

RESIDENT SPOTLIGHT:
Jean Campbell
 RESIDENT SINCE JULY 2016

Jean Campbell was born on August 20th in Springfield, Missouri. She grew up as an only child and lived with her parents and grandparents. Jean attended the First & Calvary Presbyterian Christian Church every Sunday and met her future husband there. Sidney waved at a nineteen-year-old Jean one of those Sunday's while she was with her grandma. Jean told her grandma, "Nanny I need you to stay home next week so I can meet him". The next week Jean was dropped off at church alone and got her chance with Sidney. She knew that Sidney was late every week so as he was walking towards the front of the church she dropped her bible, so she could see if he was close. A few weeks later Jean and Sidney were married in her parent's house and moved to Dallas, Texas for Sidney's job. Jean worked for the telephone company, so she could easily transfer when needed and Sidney repaired typewriters and adding machines. They lived in Dallas for two years before moving to Kansas City for 8 years. An interesting life event that Jean experienced while living in KC was having her husband teach her how to drive while in her mid-twenties. He picked her up from work one evening, slid over to the passenger side and said, "you're learning how to drive us home tonight". After Kansas City they moved back to Springfield where they bought the Springfield Office Machines business. Jean and Sidney adopted a baby boy they named Daniel, who passed away in his early adult years. Jean and Sidney were married for 63 years before he passed away from a long-lasting illness. After Sidney's death Jean's second cousin Jan, moved her from Springfield to Wichita to move into KMH. Jan chose KMH because her mother (Jean's cousin, Francis Lauer) was a resident here and they wanted to live together again. Sadly, Francis passed away two months before Jean moved in. Jan lives in Wichita and comes to visit Jean quite often, which Jean is very grateful for.



Jean is a woman of many talents and hobbies. She started taking roller skating lessons in high school and continued to skate competitively well through her fifties. She also took dance lessons later in life and did performances at multiple locations, including many nursing homes. Jean taught herself how to paint and all the artwork hanging in her apartment is her own work. She enjoys going to the pool to exercise with Anne and other residents at the KMH swimming pool. Jean has an organ in her apartment that she used to play regularly, and still plays every now and then.



When asked what her favorite thing about KMH is, Jean said, "I like that I have my own apartment but can still go out in the other areas to interact with people. It's also nice that we have doctors here that come to us if we need them, instead of having to leave the building for a visit".

Jean's secret to a happy life,
 "do for others before you do for yourself".

Bell Tower *Talk*

Official Newsletter for KMH

December 2018 Issue # 12

A Newsletter Publication for KMH Residents, Families, and Wichita-area Seniors.



• **OUR MISSION** •
 To provide an active and vibrant community where every person can live life to the fullest.



KMH

Vibrant living. Valued principles.

Christmas is such a special time of the year and one of my favorite parts of Christmas is the music. The Twelve Days of Christmas is a fun song to sing during the holiday season, but have you ever wondered what it meant? I was curious, so I did some research to find out.

The Twelve Days of Christmas starts on Christmas day and ends on the eve of The Epiphany, January 5th. The verses of The Twelve Days of Christmas start with "my true love gave to me," which represents God.

On the first day God gave a partridge in a pear tree. The first day of Christmas is December 25th and the partridge in a pear tree represents Jesus. The second day the gift is two turtledoves. These represent the Old and the New Testaments. The third day is three French hens, which symbolizes faith, hope, and love. The four calling birds are the four Gospels; Mathew, Mark, Luke, and John. Five golden rings are the first five books of the Old Testament, which are also known as the Hebrew Torah or Pentateuch. The six geese a-laying represent the six days of creation. The seven swans a-swimming reference the seven gifts of the Holy Spirit (prophesy, serving, teaching, exhortation, generosity, leading, and mercy/compassion. Romans 12:6 – 8). January 1st is the eighth day and the gift is eight maids a – milking, symbolizing the eight Beatitudes (Matthew 5:3 – 10). Nine ladies dancing are the nine fruits of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Galatians 5:22 – 23). The ten lords a-leaping are the Ten Commandments. Eleven pipers piping represent the eleven faithful Apostles. The final day is twelve drummers drumming, which symbolize the twelve points of the Apostles Creed. The Twelve Days of Christmas was written in the 1700's; a time of severe religious persecution, as a catechism song. This was sung so that people could honor the many gifts of God without fear of persecution or arrest. So, when you sing this song remember the meaning behind it and how fortunate we are to live in a place and time that we can worship and demonstrate our faith without fear of persecution. Merry Christmas and may you have a blessed time with family and friends.



