30 GR Be Fit Exercise 2:00 CR Bingo Social 3:30 RR Strength & Balance 4:30 HCC Pre-Dinner Social 4:30 CR Folk Dancing	<b>8</b> 10:00 LL Great Courses 10:30 GR Cornhole 12:00 CR <b>Ladies Luncheon</b> 2:00 GR Scrabble 3:00 AR1 M-R Library Club 3:00 RR Ping Pong 4:30 HCC Pre-Dinner Social	<b>9</b> 8:00 CR Golden Kiwanis 9:00 Trip to Meijer 10:30 GR Be Fit Exercise 2:00 GR Cards/Games 3:30 RR Strength & Balance 4:30 HCC <b>Bob Patton</b> 6:30 LL After Dinner	<b>10</b> 10:00 FR Writer's Group 10:30 GR Bolo Toss 2:00 LL Current Events 2:00 GR <b>Creative Art Studio:</b> <b>Winter Nights Landscape</b> 4:30 HCC Pre-Dinner Social	<b>11</b> 10:00 AS Painting with Anita 10:30 GR Be Fit Exercise 2:00 CR <b>Movie:</b> <i>The Count of Monte Cristo</i> 3:30 RR Strength & Balance 6:30 CR <b>Mark Snow :</b> <b>Musical Entertainment</b>	<b>12</b> 9:30 CR Residents Association Mtg 10:30 GR Noodle Hockey 2:00 GR Classic TV 4:30 HCC Pre-Dinner Social
<b>13</b> 10:30 CR FFC Church Speaker: Amy Gall Ritchie 2:00 GR Cards / Games 4:30 HCC Pre-Dinner Social	<b>14</b> 10:30 GR Be Fit Exercise 2:00 CR Bingo Social 3:30 RR Strength & Balance 4:30 HCC Pre-Dinner Social 4:30 CR Folk Dancing	<b>15</b> 8:30 CR <b>Men's Breakfast</b> 10:00 LL Great Courses 10:30 GR Bull's Eye Toss 1:00 FR Methodist Church Circle Group 2:00 GR Classic Colors 3:00 RR Ping Pong 4:30 HCC Pre-Dinner Social	<b>16</b> 8:00 CR Golden Kiwanis 9:00 Trip to Meijer 10:30 GR Be Fit Exercise 2:00 GR Cards 3:30 RR Strength & Balance 4:30 HCC <b>Bob Patton</b> 6:30 LL After Dinner	<b>17</b> 10:00 FR Writer's Group 10:15 CY Friends School Visit 2:00 LL Current Events 2:00 CR <b>Cope</b> <b>Environmental Center: Owls</b> 2:30 FR Catholic Communion 4:30 HCC Pre-Dinner Social	<b>18</b> 10:30 GR Be Fit Exercise 2:00 GR Hand Massage & Nail Spa 3:30 RR Strength & Balance 4:30 HCC Pre-Dinner Social	<b>19</b> 10:30 GR Chair Volleyball 2:00 GR <b>Movie:</b> <i>I Can Only Imagine</i> 4:30 HCC Pre-Dinner Social
<b>20</b> 10:30 CR FFC Church Speaker: David Daniels 2:00 GR Cocoa & Cards 4:30 HCC Pre-Dinner Social	<b>21</b> 10:30 GR Be Fit Exercise 2:00 CR Bingo Social 3:30 RR Strength & Balance 4:30 HCC Pre-Dinner Social 4:30 CR Folk Dancing	<b>22</b> 10:00 LL Great Courses 10:30 GR Cornhole 2:00 GR <b>Kitchen Creations</b> 3:00 RR Ping Pong 4:30 HCC Pre-Dinner Social 4:30 <b>Out to Dinner :</b> <b>88 Buffet</b>	<b>23</b> 8:00 CR Golden Kiwanis 9:00 Trip to Meijer 10:30 GR Be Fit Exercise 2:00 CR <b>January Birthday Party</b> 3:30 RR Strength & Balance 4:30 HCC <b>Bob Patton</b> 6:30 LL After Dinner	<b>24</b> 10:00 FR Writer's Group 10:30 GR Noodle Hockey 2:00 LL Current Events 2:00 CR <b>Gospel Hymn Sing</b> 4:30 HCC Pre-Dinner Social	<b>25</b> 10:00 AS Painting with Anita 10:30 GR Be Fit Exercise 2:00 CR <b>Movie: Mama Mia!</b> 3:30 RR Strength & Balance 4:30 HCC Pre-Dinner Social	<b>26</b> 10:30 RR Noodle Hockey 2:00 GR Classic TV 4:30 HCC Pre-Dinner Social
<b>27</b> 10:30 CR FFC Church Speaker: Paul Rhodes 2:00 GR Cards / Games 4:30 HCC Pre-Dinner Social	<b>28</b> 10:00 CY Great Escapes 10:30 GR Be Fit Exercise 2:00 CR Bingo Social 3:30 RR Strength & Balance 4:30 HCC Pre-Dinner Social 4:30 CR Folk Dancing	<b>29</b> 10:00 LL Great Courses 10:30 GR Bull's Eye Toss 2:00 GR Hangman 3:00 RR Ping Pong 4:30 HCC Pre-Dinner Social	<b>30</b> 8:00 CR Golden Kiwanis 9:00 Trip to Meijer 10:30 GR Be Fit Exercise 2:00 GR Cards 3:30 RR Strength & Balance 4:30 HCC <b>Bob Patton</b> 6:30 LL After Dinner	<b>31</b> 10:00 FR Writer's Group 1030 GR Bull's Eye Toss 2:00 LL Current Events 2:00 GR Brain Games 4:30 HCC Pre-Dinner Social	<b>AS-Art Studio</b> <b>AR-Assembly Room</b> <b>CR-Community Room</b> <b>CY-The Courtyards, L1</b> <b>FR-Family Room</b> <b>GR-Garden Room</b>	<b>HCC-Health Care Center</b> <b>HCD-Health Care Dining Rm S.</b> <b>LL-Library Lounge</b> <b>RR-Recreation Room</b>





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Corn Hole 1:30 Music & Massage 2:00 In the Kitchen 2:30 Hydrate, Snack & Relax	<b>2</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Basketball 1:30 Music & Massage 2:00 Visits with Esther 3:00 Bingo & Snack	<b>3</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Horseshoes 1:30 Music 2:00 Arts & Crafts 3:00 Hand & Nail Spa	<b>4</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Games 1:30 Music & Massage 2:00 Chair Volleyball 3:00 Cocoa Social	<b>5</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Cranium Games 1:30 Music & Massage 2:00 Games 3:00 Hydrate, Snack & Relax
