

RESIDENT SPOTLIGHT:
Edwin Aley
 RESIDENT SINCE MAY 2013

Edwin Aley was born in Christ Hospital in Topeka, Kansas on April 21, 1928. He grew up on a farm on the Kaw River in North Topeka in a home that had no electricity, no running water or indoor bathroom facilities. He cared for his dog, Zeb, a big Newfoundland dog, lots of cats, chickens, horses (the only power equipment on the farm), cows, and pigs. He also helped raise watermelons, cucumbers, cantaloupes, sweet and regular potatoes, sweet and field corn, tomatoes, etc. He spent many long hours a day behind a team of horses cultivating all those crops.

Edwin attended a two-room grade school, beginning in first grade at the age of 5. In the fifth through eighth grades he had his sister as his teacher and with his Dad on the School Board he didn't get away with anything. At an early age he took

piano lessons and the payment for the lesson was two dozen eggs. When he started high school, he started playing the French Horn. He also played football and basketball, sang in several choral groups and acted in many plays. His first car was a 1925 Chevrolet coupe with a rumble seat.

After high school he enrolled at Washburn College and lived on campus in the men's dormitory. He went to school in the morning and worked a job in the afternoon. When he turned 18 he had to register for the draft. To get his military obligation out of the way and get the GI Bill, after his freshman year he enlisted in the U. S. Marine Corps. After Boot Camp he was assigned to an aircraft carrier which picked up the midshipmen of the Naval Academy and took them on flying exercises in the Caribbean for two weeks. A two-week Goodwill Tour to Scotland, Sweden and England followed the exercises. It was quite an experience for an 18-year-old Kansan who had never been more than 75 miles from home. After his Marine Service he returned to Washburn, enrolled in AFROTC and later received a commission as a 2nd Lieutenant. After going through school Edwin joined the Air force and retired as a Major in 1969 after a total of 20 years military service. Edwin was part of the Honor Flight trip to Washington D.C. in May 2017.

Edwin has many degrees and a great background in education. He got his BA majoring in Math and Education from Washburn University; BS in Meteorology from Penn State, and Master of Communications from Glassboro (now Rowan University). Edwin taught junior high for 20 years in New Jersey before retiring in 1989 and he's been full time living ever since.

Edwin is a proud father of two daughters and a son; Dianne, Amy and Steven. Dianne and Amy currently live in Wichita and Steven lives in Texas.

Edwin is definitely one you could call a world traveler! He's been to all 50 states, Canada, Mexico, 30+ other countries, and 15+ islands. Edwin shared that his favorite place that he's visited is Vancouver, Canada.

Besides traveling, Edwin's hobbies include photography, singing, playing the French horn, computer skills, and telling jokes. His main missions in life: 1. "To leave the world a better place for me having been wherever I've been" and 2. "Help make the best better". When asked what his favorite thing is about KMH Edwin said, "the staff, I just can't believe how wonderful they are!"

Edwin's secret to a happy life,
 "Attitude."



Bell Tower *Talk*

Official Newsletter for KMH

August 2018 Issue # 8

A Newsletter Publication for KMH Residents, Families, and Wichita-area Seniors.



• **OUR MISSION** •
 To provide an active and vibrant community where every person can live life to the fullest.



KMH

Vibrant living. Valued principles.

Many of you have probably noticed that we have had a lot of new faces in our community over the last couple of months. It is so exciting to have new neighbors, but it can be very unnerving for them to move in to a new community with so many different people, activities, and amenities. Although the Marketing team does an excellent job of going over much of the information before a new resident moves in and staff provide answers to their and questions, I am certain there are many areas that potentially may not have been addressed or thought about. Being the new person on the block can be very difficult and scary when you move in and don't know anyone, but all the current residents and staff can make it a smoother transition by being a good neighbor. Although our Resident Ambassadors do an amazing job in assisting new residents in becoming familiar with KMH, here are a few ideas to assist you in rolling out the welcome wagon!

