

Lampighter

Ever heard of a *Donation Spree?*

I love the saying, "it is better to give than to receive." Anyone would agree that warm feelings when giving a gift far outweigh those when receiving a gift. But wouldn't it be nice to have the feelings at the same time? Why not combine the two and celebrate a little punch at year-end giving time?

Welcome to the first ever Arbor Acres Donation Spree!

The rules are simple.

1. Donate \$1,000 to the Annual Fund and receive a \$100 gift card to the Village Tavern
2. Be the first to donate \$5,000 and you and a guest will receive an expense-paid trip to the Gideon Ridge Inn in Blowing Rock. The trip includes dinner at the Inn's restaurant, one night's lodging and breakfast the next morning.

Questions?

1. Will my tax deduction be \$1,000 or \$900?
Your tax deduction will be \$900.
2. How many people can participate?
The first 20 people who write checks for \$1,000 to the Resident Assistance Fund will be honored.
3. Why not just give \$900 and be done with it?
BECAUSE we are trying to have fun!

We are tracking **more than budgeted this year** for our friends who need help. In 2016, we missed our goal of \$400,000 by \$24,000. In 2015, we missed the same goal by \$16,000. Let's finish this drill, make this goal and have a little fun while doing so.

Please consider a year-end gift – for any reason. All gifts matter.

Denni



VILLAGE TAVERN®

*A BIG thank you to our friends
at the Village Tavern
who made this spree possible!*

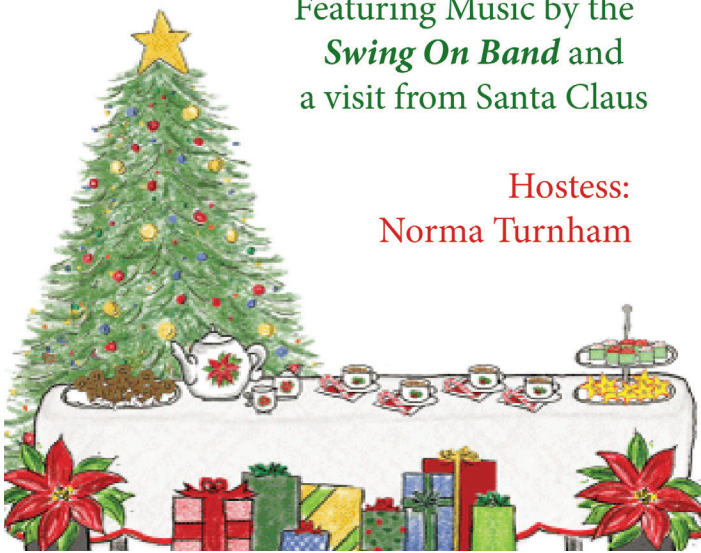
Residents and Staff

*You are invited to
A Christmas Tea*

**Wednesday, December 6th
2:00 to 4:00 p.m.
Piner Hall**

Featuring Music by the
Swing On Band and
a visit from Santa Claus

Hostess:
Norma Turnham



Welcome Newcomers!

