



M E N O R A H
P A R K

EXCELLENCE IN CARING™

campus news

November - December 2018

Honoring Our Campus Veterans

Story on Page 4



Together We Help People Live Better Lives



Jim Newbrough,
Menorah Park
Chief Executive Officer

We all receive donation requests from well-meaning nonprofit organizations. It's rarely possible to respond to every appeal that comes to us. We do what we can when we believe in the organization's mission and clearly understand the cause, knowing every bit counts.

What makes Menorah Park worthy of your hard-earned dollars? As a residential and healthcare

organization, we are committed to excellence in caring for you and your loved ones. The outpouring of time and resources from all of our staff, family members, volunteers, donors, and collaborative businesses and agencies, is a testament to how much we can do when we all work together to help each of our collective mothers and fathers, sisters and brothers, and grandmothers and grandfathers lead their best lives no matter the circumstance or need.

With your financial support, we have the opportunity to continue and expand programs and services with real impact on each client's and resident's life, and maintain our "5-star" excellence. Highly rated, award-winning, innovative care involving the creative expertise of a

warm and dedicated team is found throughout our residences, programs, and services, **but it also takes money.** In Menorah Park campus newsletters, including this one, you will read stories that highlight how:

- Your support helps us continue to create and pay for the variety of programs and activities our residents ask for and enjoy.
- We value independence and empowerment. Through intensive therapy in post-hospital care, more people return home successfully, using tools and techniques for pain reduction, mobility and physical well-being through our Peter B. Lewis Aquatic & Therapy Center.
- Brain health activities throughout our campus and in the community, and educational lectures by experts, inspire people to take charge with a can-do spirit as they age.
- We developed different settings for care and living, knowing choices impact quality of life. Our Mandel Adult Day Center is celebrating 50 years, and our home health services receive high satisfaction scores.

Your support also helps us as Medicaid costs rise, while funding decreases. In the Menorah Park nursing home, six out of seven residents rely on it, but there is a tremendous gap between Medicaid reimbursement and the actual cost of quality care.

Our capacity to serve our community is dependent on individuals and groups, like you. Thank you, to all of you who have made the commitment to make Menorah Park a better place for everyone, and to those of you who consider a gift to Menorah Park's annual campaign this year.

Jim Newbrough

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Age isn't chronological. It's PERSONAL.



I like across America
I CREATE FUNNY SONG LYRICS
I'm 100 and I can swim 10 laps

Just as there were a thousand ways to be 25, there are a thousand ways to be 68, 88 or 98. No matter where you are in your journey, we can help — from therapy and brain health education to home health, residential care, and more.

Find out more at MenorahPark.org

Menorah Park • 27100 Cedar Rd., Beachwood, Ohio 44122
216-831-6500

MENORAH PARK
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Avoiding Fraud and Scams

According to the FBI, knowing what to listen for can help you avoid being fooled by devious, often effective con artists who catch victims off their guard.

Telemarketers – Warning Signs

When you send money to people you don't know or give personal or financial information to unknown callers, even if they say they are related to someone you know, you increase your chances of becoming a victim of a fraud.

Listen for the red flags. A caller may say:

- “You must act ‘now’ or the offer won’t be good.”
- “You’ve won a ‘free’ gift, vacation, or prize. But you have to pay for postage and handling or other charges.”
- “You must send money or gift cards, give a credit card or bank account number, or have a check picked up by courier.”
- The callers say you do not need to speak to anyone including your family, lawyer, accountant, local Better Business Bureau, or consumer protection agency.
- “You don’t need any written information about the company or their references.”
- “You can’t afford to miss this ‘high-profit, no-risk’ offer.”

If you hear these or similar “lines” from a telephone caller, just say “no thank you” and hang up the telephone.

Malware – What It Is and How It Works

Malware is “malicious software” abbreviated. Various types of malware include spyware, ransomware, viruses, worms, or any type of malicious code that infiltrates a computer.

One example involves links in Facebook Messenger. Clicking the link takes the victim to a fake YouTube page, which then tries to trick the user into installing a YouTube extension for the browser, Chrome. It can steal passwords, bank account numbers, credit card numbers, emails, see your keystrokes and generally “mine” your personal data.

It will also send more fake YouTube links to your personal contacts in order to spread the malware.