Janice Powers
 Director of Assisted and Independent Living

Celebrating Birthdays

- Paul Miles, 9th
- Pat Adams, 11th
- Joleen Tapp, 14th
- Ann Brandis, 19th
- Susan Pershing, 19th
- Laetta Hudson, 28th
- Lillian Urquhart, 28th
- Francine Hargadine, 29th
- Dolores Brunk, 31st
- Mary Phalen, 31st

Welcome New Residents

Take a moment to drop by and say hello to your newest neighbors!

- Charles & Wanda Cornwell, Towers
- Phoebe Warren, Manor
- Barbara Crawford, Towers

Celebrating December

- Crossword Puzzle Month
- Candy Cane Month
- Caroling Month
- Read a New Book Month
- **Cookie Day**
December 4
- **Pearl Harbor Day**
December 7
- **Hanukkah**
December 2-10
- **First Day of Winter**
December 21
- **Christmas Day**
December 25
- **New Year's Eve**
December 31

In Memoriam...

- Roger Cutting

“Attract what you are, not what you want. If you want great, then be great.”

Celebrating Employee Anniversaries

- Anne Edmiston (Wellness) 10 yrs
- Cathy Hagar (CMA) 9 yrs
- Lori Clark (Concierge) 6 yrs
- Cassandra Holland (Dining Services) 1 yr



Christmas Memories from staff. Please enjoy.



Lori Clark-Concierge: My favorite Christmas memory was when my family moved to Georgia in 1994 & we cooked & made our first Christmas Dinner together & ate it on my Great-Grandmothers China in our new home. Good family times together!

Caitlin Kozak-Marketing Director: My most memorable Christmas was the first time that we stayed at my Grandparents house on Christmas Eve. I woke up to my first white Christmas morning and there were even carrot bits in the front yard from where the reindeer had eaten a snack before going to the next house! It was magical!

Matthew Bogner-CEO: My favorite Christmas memory was when I received a power wheels ride-on car when I was around 5 years old. It was blue, and I rode it all around the basement. The next summer I rode it all around our yard.

Rebecca Hornecker- Accounting: When I was in 3rd grade we had recently moved to Kansas from New Hampshire and did not have a Christmas tree yet, so my dad went out and got one for us. It was more like a twig, a pretty big twig and already dead but we had fun decorating it and put so many decorations on it, popcorn strings (which my sister and I ate most of in the process) paper cups we decorated, plates with pictures, and anything we could find on it, so you could barely tell it was a twig. To this day we still joke about his “Charlie Brown” Christmas Tree.

Anne Edmiston-Life Enhancement Director: My favorite Christmas memory was when I was 6 years old and I received my first Barbie doll. You’d pull on the ponytail and the hair grew. I was on cloud 9 and still have the doll.

Jessica Schroeder-Life Enhancement: My favorite Christmas memory was when I was 8 years old and received the “heart of the ocean” replica necklace from the movie Titanic. I was obsessed with Titanic (mainly Leonardo DiCaprio) so I was completely shocked when I opened the necklace and matching earrings.

Sharon Shofe-Medical Records: My favorite memory is when I received a pair of white GO-GO Boots when I was 9 years old.

