

Our Flag is painted in the proud colors of red,  
white & blue,

Our hearts are filled with a sense of deep  
pride and solitude.

We salute all our brave heroes who fought for  
our country,

They built a new world for use with fairer  
boundaries.

Have a great fourth of July!

# THE NORMANDY VOICE

July 2018

Issue 7

# NORMANDY LOGISTICS

## Westwood Lane

"A Building Rooms"

WTR: Theater Room

WP: Westwood Pub

WGR: Game Room

## Riverwood Lane

"B Building Rooms"

RKA: Riverwood Kitchen & Arts

RWS: Riverwood Studio

RS: Riverwood Salon

## Avalon

"New Atrium Section"

ADR: Avalon Dining Room

APD: Avalon Private Dining

AVH: Avalon Hall

AH: Avalon Hearth (in Atrium)

## Other

LC: Lakeview Cafe

FC: River Fitness Center

L: Lobby

CMC: Cove Media Center

TL: Thurber Library

# DAILY DINING SCHEDULE

## Lakeview Cafe

Continental & Hot Breakfast (LC)

7 days a week

8:00am to 10:00am

Sunday Hot Breakfast (LC)

8:00am to 12:00pm

All Day Menu (LC)

10:00am to 4:00pm

## Avalon Dining Room

Dinner (ADR)

5:00pm to 7:00pm

# TIDBITS BY TRACEY

Hello Breakwater residents! I wanted to mention a program we have for all Normandy employees (Management exempt). It's called **HIGH FIVE** .

If you want to nominate an employee for a job well done in any department; maintenance to housekeeping, wait staff, drivers, kitchen or grounds, please stop by the front desk to complete a HIGH FIVE ticket that will get put into a box. If you don't know the employee's name, please ask. We draw a name weekly and that employee gets special recognition and a gift! The more accumulative High Fives can result in an Employee of the Month, who also receives a nice gift!

## KENNY'S KORNER

### Latest Scams to Look Out For:

- "There is a lawsuit filed against you by the Internal Revenue Service, and there is an on-bailable arrest warrant issued under your name. Before we move forward with a lawsuit, please contact us as soon as possible at 84-312-7487. I repeat....."
- A call to demand immediate payment using specific payment method such as a prepaid debit card, gift card or wire transfer. Generally, the IRS will first mail you a bill if you owe any taxes.
- Threaten to bring in local police or other law-enforcement groups to have you arrested for not paying.
- Demand payment without giving you the opportunity to question or appeal the amount they say you owe.
- Ask for credit or debit card numbers over the phone.
- Grandkids calling saying they need to be bailed out of jail scam.
- Computer Virus Scam & Computer Servicing Scams.

#### **\*\*\*Reminder\*\*\***

Please remember: Statements are not provided for rent. Rent payments are due by the 11th of each month. A late fee of \$25 per day will be assessed thereafter.



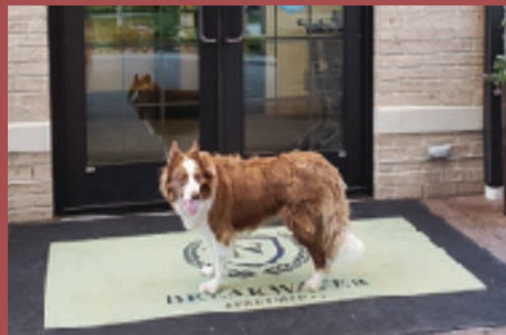


It's July already and the weather is great! Fresh Fruit is in season and looks good. Take advantage of the time we have taken on the menus to bring the summer dishes to life by utilizing all the fresh produce that is currently in season.

Sunday Brunch will return on August 12th. Make your plans in advance and invite your friends and family. A menu for this will be out toward the end of the month.

Our next Food Service Meeting will be on **Monday, July 23rd at 2:00pm in the Avalon Hall.**

**Food Service Director  
Matt Orear**



## The Paw Print

I am back! The doc gave me the all clear! I healed better than expected and avoided surgery thanks to Jason not letting me do anything for those boring 6 weeks. He said I can start training and return back to my full work schedule in 6 weeks! Look out geese...! So come out and say hi! I will be out there every day making sure my crew gets their work done.



