



Carma's Commentary

If you were to read your own obituary, would you like what it said? Alfred Nobel woke up one morning to do that very thing. It turned out that his brother was the one who actually passed away, but the newspaper thought it was Alfred. In the obituary they talked about how he had been the inventor of a destructive product called dynamite. Alfred was so upset by what the newspapers said about him that he decided to change what he did with his life. By the time his actual obituary was written in 1901, Alfred had established the Nobel Peace Prize.

Most of us go through life not realizing what kind of “life prints” we are leaving behind. Just like fingerprints, the way we live our lives leaves an imprint on others. My mother still remembers how an acquaintance of hers from almost 60 years ago affected the lives of those around her. Her name was Galene Wiley and she was the wife of a physician. Galene travelled to the East coast and observed the nurse education programs. She then took the next step and created a similar program in her hometown of Garden City, Kansas. The life print she left behind is still empowering lives through the nursing school.

I was especially intrigued by my mom’s story because I admire people who can observe a program like Mrs. Wiley did and then recreate it. Not only must one be a visionary to do such a thing, but also be surrounded by people who can handle many of the details. I sometimes get so caught up in the details of a project that I may lose sight of the big picture.

Fortunately I work with Board members who encourage me to stay focused on the big picture. If

I spend all my time rowing the boat rather than steering, it is hard to tell where the boat might end up! I’ve certainly spent plenty of time rowing the boat in prior years and loved every minute of it. However, my role now is to steer the boat. This current job classification doesn’t mean my job is any more important than the next person’s; it simply defines my role within the team.

Years ago I played a different team role as a Nurse’s Aide in a hospital. An incident that occurred then affected me almost as if I’d read my own obituary. It helped me row the boat more effectively and involved a warm washcloth.

I was in charge of getting the patients ready for breakfast and hurrying around trying to get everyone out to the dining room. One of the older female patients stopped me and said she would like to have a warm wash cloth for her face. She talked about how good it felt and how it helped her meet the day.

For some reason that conversation allowed me to shift gears in how I did my job. As a young Nurse’s Aide, I was impressed that this older person graciously spoke up for what she wanted. It helped me see her as a real person because I could identify so closely with the things she wanted.

To this day, as I raise a warm washcloth close to my face, I think of her. I’m thankful she gave me the opportunity to shift my work ethic. She left a life print on me and I can only hope that I have the same positive impact on others by sharing stories such as the “lesson of the warm washcloth.” It isn’t a Nobel Peace prize and it isn’t a new school—but for any of us who like a clean face, it deserves an honorable mention!

Carma Wall, CEO
cwall@thecedars.org

LaMonte Rothrock VP Marketing and Sales

Hope you all had a great Christmas and are looking forward to an amazing 2019! Thanks so much to all of you for attending our events in such great numbers. I will be distributing our new File of Life holders and documents. We are asking that each of you fill out the form and post this on your refrigerator. We will be informing the police, sheriff, fire and ambulance services to look at your refrigerator for your file of life information if they have to enter your home.

Safety:

A quick reminder that if you see or hear anything unusual on campus, we encourage you to call LaMonte at 620-242-5037 or 911. We would rather have you err on the side of the police coming to campus and checking things out than not. Also, please keep doors and vehicles locked.

January Birthdays:

Phil Stover

Ann Stover

Art Hoch

Blue Tub Recycle Days are January 9 and 23

This 'n That

from around The Village

January Luncheon

Join your neighbors for a rich time of food, fellowship, announcements and updates.

When: Tuesday, January 15, 12 noon

Where: Wellness Center Banquet Room

Hosts: The Cedars

Menu: Meatloaf, mashed potatoes & gravy, creamed corn, wheat berry bread, regular and sugar-free apple pie

Cost: \$11

Please note: Phone reservations to Diane at 241-0919 (ext 110) by Friday, Jan. 11th

You are invited to bring a donation of food for the McPherson County Food Bank.