Hazel Bailey

612 Strickland Place

Ralph & Sondra Barnes

391 Oriole Court

Virginia Hicks

408 McPherson

Jack Hobert

1006 Epworth

Hubert & Margaret Holmes

207 Stockton

Mildred Kolb

314 Womble

Michael & Margaret "Tog" Newman

400 Bobwhite Court

Ahlke Schmidt

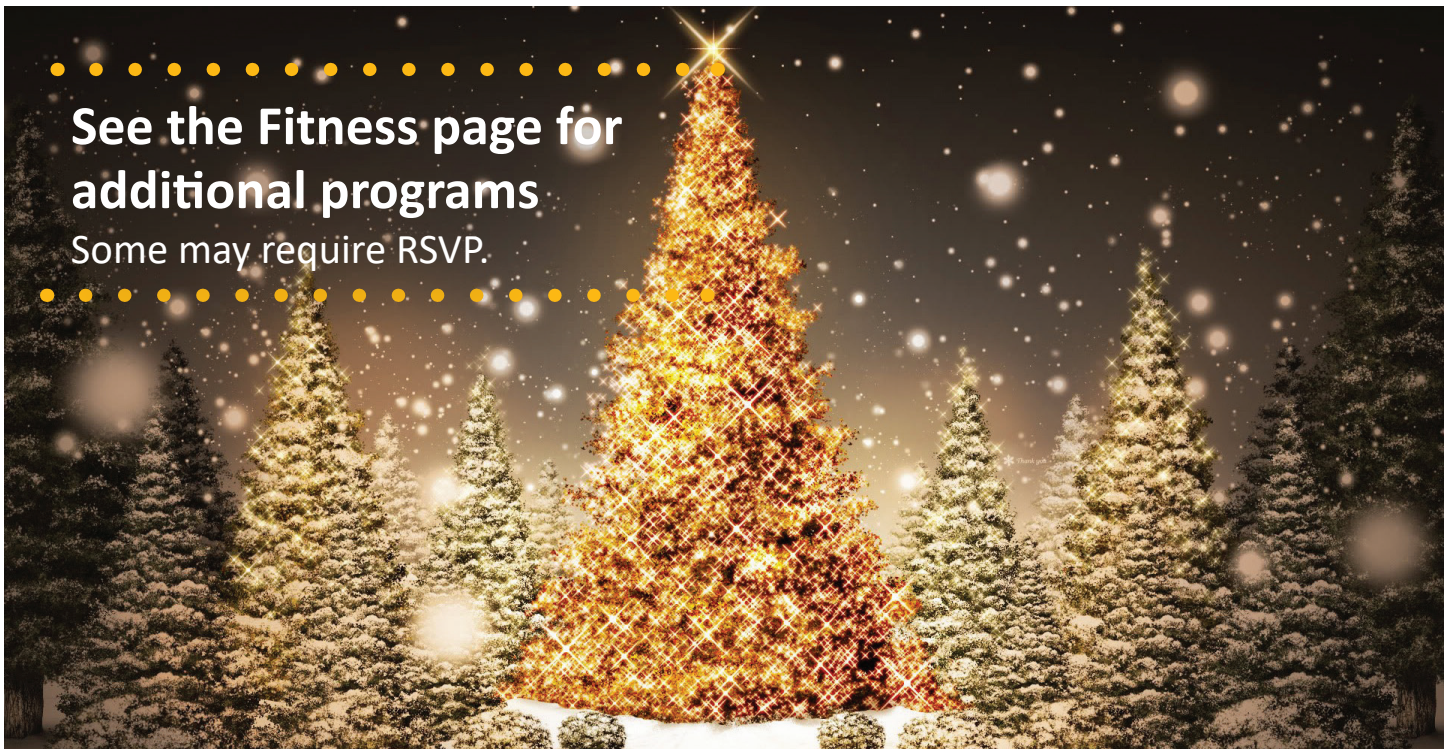
102 Strickland Place

William Wesely

131 Asbury Place

See the Fitness page for
additional programs

Some may require RSVP.



December Events

Friday, December 1

7:00 PM

Friday Night Movie with Jim Shertzer
Piner Hall

Local Hero

(1983) (PG) Texas oil tycoon Felix Happer (Burt Lancaster) sends underling Mac (Peter Riegert) to a picturesque village on the coast of Scotland to buy up land for a massive oil refinery. But there's something "special" about the place (which seems to have a resident mermaid) and Mac is soon under its spell. Off-beat Scottish director Bill Forsyth casts a spell of his own in this charmer of a movie. In HD. (111 minutes).