# Thank You!!

If you haven't noticed yet that our beige baby grand piano has been replaced with a brand new Steinway Designed Boston piano, you need to come take a look or enjoy one of the performers this month who are booked to play for us.

A special thank you goes out to Harriet Sanders for her kind and wonderful donation to the Normandy.

Harriet, we greatly appreciate your donation and we will forever think of you when this piano is playing.



## Lakewood Park Concert Series

**We will be going to the following concerts:**

**7/22 - Tower City Barbershop Quartet**

**7/29 - Ernie Krivda**

**8/5 - Ki Allen-Lady Jazz**

# July Upcoming Events

## **Wednesday, July 4th**

### **4th of July Picnic 11:30-2:00pm**

RSVPs are already in. Make sure you keep to your reservation and enjoy some good food and good company!

## **Wednesday, July 11th**

### **Grab-A-Donut Day - in LC**

This month's Donuts are provided by **Jim Prusa**. Thank you for your kind donation! If you have any interest in purchasing donuts for everyone to have once a month let Nicole know and she will be happy to set that up!

## **Thursday, July 12th**

### **ArtsConnect @ 4:00pm in AVH**

Lisa Bell Benedetto the Pianist will be here on our brand new piano! She is a wonderful performer and we enjoy her every time she is here. You will not want to miss out.

## **Wednesday July 11th & Wednesday, July 25th**

### **Hall Party for 4th Floor "A" Building - 10:00am 7/11**

### **Hall Party for 4th Floor "B" Building - 10:00am 7/25**

It's time to get to know your new neighbors! Join your entire floor for coffee, pastries and great conversation! Look for your Invites soon!

## **Sunday, July 22nd & 29th**

### **Lakewood Park Concerts - Departure at 6:30 & Ice Cream After!**

7/22nd - Tower City Barbershop Quartet

7/29 - Ernie Krivda

## **Monday, July 23rd**

### **Food Service Director Meeting @ 2:00pm in AVH**

Join Matt in the Avalon Hall to provide feedback of our food program. All questions welcome!



# Crafts & More!

## **Collage w/ Nancy Kermode**

**Thursday, July 26th**  
in the Kitchen & Arts Studio

11:00am-12:00pm

Join Nancy Kermode for her wonderful class of Collage! This will be our second time around for a collage!! You do NOT need to be crafty or have any talent to be able to collage. Come show Nancy your artistic side and join her class!



**Please sign up in the Activities Book**



## **Pictorial Directory**

It has been quite some time since our Pictorial Directory has been updated. Ashlee had lost the contents on her hard drive with everyone's photos this past fall, but she now has everything back in order.

For those of you who do not know what our "Pictorial Directory" is, it is a binder of everyone's picture, phone numbers and room number. These provide a perfect way to get getting to know your new neighbors. A Pictorial Directory goes for \$10.00 and will be charged to your account if you decide to get one. All updates to this book are free of charge.

If you are interested in getting one or your updates please contact Ashlee so she can get those to you right away.

# MEN'S BREAKFAST

Calling all men!

It's been a couple months, but don't think that we forgot about all of you men!

Join us on Wednesday, June 18th for a complimentary breakfast in the Avalon Dining Room.

# SHOPPING

Monday 7/2:	1:00 Lake Road Market, Heinen's, Whole Foods
Wednesday 7/4:	<b>NO SHOPPING 4th of July!</b>
Friday 7/6:	Resident Errand Bus Run (Bank Run) *Choose Time
Monday 7/9:	1:00 Lake Road Market, Heinen's, Whole Foods
Wednesday 7/11:	1:00 Giant Eagle, Marc's
Friday 7/13:	1:00 Depart for Target & Walmart
Monday 7/16:	1:00 Lake Road Market, Heinen's, Whole Foods
Wednesday 7/18:	1:00 Giant Eagle, Marc's
Friday 7/20:	Resident Errand Bus Run (Bank Run) *Choose Time
Monday 7/23:	1:00 Lake Road Market, Heinen's, Whole Foods
Wednesday 7/25:	1:00 Giant Eagle, Marc's
Friday 7/27:	1:00 Depart for Mitchell's Ice Cream
Monday 7/30:	1:00 Lake Road Market, Heinen's, Whole Foods



