

# Jefferson's Ferry

## JOURNAL



**BOB CAULFIED**  
President/CEO

As the days grow longer and the outdoors comes into flower, I'd like to share some exciting news with you. Jefferson's Ferry has been selected to take part in a five year Age Well Study that will look at the effects of life plan community living on residents' long term health and wellness. We are one of 2,000 life plan communities across the nation whose residents are volunteering to be surveyed over that period of time on their experiences, beliefs and perceptions. Residents were invited to participate in the Age Well survey on a strictly voluntary basis and may withdraw from the study at any time.

As you might well imagine, as CEO of Jefferson's Ferry, I am a strong proponent of the benefits of the life plan community promise and as an organization, Jefferson's Ferry takes great pride in providing an active lifestyle for our residents that encompasses the five critical elements of healthy living: Good nutrition, intellectual stimulation, physical health, safety and security, and socialization.

Although residents of Jefferson's Ferry and other life plan communities are routinely asked about their satisfaction with their life plan lifestyle choice, there has never been a large-scale national study that has captured the larger impact on health and wellness over a long time span.

The study will measure the self-reported health and wellness of resident volunteers through a survey administered every year of the study. This data will be compared to data collected from older adults who do not live in life plan communities. An organizational survey of life plan community management will also be conducted once a year.

Many of our residents have completed the survey this spring and are very pleased to be able to contribute to this important study.

Visit us soon and enjoy the best of the season!

Bob

# CELEBRATING OUR "BEST OF" RECOGNITION

## JEFFERSON'S FERRY VOTED BEST AGAIN!



Once again, Jefferson's Ferry has been recognized among the "Bethpage Best of Long Island." We were voted the winner in two important categories, Best Retirement Community and Best Assisted Living for the fourth year in a row. Each year, Long Islanders vote for the best products and services on Long Island, casting more than 2 million votes in close to 450 categories.

"To be recognized as the Best of Long Island for four years in a row is both gratifying and affirming to our mission, the lifestyle and the higher level of care to we offer," said Bob Caulfield, President and CEO of Jefferson's Ferry. "Thank you to all our residents, friends, vendors and employees who voted for us, and believe in our mission. We take our responsibilities as Long Island's premier life plan community very seriously."

## JEFFERSON'S FERRY PARTNERS WITH NORTHSHORE CAREER TRAINING INSTITUTE'S CNA PROGRAM

Jefferson's Ferry Assisted Living and Skilled Nursing residents are enjoying an extra bit of pampering and care from the next generation of Certified Nursing Assistants, thanks to a partnership between Jefferson's Ferry and the NorthShore Career Training Institute's Certified Nursing Assistant (CNA) program. The partnership, designed to provide the supervised, practical work experience that is required for the CNA students, allows the students to work alongside experienced CNAs in the delivery of daily services to Jefferson's Ferry residents under the supervision and direction of Jefferson's Ferry's Director of Nursing and a NorthShore instructor.

"We're very pleased to be able to partner with NorthShore Career Training Institute with an internship program that provides clear advantages for everyone involved," explained Anthony Comerford, Vice President of Health Services. "The student interns will gain the hands on experience that is required for their certification while learning about the delivery of exceptional care. Our residents will benefit from the extra attention they'll receive and we will also be able to identify quality applicants for future open positions



Front row (l-r): Jefferson's Ferry Assistant Director of Nursing Kathy Koutouvidis, R.N., students Brianna Becker, Liana Domke, Anglee Vasquez, and Alyssa Pupilla and Jefferson's Ferry Director of Nursing, Richelle Rugolo, R.N. Back row (l-r): NorthShore instructor Frances Maro, R.N. and students Kelly Shannon, Tia LaPuma, Dashekia Holland, Jamie Brooks, and George Kashy.

Richelle Rugolo, RN, Director of Nursing, seconded Anthony Comerford. "The interns will be trained on Jefferson's Ferry's expectations of delivering exceptional standards in care and service to our residents. We welcome their enthusiasm and energy, and the opportunity to give them the valuable experience that helps complete their training."

# REHABILITATION TEAM RECOGNIZED FOR COMPLIANCE EXCELLENCE

Congratulations are in order for the rehabilitation team at Jefferson's Ferry, honored for compliance excellence by the HealthPRO-Heritage Corporate Compliance program. The team, which is contracted through HealthPRO and led by Rehabilitation Director and Occupational Therapist Alyssa Shea, was presented with its award at a luncheon held in the team's honor.