Saturday, December 2

1:00 PM

Saturday Movie Matinee
Piner Hall

Meet Me in St. Louis

(1944) (Not Rated). In the year leading up to the 1904 St. Louis World's Fair, the four Smith daughters learn lessons of life and love, even as they prepare for a reluctant move to New York. Starring Judy Garland, Margaret O'Brien and Mary Astor. Directed by Vincente Minnelli. (113 minutes).

7:00 PM

Great Courses DVD Presentation
Geological Wonders
Gathering Place

Pick up evaluation cards on the credenza in the back of Piner Hall. Please use these for any feedback you would like to give for on-campus or off-campus Wellness Arts events.

Sunday, December 3

11:00 AM

Celebration of Communion
led by Rev. Bert Sanders
Robinson Hall

7:00 PM

Vespers led by Rev. Doctor Carl Manuel, Jr.
Burkhead UMC
Special Music by Josh Garner
Piner Hall

Monday, December 4

4:00 PM

The Jewel Tones: *Christmas – Carols, Pop & Fun!*
Piner Hall

In honor of the season, the Jewel Tones, eight women who love music and sharing it with others, will present a program of Christmas and holiday favorites. While some tunes may be familiar, they will sing some well-known lyrics to different tunes. There may even be a song or two new to all who attend!

Tuesday, December 5

1:00 PM – Leaving Berrier Front Lobby
Cloverdale Shopping Trip

RSVP by December 3.

1:00-2:30 PM

Helping Hands—Holiday Centerpieces
Piner Hall

Calling all helping hands! Come help create holiday centerpieces.

3:00 PM

Downton Abbey, Season 3, Episode 7 of 9
Piner Hall

Wednesday, December 6

2:00–4:00 PM

Norma's Christmas Tea

Piner Hall

Staff and residents are invited to join in this festive celebration of the season hosted by Norma Turnham.

7:00 PM

No Evening Vespers

Thursday, December 7

10:00 AM

Town Hall

Piner Hall

All residents are invited to attend!



We Remember

Mary Emler

October 24, 1912 – October 25, 2017

Kirby Brown

November 10, 1923 – October 29, 2017

Elizabeth Callari

May 11, 1935 – November 5, 2017

Rufus Angel

January 20, 1924 – November 7, 2017

Eloise Hurdle

February 21, 1923 – November 9, 2017

Jean Stockton

February 6, 1930 – November 11, 2017

B. Todd Troost

July 5, 1937 – November 13, 2017

Lloyd Disher

December 27, 1918 – November 14, 2017

Thursday, December 7 (cont.)

3:00 PM

Lovefeast with Olivet Moravian Church

Robinson Hall

Mt. Olivet Moravian will conduct a Moravian Lovefeast for all residents.

3:00 PM

Drumming with Hayden

Piner Hall

Join Hayden for an empowerment drumming circle, teaching traditional rhythms from Africa and about the health benefits of drumming.

7:00 PM

First in Flight Entertainment:

There's No Business Like Snow Business

Piner Hall

This is an original show that will take us to the Hidden Valley Ranch ski lodge where 12 strangers are stranded in a snowstorm. The forecast calls for a wintry mix of holiday favorites including *Winter Wonderland*, *Blue Christmas*, *Silent Night*, *Santa Baby*, *Rockin' Around the Christmas Tree* and more! Featuring a SUPER cast of 12 that will knock your socks off!

Friday, December 8

3:00 PM

Healthy Habits with Alice

Piner Hall

Join Alice Smith, Wellness Arts Director, for her second healthy habits chat.

6:45 PM – Leaving Berrier Front Lobby

7:00 PM – Program Start

Piedmont Chamber Singers: *Holiday Classics*

Maple Springs UMC

Transportation for those who met RSVP deadline.

Friday, December 8 (cont.)