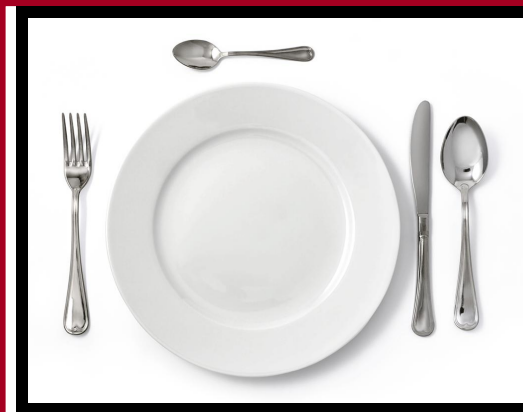
Katy Vickery-Admissions: My favorite memory was in 2001 when my older brother, who was in the Marines, came home to surprise us on Christmas Eve.

Janice Powers-Assisted & Independent Living Director: All my favorite memories of Christmas involve my mother but one Christmas my maternal Grandma and Aunt spent Christmas with us. We weren’t allowed to come down to the living room until they had a least one cup of coffee. The five of us kids sat on the bottom step impatiently waiting for them to finish. After we finished unwrapping everything we played some of the games that we had received with Mom, Grandma, and Aunt Joyce. It was my Grandma’s last Christmas with us and it is one of the best that I can remember.

Hervey Wright-Development Director: When I lived in Topeka, my wife’s boss would dress up as Santa and would come by my parent’s house every Christmas Eve. He would come up the front steps and stomp and shake some large Christmas bells as he shouted Ho Ho Ho!! My nieces and nephews and eventually my son would be in awe of this great man that truly resembled the Santa we all know and love.

KMH Staff Contact Information

Janice Powers-Director	269-7504
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Anne Edmiston-Life Enhancement Director	269-7585
Jessica Schroeder-Life Enhancement Specialist	269-7658
Toji Jones-Life Enhancement Specialist	269-7508
Chaplain Connie	269-7568
Hervey Wright- Director of Development	269-7513
Caitlin Kozak- Marketing	269-7777
Dining Services	269-7653
Towers Nurse	269-7667
David Shuman- Building Services	269-7656
Beauty Shop	269-7621
Physical Therapy	269-7596
Kathy Stacy- Resident Statement Billing	269-7607



Dining Forum
 Tuesday,
 December 11th
 10:00 am
Victorian House
in Pavilion

Resident Christmas Party

Thursday, December 20th

2:00 pm
 Auditorium



Music, Food, Games, Prizes & more!
Don't forget to wear your most festive Christmas sweater and enter our "Ugly Sweater Contest"!!

DECEMBER MOVIES

Located in the Auditorium at 2:30 pm

Saturday December 1st: Christmas in Connecticut
 Sunday December 2nd: A Christmas Story
 Thursday December 6th: How Sarah Got Her Wings
 Saturday December 8th: Pearl Harbor
 Sunday December 9th: Angels in the Snow
 Thursday December 13th: The Family Stone
 Saturday December 15th: White Christmas
 Saturday December 22nd: The Christmas Project
 Sunday December 23rd: Holiday Baggage
 Monday December 24th: The Christmas Chronicles
 Thursday December 27th: The Greatest Showman
 Saturday December 29th: Annie
 Sunday December 30th: Only You
 Monday December 31st: New Year's Eve

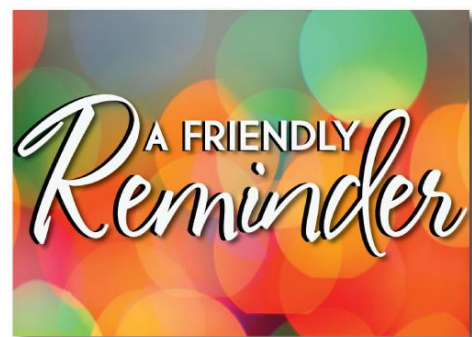


****Please see insert with movie descriptions and ratings****
 (Movies are subject to change based on availability)



Find this newsletter online at:

www.KMH.org



Friday's Village Store Bingo will be at 2:00pm in December

Please pay attention to your activity calendars, especially during the holiday season for any schedule changes/additions!