Tech Support Fraud

Criminals pose as technical support representatives for income tax assistance, printer and computer support, and cable companies. The “fake refund” variation of tech support fraud is also increasing in reports and losses, according to the FBI report. The outcome is victims end up with compromised bank accounts or credit cards and often lose large sums of money.

There are many variations of this scam. Criminals are constantly changing their tactics to continue the fraud. Criminals also use phishing emails or fraudulent account charges to lure their victims.

Contact the FBI at www.fbi.gov/tips or call your local office, open 24 hours a day, seven days a week (in Cleveland (216) 522-1400).

CONGRATS ARE IN ORDER!



We congratulate **Richard Schwalberg, Menorah Park Chief Operating Officer**, on receiving the Fogel Community Service Award, from the National FBI Citizens Academy Alumni Association

(the top honor for a FBI Citizens Academy Chapter) for the Light Northern Ohio Blue collaborative project, honoring Northern Ohio Law Enforcement Officers.

This award is given to one chapter out of 60 chapters in the nation which demonstrates the best in community services. Mr. Schwalberg received the award as Chair of the FBICLECAA – FBI Cleveland Citizens Academy Alumni Association.

As COO, Richard’s involvement also complements his role as Menorah Park’s Safety and Security Officer. He is steadfast in ensuring all is well on our Campus with an excellent security team, sophisticated monitoring, and wonderful collaboration with the Beachwood safety forces and the Jewish Community Federation of Cleveland.

Honoring Our Campus Veterans

“The soldier – above all others – prays for peace, for it is the soldier who must suffer and bear the deepest wounds and scars of war.”

~Douglas MacArthur

“Holding Down the Planes” Army Veteran Sam Silverman



Sam Silverman

“I don’t believe in war...” says war veteran Sam Silverman. Born in 1917, at 101 years old, his attitude and life-outlook are illuminating. He squints into the afternoon sun streaming into the pub at the R.H. Myers Apartments where Sam lives with his son. The news on the TV

above the bar prompts talk of politics, family, and understanding of an America still entangled in wars around the world. Sam was drafted and served in the Army from 1943 until 1946, two years and ten months, he proudly points out. Sam at first set his sights on flying. He qualified to be a pilot but was grounded—by hay fever. One series of sneezes during a stressful flight could have dire consequences.

Sam says he accepted not being able to fly, but still ended up around planes. He was assigned the task of turning the airstrip landing lights on and off for incoming and outgoing planes. But even more interesting, he said, “I was sent to Boca Raton to sit on planes. I’d lie across the middle of the plane to protect it during hurricanes; me and another soldier.” Sam recalls going through more than one while in service.

Sam was a Private, explaining that, “No draftee could have stripes, but volunteers could. I didn’t believe in war, but I was asked to become a sergeant. Congress wouldn’t allow it because I didn’t volunteer. I started in New York in the army. I finished the IQ test in one hour. I shipped out from Greensboro North Carolina for five weeks of basic training.” Sam transferred from state to state, riding for days and days on a train with slanted seats, with nothing to eat but hot dogs and cereal, using his coat for a pillow and a blanket.

Sam learned – then taught – Morse code, was the voice of cadence for the soldiers, traveled, and saw a lot, including the first atom bomb, and what it could do. “I hoped it would end the war,” he recounted. There were a few better memories, like attending the World Fair in 1939, where he first encountered a nine inch screen TV with Ethel and Lucy in the candy factory episode where the conveyors are way too fast, which still makes him laugh.



R.H. Myers Apartments vets: Top Row (L to R) Karl Perlman, Sam Silverman, Hugo Howard, Helene Weinberger, Allan Bellin, Harvey Zwerin, and Danny Kay; Bottom Row (L to R) Fred Solomon, Dr. Seymour Reifman, David Rothenberg, Joe Braun, and Dr. Richard Engel



Stone Gardens vets: Al Gray, Robert Wakser, Ivan Gelfand, David Greenberg, Marvin Bilsky, Morrie Shanker, Walter Wertheim, Morrie Bordman



Wiggins Place vets - Top left to right: Howie Schiller, Aaron Saltzman, Iury Maytin, Sheldon Gerson, Sanford Friedson, Henry Jacobson, H. Bernard Smith; Bottom left to right Carl Kanter, Ernie Marcus, Bernie Gordon, Jack Levy, Marvin Schwartz

When the war was over, he was so excited when he was released from service, he ran out without his coat.