January birthstone: Garnet

January flower: Carnation or Snowdrop

The Month of January is:

National Bath Safety Month

National Blood Donor Month

National Soup Month

January Fun Facts:

January 1, 1908 – The first ball was dropped at Times Square in New York City.

January 7, 1610 – Astronomer Galileo Galilei discovered four moons of Jupiter.

January 14, 1784 - The U.S. ratified treaty with England ending the Revolutionary War.

January 25, 1924 – The first Winter Olympic Games began in Chamonix, France

January 29, 1900 – Baseball's American League was founded.

Like to Play Cards?

Play cards on the first and third Tuesday afternoons of each month beginning at 1:30 in the Wellness Center Coffee Shop. Currently we are playing pinochle. If you do not know how to play pinochle, we will teach you. In January we will not play on January 1, but will play on Tues. Jan. 15, at 1:30.

January Events

LaMonte Rothrock, contact person unless otherwise indicated.

First Friday at The Cedars

January 4 – 3 p.m. WCC

Astronomy

Dr. Allan van Asselt, Professor of Chemistry at McPherson College, will lead us on a meander through the Universe using the vehicle of NASA's 'Astronomy Picture of the Day'. "For about fifteen minutes at the start of class each Friday in College Chemistry I and II we wander around the earth and through the skies using this awesome resource. This presentation will be an extension of those experiences, often mentioned by students as one of their favorite things about class."

Needle-Crafters

Wednesday, Jan. 9 2 p.m.

Come to the South Down Under Room (912½ Cedars Drive) if you are interested in making hand-crafted shawls, scarves, pocket prayer cloths, or other remembrances for persons needing encouragement because of illness or bereavement. Bring your questions and hand-work ideas. "Would you like some free yarn? There is a supply of donated yarn of varying weights and colors in the South Down-under Room. We suggest that you come on Wednesdays to make your selection in order to have assistance in getting your supply of yarn." Contact person: Vera Ellwood 504-5030.

Movie Night

"I Can Only Imagine"

Tuesday, Jan. 22 - 7:00

Here's a different kind of movie opportunity for you this month. It's a 2018 movie rated PG called "I Can Only Imagine" which is also the title of a song. This is a song that can bring

hope to many people who are in very challenging times.

"Amazingly, the song 'I Can Only Imagine' was written in mere minutes by MercyMe lead singer Bart Millard. In reality, those lyrics took a lifetime to craft. Although he found faith at a young age, life wasn't easy for Bart. He leaned into an active imagination and his love of music as escapes from a troubled home life. As he grew older, Bart turned to football in hopes of somehow connecting with his abusive father. But a career-ending injury - combined with the vision of a teacher who saw unlimited potential - set Bart on a musical pathway. I CAN ONLY IMAGINE beautifully illustrates that no one is ever too far from God's love."

Sounds like a good movie to us. Come and bring your friends. We'll have popcorn and other goodies. We'll be watching for you on Tuesday, Jan. 22, for this 7:00 movie in the Wellness Center.

>>> If you would like to attend this activity and need a ride, call Dave/Bonnie Fruth 245-0674 by 5:00 that day.

Let's Eat Out

Panda Kitchen, Hesston

Saturday, Jan. 26 - 10:30

It's just nice to take a little drive out of town and go eat out somewhere, so we're heading to the Panda Kitchen for Chinese food in Hesston on January 26. We've found that getting there right at opening time works well. We get there before workers from nearby businesses and plants come for lunch. The buffet at the Panda Kitchen is reasonably priced and we hope you want to join us.

We will plan to leave from the Wellness Center at 10:30. We'll eat and come right back

home. It's a short little trip so we'll charge just \$3.00 for transportation. Call Dave/Bonnie Fruth (245-0674) by Thursday, the 24th so we can line up transportation and call our numbers down to the restaurant the next day.

Getting away will do you good. We'll be waiting for your call. We especially encourage new folks to the Village to come with us. It's a good way to meet a few people and eating just seems to help establish good friendships.

