



The West View

Winter 2018 • 4th Quarter

A publication of West View Healthy Living

More Than A Retirement Community...It's A Plan For Your Future



Bonnie Hall, President

As we look to close 2018, we also cast our eyes upon what is certain to be an eventful and exciting year at West View. We successfully began our project which will develop our campus into a true community resource not only for our current West View residents, but also to those within our greater Wayne County community.

Development of the existing campus, which we anticipate completion in Spring of 2020, will be a significant focus for the Board of Trustees and the staff at West View in the coming year. We will

be collectively working together to not only drive funding for the project through means such as financing, donations, and a capital campaign, but to also develop all of the programming that will be offered. We will provide continual updates of our progress to those we serve through means such as this newsletter, our website and Facebook page and local publications. We are excited to begin to unveil such offerings as soon as first quarter 2019!

In regards to donations and charitable giving, there will be a committee that will assist in guiding West View as to how to best utilize donations

received and to ensure that we remain strong stewards of this valuable resource. Additionally, we will work to remain consistent with our Mission Statement and the Christian Gospel that defines our servant based mentality to those in our care.

The theme of charitable giving, while always forefront in our minds at West View, will continue to take on a different feel and look as we identify means in which community members, staff, residents, and families can make contributions to additionally support our mission.

Questions related to how you can partner with and support West View can be directed to either me or Tammy Cruise, our Director of Development. We would be happy personally meet with you to help tailor a plan or package that suits your individual desires or budget to contribute.

Please know that there is generally no definition to the size of a gift or offering, just deep appreciation for whatever is deemed appropriate by each donor. We are continually humbled by individuals, families, and even businesses that have believed so strongly in the mission of West View and have chosen to donate financially, of their time and service, or through tangible items such as furnishings.

In closing, it has been my great honor and privilege to lead West View into this new phase. I would also like to personally thank all of our Supporters, Board, Staff and Residents for their continued commitment to West View.

Romans 8:28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Groundbreaking Ceremony

During the Fall of 2018, we will begin construction on a 34,000 sq. ft. addition with 20 skilled nursing units for transitional care and 15 independent living units. We will also construct a 24,600 sq. ft. Senior Wellness Facility, along with an Event Center, which will be used for programming at West View, as well as a community resource for meetings and community events.

The Event and Wellness Center will be open to the community. This custom designed Wellness Center at West View Healthy Living will be specifically for individuals age 55 and older. All programming will be geared with that population in mind and will be available through membership only. The team is currently developing programs for this exciting project. – Stay tuned for more details.



Volunteer Spotlight

WOOSTER — If you're a volunteer coordinator, Mavern King is just the kind of person you're looking for.

"We think she's fabulous," said West View Healthy Living director of development and public relations Tammy Cruise. "Her dedication. Her commitment and her willingness to serve."

There's no one quite as reliable as King, agreed Cruise and West View volunteer and program coordinator Jackie Wolff, who nominated her to be one of The Daily Record's 2018 Unsung Heroes. "And when you're working with volunteers," Cruise said. "That's priceless."

King, a graduate of Smithville High School, said she first thought about pursuing a career in social work, but found education seemed like a better fit.

For 35 years, she did just that, teaching second grade in the Green Local Schools. "I love children's literature and I love books," King said. "I love reading to the kids." And she missed the classroom when she retired, so she started looking for ways to pass the days.

A member of East Chippewa Church of the Brethren, King said she found any number of the ladies in the church donated their time to volunteer work at West View Healthy Living, the same facility where King's grandmother had lived in the 1960s.

The Church of the Brethren facility on Mechanicsburg Road relies on its volunteers, Cruise said, and King quickly found her niche in the gift shop. She started out ordering candy and snacks for the shop and quickly learned the register and other customer service functions.

With the shop located just inside the main entrance, King is a familiar face to visitors, residents and staff. "I like to listen to people," she said, "and hear what they have to say."

She has racked up 11 years of volunteer service, serves as the president of the facility's auxiliary and, six years ago, became a Church of the Brethren representative to the West View Board of Directors. And although her term was up earlier this year, she's been asked to return as a trustee.

"I guess," she said, "they thought I was valuable."

And as much as she has given to West View, King said she's gotten much in return. "I needed structure to my week," she said. "I think volunteering is good for your mind and your health and your socialization."



And when she's not at the nursing facility, King can be found at her church, where she has served as both financial secretary and deacon, and where she said she has been inspired by the volunteer work of others.

King also reads quite a bit and enjoys traveling and keeping up with friends and former co-workers. Her winter months are spent at a house she and a friend own in Florida. "Somehow," she said, "they cover for me when I'm not (at West View)."

But they miss her and the way she goes the extra mile for residents who rely on the gift shop for goodies and treats. King recently went on a mission to find Cow Tales, a type of caramel candy that one resident really wanted a taste of.

It's not too much to ask of someone like King, who said, "I always try to be kind."

She's not just kind, but reliable, too. Cruise cited the very important work the board has been doing to expand the facility and said King has been there right along, working hard and participating in the decision-making process.

When you need her, Wolff said, King is there. "Mavern just comes in and kind of does what needs done. She's always there. She's always very helpful. She's just a very supportive person."

*Article provided by Tami Mosser, Staff Writer for The Daily Record
Photo provided Mike Schenk – Staff Photographer for The Daily Record*

Upcoming Events

- 10 Delay the Disease Exercise Class • 1:00 PM**
- 11 HealthPro/Heritage Series • 1:00 PM • "You and Your Home - A Perfect Fit"**
- 13 Parkinson's Support Group & Delay the Disease Class • 11:00 AM**
- 13 Memory Care Support Group • 2:00 PM**
- 17 Health Speaker Series • 2:00 pm - 3:00 pm: "How to Talk with Your Loved One about the Gift of Hearing"**
3:00 pm - 4:00 pm: "Common Myths, Symptoms and Diagnosing of Hearing Loss..."

