

Winter
2018



Beacon of Hope

 **Wesley Manor**
Retirement Community
feels like home

Retired nurse enjoying life in *The Aldersgate*

If you need cheering up, look no further than Aldersgate Resident Joyce Holston. You'll always find her with a bright smile on her face!

A native of Drakesboro, KY, Joyce moved to Louisville after high school to become a nurse. She attended nursing school at Indiana University Southeast, and completed her training at the former Red Cross Hospital in Louisville. Joyce went on to enjoy a fruitful 30-year career as a therapy nurse in the VA Hospital. She can proudly show you several recognition awards.

"It was hard work in the sense that people needed physical help," Joyce recalled. "But it made you want to do your best to help them."

Early in her career she met a special patient named Daniel Holston. A courtship began

and they married August 2, 1958. They raised two children (Kevin and Debra) together in the Hikes Point area.

She sewed many of the kids' clothes, while they took Home Economics classes in school. One of her greatest passions was teaching youth and adult Sunday School at Greater Good Hope Baptist Church.

Joyce moved to Wesley Manor in 2017, as her needs became more than Daniel could do for her at their home. She enjoys worship services, singing hymns, playing bingo and Wii Bowling at Wesley Manor. In fact, Joyce and Daniel love to go bowling together—



Joyce and Daniel will celebrate 60 years of marriage later this year.

a sport they've shared throughout their marriage. "She beat me in Wii Bowling the other day," quipped Daniel.

In 2018, Joyce and Daniel will celebrate 60 years of marriage. What's the secret to a long and happy marriage? "We've always agreed on things, even if we had to work out some differences first," Daniel shared. "And we aren't demanding (of each other). We try to stay active." ♥

Stay informed, stay connected

You can keep up with what's going on at Wesley Manor in between quarterly issues of *The Beacon* newsletter. We also publish a monthly email newsletter with up-to-date articles and upcoming events. To get a free subscription just send your email address to cwhalin@wesman.org. To protect your privacy, we do not share email addresses with any vendors or third parties.

More and more seniors and their families are using social media as an effective communications tool. Wesley Manor's Facebook page is a fun way to stay connected

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Senior Helpers & Second Wind Dreams present

The Virtual Dementia Tour®

Your Window to Their World

Open yourself to experiencing the world around you in a completely different way and gain a clear perspective into the daily lives of those with dementia.

The **Virtual Dementia Tour®** sensitivity training program enables participants to gain a greater understanding of dementia and shift their thinking from fear to action.

Join Us For This Unique Experience!

Hosted
by:  **Wesley Manor**
Retirement Community

Thursday, March 22

9 a.m. – 3 p.m.

Wesley Manor Retirement Community
5012 East Manslick Road, Louisville, KY 40219

Reservations Required by March 20 to:

Linda Pike
lpike@WesMan.org
(502) 969-3277

*(Not intended for
those who have
dementia)*

Presented by:





Have a Heart for Seniors



This February PLEASE... Have a Heart for Seniors!

Each year, the last Sunday in February is set aside as “Have a Heart for Seniors” Love Offering Sunday in all our Kentucky United Methodist Churches. When you have the opportunity, please give generously to our senior care ministry through the 2018 “Have a Heart for Seniors” appeal.

The following is just ONE person’s true story about the value of charitable care:

2018 Annual “Love Offering” Benefiting Senior Care Ministries



Kathleen, born in 1932, is a native Kentuckian and daughter of a Methodist minister, who grew up during the Depression when her family struggled to survive.

But Kathleen’s parents lived out their strong faith and taught her to trust God for all her needs. **Their motto was “the Lord will provide.”**

In 1938 Kathleen saw her father ordained in the Methodist Church, assigned to the Franklin Circuit where he served eight churches and earned a total of \$100 a month! Times were hard. Money was scarce. Kathleen and her mother often knelt by the couch and prayed the Lord would provide... and He always did!

Kathleen became a member of our Wesley Manor family 13 years ago. But after 12 years, the money she had carefully saved over a lifetime was gone. **Once again, Kathleen prayed for the Lord to provide. And—just like always—He did!**

You see, YOU and other faithful friends stood in the gap for this woman of faith. She told us joyfully, **“Even now, at 86 years old—the Lord still provides! I’m just so grateful!”**

Only YOU can help us ensure Kathleen, and many other deserving residents, will have a safe, secure and loving home where they can live out their lives.

Please listen to your heart—help us brighten the lives of our older adults and guarantee them a home for life!

If you do not have the opportunity to give to the “Have a Heart for Seniors” Love Offering through your church, you may donate online at www.WesMan.org or mail your check, payable to Wesley Manor, to:

▶ **Wesley Manor — Have a Heart**
Development Office
5012 E. Manslick Road
Louisville, KY 40219 ♥

Girl Scout raising funds for Wesley Manor!



