



# CHRIST THE KING MANOR NEWSLETTER

OCT-NOV-DEC 2018



THE VOTES ARE IN...

"BEST PERSONAL CARE HOME"



Congratulations to the administration and staff of our Personal Care Home at Christ the King Manor for being voted 2018's Best Personal Care Home in the Tri-County area.

This honor was designated after people in Elk, Jefferson, and Clearfield counties were given the opportunity to vote on-line and make their choice.

Angie Amundson, who has been the Personal Care Home Administrator for the past 12 years, stated, "I am very proud of my staff. Everyday, I see them interacting with our residents and it's easy to see how much they care. We are like family and I think that's what adds the special touch."

If you are interested in learning more about our Personal Care Unit, please call anytime and Angie will be happy to talk with you.



Standing in the back row from left to right: Mafalda Costantini (resident), Kelly Mancini (beautician), Joyce Lane (Personal Care Coordinator), Angie Amundson (RN/ Personal Care Home Administrator), and seated is Edna Rafferty (resident).

RESIDENCY PROGRAM

WORKING TOGETHER



From left to right: Dr. Anne, Dr. Peck, and Dr. Lee

The Penn Highlands Healthcare family medicine residency program is now at Christ the King Manor. This year, two second year residents completed a 4-week rotation in the geriatric field. Dr. Anne and Dr. Lee spent a month doing rounds with our Medical Director Dr. Peck assessing residents and learning how a skilled nursing facility operates. While here, they have learned more about the geriatric population and the challenges in healthcare that they face. The doctors have been assigned patients here and follow them on a monthly basis. We look forward to working with Penn Highlands on the residency program next year also, as they will be sending a new group of resident doctors for this experience.

### Bring Out The Good China!



Sally Whitman joins Ruth Welsh

What is that delicious aroma drifting through the hallways? It's an authentic homemade holiday meal being prepared for our residents by our amazing activities staff. They lovingly prepare these meals during the fall and winter months and invite different residents each time so that everyone gets a chance to enjoy.

### DOES THIS FACE LOOK FAMILIAR?



Alex Hazard poses with Edna Sheesley

Alex Hazard, the host of Central PA Live in Altoona, recently produced a section of his program at Christ the King Manor which aired on TV 10, WTAJ. He highlighted the outstanding array of services that we provide and intermingled this information with clips of Christmas caroling with our residents and staff. We wish to thank Alex for a terrific afternoon of exuberant fun and laughter!



**ADMISSIONS**

- Donald Beveridge Winburn
- Elizabeth Masisak Stump Creek
- Karen Roberts Saint Marys
- Judith Watson DuBois
- Laverne Muth DuBois
- Patricia McIntosh DuBois
- Grace Rorabaugh Mahaffey
- Alice Kirk Luthersburg
- Darla Ellinger DuBois
- Donald Jewell Falls Creek
- Noreen Bagley Big Run
- E. June Kunselman Brockway
- Mary Delaney Reynoldsville
- Deloris Smith DuBois
- Marlene McKay Brockway
- Janet Jones DuBois
- Anna Ceriani Brockway
- Victoria Gornati Penfield
- Maureen Sayers DuBois
- Shirley Bleich Reynoldsville
- Wava Davidson Mahaffey
- Dorothy Pluchinsky Punxsutawney
- Judy Zmitravich DuBois
- Raymond Vitello DuBois
- Harold Portzer DuBois
- Betsy Huston DuBois
- Georgia Weaver DuBois
- Shelly Erickson DuBois
- Donald Pfeufer St. Marys
- Leila Carns Clearfield
- Jerry Bargerstock DuBois
- Kay Satterlee DuBois
- Madeline Marshall DuBois
- Glenn Walker Sykesville
- Gene Gundrum Falls Creek
- Rose Sloan DuBois
- David Christofor Reynoldsville
- Jane Bonsall Luthersburg
- Robert Kohn Reynoldsville
- Personal Care
- Joan McAndrew DuBois



**VETERANS DAY**

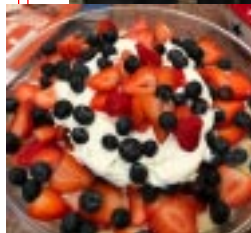


Forty-one military veterans were recognized during our annual Veterans Day Celebration at Christ The King Manor. The DuBois Honor Guard were present to pay tribute to these vets as they celebrate with us every year. We are truly grateful for their service and sacrifice.

Brian Black presents each Honor Guard member a hand crafted pot-holder made by his cousin, Janice Nelsell.