- Introduce yourself. Once your new neighbor has had a chance to move in, find an opportunity to introduce yourself. If you are unsure of what to say, you might ask them about their children, pets or where they moved from. Often you may find that you may have several things in common.
- Invite them to sit at your table and eat with you or have coffee. Let them ask you questions about what you think is important to know about the community, like your favorite activities, how to get maintenance done, or when shopping trips are.
- Give a greeting and a smile. A smile and hello can go a long way in making a person feel welcome. It doesn't take a lot of effort to smile and say hello to new residents and their family, but it can make a huge difference in a person feeling better in their new surroundings. A friendly face is always a welcome site!
- Respect their privacy. Although it should go without saying, some people are not always comfortable sharing personal information when they just meet someone new and it's not unusual to want to know about your new neighbor. However, we should all be respectful of each other's privacy and allow the new resident to share what they are comfortable sharing, when they decide to share it. Gossip and speculation about a person can create a lot of misinformation and create distance and distrust.

KMH is an outstanding community with excellent staff and wonderful residents. I am certain that all of us can be participants in providing a welcoming and warm community for our new neighbors because of the wonderful people that already live and work here. I appreciate all of you taking the time and effort to get to know the people behind the new faces and helping them adjust to this new and sometimes scary event in their lives.



Janice Powers,
 Director of Assisted and Independent Living

Celebrating Birthdays

- Sally Rohe, 4th
- Jack Steele, 12th
- Nancy Farha, 15th
- Wilda Cook, 19th
- Jean Campbell, 20th
- Betty Blair, 21st

Welcome New Residents

Take a moment to drop by and say hello to your newest neighbors!

- Annabelle Brown, Manor
- Joyce James, Manor
- Loretta Newland, Manor
- Roger Cutting, Towers
- Wilda Cook, Manor
- Dwayne Sink, Manor
- Hazel Lundeen, Manor

Celebrating August

- Sunflower Month
- Pineapple Month
- Napping Month
- Flip-Flops Month
- **Watermelon Day**
August 3
- **Coast Guard Day**
August 4
- **Book Lovers Day**
August 9
- **National Relaxation Day**
August 15
- **Lemonade's Birthday**
August 20
- **College Colors Day**
August 28

In Memoriam...

- Duane Eads

“When you can't find the sunshine, be the sunshine.”

Celebrating Employee Anniversaries

- Noah Dillon (Custodian) 24 yrs
- Jessica Schroeder (Activities) 3 yrs
- Belinda Vogt (Towers Server) 1 yr



In addition to raising money for KMH, another part of my job is to be a liaison for the Masonic community. I assist with scheduling meetings and activities for many Masonic groups that meet here regularly or want to have a special meeting or event at KMH. Currently about 60 percent of our residents have a Masonic affiliation.



Over the centuries, Freemasonry has developed into a worldwide fraternity emphasizing personal study, self-improvement, and social betterment via individual involvement and philanthropy. During the late 1700s it was one of the organizations most responsible for spreading the ideals of the Enlightenment: the dignity of man and the liberty of the individual, the right of all persons to worship as they choose, the formation of democratic governments, and the importance of public education. Masons supported the first public schools in both Europe and America.

During the 1800s and early 1900s, Freemasonry grew dramatically. At that time, the government had provided no social “safety net”. The Masonic tradition of founding orphanages, homes for widows, and homes for the aged provided the only security many people knew. This was how the Kansas Masonic Home was established.

Today in North America, the Masonic Fraternity continues this tradition by giving almost \$1.5 million each day to causes that range from operating children’s hospitals, providing treatment for childhood language disorders, treating eye diseases, funding medical research, contributing to local community service, and providing care to Masons and their families at Masonic Homes. The four million Masons worldwide continue to help men and women face the problems of the 21st century by building bridges of brotherhood and instilling in the hearts of men ideals for a better tomorrow.



