

Inspirations

FALL EDITION 2017



Formal Dining Room –
Residents enjoy refreshed kosher menus in this improved space, which features a display kitchen for live cooking demonstrations.



Bar, Lounge & Bistro –
Residents can meet at the bar before dinner, enjoy a coffee break during the day or gather to watch the big game on a Sunday afternoon.



New. Inspiring.
Premier Retirement Living.
Join Us!
Exclusive Renovation Unveiling Party
Thursday, October 19 • 5 p.m.

Our long-awaited unveiling is finally here! We invite you to experience the exciting renovations that have been delighting Lions Gate residents now for weeks. Enjoy a special evening of tours, live entertainment and a delicious selection of wines, cocktails and hors d'oeuvres – all specially prepared and selected by Sodexo®, our new partner in dining services.

Kindly RSVP to attend by contacting Marlene.
(856) 679-2362 | www.lionsgateccrc.org/renovationparty



Upgraded Art Studio –
Offering classes from oil painting to jewelry making, the art studio is a place to express creativity and strengthen fine motor skills.



Modern Fitness Center – This enhanced space will feature ergonomically designed equipment for safe, easy use by seniors, as well as an area for stretching, personal training and specialized exercise classes.

Prepared for the Next Generation – *And Better Than Ever*



Susan Love,
Lions Gate CEO

Watching a lively group of seniors create watercolor masterpieces in a bright, sunny art studio might not be a typical sight in most senior living communities. Nor is a group of friends enjoying daily happy hours in a traditional English-style pub. But anyone who knows Lions Gate knows it's not a typical senior living community.

Thanks to the newly completed renovations, Lions Gate is better than ever! The dust has settled and residents are finally able to see the long-awaited enhancements come to life. Whether it's watching cooking demonstrations in our new display kitchen or working out in our modern fitness center, the entire Lions Gate staff is excited to see our residents enjoying the new amenities, programs and services every day.

"A special thank you to our residents for their patience throughout the renovation process. We know the inconvenience was challenging at times, but they recognized our efforts to build and sustain our mission and vision. We truly look forward to watching our residents enjoy these new spaces and seeing that the temporary disruption was worth the wait."

The renovation project was initiated to enhance life for current Lions Gate residents and also to prepare for future residents. From recreational activities to dining services, senior living communities must grow and evolve to appeal to the new expectations of future retirees.

Our renovations have allowed us to respond to that demand. Now we offer improvements such as multiple dining venues, refreshed kosher menus, flexible dining hours similar to those of traditional restaurants . . . and new spaces like our bright art studio.

The expansion of Commons Hall, offering space for over 100 guests, will serve as the venue for resident shows, plays, musical performances and more. The adjoining outside patio allows for outdoor events and programs. A new spiritual center is also located within the area.

Wellness and fitness are key to healthy living. Our new and improved fitness center makes it possible to provide more exercise classes and wellness programs of varying levels, all of which support healthy, independent lifestyles.

For today's seniors, it's all about choice. Our residents are taking full advantage of the new choices Lions Gate offers – and they love it. So while it's been a year (or more) of dust, noise and construction, everything has settled . . . and everyone at Lions Gate is happy to be starting our next chapter! It's the perfect time to come for a visit and see the new lifestyle that awaits.

Lions Gate Resident Artists Creating *Art for a Cause*

Recently, a group of talented residents contributed original works of art for the creation of tribute cards, one of Lions Gate's most unique fundraising tools. Sending a Lions Gate tribute card is a special way for people to commemorate various occasions, such as weddings, anniversaries or Bar/Bat Mitzvahs, or to share get well messages or condolences. Our pre-packaged tribute cards are blank inside so you can personalize your message.



Donald Fletcher painted this watercolor at the age of 97. Fletcher has been a resident since Lions Gate opened in 2007 and says he developed and refined two passions upon coming to Lions Gate: writing and painting.



Sondra (Sunny) Cahn also contributed a watercolor design. Cahn is no stranger to art. She is an award-winning artist who has been featured in various shows in her native Cleveland. Cahn says she is excited to draw new inspiration from the beautiful, new art studio.



Rena Sherman took up watercolor painting after retiring from Jewish Family Service of Philadelphia almost 30 years ago. A lover of all art, she is also an oil painter as well as a member of the Lions Gate Drama Club and Music Guild.