Book Club to Meet

Monday, Jan. 28 - 3:00

Come to the Reading Room in the Wellness Center right by the coffee shop on Monday, January 28, at 3:00 and share about the books you've been reading. This is an informal time of sharing. You can pick up an idea of a book you'd like to read or an author that intrigues you from what someone else shares. This is a good way to meet a few people if you're new to The Village. Everyone is welcome.

Challenge to The Cedars Community

The Wellness Center conference rooms are now 11 years old, and the technology is dated. With the older projector and supporting equipment, images are smaller, there is less clarity, and the equipment is not compatible with the newer technology guest presenters are bringing for presentations at The Cedars. To address these issues, The Cedars administration has provided \$7,000 to replace one of the projectors. If the entire banquet room project were to be completed in its entirety, an additional \$15,000 needs to be raised.

An anonymous donor has stepped forward and has offered a \$5,000 Challenge Grant for the project as that person wants to see "the project done right." Already, The Cedars has received donations in the amount of \$1,750, leaving the total amount to be raised in the next weeks at \$8,250.

Will you consider a gift toward current AV technology that benefits the entire campus? A second Village resident has indicated that he will consider a nice contribution to this project but not the whole amount; he is waiting to see how his fellow neighbors respond. The challenge is there from several members of our community who want to see this project advance. Your participation as you are able would be sincerely appreciated. For more information or questions, please contact LaMonte Rothrock or Steve Gustafson.

**Village Council Minutes
December 18, 2018**

Village Council met on Tuesday, December 18, 2018, at 10 a.m. in the Board Room.

Council Members Present: Ladene Herrick, Art Hoch, Merlin Miller, Lois Neher, Fred Nowak, Marvin Schmidt, Carolyn Schrock, LaMonte Rothrock, ex officio, V.P. Living and Wellness

The Council approved the minutes of the November 20, 2019 meeting.

Village Council fund balance is \$428.20.

Steve Gustafson reported that the Vision 2020 goal has been met. He reported that the technology has been improved in one of the rooms that The Cedars has spent \$7,000 and to update all the Wellness Center would be \$22,000. Steve has had a donor that has started a \$5000 match gift. This anonymous donor is challenging the rest of the village to match the \$5000 gift. The Cedars has received a \$1000 gift from another donor towards this project. The challenge has been made for more donors to help.

The recommendations for the constitutional changes (up to 7 members and having chairman and vice-chairman) will be made at the Village Luncheon today.

LaMonte will be providing a “File of Life” form to all the Independent Living Residents.

A review of The Cedars Independent Living Resident Handbook was completed. LaMonte will update the document.

The next meeting will be Tuesday, January 15, 2018, at 10 a.m. in the Board Room.

Submitted by Ladene Herrick, Secretary

Ongoing Events

LaMonte Rothrock, contact person unless otherwise indicated

Exercise Class - WCC

Thirty-five minute exercise time from 9:00-9:35 Monday, Wednesday, and Friday mornings.

EnhanceFitness classes – WCC

With the YMCA we offer EnhanceFitness classes on Monday, Wednesday, and Friday mornings at 10:15-11:15.

Tai Chi classes – twice weekly – Fitness Center

Tai Chi classes will exercise in the Fitness Center each Tuesday & Thursday mornings at 11.

2nd Tuesday Coffees

January 8 at 10 a.m.

Men: at the Café for visiting, coffee, and an occasional speaker.

Women: at WCC Coffee Shop. Pick up your coffee cup, stop by your neighbor's door and join other Village women for coffee & goodies.

Sew 'n Tie Quilts—SDUR

Wednesdays from 10-11:30 and 2-4 volunteers meet to sew quilts and tie knots in quilts to be given to new residents in the Health Center. No skills needed. Come for morning/afternoon or all day.

China Painting—SDUR

Every Thursday morning the China Painters paint in the South Down Under Room from 9-11 a.m. There will be fun and helpful persons to get you started and loving china painting.