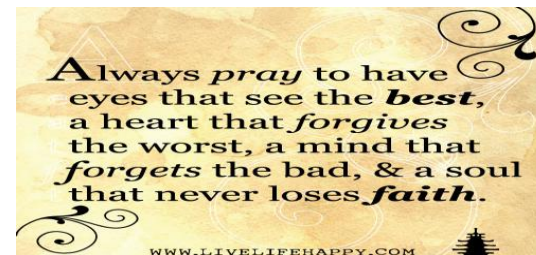
Hello, December! And December-ites!! We have a wonderfully busy and BLESSED, I'm sure, month beginning. Christmas, New Year's, and Advent, covering it all. This Sunday, we begin Advent messages with "Hope", "Peace", "Joy", and "Love" following. I will speak on the first and last Sunday and Cliff Hall and Coleen Schaffer are Lay Speakers for the middle two, since I will be on the beach at that time. Sending prayers for y'all! (Woo Hoo).

We will be blessed with the Immanuel Vietnamese Baptist Church children singing December 30th, our "Make a Joyful Noise" Sunday, and it will take place in the Towers Auditorium at 10:00am. God always provides, because we were without an accompanist that Sunday and now we have a wonderful program developing! Come and Join us for a Beautiful Worship Service.

Courtesy of Laveta Cushenbery, below is a word puzzle for you. Among the words are 16 books of the Bible. Look carefully, since some of the names are combos of more than one word.

"here is a puzzle to do on your 'free time.' can you find 16 books of the bible in this paragraph? i once made a remark about hidden books of the bible it was a lulu, kept people looking so hard for facts and for others it was a revelation. Some were in a jam, especially since the names are not capitalized, but the truth finally struck home to numbers of readers. to others it was a real job. we want it to be a most fascinating few moments for you. yes, there are some easy ones to spot, others will require judges to help them. i quickly admit it usually takes a minister to find one of them, but there will be loud lamentations when it is found. a little lady says she brews a cup of tea, so she can concentrate better. we'll see how you compete. relax now for there really are 16 books of the bible in this story. one preacher found 15 books in 20 minutes, but it took him 3 weeks to find the 16th one."

Prayers, Chaplain Connie



POINSETTIAS FOR YOU!

AVAILABLE FOR YOUR HOLIDAY CHEER, SEE CHAPLAIN CONNIE TO ORDER BY DECEMBER 7TH, THE DAY OF OUR BAZAAR!

You can dress up your door or your apartment with these cheerful plants. Probably a choice of color. Please see Chaplain Connie ASAP

Improve Your Immune System

Exposure to germs is almost unavoidable, but with a strong immune system, you can avoid getting sick or prevent a mild cold from becoming a more serious illness. Here are a few ways to boost your immune system.

1. Eat nutritious foods: Colorful fruits and vegetables contain antioxidants which help fight infection. Fill up on foods rich in vitamin C and E, zinc, selenium and omega -3 fatty acids. These include broccoli, citrus fruits, nuts, whole grains, beans, chicken and tuna.
2. Drink plenty of water. Water can flush out toxins that lead to disease and will also prevent dehydration, which weakens the body.
3. Sound sleep. Not getting enough sleep makes your body more prone to illness. A lack of sleep can also increase the stress hormone cortisol and cause inflammation.
4. Stay active. Exercising regularly improves our immune system function by increasing leukocytes- cells that fight infection. Moderate exercise, like walking is great, pushing yourself too hard can weaken your immune system.

The top 2 winners for the "Walk"tober resident walking challenge are: Pat Gibson and Pat Gepner. Pat Gibson walked a total of 266,342 steps (133 miles) and Pat Gepner walked 237,102 steps (119 miles) for a total of 252 miles! Congratulations ladies!!!

Season's Greetings!!

Christmas is a very special time of year. Our KMH community is looking forward to sharing food, laughter, and holiday memories with you. A few of the exciting activities this month include:

- Ugly sweater contest
- Holiday Bazaar
- Outing to see Christmas lights
- Multiple music performances

Please check the towers bulletin board daily for more information!!





