

The Park Bench

A Semi-Annual Publication of Asbury Park Retirement Community, Newton, KS
Spring 2015



Residents, staff and family members enjoyed a day trip at Tanganyika Wildlife Zoo in Goddard this past Fall.



"More than just a retirement community"

Page 2: A Message from the CEO and Board of Trustees Chair

Page 3: Casting Memories

Page 3: 5 Fun Things To Do this Spring

Page 4 & 5 : Why We Serve

Page 6: Memorials & Tributes

Page 6: Nelson Hall Dedication

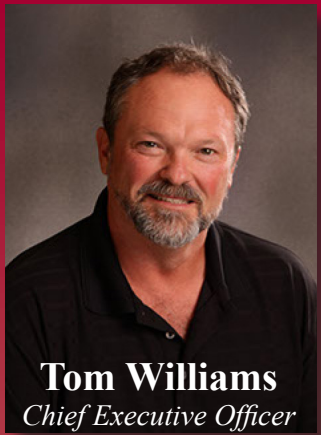
Page 7: Asbury Station

Page 8: Valentines Fundraiser Recap



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(316) 283-4770 • www.asbury-park.org

A Message From the CEO & Board of Trustees Chair



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Chief Executive Officer

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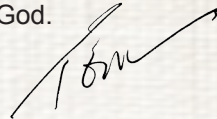
Tom Adrian

Legal Counsel

It is hard to believe we are approaching our first anniversary of our new Assisted Living and Memory Support programs at Asbury Park. Visitors who have not stepped foot on our campus for more than a year cannot believe how we have totally transformed our image. The Memory Support program in our new Assisted Living building is a new program that serves individuals who are experiencing symptoms of dementia requiring a special environment and staff. It has been extremely gratifying watching how our individuals with these symptoms are responding to this program.

We added on our campus two additional Green House Homes, one as a Rapid Recovery Home. The Rapid Recovery home is also a new program which has already experienced a multitude of recoveries the first eight months of operation. The Rehab Green House provides care and therapy that allows many individuals to return into our greater community. We are hearing they are sharing the good news about what is available to assist one back into the community and also the environment of a Green House Home when longer periods of care are required.

The Board of Trustees and the Staff at Asbury Park need to be commended for their faith and courage to undertake such a venture the last 24 months. Together we are seeking ways to better serve God's oldest and youngest children with the resources provided. I feel extremely fortunate to have been a part of this blessing that further glorifies our God.



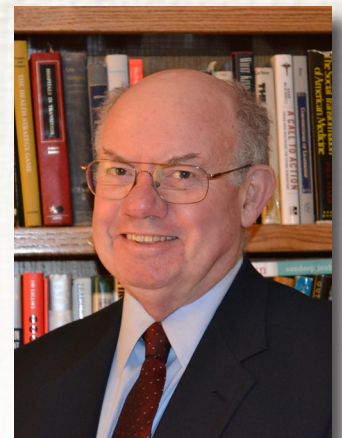
What Do We Do with Dad?

As our country focuses more and more on the aging of our population ("70 is the new 50"), we are seeing more and more interest in long term care. Families all around the country, and certainly here in South Central Kansas, are being challenged with how to care for older family members who are losing the ability to care for themselves. People are living longer, and all too frequently need assistance in daily activities that is beyond the ability of family members to provide.

There is a great interest in long term care facilities- new and fancy long term care facilities seem to be sprouting up everywhere. But, older adults want to live at home, and often do not have the interest or monetary resources to move into an expensive new long term care facility.

Asbury Park is filling a unique niche in meeting the need for care of older adults. First, the staff at Asbury Park is outstanding. Exceptional leadership, committed caring care providers and the best clinical and administrative support staff in the area (Had a meal at Asbury Park lately?) characterize our people. Secondly, the facilities at Asbury Park are simply wonderful. The Green Houses, which provide a true home for those who need extra care and the "cottages" which offer independent living in a caring environment, bookend a full continuum of long term care services. And thirdly, the services at Asbury Park are available for a fraction of the cost of similar services at for profit long term care facilities in our area.

The Board of Asbury Park is privileged and grateful to be associated with such an extraordinary facility. Thank you to the wonderful staff who care so much for our residents!



Ron Stephen, Board Chair

Casting Memories

Along with all of the new building construction at Asbury Park we did some pond construction. On our campus we have always had a small pond. In the past it was very shallow and not really useful for anything but moss and mosquitos. During the construction the pond was drained and then dug out deeper for a better environment for fish. Through this process an Asbury Park elder watched through his window and decided to help with the fish. Mr. Miller donated the funds to stock the pond this fall with small fish and the catfish will be coming later this spring. He looks forward to the day he will see kids fishing from the pond.

