

The Village Voice

A Monthly Publication of The Village at Brookwood

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May 2017

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Highlights, Residents' Council (4/11) and Residents' Association (4/19)

President/CEO Dan Cuthriell: TVAB had the best marketing quarter in 12 years. When 3 anticipated deposits are completed, occupancy and reservations will be at capacity, and potential residents will be put on the wait list. The daily census continues to be affected by shorter lengths of stay due to Medicare changes. Financials through February showed a loss of \$227,650. Revenue was under \$153,000; expenses, over \$167,000. Refurbishment Phase 1 is in the bid and permit process. Work starts mid-May and is estimated at 6 weeks. Phase 2 begins about 7/1. Dining will be in the Gathering Place. Focus is on compressing the construction schedule while maintaining safety.

Treasurer Bob Fincannon: March Association income was \$659.42; expenditures, \$901.31. The cash balance is \$9,065.34.

John Edgerton reported on the **Ad Hoc Communications Committee** looking at improving resident communications and getting resident input.

Care and Concern (Marge Freerman): Easter cards are being distributed; new resident dinners are being hosted in Lakeside. Increasing visitors to Heritage Place is being promoted. Delivering regular greeting cards, pictorial directories, and welcome bags are ongoing.

Dining (Ginger Bosse): Making the entire 5-week menu available does not work because of adjustments and food availability. Sugar-free chocolate syrup is available. Dining information will be updated for the *Residents' Handbook*. Edith Street Café has new menus. A new commercial microwave will be part of the renovations. The meat used remains of premium quality. Meat and fish can be served "plain." To report positive or negative food issues, place comment forms from the Mailroom in the Dining cubby.

Health and Wellness (Harry Berndt): The horse shoe pit project is in progress. Three Aqua Bikes

are being ordered with Soladay gift funds. The 2nd “Float Your Boat” charity party is 5/3. Volunteers are needed for the April 29 World Tai Chi and Qigong Day.

Library (Chris Hickey): The Library had 24 additions. Residents are asked to place non-current journals and pamphlets in the Mailroom and to return magazines. DVD’s and Books-On-Tape will be moved to the Library during renovations. New residents received information about the Library Committee and Library spots.

Life Enrichment (Lynn Sadler): 1. **The Cultural Committee (Zina Mazura, Chair)** discussed 8 events from now through Oct. 7, including ballet, Art Museum, operas, musicals, and a play. 2. **The Travel Committee** heard Karen Carrouth, of Alamance Arts, speak on upcoming trips. Previous trips considered were reviewed. Joan Marder is stepping down as Chair but will stay on until her successor, Jennifer Young, is available. 3. **The Social Committee (Lynn Sadler, Chair):** The Clown Play/Revue will be re-scheduled because of Refurbishment. The Social Committee will assist with Memorial Day (5/29).

Property (Lee Melber): The Committee reviewed Village Landing door opening time, clocks in elevator lobbies on Floors 2-5, and hang tags for resident cars. Timing of street lights for cottages will be checked. Other complaints involved cottage yard weeds, defibrillator access blockage, and window cleaning. A bulletin board could be added in elevators to avoid notices taped on walls. CEO Dan Cuthriell was asked at the Fireside Chat if the Property Committee would get another look at the planned interior design.

Village Shoppe (Eloise Edgerton): March sales totaled \$645.54. Easter and Mother’s Day promotions are planned; a Pre-Father’s Day bake sale is 6/16. Fundraising possibilities (including the cookbook) were discussed. The Shoppe is closed Memorial Day.

Additions, Residents’ Association Meeting, 4/19

President/CEO Dan Cuthriell: Dr. Jo Watts Williams is stepping down as Chair of the AEC Board of Directors after 16 years of exemplary work. The new Chair is Mr. Chan Chandler, a retired executive at Glen Raven Mills who has served on the Board since 2011.

At present, 135 of 151 homes and apartments are occupied, with 12 deposits on hand. No garden homes and 3 apartments are available—the best marketing report since 2003. Medicare changes have influenced the lower-than-projected occupancies in the three Health Care areas. Financials YTD show a \$167,000 loss; in March, a surplus of \$52,000. Revenue is under budget because of the Health Care census; expenses (overtime, supplies, and repairs) are over budget.

Refurbishment: Phase 1 (Lobby, restrooms, Mailroom, Reception, Club Room, Village Shoppe)—Plans have been submitted to the City for permits. The Lobby and Gathering Place will be closed 8-9 weeks. Some offices and areas must be accessed from outside. **Phase 2** (Edith Street Café, Lakeside and Private Dining, Tavern, Parlor)—Time required is unknown. The Gathering Place will be used for dining. The Private Dining/Tavern will become a Pub/Bistro. The roofed patio area will be enclosed.