The team, which has been with Jefferson's Ferry since 2013, is one of just 11 teams out of more than 600 acknowledged for excellence. In announcing the award, the team was cited in particular for its on-time documentation and compliance in all aspects of patient care and billing.



*Pictured here (l-r) Bob Caulfield, President and CEO, Val McIntyre, HealthPRO Regional Audit Specialist; Alyssa Shea, Chris Zito, Regional Vice President of HealthPRO and Anthony Comerford, VP of Health Services and Administrator.*

"This dedication to efficient compliance is an all-around win-win," said Anthony Comerford, VP of Health Services. "The benefits to patients are the proper coverage for therapy, proper treatment codes and medical diagnosis. Outpatients may be entitled to more therapy services covered as a result of the proper documentation and there would also be the possibility of increased coverage through Medicare for assistive devices."

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## JOANNE LEHMANN, LPN NAMED HEALTH AND WELLNESS PROGRAM MANAGER



**JOANNE LEHMANN, LPN**  
Health and Wellness  
Program Manager

In her role as wellness nurse for Jefferson's Ferry's Independent Living population, Joanne Lehmann has earned the admiration and confidence of residents and employees alike with her outstanding work ethic. Joanne assists Physicians during their visits with residents and provides resources and advise to residents regarding good health habits. In her new expanded role as Health and Wellness Program Manager, Joanne will continue to assist residents as a health resource while playing a larger role in the implementation of new programs and services that foster overall health and wellbeing. "As a Health and Wellness Program Manager, I'm not a treatment nurse as much as a professional who helps in day to day life. From working closely with the residents I understand what makes life better for them. I'm eager to help develop new programs for their benefit."

Bob Caulfield noted. "The extraordinary level of dedication that Joanne consistently delivers and her devotion to furthering the health and wellbeing of our residents has helped us to expand our programs. Her new role gives her greater oversight of existing programs and charges her with the implementation of new programs and services."

# EXCEPTIONAL LIVING

LIVING THE STYLE OF YOUR LIFE

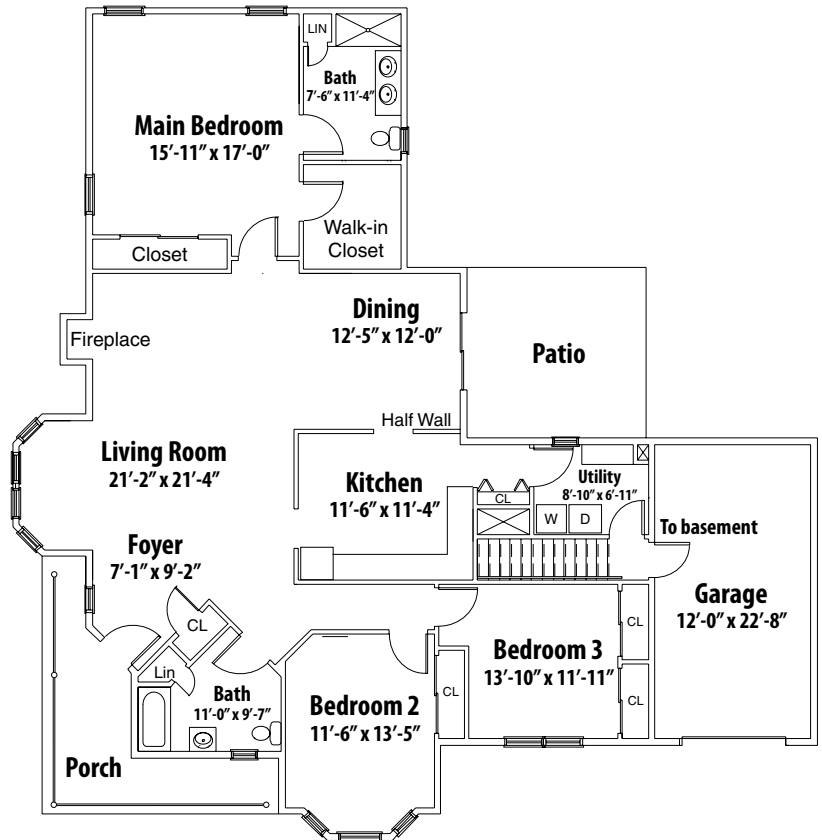
## THE WASHINGTON



2,000 SQUARE FEET  
THREE BEDROOM  
WITH  
BASEMENT

Our charming cottages offer two or three bedrooms and range in size from 1,600 to 2,000 square feet. Each style includes two bathrooms, as well as a patio and an attached garage.