KMH Staff Contact Information

Janice Powers-Director	269-7504
Lori Clark-Concierge	269-7623
Jon Graber-Weekend Concierge	269-7623
Anne Edmiston-Life Enhancement Director	269-7585
Jessica Schroeder-Life Enhancement Specialist	269-7658
Toji Jones-Life Enhancement Specialist	269-7508
Chaplain Connie	269-7568
Hervey Wright- Director of Development	269-7513
Caitlin Kozak- Marketing	269-7777
Dining Services	269-7653
Towers Nurse	269-7667
David Shuman- Building Services	269-7656
Beauty Shop	269-7621
Physical Therapy	269-7596
Becca Hornecker- Resident Statement Billing	269-7514

Outings:

Thursday, August 2nd
Movie: Equalizer 2
11:30 am

Friday, August 3rd
Library
10:00 am

Thursday, August 16th
Casino
11:30 am

Friday, August 17th
Movie: Alpha
Time TBD

Wednesday, August 29th
Lunch: El Mexico Cafe
11:00 am

There's no end to the benefits of donating blood for those who need it. According to the American Red Cross, one donation can save as many as three lives, and someone in the United States needs blood every two seconds!

Towers resident, Bob Harvey has been donating for over 45 years and in July, he convinced me to go with him to donate blood for my first time! When we arrived at the Red Cross we signed in (you must register ahead of time) and waited our turn to be taken back to go over our health history. The health history interview is private and confidential and goes over your health history, places you've traveled, any prescriptions/over the counter medications that may be in your system. Then they check your vitals and hemoglobin level.

After the questions and paperwork are done it's time to go back and start the blood donation. A whole blood donation takes about 8-10 minutes (it took 5 for me), during which you'll be seated comfortably or lying down. When approximately a pint of whole blood has been collected, the donation is complete, and a staff member will place a bandage on your arm and you're free to get up and make your way to the canteen for snacks and refreshments. The staff were all very friendly and attentive through the entire process.

The nation is facing a severe mid-summer blood shortage, and the American Red Cross is searching for donors of all blood types. They're even offering an Amazon gift card to anyone who donates blood or platelets from July 30 to Aug. 30 to encourage the life-saving donations. It takes less than an hour to donate and help save some lives, so what are you waiting on?



AUGUST MOVIES

Located in the Auditorium at 2:30 pm

Thursday August 2nd: Nights in Rodanthe (PG-13)

Saturday August 4th: The Guardian (PG-13)

Sunday August 5th: Pillow Talk (NR)

Thursday August 9th: Mountain Top (NR)

Saturday August 11th: Lonesome Dove (TV-14)

Sunday August 12th: Ms. Matched (TV-G)

Thursday August 16th: Lover Come Back (NR)

Saturday August 18th: Lonesome Dove (TV-14)

Sunday August 19th: The Thrill of It All (NR) (Media Center)

Thursday August 23rd: Southside with You (PG-13)

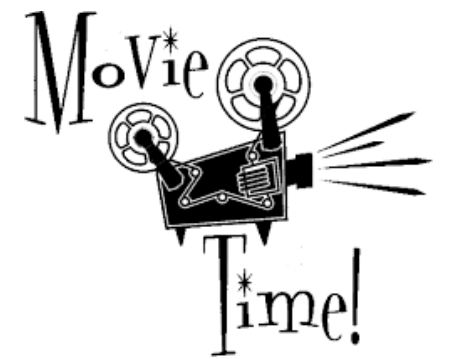
Saturday August 25th: Lonesome Dove (TV-14)

Sunday August 26th: Easy Virtue (PG-13)

Thursday August 30th: Send Me No Flowers (NR)

****Please see insert with movie descriptions and ratings****

(Movies are subject to change based on availability)



Find this newsletter online at:

www.KMH.org

Dining Forum

Tuesday, August 14th

10:00 am in the Manor Media Center

This month's main discussion will be about napkins.



Goodbye July... ALOHA August!

