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See what's happening at
Meadowood this spring!



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Guess who's related
at Meadowood?



MEADOWORDS

A seasonal newsletter for friends
of the Meadowood community

SPRING 2017
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MEADOWWORDS

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All in the FAMILY

At Meadowood, we all consider ourselves to be one big family. Residents, board members and staff work together to create a vibrant, active community. When you look a little more closely, however, you'll discover that quite a few family members related by blood both live and work at Meadowood, including several sets of siblings that make their home here. Some of these pairs moved in at the same time; others moved in months or even years apart. Here are some fun family facts:

Toni Deever and her brother, Father Gasper Genuardi (yes, THAT Genuardi) followed in the footsteps of other family members. Their parents and uncle all lived at Meadowood. (Incidentally, the earlier generation of this legendary family founded Genuardi's Family Markets.)

Sisters Marilyn Kester and Shirley Watson also live at Meadowood. Marilyn and her husband, Gary, reside in a courtyard home, and Shirley makes her home in a beautiful, airy apartment not too far away.

Some people do a double take when they see identical twin sisters, **Nancy Merckel and Jane Hays**, having lunch together. Nancy moved in first, and Jane moved from Virginia about a year later.



Top left: Father Gasper Genuardi and his sister, Toni Deever • *Bottom left:* Sisters Jane Hays and Nancy Merckel • *Top right:* Sisters Marilyn Kester and Shirley Watson
Bottom right: Annette Biché and her brother, Dave Andrews

Continuing our sibling trend are **Dave Andrews and his sister, Annette Biché**. Dave moved in a few years before Annette, and they are trying to convince another sibling to join them! This brother and sister are neighbors, living in the same building.

Joyce Hutton and her sister, Jean Brown, along with their husbands, have resided at Meadowood for over a decade. The Browns moved here in 2000; the Huttons moved from northern New Jersey in 2003 and were the first residents in the West Hill houses.

Multigenerational families are often found in our community as well. We have two generations living at Meadowood, and the number of new residents who have parents living here increases every year.

Read about our related staff members in our blog at meadowood.net/blog.



Wish you were **HERE**

Gary and Marilyn Kester enjoy using their Hi-Lo camper several times a year. They usually escape the winter weather by camping for seven weeks at Fort Myers Beach. Their favorite camping adventures include trips to Branson, Missouri, and Glacier National Park.

CEO CORNER



*Paul Nordeman,
President & CEO*

Meadowood has a lot of unique features, such as our beautifully landscaped 131-acre campus, state-of-the-art fitness and wellness areas, spacious, customizable residences and commitment to the environment —

demonstrated by features such as our rain gardens and nature preserve. What really makes Meadowood unique, though, is our culture. As soon as you step through our doors, you can feel the warmth from our residents and staff.

Our residents take pride in our community and often refer friends and former neighbors to move to our campus. As you read in our cover story, our residents also refer their family members! Meadowood is truly a community. Our mission statement — provide the highest quality of life for all who experience the Meadowood community — reflects our warm, caring culture.



*Shannon Grieb,
Vice President,
Marketing*

Shannon Asks

How happy are your residents?

When you're visiting retirement living communities during your search for a new home, be sure to ask the sales representative if many residents refer friends to the community. If someone living in a community wants a friend or family member to move there as well, it is a true seal of approval!

RESIDENT SPOTLIGHT:

How does living in a **Life Plan Community** make you feel?



Corefree

"I cooked and cleaned all day long, taking care of the house and the garden.
Now I play all day."

— Dian Nolan, resident,
artist & Mahjongg player

TO YOUR HEALTH



Get moving!

Don't be intimidated to start a fitness program — even if you've never exercised in your life! Research shows the advantages of moving your body at any age. Here are just a few benefits of exercise:

- Helps maintain healthy bones, muscles and joints
- Assists in controlling joint swelling and pain associated with arthritis
- Reduces the risk of falling and fracturing bones
- Aids in lowering blood pressure
- Fosters improvement in mood and feelings of well-being

at HOME WITH *Miriam*



Miriam moved to Meadowood in June 2016. She chose a two-bedroom apartment, close to the community center. "The open space appealed to me," Miriam said. "I look out of my window and see beautiful trees. I was used to open space; I moved from 10 acres." Miriam also enjoys her balcony — having a spot outside to sit was important to her.

The second bedroom works well as a den, and she loves the spacious bedroom.

Miriam also wanted to share something with people considering a move to Meadowood: "The renovation process was quick and painless! Working with the Meadowood staff made it easy for me."

Floor plan: Elcot

- Square footage: 1,054
- Bedrooms: 2
- Bathrooms: 2
- Details: private patio



It all begins with **you.**

FREE EVENTS

you won't want to miss!

DINE & DISCOVER MEADOWOOD

Be our guest as we explore life at Meadowood, enjoy lunch and tour beautiful residences.

Luncheons are held twice a month at 11 a.m. Space is limited. Reserve early.

Wednesdays:
May 31
June 28

Thursday:
June 8



**Wednesday, May 24,
at 1:30 p.m.**

Presentation and refreshments, followed by a tour

Come hear Margit Novack, president of Moving Solutions, share strategies for making money from things you don't need. She will be joined by a panel of experts, including:

- An auction house appraiser
- An estate sales specialist
- A representative from Impact Thrift Stores

SUMMER Parade of Homes

**Thursday, June 15,
1:30 p.m.**

Join us for a tour of our most stylish residential homes.

- View a variety of residences, and get ideas for your own dream home.
- Learn about our customizable program.
- Find out about our special incentives.

Please RSVP

for all events at 484.991.4469
or register online at
DiscoverMeadowood.net.