# BANKING INFORMATION

## First Federal Of Lakewood

Thursday, 7/5: Bank in Thurber Library 9:30am-11:00am

Thursday, 7/19: Bank in Thurber Libray 9:30am-11:00am

## Quick Bank Run (included in errand bus runs)

Friday, 7/6: Choose Time

Friday, 7/20: Choose Time

# ENTERTAINMENT WITH GARY RYAN

**3pm-5pm in the Westwood Pub**

Friday, July 6th

Wednesday, July 11th

Wednesday, July 18th

Contribution Day:

Wednesday, July 25th

# RELIGIOUS SERVICES

## Catholic Mass

Sundays at 10:00am  
7/1, 7/8, 7/15,  
7/22, 7/29

## Rosary

Every Wednesday at  
6:30pm  
Held in Cove Media  
Center

## Episcopalian

7/27 @ 11:00am  
Held in Avalon Hall

# happy birthday

We feel that birthdays are special days! If your birthday is this month, a member of our staff will personally deliver a birthday surprise!

## residents

116B	Marion Keunzel	7/2
312A	Richard Boyd	7/4
314B	Loreta Walker	7/4
312B	Elaine Letcher	7/6
302A	Ronald Windt	7/13
511B	Mary Lee May	7/18
115B	Carol Cody	7/20
515B	Bob Burdenski	7/21
217B	Ethel King	7/22
205A	Judith Stone	7/23
112B	Charles Henking	7/23

## staff

RA	Judy Popmoselli	7/1
DR	Nicole Gulak	7/4
RA	Katie Siegmyer	7/29



Cancer

June 21-  
July 22

Leo

July 23-  
August 22



## July Birth Stone & Flower

Larkspur & Ruby

**Larkspur** - Larkspur indicates strong bonds of love. It also has 3 different meanings: Pink means fickleness, White conveys a happy nature and Purple represents a first love.

**Ruby** - Ruby, the king of precious gems. Symbol of the passion and energy associated with the color red, the vibrant ruby is said to bring love and success.





# Library News



Happy 4<sup>th</sup> of July! Our “feature” table offers an opportunity for you to brush up on your history of the beginning of our beautiful country. Stop by the Library, relax in one of our big blue chairs and see if any of the books interest you. As always, we are open to your suggestions for other feature ideas for this table.

Just a reminder, the main room of the Library is full of fiction, most of which has been donated over the years by residents such as yourselves. Move through the main room to the Avalon Hall where the bookshelves are filled with our nonfiction selections featuring biographies and also books on history, social history, travel, health, natural science & religion. Donations have also helped fill this section.

We have had some wonderful donations of new books this month. Special thanks go to Nancy Oakley, the Rowlands, the Fitzgeralds and Louise Novak. As always we want to thank all of our anonymous donors for their contributions to both the fiction and nonfiction sections of the library. We would like to thank you personally, so please leave your name with any donations. New fiction is always our greatest need. We also ask that you keep your magazine donations to current issues.

Every six weeks we continue getting 80 new books from our wonderful Rocky River Library, 50 of which are large print. We were also able to make a purchase of new large print books for our Normandy Library collection when we attended the CWRU Book Sale. Look for the yellow/orange circles that identify large print in our Normandy collection.

Librarians

Ruth Thurber, Barb Palumbo & Laurie Soc



# Normandy University

In the AVH or WTR

## WEEK ONE

July 3rd @ 10am  
July 4th  
July 5th @ 10am  
July 6th @ 7pm

#5 Fire and Ice  
NO NORMANDY UNIVERSITY  
7 & 8 Sky Diving & Explosives  
Ruth Pangrace as Molly Pitcher

Life Below Zero  
-----  
Origins  
Women in History

## WEEK TWO

July 10th @ 10am  
July 11th @ 7pm  
July 12th @ 10am  
July 13th @ 7pm

#6 Thin Ice  
150 Years of Collecting Bold Clothes  
9 & 10 Manmade Marvels & Skyscrapers  
Celts in Pre-Literature Europe

Life Below Zero  
W.R.H.S  
Origins  
Ted Smith

## WEEK THREE

July 17th @ 10am  
July 18th @ 7pm  
July 19th @ 10am  
July 20th @ 7pm

#7 Return to the Wild  
Keyboard & Vocals  
11&12 Nature & Transportaion  
Building of Disneyland (California)