Fran Silberfeld says her life's work and passion has been art and teaching. An accomplished artist who studied at Columbia University, Silberfeld refers to painting as a constant source of discovery, surprise and struggle, but the reward is the finished product.



Rivka Schmurman Rappaport was a master at needle art. When she began to experience eyesight challenges, she wanted to find another way to express her creativity. She tried her hand at oil painting and "Deep in the Forest" was one of her first creations.

Some tribute cards have been created in memory of former Lions Gate residents. The families of Temmy Greenman and Dorothy Krakovitz both contributed original artwork by these beloved residents to be used for this fundraising project. Greenman rediscovered her passion and talent as a painter later in life, as did Krakovitz who took up painting in her 80s!

A Unique Way to Support Our Mission

By purchasing Lions Gate tribute cards, you are also making a donation to Lions Gate to help support the mission of Jewish Senior Housing and Healthcare Service (JSHHS) in providing South Jersey seniors with quality housing, dignified care, wellness programs and a fulfilling lifestyle consistent with Jewish values.

Packages are \$36 for six cards and can be purchased at the Lions Gate Gift Shop or at the Independent Living and Assisted Living Concierge Desks.

Visit www.lionsgatedonate.org or contact Felice Kelem, Director of Development, at (856) 679-2189 for more information. Tribute card donations are 100% tax-deductible.

New Dining Experience Brings

More Choices, Healthier Options

Today's seniors have higher expectations. They want more choice and flexibility. They've traveled more, experienced more, and want their dining experience to offer more. And that's precisely why Lions Gate has partnered with Sodexo®, a global leader in services that improve quality of life, with nearly 50 years of experience in providing exceptional dining services.

Lions Gate CEO Susan Love says the partnership with Sodexo is turning Lions Gate's dining program on its head. "Our new dining services partnership with Sodexo brings a delicious, expanded new menu of healthy, kosher and locally sourced foods prepared by culinary-trained chefs," she says. "Combine that with the exciting, new dining venues we're offering as a result of our renovation project, and you've got dining that rivals some of the area's best restaurants and cafés."

The proof really is in the pudding! Meals are fresh and chef-prepared every day, and best of all, the menus change frequently. If residents were cooking at home, they likely wouldn't have nearly as many choices.

Love adds that the menus are still 100% kosher but enhanced with a fresh perspective. "Think oven-roasted tilapia spiced with garlic and paprika, chicken marsala braised with mushrooms and marsala wine sauce, or delicious yet heart-healthy frittatas. There's also a tasty selection of soups, salads and sides," she says. "All are made right here in the Lions Gate kitchen under the supervision of Executive Chef Marc Cohen."

"Because the collective expectations of today's seniors are higher than ever before, flavors that are vibrant and fresh are a given, artistic presentation is anticipated, and healthy offerings are required," explains Thomas Boileau, Sodexo District Manager, Senior Division. "An experience must be had each time residents come together to dine. Our dining program at Lions Gate meets those demands through an overall philosophy centered on energy, community, culture, comfort and life."

Boileau adds that the new dining program encompasses health and well-being in a number of ways, including nutrition workshops, participation in

health and wellness fairs, and promotion of healthy items by rewarding residents and staff for making informed choices. "When healthy eating becomes a way of life, people thrive," says Boileau. "Success occurs with collaboration, so we will work hand-in-hand with the Lions Gate wellness teams to create strategies that enhance the environment across all lifestyles at Lions Gate."

Sodexo calls this emphasis on wellness, "Mindful Wellness." The goal of Mindful Wellness is to achieve a healthier lifestyle. Love says the program sets the course for selecting healthier foods throughout the day, so that making nutritious choices becomes second nature to residents. "Mindful Wellness delivers satisfying portions that are not only delicious, but also meet a wide array of specific nutrition guidelines that control the level of calories, fat, saturated and trans fats, cholesterol and sodium while maximizing the amount of fiber and other essential nutrients. Most importantly, residents are making these changes without even realizing it!"

Sodexo Director of Communications Lynne Adams says the Chef Stage Center™ Program will be a special highlight at Lions Gate. Chef Stage Center puts the Lions Gate chef in the spotlight," she says. "From demonstrations to live food stations, residents delight in seeing food prepared live . . . and they love meeting the chef. This unique dining experience creates so much excitement, the residents talk about it all the time!"

The new bistro adds yet another dimension to the Lions Gate dining experience. Breakfast, lunch and dinner will be served daily and will feature "action cooking" such as a made-to-order crêpe station, design-your-own-pizza bars, carving stations and a deli counter.