7:00 PM

**Friday Night Movie with Jim Shertzer
Piner Hall**

Mrs. Miniver

(1942) (NOT RATED). Greer Garson and Walter Pidgeon star in this stirring drama of an English family facing the early days of World War II. The picture, Garson, Teresa Wright and director William Wyler (then serving in the Army Air Force) won Oscars for their work, and Pidgeon (who helps in the Dunkirk evacuation in the story), and supporting actor and actress Henry Travers and Dame May Whitty were also nominated. In HD. (134 minutes).

Saturday, December 9

1:00 PM

**Saturday Movie Matinee
Piner Hall**

The Bishop's Wife

(1947) (Not Rated). An angel in human form enters the life of a bishop in order to help him build a new cathedral and repair his fractured marriage. Starring Cary Grant, Loretta Young and David Niven. (109 minutes).

Sunday, December 10

11:00 AM

**Worship Service led by Rev. Bert Sanders
Robinson Hall**

4:00 PM – Leaving Berrier Front Lobby

4:30 PM – Program Start

Lessons and Carols

Centenary UMC

RSVP for transportation by December 5.

7:00 PM

**Special Music with Beth Maisonpierre
Piner Hall**

Monday, December 11

11:00 AM

**Wellness Speaker: Julie Jones
Healing Touch Specialist
Ball Room, Fitness Center**

See Fitness calendar for info.

7:00 PM

**Bingo
Piner Hall**

Tuesday, December 12

1:00–2:00 PM

**Resident Directory Photos
Berrier Bay Window/Living Room**

Robert Merritt will be taking (and retaking) photos for the resident directory.

**1:00 PM – Leaving Berrier Front Lobby
Thruway Shopping Trip**

RSVP by December 10.

3:00 PM

**Downton Abbey, Season 3, Episode 8 of 9
Piner Hall**

4:00–5:30 PM

**Carolina Flute and Guitar Duo
Living Room**

Drop by on your way into the dining room for our Christmas Party Dinner!

5:00–7:00 PM

**Resident Christmas Party Dinner
Lakeside Dining Room**

See menu on back page.

Wednesday, December 13

9:00–11:00 AM

**Fitness Center Social, Tastes of the Season
Rotunda**

Join Janice before or after exercise class for a tasty holiday treat!

1:00–2:00 PM

**Resident Directory Photos
Asbury Alibi Café**

Robert Merritt will be taking (and retaking) photos for the resident directory.

4:00 PM

**High Tea: Christmas Traditions
Living Room**

4:00 PM

**Sharps and Flats Christmas Concert
Sing a Song of Christmas!
Robinson Hall**

With more than 60 resident singers this year, the Christmas Spectacular concert will feature Christmas favorites and some unexpected treats. This lively program includes resident soloists, dancers, instrumentalists and more. Directed by Loma Hopkins and Art Bloom.

6:45 PM – Leaving Berrier Front Lobby

7:30 PM – Program Start

**WS Symphony: *Messiah*
Centenary UMC**

Transportation for ticket holders who met RSVP deadline of December 4.

7:00 PM

**Special Music with Debra Hardiman
Piner Hall**



Thursday, December 14

12:00 PM

**Men's Club Guest Speaker: Rev. John Shields
St. Pauls Episcopal Church
Piner Hall**

Reverend Shields will deliver a message about *When Fear Enters the Equation, The Devil Usually Wins*. Members, remember to invite your significant other to join you at this holiday meal.

1:00–2:00 PM

**Resident Directory Photos
Strickland Carom Café**

Robert Merritt will be taking (and retaking) photos for the resident directory.

3:00 PM

**Circle #2 Meeting
Multipurpose Room, 3rd Floor Corpening**

4:00 PM

**Sharps and Flats Christmas Concert
Sing a Song of Christmas!
Brock Court, Fitzgerald**

With more than 60 resident singers this year, the Christmas Spectacular concert will feature Christmas favorites and some unexpected treats. This lively program includes resident soloists, dancers, instrumentalists and more. Directed by Loma Hopkins and Art Bloom, who also lead the weekly singalongs in Brock Court!