Thank you so much to the Grand Chapter of Kansas leadership that delivered homemade lap blankets to a veteran from each military branch on Veteran's Day.

Pictured to the left is James Green who served in the Army.

Friends University Christmas Concert outing

Sunday, December 2nd

Leaving from the Towers Lobby at 12:45pm, returning around 4:00pm.

Tickets are \$13 per person.

Minimum of six residents to attend for outing to happen.

WHERE IN KMH IS THIS?

KMH Mystery Photo Contest

See if you can find where this architectural element is located. Give your guess to Lori Clark-Towers Concierge and all correct entries will be entered in a drawing at the end of the month for a small prize.

Good Luck!

There were no winners for last month. The location was in the manor 1st floor; one of the three bells hanging next to the door to the media center.



Christmas Menu

Tuesday, December 25th
11:00am-1:00pm

Salads

Waldorf Salad
Cranberry Jelly

Main Entrée

Oven Roasted Turkey
Glazed Pit Ham

Accompaniments

Sage Dressing
Mashed Potatoes with Turkey Gravy
Candied Yams
Green Bean Casserole
Sweet Potato Casserole
Cranberry Chutney
Dinner Rolls

Dessert

Pumpkin Pie

ALL RESIDENTS must RSVP to the concierge whether they will be attending or not, so dining services can account for the number of people to be served. Please see Lori at the concierge desk to RSVP with your number of guests and payment method no later than December 18th.

Adult guest meals are \$14

Children ages 7 and up are \$8

After December 18th all guest meals will be automatically charged to the residents following billing statement.



Residents gathered together to make the beautiful centerpieces that were displayed in the towers and first floor manor dining rooms throughout the month of November.

**24th Annual Battle of the Badges
Blood Drive
December 17-30**



The American Red Cross is always looking for volunteers to donate blood, but during this special blood drive donors get to pledge towards their favorite first responders team.

Set your sights on Christmas lights & cheer around the trees.

KMH Christmas Tree Tour

Our spectacular show of exceptionally decorated Christmas trees and celebration of the holidays!

Tuesday, December 11th from 3:00pm-6:00pm

Be our guest & enjoy:

- Exceptionally decorated Christmas trees and wreaths on showcase – get ideas and inspiration or just come for the joy of the season!
- Live jazz band
- Hot cocoa bar
- Sugar cookie decorating
- Holiday refreshments and beverages
- Christmas carolers
- Come-and-Go – join us when you can!



December Music Performances:

Saturday, December 1st

Wichita Children's Dance Theater 12:30pm Auditorium

Wednesday, December 5th

Friends University Sing Along 3:00pm Auditorium

Thursday, December 6th

Rock & Rollers from Flint Hills 10:30am Auditorium

Monday, December 10th

Midian Shrine Band 7:00pm Auditorium

Wednesday, December 12th

CATCH Choir 12:00pm Auditorium

Wednesday, December 12th

Larry & Sharon 2:30pm Towers D.R.

Friday, December 14th

Mike & Michelle 3:15 Towers D.R.

Friday, December 14th

Piano Recital, 6:00pm Auditorium

Tuesday, December 18th

LV Smith, 1:00pm Auditorium

Wednesday, December 19th

Jerry Benton, 2:30pm Towers D.R.

December Movies

See schedule of movies in movie section and on the activity calendar.

The Christmas Project (2016, TV-PG) *Jacob Buster, Anson Bagley, Grace Hallows*. Four brothers prepare for war when they're forced to deliver secret holiday gifts to the school bullies, but they soon learn that kindness goes a long way.

Holiday Baggage (2008, PG) *Barry Bostwick, Cheryl Ladd, Julia Sobaski*. Sarah and Pete have drifted apart from each other and their grown daughters, but a holiday visit may inspire old feelings and second chances.

The Christmas Chronicles (2018, TV-PG) *Kurt Russell, Darby Kamp*. The story of sister and brother, Kate and Teddy Pierce, whose Christmas Eve plan to catch Santa Claus on camera turns into an unexpected journey that most kids could only dream about.