Van to Dillons or WalMart

We take a van on Thursdays on alternate weeks to WalMart or Dillons, leaving at 9:30 a.m. and returning when people are finished shopping. This gives you an option of shopping each week for groceries and other items. If you are interested in going on the van, let Diane Goldberg know (241-0919 ext. 110) before 9 a.m. each Thursday so she can know the number of people going and reserve a van.

Play Cards

Join friends at the Wellness Coffee Shop the first and third Tuesdays at 1:30 p.m.

Swim and Pool Activities

If you want to use the pool and do not have a partner, let Diane know and she can help you find someone. For safety reasons we must always have two people in the pool at the same time.

Pool – Every Thursday come to the North Down Under Room at 3 p.m. and invite your friends to join you for a round of Pool.

Village Breakfast – January 10 & 24

Enjoy a made-to-order omelet with a variety of sides at 8:15 a.m. in the Cedars Café for only \$5. Noon lunches are also served at the Café Sunday through Friday. The noon menu is available daily by phoning The Cedars (241-0919 x300) after 10 a.m. Menus may change according to number of guests.

Friday Morning Coffees

Take your coffee break each Friday morning from 9:30-10:30 at The Courts for fun and good fellowship with residents there.

Using the Wii

The Wii game is set up in the WCC fitness room ready to play every day.

Documents to be shredded

Villagers can bring documents that need to be shredded at any time to Diane Goldberg's office in the Wellness Conference Center. This is a service that The Cedars provides for us. (Document shred is for items containing personal information that you don't want others to get)

Recyclable paper, cards, magazines or newspapers can be dumped into your blue recycle cans or the recycling container in the NE corner of the rocked parking lot at The Wellness Center.

Some Small Groups at The Cedars

Wednesdays: Village Study begins Jan. 16
10:15 – Evergreen Chapel

4th Monday Book Club
3:00 – WCC

Getting to Know our Neighbors in Cedars Village

Dave and Bonnie Fruth are among those few who have lived at The Cedars twenty years or more. As a matter of fact, they realize that the third week of October 1998 was the week they moved here. For many years, they were the youngest residents. Dave says it “was the best move they ever made.”

Bonnie was raised at Franklin Grove, Illinois, to Joe and Delois Reynolds. The oldest sibling was Joe Paul, then Duane, Ransom (who died of pneumonia in childhood), sister Vivian, and finally, Bonnie and twin sister Connie were born. Bonnie loved having a twin. She says she was a tomboy and would, to this day, much rather be outside working than inside. She loves pulling weeds and says her work is “cheaper than therapy.”

After high school, she worked as a secretary for one year and then she joined Brethren Volunteer Service (BVS) and worked in an afterschool program in Harrisburg, Pennsylvania. It was there that she found her true love of teaching. She also met Dave at the two-month training as a fellow volunteer.

After BVS, she came to McPherson College to train to be a teacher. She and Dave married in 1967, and she graduated in 1968. Dave is five years older than Bonnie, and he had decided to change his occupation from teaching to being a high school counselor. While he was getting that degree from Emporia State College and counseling at Marion High school from 1966-69, Bonnie taught at Marion Elementary for one and a half years.

Dave was born in his grandmother's farmhouse near Alvada, Ohio, one day before World War II began in 1939. In addition to being the oldest of five children, he also has had the burden of being the harbinger of WWII. After him were born Galen, Lois, Eunice and Pearl. His father was a Church of the Brethren minister, and Dave spent his early years in Hoytville, Ohio. From ages nine to sixteen he lived in Woodland, Michigan. The rest of his childhood was spent in Quinter, Kansas. He and his siblings are all graduates of Quinter High School.

Dave graduated from McPherson College in 1961 with a teaching degree in economics and business with a minor in history. He taught in Phillipsburg, Kansas for two years. Then he joined BVS and met Bonnie at their training at New Windsor, Maryland. His volunteer assignment was to train BVS volunteers which he did for two years. During that time, he met and worked with many well-known Church of the Brethren people including Dan West who was the founder of Heifer Project. Of note is knowing that Dan West did not fly on planes and did not eat desserts which was a decision to keep in front of him the poverty around the world.

