

Residents Participate in Local Senior Games

This spring 15 residents competed in the Charlotte Mecklenburg Senior Games (CMSG). Residents Cathy Baily, Joan Gardner and Margo Heyd coordinated this effort, which enabled participants to showcase their talents and enthusiasm in numerous athletic and artistic events.

Two participants in the athletic events were medal winners. Resident Lynn Brickels and her doubles partner won Gold in their age group and Silver in pickleball mixed doubles. They qualify to play in the Senior Games State Finals. Winning a Gold for his age group in basketball shooting and table tennis, as well as Silver in bowling, resident Charles Fox qualifies to play in the State Finals as well.



Lynn Brickels

Fourteen residents participated in the Silver Arts competition, which includes both original pieces in the Visual, Heritage and Literary Arts. In Visual Arts/Acrylics, Pidge Osborn won first place and Charles Fox won second and third for his entries. Pidge Osborn also won first place in



Pidge Osborn with "Dreaming"

Visual Arts/Pastels and Visual Arts/Watercolors as well as second place in Visual Arts/Drawing. Adrienne Pedersen won 2nd and 3rd place in the Visual Arts/Watercolors.

Nancy Hutton won first and second place in



Charles Fox

and first place in Heritage Arts/Wood Carving. Robert Millkin's dogwood square bowl won third place in Heritage Arts/Woodturning. Tony Abbott won first place and Katie McCloy achieved 2nd and 3rd place in the Literary Arts/Poetry division; Jean Berg won first place in the Literary Arts/Life Experiences "Crystal" by Nancy Hutton category.



SilverArts participants, along with their friends, traveled to Charlotte via Pines transportation to see a display of all the entries at the Tyvola Senior Center. Resident Cathy Baily notes, "The display was very well done and the entries of The Pines residents were wonderful for all to behold." She adds, "We anticipate increased participation in 2018. In fact, several residents are already in training to enter the swimming competition in 2018. They have even chosen a name for the team: The Pines Sharks."

The North Carolina Senior Games were established to promote health and wellness and to provide opportunities for older adults to meet new people, enjoy healthy competition, develop creative skills and have fun. 🏡



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Strengthening Resident Services Through IT Advances

While some of us may prefer the feel of paper when reading the day's news, many others are increasingly turning to electronic devices for an update on local and world events. Dramatic advances in the speed and methods for transmitting information continue to transform how we communicate with each other. Improvements in information technology (IT) provide valuable opportunities for The Pines to enhance its services to residents. Determining which IT advances to implement, at what cost, when, how and with which vendor, is often the challenge. After careful consideration of these factors, a number of significant IT enhancements at The Pines are on the near horizon.

Campus Wide E-Call System

There are multiple ways that a resident in Independent Living who is experiencing a medical emergency may seek assistance: calling 911; contacting The Pines' nursing station which is staffed 24/7; activating a pull cord that sends a signal to the central nursing station over the fire detection system; or, activating a portable system (a wall mounted device or pendant).

A top priority for The Pines has been strengthening its emergency medical responsiveness, which strives to respond to medical emergencies in Independent Living in 15 minutes or less. This spring, Scott Chinery, Director of Plant Services, and his team installed a new Independent Living emergency alert system (E-Call). Replacing the previous telephone based system with its limited geographical range of operation,



Welcome New Residents!

Faye Bowman
Charlotte, NC

Yvonne Byers
Huntersville, NC

Aletha Call
Huntersville, NC

Cecil & Jennie Clifton
Davidson, NC

Ed & Betty Conley
Atlanta, GA

Phil & Nancy Craig
Davidson, NC

Colleen Cronin
Webster Springs, WV

Trish Dumser
Cornelius, NC

Earl & Lynda Edmondson
Davidson, NC

Anna Elsner
Cornwall, PA

George & Judy Gabel
Jacksonville, FL

Hazel Harrington
 Mooresville, NC

Dick & Jackie Hills
Highlands, NC

Mary Hoffman
Latham, NY

Marjorie Jenest
Davidson, NC

Grant & Mary Jones
Davidson, NC

Sherman Kahn & Nancy
Waite-Kahn
Davidson, NC

John & Missy Kuykendall
Davidson, NC

Jean McKay
Cornelius, NC

David Miller
Wenonah, NJ

David Page
 Mooresville, NC

Leland Park
Davidson, NC

Elenore Patrick
Morristown, TN

Walter & Anita Reisser
Brevard, NC

Bob & Olga Skrokov
Bedminster, NJ

Anne Stephens
Huntersville, NC

David Stevens
Blowing Rock, NC

Karen Wiese
Alliance, OH

For more information about living at The Pines at Davidson, please call the Marketing Team at (704) 896-1129 or (704) 896-1069.



