



March 2018

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# Bethany Home Today

*Love is in the air*



Above: Smoky Valley Madrigals serenaded residents and staff during lunch on Valentine's Day.

Right: Families and residents exchanged valentine greetings and shared the love!



Ruth Trued at the Assisted Living had a special serenade by the SVHS Madrigals for her 90<sup>th</sup> birthday on Valentine's Day!

The Madrigals also provided special music for Maxine Peter earlier the same week and for AL cook, Brad Fleming, who received a "singing Valentine" from his wife on Valentine's Day.

## Thursday, March 15

### FREE-WILL DONATION



11:00 am - 1:00 pm

**Bethany Home Activity Center**  
Sloppy Joes, chips, drink & homemade dessert

Checks should be made payable to GSCF with Bethany Home on the memo line

All proceeds and donations will be added to the Bethany Home Endowment Fund with the Greater Salina Community Foundation in conjunction with the Match Madness event.

Contact Jennifer Cantrell for more information at 785-227-2334 ext. 142

Or email [marketing@bethanyhome.com](mailto:marketing@bethanyhome.com)



# Bethany Home *Assisted Living*



Special "Thanks!" to staff members Jason Johnson and Deb McGaughey for modeling the new equipment!



## The Lindsborg Community Library

The Lindsborg Community Library is now visiting Bethany Home Assisted Living every Friday to bring requested reading material for residents.

The library offers not only books and magazines, but audio books, CD's, DVD's and large print materials as well.

Residents may put in request slips for specific titles, genres, authors, etc. and the library will deliver. Returns are made just as easily.

We are so excited for this service!



Bethany Home Assisted Living is now offering space and equipment for residents to have their hair washed, dried and styled in the "spa" room.

Portable sink equipment and a new hairdryer arrived last week and have been set up for residents' use with staff assistance. Licensed beauticians and/or family members may use the equipment as well.

Bethany Home hopes to have a commitment from a beautician to have regularly scheduled appointments soon.



# TORNADO *Awareness*

We're all looking forward to warmer days, but spring is often accompanied by the threat of severe weather and tornadoes. How well do you know what to do? Test your knowledge with this quick quiz! (Find answers on back page)

1. 'Code Yellow' is used to announce a tornado warning at Bethany Home. T F
2. Staff should help residents move to safety immediately when a warning has been issued. T F
3. It is safe to use the elevator during a tornado warning. T F
4. A tornado watch means severe weather is possible. T F
5. A tornado warning means a tornado has been seen in the area. T F
6. The safest place to be during a tornado warning is the basement or an interior room without windows. T F

## CHAPLAIN PHIL'S BLESSING

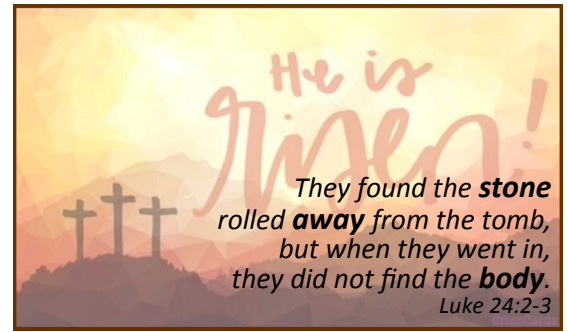
Spring is in the air...almost. This time of year the weather can be challenging. Sometimes it is very nice out. The sun is shining, the birds are chirping. Then almost instantly, the weather changes. We have cold and wind, even snow. It is as if the Kansas weather is taunting us into complacency and then hitting us with reality.

That is often how life is. Sometimes in life the weather is great. The birds are chirping, the sun is shining, and life is going well. Then almost overnight the weather changes. The bad weather of illness, loneliness and despair can hit us and hit us hard. It happens to us all. There are times in all of our lives when those bad days come and life is difficult. Kind of like the weather, we are suddenly faced with the unexpected and the unwanted.

But, the good news of the Gospel message is that even during the rough weather, those times in life when things are not going well, there is a promise. It is the promise of Easter. Spring, with its turbulent weather, also means the arrival of Easter. This year Easter Sunday is on April 1st. On Easter Sunday we are reminded of the Gospel promise which is that Christ rose from the dead to conquer death and to give us life eternal. It is a promise to live into and to give us reason to rejoice. It is a promise to celebrate.

It is also a promise to sustain us during the turbulent weather of life. We are Easter people. To believe in the promise of Easter does not mean our days will always be bright and sunny. It does not mean that life will never have its challenges. What it means is that through it all we have a promise to guide and lead us in life. Whatever the weather may be, Christ is there with us each and every day. In this life and forever.

Amen



# Welcome!

Please join us in welcoming the following residents to the Bethany Home family.

### Bethany Home:

Nina Beals  
Verneda Bowman  
Carla Christians  
Sharon Crouse  
Ray Lagerstrom  
Kay Rickard

### Independent Living:

Ken Dwight &  
Carolyn Swanson

## We're glad you're here!

The Bethany Home Association is vibrant, inclusive community where individuals receive the support needed to thrive and reach the highest level of independence attainable in a compassionate Christian environment. Highly trained, caring professionals provide peace of mind through thoughtful, personalized service and care, embracing innovation, forward thinking stewardship, and market-leading practices.

# March

3/4	Ila Siemers
3/6	Jean Erickson
3/15	Ruth Ostberg
3/17	Mary Mattson
3/26	Bonnie Young
3/26	Lee Schoming
3/28	Maxine Peter
3/29	Dolly Nelson

For each petal on the shamrock,  
This brings a wish your way-  
Good health, good luck and happiness  
For today and every day!

### Happy Birthday!

Celebrating life's journey together in God's love.



**BethanyHome.com**

# Bethany Home POTLUCK

**Palm Sunday, March 25, 2018**

Bethany Home will provide table service and the main entrée of Beef Brisket with buttered rolls and beverages (coffee, tea, water).

Families are asked to bring **two** side dishes or desserts.

Serving begins at 12:00 noon.

Contact Steph Scott for more information!



**RSVP to Kitchen by 3/20/18**  
**785-227-2846**

## UPCOMING *Events*

- |                                  |  |
|----------------------------------|--|
| <b>Sat, March 10</b><br>9:30 am  | <b>Pancake Feed</b><br>Assaria Lutheran Church |
| <b>Sun, March 11</b>             | <b>Daylight Savings</b><br>Set clocks FORWARD  |
| <b>Fri, March 16</b><br>6:00 pm  | <b>Golden Belt Concert</b>                     |
| <b>Fri, March 23</b><br>11:00 am | <b>Dine Out</b><br>Lindsborg Senior Center     |
| 3:00 pm                          | <b>March Birthday Party</b><br>Activity Center |
| <b>Sat, March 24</b><br>3:00 pm  | <b>Mystery Bus Trip</b>                        |

A full calendar of events can be found at  
<http://bethanyhome.com/events-activities>

### TORNADO SAFETY QUIZ ANSWERS:

- 1) TRUE; 2) TRUE; 3) FALSE - A power failure could cause you to get stuck in the elevator;
- 4) TRUE; 5) TRUE; 6) TRUE.