Annie Kate Reynolds, Girl Scout fundraiser



We were very excited to learn Annie Kate Reynolds, a second-grader at Goshen Elementary, chose Wesley Manor when her scout troop leader asked the girls to select a fundraising project.

Annie Kate says she has a heart for Wesley Manor because of her Grandma and Granddaddy's (Craig & Mary Anne Reynolds) love and long-time involvement. She got first-hand exposure when she worked at Wesley Manor last summer during Christ Church's Shepherd's Camp.

Because Annie Kate feels it is very important to help older people who need financial aid, all her funds are designated for our Charitable Care Program.

In between Annie Kate's gymnastics, piano classes, service projects, playing with big brother Alex, and black lab Grace, she found time to decorate a special fundraising jar. And she is not shy about talking up the importance of senior care ministry with family and friends! To date, she has raised \$139!

**FROM EVERYONE AT
WESLEY MANOR~
THANK YOU,
ANNIE KATE!**

If YOU would like to help Annie Kate in her efforts, you may send a check to:

Wesley Manor, Annie Kate's Fund,
5012 East Manslick Rd., Louisville, 40219.

Write "Annie Kate's Fund" in the memo line. ♥

Fred & Mildred Whitmore are First Bishop's Club Members

Patio home residents Rev. Fred & Mildred Whitmore moved here in 2013, but as Fred says with a chuckle, "We were on the ground floor when Wesley Manor opened in 1963!" Mildred was Wesley Manor's first beautician and Fred served on the board during the mid-70's.

Since that time, Fred and Mildred have done "whatever they could do to further the cause." Fred is now a member of our Mission Advancement Campaign Committee ("MAC"), which is guiding and overseeing the enhancements and expansions planned for the next several years.

Last Fall, Bishop Leonard Fairley became the first individual to commit a \$10,000 gift to Wesley Manor's MAC Campaign. The Bishop was later asked if he would permit Wesley Manor to promote a "Bishop's Club" for all contributors of \$10,000 or more to our MAC Campaign. Wishing to encourage others to step forward and join this effort, Bishop Fairley gave us his blessing!

On November 16, Fred and Mildred opened the board meeting with an announcement that they had decided

to transfer a gift of stock to Wesley Manor designated for our MAC Campaign, and that it would exceed \$10,000. With this, we welcomed Fred and Mildred Whitmore as the very first members of the "Bishop's Club!"

As long-time advocates and now residents of Wesley Manor, Fred and Mildred say they know first-hand that we provide "excellent senior care in a home-like setting" in all four neighborhoods of our community. Fred added that he is pleased, "Wesley Manor is following the intentions of its original contributors, Elizabeth Nettelton, Carrie Price and Mr. & Mrs. C.M. Walts, by providing the very best care for all our older adults until they leave for the heavenly shores!"

With prayer partners, friends and supporters like Bishop Fairley, and Fred and Mildred Whitmore, the future is looking bright for Wesley Manor for the next 50 years — and beyond! ♥



Both Fred and Mildred worked with Wesley Manor during the 1970's, and now they proudly call it home.

The "Bishop's Club" was created for contributors of \$10,000 or more to our MAC Campaign.

Volunteers are at the center of everything we do for seniors!

Wesley Manor wishes to recognize those behind the scenes, making selfless contributions to our seniors and our staff in 2017. We appreciate ALL of the volunteers who contribute their time and resources, embracing our mission so it always "feels like home."

Anna Auxier
Ambassador
Annie Kate Reynolds
Fundraising
Arch L. Heady & Sons
Activities
Beverly Newell
Walker Bags
Bob Smith
Pastoral Care
Briget Elaine Price
Activities
Cardinal Music Therapy
Group Activities
Carol Balthrop
Ambassador
Carol Forehand
Ambassador
Carol Powell
*Mission Adv. Committee/
Fundraising Event*
Carol Lee Keys
Fundraising Event
Carter & Marilyn Reynolds
Ambassador
Charles Routon
Activities
Chelsey Minch
Golf Committee
Cheryl Overy
Fundraising Event
Christ Church United
Methodist
*Landscaping/
Christmas Gifts*
Christ Church United
Methodist-Lydia Circle
Activities
Christ Church United
Methodist-Shepherd's Camp
Landscaping/Activities
Christel England
Resident Christmas Gifts
Chuck Hancock
Activities
Cub Scout Pack 157
Activities