Life Below Zero  
Ted Litchney  
Origins  
Bob Wills

## WEEK FOUR

July 24th @ 10am  
July 25h @ 7pm  
July 26th @ 10am  
July 27th @ 7pm

#8 No Mercy  
Irving Berlin (Vocals)  
13&14 Medieval Knights & Warfare  
"Million Dollar Baby" - 2004

Life Below Zero  
Debbie Darling  
Origins  
Academy Award

## WEEK FIVE

July 31st @ 10am

#9 Breaking Point

Life Below Zero





# Musical Entertainment

*In Avalon Hall*

## **SATURDAY ENTERTAINMENT**

July 7th @ 2:30pm: AVH  
Peter Tavans - Pianist

July 14th @ 2:30pm: AVH  
Daniel Elish - Memory Lane

July 21st @ 2:30pm: AVH  
Skip Edwards

## **NORMANDY UNIVERSITY MUSIC SERIES**

July 5th @ 3:00pm: AVH  
Mary Ann Blunk - Pianist from Pioneer Ridge

July 18th @ 7:00pm: AVH  
Ted Litchney - Keyboard & Vocals

July 25th @ 7:00pm: AVH  
Debbie Darling - Vocals (Irving Berlin)

## **ARTSCONNECT SERIES**

July 12th @ 4:00pm: AVH  
Lisa Belle Benedetto- Pianist



# P.E.E.R. Group

In Avalon Hall

## “IT TAKES A VILLAGE”

Starting back up in August, Dick Boyd will be hosting a new P.E.E.R. Group. We currently have 3 of these planned.

Dates are:

Wednesday, August 29th 7:00pm-8:00pm

Friday, October 19th 7:00pm-8:00pm

Tuesday, December 18th 7:00pm-8:00pm

Keep a look out for more information on the August presentation “It Takes A Village”





# bonfire nights with ashlee

Join Ashlee for some evening fun! We will be making s'mores and listening to music around our very own fire pit. Bring your friends and family for a couple of evenings out!

8:00pm- 9:00pm  
Wednesday, July 18th



## INDEPENDENCE DAY

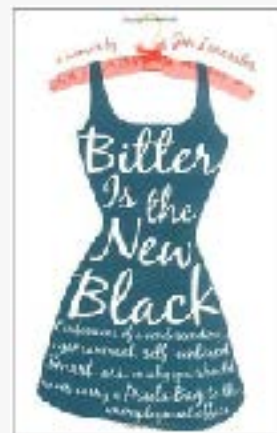
For the support of this Declaration, with a firm reliance on the protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

# Bitter is the New Black

by: Jen Lancaster

This is the story of how a haughty former sorority girl went from having a household income of almost a quarter-million dollars to being evicted from a ghetto apartment... It's a modern Greek tragedy, as defined by Roger Dunkle in *The Classical Origins of Western Culture: a story in which "the central character, called a tragic protagonist or hero, suffers some serious misfortune which is not accidental and therefore meaningless, but is significant in that the misfortune is logically connected."*

**Wednesday, July 25th @ 2:30 in AVH**



**Book for  
July**

## Current EVENTS

**Tuesday Mornings 10:50am in the AVH**

Group discussion on what's happening in the world around us.

Please bring along an article that you've clipped from the newspaper or printed from the Internet to share your topic with the group.

# GRAB-A-DONUT DAY

Wednesday, July 11th

Donuts will be provided by:  
**Jim Prusa**



Thank you for your kind donation!



## Podiatrists

We have two podiatrists who come in every month.

Dr. Warn - Monday, July 2nd starting at 3:30pm

Dr. Kane - Wednesday, July 11th starting at 1:00pm

## Afternoon Tea

**Afternoon Tea** will not be held in July.

Next Afternoon Tea:

**Wednesday, August 22nd**



This will **NOT** be hot tea. We will have a few varieties of Iced teas for the warm summer days!