Friday, December 15

7:00 PM – Leaving Berrier Front Lobby

7:30 PM – Program Start

The Little Theatre: *It's a Wonderful Life*

****Note date change from November Lamplighter!
It's a Wonderful Life: A Live Radio Play is based on the classic holiday movie with a clever twist thrown in: the story is staged as a live radio broadcast. Cost \$22.50, plus tax and fees. RSVP by December 5.**

Friday, December 15 (cont.)

7:00 PM

**Friday Night Movie with Jim Shertzer
Piner Hall**

Dunkirk

(2017) (PG-13 – INTENSE WAR SCENES, LANGUAGE) A shoo-in for next year's Oscar race, director Christopher Nolan's immersive, \$100 million re-creation of the Dunkirk evacuation of 400,000 doomed soldiers from the coast of France in early summer 1940 has been called one of the greatest war film ever made. Filmed with 70mm IMAX cameras, the movie almost literally puts an audience into the chaos of battle on land, sea and in the sky, with sweeping visuals and dynamic sound. In HD. (106 minutes).

Saturday, December 16

1:00 PM

**Saturday Movie Matinee
Piner Hall**

It's a Wonderful Life

(1947) (Not Rated). In this holiday classic, an angel is sent from Heaven to help a desperately frustrated businessman by showing him what life would have been like if he had never existed. Starring James Stewart, Donna Reed and Lionel Barrymore. (130 minutes).

7:00 PM

**Great Courses DVD Presentation
Geological Wonders
Gathering Place**

Sunday, December 17

11:00 AM

**Worship Service led by Rev. Bert Sanders
Robinson Hall**

Sunday, December 17 (cont.)

6:45 PM

**The Shepherd Singers Caroling Vespers Prelude
Piner Hall**

Come early and join the Shepherd Singers for Christmas caroling before Vespers, and more during the service. June Stegall and our 22 Shepherd Singers look forward to singing with you!

7:00 PM

**A Christmas Celebration
with the Shepherd Singers
Piner Hall**

Monday, December 18

7:00 PM

**Sharps and Flats Christmas Concert
Sing a Song of Christmas!
Piner Hall**

With more than 60 resident singers this year, the Christmas Spectacular concert will feature Christmas favorites and some unexpected treats. This lively program includes resident soloists, dancers, instrumentalists and more. Directed by Loma Hopkins and Art Bloom.

There will be a show Monday night and one Tuesday night in Piner Hall to assure all who wish to attend have an opportunity to enjoy these spectacular performances. Please plan to attend only one of the Piner Hall concerts.

Tuesday, December 19

1:00–2:00 PM

**Resident Directory Photos
Berrier Bay Window/Living Room**

Robert Merritt will be taking (and retaking) photos for the resident directory.

**1:00 PM – Leaving Berrier Front Lobby
Cloverdale Shopping Trip**

RSVP by December 17.

JANUARY LOOK AHEAD

Christmas Un-Decorating

Tuesday, January 2 through Friday, January 5

Let Janice know if you'd like to help take down and store our Christmas decorations.

Symphony Talk with Jon Maisonpierre

Monday, January 5

3:00 PM, Piner Hall

Transportation RSVP deadline for January 7 and January 9 concerts is December 31. No late registration allowed.

RSVP NOW for these events.
Call the Concierge at ext. 1210.

Tuesday, December 19 (*cont.*)

3:00 PM

No Downton Abbey Today!

7:00 PM

Sharps and Flats Christmas Concert

Sing a Song of Christmas!

Piner Hall

Our second night of Sharps and Flats! Please plan to attend only one Piner Hall performance.

Wednesday, December 20

1:00–2:00 PM

Resident Directory Photos

Asbury Alibi Café

Robert Merritt will be taking (and retaking) photos for the resident directory.

