Jennings Center for Older Adults Honor Adults



Be sure to review the 2007 Annual Report bundled inside!

Jennings Center for Older Adults

10204 Granger Road Garfield Heights, OH 44125

216-581-2900 www.jenningscenter.org

Art Therapy Project a Good Match for Adult Day Center Participants

Participants of the Eva L. Bruening Adult Day Center at Jennings Center for Older Adults are reaping the benefits of a comprehensive art therapy project currently being implemented with support from the John P. Murphy Foundation. The Center's Program Coordinator, Sue Carter, is facilitating the project while completing an art therapy certification program at Tri-C.

Since the program began last fall, approximately 15 adult day center participants attend weekly painting sessions in a comfortable art therapy space that Carter has created, known as the Art Studio. "Painting is one of the most calming activities people can engage in," says Carter. "When there are paints on the table and people are painting, the atmosphere is indescribable."

Each session begins with a visualization exercise. Carter explains that art therapy is not about creating a finished product but about facilitating a process for healing. In fact, images painted by group members often reflect their energy level and may help assess a person's mental or emotional health. Many of the center's participants have dementia or developmental disabilities which often predispose them to depression, anxiety, and agitation. Art

therapy can serve as an assessment tool resulting in one-on-one discussions or a referral to a professional.

One-on-one discussions often involve a technique known as "third hand art" where a facilitator asks an individual a series of visualization questions and paints their responses as they are shared. Carter recently helped a terminally ill adult day center participant using this technique. In this one-on-one session, Carter painted a blue mother bird and her chick, with the word "Heaven" written in blue above them. She explains, "When you begin to paint an image based on what an individual is telling you, it draws out what they need to talk about."

Art therapy is a good match for the people who attend the Eva L. Bruening Adult Day Center at Jennings because

(continued on page 7)



Program coordinator Sue Carter leads an art workshop.

A House Built on Solid Rock, part 3

The following article is a continuation of an article that began in the Fall 2007 issue of Hallmarks chronicling the history of the Sisters of the Holy Spirit in honor of their 75th anniversary.

The history of the Sisters of the Holy Spirit in the United States began in 1907 when Mother Anthony (Jozefa Kolasa) was sent with three other Sisters to beg funds for the suffering Community in Europe. The Sisters were met at the docks in Boston by Father Vitold Buchaczkowski, then the rector of Saints Cyril and Methodius Seminary in Detroit, Michigan. The Seminary was in need of Sisters to staff its domestic department and infirmary, and Mother Anthony received permission to go to Michigan where the Sisters would work and receive a stipend which could then be sent to help the Sisters in Europe.

In Michigan, young women became interested in the work and life of the Sisters. Mother Anthony petitioned the Bishop of Detroit to open a permanent house in the United States in 1909 when the Seminary moved to Orchard Lake. The Bishop refused to accept the petition as he felt he already had too many congregations to support in his Diocese. Hearing that the Bishop of Pittsburgh was open to new religious foundations, Mother Anthony moved the Community to Donora, Pennsylvania, where the Sisters had been asked to staff a school.

Due to difficulties within the new establishment, Mother Anthony felt it necessary to go to Russia to consult with Mother Josephine about the direction life in the new Community would take. In Russia she found that Mother Josephine was in political danger, and she worked to secure her safe flight from the Czar's tyrrany. In the absence of Mother Anthony, Bishop Canvein put the new Community under the direction of the School Sisters of Notre Dame from Milwaukee, Wisconsin, and, according to the archives, "told the Sisters to have nothing to do with the former Community and organized them into a new Congregation." Later attempts at reconciliation with the first foundation in the United States proved futile.

Upon a safe return to the United States, Mother Anthony found that she and Mother Josephine were now homeless. After being sheltered with other Communities as they tried to re-establish ties in Pittsburgh, they came to Cleveland in 1922 and took over the care of Holy Ghost Oprhanage

(continued on page 7)

Sisters Celebrate 75th Anniversary

In April, the Sisters of the Holy Spirit concluded their 75th Anniversary with a Mass and celebration.



