

Bridges Connection

West View Healthy Living
1715 Mechanicsburg Road Wooster, Ohio 44691



December 2017



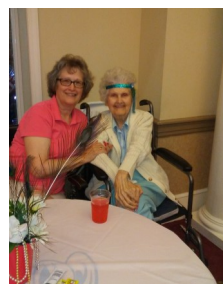
Connecting with Fun!

The love of a
FAMILY
is life's greatest blessing



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I hope you enjoy each edition of the Bridges Connection and find it helpful, encouraging and informative.

If you have any questions or I can be of assistance please call me

Jackie Wolff
Cognitive Enhancement Specialist
330-264-8907

Connecting with our Residents

We would like to wish a very
Happy
Birthday to the
Vi Fuller
12/16/2017



Connecting with Dementia - Surprising Facts about Alzheimer's Disease

Amanda McDuffie, LPN AI Unit Manager

- With an estimated five million Americans who have Alzheimer's, the cost for treating the disease continues to rise. In 2016 that figure reached about \$235 billion. The number of Americans with the disease is expected to increase in the years ahead. It is estimated that Alzheimer's may cost the U.S. more than \$1 trillion by 2050.
- A German doctor names Alois Alzheimer first observed the disease in 1906. He described a patient known as Auguste D. who had memory loss and other problems thinking. After the patient's death, Dr. Alzheimer noted that parts of the patient's brain were shrunken. A psychiatrist who worked with Dr. Alzheimer names the condition in 1910.
- The time it takes for Alzheimer's to progress varies from person to person, so it's hard to predict how long someone with the condition will live. Younger adults who are diagnosed with the disease tend to live longer than those diagnosed later in life.

Connecting with Support

Memory Care Support Group

Join us for Memory Care Support Group!

This group is for anyone who is caring for a loved one that has dementia. This group will provide education, support

and fellowship. Held on the Second Thursdays of each month at 2:00 pm in the Chapel of West View.

Contact Amanda McDuffie or Bethany Gerber

At 330-264-8709

For more information

We look forward to seeing you on December 14, 2017

Topic: Dealing with Holiday stress.

in the chapel.

**ALL
ARE
WELCOME**

Connecting by Involvement Eating with your loved one

We are blessed to have a fantastic Dietary Department here at West View Healthy Living!

Should you ever want to eat with your loved one on Bridges and purchase a meal please do so at our front desk. Regular meals are \$6.00.

Up coming Holiday Meal:

You are welcome to join your loved one for lunch on Christmas day. Menu will be: **Glazed ham, sweet potato soufflé, baked corn, green bean casserole, deviled egg, red velvet cake roll.**

Please have reservations into front office by December 20, 2017.

This meal will be \$8.50.



Connecting with Events

Everyone is getting excited for Christmas! We look forward to all of our families coming in and celebrating with us!

If you haven't RSVP'd yet please give Jackie a call at 330-264-8907.

Holidays mean baking, craft making and lots of memories. We will be doing all the above as we look forward to visits with Marita who will be helping us

make various Christmas ornaments. We will also be wrapping homemade caramels with Liz, Dorothy's daughter, visiting with Toddlers from the Energy Exchange group, making Reindeer Magic to pass out to children and staff's children, decorating cookies, playing musical gift, and of course reading and talking about the true meaning of Christmas, Jesus! We will be having a

Party for Jesus as well!!!!

As always feel free to join us for any of the activities! Please refer to your calendar for Bridges.



Connecting with Community

We are very excited to welcome the Craigs to our Neighborhood. We have enjoyed listening to them sing and entertain us in prior months. They will be joining us again December 8 at 3:00 pm. They provide folk music and the presentation is very soothing and relaxing.



Connecting with Information - Up Coming Holiday

Christmas will be here before we know it!

We are planning now for our family Christmas located on our Bridges Unit.

Please RSVP with the number of family members to Jackie Wolff 330-264-8907 by December 8, 2017.

Please join us for
"A Christmas to Remember"

Tuesday, December 19, 2017
 at 6 pm

In planning for this I would love to have

1- a picture of your loved one and family at Christmas past

2- Please bring a gift for them to open that evening.

3- The night of the event please bring a plate of your favorite Christmas cookies or bars.

We will supply the drinks, napkins and forks/spoons.

If you have any questions please see me, Jackie Wolff

West View Healthy Living
1715 Mechanicsburg Road
Wooster, Ohio 44681
330-264-8640



Our Mission
The mission of West View Healthy Living is to foster, maintain and operate a Christian continuing care senior living community that provides older persons with caring and quality services toward the enhancement of their physical, mental and spiritual well-being consistent with the Christian gospel.

Other Ways to Connect

To Learn more about us:



Like us on Facebook!!

& Check out our website:

***www.westview
healthyliving.org***

To All of our Staff we would like to say thank you for all you do everyday to touch the lives of those we care for!



From all of us to you and your family!

If you have questions about your loved ones health, our Unit Manager and nurses are always happy to help with answering your questions.

Please feel free to contact them at any time by calling the following numbers:

Amanda McDuffie
Unit Manager 330-264-8709
Bridges Nurses Station
330-264-8696