3:00 PM – Leaving Berrier Front Lobby

McAdenville Lights, Christmas USA

Join us for a drive-through Christmas lights tour of McAdenville, NC. We anticipate returning around 9:30 PM. Cost \$33.00. Take money for dinner at Cracker Barrel in Charlotte. See cubby stuffer for more details. RSVP by November 29.

Thursday, December 21

10:00 AM

No Brenner Doll Project Today

7:00 PM

Thursday Night Movie with Jim Shertzer

Piner Hall

The Nutcracker

(2012) (G) The Mariinsky Ballet, which first performed the Tchaikovsky classic, recreates the original choreography in this production, which dates from 1943 and is the oldest extant version of the piece. Filmed during a live performance in Russia. In HD. (111 minutes).

Special guest and former Mariinsky ballerina Nina Danilova will speak with host Jim Shertzer about her roles in the ballet. Nina Danilova is a Vaganova-trained dancer and a former member of the Kirov Ballet company, where she danced many roles in *The Nutcracker*. She holds a graduate degree in ballet pedagogy and has worked with the award-winning Pacific Northwest Ballet. She is currently Associate Professor of Dance at the University of North Carolina School of the Arts.

Friday, December 22

4:00–5:30 PM

Arbor Afternoons

Ugly/Tacky Christmas Sweater Day

Living Room

We'll judge at 5:00 PM.

Saturday, December 23

1:00 PM

Saturday Movie Matinee

Piner Hall

Miracle on 34th Street

(1947) (Approved). The holiday classic! Starring Edmund Gwenn, Maureen O'Hara. (96 minutes).

Saturday, December 23 *(cont.)*

7:00 PM

Great Courses DVD Presentation
Geological Wonders
Gathering Place

Sunday, December 24

Christmas Eve

11:00 AM

Worship Service led by Rev. Bert Sanders
Robinson Hall

7:00 PM

Christmas Eve Service of Lessons and Carols
Piner Hall

Monday, December 25

Merry Christmas!

Tuesday, December 26

1:00 PM

No Thruway Shopping Trip

3:00 PM

Downton Abbey, Season 3, Episode 9 of 9
Piner Hall

Wednesday, December 27

4:00 PM

High Tea: I Remember One Christmas
Living Room

Thursday, December 28

1:00 PM

No Book Club

1:00 PM – Leaving Berrier Front Lobby
WalMart Shopping Trip

RSVP by December 27.

Friday, December 29

4:00–5:30 PM

Arbor Afternoons
Living Room

Saturday, December 30

1:00 PM

DVD Presentation:

Radio City Christmas Spectacular: The Rockettes
Piner Hall



The Radio City Christmas Spectacular has been a family tradition since the 1930s. This special 75th Anniversary DVD features all the best-loved performances including: *The Dance of the Nutcracker*, *Parade of the Wooden Soldiers*, *Santa's Toy Headquarters*, *the Living Nativity* and the arrival of Santa. (80 minutes).

7:00 PM

Great Courses DVD Presentation
Geological Wonders
Gathering Place

RSVP Events-At-A-Glance

Please contact Annie Lawson, Concierge, at ext. 1210 to RSVP before the deadline.

Please indicate if no ticket is needed when requesting transportation.

Cloverdale Shopping

Tuesday, December 5, Leave 1:00 PM

Tuesday, December 19, Leave 1:00 PM

RSVP by December 3 & 17 respectively.

Piedmont Chamber Singers: *Holiday Classics* at Maple Springs UMC

Fri., December 8, Leave 6:45 PM, Start 7:00 PM

Transportation for those who met RSVP deadline.

Centenary UMC: Lessons and Carols

Sun., December 10, Leave 4:00 PM, Start 4:30 PM

RSVP for transportation by December 5.

Thruway Shopping

Tuesday, December 12, Leave 1:00 PM

RSVP by December 10.

WS Symphony: *Messiah* at Centenary UMC

Weds., December 13, Leave 6:45 PM, Start 7:30 PM

Transportation for ticket holders. RSVP by Dec. 4.