The Greatest Showman (2017, PG) *Hugh Jackman, Michelle Williams*. An original musical inspired by the life of P.T. Barnum that celebrates the birth of showbusiness and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.

Annie (1999, NR) *Rob Marshall, Kathy Bates, Alan Cumming*. Young Annie escapes her run-down orphanage determined to find her parents. Her adventure takes her from the cold, mean streets of New York to the warm, comforting arms of a bighearted billionaire.

Only You (1994, PG) *Marisa Tomei, Robert Downey Jr., Bonnie Hunt*. As a teen, Faith was told that her destiny is a man named Damon Bradley. Years later-Faith is about to marry another man-a Damon Bradley calls to wish them all the best. Faith blows off the wedding and follows Damon to Italy.

New Year's Eve (2011, PG-13) *Michelle Pfeiffer, Robert De Niro, Halle Berry*. The lives of several couples and singles in New York City intertwine over the course of New Year's Eve.

Christmas in Connecticut (1945, NR) *Barbara Stanwyck, Dennis Morgan*. A food writer who has lied about being the perfect housewife must try to cover her deception when her boss and a returning war hero invite themselves to her home for a traditional family Christmas.

A Christmas Story (1982, PG) *Peter Billingsley, Melinda Dillon*. In the 1940s, a young boy named Ralphie attempts to convince his parents, his teacher and Santa that a Red Ryder BB gun really is the perfect Christmas gift.

How Sarah Got Her Wings (2015, NR) *Lindsey Gort, Derek Theler*. Good Samaritan, Sarah Fitzpatrick has a fatal accident just before Christmas, and finds herself in the lobby before the gates of Heaven. Certain that she will be let in, she is shocked to find that her name is not on the reservation list. However, she is granted the chance to return to Earth as an "angel in training" with the requirement to help a soul in need. Sarah has the 12 days before Christmas to secure her place on the list leaving her in the race for her after-life.

Pearl Harbor (2001, PG-13) *Ben Affleck, Kate Beckinsale, Josh Hartnett*. A tale of war and romance mixed in with history. This story follows two lifelong friends and a beautiful nurse who are caught up in the horror of an infamous Sunday morning in 1941.

Angels in the Snow (2015, TV-PG) *Kristy Swanson, Chris Potter*. A bickering couple takes their children on a Christmas vacation and gets a lesson in love and respect after giving shelter to a stranded family.

The Family Stone (2005, PG-13) *Dermot Mulroney, Sarah Jessica Parker, Claire Danes*. An uptight, conservative businesswoman accompanies her boyfriend to his eccentric and outgoing family's annual Christmas celebration and finds that she's a fish out of water in their free-spirited way of life.

White Christmas (1954, NR) *Bing Crosby, Danny Kaye, Rosemary Clooney*. A successful song and dance team become romantically involved with a sister act and team up to save the failing Vermont inn of their former commanding general.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