Treasurer Bob Fincannon: Association income is \$9,619 YTD for the first quarter, with additions of \$2,382 and disbursements of \$2,935, leaving a cash balance of \$9,065. All committees are within budgets.

Introduction of new residents since January: Sandra Shane, Jeanie Sutton, Gene and Joanne Scarborough, John Barnes, Phillip/Kay Norusis, Bill/Linda Scott.

Library (Chris Hickey): Special labeling was completed for Christmas books and books in a series. A new date stamp was implemented with a visual date due.

Life Enrichment (Lynn Sadler): The Birthday Party is considering ways to address the sharp decline in attendance.

Property (Lee Melber): The volunteer labor marking resident parking spaces saved about \$1,500. Vehicle tags are still needed. Wastebaskets were added in elevator lobbies; wall clocks are pending. The door to the Landing restroom was made easier to open. Water flow in Village Square fountains has been adjusted. Signage asking that access not be blocked was added for the Village Landing defibrillator.

Village Shoppe (Eloise Edgerton): Quarter sales were \$2205.92; the Valentine's Day promotion raised \$104.

Ed Del Giorno as Vice President and **Nancy Clark** as Secretary were voted in by acclamation for two-year terms.

Pat McDonald spoke on World Tai Chi and Qigong Day at TVAB 4/29, 10:00-1:00, and a Tai Chi workshop 4/22, 1:00. Volunteers are needed.

Lee Melber requested that the Association bylaws be amended to make "the Chairpersons of the standing committees specified in Article 5, Section 5.3, voting members.

D. Joe Baughman—Did You Know . . . ?

A little regular exercise is almost as good as a lot of regular exercise. A recent study described four groups of people over 40 who were defined as 1) Moderate exercise (150 minutes over 5 days), 2) Weekend warriors (two days of rather intense exercise), 3) Some exercise (less than the Moderate level), and 4) No exercise. All active groups, compared with the "No exercise" group, had significant improvement in cardiovascular disease and all causes of death. The Moderate group improved by 35%; the other two, by 30%.

A second study observed that all individuals who regularly participated in a variety of sports, e.g., swimming, racket sports, and aerobics, also had significantly less cardiovascular disease and overall mortality. Finally, 15 years ago, a study showed that three-day runners had 80% of the benefits of seven-day runners.

The moral is that any regular exercise is better than none and that you don't have to meet anybody else's standards to benefit.

From Wellness Coordinator Kristy Pardue—

Drinking tea offers many health benefits, including promoting heart health, fighting cancer, and improving bone strength. Tea can also help boost the immune system and fight bacterial and viral infections.





Two Winding Paths Merging into One life Journey— Jennifer Young and Jack Schell

John Edgerton (Picture, Sal Lorito)

They were born in different states, but their childhood years were similar. Both lived in quiet suburbs of large cities, each had two siblings, and both could walk to school safely. A difference was Jennifer's traditional two-parent family, while Jack was reared primarily by his divorced mother, a secretary.

Jennifer loved sports ranging from kickball to competitive swimming. After high school, she left home for Purdue University in Indiana. She spent three years of study and "a fun campus life" before travelling to Madrid, Spain, for her senior year, earning her B.A. in Spanish. After a summer touring Europe, she went to Vietnam for a year, working with the Red Cross to coordinate recreation programs for American troops.

Jack was a "homebody" in the Dallas area. But he never found life boring! He organized a successful teen rock band and also liked to build things, such as assembling a new engine for his first old car. He started engineering courses at SMU but discovered and fell in love with Radio. His success as a Disc Jockey for area stations with "pop music" formats lasted 44 years. Radio was his priority, but he eventually found time to complete his BA in Speech at North Texas State.

Jennifer's desire for a warmer climate took her to Dallas (1970). Her first job began a 33-year career in Human Resources for oil companies and banking organizations. She and Jack met 16 years later at a Ski Club where both were Board members. By then, each had been married and divorced, and Jack had two sons.

Their relationship grew gradually. Jack's fans were loyal, but he often had to adapt to new situations as radio stations changed owners, formats, and on-air personalities. Jennifer's career took her to an Idaho Banking Corporation and then to an oil company in California. That job required her to make field trips as far as western Siberia and Venezuela to hire and determine pay packages for expatriate employees. Then, in 2000, she returned to her roots in the St. Louis area to help deal with issues of family health and a family business.