August and the "Dog Days" of Summer are here! SOOOOOOOO hot! Chapel is being kept cool to combat the heat. When it's too cool in the Chapel I bring out the lap robes and shawls! Be sure to ask me if you need one Sundays in Chapel. We had "Make a Joyful Noise" with all music Sunday July 29th and our Weekend Concierge, Jon, played "Amazing Grace" for us on his bass violin! Sharon Coy, a resident of Victorian Household, sang "Tell me The Story of Jesus." It was a wonderful Sunday experience! James Green, Manor resident, shared with us how fortunate we all are to live in the USA where we have such plentiful food. He said, "In some countries, there may be money, but food is scarce." I commented, "Yes, but even here, in Sedgwick County, some of our kids go home with backpacks of food for the weekends when school is going, and there is also a Summer Food Service program here. I helped to get that started nearly 20 years ago. Please pray for our hungry people. In scripture, we are told, "Then the righteous will answer him, saying, 'Lord, when did we see you hungry and feed you or thirsty and give you drink? And when did we see you a stranger and welcome you or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.' Matthew 25:37-40 ESV And Jesus' four words which we all must remember and live by, "...Love ye one another..." John 13:34 are easily some of His greatest. This month, in Chapel Father York offers Mass and Communion on Friday, the 10th. Then, Saturday the 11th, I lead our semi-annual Memorial for our KMH family who have gone to be with God. Both at 10:00 am in Chapel.

Prayers & Blessings...
Chaplain Connie



August is Cataract Awareness Month

A cataract is a progressive, painless clouding of the natural, internal lens of the eye. Cataracts conceal light, making it difficult to see clearly. Cataracts can cause blindness over an extended period of time.

Signs of Cataracts:

- Vision that is cloudy, foggy, blurry, or filmy
- Progressive nearsightedness in older people often called "second sight" because even though their distance vision is deteriorating, they may no longer need reading glasses.
- Changes in the way you see color because the discolored lens acts as a filter.
- Problems driving at night such as glare from oncoming headlights.
- Problems with glare during the day.
- Double vision while looking through the eye with a cataract.
- Sudden changes in glasses prescription.

Diagnosis is made through an eye exam. Your eyes may also be dilated so the doctor can visualize the back of your eyes.

Treatment is by the use of eyeglasses or surgery. Your physician will tell you what the best treatment for you is.

Prevention is difficult because it is uncertain what causes cataracts, so it's important for people over the age of 50 to have an annual eye exam. If you have a history of eye problems, then you may need to see your doctor more frequently.

Chili Dog Sale

Friday August 17th

10:30am-12:00pm



Plain Hot Dog \$1.00

Chili Cheese Dog \$2.00

Bowl of Chili \$3.00

All proceeds will go towards the Alzheimer's Association.

Wellness Talk
Sciatica
Issues

Wednesday,
August 1st
2:00 pm
Auditorium

Make a Joyful Noise Chapel Service



Vic Evans and Cliff Hall were a huge help in leading songs.

Our weekend concierge, Jon Graber did an excellent solo performance on his bass violin.



Pavilion resident, Sharon Coy sang a beautiful solo of "Tell Me the Story of Jesus".



"Don't treat animals as animals. Treat them as living beings. That's what they are."

If you walk the halls at KMH you're more than likely to come across a dog, whether it's a residents' or a staffs'. Pets at KMH add so much to the lives of their owners, as well as those they meet along the way.

On the last Friday of every month, we have our birthday brunch to celebrate resident and staff birthdays for that month. Residents families and friends are always welcome to join us and enjoy the complimentary buffet and cake!





WHERE IN KMH IS THIS?

KMH Mystery Photo Contest

See if you can find where this architectural element is located. Give your guess to Lori Clark-Towers Concierge and all correct entries will be entered in a drawing at the end of the month for a small prize. Good Luck!

Last month's winners were Dolores Brunk and Rose Penner and the location was on the bookshelf on Towers first floor.

KMH is hosting a Back-to-School Supply Drive for students at Franklin Elementary



Items or money donations can be made until the end of August and given to Lori at the concierge desk or dropped off in the Pavilion Commons.



Join us as we walk through three of the Most Important Issues in Aging Featuring:

Lisa Vellekamp – Senior Living & Care Options
Wednesday, August 8th at 3:00pm

Michael L McCafferty – Legal Affairs
Wednesday, August 29th at 3:00pm

Kirsten Awe – Goodbye Stuff...Hello Freedom!
Wednesday, September 19th at 3:00pm

Ms. Matched (2016, TV-G) *Alex PenaVega, Shawn Roberts*. A successful wedding planner is trying to make dreams come true for brides by organizing fairytale weddings. But when she is paired with a financial advisor at a wedding expo, she soon realizes that he is giving the exact opposite advice to their audience by telling them to save their money. When they are forced to spend a lot of time together, they found out that they have more in common than they think.

