

Notable
Quotable

“Autumn, the
year’s last,
loveliest smile.”

~ William Cullen
Bryant

Joke of the
Month

Q: How do you
mend a broken
pumpkin?



A: At a pumpkin
patch



Happy Birthday

Betty Ink
Dean Balderston
Joyce Synovec
Jane Vonada
Nyona Erickson
John Flemming

Nov. 3rd
Nov. 4th
Nov. 6th
Nov. 6th
Nov. 19th
Nov. 20th



Juke History

The jukebox has been around throughout many musical eras: big band, jazz, country, blues, and rock and roll. November 22, Jukebox Day, commemorates the day the first jukebox was installed in the Palais Royale Saloon, in San Francisco, California, in 1889. The history of the jukebox begins with inventor Louis Glass, who began his career working the telegraph and telephone lines. In 1880, Glass switched

careers to the new technology of the phonograph and invented a machine that would play music from a wax cylinder at the drop of a nickel. When Glass boasted that his 15 machines had raked in over \$4,000 in six months, copycats hurried to replicate his music-playing machine. The word *juke* originated with the juke, or jook, joints of the early 1900s, where rural laborers could congregate to drink, dance, and gamble.



But Is It French?

The concoction of bread dipped in a batter of milk and eggs is commonly called French toast, but was this dish really innovated in France? November 28, French Toast Day, may be the perfect time to find out. Battering and frying bread was common during medieval times as a method of using up stale loaves. The first written mention of this dish, called *pain perdu*, or “lost bread,” comes from the court of Henry V in England. Both Spain and Germany had similar recipes. The term *French toast* first appeared in the dictionary in 1660, but it did not use eggs then. Instead, bread was dipped in wine, sugar, and orange juice. Another story suggests that it was called *German toast* before World War I. After the war, for patriotic reasons, the dish changed its name to *French toast*, although the truth of this tale is unlikely. Also unlikely is the tale of innkeeper Joseph French, who served up the first piece of his French toast to boarders in 1724. Regardless of its origins, diners can find delicious French toast in France, even if it goes by the name *pain perdu*.

Covenant Times

November 2017
Issue

Celebrating
November

Aviation
History Month

Sherlock
Holmes
Weekend
November 3–5

Easy-Bake
Oven Day
November 4

Veterans Day
(U.S.)
November 11

Pickle Day
November 14

Homemade
Bread Day
November 17

International
Men’s Day
November 19

Thanksgiving
Day (U.S.)
November 23

CPL Art Trolley Tour

In September Covenant Place was a participant in the Lenexa Art Council’s Art Trolley Tour. We were one stop on their adventure for the evening. We had several residents showing their works of art. Our residents showed painting, woodworking, quilts and various other works of art. The art lovers had a great time and said not only did they love the works of art but that they loved all of our residents. We look forward to participating in years to come and a big thank you to all of our residents who participated or just came down to support their friends and neighbors.



On the Thanksgiving Menu



Thanksgiving in America means gracing the table with a classic roast turkey with stuffing and gravy, sides of cranberry sauce and sweet potatoes, and, of course, a pumpkin pie for dessert. By the start of November, Canada has already celebrated its own national Thanksgiving with the traditional turkey, stuffing, and gravy, and a spicier pumpkin pie made with nutmeg, cinnamon, cloves, and ginger. While we call these foods the “traditional” dishes of Thanksgiving, were these foods really eaten by the Pilgrims and Wampanoags at the first Thanksgiving in 1621? For many, turkey is synonymous with Thanksgiving. While there is no exact record of the first Thanksgiving menu, one Pilgrim named Edward Winslow did keep a chronicle of the colony’s daily events. He noted that prior to the feast, governor William Bradford sent men on a fowl-hunting mission. This “fowling” group may have hunted for wild turkeys, but it is more likely that they brought back

ducks, geese, and swans. These birds were not stuffed with bread-based stuffing, but with onions, herbs, and nuts. While no definite record of turkey exists, it is known that the Wampanoags arrived at the feast with five deer, which may have been roasted on a spit or cooked into a savory stew. Vegetables were plentiful, especially corn, but it was made into cornmeal, which was then pounded and boiled into a porridge sweetened with molasses. Cranberries were also plentiful, but they were not made into sweet sauces, jellies, or tarts. The Pilgrims had long run out of sugar from their ocean voyage. There were also no potatoes, either sweet or white, at the first Thanksgiving, for potatoes did not yet exist in North America. While pumpkins were native, they were not made into pies, for the Pilgrims had no butter or wheat flour to make piecrust. What is more certain is that shellfish was abundant: mussels, clams, oysters, and lobster were stars of the first Thanksgiving.

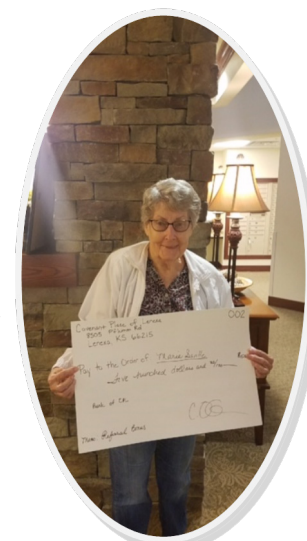
Referral Bonuses!

**We ♥
Referrals**

*Refer a friend
program.*



**Norma Showalter
and Marie Saville
were each
rewarded \$500.00
for referring a
friend to Covenant
Place of Lenexa.
Ask Kathy how you
can earn an easy
\$500!**



Meet Marilyn

Marilyn, a Health Care resident, has been helping out in the activity department for several years now. She is always eager to help and she is very efficient! Marilyn helps out with many things such as delivering the mail, passing out menus, stuffing the newsletters and also passing them out to our Health Care and Assisted Living areas. We appreciate all of her hard work!



*If you are interested in
volunteering in the
activities department
please contact Ashley
in Activities.*

We are in search of missing mugs, plates and cups from the dining room. If you have any of these items in your apartments please return them to one of the dining rooms please.



Chaplain's Chat

Greetings and Peace to you in the Name of Jesus Christ, our Lord and Savior! In this “season of gratitude” I offer a daily prayer of thanksgiving using your hand as a guide:

1. Little finger: Pray for the “little people:” children...grandchildren...also poor & needy ones
2. “Ring” finger: Your spouse...other family members...and dear friends
3. Large finger: For leaders (local, state, national)...for our Covenant Place staff
4. Index finger: For those we point a finger at ...including those with whom we may disagree
5. Thumb: Yourself...your sins...your joys...your sorrows...your needs...your thanksgivings



*This article was written
by Chaplain Jim Miller.*

“Give thanks to the Lord, for He is good. His Love endures forever! –Psalm 136:1

“Let the Peace of Christ rule in your hearts since as members of one body you were called to peace.

And be thankful! And whatever you do, whether in word or deed, do it all in the name of our Lord

Jesus, giving thanks to God the Father through him.” –Colossians 3:15, 17

“Be joyful always; pray continuously; give thanks in all circumstances!” –I Thessalonians 5:16-17