Jennifer and Jack traveled to stay connected, but Jennifer says the 9/11 disaster brought reflection about the future. In 2003, she headed back to Texas and to the lakeside house she and Jack had purchased. She became a volunteer in causes ranging from community economic development to the American Red Cross, Jack recorded "voice" assignments in his home studio, and they spent time enjoying their boat.

Jennifer learned about Continuing Care Retirement Communities (CCRC's) while helping her parents move into one near their home. That experience led her into research for the best "someday home" for Jack and her. They visited dozens of facilities and made a deposit at TVAB in 2006. But a "surprise family situation" for Jack led them to stay in Texas in a CCRC that didn't work out well.

With problems in Texas cleared up, the couple moved to TVAB in 2015. Jennifer's volunteering includes the front desk and the Dining Committee, and she sometimes teaches ESL classes in the community. She is becoming Chair of the Travel Committee. Jack helps with events as MC and photographer. Together, they enjoy exploring the Carolinas. All that's missing now is having Jack organize a rock band of Village residents!

SELECTED MAY DATES

5/1, May Day
5/3, World Press Freedom
5/4, National Day of Prayer
5/5, Cinco De Mayo
5/6, Kentucky Derby
5/14, State of Israel Proclaimed (1948)
5/14, Mother's Day
5/17, School Segregation Banned (1954)
5/20, Armed Forces Day
5/25, Ascension
5/27, Ramadan (start)
5/29, Memorial Day
5/31, World No Tobacco Day

“Sometimes me thinks, “What is a friend?” Then me say, “A friend is someone to share last cookie with.”
—Cookie Monster
(often played by Frank Oz)



The *Sesame Street* Muppet known as “Cookie Monster” sings his “signature song,” “C Is for Cookie.” Picture courtesy of *Wikipedia*.

Reminders from Chair Lee Melber and the Property Committee

1. Please do not park walkers and electric scooters where they block access to defibrillators. Each floor of the Apartment Building, except 5, has one located in the room at the elevator lobbies. The Village Landing entrance also has one.
2. Please ask visitors and family members to honor the “RESIDENT” designations and park in VISITOR rather than RESIDENT areas. Thank you.

From Jennifer Young—As incoming Chair of the Travel Committee, I ask your suggestions for day trips and overnights. Some of you are North Carolina natives or long-time residents and know places to visit. Jack and I, though new to the state, “read up” on interesting spots, as you do. (Department of Transportation regulations do not permit TVAB bus to exit the state.) Please share your suggestions, thoughts, and ideas. You will not be committing yourself to Committee membership, but you’re welcome to join. Thank you.

A Note from the Library Committee—People have been most generous about donating to and sharing books, magazines, and videos with our Library—perhaps a bit too generous. Lately, we have found out-of-date magazines, newspapers, and company pamphlets in all Library areas, including the newspaper rack in the Mailroom. The Library policy is to accept only current magazines and newspapers because of space limitations. We thank you for thinking of us but ask that you observe the policy. Thank you.

Phil Bowers, “Sustainable Alamance.”



Hope you didn't miss Jennifer Young's wonderful Open Mic 4/18! She supports *all* our speakers, too!



Luciano Pavarotti

Dr. Wayne Moore

My last article in *The Village Voice* [14.1, January 2017: 11] was about two little-known women being featured with the Metropolitan Opera. Finland's Kaija Saariaho was the composer of *L'Amour de Loin*; the other, Susanna Malkki, also Finnish, conducted the orchestra (and singers) in the performances. Their appearances at the Metropolitan were in themselves historical because, traditionally, composers and conductors are men. This month, my focus is still the Metropolitan Opera, but the spotlight is on a male singer.

Few superstars have appeared in musical history among classical performers, male or female. The nineteenth century had Jenny Lind, a soprano from Sweden whose fame and career were promoted in America by P. T. Barnum. Her name has survived into the 20th and 21st centuries by the sale of Jenny Lind beds. In the early 20th century, Enrico Caruso, an Italian tenor, attained superstar status in opera houses and is still mentioned as a legendary artist. In the last third of the 20th century, Luciano Pavarotti, another Italian tenor, became a superstar known to millions of musicians and non-musicians the world over.