In 1969, Dave and Bonnie moved to Abilene where they worked and lived for twenty-nine years. Bonnie loved teaching fourth graders, and Dave was a full-service high school counselor. He believed that “all kids will make it if they have somebody supporting them,” and he hoped all students had a staff member to support them.

Upon their retirement in 1998, they moved from Abilene to The Cedars. They began working to expand social activities to many opportunities for learning, socializing, exercise, and so on. They appreciate working with a committee to plan activities for the Village. They have remained true to the thought that all people need activity and socialization.

Additionally, they signed on with Prudent Tours as tour directors and worked for sixteen years traveling mostly in the contiguous 48 states. One trip was to Mexico, another to Alaska and many times they traveled into Canada. Their favorite destination was Nova Scotia. They conducted ninety-nine tours.

Bonnie's favorite song is “Great is thy Faithfulness”; Dave's is “In the Bulb, there is a Flower.” While Bonnie loves to bake bread, she has no favorite food. Dave, on the other hand, likes pork chops, homemade ice cream and baked sweet rice. He likes to read historical fiction (James Michener) and mysteries (Tony Hillerman and others) Bonnie liked the movie “West Side Story” and Dave liked “The Sound of Music” and the TV series “Columbo.”

Dave would like to see all the national parks and the 8 Wonders of Kansas. He is also putting narration to many of his photos and scrapbooks. He inherited his mother's stamp collection and keeps working at collecting international and U.S. stamps. He would also like to do a simple study of his family genealogy. Bonnie likes to be home and working outside.

Getting to Know our Neighbors in Cedars Village

Mary Ellen Howell, at 1225 Darlow, is a native of McPherson County in the biggest and truest sense of the word. She was born at the McPherson Hospital in 1932. Her parents, Dayton and Hazel Yoder, lived in a farmhouse west of town in the Monitor community. All of her childhood was spent living in the house and she raised her family in the same house that is now over one hundred years old.

Mary Ellen's great grandfather, Jacob David Yoder, came from Pennsylvania and established the German Baptist congregation which was shared in both Monitor and McPherson. Around 1880, the more progressive Church of the Brethren split from these roots. Presently, the Monitor and McPherson Churches of the Brethren are separate congregations, and Mary Ellen still attends the Monitor Church. She notes that she has a land deed from the Monitor property which her great-grandmother marked with an X because she was unable to read or write.

Mary Ellen has one brother, Robert (now deceased), who was six and a half years older than she. It's important to count his four daughters as her nieces because her immediate family is quite small.

Mary Ellen attended Monitor Elementary School and graduated from McPherson High School. Later, she enrolled for two years at McPherson College and then finished her education at K-State with a degree in biology. It was at K-State that she met Wally Howell, her future husband. She took a job at Conway Springs as a high school teacher. But after three months, she resigned and married Wally. He was a member of ROTC at K-State and, after graduation, served in the army for one year in Germany. At the time of his discharge, he was a first lieutenant. Their oldest son Mark was born there.

Their little family returned to Monitor and moved into the Yoder farmhouse. Wally and she farmed there until he died in 2005. They added three more children: Mary Kathryn (Kathy), who lives in Oregon; Matthew and wife in Massachusetts; and Amy and husband Jay who farm the family land in the Monitor community. All of the Yoder children graduated from Inman high school. Mary Ellen's only grandchildren belong to Mark and Nancy (Mark is now deceased). AJ and Ben are still in high school.

Being a farm wife with four children was full-time work for Mary Ellen. But she found time to play piano and organ at the church in Monitor. She taught Sunday School and really enjoyed planning Vacation Bible Schools because of the longer time to spend with children. She believes she is probably the oldest person attending and the oldest member of the Monitor Church of the Brethren. She has loved and supported the church camping program.

Every year, Kansas recognizes six couples for the "Master Farmer/Homemaker" award. Wally and Mary Ellen won that award in 1996.