E-Call will now cover the entire campus (including outside grounds) using a wireless radio frequency network permitting a resident to activate his or her portable pendant anywhere on campus. While the wall mounted devices in apartments are more reliable, the pendants will give residents greater flexibility by providing coverage that they did not previously have outside of their homes.

"the new (E-Call) alert system can manage multiple activations at the same time"

In addition to this greater radius of service, the new alert system can manage multiple activations at the same time and notify The Pines' staff of a medical emergency through a wider range of channels, including phone calls, text messages, and emails. E-Call will also contact supervisors and management staff if an alarm is not being answered in a timely manner.

No electronic system is perfect, however. "Since technology does not work 100% of the time, it is wise have a backup emergency resource," advises Mr. Chinery. He recommends that residents use a 'buddy system' for daily check-in and when walking on campus. As noted earlier, he also encourages residents to carry personal cell phones and call 911 if they feel the situation warrants it.

Moving to MI Connection

This fall, The Pines will transition its resident telephone service from AT&T to MI Connection. While there are many features that will remain the same, including call waiting, three-way calling, call forwarding, voicemail and caller ID, one advantage provided by MI Connection **is free long distance calls anywhere within the continental United States.** Responding to service needs and reliability were other considerations that led to this transition decision.

New Nurse Call System

The Pines is also installing a new state-of-the-art nurse call system for Health Center residents, which should be operational this summer. One significant enhancement will be the multiple ways in which The Pines' staff can be alerted when a resident activates the nurse call bell. In addition to notifying the central console and turning on the lights in the hallway outside the resident's room, the system will also be able to send



alerts by text message or email. The Pines also plans to provide iPod Touches to the nursing staff later this year, which will permit them to monitor and respond to nurse call bell alerts more effectively.

Similar to the Independent Living E-Call service, the new nurse call system will notify supervisors and management staff if resident calls are not answered in a timely manner. Additionally, it will provide nursing management with a variety of reports that will include monitoring the response time to call bells. The new system will also monitor and support The Pines staff as they do periodic "rounding" of Health Center residents.

Electronic Medical Records Software (EMR)

The Pines will be transitioning from a manual system to a new electronic medical records system. The organization opted to adopt EMR after early design problems in such systems could be resolved and the reliability of this method was enhanced. An IT consultant who has been involved with the installation of more than thirty EMR systems is assisting with this project, which will include a competitive bidding process with several vendors.

David Rainey, The Pines' Chief Financial Officer, notes, "It's said that the most expensive kind of EMR system is a system that has to be replaced because it does not meet the organization's needs." He adds, "Unfortunately, this is not an uncommon occurrence among health care providers. This is why The Pines will be very thorough in selecting and installing its new EMR system, which we expect to be in place by the fall of 2018."

Judy Green, The Pines' Director of Nursing, reports that "Benefits of the new EMR system will include improved documentation, greater legibility and greater thoroughness: nurses will be prompted if something important is inadvertently overlooked." She adds, "In addition to reducing paper storage space needs, the system will provide real time information for nursing staff, enhancing their ability to provide quality care."

Resident Spotlight: Anne Stephens

Originally from Colorado, Anne has lived throughout the United States, often on military bases. She shared the following reflections about her recent move to The Pines.

Doors open unexpectedly. Then another one opens, further convincing me that I am taking the path that is so absolutely right for me:

After I retired, I found myself spending so much time cleaning, repairing and worrying about what would go wrong next in my Highland Creek home. So one day, I downsized and moved to an apartment closer to my sons in Huntersville. Most of my new neighbors, however, worked or were temporary residents since they were building new homes. It was difficult to maintain continuing friendships.

On a whim, I called Carolyn Picton and I let her know I was that I was ready to move to The Pines. I was expecting to wait at least a year to get a call about an availability, but a few days later, she let me know there was an apartment that fit my desires. After looking at it, I couldn't turn it down!

I chose the Deluxe Studio accommodation. For me, less is more. More time to volunteer on projects that are near and dear to

my heart. More time to share a meal or go to a play or activity with people who are enjoying life as much as I am.

What drew me to The Pines was the memory of my 17 years as an "independent" dependent, when my husband was a career U.S. Air Force Officer. The military offers a rich social environment. Everyone was united, working and volunteering for our country and our military

"The Pines has bountiful activities to keep mind, body and spirit active and growing."

community. During my husband's career in the Air Force, we raised two boys and lived in: Charleston, SC; Springfield, VA; Tempe, AZ; Altus, OK; Hickam AFB, Honolulu, Hawaii; and Medford, NJ.