Pavarotti was born in Modena, Italy, in 1935. His father, a baker, had an amateur operatic voice and was frequently heard singing opera in his home. One day, when Luciano was six, he announced, standing on the kitchen table, that, when he grew up, he was going to be an opera singer. Like most youngsters, he would sing casually at home. Then, in his early teens, he began studies with a local teacher, who gave him free lessons. His studies progressed for several years, and he learned vocal fundamentals and various opera roles. In 1961, he won first place in a voice contest; this soon led to his first professional engagements, usually for \$50 per performance. Other paying jobs followed, particularly in the Netherlands, Great Britain, and Australia. In 1965, he sang for the first time in America—in Miami, when he suddenly took the place of the leading tenor, who had fallen ill. In 1972, he made a sensational debut in New York in Donizetti's *The Daughter of the Regiment* (libretto by Jules-Henri Vernoy de Saint-Georges and Jean-François Bayard). It featured an aria with nine high C's. As the *New York Times* critic wrote, "It was not only the vocal feat, it was also the elegance and musicality with which the music was delivered." Audiences everywhere were impressed with his perfect pitch, expert diction, and beauty of tone. His demeanor also offered magnetism and charisma.

Pavarotti wrote in his two autobiographies that he wanted to sing for as many people as possible. He welcomed the adulation of opera audiences internationally but realized that they were a small section of the population. His operas and concerts were always sold out; yet he was still not satisfied. Working with his manager, Luciano began to have such larger venues for his appearances as football stadiums, sports arenas, and open-air theaters, first in London, then Miami and Atlantic City. In Miami, a concert was scheduled on the beach. A stage was set up, plus 9,000 folding chairs for paying customers; over 100,000 people congregated around them for free spaces. All these performances were extremely lucrative because Pavarotti always received his usual concert fee plus a percentage of the gate receipts. Other income was

earned from TV performances, commercials, and recordings. Over a million records were sold. Later, Pavarotti teamed up with two other famous tenors for numerous TV performances in stadiums.

Pavarotti never entirely gave up singing in operas, though he curtailed his appearances as he grew older. He was no longer able to reach the high notes of his youth, and perhaps some of the tonal beauty had weakened, but he continued to sing to sold-out audiences. His last operatic appearance at the Metropolitan was in March 2004. His death (2007) was due to pancreatic cancer. Devoted fans, musicians, and others mourned his death. The entire population of Modena, the city of his birth, turned out to view the funeral and procession from the church to the cemetery.



The Alamance Regional Medical Center Charitable Foundation held its Annual Pink Ribbon Fundraising Luncheon at the National Agents Alliance Center 4/19. At Marketing-sponsored Table 20 were Jackie Boada, Rose Del Giorno, Hallee Hogan (Hostess), Polly Gilliam, Evelyn Schmid, Teresa Walker (Accounting), and Lynn and Emory Sadler. Hallee made the centerpiece (won by Polly) and gave each guest at the table a small plant. A highlight was the dancing of the all-male “TuTus for TaTas,” decked out in tutus and tennis shoes. They included Mayor Ian Baltutis (who will attend World Tai Chi and Qigong Day 4/29 at TVAB to present a proclamation), Director of Marketing Chip Schmid, Chris Huneycutt (husband of Marketing’s Betsy, who attended and has previously helped with the event), and Greg Lunsford* (son of Lowell). After their performance, the dancers went among the audience collecting tips! A silent auction was also held. Crowned Pink Ribbon Queen in The Brave & The Beautiful Pageant was Cindy Brady, who has been cancer-free for two years. The luncheon raised over \$10K; the “Encore & Cocktails” (4/20), \$122K. (Pictures, Rose Del Giorno, Hallee Hogan.)



***Editor’s note: Greg (I’m told), who’s in insurance, is quite a comedian. He made an often-cited ad for Zack’s, started the “wave” at UNC-CH, and once drove a small tractor behind its Marching Band!**





Lynn Hadley Hunt
September 10, 1934-February 25, 2017
A Man of Many Firsts

As a sixteen-year-old, Hadley was the **first organist** of Pleasant Garden Methodist Church in Pleasant Garden, NC. When the church was first built, his grandfather bought an organ and told Hadley, “You must take lessons and become the **first organist** of the church.” This was his **first FIRST**.

In fall, 1958, Hadley was appointed the **first full-time** Minister of Music for First United Methodist Church (Marion, NC) and, four years later, the **first full-time** Minister of Music for Fort Hill United Methodist Church (Lynchburg, VA).

In the early sixties, he was in the **first class** of professional Ministers of Music ordained by the Virginia United Methodist Annual Conference, going on to become one of the **first presidents** (the second, I believe) of the National Association for Ministers of Music in Virginia. Soon afterward, he was appointed the **first and Founding Director** of the Lynchburg Fine Arts Center Chorus, which grew into the Jefferson Choral Society now performing internationally. In a short time, he became the **first Director of Music** for the Central Virginia Training Center for Retarded Citizens, where he (and I) received the **first federal grant** to develop a teacher-training program for using music as a means of learning and socialization for Special Learner populations. I taught courses at Lynchburg College preparing them to use music for this purpose; Hadley oversaw and directed their field experiences. “The Cooperative Approach to Music Services for Retarded Persons” became a model for other such programs throughout the United States and later in Europe in the mid-seventies.