The Asbury Station kids have decided to make their donation to the pond, by raising a couple of ducklings in their classroom. When the ducks are older and the weather is warmer, they will turn them loose on the pond. They are so excited about this project, they could not wait to introduce the ducklings to Asbury Park residents and staff.

It is our goal to build an ADA compliant fishing dock so the elders, kids and family members can fish and be safe. The Asbury Park staff is so committed they have already set aside \$500 from the employee giving fund for this project. If you are interested in donating to help move this project along, please contact Shana Smith at Asbury Park at 316-283-4770 ext 1248 or shanas@asbury-park.org.



5 FUN things to do at Asbury Park THIS SPRING!

1 Play an outdoor game. Asbury Park has a number of fun outdoor games the residents enjoy playing when the weather is nice.

Plant a Garden. Residents across the campus have access to different types of gardens. Planters are available outside most of the buildings. Independent Living residents also have fun planting near their homes.

3 Check out a bike. Asbury Park has volunteers who will be renting out bikes for those who wish to ride!

Go Fishing! A resident donated the funds to stock the pond with fish for recreational fishing.

5 Go for a walk. Asbury Park is the perfect place for taking a leisurely or brisk walk while enjoying all the beautiful surroundings on our campus!

Why We Serve



Aaron Walker Board Member

I grew up in Valley Center, KS (just 17 minutes south of Newton) and spent summers with family in Colby (extreme NW) and Johnson (extreme SW) Kansas. My exposure to farm life, along with my parents' roots in rural western Kansas, developed in me a sense of responsibility to my community I am just beginning to recognize and appreciate. Growing up I was exposed to many different groups of people; my mother (Nancy Walker) was a deacon for the United Methodist Church in the former Kansas West Conference and my sister and I spent a lot of time helping out with church activities.

I married my high school sweetheart, Jennifer, while in college and she and I have both sought work in the nonprofit realm where we felt like we were contributing to something greater than ourselves. We have two incredibly active and loving children, Forrest and Cora, and have settled into northwest Wichita where we have access to a supportive friend and family network all around us. When I'm not working or spending time with family, I write movie reviews for Flix66.com, a movie website started by two high school friends.

My first "real job" out of college was working with families involved with the child welfare system at United Methodist Youthville (now EmberHope). My experiences there over eleven-plus years (from direct care to program research, new program development, and ultimately directing new business development) led to where I am now – serving as the Vice President for Strategic Development for the United Methodist Health Ministry Fund in Hutchinson, KS (www.healthfund.org). Our mission is Healthy Kansans through cooperative and strategic philanthropy guided by Christian principles. I feel like I came home.

A few years ago I started talking to my parents about other ways to give back to our community and I was given my first exposure to Asbury Park. My father (Forrest Lynn Walker) served on the Board of Trustees for several years. His passion for the people both who work here and those who live here, as well as for our mission, led me to request an introduction to Tom at a fundraiser two years ago. I was immediately impressed both with Tom's vision and his commitment to quality and asked if I could serve on his Board. After being confirmed last year in June I was happy to join the team just as the new main building was opening. I hope I am always an ambassador for Asbury Park and a good steward for the people we serve and employ.

Asbury Park

Pati Antonio **Asbury Park Staff Member**

I began my career at Asbury Park on September 9, 1991. In my 40 years of nursing, I have spent 39 years fulfilling my passion of caring for elders.

Throughout the day the elders make me smile, laugh, frown and cry. I listen and learn so much from the stories they tell. The Elders feel like family. It is my goal to take care of each one with respect and dignity, just like anyone would want for their parents and grandparents. They come to Asbury Park to live and I want the last years of their life to be very special.

It is also with great joy I teach my staff and continue to learn all that I can. The staff is my rock and they empower me to fulfill my passion.

Pati Antonio is a licensed nurse in our Green House Homes



Pati Antonio hugging two residents, Sarajane Bodecker and Elda Penner

Brad Koehn **Board Member**

My background is in IT. I started at 17 right out of high school working in computer operations for a grain marketing firm, FARMARCO, in Hutchinson. Then in 1983 I accepted a position at Boeing and finished my degree in Computer Science at Wichita State. Throughout my stay at Boeing/Spirit I have held a number of positions but currently manage their global digital phone system. Being somewhat of a professional student I have also studied history, sociology and aging studies at WSU.

In 2010 my aunt, Darlene Koehn from Moundridge, came to live in an Asbury Green House. Her nephews and nieces were her only children. So my cousin and I along with another aunt were in charge of arranging for her care. As we began checking into options, Asbury's Green House's stood alone when it came to the dedicated care and atmosphere they provided. Darlene's illness took her in just over a year after coming to Asbury but our family has always been grateful for the care she received.

Being so grateful to Asbury that when I had a chance to serve on the board I jumped at it. Hopefully I am able make some contributions when it comes to IT related issues. However I have also learned a great deal about the systems required to support a care facility. So I often get more from being on the board than I return. I will always be very appreciative to Asbury and proud to be a part of this organization.