In each cottage, you will find: Fully equipped kitchen, separate dining area, washer and dryer, one car garage, master bedroom with walk-in closet, personal emergency-alert system, wiring for cable TV, telephone and high-speed Internet, wireless service and emergency generator.



**You are always welcome!** The best way to learn about Jefferson's Ferry is to visit. Call **631-675-5550** to schedule a personal tour. We look forward to meeting you.



Visit our website to hear what Jeff Ferry has to say!  
[www.jeffersonsferry.org](http://www.jeffersonsferry.org)

# CONGRATULATIONS TO BRIAN AMTMANN NAMED ONE OF LONG ISLAND'S TOP FINANCIAL EXECUTIVES



**BRIAN AMTMANN**  
Chief Financial Officer

Chief Financial Officer Brian Amtmann was recently recognized as one of Long Island's top financial executives by Long Island Business News. In over 3 years at Jefferson's Ferry, Brian has pursued aggressive cost cutting strategies that have positively impacted the organization's bottom line without compromising the high standard of living that residents expect or the compensation packages that help attract and retain top employees.

"Brian's vigilant cost cutting measures have a huge impact on our budgets without sacrificing the high quality of our programs and services," said Bob Caulfield. "With his strong background in the financial management of continuing care and other types of retirement communities, Brian has significantly reduced our expenses for insurance and accounting fees. Also through his efforts, Jefferson's Ferry earned an upgraded BBB+ bond credit rating with Fitch Ratings which helped in refinancing our corporation's outstanding bonds to a lower interest rate. He has improved our financial performance in industry financial ratios every year since he started at Jefferson's Ferry.

Thanks in great part to Brian's oversight, in the past 3 years, Jefferson's Ferry residents have experienced their lowest monthly fee increase ever, less than 3%. Adjusted annually, this fee provides the financial resources to fund services and amenities residences enjoy—health services, utilities, household maintenance, dining options, entertainment, and educational and social programs.

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## FITCH RATINGS AFFIRMS BBB+ FOR 2018

Jefferson's Ferry recently had its BBB+ rating affirmed by FitchRatings for the second year in a row. "We are extremely pleased that FitchRatings once again rated us as BBB+," said Bob Caulfield. "This solid investment grade rating has enabled us to continue to maintain and improve our physical plant and introduce many new services that benefit the entire community."

In November 2016, Jefferson's Ferry issued \$45-million in bonds through the Town of Brookhaven Local Development Corporation after receiving its first rating of BBB+ by FitchRatings. The bonds allowed Jefferson's Ferry to reduce its debt load and to embark on improvements throughout the community including resident living and activities spaces, fitness and wellness areas and areas serving older adults living with dementia.

In its latest report, FitchRatings pointed to the continuation of key drivers that sustained the BBB+ rating. Solid occupancy in Independent Living, Assisted Living and Skilled Nursing, improved liquidity levels, improved operational performance and a light debt burden were all cited as significant factors.

# GOLD CLUB MEMBERSHIP BENEFITS

## TAKE ADVANTAGE OF JEFFERSON'S FERRY'S PROGRAMS



### *Gold Club Membership*

Now that the spring weather has taken hold, the new, expanded outdoor activity area is in full swing. Gold Club members are welcome to join current Jefferson's Ferry residents and other Gold Club members on the new croquet court, updated bocce and shuffleboard courts, or put their short game skills to the challenge or our new putting green.

In addition to access to the outdoor recreation area, Gold Club members can also take fitness classes, enjoy a meal or a snack at our café and take advantage of many other Jefferson's Ferry programs. Check your email for specific events and programs available to Gold Club Members.

Utilizing Gold Club membership is a great way to meet people, take advantage of some of Jefferson's Ferry's most popular programs and amenities and stay active and engaged. The potential benefits of recreation extend far beyond just having fun, so come join us!



Visit us online at [www.jeffersonsferry.org](http://www.jeffersonsferry.org)

# **SKIP THE WAIT!**

**Immediate availability  
for select residences in  
Independent Living  
and Assisted Living  
neighborhoods.**

**Call 631-675-5550  
for information**