

Volume 40 Number 3 / Autumn 2018



Taste of Worthington Champions!

Willow Brook Christian Home snagged its 10th first-place win at the 2018 Taste of Worthington food festival. Sponsored by the Worthington Chamber of Commerce, the event brings together chefs from top restaurants in Columbus to prepare specialties for 2,500 festivalgoers.

Pictured above is part of the winning team. For an entrée, culinary director Kristen Waby (at left above) and her staff served a mouth-watering beef filet with crab cakes. And after the people voted, the Home's entrée took first place among 15 competitors. The Home's dessert, strawberry cake, won second place in the dessert category.

We are so proud of our small but mighty culinary team. As one satisfied customer said, "I wish they'd open a restaurant!" Maybe we will one day.

...his anger lasts only a moment, but his favor lasts a lifetime; weeping may remain for a night, but joy comes in the morning.

King David of Bethlehem Psalm 30:5 c. 1000 BC

With night comes trouble, or so we are led to believe. The psalmist David certainly thought such. It seems that so many acts of meanness are

inflicted when it's easy to slip around under a blanket of darkness. The falling light of a spent day is our cue to lock doors

and draw the drapes, for we just don't know what menace may be lurking out there.

And it is in the small hours of the morning, even with those doors latched tight, that trespassing shadows sometimes come and dim my spirit. Maybe

it's just me, but my best worry time is 3 a.m. It's dark. It's quiet. I am aware only of the pinball doubts bouncing off the bumper rails and dinging flashers of my restless mind. Is Willow

Brook on the right course? What if our new venture stumbles? Will my back pain ever cease? (It's better now, thank you, after a spinal intervention.) Might my vanquished cancer someday rise from its crypt? Are the kids going to be OK after Janet and I are gone?

Larry, you worry about much. Where is your faith? While I hope Janet and I have many miles left on our odometers, we have recently broached the unpleasant question of our mortality. Face it, one day, one or the other of us will be left to navigate this world alone. Unless a meteor falls on our heads while we're out on an evening walk, or we meet with some other simultaneous calamity, that will be the case. I see this Shakespearean tragedy played out every day at my three Willow Brooks. Yet the widow's night of weeping washes into a morning of joy when sadness and loneliness are assuaged by the balm of her neighbors' love.

My 3 a.m. thoughts often turn to the plights of others. What about my staffers who are struggling financially? Can Willow Brook help more? Should Janet and I do something? What about the bronze-toned kids cruelly and intentionally orphaned at our southern border? Who will wipe their tears and help them find their mothers? As a U.S. citizen, this was done in my name, but it is not my doing. I object! Cry louder little ones. Wail. Scream. The people who should fix this are not hearing you.

What about the bedraggled one-legged beggar propped on his crutches at the freeway exit each Sunday as we drive in from church? If we look the

other way, are we any better than the Levite and Pharisee? If we are stopped by the light at the

exit, we often slip him a five spot, when we can do so without tying up traffic or putting our lives at risk. We do what we can.

But what about the approaching winter? How will he deal with the snowy gales? What if the city

I do believe we are placed on this earth to lighten each other's load when we are able. Please God, show me the ways.

Joy Comes in the Morning by Larry Harris, CEO

> begins enforcing its panhandler ordinance? Could I testify at a hearing? Would it do any good? What will become of him? Does he have someone who loves him? Could Willow Brook take

him in? Will he ever experience a morning of joy?

Everyone has a night of weeping. Each sojourner we encounter is bearing a burden. Some are obvious – the beggar's missing leg, my nursing assistant living out of her car. Some are hidden and known but to the afflicted ones – the haunt of a ghost from a troubled past, a secret addiction to the bottle, or little white pills. I do believe we are placed on this earth to lighten each other's load when we are able. Please God, show me the ways.

Then dawn breaks. There is stirring in the house. The aroma of my daughter's coffee is carried in on dewy air left by the grieving night. Janet turns and whispers, "Let's go to Starbucks," as new light streams

in the window and kisses the reset button of my brain with its alabaster splendor.

"Weeping may remain for a night, but joy comes in the morning."

> Larry Harris, CEO lharris@willow-brook.org





To My Love

Her first name is My Love, and how aptly named is this 10-year-old Haitian girl, who is well loved by residents and staff of Willow Brook Christian Home.

Twice a year, residents and staff send gift packages to My Love and 10 of her classmates at the Vieuz Cayes Christian School, in a remote mountainous region of Haiti with high poverty.

It's all hands on deck at The Home when everyone gathers to pack gift boxes. Each child receives an item handmade by residents, such as jewelry, a doll or a puppet,



(Top and above): Residents Stanley Guinther and Lynn Brown packing gifts with help from volunteer Martha Hutzelman for My Love and her friends. Marcia Heuerman tests one of the toys.