**Honoring Our Veterans at The Cottages and Apartments**



## PERFORMANCES

## PERSONAL CARE IS

Eloise Pifer Rice is seen here performing with her choir, The DuBois Vocal Ensemble. If there is one thing everyone wants to hear around the holidays,



it's beautiful Christmas music. It's just one thing we can't seem to get enough of, and we appreciate the many groups who take the time to entertain us.



Girl Scout Troop #20253 sang for everyone and then handed out their homemade crafts and cards.

## CRAFTS

### SPECIAL OUTINGS



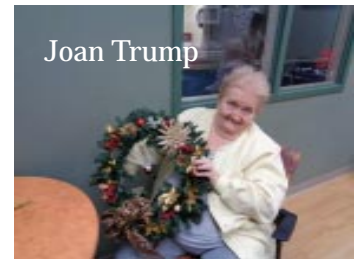
The personal care residents enjoyed an outing to the Elk County Visitor Center in Benezette, PA this fall. It was a perfect cool day to travel and they were able to appreciate the colorful fall scenery, a delicious picnic lunch, and the viewing of several beautiful elk. Being one of their favorite outings, this trip did not disappoint as everyone who participated enjoyed themselves.



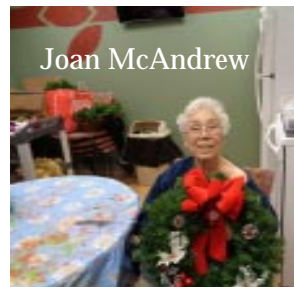
Doug Beard and Theresa Papale



Aldine Roof



Joan Trump



Joan McAndrew



Anne Marie Sette



Dorothy Miller

Let's not forget the many pumpkins that were decorated for Halloween. Seen here is Dorothy Miller with her adorable creation.



## CONSTANTLY BUSY!



## BAKING



Betsy Long puts the finishing touches on the sugar cookies by sprinkling on the sugar!

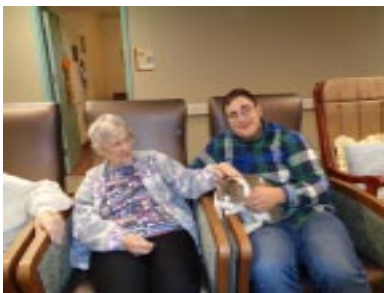
What could be nicer than smelling homemade sugar cookies baking in the oven at Christmas time? Jane Bonsall rolls out the dough as volunteer, Leslie Parrott looks on. What a wonderful way to get into the holiday spirit!

## MAKING NEW FRIENDS

Local 4-H members visited Personal Care with recused dogs and cats. Residents were educated on how animals are rescued and cared for by the team and even had the chance to interact with these adorable, furry friends.



Eloise Pifer-Rice is pictured holding a rescued companion with resident, Claribel Spicher.



Lois Pifer enjoying time with her rescued cat that came for a heart-warming visit all the way from the farm.

## SIMPLE FUN

Once a month, 365 Hospice conducts an auction where the residents have the opportunity to bid on and buy items that are up for sale. Of course it's all in fun and real money is not used. Examples of donated items to "purchase" are lotions, clothing, and food items.



The Christmas yard and bake sale was another success this year, as over \$400 was raised. Items to buy are donated by families, staff, and residents themselves. Anyone wishing to donate items, please contact Deb Mohny in the activities Department.



Maxine Nelson



Joan McAndrew

## Words of Thanks

We would like to express our gratitude for the care that was given to our loved one while she stayed at Christ the King Manor. The staff could not have been more caring and compassionate. We would especially like to thank Denise Good for all the assistance she gave us. We were truly blessed for her to spend her last days with you.

Words are not enough to express our gratitude and appreciation for the loving care our mother received by your staff in the Personal Care Alzheimer's Unit. They truly became her family and ours. Their help and thoughtfulness made her 7 1/2 years at Christ the King Manor a wonderful experience.

My mom was only at Christ the King Manor for a brief time, but the love and care she received was wonderful.

We have no words to express our gratitude to you. Our loved one had been a resident for nearly 15 years. During that time, you have all given her the best possible care. I have never had cause for concern nor have I ever questioned your care. I know many of you considered her family and for the past several years, you have all been there for her while we went on with our lives, visiting when we could, but never worrying when we couldn't because we knew you were all doing your very best for her. It is difficult trying to cope with our loss, but we also know it is a loss for many of you as well. During her final days, the nurses on A-wing did everything they could to comfort us and make us feel welcome and comfortable. As I said, there are no words to express how grateful we are to all of you. We appreciate all you have done all of these years.