# Tuesday Outings

## Old Prague - Vermillion (dinner Outing)

**Departure: 4:10**

**Tuesday, July 3rd**

**Cost: Price of Meal**

The Old Prague is established and family owned since 1967. After emigrating from Czechoslovakia to the United States in the late 1960's, Vera Lich took over the restaurant and implemented her own family recipes. \$8 - \$23

**Sign up in the Activities Book.**

## Original Pancake House (Breakfast Outing)

**Departure: 10:00am**

**Tuesday, July 10th**

**Cost: Price of Meal**

The Original Pancake House was founded in 1953 by Les Hight and Erma Hueneke. Their original menu of authentic national and ethnic pancake recipes has gained national acclaim and remains unchanged to this day.

**Sign up in the Activities Book.**

## Miss Molly's Tea Room

**Departure: 10:00am**

**Tuesday, July 17th**

**Cost: Price of Meal**

Let's get pampered together in the Victorian setting in the historic district of Medina. We can linger with tea after lunch or do some fun gift shopping in the adjoining shops! Men might not enjoy this trip as much as the ladies, but all are welcome!!!

**Please sign up in the Activities Book!**

## Quarry Hill Winery & Burnham Orchards

**Departure: 10:15am**

**Tuesday, July 24th**

**Cost: Price of Meal**

Their wine bar offers a light/limited food menu to complement their wines. They offer private space for personal events and also have a barrel cellar and viewing area of the winery for guests to see. We will then travel down the road to Burnham Orchards and shop at their market.

**Please sign up in the Activities Book!**

## Goodtime III for Lunch and Water Tour

**Departure: 10:00am**

**Tuesday, July 31st**

**Cost: Price of Meal**

Lunch will be provided at 11:00am while docked and then we will take off for a tour at noon. We will have a guided tour of the river and even venture out on to the lake weather permitting.

# Thursday Outings

## Lockkeepers - Valley View

**Departure:** 11:00am

**Thursday, July 5th**

**Cost:** Price of meal

Sophisticated mainstay boasts a range of gourmet Italian-American dishes & cocktails. This is one of our favorite places to dine. Come and see what all the talk is about!

**Sign up in the Activities Book.**

## Caffe Piccolo & Pickering Farm Market-Avon

**Departure:** 11:00am

**Thursday, July 12th**

**Cost:** price of meal

Local and delicious! Let's Have a good lunch together then enjoy some shopping for seasonal produce and homemade goodies!

**Sign up in the Activities Book.**

## Merwin's Warf - Cleveland

**Departure:** 11:00am

**Thursday, July 19th**

**Cost:** price of meal

This unique and casual dining destination features a variety of locally sourced menu options with scenic views of the Cuyahoga River and easily accessed recreational opportunities nearby.

**Sign up in the Activities Book.**

## Cobblestone Movies - Sheffield

**Departure:** 10:50am

**Thursday, June 26th**

**Cost:** \$8.20 (billed)



We will be going to see  
**“Mamma Mia: Here We Go Again”**  
Discover Donna's (Meryl Streep, Lily James) young life, experiencing the fun she had with the three possible dads of Sophie (Amanda Seyfried). Sophie is now pregnant. Like Donna, she'll be a young mother, and she realizes that she'll need to take risks like her mother did.

**Please sign up in the Activities Book!**



# HAPPENINGS AT THE NORMANDY



## **Bible Study**

***Every Friday at 1:00pm in the  
WTR***

Join Marcia as she leads our weekly  
bible stories!

## **Men's Group**



***Friday, July 13th  
2:00pm in the Westwood Pub***

**Calling all MEN!!**

Join one of the men from our staff to  
enjoy a beer and talk about more  
outings for the future.

This month we will be talking about  
another fun outing just for the men in  
August!



## **Indians' Watch Parties on Saturdays**

**7/7 @ 4:10pm**

## **Post Office on Wheels**

***Monday, July 16th @ 11:30-11:40***

Outside Lobby Doors



## **Blood Pressure Checks**

***Every Monday at 2:30pm in the  
Thurber Library***



## **Men's Breakfast**

***Wednesday, July 18th @  
8:00am in ADR***

***We will see you all then!***



## **DOCUMENTARIES**

**Saturdays in the WTR at 4:00pm**

### **July 7th "Bombshell"**

An unearthed audio interview of Hollywood icon Hedy Lamarr reveals a woman with brains as well as beauty, who was the first to patent frequency hopping.