Hundreds of people gathered for Mass at St. Therese Church in Garfield Heights, celebrated by

Father Wally Hyclak. Following the Mass, individuals gathered at Jennings Center for Older Adults for a reception. Sister Mary Assumpta noted that the campus at Jennings is "proof that the impossible dreams were His work, not ours."

The Sisters of the Holy Spirit thank all of those who support them and their ministry with prayers, love and donations.

Spring/Summer 2008

_Hallmarks

Apartment Tenants Praise Lifestyle Physical Activity Program

Tenants of Jennings Manor and St. Agnes Terrace Apartments are learning that becoming and staying active takes time, effort—and most importantly, the development of special lifestyle skills. As part of a partnership with OASIS, a national nonprofit educational organization designed to enhance the quality of life for mature adults, Jennings is participating in one of three Active Living Every Day programs in the Cleveland area.

Active Living Every Day is a 20-week evidence-based behavior change program designed to improve the lives of older adults. Through information, encouragement and skill-building strategies the program helps adults to build physical activity into their daily lives. The program is based on studies that have shown that lifestyle physical activity programs are as effective as structured exercise regimens in improving health. They are also more successful in supporting long term behavior change and are more cost-effective than typical exercise programs. "I've learned that I am responsible for my own health and I celebrate that I have that awareness" says Sister Louise Szerpicki, program participant and tenant of St. Agnes Terrace Apartments. "Physical activity provides a mental uplift and the endorphins are free."

Each class participant receives an Active Living Everyday Resource Book, T-shirt, book bag, stress ball and pedometer. The resource book is a hit among participants for its simplicity and repetition, and for helping them stay focused and on track. Participants also appreciate the program's acknowledgement that setbacks are part of life and are repairable and forgivable.

The program is particularly helpful for those who may be sedentary due to physical limitations. Sister Paulette Snyder fractured her leg about a year ago and explains, "This is the first time in my life that I have not been active".

Keys to her success have been the support of her fellow classmates and being held accountable. Tenants participating in the program have creatively worked physical activity into their



Active Living Every Day program attendees (back row, left to right): Sr. Louise Szerpicki, Jennings Senior Housing Service Coordinator Ranada McLaughlin, Jean Chambers, and Sr. Paulette Snyder, and (front row, left to right): Fran Marunowski, Alberta Korfant and Eleanor Madger. Members not present were: Katie Cummings, Dorothy Vuk and Agnes Callen.

lifestyle routines. Some of these activities include brushing snow off of tenants' cars, walking four flights of stairs in the apartment building, walking to Mass across the street, getting up and walking around in-between T.V. programs, playing with grandchildren, organizing closets for people and cultivating flower beds on campus.

Jennings Senior Apartments Service Coordinator Ranada McLaughlin is the program facilitator. Her primary role is to help participants master the problem-solving and behavior change skills that are important for integrating a moderate level of activity into their daily lives. These include not only goal setting and creating social support but also identifying and overcoming barriers to physical activity. "I try to cover the material in each chapter in a creative way," says McLaughlin. "I love it."

For more information about the Active Living Everyday program, contact Cleveland OASIS at (440) 886-1157.

Jennings Highlights Learning and Culture with Events

Senior Summer School a Hit!

Jennings brought back Senior Summer School, an event that held our students' curiosity for simple subjects and topics that were brand-new.

Senior Summer School featured one-hour workshops from Wednesday, June 4 through Friday, June 6 from 9:45 a.m. until 12:00 noon. Classes were open to individuals on the Jennings campus as well as in the greater community. Some of the classes included:

- The buzz about renewable and green energies in Ohio
- Senior-friendly exercises
- How to create a butterfly garden
- Craft a patriotic door hanger with Pat Catan's
- Cleveland's history: a walking tour
- Jewish history with the Maltz Musuem
- Memory fitness
- Words, words, words!
- Cleveland police infamy: Elliott Ness, the Torso murders and more
- Cleveland Indians nostalgia

We are thankful for the many speakers that offered their time to participate in Senior Summer School. For information about upcoming educational events and seminars, please visit www.jenningscenter.org or call Lisa Brazytis at 216-581-2902, ext. 2297.