Cindy Stivers
Advisory Council
Craig Reynolds
Golf Committee
Cynthia Simpson
Fundraising Event
Daneen Good
Landscaping
Darryl Durham
Board/Golf Committee
David Garvin
Board of Directors
Deanna Austin
Music
Denise and Jim Ringlein
Activities
Doug Kottke
Board of Directors
Ed Geers
Board of Directors
Eddie Squires
Advisory Council
Emily Gayhart
Fundraising Event
Eric Harden
*Fundraising/Mission
Adv. Committee/Golf*
Fairmount Baptist Church
Music
Fred Whitmore
Mission Adv. Committee
Gary Gibson
Board of Directors
George Hersch
Board of Directors
Glenda Thacker
Fundraising Event
Harmonics of Louisville
Music
Haylee DePoyster
Activities
Hopewell Baptist Church
Worship/Music
James C. Barnett
Board of Directors
Jane and Ellen Lohmeyer
Activities

Jane Hunt
Ambassador
Jennifer Henderson
Advisory Council
Jim Higdon
Activities
John & Thersea Venter
Ambassadors
John Conrad, III
Board of Directors
John Wieland
Fundraising Events
Josh Martin
Activities
Joyce Isaacs
Activities/ALZ Fundraising
Juanita Blakeman
Activities
Judy Ford
Ambassador
Kathy Semmes
Advisory Council
Kayla Goodman
Activities
Kelly Gannott
Advisory Council
Ken Curry
Landscaping
Ladies Sewing Circle
Resident Clothing Protectors
Laukhuf Elementary School
Music
LaVerne Skinner
Resident Christmas Gifts
Libby Case
Activities
Linda Campbell
Resident Butterfly Quilts
Linda King
*Board/Mission Adv.
Committee*
Lynn & Joy Jamison
Landscaping
Madonna Flood
Board of Directors
Marilyn Caudill
Ambassador

Marlene East
Fall Event Committee
Mary Anne Reynolds
Fundraising/Ambassador
Melanie Anderson
Fundraising Event
Micah Christian School
Music
Mike Corner
Activities/ALZ Fundraising
Michael Gibbons
Board of Directors
Michael Smith
Board of Directors
Mildred Whitmore
Landscaping
Mosaic UMC
Music
Mt. Bethel UMC
Music
Nat and Bedra Peters
Ambassadors
Naya Woosypiti
Activities
Norma Sledge
*Board/Fundraising/
Ambassador*
Okolona VFW
Activities
Pat Cox
Fundraising Event
Pat Isaacs
Fundraising Event
Pat Moorsman
Fundraising Event
Paula Hammer
Fundraising Event
Peg Irvin
Fundraising Event
Phil Gayhart
*Board/Mission Adv.
Committee*
Priscilla Morgan
Music
Qianna McClure
Advisory Council

Ray Grabianowski
Ice Cream Parlor
Rebecca Curry
Board of Directors
Ronald Million
Ambassador
Russ Wardlaw
*Board/Fundraising/Mission
Adv. Committee*
Salvation Army
Lap Blankets for Residents
Sharon Heckle
Resident Christmas Gifts
Shauna Johnson
Fundraising Event
Shirley Grimes
Ambassador
Steve Bays
Music
Steve Jones
Board of Directors
Sue Bench
Fundraising Event
Sunlight Youth Choir
Music
Susan Blackburn
Activities
Thomas Wheatley
Special Events
Tracy Leet
Activities
Troy Westrick
Activities
UPS Airline Ground Support
Maintenance
Victory Baptist Church
Music
Walt Welder
Special Events
Willa Hines
Landscaping

Please accept our apologies
if we inadvertently
missed anyone.

Bless you!



"Swing for Seniors"

GOLF SCRAMBLE

Woodhaven Country Club
Monday, May 21 — Noon

Get your group together and come play
a "round" to help older adults — and
we always need great sponsors!

*All proceeds benefit Wesley Manor's
Charitable Senior Care Program*

In our last fiscal year alone, Wesley Manor provided
more than \$1.5 million in charitable assistance to
residents in our Assisted Living, Aldersgate (Personal
Care & Memory Support) and Health Care Centers. ♥



GOLF REGISTRATION FORM

For information/sponsorship/registration, please contact
Candi Blinn or Anita Kuvin, (502) 964-3959, or complete
the registration form below and return with payment.

Contact Name: _____
Business: _____
Street Address: _____
City/State/Zip: _____
Daytime Phone: _____
Email: _____

TEAM REGISTRATION —

Golfer Name: _____
Golfer Name: _____
Golfer Name: _____
Golfer Name: _____

EVENT DETAILS:

- **When:** Monday, May 21 — Noon registration & lunch
- **Where:** Woodhaven Country Club in Louisville
- **Cost:** \$125/player; \$500/team of four
(registration as a foursome is preferred)
- **Why:** Help older adults get care they need
- **Registration Deadline:** Friday, May 11
- **Prizes:** 1st, 2nd & 3rd Place Teams

SPONSOR OPPORTUNITIES (check appropriate box):

- ☐ \$2,500 Title Sponsor (admits 4 golfers)
☐ \$1,000 Corporate Sponsor (admits 2 golfers)
☐ \$250 Hole or Green Sponsor
☐ I can't play, but would
like to donate \$ _____

NOTE: Payment is REQUIRED with reservations. Send check(s) payable to: Wesley Manor Retirement Community
Attn: Anita Kuvin/Candi Blinn • 5012 East Manslick Rd. • Louisville, KY 40219 • (502) 964-3959 • fax: (502) 966-0819

Support Wesley Manor while shopping!