					<p>12:30 Wichita Children's Theater & Dance Performance (Auditorium) 1</p> <p>1:30 Lounge Around: Left, Center, Right with Lillian</p> <p>2:30 Movie: Christmas in Connecticut (NR) (Auditorium)</p> <p>6:00 Bridge</p>		
<p>10:00 Chapel Service (Chapel) 2</p> <p>12:45 Friends University Christmas Concert Outing</p> <p>2:30 Movie: A Christmas Story (PG) (Auditorium)</p>	<p>9:30 Arm Chair Travel 3</p> <p>9:30 Water Aerobics with Anne</p> <p>9:45 Bible Study in the Pavilion</p> <p>11:00 Exercise with Anne</p> <p>1:00 Meditation Walk with Chaplain</p> <p>1:30 Muscle up with Anne</p> <p>2:30 Lounge Around: I've Got It with Lillian</p> <p>3:30 Make Christmas Cards <small>First Day of Hanukkah</small></p>	<p>9:30 Dillons Shopping Trip 4</p> <p>12:45 Faith TV</p> <p>1:00 Pool 1:1 Appointments</p> <p>1:30 Bingo with Jessica</p> <p>1:30 Muscle up with Anne</p> <p>2:30 Lounge Around: Bingo with Hervey</p> <p>3:30 Nifty Nut House Outing</p>	<p>9:30 Water Aerobics with Anne 5</p> <p>10:00 Towne Hall</p> <p>12:45 Bible Study with Cliff</p> <p>1:15 Bingo with Chisholm Life Skills Students</p> <p>1:30 Ball Exercise with Anne</p> <p>2:15 Happy Hour/Dollar Store</p> <p>3:00 Friends University Sing-Along</p> <p>6:30 Scrabble</p>	<p>9:30 Bible Study 6</p> <p>10:30 Rock & Rollers from Flint Hills Performance</p> <p>12:45 Bible Trivia with Laveta</p> <p>1:00 Pool 1:1 Appointments</p> <p>1:30 Fitness DVD</p> <p>2:30 Movie: How Sarah Got Her Wings (NR)</p> <p>6:00 Bridge</p>	<p>7</p> <p><i>Holiday Bazaar</i></p> <p>10:00-4:00 Auditorium</p>		<p>1:30 Lounge Around: Left, Center, Right with Lillian 8</p> <p>2:00 Movie: Pearl Harbor (PG-13) (Auditorium)</p> <p>6:00 Bridge</p>
<p>10:00 Chapel Service (Chapel) 9</p> <p>2:30 Movie: Angels in the Snow (TV-PG) (Auditorium)</p>	<p>9:30 Arm Chair Travel 10</p> <p>1:30 Fitness DVD</p> <p>1:30 Bingo with Jessica</p> <p>2:30 Lounge Around: I've Got It with Lillian</p> <p>7:00 Midian Shrine Band</p>	<p>9:30 Walmart Shopping Trip 11</p> <p>10:00 Dining Forum</p> <p>12:45 Faith TV</p> <p>1:00 Pool 1:1 Appointments</p> <p>1:30 Fitness DVD</p> <p>1:30 Bingo with Jessica</p> <p>1:30 Lounge Around: Bingo with Hervey</p> <p>2:30 Randi Williams Band</p> <p>3:00 Christmas Tree Tour</p>	<p>10:00 Resident Council 12</p> <p>12:00 CATCH Choir Performance</p> <p>12:45 Bible Study with Cliff</p> <p>1:15 Bingo with Chisholm Life Skills Students</p> <p>1:30 Fitness DVD</p> <p>2:00 Happy Hour/Dollar Store</p> <p>2:30 Music by Larry & Sharon</p> <p>6:30 Scrabble</p>	<p>9:30 Bible Study 13</p> <p>11:00 Casino Outing</p> <p>12:45 Bible Trivia with Laveta</p> <p>1:00 Pool 1:1 Appointments</p> <p>1:30 Fitness DVD</p> <p>2:30 Movie: The Family Stone (PG-13)</p> <p>6:00 Bridge</p>	<p>10:00 Catholic Mass 14</p> <p>1:30 Fitness DVD</p> <p>2:00 Village Store Bingo (\$0.50 to play)</p> <p>3:15 Music by Mike & Michelle</p> <p>6:00 Piano Recital</p>	<p>1:30 Lounge Around: Left, Center, Right with Lillian 15</p> <p>1:30 Bingo (Manor 2nd floor)</p> <p>2:30 Movie: White Christmas (NR) (Auditorium)</p> <p>6:00 Bridge</p>	