Sodexo has also enhanced dining in our Assisted Living community and the Health and Rehabilitation Center. Residents enjoy many of the same menus and programs as those in Independent Living. *Special diets are always accommodated.*

Jewish Senior Housing and Healthcare Service *Announces New Board President*

Jewish Senior Housing and Healthcare Service (JSHHS) named David Gutin Board President at its Annual Meeting in June 2017. Gutin most recently served as JSHHS Vice President.

An ardent supporter of the Jewish community for decades, Gutin is a member of the Board of Trustees of the Jewish Federation of Southern New Jersey and the Jewish Federation of Greater Philadelphia. Previously, he served as the President of the Philadelphia Jewish Community Relations Council and was President/Board Chair of the Kellman Brown Academy, Jewish Federation Housing Associates and Congregation Beth El in Southern New Jersey. Gutin also served as Chair of the Federation's Department of Jewish Education.

Gutin's history with JSHHS began when his parents moved to Geshur House when it first opened. As JSHHS Board President, Gutin says he looks forward to continuing the Board's commitment to area seniors.

"My passion has been helping to build a strong Jewish community in the Delaware Valley," he says. "My long involvement with JSHHS has been particularly rewarding because Lions Gate and the Dubin, Geshur and Saltzman Houses are all models of what retirement living should be – not only for Jewish seniors, but for all seniors."

Outgoing JSHHS Board President Andi Levin says Gutin's extensive service within the Jewish community and the Jewish Federation gives him a unique perspective. "David's active involvement and dedication

will undoubtedly help to ensure we are comprehensive and collaborative in our efforts as we plan for future services that will enhance the lives of the seniors we serve."

Gutin was active in supporting the community's \$5 million capital campaign* and says, because of the campaign's support, Lions Gate continues on an impressive trajectory. "This campaign has enabled us to reach our strategic objective of improving Lions Gate to better serve our residents today – and tomorrow," he says. "I thank you for your continued support and invite you to join us as we continue to push forward in ensuring all South Jersey seniors have access to quality retirement living and senior care."

With a concentration in family law, Gutin is a partner at the firm of Astor Weiss Kaplan & Mandel, LLP in Philadelphia, PA. He is a graduate of Rutgers University and Columbia Law School and has practiced law for over 40 years. He and his wife, Myra, recently celebrated their 46th wedding anniversary. The couple has three children and three grandchildren. They live in Cherry Hill and belong to Congregation Beth El.

*Anyone wishing to make contributions to Lions Gate's ongoing capital campaign may contact Director of Development Felice Kelem at fkelem@lionsgateccrc.org.



David Gutin
JSHHS Board President

"Working together with our residents, their families, our Board and our friends in the community, I look forward to successfully serving all of the residents living at Lions Gate and in our senior housing communities."



Going Above & Beyond

Meet Our Employee of the Year: Carmelina Ehinger

Carmelina Ehinger, the Concierge for the Lions Gate Independent Living community, is the 2016 Employee of the Year! Nominated by residents, family members and the management team, Carmelina received overwhelming support – especially from residents.

“Carmelina has only been with Lions Gate for one year, but she has made a tremendous impact,” says Cristina Palella, Director of Resident Life. “Carmelina is a wonderful advocate for our residents. She enthusiastically manages requests and concerns while handling outside visitors and a very busy front desk. She is a consummate professional who makes sure residents feel loved and appreciated.”

What our residents say about Carmelina:

“Carmelina is a gem. She is always helpful, courteous and efficient.”

“She goes out of her way to accommodate residents.”

“Carmelina has a lot of patience with us old fogies. It is a pleasure to see her every day trying to take care of everything.”

“Carmelina does the utmost to be helpful. She has learned quickly on the job and explicates unfailing good humor and patience while seeking solutions to the problems at hand.”

If you see Carmelina on the Lions Gate campus, please give her a warm congratulations for achieving this special honor.



Carmelina Ehinger
Employee of the Year

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To receive *Inspirations* electronically,
please email fkelem@lionsgateccrc.org.



LIONS GATE

Lifestyle. Care. Community. Tradition.

www.lionsgateccrc.org
(856) 782-1200



**Jewish Senior Housing
and Healthcare Service**

Dubin House | Geshur House | Saltzman House | Lions Gate

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Celebrating 10 Years!



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