Today, Sam stays busy with friends, still exercises, and loves swimming in the pool at the Peter B. Lewis Aquatic & Therapy Center. He’s lived on the Menorah Park campus for ten years.

Sam has welcomed most change, he’s happy that you no longer have to crank the phone to talk to another person, and party lines are a thing of the past, and he’s glad that TV screens are bigger now.

But he still insists, “Make Peace, Not War – and elect a Congress that can think.”

Chaplain Walked the Walk of Peace Navy Veteran Rabbi Bernard Frankel

Written by Helene Weinberger, Army Veteran



Bernard Frankel

This modest, pleasant Rabbi kept trying to minimize his impact on people during the course of his chaplaincy, and later, his service. Often, it is the most benevolent men and women who have benefited others on a one-to-one basis during the course of their lifetimes – who speak quietly about what they have done – as if they achieved only on the basis of what they liked – instead of what they have given.

When interviewed, it was clearly apparent that as a Rabbi and as a human, he did not talk peace as much as live it by example – he was a chaplain – not a warrior. A Rabbi might go down with the ship (as the four chaplains of different faiths did, holding hands) but he chose to be a chaplain – not a warrior. He “walked the walk” – he did not simply “talk the talk.” “The Jewish concept is when nations and people learn to communicate and learn to live with each other, peace will come. You have to want peace,” he says.

After Rabbi Frankel graduated from the Jewish Theological Seminary of America, he served as Rabbi of Temple Beth Shalom in Colorado Springs, Colorado. While there, he took on a part-time chaplaincy at the Army training base. Later, when he moved to Ogden Utah, again he found that part-time chaplaincy for service personnel was very fulfilling; this communication on a one-to-one basis was where he truly belonged. After three years in the Navy Reserve, he became a full-time chaplain in the Navy.

He was the first Jewish chaplain to serve aboard a Navy fighting ship. His career included three aircraft carriers, then he went on the Enterprise, a nuclear powered ship, and eventually became a Command Chaplain. When he retired 24 years later, he was a Captain in the Navy, equivalent to a Colonel in the Army.

If he had it to do over again, without hesitation, Rabbi Frankel said he would. “The greatest joy I had was dealing with the young adults, especially those who were Jewish, but I counseled all of them.” Rabbi Frankel is a resident of Stone Gardens at Menorah Park, where he enjoys friends, activities, outings, and educational programs to keep himself sharp.

Each year, veterans living or participating at Menorah Park are celebrated for their service to our country. Events on Friday, November 9 for our campus veterans begin at 10:30 a.m. including a delicious brunch, entertainment and individual recognition. We thank all veterans for their service to our country.



Menorah Park vets Julius Davis, Edward Harris and Mark Frankel



Menorah Park vets Jack Gelman, Andrea Kool-Tucker, Phil Neshkin, Art Yesikoff



Menorah Park vets Harold Smith, Seymour Weiss, Julius Foxman, Ben Zide



Menorah Park vets Sam Teitelbaum, Colman Harton, Walter Ryder, Frank Azzarello

*The US Department of Veterans Affairs statistics estimates that we lose approximately 372 WWII veterans per day. About **350,000 US Veterans are left.** Out of the original 16,000,000, only about **2% remain.** Menorah Park campus houses more than 60 US veterans.*

No, Your Charitable Tax Deduction Didn't Go Away



Joel Fox
Chief Development
Officer

In 1917, Congress introduced the Charitable Tax Deduction. Charities were worried that their donors, facing huge tax increases due to WWI, would stop giving.

Exactly 100 years later, the Tax Cuts & Jobs Act of 2017 dramatically raised the standard deduction, taking millions of former “itemizers”

out of the pool of those who can benefit from claiming charitable (and other) deductions.

But if you used to be able to itemize and no longer can, you are actually in a better position to give. Your specific deductions fell below the new standard-deduction amount, so your deduction is actually greater now than it was before.

This means you are keeping more of your income, providing you with funds to continue and even increase what you give to Menorah Park and your other charities.