Lover Come Back (1961, NR) *Doris Day, Rock Hudson, Tony Randall*. A series of misunderstandings leaves an advertising executive with a campaign for a product which has not yet been invented, while he romances his rival in the guise of its inventor.

The Thrill of It All (1963, NR) *Doris Day, James Garner, Arlene Francis*. A housewife's sudden rise to fame as a soap spokesperson leads to chaos in her home life.

Southside With You (2016, PG-13) *Tika Sumpter, Parker Sawyers, Vanessa Bell Calloway*. This film chronicles the summer 1989 afternoon when the future President of the United States, Barack Obama, wooed his future First Lady, Michelle Obama, on a first date across Chicago's South Side.

Easy Virtue (2008, PG-13) *Jessica Biel, Ben Barnes, Kristin Scott Thomas*. A young Englishman marries a glamorous American. When he brings her home to meet the parents, she arrives like a blast from the future-blowing their entrenched British stuffiness out the window.

Send Me No Flowers (1964, NR) *Rock Hudson, Doris Day, Tony Randall*. A hypochondriac believes he is dying and makes plans for his wife which she discovers and misunderstands.

August Movies

See schedule of movies in movie section and on the activity calendar.

Nights in Rodanthe (2008, PG-13) *Diane Lane, Richard Gere*. A surgeon trying to make sense of his life stays in a remote inn managed by a woman trying to do the same thing. When a storm forces them to lean on each other for strength, they find more than comfort in each other.

The Guardian (2006, PG-13) *Kevin Costner, Ashton Kutcher*. A high school swim champion with a troubled past enrolls in the U.S. Coast Guard's "A" School, where legendary rescue swimmer Ben Randall teaches him some hard lessons about loss, love and self-sacrifice.

Pillow Talk (1959, NR) *Doris Day, Rock Hudson, Tony Randall*. A man and a woman who share a party line cannot stand each other, but he has fun romancing her with his voice disguised.

Mountain Top (2017, TV-PG) *Barry Corbin, Valerie Azlynn*. A lawyer-turned-preacher living in a small Appalachian town is pursued by an eccentric man to represent him in court. Now involved in a case that ties into his own small-town life, the former attorney agrees to help the man.

Lonesome Dove (1989, TV-14) *Robert Duvall, Tommy Lee Jones, Danny Glover*. Two former Texas Rangers renew their spirit of adventure as they and several other residents of a small Texas town join a cattle drive to the Montana Territory. ***This is a TV miniseries that is 6.5 hours long, so it'll be shown over 3 weekends.***