## WE WISH TO SAY THANK YOU!

We at Christ The King Manor would like to extend our appreciation, thanks, gratitude, and love to everyone in our community who helped make this Christmas special for our residents. This picture of the tree, demonstrates part of this generosity from people who work here, visit here, local church groups, and people who just show up each year with special gifts. This overflow of gifts under the tree is a visual representation of the generosity of time, talent, and love that was shared this year.



We thank all of the talented musicians, church groups, scouts, and community groups who spent countless combined hours performing and caroling for our residents. We appreciate the local clergy for taking the time to come here to share the word of God and bring comfort to our residents. We thank the many groups that came to provide special activities to our residents. We thank the staff for another year of endless care provided to our residents, for each department working together to provide a loving home for our Christ the King Manor family. Mostly, we would like to thank Jesus in whose name we celebrate this season. Our prayer is that we keep joy in our hearts and love on our lips as we begin our New Year.

## Sharing Ideas



Sheri Zanot, CKM Admissions Coordinator, welcomes everyone and begins the meeting.

On Wednesday, December 12th, Christ the King Manor hosted the North Western Senior Transition Network meeting. This network is comprised of a group of Healthcare providers who gather every other month to discuss an array of changes and challenges that come with caring for our senior population. The focus of this meeting was in staffing, and the information shared was informational and beneficial.

The guest speakers were Pam Streich from Workforce solutions, Cheryl Krieg from CCCTC, and Brenda Hodge from JCDAVTS. After the meeting, Sheri and Marisa, (CKM Social Service Director), gave the group a tour of our campus. We look forward to our next meeting February 12th to be held at the DuBois Nursing Home where the focus speaker will be a representative from the Alzheimer's Association.



## Christ the King Manor

Learning Environment



Dr. Steven Graeca  
and Kristen Day

Local resident, Kristen Day, a medical student at Lecom College, recently completed a four week rotation as part of her residency program. She is pictured here with Dr. Steven Graeca, one of our attending physicians. Kristen, who is specializing in radiology, is scheduled to graduate in May 2019. We are pleased that we were able to provide this residency opportunity at Christ the King Manor.

## WOODSONG CHAMBER ENSEMBLE



Each year in December our residents are treated with a spectacular performance from the Woodsong Chamber Ensemble. We are privileged to have them here and thank them for taking time during this busy month of December to bring joy to Christ The King Manor.

Happy Birthday

## DECEMBER

LeRoy Muth 3<sup>rd</sup>  
Mary Lou Murray 15<sup>th</sup>  
Ann Cekovsky 27<sup>th</sup>  
Joe Agnello 28<sup>th</sup>  
Fran Coccimiglio 31<sup>st</sup>  
Personal Care  
Betsy Long 5<sup>th</sup>  
Barbara Canale 8<sup>th</sup>  
Dorothy Miller 29<sup>th</sup>

## JANUARY

Lena Cox 1<sup>st</sup>  
Dorothy Navarra 2<sup>nd</sup>  
Betty Lou Brownlee 4<sup>th</sup>  
Phyllis Dunlap 9<sup>th</sup>  
Brian Black 17<sup>th</sup>  
Marion Hannawell 18<sup>th</sup>  
Lois Kness 21<sup>st</sup>  
Emma Arble 26<sup>th</sup>  
Shirley Assalone 28<sup>th</sup>  
Shirley Bleich 30<sup>th</sup>  
Personal Care  
Faye Weber 26<sup>th</sup>  
F. Doug Beard 31<sup>st</sup>

## FEBRUARY

Frank Lizauckas 4<sup>th</sup>  
(celebrating 100 years)  
Mary Way 15<sup>th</sup>  
Kevin Sunderland 15<sup>th</sup>  
Mary Theresa Zappia 17<sup>th</sup>  
Kay Satterlee 17<sup>th</sup>  
Vera Himes 23<sup>rd</sup>  
Robert Kohn 26<sup>th</sup>  
Personal Care  
Edward Miller 3<sup>rd</sup>  
Jane Bonsall 28<sup>th</sup>

## tidbits

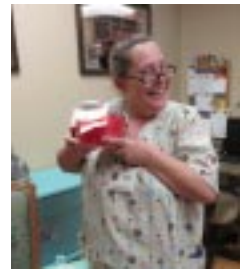
We would like to extend a warm welcome to the following new Cottage residents:

Don and Linda Dyer  
from Florida

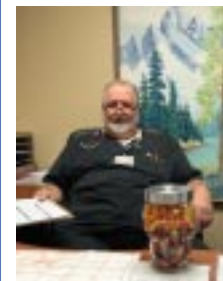
Mary Louise Reuscher  
from St. Marys

Perry and Karen Brosius  
from Brookville

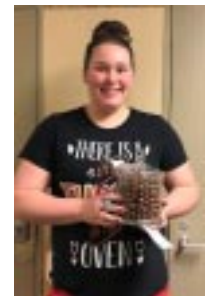
## Staff Guessing Game Winners



Chris Barrick, nursing assistant, won the Swedish Fish in September.