Just over a year ago, Hadley and I returned to our home state to live in the Village at Brookwood in Burlington, which is about one mile from the home on Davis Street that his great-grandfather, the Rev. Moses Jackson Thomas James Hunt, a Methodist Circuit Rider, had built for his retirement in 1892. With many of the Hunt family living in this region and throughout North Carolina, I dare say that you may have heard of some family members; we came home, so to speak.

We both spent our careers making our best efforts to contribute to the welfare of society through the church and higher education. As a college professor, I devoted my professional career to instructing students and wish to continue doing so even after death. Hadley and I agreed on that philosophy, and so it is **highly appropriate** that he is the **FIRST Body Donor** to the Elon University Anatomical Gift Program.

I am hopeful that whatever knowledge other professors and students might gain from the use of his body (and mine later) may be of benefit to furthering scientific knowledge as well as the skills of future science and medical professionals.

JoAnn Padley Hunt, Ed. D.

Signing Ceremony for Initial Registered Donors, Elon Anatomical Gift Program
March 24, 2017

Lynn Hadley Hunt to Be Honored at the Legacy Teachers Luncheon, May 15

Legacy Teachers is a national organization, but this will be the second year of participation by UNC Medical School. Upcoming is Hadley’s nomination by medical student Katherine Ann Lee, MD Candidate, Class of 2018.

I met Mr. Hunt in the early months of my clinical rotations. When I first saw him, he was at a difficult point in his treatment. He looked pale and thin in the large rooms of the ISCU. When he improved enough to move to a floor bed, he became my patient. At a time when I was struggling to adjust to a new surgical service and find my place in medicine, Mr. Hunt and his family welcomed me into their lives and to the care of their loved one. They trusted me to answer their questions and honor their concerns. Medical students can fade easily into the periphery. They treated me as a valuable member of the team, rather than a learner, and supported my growth into that role. I felt the weight of their trust and was honored by it every day. Mr. Hunt and his wife, JoAnn, also frequently reminded me that our patients are much more than their medical records. They told me about their music and service throughout their lives together. From my initial impression of him, Mr. Hunt recovered into his spirited, engaging self I came to know. He and his family had a lasting impact on my education and on how I have treated patients since them. They remain a warm memory because of their kindness, patience, and generosity to allow me to care for Mr. Hunt. They continue to remind me of why I want to be a physician.

I was saddened to learn that Mr. Hunt recently passed away. I would like to recognize his wife, Dr. JoAnn Hunt, with this reflection and thank her for her, her family's, and her husband's role in teaching me.

Dr. JoAnn Hunt,

This is only a small piece of what you and your family have meant to me as a learner and how moved I was by your collective strength and spirit. I'm now starting my 4th and last year of medical school and will be going into Family Medicine. Your family has stuck with me throughout all of it.

World Tai Chi and Qigong Day Celebrated at TVAB April 29, 10:00 A.M.

Pat McDonald

The Village at Brookwood will host the area's first observance of World Tai Chi and Qigong Day on the patio outside Edith Street Café and on the path around the pond with Tai Chi demonstrations. Burlington and surrounding area Tai Chi enthusiasts will join us in celebrating one of the oldest health and fitness programs, which has become widely popular in modern times.

The 18th annual World Tai Chi and Qigong Day will begin in Samoa and spread across 80 nations moving eastward, time zone by time zone. This year's theme is "One Breath . . . One World."

Although Chinese history records that Tai Chi was practiced at least as early as 300 B.C., no one knows how long it was used prior to that date (its first recorded description).

More than 500 studies over the last two decades have shown that participating in Tai Chi boosts the immune system, lowers blood pressure, and reduces anxiety and depression. It is a low-intensity exercise/balance regimen appropriate for those with chronic health issues and can be done from wheelchairs. Many nations are providing such programs for their elder populations to increase balance and coordination and prevent falls. Join us as we celebrate healing and harmony.

The 2nd Annual "Float Your Boat" Fundraiser for Juvenile Diabetes is May 3, 3:00, at the Wellness Center pool. Donate \$5 per boat. Refreshments served.

A-Tripping We Will Go!