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2018

			<p>9:30 Water Aerobics with Anne 1 10:00 Towne Hall 12:45 Bible Study with Chaplain 1:30 Ball Exercise with Anne 2:00 Wellness Talk: Sciatica Issues 2:30 Happy Hour/Dollar Store 3:30 Color Me Calm 6:30 Scrabble</p>	<p>9:00 Word Game with Jessica 2 9:30 Bible Study 9:30 Coffee & Current Events with Anne 10:00 Red Skelton 11:00 Exercise with Anne 11:30 Movie Outing: Equalizer 2 12:45 Bible Trivia 1:10 Water Aerobics with Angie 2:30 Movie: Nights in Rodanthe (PG-13) 6:00 Bridge</p>	<p>9:30 Walking Group 3 10:00 Inspiration with Chaplain 10:00 Library Outing 11:00 Music & Faith Talk with Connie 11:00 Resident & Staff Cookout 1:30 Fitness DVD 2:30 Village Store Bingo (\$0.50 to play) 3:40 Crocheting with Dolores</p>	<p>9:30 Reminiscence 4 1:30 Bingo 1:30 Lounge Around: Left, Center, Right with Lillian 2:30 Puzzle Time 2:30 Movie: The Guardian (PG-13) 6:00 Bridge 7:00 Movie</p>
<p>10:00 Chapel Service 5 1:30 Bingo 2:30 Movie: Pillow Talk (NR) 2:30 Snacks and Conversation 7:00 Movie</p>	<p>9:30 Arm Chair Travel 6 9:30 Water Aerobics with Anne 9:45 Bible Study in the Pavilion 11:00 Exercise with Anne 1:00 Meditation Walk with Chaplain 1:30 Muscle up with Anne 2:15 Bingo with Anne 2:30 Lounge Around: I've Got It with Lillian</p>	<p>9:30 Walmart Shopping Trip 7 10:00 The Andy Griffith Show 12:45 Faith TV 1:10 Water Aerobics with Angie 1:30 Muscle up with Anne 1:30 Bingo with Jessica 2:30 Lounge Around: Bingo with Hervey 3:30 Game Time</p>	<p>9:30 Water Aerobics with Anne 8 10:00 Resident Council 12:45 Bible Study with Chaplain 1:30 Ball Exercise with Anne 2:15 Happy Hour/Dollar Store 2:30 Music by Larry & Sharon 3:30 Color Me Calm 6:30 Scrabble</p>	<p>9:00 Word Game with Jessica 9 9:30 Bible Study 9:30 Coffee & Current Events with Anne 10:00 Red Skelton 11:00 Exercise with Anne 12:30 Blood Pressure Checks with Anne 12:45 Bible Trivia 1:10 Water Aerobics with Angie 1:30 Muscle up with Anne 2:30 Movie: Mountain Top (NR) 6:00 Bridge</p>	<p>9:00 Word Game 10 10:00 Catholic Mass 11:00 Music & Faith Talk with Connie 1:00 Bingo with Jessica 1:30 Fitness DVD 2:30 Village Store Bingo (\$0.50 to play)</p>	<p>9:30 Reminiscence 11 10:00 Resident Memorial 1:30 Bingo 1:30 Lounge Around: Left, Center, Right with Lillian 2:30 Puzzle Time 2:30 Movie: Lonesome Dove (TV-14) 6:00 Bridge 7:00 Movie</p>
<p>10:00 Chapel Service 12 1:30 Bingo 2:30 Movie: Ms. Matched (TV-G) 2:30 Snacks and Conversation 7:00 Movie</p>	<p>9:30 Arm Chair Travel 13 9:30 Water Aerobics with Anne 9:45 Bible Study in the Pavilion 11:00 Exercise with Anne 1:00 Meditation Walk with Chaplain 1:30 Muscle up with Anne 1:30 Bingo with Jessica 2:00 Gospel Quartet 2:30 Lounge Around: I've Got It with Lillian</p>	<p>9:30 Dillons Shopping Trip 14 10:00 Dining Forum 12:45 Faith TV 1:10 Water Aerobics with Angie 1:30 Muscle up with Anne 1:30 Bingo with Jessica 2:30 Lounge Around: Bingo with Hervey 2:30 Men's Group 3:30 Game Time</p>	<p>9:30 Water Aerobics with Anne 15 12:45 Bible Study with Chaplain 1:00 Dollar Tree Shopping Trip 1:30 Ball Exercise with Anne 2:30 Happy Hour/Dollar Store 3:30 Color Me Calm 6:30 Scrabble</p>	<p>9:00 Word Game with Jessica 16 9:30 Bible Study 9:30 Coffee & Current Events with