**(1hr 28min)**

### **July 14th "Lego House"**

In Billund, Denmark, a nearly 130,000 square foot house inspired by the iconic Lego bricks is constructed, capturing the awe of kids of all ages.

**(47min)**

### **July 21st - "A Conversation w/ Gregory Peck"**

Oscar winner Gregory Peck sits down for a chat as candid as it is absorbing, delving into classic performances and his offscreen family life.

**(1hr 37min)**

### **June 30th - "The Irish Pub"**

This film takes a loving look at the traditional Irish pubs and the people who run them, highlighting the friendships they share with loyal customers.

**(1hr 39min)**



## **WEDNESDAY MOVIES**

**Wednesdays in the WTR at 2:00pm**

### **July 4th - "Rumor Has It"**

When Sarah travels to California for her sister's wedding, she hears a rumor that her family was the real life inspiration for "The Graduate"

**(1hr 36min)**

### **July 11th - "The Family Man"**

A cutthroat investment banker who eschews emotional ties is transported into the life he might have had if he wed his college sweetheart

**(2hr 5min)**

### **July 18th - "Undercover Grandpa"**

Jake's date with his dream girl takes a turn when she disappears, and Jake's grandpa - a former intelligence officer - sets out to find her.

**(1hr 33min)**

### **July 25th - "A Royal Night Out"**

On the day World War II officially ends in Europe, Princesses Elizabeth and Margaret are freed from their royal trappings for one celebratory night.

**(1hr 37min)**

# WEEKEND MOVIES

Saturday Nights at 7:00pm in WTR



## **July 7th - "Gentlemen Prefer Blonds"**

A blond showgirl is unknowingly tracked by an investigator hired by her fiancé's father, but the detective only has eyes for her brunette friend.

**(1hr 31min) Jane Russell & Marilyn Monroe**

## **July 14th - "A League of Their Own"**

Two small town sisters join an all female baseball league formed when World War II brings professional baseball to a standstill.

**(2hr 8min) Tom Hanks & Geena Davis**

## **July 21st - "The Snows of Kilimanjaro"**

While globe trotting journalist Harry Street lies wounded and delirious in an African campsite, his wealthy wife keeps vigil. As she sits by his side, Street recalls the events and the woman who led him to his fate.

**(1hr 54min) Gregory Peck & Susan Hayward**

## **July 28th - "The BFG"**

Ronald Dahl's spooky children's book is transformed into a family friendly fantasy centers on young orphan Sophie, who meets a colossus called the Big Friendly Giant - -who's exiled from his peers for refusing to eat boys and girls.

**(1hr 58min) Mark Rylance & Ruby Barnhill**

# WEEKEND MOVIES

Sunday Nights at 7:00pm in WTR



## July 1st - "Moonstruck"

In this slice of life comedy about the Italian American residents of a Brooklyn neighborhood, a strong widow falls in love with a one handed baker.

**(1hr 42min) Cher & Nicolas Cage**

## July 8th - "The Babe"

From his start with the Boston Red Sox to his fall from stardom, this engaging biopic charts the tumultuous career of legendary ballplayer Babe Ruth.

**(1hr 55min) John Goodman & Kelly McGillis**

## July 15th - "The Untouchables"

In Brian De Palma's period crime drama, Eliot Ness will stop at nothing to take down legendary Al Capone - - even if it means bending some rules.

**(1hr 59min) Kevin Costner & Sean Connery**

## July 22nd - "Carousel"

Billy, a low life carny barker and his wife Julie, an innocent girl who's fallen for the wrong guy. After getting himself killed, Billy is allowed out of purgatory for on e last shot at redemption.

**(2hr 8min) Gordon MacRae & Shirley Jones**

## July 29th - "Ferris Bueller's Day Off"

Ferris convinces his entire school he's at death's door, then hits the streets of Chicago with his girlfriend and best friend for a day of fun.

**(1hr 42min) Matthew Broderick & Alan Ruck**



# JULY EMPLOYEE OF THE MONTH



Thank you all for your hard work and dedication to the residents!

Marina Blazevic  
Resident Assistant

## *employee high fives*



Jasmina Mehmedagic  
Darlena Bowen  
Aaron Beck  
Sylvia Colon