Paul Janocha, RN, won October's "skull" filled with candy corn.



Rachael Taylor, Nursing Assistant, won November's jar of chocolate covered almonds with an exact guess!

## Two special service projects at The Cottages and Apartments

### Cookie Extravaganza

Apartment and Cottage residents spread holiday cheer by crafting trays of home-made Christmas cookies for residents at Christ the King Manor. Each participant brought their favorite holiday sweets and worked together to assemble over 80 plates!



Michael and Maria Zaffuto deliver the plates of cookies to Manor residents. Each recipient was thrilled to receive traditional homemade goodness that they can eat at their leisure!



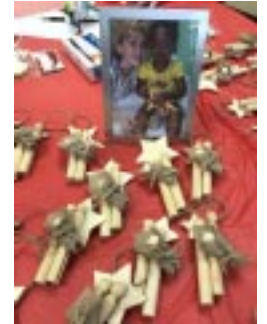
Geneva Malewicz

### Nativity Ornament Making

Maria also organized a very special project which involved making beautiful clothespin Nativity ornaments for patients at a hospital located in the country of St. Vincent. The project was in honor of Maria's aunt who passed away from cancer and was an avid volunteer at this hospital with the World Pediatric Project as a Pediatric Physical Therapist. Over 70 ornaments were made in one afternoon along with personally written notes and cards. It was a pleasant and inspiring activity as so many joined in to support this special project. Thanks to all who helped to spread some Christmas cheer.



Everyone had their part in the ornament making assembly line.



A sample of the ornaments that were sent overseas.

### DAY OF BEAUTY

Once again Judy Smith organized a team of ladies from the Crzygirlz Book Club and Merle Norman to come to Christ The King Manor to pamper our lady residents with makeovers and manicures. You can see by the smiles how fun and enjoyable it was.

### CHRISTMAS MAGIC!



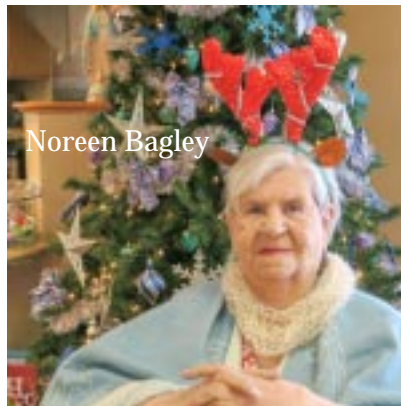
We were thrilled to have Mickey and Minnie Mouse visit us last week! They stopped by to mingle, hand out candy canes, and simply put a magical twist to everyone's day! We are hoping that this rare appearance turns out to be an annual event.



Kay Satterlee



Mary Lou Murray



Noreen Bagley



Barb Himes



Residents joining in the fun of making decorative Christmas bulbs and stringing popcorn and cranberries for the trees seen throughout the building.



Clara Dumm



CiCi Pauling




Nancy Blockberger and Joe Agnello

### A VISITING SANTA

Louie Caltagarone, of Reynoldsville, and his daughter, Cindy, visited our residents and performed his annual Christmas cheer on his accordion.





## CONTRIBUTIONS and MEMORIALS

Enclosed is a gift of \$\_\_\_\_\_ to be used for the following:

Development Fund

In Memory of \_\_\_\_\_

In Honor of \_\_\_\_\_

Use Where Most needed

Your Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

Please make your check payable to: Christ the King Manor.  
Your gift is tax deductible.

If you would like an acknowledgement sent to a family member (Memorial) or to an individual (honorarium), please provide the recipient's name and address below:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please mail to: Christ the King Manor  
P.O. Box 448  
DuBois, PA 15801



Pentz Run Independent Living group made hand tied fleece blankets and pumpkins for some very lucky residents. They were made in honor of Mary Ann Duttry, a resident who passed away in September of this year.

