



“Our Resident’s do not live in our workplace, we work in their home.”



Love is in the air at the Fountains!

REFLECTIONS

March 2017



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Special Events

Wednesday March 1st:

Ash Wednesday

Father Tom will be giving out ashes at 11am in the Auditorium.



Friday March 3rd:

World Day of Prayer

We will be having a World Day of Prayer celebration service in the Auditorium at 11am.

Sunday March 5th:

Bus Trip to see Cinderella

We will be going to Camden Catholic High School to see their drama club perform Cinderella.



Sunday March 12th:

Performer– 2pm

Come out and listen to Pianist Doug Poole serenade us with his talented skills on the piano.



Celebrations

Birthdays

March 1st- Gerald Scotko

March 3rd- Ida Tucci

March 5th- Shirley Catts & Teresa Devine

March 6th- Kathleen Vernot

March 14th- Anthony Ruggeri

March 15th- Hilda Green

March 18th– Helen Conover & Evelyn Pearson

March 20th- Elizabeth Stephenson

March 21st- Leona Clark

March 25th- Shirley Stack

March 29th- Edward Quinn

Pastors For The Month

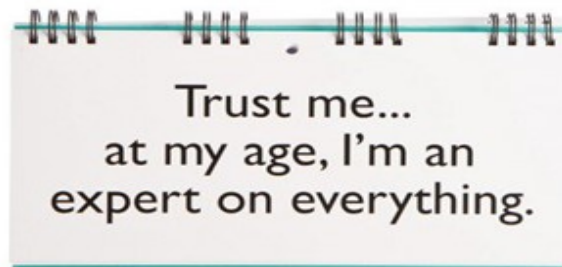
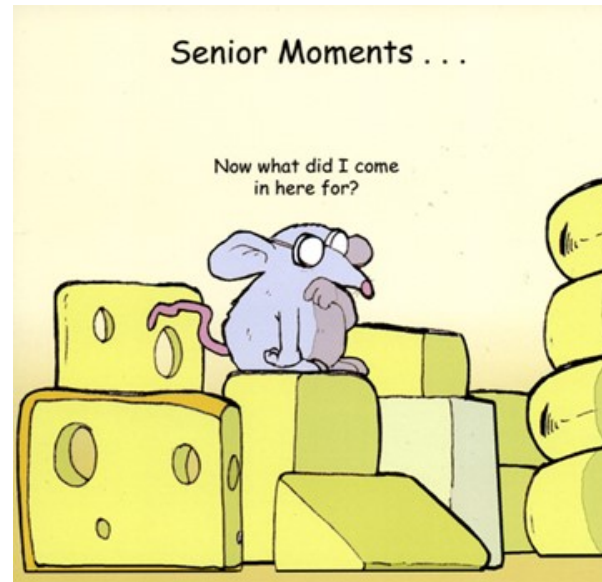
March 1st-Dr. Robert Costello-Haddonfield Methodist Ch.

March 8th-Rev. Donald Painter-Logan Memorial Presbyterian Ch.

March 15th-Rev. Wes Hawk-Trinity United Methodist Ch.

March 22nd-Rev. Steve Hodly-Hope United Methodist Ch.

March 29th-Rev. Louis Dunkle-Church of Our Savior Lutheran



**LAUGHTER
IS THE KEY TO HAPPINESS!**

Friday March 17th: St. Patty's Day

- **Chef's Corner**-Located in D209 @ 11am Jenna will be hosting Chefs Corner making Irish Potatoes.
- **St. Patty's Day Celebration**
Join us in the Auditorium for our St. Patty's day party at 2pm. We will have entertainment and refreshment's.



Tuesday March 24th:

- **Blood Drive**

We will be holding a blood drive in the Auditorium starting at 2pm. Please come out and donate blood!



Sunday March 26th:

- **Performer**- 4pm
We will have Rich Lanzilotti here to perform. He sings and play's musical instruments. Don't miss this opportunity to be entertained!



New Activities

THERAPY AND
RELAXING



Therapeutic Art: Join Jenna for Adult coloring and mindful drawing activities.

Fun Fact: Coloring isn't just for kids. Think about it.. Coloring has therapeutic potential to reduce anxiety, create focus or bring about more mindfulness.

Brain Games: Jenna will be challenging the residents by getting them to use their cognitive functions.

Fun Fact: How to define brain games? To sum it up, brain games are a broad range of tests and exercises aimed at stimulating your cognitive functions. In other words, brain games tend to boost memory, reasoning skills, executive functions in general...



Tea and Biscuits: Jenna will be hosting a tea hour to promote a social time for our residents to spend together



Fun Fact: Tea drinking has many health benefits. One being it can reduce the risk of having a heart attack.

