Wilmore Senior Community Center Events in January

Scrapbooking with Sharon Campbell, Tuesdays, 6:30 pm **Creative Writing** with Carolyn Barnum, Thursdays, 1:00 pm

In addition to weekly classes above, all area Seniors are invited to the following special events which are *free and open to the public* unless otherwise noted...

Every Monday, Wednesday & Friday, 11 am Flex Exercise with Aureol

Start the New Year right with this popular nationwide program designed especially for seniors. You'll be amazed at how much fun it can be and better you will feel! "Silver Sneaker" insurance benefits may help pay the cost if you are a member.

Friday, January 4th, 1:15 pm Music to Celebrate The Twelve Days of Christmas

Pianist Pamela Gilkerson and Flutist Sharon Averitt will present several unique duets to help us keep the Spirit of Christmas alive in the New Year.

Wednesday, January 9th, 1:00 pm Wesley Village Book Club

Lolita Burt will lead a discussion of Nicholas Sparks' "A Walk to Remember" – a tender story about love and loss, life and death, and the basic cultural differences of the late 1950's.

Wednesday, <u>January 9th and 30</u>th, 3:00 pm An Afternoon Tea & Reading with Dr. John Oswalt

Asbury Seminary's Distinguished Professor of the Old Testament returns to present more passages from his personal favorite short stories. Tea and cookies follow in the Encore Café. Seating is limited so please sign up in advance at the community center library or call Alan at 858-3865 ext. 238.

Thursday, January 10th, 6:00 pm Movie Night: "The Truman Show" (1998; PG; 103 mins.)

A satirical science fiction movie showing what "Reality TV" may look like in the future.

Starring Jim Carrey; directed by Peter Weir.

Friday, January 11th, 1:30 to 4 pm Bluegrass Hearing Clinic

Dr. Paula Evans and staff from the Bluegrass Hearing Clinic in Nicholasville return to offer more free hearing test screenings, free hearing aid cleanings, and free hearing aid batteries.

The number of hearing test screenings is limited so please sign up in advance at the

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More Special Events on Back Page...

Wilmore Senior Community Center Events in January (continued from front...)

Tuesday, January 15th, 1:15 pm Village Vespers

Wesley Village welcomes Asbury Theological Seminary professor, Dr. Joe Dongell, who will share a message of hope and encouragement for us all.

Friday, January 18th, 1:15 pm Loren and Lee Present...

Always lively and entertaining, Transylvania music professors Loren Tice (piano) and Lee Patrick (alto sax) return to present a program of classical and popular themed music, this time with the intriguing title, "Fruit Cocktail."

Tuesday, January 22nd, 1:15 pm Fall Prevention Workshop

Falling is the number one cause of accidental death in people 75 years of age and older, yet falling is not a normal part of the aging process. Come learn what factors can put you and your loved ones at risk; and what factors you can control to reduce your risk of falling. Learn the Four Systems of Basic Balance in a fun and interactive presentation by Jefferson Musgrave PT, DPT, Cert. MDT, with Kindred Home Health.

Thursday, January 24th, 6:00 pm Café Cabaret with Walnut Street Rambler All Stars

UK Professor of Piano, Dr. Dick Domek, has performed many times with many ensembles at Wesley Village. On this night he brings back several favorite musician friends for a concert that will surely delight!

Mark your calendars in February ...

Thursday, February 21st, 3:30 pm – Asbury University Masterworks Series featuring The Men's Glee Club and Chorale

For more details on all the life-enriching activities of the Wilmore Senior Community Center, call Alan at 858-3865 ext. 238 or visit www.wvillage.org (January 2019)