WS Little Theatre: *It's a Wonderful Life*

Friday, December 15, Leave 7:00 PM, Start 7:30 PM

Cost \$22.50, plus tax & fees. RSVP by December 5.

McAdenville, NC: Christmas Town USA

Wednesday, December 20, Leave 3:00 PM

Cost is \$33.00 per person. RSVP by November 29.

Take money for your meal.

WalMart Shopping

Thursday, December 28, Leave 1:00 PM

RSVP by December 27.

WS Symphony, New Year's Eve Waltz

Sunday, December 31, Leave 7:15 PM, Start 8:00 PM

Transportation for ticket holders. RSVP by Dec. 11.

NOTE: Late registration will not be accepted to allow time for scheduling staff and drivers. Please honor RSVP deadlines when requesting ticket purchase and/or transportation!

Necessary Information

Resident Information Line

Use the Resident Information Line for up-to-date information. The number is **336-724-1100**.

- **Press 1** for the status of the daily mail and for package delivery during the Holidays.
- **Press 3** to call in for morning check or leave a message.

WiFi

The Arbor Acres Resident WiFi password is *arbor27104*. The Arbor Acres Guest WiFi doesn't require a password.

Computer Lab/Resident Business Ctr

The Computer Lab/Resident Business Center is located across from the Piner Hall. It is available daily until approximately 9:00 PM. If you have any questions, call Janice Lutz-Vanhoy, 336-748-4646.

RSVP for Tickets, Transportation

Call the Concierge at ext. 1210 to make ticket purchases, and to reserve transportation to various events offered.

E-Mailing Staff

You may communicate with staff via e-mail. Staff e-mail addresses are the staff person's first initial of the first name and the last name followed by @arboracres.org. For example: Janice Lutz-Vanhoy's email address is: *jlutzvanhoy@arboracres.org*.

Automated Attendant Number

The Automated Attendant phone number is **336-721-1161**, and is also referred to as the back door number. When you dial this number you automatically enter into the Arbor Acres automated voice mail system. The Automated Attendant will give instructions on how to use the system. Using this number you can reach a staff person, department or resident by dialing their four-digit extension number.

Document Shredding

If you have confidential documents that you would like to shred, place them in the designated box in the Resident Business Center. This box is not for recycling every day paper, just for confidential documents to be securely shredded.

December Birthdays

	RESIDENTS	EMPLOYEES
2 nd		Ryan Collison David Taylor
3 rd	Ted Bowen, Jr. Jule Rousseau	Lauren Morrison Brittani Pierce
4 th		Justin Sawyer Coty White
5 th	Sallie Pryor	Quanita Scott
6 th		Adrienne Peyton
8 th	Ahlke Schmidt	
9 th	Walter Henley Allan Hollan-Womble Virginia Schafer	
10 th	Scotty Cramer Martha Sturkie-Beroth	Rita McRoberts
11 th	Jacque Fowkes Janie Phillips	Demetrius Alleyne Vilise Sides
12 th	Janice Mallett Bob Turner	Shantay Patterson
13 th		Niyelle Williams
14 th	Barbara Corrigan Sally Lacy Anthony Lynch John Pappas	Brejona Bradley
15 th	Frank Driscoll	Gary Bartholomew
16 th	Jane Pfefferkorn	Josephine Agnew Brittany Mitchell
17 th	Harry Reavis Virginia Stines	Haywood Edmundson Thessalonia Washington
19 th	Mary Kepley	Roxie Banks Jennifer Walker
20 th	Lillian R Maxwell Maryann Whitmore	Tonya Edmond Melanie Whaley
21 st	Jule Spach	Michelle Parks
22 nd		Zachary Brown Jasmain Warren
23 rd	Janice Carter	Nadia Harris
24 th	Alan Katz Donnie Strayhorn Mary Wakeford	
25 th	Billie Hilliard	Rana Alkhatib
26 th	Betty Alexander	
27 th	Lloyd Disher Trudy Wyderski	Shameka Richburg
29 th		Chanel Mayfield
30 th	Mary Weaver	
31 st	Dean Jackson Gary Rousseau	

