PICKERSGILL HONORS VOLUNTEERS:

In conjunction with National Volunteer Week, Pickersgill hosted a luncheon to honor all of the hard work and thousands of hours of time given by our many volunteers. The speaker this year was Deb Shavitz, AKA: Pickersgill's zumba instructor. Deb is a retired Director of Sales for Quest Diagnostics who found her true calling in senior health and wellness. Deb shared her passion for health and wellness and gave the audience a good work out!



NEW & NOTEWORTHY

Ballet Mobile Makes Visit to Pickersgill!

Pickersgill residents were treated to a wonderful program "Ballerina of Springtime" that integrates what Renee Meyer, Founding Artistic Director, calls "the three M's: music, movement, and mental imagery."

She tailors each performance to the specific people who will be there so that everyone has the chance to watch wonderful ballet, journey in their minds to happy, safe times and places, and move with the music and dancers - in their hearts if not with their bodies.

Ballet Mobile, Inc. is usually on the road making house calls. Its headquarters is located in Studio 18 of the Howard County Center for the Arts. Its mission is to bring inspirational programs to persons who otherwise might not have the opportunity to experience or enjoy them.





Susan Speaking to Residents



Residents Watching the Amazing Performance

HULA HOOPLA

The Pickersgill's Annual Luau

Pickersgill's Annual Luau took place in the Willard Auditorium and featured music, dance performance, food and more!

The room was bright and festive and filled with the distinct harmony of the ukulele, steel guitar and drums which blended with song to echo the sound of the islands. Guests were treated to a spectacular and exciting luau show that included dances from the islands of Hawaii, New Zealand, Samoa and Tahiti and the dancers wore exotic, authentic costumes. Many Pickersgill residents and guests dressed in tropical style for the event, including one resident who said she purchased her hibiscus patterned dress on the big Island of Hawaii in 1970. Pineapple punch, fruit kabobs and macadamia nut cookies were some of the tasty treats served for the occasion. At the end of the party everyone universally agreed, "Hana Hou!" (Let's do it again!)



Melissa Miller and Marilyn VanTassell



Audrey Stiffler and Anne Cullen



Bonnie Kramer and Vivian LaMont



Emma Chatham and Virginia Price





Vinni and Doug Penniman

Grace Steadman and Bea Kennedy

RENOVATIONS

Renovations Soon to be Underway!

We take our Mission Statement to heart at Pickersgill. One goal is to help our residents "achieve with dignity, the proper balance between independence and assistance." Last fall our newly renovation in living quarters is the upcoming conversion of eight Assisted Living rooms into four spacious, one-bedroom suites. These will be on the third floor, up the hall



Sunroom

renovated, relocated rehab center opened for business to all Pickersgill residents. Therapists are working nearly round-the-clock to keep all of our residents physically and mentally in shape. We've added more staff to our nursing department as well.

Another part of our mission is to "blend traditional values with contemporary living and provide a comfortable home." We are constantly updating and upgrading, and our latest big

from the activities room.

A final key component is our mission to "promote each resident's vitality of spirit." Activities are key to quality of life, and Pickersgill's Activities Department offers something, somewhere, almost hourly. In addition to our spacious auditorium, cozier meeting room, and lovely home lobby, other locations house activities, from sitting areas where residents work on 1,000-word jigsaw puzzles to

the third-floor activities room where the weekly writing and trivia groups meet. It is this last area that will be undergoing a major transformation.

The new 'multi-purpose area' will be large enough to accommodate the hugely popular weekly happy hour. Walls will come down to open up the area and a pantry will be added. The current patio will become a glass-enclosed, four-seasons sunroom, and a new patio will be extended under the cover of a trellis to provide shade. People will be able to enjoy the lovely new landscaping and even stroll the smooth walking pathways. If the weather is inclement, it's back inside to watch a large-screen TV for entertainment. Everyone will be welcome to use this area, and it will be available for private events as well.

These additions and changes are part of the first phase of a multi-year, two-phase facility master plan. In addition to the new rehab center on the second floor and the new suites and multi-purpose activity area on the third floor, the fourth floor will be updated too. The Decker dining room was redone this year and more changes will be made in this area, including new carpeting and wall covering, a



Activity Room

more centrally located sitting area, an expanded nurse's station, and electric fireplace. This new enlarged space will also become a hub for more activities.

But wait, there's still more. The hallway that joins the second floor lobby with the second floor living area will be redone, and the home lobby on the third floor is going to be redecorated to reflect Pickersgill's rich 216-year history. Part of this lobby will then display our collection of historical photos and documents that represent this history.

Renovations are set to begin by the first quarter of 2019 and should take six to nine months.

And that's just Phase 1! Wait until you hear about Phase 2....

















A. Home Lobby B. Suite Conversion C. Staff Locker Room D. Shower Room E. Staff Lounge F. Service Hall G. Nursing Unit and Living Room Area H. Sunroom

FLAG DAY AT PICKERSGILL

Pickersgill Celebrates Flag Day

Flag Day at Pickersgill brings together the residents and community for a special salute to our veterans. This year's event, held on June 14th, drew a large crowd for the traditional ceremony and concert. New this year was an expanded flag exhibit by Robert Knowles. This was the 14th year that Mr. Knowles displayed his flag collection at Pickersgill.



Councilman David Marks Honoring Pickersgill Veterans



Residents Enjoying the Celebration



Faye Tully leading the Pickersgill Singers



Barry Eisenberg, Faye Tully and Councilman David Marks Standing for the Pledge of Allegiance



2018 Flag Display

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For Admissions information, call Janice Harris at 410-842-0408

Mission Statement

Pickersgill is a nonprofit retirement community with a strong heritage of benevolent purpose. Begun in 1802 by a small group of caring women, Pickersgill is dedicated to helping each person achieve, with dignity, the proper balance between independence and assistance. We take pride in our blend of traditional values with contemporary living. We provide a comfortable home and high-quality care at a reasonable cost, and promote each resident's vitality of spirit.

Pickersgill Retirement Community Board of Directors

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Pickersgill newsletter is published by Pickersgill Retirement Community for residents, families and friends. Please call the Development office at 410-842-0409 to be added to our mailing list. Or write to us at 615 Chestnut Avenue, Towson, MD 21204, if you wish to have your name removed from further Pickersgill materials.

ANNUAL APPEAL GIFTS BENEFIT RESIDENTS

The 2018 Annual Appeal will shortly be underway and friends of Pickersgill will begin receiving the Annual Appeal letter in the mail by mid-October. All gifts received by December 31, 2018, will be acknowledged in the next annual report. Annual Appeal donors may direct their gifts to any of the following funds:

- **1) Annual Fund** supports general operations and resident activities.
- **2) Benevolent Care Fund** provides for residents who have outlived their assets.
- 3) Named Fund for the Endowment gifts keep Pickersgill financially independent and strong to be able to provide benevolent care and other critical services.
- **4) Chapel Fund** gifts go towards the upkeep of our Chapel which is the heart and soul of our community.
- 5) The Renovations Fund will help to cover the costs associated with the Master Community Design plan that

will add new amenities for our residents and refresh the interiors throughout the building. For a list of naming opportunities please contact the Development Office at 410-842-0421.

There are also two very special groups of contributors at Pickersgill.

The Heritage Society is made up of contributors who have included Pickersgill in their wills or estate plans. Leadership gifts of \$1,000 or more qualifies donors for membership in the Mary Pickersgill Society.

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