Gateway to Culture Season Three

Jennings brings cultural events to the campus and community at large with its third Gateway to Culture season. Jennings kicked off the 2008 season with Great Lakes Theater Festival performance of "Seeing Red."

"We designed the Gateway to Culture series to offer arts and culture to older adults who may have difficulty accessing such exhibits and performances in traditional venues due to physical, financial or transportation restraints," notes Lisa Brazytis, director of marketing and outreach at Jennings



Great Lakes Theater Festival kicked off Jennings' 2008 Gateway to Culture Season.

Center for Older Adults. "The Jennings campus offers an environment that is accessible by virtually everyone, and is friendly to seniors and their families."

There are still ways to participate in our Gateway to Culture events. The season still includes:

- Cleveland Tops Swing Band
- Author Dick Schafrath
- Verb Ballets
- River Valley Ringers
- Centennials of the Singers Club of Cleveland

All Gateway to Culture performances are free and open to the public, with advanced registration. The program has been made possible thanks in part to a grant from The Harry K. Fox and Emma R. Fox Charitable Foundation. For more information, visit www.jenningscenter.org or call 216-581-2900.

Spring/Summer 2008 Hallmarks

Philanthropy Spotlight: A Lasting Legacy of Giving

Bill Koehl and his wife Marcy first became involved with Jennings when Bill's mother needed nursing home care. As a family member, he was touched to see how happy his mother was throughout the nineteen years she lived at Jennings. It was important to him that his mother could practice the traditions of the Catholic faith and receive comforting support from the Sisters of the Holy Spirit.

At first, he decided to show his appreciation by donating a chalice and vestments for the altar in the Chapel. In his humble and quiet way, he would give an offering during Mass and then make an extra gift for Jennings and the Sisters. He developed a lasting friendship with Sister Mary Philomena which endured throughout his lifetime.



Legacy donors Bill and Marcy Koehl on their 40th anniversary.

When Marcy died twelve years ago, Bill decided to make a donation to create a garden area on the Jennings campus for the enjoyment of the Sisters, family members, visitors and all of the individuals who live on the Jennings campus. As a result of this gift, Paraclete Park was created on campus to provide a beautiful and lasting tribute to the memory of Marcy Koehl. Paraclete Park is located on the Jennings campus between the Sisters of the Holy Spirit Motherhouse and Jennings Manor Apartments. The park is a vibrant, wheelchairaccessible outdoor space featuring the Stations of the Cross and statues of Our Lady of Loreto, St. Anthony, and St. Francis and provides an atmosphere for spiritual contemplation. It is replete with a variety of flowers throughout the seasons and is a delightful setting in which all on the campus can enjoy nature.

Dedicating Paraclete Park in memory of Marcy Koehl was one of the great joys in Bill's life, so much so that he explored other ways to support the work of the Sisters. In the process of updating his will, he decided to make a charitable bequest by designating several groups of religious women, including the Sisters of the Holy Spirit, to receive a percentage of his estate. Through this gift, Bill became a member of the Holy Spirit Heritage Society, which recognizes legacy donors. As members of the Holy Spirit Heritage Society, Bill and Marcy are included in a recognition display on campus and will continue to be remembered annually at a special Mass for donors. Jennings and the Sisters are grateful to the late Bill and Marcy Koehl for their ongoing and generous financial support.

To learn more about how you can make a difference in the lives of older adults, please contact Amy Restorick-Roberts, Director of Development, at 216-581-2902, ext. 2327.

Speakers' Bureau, Campus Tours Available-

Jennings Center for Older Adults welcomes the opportunity to provide information about senior lifestyles and services. In addition to the events held on the Jennings campus, we have a speaker's bureau that offers free speakers on a number of topics related to seniors and caregiving. If you, or someone you know is interested in a speaker or a personalized tour of our vibrant continuum of care campus, please call Lisa Brazytis, Director of Marketing and Outreach, by calling 216-581-2902, ext. 2297 or visit our web site at www.jenningscenter.org.