Above, Merritt's. Top left, NC Museum of Art. Left, Herb Festival, First Presbyterian Church. Below and left, David Holt and Josh Goforth Concert, Haw River Ballroom. Pictures by Janet Fogleman.



Right, guess who's spent a lot of time "J.D.rigging" and "Melbernating" for Kristy and Ladder Toss! Picture, Kristy Pardue.

Left, Polly Colton's Easter Egg Wreath. Picture, John Colton.



TVAB and the Natural World



The Landscape Crew spreads pine straw. Pictures, Jack Schell. Left, “Buzzard Boy with Damaged Wing” posed for Wayne Bunting prior to removal for healing!

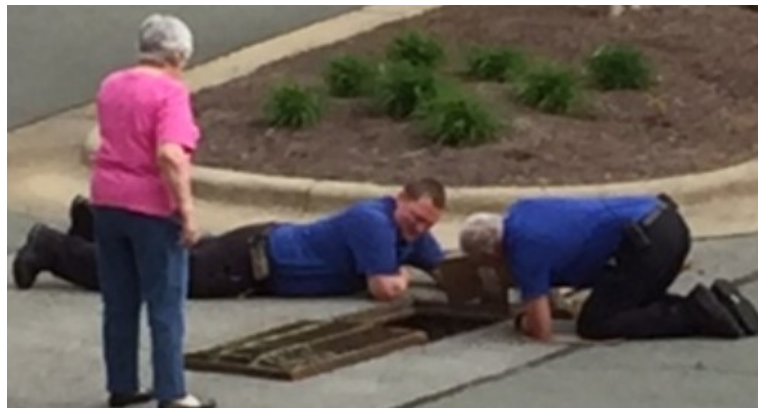


John Colton—Rescue of the Ducklings


On Wednesday, 4/12, at approximately 9:15 A.M., an unidentified resident observed a Mallard Duck “hen” and five ducklings wandering in the front parking lot of Village Square. The Receptionist and Maintenance were notified. Soon came an attempt to herd the family out of the parking lot, but, in the process, the ducklings fell into a storm drain located between the Wellness Center and the first and second rows of cars. The baby ducks were frightened as DeWayne Poag, Kevin Hunley, and Dale Epperly tried to pull them out and obviously did not want to be *manhandled*.

Residents Elton Brame, Harvey Smith, Polly Colton, and some passersby stopped to give help or at least cheer on the rescue efforts. After great difficulties, The Three Duckateers brought up four ducklings from the drain. At almost 11:00, DeWayne stretched out on the asphalt and extended an arm and hand as far as possible into the drain. He was finally able to retrieve the remaining duckling, and the entire brood was returned to the pond.

Polly said she “loved the little ducks” and “would have tried to save them if the Maintenance Men hadn’t arrived.” Thankfully, a morning that started out with concern and drama was transformed into quite a “ducky” day!



North Carolina Transportation Museum, Spencer (Photos, Jack Schell)



Barber Junction

Built in 1898, the Barber Junction depot was located 12 miles to the west in rural Rowan County. Connecting the Western North Carolina Railroad from Salisbury to Asheville and the North Carolina Midland Railroad from Charlotte to Winston-Salem, the depot was used as a transfer point for both passengers and express freight on Southern Railway trains. Towns and cities across North Carolina and the United States built their communities around railroad depots due to convenience of railroad access. Mail arrived at the station via Railway Post Office cars, while cargo and packages would be processed by Railway Express Agency. Railroads also used depots as a means of communication with train crews and processing paper work. Barber Junction depot served this purpose for its community until the 1970s.



Above, Old Engine.





Above, Engineer Simulation Machine



Crossing Signal Display



From Marketing

The Marketing team hosted 21 tours in April.

We have welcomed **Gene and Joanne Scarborough**. **Marianne Roarick** arrives Saturday, April 29.

We have received three 10% deposits and expect two more before the end of the month.

We are **SOLD OUT** of garden homes, including the marketing model, for the first time in TVAB history!

Our April ViEW event was a presentation by United Way encouraging support from TVAB residents and future residents. Our May event is an Estate Planning workshop with Tom Steele of Pittman & Steele Attorneys at Law; we will invite prospects to this presentation. Note: The location of ViEW events will get tricky during Refurbishment, but the Marketing team will offer some ViEW event every month.

Marketing will have a booth at the Alamance Eldercare Caregiver Resource Fair on Thursday, April 27, at St. Mark's Church.