And if you are 70½ or older, you should consider making your charitable gifts to Menorah Park directly from your IRA, avoiding any tax on the withdrawal, up to \$100,000 each year. You have a required minimum distribution (RMD), and you can direct that money, tax free, to pay charitable gifts.

Although the tax changes may have some effect on your giving, we know that most donors give from the heart, to causes they deem worthy and programs they deem impactful.

Through your financial support, you help Menorah Park remain the finest provider of care to people as they age. With your help we serve so many who cannot pay for their own care. We simply couldn't promise Excellence in Caring™ without your help.

Menorah Park does not give financial advice. We encourage you to consult with your own advisors before making financial decisions.

Dear Menorah Park,

Please forgive how long this has taken to get to you and the rest of the Menorah Park staff. I had meant to write this heartfelt letter of appreciation days after our mother Jeanne Cohen Wechsler had passed. Grief takes its own time.

Menorah Park has been a special place in our family for a long time. Both my mother's mother Gertrude Cohen Schwartz and our father's mother Jean Kurlander had spent time there. But it was a more unlikely place for our mother, Jeanne. She had left Cleveland long ago, spending her life moving on to Chicago, Pittsburgh, New York, and Palm Beach, Florida.

But the truth was no matter how far she ran, Cleveland always was a touchstone in her life, and it was her final years at Menorah Park when I believe, through being there with her sister, Barbara, her brother-in-law, Louis, and lots of family who cared about her nearby, and especially your kind staff and Rabbi Kirsch, that our mother realized Cleveland was truly her home.

I will never forget those first few days when I dropped her off. She was not adjusting well and I was terrified when I received a call from the staff – which turned out to be about her eating an entire jar of gefilte fish from the pavilion's refrigerator, much to my relief. Luckily, so many of you saw past my mother's sometimes fiery and spirited demeanor and quickly accepted her for the larger than life character she was.

There were sometimes hard conversations as my mother Jeanne had so much life in her, but her body continued to decline as did her short term memory. We had to learn from and trust the staff throughout this difficult and often heartbreaking decline.

And when my mother finally passed at three in the morning, several staff came up to my brother Tom and I and talked about how they had loved her, letting us know how they appreciated our mother's sense of humor that she never lost, and the sparkle that still remained in her eyes.

I know you all have your own lives and sadly, when a patient goes, there is always another to fill his or her bed. But please know, my mother Jeanne Wechsler, who was a true original—learned to be a part of a very unique community at Menorah Park.

We know you all have your own loved ones, and we only hope that when you are faced with similar challenges, all the great good that you do for others, will come back to you.

Thank you so, so much.

Truly and Sincerely,

Carl and Tom Kurlander



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MENORAH PARK ANNUAL CAMPAIGN

Giving to Menorah Park is like giving to your family, because we touch almost every family in our community.

Please Donate.

***Even a small gift helps keep Elly swimming, Art writing,
and Rena reading.***

For more information contact Jane Furth at **216-839-6688**
or go to **MenorahPark.org**.

Inspiring Wellness: Brain Health Champions Recognized



R.H. Myers Apartments Administrator Megan Cisler and Judy Jaffe

This past September our first annual Brain Health Institute Awards ceremony was held during Active Aging week to recognize Campus students as “Brain Health Champions.” They invested time to learn and practice skills within the four pillars of brain health: cognitive fitness, emotional wellness,

social well-being, and personal health. The overall campus-wide champion and champion of R.H. Myers Apartments was Judy Jaffe. Stone Gardens honored Linda Schulman, first Brain Health Champion and there were three champions named at Wiggins Place: Bernie Gordon, Bernice Kangisser, and Eileen Horowitz.

In addition to Champions, 52 students were acknowledged at the bronze, silver, and gold levels of achievement based on their involvement in the program. The true accomplishment of the Brain Health Institute is the number of students that have engaged in the program throughout the year, as well as those recognized as part of the awards ceremony for participating in the program and continuing to inspire wellness, being open to learn new things about their own personal brain health, and making adjustments to daily routines to support a healthy lifestyle. Our Brain Health Institute was created from our tenants’ growing interests in brain health. Our campus-wide commitment to brain health is strong and growing. We hope to honor even more extraordinary Brain Health Institute students next year as part of our annual event.