Living Our Mission



Annual Report 2007



Our Mission

Jennings Center for Older Adults, inspired by the Sisters of the Holy Spirit and the Catholic Diocese of Cleveland, continues the loving ministry of Jesus by providing health care and supportive services to older adults, with special concern for those with limited means. In fulfilling our mission we commit ourselves to these values:

Respect • Hospitality • Community Discovery of Potential · Celebration of Life



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Dear Friends,

One of my favorite 20th century philosophers, Mr. Fred Rogers, wrote in *The World According to Mister Rogers*, "You rarely have time for everything you want in this life, so you need to make choices. And hopefully your choices can come from a deep sense of who you are."

Mister Rogers could have been speaking to the Sisters, Board and Staff of Jennings. As a not-for-profit organization in the rapidly changing world of services for older adults, we must make choices about the direction of our organization as we face a future with dramatically increased numbers of seniors who may need and seek our services. What will be the nature of those services? Will they be community based, residential, storefront, at the library, the mall, or in a spa? A mix of housing, healthcare, or social activities? We understand that we cannot serve all, or be all, to everyone.

Thankfully, we make and test our choices not in a vacuum, but against a sound foundation built from our history, culture, mission and values. This foundation has been built over the years by those who came before us, who were also guided by Church social teachings that emphasized respect for every human person, and community-minded principles which create a mindset that constantly seeks a higher standard for all.

Our foundation has permeated the organization—reaching, we hope, every person served as well as every staff member in service. It has provided us with that deep sense of who we are as an organization, and will serve us in good stead as we help to shape and define our profession's next generation of services.

We review the accomplishments of the past year with a strong sense of gratitude for the perseverance, generosity and hard work of many individuals. Our mission and values have helped to guide us, and they have been instrumental in the choices we have made to achieve our goals.

Sincerely,

Martha W. Kutik

Martha M. Kutik

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The Sisters of the Holy Spirit began their spiritual community 75 years ago. This small, but pioneering group of women established a ministry to older adults in Garfield Heights with the campus's original rest home, just ten years later. For sixty-five years, the Sisters of the Holy Spirit have nurtured Jennings Center for Older Adults with values, charism and spiritual guidance. The mission-based culture they have cultivated has enabled the campus to blossom into a community that grows without walls to meet the needs of older adults, children and their families.

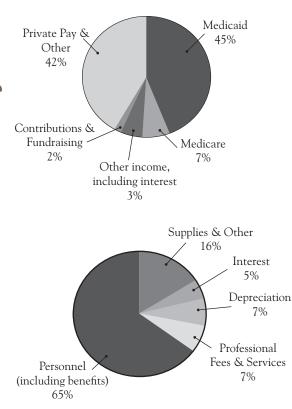
Over these many years, the sponsorship of the Sisters of the Holy Spirit has anchored the organization, inspiring a depth of caring for every human being as a unity of mind, body and spirit. Their influence guides Jennings staff members, who are partners in this ministry and devoted to the Sisters' sacred work. By honoring each person as a unique individual, we nurture relationships, pursue innovation and translate Catholic values into pathways of action.

2007 by the numbers

Senior apartment units = 103 Holy Spirit Villas = 4 Assisted living apartments = 54 Memory care assisted living studios = 18

Long-term care private suites = 156 Adult day services capacity = 50 Child care services capacity = 72 Members, Sisters of the Holy Spirit = 12

Fiscal Results 2007



REVENUES

Medicare	\$1,248,053
Medicaid	\$7,812,155
Private pay & Other	\$7,351,518
Contributions & Fundraising	\$337,872
Other income, including interest	\$577,273
TOTAL	\$17,326,871

EXPENSES

Personnel (including benefits)	\$10,878,176
Professional Fees and Services	\$1,109,623
Depreciation	\$1,175,817
Interest	
Supplies & Other	
TOTAL	\$16,731,645

cepart 2007 Variation

Celebrating 2007 as the 75th anniversary of the Sisters of the Holy Spirit and the 65th anniversary of Jennings Center for Older Adults, we recognize the mission-based culture that has enabled our achievements. We share with you examples of ways in which we carried out our mission and values in 2007. Our experiences, both large and small, nurtured an environment that cherishes individual dignity and welcomes all.