I get that same feeling living in The Pines' community. Everyone is united, enjoying the intellectual, athletic, musical, theatrical, and culinary feasts of our lives in a



congenial, enriching setting. The Pines has bountiful activities to keep mind, body and spirit active and growing. Its wonderful staff lends support when support is needed. Being in such close proximity to renowned Davidson College is an added feature that delights and enriches our experience at the Pines.

Having lived in the area for nearly 24 years, I already knew 7 Pines residents and every one of them is vibrant, active, and truly happy.

After I moved to The Pines, I looked up other residents who hail from my home state of Colorado. I was born at Porter's Hospital and during a conversation with one fellow Coloradoan, we discovered that we had both been born in the same hospital. It's a small, small world! 🌍

Music, Science, Raptors and More

Earlier this year, **The Charlotte Symphony String Orchestra**, conducted by Christopher James Lees (center) and comprised of 22 musicians, provided two free performances at The Pines for residents as part of the Orchestra's community concert series. Enjoying a program that included works by Grieg, Mozart, Copland and Tchaikovsky, more than two hundred residents attended these performances in our Davidson Room.



Additional recent events at The Pines included:

- As part of the Learning in Retirement Lecture Series, former North Carolina Governor (and Davidson College Professor Emeritus of Chemistry) Jim Martin, spoke to a packed audience about his new book, **Revelation Through Science**, which examines the relationship between science and religion.
- The Resident Activities Committee hosted a **Kentucky Derby Party**. Residents wore

marvelous hats, sipped Mint Juleps and engaged in some fun betting while watching the Churchill Downs race together on a large screen.

- Sponsored by The Pines' Nature Observancy, **The Carolina Raptor Center** provided a special program that included four live raptors.
- Residents traveled (via Pines transportation) to see the Wyeth Exhibit at **Charlotte's Mint Museum**.

Eye on Development

Motria Procyk, Director of Development

It's become a tradition every spring for the Town of Davidson, along with nearby Cornelius and Huntersville, to host an "April is for Arts" celebration, a month long, popular festival during which the community and thousands of visitors enjoy art exhibits, demonstrations, food and live music.



The Pines has been finding innovative ways of celebrating the arts on its campus as well. At the suggestion of residents Katie McCloy and Audrey Van Vliet, The Pines produced a 16 month calendar last fall featuring beautiful, original artwork by resident artists. Proceeds from

the sale of the calendar supported The Pines' Entry Assistance Fund, which seeks to provide assistance to prospective residents in the community who have led a life of service but whose assets are not adequate for admission to The Pines. During the Christmas in Davidson festival, FifthThird Bank, which has a branch office at The Pines, invited us to promote these calendars at its downtown Main Street branch and kindly purchased many calendars for new customers as well. We are grateful to all who helped support this charitable initiative.

In early June, The Pines' Art Committee hosted the first exhibit of resident art on the new Resident Art Gallery Wall, a dedicated space in the Jetton Community Center where pastel, watercolor, oils, photography and other resident artwork will be rotated quarterly. We thank the donors who helped purchase the cable hanging and lighting system to showcase our resident artwork. We look forward to sharing more about

this exhibit in our next newsletter.

The Pines is also grateful for the addition of two new pianos, which replaced older instruments that had served our community well for many years. Residents Grant and Mary Jones donated a beautiful 2010 Kawai RX-2 BLAK Series 5'10" grand piano for our community Living Room. A number of other donors made possible the purchase of a 2011 Kawai piano for the Marshall Room. All in our community are benefiting greatly from the improved richness of sound that these pianos provide.



Our Resident Support Fund was also strengthened this year by two bequests. As The Pines prepares for its 20th annual celebration of the Jetton Deferred Giving Society this fall, we invite current and future residents to learn more about this meaningful way of supporting The Pines' charitable mission. Please call me at 704 896-1489 if you would like more information about our Jetton Society.

Thank you. 🌿

Sip and Swirl!

Chad Lauderbaugh, Director of Culinary and Dining Services, recently offered a wine tasting presentation to thirty Pines residents focusing on "Summer White Wines from Around the World." Featured were a Chardonnay and Viognier from the Columbia Valley in Washington State as well as a crisp white blend from the Languedoc area of France. A Vermentino from Italy's Tuscany growing region paired perfectly with Prosciutto de Parma wrapped melon and smoked salmon that was also served during this event.