Don't Forget Your Memory Screening

Menorah Park’s Center 4 Brain Health™ is offering free, confidential memory screening appointments on November 13th and 15th from 10:00 a.m. – 3:00 p.m. Screenings are simple and safe tests for memory and thinking skills. A series of questions and tasks take approximately 10 minutes to complete and can indicate if someone might benefit from a comprehensive medical evaluation. It is not used to diagnose any particular illness and does not replace consultation with a physician or other clinician. The expert staff of Menorah Park will be available to offer the screenings and answer your brain health questions. Call Dr. Krystal L. Culler to schedule your free, confidential brain health check-up today at (216) 839-6685 or email center4brainhealth@menorahpark.org

Would you benefit from a screening? Take the quiz. If you answer “yes” to any questions consider getting a screening:

1. Am I becoming more forgetful?
2. Do I have trouble concentrating?
3. Do I have difficulty performing familiar tasks?
4. Do I have trouble recalling words or names in conversation?
5. Do I sometimes forget where I am or where I am going?
6. Have family or friends told me that I am repeating questions or saying the same thing over and over again?
7. Am I misplacing things more often?
8. Have I become lost when walking or driving?
9. Have my family or friends noticed changes in my mood, behavior, personality, or desire to do things?

Happy Holidays!

Chanukah celebrations are planned to happen all around campus. The Menorah Park community can enjoy an all-time favorite – The Annual Chanukah Latke Party – on Wednesday, December 5 at 7:00 p.m. in the Saltzman Auditorium. Noah Budin and the Promised Band are guaranteed to entertain.

Ears, Eyes, Meds, Allergies or Muscle Weakness: What's Your Balance Issue?



specialization

Winter has its ups and downs, literally. Walking on snow and ice is dangerous and has taken many people down in accidental falls. But there are many other causes beside slippery sidewalks that can make you feel off-kilter. Certain medications and even an upper respiratory infection can cause you to lose your balance.

Eran Shiloh, PT and Vestibular Certified Therapist at The Peter B. Lewis Aquatic & Therapy Center suggests you take heed if you have any of the following conditions:

- Failing eyesight
- An inner ear infection
- Meniere's disease (increased fluid volume and pressure in your ear that can cause dizziness, ringing in your ears and eventually hearing loss)
- Muscle weakness from lack of exercise or other reasons
- Inflammation from the flu, allergies, or a sinus infection
- Labyrinthitis (an inner ear disorder affecting your spatial navigation and balance control)
- Neuropathy in your feet and lower legs (weakness, pain or numbness due to pressure or damage to peripheral nerves)

- Arthritis in your hips, knees, or ankles
- Vertigo

Experts suggest that you talk to your doctor if you are experiencing any type of balance issues and request a referral to a specialized fall prevention program, and there is one right here at the Peter B. Lewis Aquatic & Therapy Center of Menorah Park.

Did you know that researchers report that each year an estimated 400,000 falls can be avoided with a

home safety evaluation conducted by a licensed occupational therapist? The Peter B. Lewis Aquatic & Therapy Center's Fall Prevention Program can help keep you on your feet.

These simple tips can also help keep you safe:

- Proper lighting and clearing items on floors in dark hallways and stairwells
- Removing throw rugs
- Installing grab bars in showers and tubs (a licensed therapist can help decide where these should be placed to ensure safety)
- Installing railings near steps
- Strengthening your legs and back with regular exercise and therapy if needed
- Wearing properly fitted shoes
- Avoiding ill-fitting pants, dresses, and coats that are too long
- Joining a health maintenance club to keep muscles from experiencing atrophy

We are offering Free Balance Screenings on Friday, November 9 and Friday, November 16. Give us a call to schedule yours (216) 595-7345.

At 50, There's Still Plenty of Excitement



Horsing around at the Adult Day Center, Ireda Oldwine connects on a deeper level with 30 year old Chili, the horse, held by Emma Rae Witt

November 13th marks 50 years of existence for the Florence and Joseph C. Mandel Adult Day Center at Menorah Park. The Center is said to be one of the longest continually operating adult day centers in the U.S.

What Makes It Special?

The staff team is invested in excellence in caring, and empowers and inspires through expertise, creativity and innovation each and every day. They focus on capturing interests and needs of members so that each day brings meaning, purpose, fun and laughter.

