

Sunny Side of Life

April 30, 2018

Sponsoring Churches/Board of Directors

Buhler MB-Mary Ellen Jantz, Charlotte Smith,
Velma Goertzen
Buhler Mennonite-Deanna Siemens
Hoffnungsaue Mennonite-Louis Martens
Bethany Nazarene-Kay Scheel
Crossroads Christian-Mary Frazier
Buhler Methodist-Joe McGowen
At large-Cameron Kaufman, Clem Kilpatrick

Sunshine Meadows Retirement Community - 400 S. Buhler Rd. - Buhler, KS 67522 - 620-543-2251

Reduce Stress This Spring!



We've yet to hear a resident say, "I wish I'd waited longer to make the move." But we've heard many residents say, "I wish I'd done this a lot sooner. My life is so much easier. There's a lot less stress. If I'd only known!"

Sunshine Meadows has several living options to choose from. Now is a great time to look at one and two bedroom Independent Living apartments, Assisted Living, or Nursing!

Encourage your friends, family, and neighbors to choose a nice day to have lunch with us at Sunny's and see what we have to offer.

Staff Birthdays ...

5-5 Mikaela Mayes
5-5 Paul Swenson
5-8 Neil Anibal
5-10 Michelle Cross
5-18 Alayna Weesner
5-18 Judy Metz
5-22 Colton Popkey
5-24 Serena Tiedtke
5-27 Melissa Lehrman
5-27 Taylor Britain

Prayer Walk...

**Buhler Community Prayer Walk for
National Day of Prayer**
When: Thursday, May 3rd
Time: 7pm

Meet: at Sunshine Meadows east parking lot (by Sunny's Cafe entrance)

Sponsored by: Pastors in Partnership -serving the Buhler community. Pastors in Partnership represents local ministers in collaborative faith-in-action to accomplish needs not being addressed in other settings.

—There is a National WEEK of prayer that culminates May 3, in a 7-8 pm Prayer Walk, or chapel prayer time for non-walkers.

Silent Prayer Walk

- 1) Pray for SMRC and those struggling with health, financial and spiritual concerns.
- 2) Pray for churches, our Christian faith, outreach opportunities and missions.
- 3) Pray for our community and families.
- 4) Pray for all schools & our children.
- 5) Pray for emergency responders.
- 6) Pray for businesses, economy, and our country's leadership.
- 7) Pray for our nation and for unity.
- 8) Personal praise and worship to God!



We Welcome...

C. Sumruld
L. Cornelsen
E. Robson
J. Munger
M. & R. Fairchild
E. Carey
S. Trafficanto

We said Goodbye to...

Delores Orem
Loren Mohler
Joan Rodgers
Rochelle Spencer

Resident Birthdays...

5-5 M.Harder
5-8 R.Grabber
5-16 J.Arie
5-18 E.Robson
5-19 S.Trafficanto
5-21 G.Williams
5-21 M.Dick
5-24 E.Doerksen
5-31 I.Crockett

SMRC ~ 620-543-2251

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Keith Pankratz, CEO
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A Café inside SMRC serving...
Breakfast all day
Daily Specials &
Fresh Homemade Desserts

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Tuna Melt w/Chips	2 Beef & Noodles over Potatoes	3 Waffle or Pancake Bar	4 Taco Salad or Tostada	5
6	7 French Dip w/Chips	8 Bacon Wrapped Chili Hot Dog w/Baked Beans	9 Calzones	10 Gyro w/Cucumber Sauce & Greek	11 Chicken Enchilada Dinner	12
13 SUNDAY buffet	14 Chicken Bacon Ranch Sandwich/Wrap	15 Fish or Shrimp Wrap w/Chips	16 Loaded Baked Potato Bar	17 Pulled Pork Sandwich w/Coleslaw	18 Polo Bandito Dinner	19
20	21 Mango Salsa Chicken w/Pasta Salad	22 Egg Roll w/Egg Drop Soup & Fried Rice	23 Grilled Cheese Hamburger w/Hash Browns	24 Chicken Strip Dinner	25 Soft Taco Dinner or Taco Burger	26
27	28 Reuben Sandwich w/Potato Salad	29 BLT Waffle Sliders w/Chips	30 Deli Bar w/Chips	31 BBQ Meatballs w/Scalloped Potatoes		

Sunny's Hours:
OPEN TO THE PUBLIC
7 am-7 pm Monday-Friday
7 am-2 pm Saturday
Closed Sunday
(except 2nd Sunday for Buffet)



Mother's Day Buffet



SUNNY'S Cafe
Sunday Buffet
Inside Sunshine Meadows
400 S. Butler Rd., Butler, KS

May 13th
\$12.95 11-1:30
ask about Sr. Discount

Entree
Chicken Breast Normandy
Old Fashioned Roast Beef
Honey Glazed Ham

Good Stuff
Layered Salad Fresh Fruit Salad Applesauce Jello Pasta Salad
Mashed Potatoes & Gravy Buttered & Parsleyed New Potatoes
Corn O'Brien Farmer Beans Cream Peas Rolls
Lemon Bar Chocolate Gateau Strawberry Pie

NOTES:

Power Strips at Sunshine Meadows Retirement Community:

The use of power strips and multiple plug adapters is increasing in healthcare facilities as residents are using more and more electrical devices. Power strips are designed for use with devices that draw low-powered loads such as computers, audio and video equipment, clocks, lighting, etc. They are not intended for use with high load equipment such as refrigerators, coffee pots, space heaters, microwave ovens, toasters, toaster ovens, fans and shop equipment. Power strips are never to be used with medical equipment such as ventilators, concentrators, tube feeding and IV equipment, suction machines, low-loss air mattresses and like equipment.

CMS (Central Medicare Services) states that for the use of power strips in healthcare occupancies:

- Power strips may be used for a computer, monitor, and printer.
- Power strips are not designed to be used with medical devices in patient care areas.