Haitian student My Love opens her gift packages delivered with love from The Home.

tucked in a package filled with school supplies, clothing and shoes, as well as candy treats and toys.

Tom Johnson, activity coordinator at the Home, arranged My Love's sponsorship through Lifeline Christian Mission of Westerville, a group he has

supported since the 1980s.

"Our residents love being part of this ministry," says Johnson. "It gives them the chance to care for someone else and broadens their world."

The Home also has purchased gifts for My Love and her family, including a bed, table and chairs, a Haitian Bible and food packages.

My Love expresses her thanks by sending notes, pictures of herself and Bible verses in Creole.

"When the residents see My Love's big smile, they know they are making a difference in someone's life, and they feel a real sense of purpose in their own lives," Johnson says.

My Love and her teacher also sent a recipe for Haitian pumpkin soup, which the Home culinary staff prepared, and residents savored.

To raise money for gifts, residents and staff host bake sales and corn hole tournaments. One Home resident contributes her bingo winnings to buy food packages for My Love. All packages are sent with love from the Home.

"Our residents love being part of this ministry"

Tribute Gifts Memorial Contributions

June 18 – September 6, 2018

Carol A. Roden **Esther Bankes** Joseph & Barbara Bankes Thomas & Rena Brown Bob & Sharon Dotson Judith L. Earich Hobart & Karen Johnson Lucretia M. Wellman Suzanne Bennett Donaldson Bennett Corinne D. Esau Arlene Palenshus Helen J. Reppart Charles & Roberta Russell Willow Brook Christian Village Residents Advisory Council Evelyn Winter Phyllis M. Wood Hazel Blankenship Carol Springer **Charles Bolton** Helen J. Reppart Verila "Virgie" Bussman Mark & Christine Bussman **Frances** Carlton April L. Jackson Joseph & Margaret Caudy Roger & Jane Sagar S. Frank & Betty Chappell Larry & Janet Harris Karen Susenna Patsy I Crewe Janice Monks Dorothy J. Dale Joy Lackey **James "Richard" Dawson** Gary & Carol Davis

Richard C. Atkinson



The background photo is in memory of Charles Borton, former resident of Willow Brook Christian Village.

Nancy DeTray Lisa Mack Jean Dickman Bruce & Barbara Reierson Dave Edwards John & Nancy Snyder **Barbara England** Robert England Vonda Ervin Judith L. Earich **Charles "Evans" Foertmeyer** Bruce & Barbara Reierson Wanda Hall Bruce & Barbara Reierson Margaret V. Harper Ed & Stephanie Harden Shirley M. Harper Ed & Stephanie Harden Audrey & Alberta Harris Larry & Janet Harris Everett "Ebb" Haycock Dianne L. Almendinger Delaware Run Residents' Association John & Sue Dickman Bruce & Barbara Reierson John T. Hayes Karen S. Hayes Carl Hertwig Joy Lackey **Robert Holmes** Eric & Lindsey Radcliff Veterans of Foreign Wars of Ohio Charities, Post 3320 **Ruth Horstman** James & Sharon Edwards Francis & Esther Horstman Lucretia M. Wellman James E. Jackson Mitchell & Dyana Welch Ronald W. Johnson Bruce & Barbara Reierson Virginia "Jinny" Kaiser Bruce & Barbara Reierson Calvin D. Knight George & Margaret Alexander Lloyd & Alice Baker

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Phyllis M. Wood

Dorothea M. Patterson Charlene & James Berstler Frank & Nancy Rynearson **Virgie Mae Peoples** Bruce & Barbara Reierson **George P. Peterson** David & Nancy Stewart Jack A. Pore Donald & Sue Bayer R. Bud & Olivia Davis **Florence Poulson** Thomas & Sara Poulson Gene & Emma "Maude" Prince Larry & Janet Harris Rebecca L. Harris Mary C. Roden Carol A. Roden Don Rost Thomas & Sara Poulson Virginia P. "Ginny" Seibert Dianne L. Almendinger Bruce & Barbara Reierson James R. Roesch Reba "Jean" Syler Bruce & Barbara Reierson **Corrine Snyder-Poulson** Thomas & Sara Poulson George F. Wellman Lucretia M. Wellman Max Wildermuth Jayne W. MacKay **Edward Winter Evelvn** Winter JoAnn Woltman Dianne L. Almendinger Lois Dale Delaware Run Residents' Association Dorothy A. Haqq Bruce & Barbara Reierson Nicki V. Zanetos Lisa Mack

A Gift to Honor the Living **Curt & Ruth Morrow** Delores V. Lallathin

4 WILLOW BROOK Reflections Autumn 2018

Marlene Andersen Leads the Way with LeadingAge

She is the heartbeat of the LeadingAge Art & Writing Show, a statewide competition that honors senior artists and writers.

She has her pulse on all creative endeavors at Willow Brook and senior communities around the state.