Community Services

Cafe:

- Open Monday-Saturday 7:30am-3pm
- Open Sunday 3pm-6pm
- Phone Extension 7229

Dining Room:

- Open Monday-Saturday 4pm-5:30pm
- No assigned seating
- Please sit at a cleaned, reset table only
- To reserve seating for outside guests call 7228
- Monday-Saturday Room tray orders call 7228 by 3pm
- Sunday Room tray orders call 7228 by 10am

Daily Menu:

- Call 8400

Sunday Meal and Holidays:

- Open seating 11:30am-1:30pm

The Fountains Salon (Beauty & Barber Services):

- By Appointment Only
- Call 856-809-7230

Rehab

- Tuesday & Thursday Personal Training Sessions 1-2:30PM
- Sign-up sheets outside ILF Gym

Daily Activities:

- Tune in to channel 1970

Transportation

Weekly Bus Trips

(These trips are consecutive each week, unless noted otherwise)

Please Note: *Bus trips will not run if less than 4 residents are signed up.*

Mondays:

- 10am Shop-Rite

Thursdays:

- 10am Post Office/Bank
- 11am Walmart

Saturday:

- 10am Shop-Rite/Dollar Store

Sunday:

- 9am Local Church drop offs

Monthly Add-on Trips

Note: *Please make sure to sign up!*

Tuesday March 7th:

- 10am Deptford Mall Outing
- 5pm Out to dinner at

Tuesday March 21st:

- 10am Movie at the Ritz theatre, along with lunch at Otts

Wednesday March 29th:

- 9:30am Atlantic city Trip
- (Weather Permitting) Keep a lookout for any changes made.*



March 31st:

2pm– Auditorium

Come out and try something new!

*Jenna will be sampling out different wine & beer flavors!
We will also have an assortment of cheese and crackers!*

Remember:

A random act of kindness, no matter how small, can make a tremendous impact on someone else's life."

"More smiling, less worrying. More compassion, less judgment. More blessed, less stressed. More love, less hate."

always
be kind



2017 March

Sunday	Monday	Tuesday	Wednes
LOCATION KEY AU- Auditorium FL- Fireside Lounge CH- Clubhouse A3- Awing 3rd Floor F2- Fwing 2nd Floor CL- Chapel			1 9:30am Stretch & E 11am Ash Wednesd: 1pm Worship Serv 2:30pm Get Creativ 6:30pm Card Game
5	6	7	8
9am Transportation to Church 2pm Cinderella (play); Ex:7486	9:30am Stretch & Bend; AU 10am ShopRite 1pm Billiards 1:30pm Bingo; AU 6:15pm Wii Bowling; FL 6:30pm Card Games; AU	10am Dance Band; AU 10am Deptford Mall Outing 1:15pm Yoga; AU 1:30pm Arts & Craft; A3 2:30pm Word N Word; AU 6:30pm Movie; AU	9:30am Stretch & E 10:30am Pen Pal C 1pm Worship Serv 2:30pm Brain Game 6:30pm Card Game
12	13	14	15
9am Transportation to Church 2pm Pianist Doug Poole; CH	9:30am Chocolate Heaven Cand 9:30am Stretch & Bend; AU 10am ShopRite 1pm Billiards 1:30pm Pokeno; AU 6:15pm Wii Bowling; FL 6:30pm Card Games; AU	9:30am Word N Word; AU 11am Town Hall Meeting 1:15pm Yoga; AU 1:30pm Arts & Craft; A3 6:30pm Movie; AU	9:30am Stretch & E 10:30am Therapeu 1pm Worship Serv 2:30pm Crafts with 6:30pm Card Game
19	20	21	22
9am Transportation to Church	9:30am Stretch & Bend; AU 10am ShopRite 1pm Billiards 1:30pm Bingo; AU 6:15pm Wii Bowling; FL 6:30pm Card Games; AU	10am Dance Band; AU 1:15pm Yoga; AU 1:30pm Arts & Craft; A3 2pm Blood Drive; AU 6:30pm NO MOVIE THIS WEEK	9:30am Stretch & E 10am Movie at the 10:30am Pen Pal C 1pm Worship Serv 2:30pm Brain Gam 6:30pm Card Game
26	27	28	29
9am Transportation to Church 4pm Singer Rich Lanzilotti; AU	9:30am Stretch & Bend; AU 10am ShopRite 1pm Billiards 1:30pm Pokeno; AU 6:15pm Wii Bowling; FL 6:30pm Card Games; AU	10am Word N Word; AU 1:15pm Yoga; AU 1:30pm Arts & Craft; A3 2:15pm Tell Your Story; AU 6:30pm Movie; AU	9:30am Atlantic Ci 9:30am Stretch & E 10:30am Get Creat 1pm Worship Serv 2:30pm Brain Game 6:30pm Card Game