Our Mission

Jennings Center for Older Adults, inspired by the Sisters of the Holy Spirit and the Catholic Diocese of Cleveland, continues the loving ministry of Jesus by providing health care and supportive services to older adults, with special concern for those with limited means.

In fulfilling our mission we commit ourselves to these values: Respect • Hospitality • Community • Discovery of Potential • Celebration of Life

Respect

(n.) esteem for or a sense of the worth or excellence of a person, a personal quality or ability, or something considered as a manifestation of a personal quality or ability.

- Elders and their families received higher levels of compassionate care and spiritual support inspired by the daily presence of the Sisters of the Holy Spirit.
- With the expansion of the Eva L. Bruening Adult Day Center at Jennings Center for Older Adults the center served more participants and created studio space for individuals who wish to select specialized programming in smaller groups.
- Jennings formalized its person-centered care, offering greater daily choices in personal care routines, meals, companionship and experiences in a measurable way.
- Families caring for a loved one at home stayed together in the community longer with the support of Adult Day Services.
- The American Association of Homes, Housing and Services for the Aging (AAHSA) held its Ethics Commission Meeting at Jennings to discuss Ethics in the Workplace.
- Jennings was recognized at the Governor's conference on aging for its accomplishments and involvement with the mature workforce.
- Jennings staff members integrated concepts learned from the Sacred Art of Living and Dying into daily caregiving routines.
- The Ohio Department of Health found Jennings Assisted Living to be deficiency-free during its annual survey, and Jennings Hall received excellent survey results as well.



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Hospitalitu

(n.) the act or practice of one who is hospitable; reception and entertainment of strangers or guests without reward, or with kind and generous liberality.

- Jennings began construction on six new villa homes in order to meet the need for housing for seniors.
- Programs and services at Jennings supported individuals with low to moderate financial means.
- The campus offered a full continuum of residential and community-based services, including adult day services, affordable senior apartments, assisted living, memory care, long-term nursing home care, respite suites, child and infant care, and villa homes.
- Charitable care at Jennings continued to provide appropriate care, even if an individual's finances were exhausted.
- Jennings' nursing staff provided high quality care without the use of outside agency nursing.

Community

(n.) fellowship; an interacting population of various kinds of individuals in a common location.

- Catholic Mass and Rosary are held daily in the Holy Spirit Chapel, and additional religious denominations have held services in our auditorium.
- As a leader in workforce development, Jennings collaborated with the Cuyahoga County and Mahoning County Workforce Development Boards to further long-term care careers in Northeast Ohio.
- Jennings provided community presentations throughout the country and as far away as Japan to showcase our Safe Movement Program in conjunction with Kent State University.
- Jennings hosted outside organizations and partners for idea sharing and discussions on best practices.
- Through community outreach, speakers' bureau and health fairs, Jennings provided education and information to more than 3,000 individuals and families.





Discovery of Potential

(n.) the act of seeking one's inherent ability or capacity for growth, development, or coming into being.



- The Employer's Resource Council (ERC) recognized Jennings as "One of the Best Workplaces in Northeast Ohio" through its NorthCoast 99 program and also awarded Jennings one of three Diamond Awards for recognizing balance in work and life.
- Jennings hosted The AOPHA Resident Art and Writing Show, displaying work of seniors with a lifelong interest in arts right alongside those who have never picked up a paintbrush or written a poem in their lives.
- AARP honored Jennings as a "2007 Best Employers Program Honoree" for its best practices in supporting staff members who are fifty and older.
- The Eva L. Bruening Adult Day Center at Jennings Center for Older Adults inspired participants in its studio space through creative therapies, including a drumming circle.
- Jennings served as a training site for local nursing schools and other academic institutions.

Celebration of Life

(n.) the praise or display of vitality or existence conceived as belonging to the soul.

- Five residents celebrated a birthday turning 100 or older in 2007.
- Through Jennings' Gateway to Culture series, individuals and families from the Jennings campus and the community at large enjoyed seven arts and cultural performances by individuals and organizations such as the Great Lakes Theater Festival and the Centennials of the Singers Club of Cleveland.
- Children and older adults inspired one another through daily meaningful intergenerational relationships.
- Tenants enjoyed holistic programming such as a partnership program with OASIS Active Living Every Day and the ElderWisdom programs.
- Jennings staff participated in team-building activities, such as the annual staff retreat, Spirit of Jennings events, staff picnic and annual board retreat.