You can automatically support Wesley Manor every time you shop at *Amazon.com* and *Kroger stores*. Just go to these
websites to create an account, then select Wesley Manor as the charitable organization. It's free and there's no obligation.
A percentage of every purchase you make goes to support our ministry, thus leveraging the dollars you spend anyway. ♥

► www.Kroger.com/CommunityRewards

► www.Smile.Amazon.com



Thanks!



Transitions: A support group for the person living with Alzheimer's and their care partners

Meets 4th Tuesday of Each Month, 10:30 a.m. – 12:00 p.m.

Wesley Manor—Assisted Living Center

5012 East Manslick Road, Louisville

A free support group for care partners and those transitioning from early-stage to mid-stage Alzheimer's/dementia

Affiliated with the Alzheimer's Association, this support group is co-facilitated by Rev. Dr. Rebecca Church and Clinton Spaulding.

Space is limited and reservations are required. Please contact Rev. Dr. Church, (502) 400-3204 or rchurch@wesman.org if interested. ♥



alzheimer's association®

Dementia Quick Facts

According to the Alzheimer's Association 15 million Americans provide unpaid care for people with Alzheimer's or other dementias. Thirty-five percent of caregivers for people with dementia report their health has gotten worse due to care responsibilities, compared to 19 percent of caregivers of older people without dementia. In Kentucky, 70,000 people over age 65 had Alzheimer's in 2017.



Wesley Manor provides high-quality care for people with all stages of Alzheimer's and dementia. Come "walk in the shoes" of a person with dementia at the Virtual Dementia Tour or attend one of our Alzheimer's support groups. See details in this newsletter. ♥

(continued from page 1)

Stay informed, stay connected

and share with others. You can find current photos, live videos and invitations to campus events. Be sure to "Like" and "Follow" our Facebook page to stay informed. And while you're there, be sure to post a review—Wesley Manor is currently ranked at 4.5 stars (*we're striving for 5 stars!*).

You can also help other seniors and their families by writing reviews about Wesley Manor on senior-related websites including caring.com, senioradvisor.com and others. This encourages others searching for a quality senior living community—several have told us they called because of favorable online reviews. When you post a review, send us your mailing address and we'll send you a \$5 gift card to Chick-fil-A! ♥



5012 East Manslick Road
Louisville, KY 40219

www.WesMan.org

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*Winter
2018*

Wesley Manor serves its residents and families with a dedicated and professional staff, in a nurturing Christian community.



Caring for the entire person

Wesley Manor has been fortunate to again serve as a site placement for art therapy students from the University of Louisville.

This spring we welcome our newest Art Therapy Students, Deborah Zimlich (left) and Kelly Fleischer. They are working with our residents in Assisted Living and Personal Care. ♥

SAVE THESE DATES

Upcoming Events & News of Note



“Have a Heart” for Seniors

Sunday, February 25

Charitable care assists residents who have outlived their assets and provides these cherished seniors with peace of mind. Please help these Wesley Manor seniors.

2018 “Swing for Seniors” Golf Scramble

Monday, May 21 ~ 12 noon

Play a “round” to help older adults, or become a sponsor for our annual golf scramble held at Woodhaven Country Club this spring.

“Transitions” Alzheimer’s Support Group

Fourth Tuesday of each month; 10:30 a.m. – Noon

This free, community support group is open to family and friends of those with Alzheimer’s/dementia. Topics include Managing Family Dynamics, Grief Issues, Self-Care, and more.

Welcome Our New Board Members

Please welcome our new board members for 2018: Arvil Dobson, Bart Doerhoefer, Alan Fryrear and Dr. Christian Davis Furman.



2018 Board of Directors

Russ Wardlaw – Chairman
Doug Kottke – Treasurer
Norma Sledge – Secretary
James C. Barnett
John L. Conrad, III
Arvil Dobson
Bart Doerhoefer
Madonna Flood
Alan Fryrear
Dr. Christian Davis Furman
Rev. David Garvin
Rev. Michael Gibbons
Steve Jones
Linda King
Craig Reynolds

Ex-Officio

Rev. Gary Gibson, Heartland District Superintendent
Jerry L. Hoganson, President
Mark Stephens, Vice President, Administration
Deanna Young, Vice President, Nursing & Client Services
Anita H. Kuvn, Vice President, Development

The Beacon is the newsletter of Wesley Manor Retirement Community, Methodist Retirement Homes of Kentucky, Inc., Cliff Whalin, publisher.