The Center also promises a safe environment where members' emotional, physical, spiritual and intellectual needs are met in an atmosphere of dignity and respect. Members enjoy clubs that cater to specific needs and desires for social opportunities, memory care or physical support.

Come see for yourself. Email Director Tina Witt at tmwitt@menorahpark.org, or give her a call at 216-839-6673 for a tour.

VOTE!

*"BE IT BLUE OR RED
OR SOMETHING ELSE INSTEAD*

*HELP OUR COUNTRY KEEP ROLLING ALONG...
GO VOTE!"*

Jane Friedman



You may have first heard about R. H. Myers tenant Jane Friedman when she released a humorous song parody about aging on YouTube (140,000 views).

Well, Jane is at it again. This time she's tackling a very serious matter to her: VOTING. She's joined by the volunteer Menorah Park Singers, and Life Enrichment Coordinator Val Robbins for this motivational video. She and her daughter Nancy Friedman Petko collaborated on the lyrics that encourage everyone to go to the polls and vote in ALL elections! Check out her soon to be Viral Vote Song: Keep Democracy Afloat - on the Menorah Park YouTube channel.

VOTE!

**Election Day – November 6
Menorah Park Campus
Beachwood Polling Location
Saltzman Auditorium
From 6:30 a.m. to 7:30 p.m.**

Did you see “The Pleiades” At Stone Gardens?



From Left: Eileen Gold, Phyllis Melnick, Lois Goodman, Harriet Fishman Abrahms, Fran Benovitz Gellin, Sally Rich, Joanne Lewis, Lois Friedman Jacobson, Rena Olshansky

The **Pleiades**, also known as the Seven Sisters, is an open star cluster containing middle-aged, hot B-type stars located in the constellation of Taurus. It's among the nearest star clusters to Earth, and can be seen by the naked eye at night.

So, when several women who have been friends since their high school days dubbed their group “The Pleiades” it fit!

They are bright, charming, and they love hanging out together, so Fran Benovitz Gellin, a resident at Stone Gardens, put together a reunion luncheon there to

spend time with her dear friends, who each graduated within a year of each other from Heights High School. Rena Olshansky said the group invited her to join them for lunch, and she knows them as friends from the same school, although she graduated a year later. “They are bright, engaged, and outstanding philanthropists for all they do,” she said. “And they’ve been friends a long time.”

The group meets often to share ideas, talk about ways to give to the community, local events, travel, family, and improving the lives of others.

Brain exercise offers new hope in the battle against Alzheimer’s

November is National Alzheimer’s Disease Awareness Month, designated in 1983 by President Ronald Reagan. At that time, there were fewer than 2 million Americans with Alzheimer’s. By 2017 there were nearly 5.4 million with the disease, and today, an estimated 5.7 million Americans of all ages are living with the disease. Just as alarming, an estimated 200,000 people under age 65 have younger-onset Alzheimer’s.

According to Dr. Michael Roizen, M.D., bestselling author and guest speaker at one of Menorah Park’s recent Aging Resources Dinner Conversations, computerized speed of processing games, strategy

based memory, and reasoning training are three cognitive training programs that have been shown to decrease dementia. He said speed of processing games and participating in timed exercises such as those games found on the internet that require quick thinking, rather than slower games such as crosswords or chess are proven to be more effective in keeping the brain sharp.

Menorah Park’s Medical Director Dr. Michael Knight concurs. “Research shows people may protect themselves against cognitive decline and dementia through brain training. The speeds of processing exercises seem to offer an advantage over the more common word games,” he stated.



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Menorah Park
Bet Moshav Zekenim Hadati
27100 Cedar Road
Beachwood, Ohio 44122

Non-profit Organization
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Cleveland, Ohio

Residential Activity Highlights

Please note, activities are subject to change.