Reason for Every Season...

Amanda McDuffie, Assisted Living Unit Manager
Our "Connecting Season's" program for those with Alzheimer's, dementia or memory impairment, is exclusive to West View Healthy Living. In this program, we have grouped the stages of dementia into four categories called "Seasons"

- Spring (early stage dementia)
- Summer (early to moderate stage dementia)
- Fall (moderate to severe stage dementia)
- Winter (severe stage dementia).

Our approach is resident-centered, family oriented, and flexible, in order to engage individuals in each season they experience. By working with the families directly, our highly trained staff is able to get to know the resident personally. As we gain a better understanding of their needs, interests and capabilities, we carefully plan engaging activities and therapies that meet them in season they are living.

Let's learn a little bit about the "Fall Season" of Dementia. This season encompasses the mid-late stages of

the dementia process. People in the Fall Season may be private & quiet or public & noisy, impatient, they may experience significant personality and behavioral changes, delusions/hallucinations often occur, increased difficulty remembering their own personal history, major sleep changes, wandering and physical assistance with grooming and hygiene.

People in the Fall Season of Dementia like to manipulate and explore different textures/shapes/colors/sounds. This provides stimulation. They also prefer to eat sweets first primarily due to the loss of the other taste buds. The primary focus at this point is providing safety and security due to decreased awareness, wandering and exploring.

West View Healthy Living provides a Caregivers Support Group each month for families and caregivers. For more information, please contact Amanda McDuffie, Assisted Living Unit Manager at (330)264-8709 or Bethany Gerber, Director of Social Services at (330)264-8777.

"Let's walk this journey together"

An Opportunity to Leave a Legacy



Tammy J. Cruise, Director of Development & Public Relations

The excitement is building quickly as we begin construction on our new Skilled Nursing Unit, Independent Living Homes, along with a community Wellness and Event Center. As we begin our "Building a Lifestyle of Wellness" campaign, we need the help of our friends, family members and anyone with a generous heart to consider participating in our campaign.

If you have been blessed to be part

of our West View Family, please consider leaving a legacy by honoring or remembering your loved one. There are many opportunities available to leave a legacy. We will also be having a brick campaign for those wanting to make a gift of \$100.00 or more to be recognized with an inscribed brick plaque displayed on our campus.

I would also like to challenge you to consider West View Healthy Living in your yearly giving. In the spirit of giving, please consider a donation to one of the many opportunities at West View Healthy Living.

Our Benevolent Care Fund which can be used for the supplementation and financial support of all campus residents. This fund supports the difference between what we provide in services for our residents and what amount is actually reimbursed.

We also have a Chaplaincy Fund established that allows us to support the full time employment of a Chaplain exclusive to our campus. This role of our Chaplain is quite uncommon to a health care community such as ours and we certainly feel blessed to provide this to our residents and their families.

I would be happy to meet with you to discuss how you can become a partner with West View. There are payment plan options available. Please contact me for ways you can make a difference for years to come – I can be reached at 330-988-3484.

What does West View Healthy Living look like today?

We continue to be a non-profit, faith based Continuous Care Retirement Community centrally located in Wooster and our mission hasn't changed – We continue to foster, maintain and operate a Christian continuing care senior living community that provides older persons with caring and quality services toward the enhancement of their physical, mental and spiritual well-being consistent with the Christian gospel. In 2017, West View provided services to over 349 people. Over \$1,900,000.00 in Charitable Care was provided during that same time.

We offer lifestyles and care designed to make life easier for individuals.

- **Independent Living** – independent living at its finest
- **Assisted Living** – For those needing "a little extra" hand with day to day activities

- **Memory Care** - Bridges – special neighborhood for those with memory impairment
- **Transitional Care and Rehabilitation** - much more than a place to recover following an illness or surgery. Our TCC provides help during your recovery period so that you can return to your active lifestyle.
- **Long-term Care** - Our long-term care center offers a comprehensive set of services designed to meet the varying levels of care our residents need.

For more information about any of the lifestyles or programs at West View, contact Nikki Evans at 330-264-8801. We are available for a no obligation tour at any time. Come and see what our beautiful campus has to offer. Also, please visit our website at www.wvhl.healthcare for more information regarding our community.



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A non-profit continuing care retirement community in Wooster since 1956. Affiliated with the Northern Ohio District Church of the Brethren.

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Volunteers Needed!



Jackie Wolfe
Volunteer Coordinator

Recently Retired and looking for something to do?

Maybe someone made a difference in your life and you just want to Pay it Forward. Whatever the reason, The Gift Shop is looking for a few good people to join our team. We are thinking about extending our hours and need some additional volunteers to make that happen.

The Gift Shop of Town Square, is currently open Monday-Saturday 12:30-4:30. It provides a wide variety of items including specialty gifts, unique items, snacks and beverages. In addition, we are a great place to pick up that last minute gift for anyone in the family. The gift shop is completely run by volunteers and all monies are donated to West View Healthy Living to enhance the quality of life for our residents and partners. If you are interested in becoming a member of our team, contact Tammy Cruise at 330-988-3484.

Give the Gift of Time . . .

Perhaps you have considered volunteering and just are not sure how, where or what to do. As the Volunteer Coordinator at West View Healthy Living, I invite you to consider making a difference in the lives of our residents.

Volunteering connects you to others. It is good for your mind, body and soul. Volunteering brings fun and fulfillment to your life!

If you are interested in learning more about opportunities please contact me at 330-264-8907 and I will be happy to find just the right opportunity for you!