Hallmarks <u>Spring/Summer 2008</u>

Valentine's Day Celebrated Years of Marriage, Dedication

The gentlemen were dapper and the ladies lovely as Valentines Day 2008 brought together the married couples on the Jennings campus. A combined total of 1,650 years of marriage was celebrated by 32 married couples in the Jennings family.



Fifteen couples shared in a special celebration that began with Mass officiated by Father Paul Hritz, where couples renewed their marriage vows. Following Mass, the couples were escorted into the auditorium, which the life enrichment staff

and dedicated volunteers transformed into a Valentine wonderland of red, white and pink hearts, flowers and candles.

Portraits of each couple were taken as they entered the dining area to enjoy a five-star meal and dessert. While Jennings staff and volunteers waited on the celebrated couples dining, they were serenaded with live flute music by Renee Wolcott, social worker at Jennings Center for Older Adults. As the evening concluded, couples left with a sparkle in their eves, a little music in their hearts and a renewed love and dedication for each other.

Jennings Invests in Workforce Development with REACH Project

On February 2, 2008 Jennings Center for Older Adults was recognized in the Cleveland Plain Dealer for leading a project called Rewarding Education through Advanced Careers in Healthcare (REACH). REACH is a three-year workforce development project addressing the challenges that long-term care organizations face in hiring and retaining the talented staff necessary to fulfill the growing demand for services for the elderly. REACH also focuses on helping entry level workers achieve sustainable employment and higher earnings necessary for self-sufficiency and a higher quality of life.

REACH will utilize the expertise of several partners: the Cleveland -Cuyahoga Workforce Investment Board and the Mahoning County Investment Board, which will provide job training and qualified applicants. Educational organizations Youngstown State University, Cuyahoga Community College and Kent State University will provide curriculum and training, including leadership courses for nurses. Work/life support

will be provided on-site by Towards Employment in Cleveland and the Burdman Group in Youngstown in order to help sustain employment. Other participating long-term care facilities include Eliza Bryant Village in Cleveland and Humility of Mary Health Partners in Youngstown.

REACH is a \$1.2 million project funded by the Cleveland Foundation, The McGregor Foundation, Deaconess Community Foundation, Key Foundation, Saint Luke's Foundation, Raymond John Wean Foundation, the Cleveland/Cuyahoga Workforce Investment Board, Community Foundation of the Mahoning Valley, and Humility of Mary Health Partners Development Foundation.

Projected project outcomes in the areas of career advancement, job satisfaction and staff turnover will be measured by the Margaret Blenkner Research Institute of Benjamin Rose. Best practices associated with successful outcomes will be promoted in the field of long-term care.

Spring/Summer 2008

_Hallmarks

Art Therapy Thrives in Adult Day Center (continued from page 1)

it places no expectations or pressure on anyone. By building self esteem and providing a comfortable environment, art therapy helps individuals handle difficult life situations. "In the beginning, people are hesitant because they think they need to know how to paint" says Carter. "Eventually, it can bring people from a place of 'not knowing what to do' to a place of self discovery, self confidence and self empowerment."

The project also includes an interactive drumming circle led by local musician, Craig Savich as well as a 13-week art therapy program which incorporates drama, visual arts, poetry, and storytelling offered by Tri-C art therapy professor, Cameron Plagens. Music School Settlement music therapist, Ronna Kaplan, MA, MT-BC, will be coming to the center later this year where she is expected to support the behavioral, communication, cognitive and perceptual needs of the center's participants through a variety of music therapy



Craig Savich engages individuals participating in the therapeutic sounds of the drumming circle.

experiences. Also joining the project will be a music therapy intern from Ursuline College. "Seeing new faces and new approaches brings great energy to the center," says Carter. She adds, "We are very fortunate to have these experts as part of our team."

A House Built on Solid Rock (continued from page 2)

on West 14th Street.

orphans were moved

to property purchased

by the Sisters at 12209

Corlett Avenue on

On December 4.