As the statewide art coordinator for LeadingAge's Art & Writing Show, Marlene Andersen contributes

hundreds of hours each year to the event, from gathering entries

to organizing regional exhibits and shepherding the annual statewide show held in Columbus.

And as director of resident life activities at

Willow Brook Christian Village, Andersen works with residents on all three campuses to prepare their work for submission.

WILLOW BROOK Reflections

"I do it to see the joy in the residents' eyes when they create something," she says. charge of t how much

In her 14 years as statewide coordinator, Andersen knows recognition is very powerful.

"We had a woman from Cleveland who won a blue ribbon for her art.

Before she passed away, she asked that she be buried with her ribbon. Another woman who won a prize sat at the show all day answering questions and delighting in the attention. It brings tears to your eyes because you realize how much it matters."

2017 Christmas issue of Reflections, with art created by Marlene Andersen for the essay of CEO Larry Harris.



Marlene speaking at the 2018 LeadingAge conference.

lives is sharing our

Andersen, a talented artist herself, does pen and ink drawings and watercolors. For 20 years she has illustrated essays by CEO Larry Harris in the Christmas issue of *Reflections*.

"While I love making art, what I do with the residents is more fulfilling," she says. "The best thing in our lives is sharing our gifts with others."

Andersen is proud of the nine Willow Brook artists and writers who won ribbons at the 2018 show, especially Village resident

Charlotte Gallant, who is 101 years old. Gallant won first place for her 3-D entry, Pine Forest.

ities at "Charlotte was so tickled when I told her she won," says Andersen.
"The best thing in our She credits Larry Harris for helping

She credits Larry Harris for helping her share her talents.

"Larry understands how valuable this show is," Andersen says. "He is in

charge of the writing portion of the show, so he knows how much time it takes. He gives me his full support."



Willow Brook residents admire their work at the LeadingAge show in Columbus in late August.

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Willow Brook at Delaware Run

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Worthington, Ohio

Willow Brook Christian Home 55 Lazelle Road

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Channel 10TV honored Julie Bardelang-Wolf for her service to Honor Flight Columbus. She was interviewed by Dom Tiberi (at right) of Channel 10TV about their work bringing veterans to Washington, D.C. Bardelang-Wolf is the life enrichment coordinator for Willow Brook and donates hundreds of hours to the cause.



Enter to win a free gift card to one of our restaurants!

Here's your chance to enjoy free dining at Willow Brook! Join us for lunch, dinner or Sunday brunch at The Courtyard or the Water's Edge restaurants, located on our Delaware campuses. Email Erin for a chance to win a gift certificate: <u>emaclellan@willow-brook.org</u>. Include your name and phone number in the email.



The Water's Edge restaurant at Willow Brook at Delaware Run looks out over a beautiful lake.



Nail time. It's a regular pastime for Grecia Peña-Flores, a nursing assistant at The Home, and Home resident Carolyn Alcorn-Simpson. Simpson shares advice as Peña-Flores completes her manicure. Whatever they talk about is their secret. All we need to know is the nail polish color.



Congratulations to Willow Brook Christian Village in Delaware, which received perfect nursing scores for The Centrum assisted living and Cherith skilled care from the Ohio Department of Health! In the annual unannounced surveys, inspectors evaluated all areas, including nursing, culinary, housekeeping and activities. Thanks, staff, for your hard work and dedicated care!



Willow Brook staff and friends raised \$4,500 for the Central Ohio chapter of the Alzheimer's Association. Fundraisers included a picnic, bake sale and T-shirt sale. They are shown here at the August Walk to End Alzheimer's in Delaware. Way to go, team!

Feral Cat

by Rayna Patton

He's a wild and independent creature, this cat. Comes from years of living rough Heavily muscled, claws like scimitars A fearsome hunter who kills for need Hiding uneaten portion for another day Not counting on success and knowing hunger. Lessons of survival not soon forgot Finding now soft berth covers his dish, empty or not Sleeps deeply on the porch during the day Only takes a constitutional dawn and dusk Then disappears to the bolt hole that sheltered him In the bitterness of winter cold. And yet there is something in him That craves affection. Once he was owned Taken to the vet and neutered Before lost or abandoned to live his solitary Hard struggle to survive. Afraid, but wanting a kind hand A friendly voice, he rolls on his back Trusting exposes soft orange belly fur to rub Claws carefully sheathed And meows to call attention. One day perhaps he will venture into the house But still he hesitates in the doorway, Caught between familiar dangers outside And perilous unknown within.

Delaware Run resident Rayna Patton won third place for her poem in the statewide Art & Writing Show sponsored by LeadingAge Ohio. She was inspired to write "Feral Cat" when she encountered a hungry cat living in the woods near her home. Patton named the cat Monty and offered him food for months, gradually coaxing him into her home where Monty

now spends the night. "That's all it takes: patience, regular meals, conversation, and a friendly hand," says Patton.

Reflections

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