## DISCHARGES

|                   |                   |
|-------------------|-------------------|
| Terry Griffin     | E. June Kunselman |
| Yvonne Brosky     | Darla Ellinger    |
| Dora Craig        | Wava Davidson     |
| Elizabeth Masisak | Deloris Smith     |
| Donald Steele     | Betsy Huston      |
| Donald Jewell     | Victoria Gornati  |
| Sylvia Leidl      | Leila Carns       |
| Karen Roberts     | Raymond Vitello   |
| John Kuntz Jr.    | Donald Pfeufer    |
| Jean Polehonki    | Georgia Weaver    |
| Donald Beveridge  | Shelly Erickson   |
| Alice Kirk        | Madeline Marshall |
| Gazella Zabreski  |                   |

## IN MEMORY :

Heartfelt condolences are extended to the families and friends of the following residents who the Lord has called home since our last newsletter:

|                 |                      |
|-----------------|----------------------|
| Mary Ann Duttry | Dorothy May          |
| Charlotte Sanko | Rose Caruso          |
| Grace Rorabaugh | Ronald Scull         |
| Frank Mondì     | Rose Camise          |
| Frances Bruzga  | Helen Dillman        |
| Theresa Keister | Maureen Sayers       |
| Harold Muth     | Inez Snyder          |
| Marlene McKay   | Patricia McIntosh    |
| Mary Pullman    | Virginia Landini- PC |
| Richard Hiles   |                      |

John 14:1-2 "Do not let your hearts be troubled. You have faith in God; have faith also in me. In my Father's house are many dwelling places. If it were not so, would I have told you that I go to prepare a place for you?"

## MEMORIALIZE OR HONOR A LOVED ONE OR FRIEND

A **Memorial Gift** is a gift in memory of a departed loved one or friend. It is a wonderful way to express sympathy or as a means to remember birthdays, anniversaries or other special days of a deceased loved one.

An **Honor Gift** is a gift which shows admiration and respect for a loved one or friend on a significant day in their life such as birthday, anniversary, etc.

### **In Honor of:**

LaVerne Muth

### **Requested by:**

Keith & Fran Muth

### **In Memory of:**

Irene Ames  
Grace Askey  
Donald Beveridge

Frances Bruzga

Clydine Burford  
Joseph Calapa  
Rose Camise  
Rose Caruso

### **Requested by:**

Michelle & Albert DiGilarimo  
Michelle & Albert DiGilarimo  
Michele Daugherty; Sam, Angela, Michael & Maria Zaffuto; Regis & Donna Felix;  
Patti Ryba; Michelle & Albert DiGilarimo  
Keith & Fran Muth; Jim & Barb Costanzo; Ralph & Geneva Roberts; Bradley & Myra  
Miller; Regis & Donna Felix; Janet Hestor; Pinky Kalinowski; John & Janet Caruso;  
Staff of Duke Sports Medicine & Physical Therapy; William & Barbara Burig;  
Residents of the Cottages at Christ the King Manor  
Kim, Jason & Brenna Guthrie  
Josephine Calapa  
Anna & Richard Klahr; Annie & Tom Hull  
Dorothy & Ron Scull; Tom & Bridget Rubritz; Mr. & Mrs. H. Laird Ober; Samuel &  
Nancy McNaughton; John & Linda DuBois; Kathleen & Lawrence Manganaro & Pat  
Varacallo; The Family of Elaine Nelson; Dr. & Mrs. James Martino; Mike & Donna Skehan;  
Carmen & Patricia Pape



MEMORIALIZE OR HONOR A LOVED ONE OR FRIEND

In Memory of:

Belva Christian  
Laurie Collett  
George Day, Jr.  
Helen Dillman  
Josephine Domitrovich  
Mary Ann Duttry

Joseph Ferlazzo  
Angela Fleck  
Ramon Guthrie  
Richard Hiles  
Margaret Krebs  
Virginia Landini

Ann Law  
Karen Lepionka  
Naomi Lyle

Marian McLaughlin  
Charlotte Markovitch  
Dorothy May  
Patricia McIntosh  
Preston Michael  
Beryl Moose  
Mary Pullman

Sylvia & Abraham Rosen  
Charles Schutz  
Ronald Scull

Joseph Sikora  
James Slattery  
Nancy Swisher  
Kathryn Thomas  
Henry Verbeke  
John Ward  
Agnes Zelman  
Irene Zinzella

Requested by:

Dennis & Allen Christian & Greta & Louis Notto  
Bob, Denise & Lyndsey Good; Nancy Ruffner; Willis Collett & Kelsey & Zach Bauer  
Patricia Day  
Rod, Bobbie & Sinjin Shaffer, Ray & Georgie Lockitski; Michelle & Albert DiGilarmo  
Betty Eltringham  
Nittany Oil Co., Donna Erickson & Family; Louis & Ruth Gregori; Charles & Elaine Lee;  
Pentz Run Youth Services Independent Living Program; Michelle & Albert DiGilarmo  
Marie Ferlazzo  
Don & Denise McMillen  
Kim, Jason & Brenna Guthrie  
Michelle and Albert DiGilarmo; Lacey & Carol Kemp  
Mary K. Michael  
Personal Care Staff - Christ the King Manor; Steve & Marsha Harris; Gary & Ann Cristini;  
John Landini, Jr. & Family; Louise Castiglione; Rita Landini  
Mary K. Michael  
Linda Miceli  
Patti Ryba; Carmen & Patricia Pape; Don & Denise McMillen; Christine Klinger;  
Robert & Evelyn Chambers; Delbert & Shirley Reitz; Clair & Jeannine Crummy-Fye;  
McCalmont Township Volunteer Fire Co.; Oklahoma Elementary PTA; Oklahoma School;  
Dr. & Mrs. James Martino; Lisa & Richard Grieb; Mike's Comedy/Magic-Mike Gigliotti;  
Dr. Shah; Sue & Denna Hurd, Ray & Eleanor Depp  
Michelle & Albert DiGilarmo  
The Vagabonds Band - Denny, Dick Frank, Bob & John  
Debra Kaschalk  
Michelle & Albert DiGilarmo; Linda Miceli  
Mary K. Michael  
Michele Daugherty; Michelle & Albert DiGilarmo  
Personal Care Staff - Christ the King Manor; Michelle & Albert DiGilarmo; Linda Miceli;  
Rod, Bobbie & Sinjin Shaffer; Lacey & Carol Kemp; Patti Ryba; John & Janet Caruso;  
Jean Bojalad & R.J. Bojalad & Family; Michele Daugherty; Julie Suplizio & Family;  
Chuck & Linda Swisher; Mary Ann Parente & Family  
Barbara & Raphael Evins  
Debi & Jerry Knisely  
Personal Care Staff - Christ the King Manor; Lacey & Carol Kemp; Mafalda Costantini;  
Kathleen & Lawrence Manganaro & Pat Varacallo; Thomas Carpin, Jr.; Eileen Kalinowski;  
Mike & Donna Skehan; Carrie Fitzwater; Marlene Good; Barbara Sobczak; Rose Walters;  
Glenda & Bead Divins; Jeff & Ann Hoskavich, Ray & Rhonda Hoskavich, Al & Judy  
Stoddard and Frank Topeck; Bob & Leah Baronick; LuAnne Varacallo; Patti Ryba;  
Larry & Linda Scull; Edward & Lois Weir; Doug Carr & Family; Howard & Carol Scull;  
Linda & Darwin London; Walter Ferut; Mary Ann Parente & Family; Leo & Patty Klebacha;  
Julie Suplizio & Family; John & Janet Caruso; Michelle & Albert DiGilarmo  
Mary Jane Rusonis  
Rod, Bobbie & Sinjin Shaffer  
Chuck & Linda Swisher  
Nancy & Sean Malley  
Sarah Verbeke  
Betty & Aloyse McGreevey  
Rita & Kathy Zelman  
Mr. & Mrs. Mark Coppler

Looking For Caring Individuals

Volunteer Your Time!

We welcome the community to spend time with our residents at Christ the King Manor. We are actively seeking caring individuals who may want to volunteer an hour or two to assist with meal times, activities, or visiting with the residents who live here. If interested, please contact Linda Miceli at 371-3180 for more information on how you can make a difference in someone's life.



Marine veteran, Tom Berryhill, has been an invaluable Manor volunteer for many years. We would like to thank him for all he has done and continues to do for us as most recently he assisted with our Veterans Day celebration.

Chapel Masses

Christmas Day Mass  
Tuesday, December 25th  
9:30am



New Year's Day Mass  
Solemnity of  
Mary Mother of God  
Tuesday, January 1st  
9:30am



Christ the King Manor  
P.O. Box 448  
DuBois, PA 15801  
(814)371-3180

"The Future of  
Senior Care"

Change Service Requested

Non-Profit Org.  
U.S. POSTAGE  
**PAID**  
Permit No. 223  
DuBois, Pennsylvania

Merry  
Christmas