Favorite foods are fried chicken and avocados. She loves the song, "Going Home, Going Home." and likes to read spiritual books and her daily devotions. Even though she knows her lessened physical abilities will keep her from doing these things, on her bucket list is a trip to Alaska and to learn how to square dance.

Ann Stover, Evelyn Field, Dave Fruth

Chaplain's Corner

BEREAVEMENT GROUP

Welcome to the New Year! A new Bereavement Support Group will begin **January 10, 2019**. This group meets in the Chapel in Evergreen Neighborhood in the healthcare center at 1:30pm every Thursday for 11 weeks. If you have questions or feel you are ready to explore your experience of loss and companion with others in a group setting please contact Chris Whitacre, Chaplain, at 241-0919 Ext. 127. I am available also to meet individually if needed.

VILLAGE STUDY GROUP

After having taken a break over the holidays, a new Village Study Group will resume meeting on **Wednesday, January 16, at 10:15 a.m.** The group meets Wednesday mornings in the Chapel located in Evergreen Neighborhood in the healthcare center. The group will be reading a book by Rob Bell entitled, **What Is the Bible?: How an Ancient Library of Poems, Letters, and Stories Can Transform the Way You Think and Feel About Everything** About the book: *“Rob takes us deep into actual passages to reveal the humanity behind the Scriptures. You cannot get to the holy without going through the human, Rob tells us. When considering a passage, we shouldn’t ask ‘Why did God say . . .?’ To get to the heart of the Bible’s meaning, we should be asking: ‘What’s the story that’s unfolding here and why did people find it important to tell it? What was it that moved them to record these words? What was happening in the world at that time? What does this passage/story/poem/verse/book tell us about how people understood who they were and who God was at that time?’ In asking these questions, Rob goes beyond the one-dimensional question of ‘is it true?’ to reveal the Bible’s authentic transformative power.”*

If this is of interest, you are invited and welcome to participate. For questions or more information, please contact Chris Whitacre at 241-0919, ext. 127.

Chris Whitacre
Chaplain

**DEVOTIONAL EVENTS
HEALTH CARE**

9 AM MUSIC

JANUARY 2019

Wed 1/2 Colleen Peters
Wed 1/9
Wed 1/16 Joyce Hall
Wed 1/23 Jim Pauls
Wed 1/30 Noleen Binder

*COMMUNION HCC
COMMUNION 807*

9:30 AM WORSHIP

Troy Schroeder
Chris Whitacre
Lynn Scott
Tom Mayse
Chris Whitacre

FEBRUARY 2019

Wed 2/6 Collenn Peters
Wed 2/13
Wed 2/20 Joyce Hall
Wed 2/27 Noleen Binder

*COMMUNION HCC
COMMUNION 807*

Troy Schroeder
Lynn Scott
Tom Mayse
Chris Whitacre

MARCH 2019

Wed 3/6 Colleen Peters
Wed 3/13
Wed 3/20 Joyce Hall
Wed 3/27 Noleen Binder

*COMMUNION HCC
COMMUNION 807*

Troy Schroeder
Chris Whitacre
Tom Mayse
Chris Whitacre

Catholic Communion

Wednesdays & Thursdays

St. Joseph's

Bible Study = Thursdays -10:00 AM – Activity Rm.

-Chris Whitacre, Leader

Bible Study = Fridays

-10:00 AM – House 807

- Fr. Bob Layne, Leader

-10:30 AM – Special Care Center

-Tom Mayse, Leader

- 3:30 PM - Walnut

-Susan Ballou, Leader

EVENTS THROUGHOUT THE CEDARS COMMUNITY

Inspirational Music

Mondays	9:30am	House 803	Jim Pauls
Wednesdays	10:00am	Chapel, House 805	Noleen Binder
Fridays	9:30am	Chapel, House 805	Vera Ellwood
	9:30am	HCC Chapel	Noleen Binder
	9:30am	The Courts	

Bible Study

Tuesdays	3:35pm	Magnolia	Susan Ballou
Thursdays	10:00am	Walnut Grove DR	Chris Whitacre
	4:00pm	The Courts (<i>2nd Floor Activity Room</i>)	Susan Ballou
Fridays	10:00am	Chapel, House 805 (<i>For all Houses</i>)	Fr. Bob Layne
	10:30am	Special Care Center	Tom Mayse

Village Study

Wednesdays	10:15am	HCC Chapel, Evergreen
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Local Sunday Worship Opportunities

Attend the church of your choice...