Memorials and Tributes, Wills and Bequests

August 18, 2014 - March 23, 2015

IN MEMORY OF:

Robert Funk

- « Orazem & Scalora Engineering, P.A.
- « Clifford Knauss

Bill Rosing

- « Donald & Sue Swender
- « Karl & Diana Wenzel
- « Yue Zhao

Georgie Schmidt

- « Wilbur & Arlene Besore
- « Rodean Duerksen
- « Brad Ensz
- « JB & Luella Ensz
- « DeLora Funk
- « Homer Goering
- « Elinor Keesling
- « Dane & Melissa Lawrence
- « Marion Regier
- « Leona Totland

Esther Schowalter

- « Bettye Hiebert
- « Gerald & Darlene Redinger
- « Grace Regier

Helen Shifflett

- « Elinor Keesling

Hazel Stiller

- « Richard & Rebecca Beal
- « Dwight Hersh
- « Patrick Keating
- « Elinor Keesling
- « Shirley Nienstedt
- « Jan Vogel
- « Barbara Leftwich
- « Mary Lewis
- « Douglas Lowe
- « Fonda Matsler
- « Willard & Ann Ocker
- « Guy & Nancy Rendoff
- « Mary Neal Risley
- « Michael & Sheila Smith
- « Richard & Robin Tedder

Myrtle Venso

- « Elinor Keesling
- « Evelyn Scheffler

Avenell and Mildred Harms

- « Duane Harms

IN HONOR OF:

Herb Cies

- « G. Peter Kohl

Many times we want to honor those who have made a difference in our lives, but we are just not sure how to do this. Asbury Park can help you find ways to honor friends and loved ones such as Memorials and Tributes through donations sent to Asbury Park.

Personalized bricks are a great way to honor and remember a loved one's time at Asbury Park. We are gearing up to place another order of bricks. Please place orders by May 15, 2015 so they can be installed with the first order in front of the Chapel.

We are still accepting donations for the purchase of a new transportation van for our residents. This van will be used to take numerous residents across the campus to various events including shopping trips, medical appointments, and social events or performances.

Find out how you can MAKE A DIFFERENCE by contacting:

Shana Smith
Vice President of Development
(316) 283-4770 ext. 1248
shanas@asbury-park.org

Nelson Hall Dedication Ceremony

Join us as Asbury Park announces the new name of the Main Health Care facility at our building dedication ceremony!

The ceremony will be held on
Friday, April 24th at 10:00am at the 12th Street Entrance

The History Behind The Name

Reverend Wilmer Nelson moved to Newton with his family in 1962 from Hillsboro and became Friendly Acres first Administrator. His wife Pauline became the first Director of Nursing and together with their children working long hours, usually into the evenings and on weekends, they helped establish what we now know as Asbury Park. They were very hands on and made a point of visiting with future residents, and helping staff in whatever way they could including sacrificing gifts for their children one Christmas to provide gifts for their staff instead. In honor of Reverend Wilmer Nelson, his wife Pauline, and their children, Asbury Park has dedicated the Health Care Building to their work and are pleased to announce it's new name, Nelson Hall.

Asbury Station Child Care

Asbury Station Child Care has been having a fun, and exciting year. In the fall, our Preschool class took a trip to the pumpkin patch. We got to learn about how they grow the pumpkins and enjoy some snacks and activities. We also each got to take home a pumpkin and keep one in the classroom. At the end of the season we buried the old pumpkin in our garden and are now seeing shoots come up. The children are very excited to be growing their own pumpkins. This past winter, we invited Santa to come enjoy breakfast with us. He read us a story and presented stuffed animals to each child. We had a wonderful time with him. The children have enjoyed various activities with the residents also. At Christmas time, the children sang carols to some of the residents. We also have done yoga, puzzles, stories, and songs with the residents. One of the

preschool children's favorite activities was playing with the parachute while the residents threw beanbags into the parachute. Right now, we are raising a couple of ducklings, the children were excited to take them on a visit with the residents to show everyone our new little friends. They will be taking care of them in the classroom until they are big enough and then we hope to relocate them to the pond at Asbury Park so we can enjoy them all the time.



For enrollment information
please contact
Julie Yoder
Asbury Station Child Care Director
(316) 283-4770 ext. 1177
juliey@asbury-park.org



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THANKS Y'ALL



This years Valentines Fundraiser was quite the success raising approximately \$22,000 for a new transportation van.

Attendees enjoyed music preformed by Lauren Thompson and the Big Buckle Band, two-steppin', silent auction, photo-booth and an arrest (factitious of course).

Many residents and staff enjoyed the light and fun atmosphere at the Meridian Center.

We appreciate all the support we have received from our vendors, board of trustees, residents, staff and the community!