**Congratulations to The Three *Marketeers*—
Hallee Hogan, Director Chip Schmid,
and Betsy Huneycutt!
At the Residents' Association Meeting (4/19),
President/CEO Dan Cuthriell announced the best
marketing report since 2003—no garden homes and
three apartments available.**

In Memoriam

Mary Ann Martin Inabnit, January 10, 1930-March 27, 2017

Betty Blalock, October 30, 1932-April 4, 2017

Lillie Walker, April 23, 1919-April 4, 2017

Mary Josephine (“Mary Jo”) Frissell Holt, December 26, 1924-April 13, 2017



Selected May Events

5/3, Float Your Boat, Wellness Center Pool, 3:00

5/5, *Legally Blonde* (musical), Temple Theatre, Sanford, D 10:30

5/11, “North Carolina Places,” Bob Finley, GP, 2:00

5/13, *Der Rosenkavalier* (Strauss opera), Regal Grande, Greensboro, D 11:15

5/15, Open Mic with The Drs. Sadler, “The Deep and the Haw,” GP, 10:00

5/17-19, Historic Edenton, TBA

5/21, *Anything Goes* (musical), Studio 1, D 1:30

5/29, Memorial Day Observance, TBA

Committee Meetings, Opportunities, Announcements . . .

Care and Concern

Tuesday, May 30

4:00, Fireside Parlor

Chair: Marge Freerman

Crafty Villagers

1:30-3:30 each Tuesday, Edith

Street Café, rear corner

Contacts: Carol Davison,

Matilde Harris, Rena McDonald

Cultural

Wednesday, May 3

2:30 P.M., Private Dining

Chair: Zina Mazura

Dining

Monday, May 1

10:00 A.M., Club Room

Substitute Chair: Helen Musser

Finance

Next meeting in June

Chair: Peg Ladd

Health/Wellness

Wednesday, May 3

10:00 A.M., Private Dining

Chair: Harry Berndt

Library

Tuesday, May 2

10:30, Library

Chair: Chris Hickey

Men’s Group

11:30 each Tuesday

Lakeside Dining Room

Contact: John Edgerton

Play Reading

Sunday, May 7, 21

3:00 P.M., Club Room

Contact: Emory Sadler

Property

Wednesday, May 24

2:00 P.M., Meditation Room

Chair: Lee Melber

Residents’ Council

Tuesday, May 9

10:30 A.M., Gathering Place

President: Joe Baughman

Residents’ Association

(meets quarterly) July 19

3:00 P.M., Gathering Place

President: Joe Baughman

Social [and Enrichment]

Monday, May 8

10:00 A.M., Club Room

Chair: Lynn Sadler

Travel

Wednesday, May 24

10:00 A.M., Club Room

Chair: Joan Marder

Upstairs Singers

May 25

9:30 A.M., Rehearsal, GP

Leader: John Edgerton

Village Book Club

Saturday, May 27

11:00 A.M., Club Room

Chair: Chris Hickey

Village Shoppe

Next meeting in June

3:00 P.M., Fireside Parlor

Chair: Eloise Edgerton

Sewing/Craft Room

Lillian Ellison

Sewing and Alterations

Saturday, 10:00-noon

Have alterations done or
learn to do them.

Quilting Classes

Tuesday

9:30 A.M.-12:30 P.M.,

6:00-9:00 P.M.

If you do not want your
picture taken or included
in *The Village Voice*, in-
form the photographer.

**The Residents’
Birthday Party is the
3rd Monday (May 15)
at 2:30.**

Chair: Jackie Boada

To give to **Hospice of
Alamance County**, call
Don West (8552). He
will collect your dona-
tions or arrange
a pick-up.

News of Residents and Staff



Thanks to all of our volunteers. In turn, the volunteers thank TVAB for remembering National Volunteer Week (April 23-29) with candy treats available at the Front Desk!

Correction of the April *Village Voice* and an apology: Sydney Bruneau, who is new (part-time) in Dining and works full-time for an Efland cleaning service, is female. From Greensboro, *she* attended Western Guilford High School. The Editor thanks **John Colton** for calling this to her attention.

Jennifer Young shares special news from Dining employees **Ridvan and Vjollca Ida**. In May, son Albion graduates in Finance from Guilford College and will work for American National Bank. Daughter Arbenita completes Williams High School and aspires to a dental field. The Idas will travel to Ridvan's home, Belgrade/Kosovo (formerly Yugoslavia), for a nephew's June wedding.