<b>6</b> 9:45 News & Memories 10:30 FFC Church 1:30 Walks & Talks 3:00 Puzzles	<b>7</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Chair Volleyball 1:30 Music & Massage 2:00 Visits with Esther 3:00 Hydrate, Snack & Relax	<b>8</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Corn Hole 1:30 Music & Massage 2:00 In the Kitchen 2:30 Hydrate, Snack & Relax	<b>9</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Basketball 1:30 Music & Massage 2:00 Visits with Esther 3:00 Bingo & Snack	<b>10</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Horseshoes 1:30 Music 2:00 Arts & Crafts 3:00 Hand & Nail Spa	<b>11</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Chapel with Sandra 1:30 Music & Massage 2:00 Chair Volleyball 3:00 Cocoa Social 6:30 CR Mark Snow: Entertainment	<b>12</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Cranium Games 1:30 Music & Massage 2:00 Games 3:00 Hydrate, Snack & Relax
<b>13</b> 9:45 News & Memories 10:30 FFC Church 1:30 Walks & Talks 3:00 Puzzles	<b>14</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Chair Volleyball 1:30 Music & Massage 2:00 Visits with Esther 3:00 Hydrate, Snack & Relax	<b>15</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Corn Hole 1:30 Music & Massage 2:00 In the Kitchen 3:00 Hydrate, Snack & Relax	<b>16</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Basketball 1:30 Music & Massage 2:00 Happy Birthday Doris Tassarò! 3:00 Bingo & Snack	<b>17</b> 9:45 News, Weather & Organize 10:15 Friends School Visit 11:00 Horseshoes 1:30 Music 2:00 CR Cope Environmental Center: Owls 3:00 Hand & Nail Spa	<b>18</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Chapel with Sandra 1:30 Music & Massage 2:00 Happy Birthday Joe Cela! 3:00 Cocoa Social	<b>19</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Cranium Games 1:30 Music & Massage 2:00 Games 3:00 Hydrate, Snack & Relax
<b>20</b> 9:45 News & Memories 10:30 FFC Church 1:30 Walks & Talks 3:00 Puzzles	<b>21</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Chair Volleyball 1:30 Music & Massage 2:00 Visits with Esther 3:00 Hydrate, Snack & Relax	<b>22</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Corn Hole 1:30 Music & Massage 2:00 In the Kitchen 3:00 Hydrate, Snack & Relax	<b>23</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Basketball 1:30 Music & Massage 2:00 CR January Birthday Party 3:00 Bingo & Snack	<b>24</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Horseshoes 1:30 Music 2:00 CR Gospel Hymn Sing 3:00 Hand & Nail Spa	<b>25</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Chapel with Sandra 1:30 Music & Massage 2:00 Chair Volleyball 3:00 Cocoa Social	<b>26</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Cranium Games 1:30 Music & Massage 2:00 Games 3:00 Hydrate, Snack & Relax
<b>27</b> 9:45 News & Memories 10:30 FFC Church 1:30 Walks & Talks 3:00 Puzzles	<b>28</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Chair Volleyball 1:30 Music & Massage 2:00 Visits with Esther 3:00 Hydrate, Snack & Relax	<b>29</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Corn Hole 1:30 Music & Massage 2:00 In the Kitchen 3:00 Hydrate, Snack & Relax	<b>30</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Basketball 1:30 Music & Massage 2:00 Visits with Esther 3:00 Bingo & Snack	<b>31</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 11:00 Horseshoes 1:30 Music 2:00 Arts & Crafts 3:00 Hand & Nail Spa		
						AR— Assembly Room CR—Community Room HCC—Health Care Center II—The Courtyards Level II



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:30 Hydrate, Snack & Relax	<b>2</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:00 Visits with Esther 2:30 Hydrate, Snack & Relax	<b>3</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:30 Hydrate, Snack & Relax	<b>4</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:30 Hydrate, Snack & Relax	<b>5</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:30 Hydrate, Snack & Relax
<b>6</b> 9:45 News & Memories 10:30 FFC Church 1:30 Walks & Talks 3:00 Hydrate, Snack, Relax	<b>7</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:00 Visits with Esther 2:30 Hydrate, Snack & Relax	<b>8</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:30 Hydrate, Snack & Relax	<b>9</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:00 Visits with Esther 2:30 Hydrate, Snack & Relax	<b>10</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:30 Hydrate, Snack & Relax	<b>11</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Chapel with Sandra 1:30 Music & Massage 2:30 Hydrate, Snack & Relax 6:30 CR Mark Snow: Entertainment	<b>12</b> 9:45 News, Weather & Organize 10:15 Be Fit Exercise 10:30 Personal Visits/Sm Group 11:00 Game Time 1:30 Music & Massage 2:30 Hydrate, Snack & Relax
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