<p>10:00 Chapel Service (Chapel) 16</p>	<p>9:30 Arm Chair Travel 17</p> <p>9:30 Water Aerobics with Anne</p> <p>9:45 Bible Study in the Pavilion</p> <p>11:00 Exercise with Anne</p> <p>1:00 Meditation Walk with Chaplain</p> <p>1:30 Muscle up with Anne</p> <p>1:30 Bingo with Jessica</p> <p>2:30 Lounge Around: I've Got It with Lillian</p>	<p>9:30 Dillons Shopping Trip 18</p> <p>12:45 Faith TV</p> <p>1:00 Pool 1:1 Appointments</p> <p>1:00 LV Smith</p> <p>2:00 Lounge Around: Bingo with Hervey</p> <p>3:30 Game Time</p> <p>5:30 Christmas Lights Tour</p>	<p>9:30 Water Aerobics with Anne 19</p> <p>12:45 Bible Study with Cliff</p> <p>1:00 Dollar Tree Shopping Trip</p> <p>1:15 Bingo with Chisholm Life Skills Students</p> <p>1:30 Ball Exercise with Anne</p> <p>2:00 Happy Hour/Dollar Store</p> <p>2:30 Jerry Benton-One Man Band</p> <p>6:30 Scrabble</p>	<p>9:30 Bible Study 20</p> <p>10:15 Dr. Zafar-Audiologist</p> <p>11:00 Exercise with Anne</p> <p>12:30 Blood Pressure Checks</p> <p>12:45 Bible Trivia with Laveta</p> <p>1:00 Pool 1:1 Appointments</p> <p>2:00 Resident Christmas Party</p> <p>6:00 Bridge</p>	<p>10:00 Inspiration with Chaplain 21</p> <p>11:00 Music & Faith Talk with Connie</p> <p>1:30 Fitness DVD</p> <p>2:00 Village Store Bingo (\$0.50 to play)</p> <p>3:30 Grief Support Group <small>Winter Begins</small></p>	<p>1:30 Lounge Around: Left, Center, Right with Lillian 22</p> <p>2:30 Movie: The Christmas Project (TV-PG) (Auditorium)</p> <p>6:00 Bridge</p>	
<p>10:00 Chapel Service (Chapel) 23</p> <p>2:30 Movie: Holiday Baggage (PG) (Auditorium)</p>	<p>9:30 Arm Chair Travel 24</p> <p>9:30 Water Aerobics with Anne</p> <p>11:00 Exercise with Anne</p> <p>1:30 Muscle up with Anne</p> <p>2:30 Lounge Around: I've Got It with Lillian</p> <p>2:30 Movie: The Christmas Chronicles</p>	<p>25</p> <p><i>have YOURSELF a merry LITTLE Christmas</i></p> <p><small>Christmas Day</small></p>	<p>12:45 Bible Study with Cliff 26</p> <p>1:30 Fitness DVD</p> <p>2:30 Happy Hour/Dollar Store</p> <p>6:30 Scrabble</p> <p><small>Kwanzaa Begins</small></p>	<p>9:30 Bible Study 27</p> <p>9:30 Walmart Shopping Trip</p> <p>12:30 Blood Pressure Checks</p> <p>12:45 Bible Trivia with Laveta</p> <p>1:00 Pool 1:1 Appointments</p> <p>1:30 Muscle up with Anne</p> <p>2:30 Movie: The Greatest Showman (PG)</p> <p>6:00 Bridge</p>	<p>10:00 Birthday Brunch 28</p> <p>11:00 Music & Faith Talk with Connie</p> <p>TBD Movie Outing: Welcome to Marwen</p> <p>1:30 Fitness DVD</p> <p>2:00 Village Store Bingo (\$0.50 to play)</p> <p>2:30 Zoo Outreach</p> <p>3:30 Grief Support Group</p>	<p>1:30 Lounge Around: Left, Center, Right with Lillian 29</p> <p>1:30 Bingo (Manor 2nd floor)</p> <p>2:30 Movie: Annie (NR) (Auditorium)</p> <p>6:00 Bridge</p>	
<p>10:00 Make a Joyful Noise (Auditorium) 30</p> <p>2:30 Movie: Only You (PG) (Auditorium)</p>	<p>9:30 Arm Chair Travel 31</p> <p>9:30 Water Aerobics with Anne</p> <p>11:00 Exercise with Anne</p> <p>1:30 Muscle up with Anne</p> <p>2:30 Lounge Around: I've Got It with Lillian</p> <p>2:30 Movie: New Year's Eve</p> <p><small>New Year's Eve</small></p>						