

Hi, just a reminder that you're receiving this email because you have expressed an interest in SearStone. Don't forget to add [info@searstone.com](mailto:info@searstone.com) to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



**JUNE 2017**

Summer is here and we're not slowing down! We had a busy month last month with two move ins, one 10% deposit and three wait list deposits. Our Resident Life team coordinated a jam-packed Wellness Week- a full week of focusing on the eight dimensions of wellness. It was a blast!

Have you had any changes in your retirement plans? We'd love an update from you. Simply reply to this email- we look forward to catching up!

Leigh Roach  
Marketing Director

Allie Ligay  
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Debbie DeRosa  
Move In Coordinator

[Join our Waitlist](#) for a future move into SearStone!

We understand how navigating through the world of senior living can be a little



## SENIOR LIVING OPTIONS

intimidating, especially if you're just starting the process.

Today, there are many senior living opportunities for you to choose from. While this is good news, the challenge is that it's sometimes confusing to find the right option for you.

We'd like to help. We invite you to click [here](#) to download a free informational flyer that

explains what the different types of Senior Living options are, including Continuing Care Retirement Communities (CCRC), with details on how they're structured and what they offer.

At SearStone, we offer exceptional services and amenities as well as the countless advantages of living in Cary. Please feel free to contact us if you have questions or if you would like to schedule a personal visit. We're here to help!

## Resident Spotlight



SearStone resident Joseph Polcaro recently got a Silver Medal for ski racing in the mountains of Colorado at NASTAR. He has been featured in many local news outlets highlighting his medal. Excerpt from CaryCitizen's article: Even with skiing coming to Polcaro later in life, he still said he loves it

and finds it exhilarating. "You feel like a bird," he said. "You just fly." You can find Mr. Polcaro walking his dog, Lady, around the community 3-4 times a day, whipping up Italian meals, or reffing soccer games on the weekend. It wasn't until recently we learned of his hobby of skiing. "I had been telling everyone here I'm going to ski in the championship, so when I went out there, I said, 'Oh brother, I need to get something,'" Polcaro said. He now keeps his medal in his pocket so he can show it off when other residents ask how he did. His love for staying active in life makes SearStone a better place!

## Wellness Week 2017

SearStone's Wellness and Resident Life team held its second annual Wellness Week, a fun and energetic week packed with activities designed to impact the whole individual. Throughout the week, activities integrated the body, mind, and spirit, by taking a proactive and preventative approach to providing optimum levels of health in both emotional and social functioning.

The week's events - entitled Your Passport to Wellness - included presentations by UNC-TV Weekend Talk host Deborah Holt Nole and REX Wellness Nutrition Center, USO Outreach, an Iron Chef Competition and a Casino Night!

Have you seen the SearStone YouTube lip dub video?  
It was featured as "Trending" on Fox50! Click the Play Button below!



SearStone Retirement Community Lip Dub

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SearStone Retirement Community | 919.234.0339 | [SearStone.com](http://SearStone.com)

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