Menorah Park

November

4th 2:45 p.m. Music with Bill Newman
28th 2:45 p.m. Entertainmobile

December

5th 7:00 p.m. Latke Party
25th 2:30 p.m. Music with Bill Newman

R.H. Myers Apartments

November

8th 7:30 p.m. Tyron Hornbuckle Entertains
16th 1:00 p.m. Medical Lecture: Acid Reflux
presented by Tom Strong

December

18th 1:00 p.m. Zumba Gold with Anita
27th 7:30 p.m. Steppin' Out Entertains

Wiggins Place

November

14th 11:00 a.m. Puzzles with Art
27th 1:00 p.m. "Manhunt: The John Wilkes-Booth
Trail"

December

2nd 10:30 a.m. Temple-Tifereth Israel Kids
Chanukah program
4th 1:00 p.m. Opera Appreciation with Larry
Josefovitz

Stone Gardens

November

5th 2:30 p.m. National Family Stories Month
"Story Swap"
26th 7:30 p.m. November Birthday Celebration

December

4th 7:30 p.m. 15th Annual Rock For All Ages
Chanukah Concert with Noah
Budin and the Promised Band
27th 7:30 p.m. New Year Party

Helen's Place

November

8th 10:30 a.m. Dan Elish Music Entertainment
23rd 11:00 a.m. Challah Baking

December

4th 10:30 a.m. Menorah Park Singers
14th 11:00 a.m. Sing-Along with Noah Budin

See your activities staff for the weekly
Piazza Playbill
or find it at facebook.com/MenorahPark

**If you would prefer to view our newsletter
electronically, go to MenorahPark.org.**

Menorah Park complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Contact person is Richard Schwalberg, COO phone 216-831-6500.

Honoring Our Campus Veterans

Menorah Park

Frank Azzarello
John Casserly
Joseph Chos
Larry Crane
Julius Davis
Julius Foxman
Mark Frankel
Jack Gelman
Edward Harris
Vladimir Kharchenko
Phil Neshkin
Bill Pintchuk
Walter Ryder
Harold Smith
Abraham Teitelbaum
Seymour Weiss
Arthur Yesikoff
Ben Zide

Wiggins Place

Stanley Blum
Herman Bronstein
Dr. Sidney Cohen, M.D.
Ralph Faigen
Sanford Friedson
Sheldon Gerson
Beni Giterman
Sandy Gold
Marty Golob
Bernie Gordon
Phil Hart
Henry Jacobson
Al Jaffe
Carl Kanter
Sanford Kutash
Jack Levy
Iury Maytin
Leonard Robuck
Aaron Saltzman
Howard Schiller
Marvin Schwartz
Sol Sherwin
H. Bernard Smith
Nat Spaeth
Martin Wald
Bud Weidenthal

The R.H. Myers Apartments

Allan Bellin
Joe Braun
Richard Engel
Ralph Friedman
Marvin Golder
James Hillard
Art Hirsh
Daniel Kay
Herbert Minkin
Karl Perlman
Seymour Reifman
Harold Resnik
David Rothenberg
Allan Schechtman
Daniel Schwartz
John Shafran
Martin Silverman
Sam Silverman
Fred Solomon
Leo Tobacman
Helene Weinberger
Melvin Wolk
Harvey Zwerin

Stone Gardens

Fred Abrahms
Charles Andrews
Marvin Bilsky
Morris Bordman
Bob Bruder
John Chrien
Rabbi Bernard Frankel
Sanford Gale
Ivan Gelfand
Alvin Gray
David Greenberg
Fred Kaufman
Dr. Joseph Miller
Marvin Rosenberg
Morrie Shanker
Dr. Leonard Sweet
Robert Wakser
Walter Wertheim

Adult Day Center

Andrew Albert
Otis Andrews
Lesley Barnes
Melvin Barnes
Julius Block
James Booker
Melvin Brown
John Buchanan
Charles Burkett
Charles Charpie
Eugene Coleman
Theodore Coleman
Carl Cottingham
Rudolph Crosby
Myron Cunningham
Joseph Diamond
Vincent Didonato
Eugene Dungy
John Dunn
Willie East
Robert Farley
William Fowler
Sanford Friedson
Martin Holden
Frank Horridge

Donald Hutchinson
William Jones
John Klein
James Kocin
Joseph Kozlevecar
George Kucinic
Kenneth Lard
Dennis Loften
Rylous Luster
Donald Lykens
Ernest Maddox
Thomas McNitt
Richard Monroe
Anthony Patton
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Jessica Puffenbarger
Tom Sarkiewicz
Kevin Semon
Byron Taylor
Denise Trun
Kari White