The *Burlington Times-News* let **Dr. Lynn Veach Sadler** exchange her next column for one on National Tai Chi and Qigong Day at TVAB (4/29) to spread the word (and also—grin!—accidentally suggested a new name, "*Brookhollow*," should we ever need one). It published "Tobacco and North Carolina, III" ("US lit up in tobacco's golden age of advertising") 3/25. Her next *Chatham County Line* "Historical Perspectives" column is "Clinnie Malcolm Laws: Survivor of Pearl Harbor and World War II, Part I." Two poems, "Bathing in a Perseid Shower" (adapted from her play *Women Don't Do Food Fights*) and "Warts Walk on the Blue Moon," are forthcoming in *Journal of Modern Poetry 20. The Poetry Writer's Guide to the Galaxy*. Anthology. Chicago: ChicagoPoetry.com Press, 2016.

Jennifer Young—P-s-s-t

Ann and Don Karrer described a stress test they took a few years ago when living in Sanford. The medical specialists told them each to buy two Hardee's sausage biscuits and a bottle of Mountain Dew on their way to the testing facility. They were very specific about the brands—no substitutions. Once there, Ann and Don were instructed to consume these items just prior to taking the test.

A small sampler hanging outside the door of **Doris and Bill Rasberry's** apartment says: "An Old Buzzard and a Cute Chick Live here." Doris cross-stitched the piece years ago and thought their Village doorway would be its perfect new home. Then Bill started being asked if he's an old buzzard!

Years ago **Dr. William Rasberry** decided to try a recipe for peanut brittle. He had a knack for it, and his candy became highly prized by friends and family. But, as a dentist, he never took the peanut brittle to the office.

Chip and Vivian Schmid's older daughter and Evelyn's granddaughter, Alexandria, majored in Industrial Engineering at Georgia Tech and was on the Rugby Team. Now she works in Home Depot's corporate office and plays for the Atlanta Harlequins. [Her sister Maggie performed in our Talent Show.]

“I, a Dreamer” [*Roses in the Sky*]

Bud Crampton

Ah, to be one with The River again. My
River again—these many years since last I kissed
Your misty morns that fade to fog-bound bends,
As shadowed willows dance in curling current’s hiss.

Still you roll, the rolling river, roiled by
Shoals and bars beneath your surface calm, beswirled
By hidden hulks of twisted snags and branches
Half-buried in the loam from flooded fields unfurled.

Your evening-glow from sunsets sinking
Shine on rose-hued clouds in falling sky of night!
Westward, flashing lightning stealing on deep-shrouded
Shores, to split your midnight sky with storm squall’s
might!

The River’s raw and naked power, clothed
In all of nature’s moods, you’re sustenance to me!
My spirit drinks your wine-brown glint ’neath
Sun and moon; feeds on flotsam bound in silent
journey to the sea.

Ever constant, ever changing, whence you
Start, or end, I need not ask nor care to know.
Secrets of the untold miles; knowledge gained
From scouring on the land; lock them safely ’neath
your turgid flow.

I, a dreamer, want to keep on dreaming—of
The River, and your darkling secrets sweeping
Down, and down The River. No answers do I
Seek, yet dreaming of the answers safely in your
keeping.



Memorial Day Observance

Plans are as yet incomplete for the Memorial Day Observance Monday afternoon, May 29. It is being planned by Life Enrichment and Resident Services with assistance from the Social Committee. **Memorial Day remembers our war dead. Veterans Day honors all those who have served in our Military. TVAB observes Memorial Day and the National Moment of Remembrance each May and Veterans Day each November.**

Times-Newskick—Cone Health physicians have given \$10,000 through the Cone Health Medical Executive Committee to support employees in need. The money replenishes Cone’s Caring for Each Other Fund, which helps employees meet the challenges and financial hardships caused by events beyond their control

May Birthdays

David Arnold, 5/1
Hallie Allen, 5/3
Dr. Bob Crawford, 5/4
Evelyn Schmid, 5/5
Sara Swails, 5/8
Tom Arnette, 5/9
Dr. Lynn Sadler, 5/9
Hazel Latham, 5/10
Nan Melber, 5/12
Dr. Bill Rasberry, 5/12
Stelle Cheshire, 5/14
Chris Hickey, 5/19
Edwina Monaghan, 5/21
Nancy Clark, 5/23
Eula Wellons, 5/26
Dr. Jo Watts Williams,
5/26
Doane Warren, 5/28
Bob Emerson, 5/30
Beverley McCauley,
5/30

April Birthday Party

Carmen Mink, Joan Marder, J.D. Murphy, and Mary Blanchard joined Hostess **Jackie Boada** on April 17 for birthday cake. Their fun included “a game of “Fill in the Blanks” won by Joan Marder.

Please attend the 4/29 World Tai Chi & Qigong Day. We congratulate and thank Pat McDonald for bringing this amazing opportunity to TVAB.