Anne 10:15 Audiologist-Dr. Zafar 11:00 Exercise with Anne 11:30 Casino Outing 12:45 Bible Trivia 1:10 Water Aerobics with Angie 2:00 Hot Wheels Club 2:30 Movie: Lover Come Back (NR) 6:00 Bridge</p>	<p>9:30 Walking Group 17 10:00 Inspiration with Chaplain 10:30-12:00 Chili Dog Sale 11:00 Music & Faith Talk with Connie (Time TBD) Movie Outing: Alpha 1:30 Fitness DVD 2:30 Village Store Bingo (\$0.50 to play) 3:40 Crocheting with Dolores</p>	<p>9:30 Reminiscence 18 1:30 Bingo 1:30 Lounge Around: Left, Center, Right with Lillian 2:30 Puzzle Time 2:30 Movie: Lonesome Dove (TV-14) 6:00 Bridge 7:00 Movie</p>
<p>10:00 Chapel Service 19 1:30 Bingo 2:30 Movie: The Thrill of It All (NR) (Media Center) 2:30 Snacks and Conversation 7:00 Movie</p>	<p>9:30 Arm Chair Travel 20 9:30 Water Aerobics with Anne 9:45 Bible Study in the Pavilion 11:00 Exercise with Anne 1:00 Meditation Walk with Chaplain 1:30 Muscle up with Anne 2:15 Bingo with Anne 2:30 Lounge Around: I've Got It with Lillian</p>	<p>9:30 Walmart Shopping Trip 21 10:00 The Andy Griffith Show 12:45 Faith TV 1:10 Water Aerobics with Angie 1:30 Muscle up with Anne 1:30 Bingo with Jessica 2:30 Lounge Around: Bingo with Hervey 3:30 Game Time</p>	<p>9:30 Water Aerobics with Anne 22 12:45 Bible Study with Chaplain 1:30 Ball Exercise with Anne 2:15 Happy Hour/Dollar Store 2:30 Music by Mike & Michelle 3:30 Color Me Calm 6:30 Scrabble</p>	<p>9:00 Word Game with Jessica 23 9:30 Bible Study 9:30 Coffee & Current Events with Anne 10:00 Red Skelton 11:00 Exercise with Anne 12:30 Blood Pressure Checks with Anne 12:45 Bible Trivia 1:10 Water Aerobics with Angie 1:30 Muscle up with Anne 2:30 Movie: Southside With You (PG-13) 6:00 Bridge</p>	<p>9:00 Word Game 24 10:00 Inspiration with Chaplain 11:00 Music & Faith Talk with Connie 1:00 Bingo with Jessica 1:30 Fitness DVD 2:30 Village Store Bingo (\$0.50 to play)</p>	<p>9:30 Reminiscence 25 1:30 Bingo 1:30 Lounge Around: Left, Center, Right with Lillian 2:30 Puzzle Time 2:30 Movie: Lonesome Dove (TV-14) 6:00 Bridge 7:00 Movie</p>
<p>10:00 Chapel Service 26 1:30 Bingo 2:30 Movie: Easy Virtue (PG-13) 2:30 Snacks and Conversation 7:00 Movie</p>	<p>9:30 Arm Chair Travel 27 9:30 Water Aerobics with Anne 9:45 Bible Study in the Pavilion 11:00 Exercise with Anne 1:00 Meditation Walk with Chaplain 1:30 Muscle up with Anne 1:30 Bingo with Jessica 2:30 Lounge Around: I've Got It with Lillian</p>	<p>9:30 Dillons Shopping Trip 28 10:00 The Andy Griffith Show 12:45 Faith TV 1:10 Water Aerobics with Angie 1:30 Muscle up with Anne 1:30 Bingo with Jessica 2:30 Lounge Around: Bingo with Hervey 2:30 Men's Group 3:30 Game Time</p>	<p>9:30 Water Aerobics with Anne 29 11:00 Lunch Outing: El Mexico Cafe 12:45 Bible Study with Chaplain 1:30 Ball Exercise with Anne 2:15 Happy Hour/Dollar Store 2:30 Music by Larry & Sharon 6:30 Scrabble</p>	<p>9:30 Bible Study 30 9:30 Coffee & Current Events with Anne 10:00 Red Skelton 11:00 Exercise with Anne 12:30 Blood Pressure Checks with Anne 12:45 Bible Trivia 1:10 Water Aerobics with Angie 1:30 Muscle up with Anne 2:30 Movie: Send Me No Flowers (NR) 6:00 Bridge</p>	<p>10:00 Birthday Brunch 31 11:00 Music & Faith Talk with Connie 1:30 Fitness DVD 2:30 Village Store Bingo (\$0.50 to play) 3:30 Tie Blankets</p>	