Calendar continued from page 9

Sunday, December 31

11:00 AM

Worship Service led by Rev. Bert Sanders
Robinson Hall

7:00 PM – Leaving Berrier Front Lobby

8:00 PM – Program Start

Winston-Salem Symphony:

New Year's Eve Waltz

Reynolds Auditorium

Join Maestro Moody and the Neos Dance Theatre for Bob's "last New Year's Eve" waltz in Winston-Salem! Known for innovative and dynamic choreography, Neos returns to Winston-Salem to get you in the mood for 2018! Transportation for ticket holders only. RSVP by December 11.

7:00 PM

Vespers led by Rev. Bert Sanders

New Year's Evening Worship: A Ritual of Release
Piner Hall



Dining Events in December

RSVP for any dining event by calling 336-722-5106, Press #2.

Arbor Room Dinner Specials



December 6 & December 7

Pistachio Crusted Lamb Chops – \$26

Oven-roasted Australian Rack of Lamb, lightly crusted w. Pistachios & Panko Bread Crumbs, served w. a Potato Galette & English Pea Puree.

December 13 & December 14

Salmon en Papillote – \$24

Atlantic Salmon filet bundled with fresh vegetables and Herbed Butter, oven-steamed and served w. Quinoa & Wild Rice blend.



December 20 & December 21



Escalopes of Veal – \$26

Pan-Seared Veal cutlets topped w. Herbed Goat Cheese, served w. Parmesan whipped Potatoes, sautéed Spinach & Shitake Mushroom Marsala Sauce.

December 27 & December 28

Chilean Sea Bass – \$32

Wild-Caught Chilean Sea Bass, pan-roasted w. Roasted Red Pepper & Pineapple Salsa, served w. Scallion Risotto and Ribbon Vegetables.



All prices include Salad & Dessert, tax.

Resident Christmas Dinner Party

Tuesday, December 12, 5:00–7:00 PM

Plated Dinner in Lakeside Dining Room

\$18.00 per person

Table Hors d'oeuvres

Assorted Cheeses, Dried Apricots, Candied Walnuts, Gherkins, Fig Jam, Assorted Olives

Salad Course

Harvest Blend Mixed Greens, Roasted Pears, Cherry Tomatoes, Cucumber, Parmesan Croutons, Citrus Vinaigrette

Choice of Entrée

Filet Mignon w. Demi Glace

Wild-Caught Salmon w. Lemon Beurre Blanc

Sides

Roasted New Potatoes, Fancy Carrots & Asparagus

Dessert

Triple Chocolate Mousse Cake w. Berries

Christmas Day Lunch Buffet

Monday, December 25, 11:30 AM–1:30 PM

Lakeside & Asbury Dining Rooms

\$20.00 per adult, \$10.00 per child 12 and under.

No charge for children 4 and under.

Carved Roast Prime Rib w. Au-Jus
Honey-Glazed Spiral Ham * Shrimp Cocktail
Imported and Domestic Cheese
Twice Baked Cheddar Potatoes
Roasted Root Vegetables
Green Beans w. Almonds * Broccoli Casserole
Harvest Blend Tossed Salad * Big Berry Bowl
Tomato Aspici * Antipasto Salad
Assorted Breads and Rolls * Assorted Desserts



Lamplighter is published monthly by
Arbor Acres United Methodist Retirement Community
1240 Arbor Road, Winston-Salem, NC 27104

The online version of Lamplighter is available at www.arboracres.org.

Questions? Contact Janice Lutz-Vanhoy,
Wellness Arts Coordinator, at 336-748-4646
or jlutzvanhoy@arboracres.org