1926, the first Mass

new Motherhouse.

The celebrant was

was celebrated in the

Right Reverend James

Cleveland's east side.

Subsequently the



Mother Josephine

McPhadden who later became Bishop of Youngstown. On September 8, 1929, Bishop Joseph Schrembs received the first novices into the Community as an independent institute with the Canonical erection of the Novitiate.

The Decree of Erection for the Community (the official papal document granting the Community the right to exist as an organization of the Roman

Catholic Church) was dated April 5, 1932. The first Novices were professed on May 18, 1932. In June of 1932 Sister Mary Clara (Mary Szeredy), one of the newly professed, was appointed Mistress of Novices for several new members.

The Community was guided by Mother Josephine, aided by Mother Anthony, despite that the fact that the Foundress was confined to a wheelchair, having suffered her initial stroke on the ship from Russia to the United States. Mother Josephine died on July 12, 1936, and is buried in the Sisters' plot at Calvary Cemetery in Cleveland. She was succeeded in office by Mother Anthony who was elected Superior at the First General Chapter of the Community in August of 1938. Joyous highlights and tremendous hardships accompanied the Community's inception, but the indomitable spirit of the Foundress continues to live in the Community. Her motto – "Servite Domino in Laetitia" – "Serve the Lord with gladness" lives today in the hearts of her spiritual daughters. Look for more of this history in the next issue of Hallmarks.

UPCOMING EVENTS AT JENNINGS

Gateway to Culture Performance: **Cleveland Tops Swing Band**

July 29, 2008 2:00p.m. Auditorium at Jennings Center for Older Adults

Cleveland Tops Swing Band is classic swing band music for seniors by seniors. Formed by Cleveland musical legend, Vince Patti, this seventeen-piece big band is comprised of mostly retired professional musicians-Cleveland area allstars really-with varied solid credentials, from dance bands to theater pit orchestras and the Cleveland Orchestra. Their second studio CD, "Accentuate The Positive," is finished and and is now available. Join us for this lively performance of favorites! Tickets are free with advanced registration thanks to grant funding from The Harry K. Fox and Emma R. Fox Charitable Foundation. Please call Lisa Brazytis at 216-581-2902, ext. 2297.

Gateway to Culture Author Appearance: Dick Schafrath

August 21, 2008 1:30p.m. Auditorium at Jennings Center for Older Adults

He won national football championships with the 1964 Cleveland Browns and the 1957 Ohio State University Buckeyes. He served four terms in the Ohio senate. He was the first person ever to canoe across Lake Erie. He ran sixty miles nonstop between Cleveland and Wooster, Ohio, on a bet. He met presidents...He wrestled bears.

Yes, Dick Schafrath has plenty of stories to tell. In this book, he tells the most remarkable stories from his first seventy years. Wild and wonderful, told in a warm, personal style, these stories are sure to entertain and inspire. Books will be available for sale and personal signing. Tickets are free with advanced registration thanks to grant funding from The Harry K. Fox and Emma R. Fox Charitable Foundation. Please call Lisa Brazytis at 216-581-2902, ext. 2297.

Introduction to the Sacred Art of Living & Dying

September 16, 2008 2:00p.m. - 5:00p.m. Auditorium at Jennings Center for Older Adults

Join Sister Mary Assumpta for a reflective look at this spiritual program. The Sacred Art of Living and Dying program series mirrors one of the important roles of the Anamcara: a spiritual midwife to the dying, especially with respect to spiritual pain. As human beings face the journey towards final release, there are common patterns of emotional and spiritual distress and demonstrated ways of alleviating this pain. The premise of the program is that all spiritual pain is ultimately related to the values of forgiveness, meaning, relatedness and hope. Anyone, regardless of profession, spiritual background, or previous experience is welcome. All levels of the Sacred Art of Living and Dying series teach practical skills based on the time-tested lessons of history as they apply to our needs today. CEU hours are available for social work, nursing and chaplains. Please register in advance by calling 216-581-2900.



lennings Center for Older Adults

10204 Granger Road Garfield Heights, Ohio 44125 www.jenningscenter.org

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- Villa Homes

Change Service Requested