7:05am	Southern Gospel and Favorites Music	KBBE 96.7 FM
8:30am	Radio Broadcast <i>First United Methodist Church</i>	KBBE 96.7 FM
9:00am	Lutheran Hour <i>Missouri Synod</i>	KBBE 96.7 FM
10:15am	Televised Service <i>McPherson Church of the Brethren</i>	Channel 13
10:30am	Radio Broadcast <i>Free Methodist Church</i>	KBBE 96.7 FM

6:00pm Worship The Courts (*2nd Floor Activity Room*)

Susan Ballou – Assisted by: Dean Smidderks, Tom Griffith, Larry Anderson

COMMUNION = Served on second Sundays

HYMN SING = Every Fifth Sunday

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Happy New Year</i>	2 9a Exercise Group 10a Sew'nTie Quilts - SDUR 10:15a EnhanceFitness	3 9a China Painting –SDUR 9:30a Van to Dillons/ WalMart 11a Tai Chi 3p Pool- NDUR	4 9-1 Peoples Bank Open 9a Exercise group 9:30a Coffee at the Courts 10:15a EnhanceFitness 3p First Friday – van Asselt	5
6	7 9a Exercise group 10:15a EnhanceFitness	8 9-1 Peoples Bank Open 10a Men's Coffee 10a Women's Coffee 11a Tai Chi	9 * Blue Tub Recycle Day * 9a Exercise Group 10a Sew'nTie Quilts - SDUR 10:15a EnhanceFitness 2p Needle-Crafters- SDUR	10 8:15a Village Breakfast 9a China Painting -SDUR 9:30a Van to Dillons/ WalMart 11a Tai Chi 1:30p Bereavement Group 3p Pool- NDUR	11 9-1 Peoples Bank Open 9a Exercise group 9:30a Coffee at the Courts 10:15a EnhanceFitness	12
13	14 9a Exercise group 10:15a EnhanceFitness	15 9-1 Peoples Bank Open 10a Village Council 11a Tai Chi 12n Village Luncheon 1:30p Play Cards	16 9a Exercise Group 10a Sew'nTie Quilts - SDUR 10:15a EnhanceFitness 10:15a Village Study Group	17 9a China Painting -SDUR 9:30a Van to Dillons/ WalMart 11a Tai Chi 1:30p Bereavement Group 3p Pool- NDUR	18 9-1 Peoples Bank Open 9a Exercise group 9:30a Coffee at the Courts 10:15a EnhanceFitness	19
20	21 9a Exercise group 10:15a EnhanceFitness	22 9-1 Peoples Bank Open 11a Tai Chi 7p Movie Night	23 * Blue Tub Recycle Day * 9a Exercise Group 10a Sew'nTie Quilts - SDUR 10:15a EnhanceFitness 10:15a Village Study Group	24 8:15a Village Breakfast 9a China Painting -SDUR 9:30a Van to Dillons/ WalMart 11a Tai Chi 1:30p Bereavement Group 3p Pool- NDUR	25 9-1 Peoples Bank Open 9a Exercise group 9:30a Coffee at the Courts 10:15a EnhanceFitness <u>Newsletter articles due</u>	26 10:30 LV Eat at Hesston
27	28 9a Exercise group 10:15a EnhanceFitness 3p Book Club	29 9-1 Peoples Bank Open 11a Tai Chi	30 9a Exercise Group 10a Sew'nTie Quilts - SDUR 10:15a EnhanceFitness 10:15a Village Study Group	31 9a China Painting -SDUR 9:30a Van to Dillons/ WalMart 11a Tai Chi 1:30p Bereavement Group 3p Pool- NDUR	Newsletter Deadline January 25	