

# it. Chat

Campus Programming to Enrich Your Mind Body & Spirit

Residential Living





2 3

3

4

5

6

7

8









## Inside

Spiritual Connections
News & Announcements
Birthdays
Trips
Support Groups, Activities,
Volunteer Corner, Auxiliary Life Enrichment
Movie Nights & Book Club

### nment ghts & Book Club

	5	
PBC TV	Programming	

#### **BERGINS CHOCOLATE**

The Auxiliary is selling 1/2 lb. boxes as a fundraiser. Sign-up sheets will be in the lobby at Maplewood and on the Auxiliary bulletin board outside of the Courtyard at the Ridge from Nov. 13 to Nov. 30. Candy pick-up will be Dec. 8 from 10am to 12pm in the lobbies of each building. PRE-ORDERS ONLY. There may be some boxes available for purchase Dec. 8 at pick-up time.

#### Mission

Our Mission, based on the Church of the Brethren values of service, integrity, simplicity and love, is to meet the physical, spiritual and emotional needs of all members of the Peter Becker Community.

### **Featured Activities**

Mark Your	Calendars	Everyone	Welcome
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#### Willow Creek Bluegrass

- Thursday, Nov. 2 at 7pm in the Chapel
  - Semi-Annual Memorial Service All Residents Welcome
  - Friday, Nov. 3 at 2pm in the Chapel
  - Join us in remembering our residents who have died from April 1 through September 30, 2017. The purpose of this service is to come together to honor residents from our community who have died and recognize the loss we feel in their passing.

#### **Variety Show**

- Thursday, Nov. 9 at 2pm in the Arbor Conference Center
- **Veterans Day Celebration**
- Friday, Nov. 10 at 2pm in the Orchid Terrace With entertainment by the Cheers Band

#### "Living Smarter" Education Series

Tuesday, Nov. 14 at 10am or 7pm in the Arbor Conference Center Presenter: PBC social worker Jackie Kees.

Topic: "Supporting Friends and Family in the Early Stages of Memory Loss" Please register online at the PBC website or by calling the Maplewood receptionist at 4011. Open to the public. Invite your friends and family.

#### 4H Bunny Hop

Thursday, Nov. 16, at 6:30pm in the Orchid Terrace

#### **Lebanon County Youth Choir**

Friday, Nov. 17 at 7pm in the Chapel

#### **Thanksgiving Eve Service**

Wednesday, Nov. 22 at 2pm in the Chapel Led By Chaplain Merlin Hedrick Please note: there is no evening service this week.

#### **Cookie Walk**

Friday, Dec. 1 from 3-5pm in the Orchid Terrace Holiday music by Kirk Maurer, photos with Santa and more! Bakers Wanted! Please drop off cookies to the Orchid Terrace on December 1 between 8am and noon. Thank you!

# Chaplain's Corner

# "Choosing Gratitude"

Dr. David Soper, in God is Inescapable, suggests that the main difference between a prison and a monastery is the attitude of those who live there. It's the difference between griping "This is my punishment," and gratefully acknowledgling "This is my privilege." In life, people in the same circumstances respond very differently depending on their attitude. Consider Matthew Henry, the famous scholar, who was robbed of his purse by thieves. He wrote in his diary: "Let me be thankful first, because, I was never robbed before; second, because, although they took my purse, they did not take my life; third, because, although they took my all, it was not much; and forth, because it was I who was robbed, not I who

By Merlin Hedrick

robbed." Would any of us have found so much to be thankful for in that circumstance? We all experience robberies or losses in life. Yet the choice to allow resentment and despair to imprison us or to look for the blessings that remain is up to us. As we approach the Thanksgiving holiday, may we remember that each of us, no matter what situation we find ourselves in, have the choice between life in a prison or a monastery.

#### Pastoral Care Video

Merlin is choosing an inspirational video to be aired on PBC TV (channel 1979) each month. See page 8 for the PBC TV schedule.

**Bulletins Available:** If you watch the Sunday worship service on channel 1979 and would like a large print bulletin so you can follow along, please contact Merlin Hedrick at ext 6817.



# Spiritual Connections

#### **Weekly Chapel Services**

Sundays at 10:30am Also live on Channel 1979

#### Semi-Annual Memorial Service

Friday, Nov.3 at 2pm in the Chapel

# **Evening Services with Worship Leaders**

7pm in the Chapel

#### Wednesday, Nov. 1

"The Making of the King James Bible" (video)

#### Wednesday, Nov. 8

Rev. Kathy Andonian, Holy Spirit Episcopal

#### Wednesday, Nov. 15

Mike Bishop, Blooming Glen Mennonite Children's Choir

# Wednesday, Nov. 22, at 2pm

**No Evening Service** 

Thanksgiving Eve Service

#### Wednesday, Nov. 29

Rev. Brad Melton with Jon Leight, St. Luke's UCC

#### Roman Catholic

#### Mass/Communion

Wednesday, Nov. 8 at 10:45am Chapel - Led by

Fr. Chung, St. Maria Goretti Roman Catholic Church

# Church Fellowship Hours Schwenkfelders

Friday, Nov. 10 at 2pm RV Craft Room

#### Indian Creek COB

Friday, Nov. 17 at 2pm RV Craft Room



### **Bible Studies**

#### **Neighborhood Bible Study**

Tuesdays at 10:30am in the Boxwood Conference Room Now studying the Gospel of Matthew

#### **Resident Led Women's Bible Study**

Wednesdays at 1:30pm in the Maplewood Club Room

#### RL Bible Study - "Perfected in Grace"

Fridays through Nov. 3 at 10:30am in the Board Room Led by Chaplain Merlin Hedrick

# Chaplains' News

#### **Chaplain Coffee Talk**

Monday, Nov. 13 at 10:30am Arbor Conference Center An informal discussion time with Chaplain Merlin Hedrick. Complimentary coffee, French vanilla cappuccino, hot chocolate and tea will be provided. Come ready to share how you stay thankful and positive.

#### **Sharing and Prayer Group**

Monday, Nov. 27 at 10:30am Maplewood Magnolia Room Come to lift up personal and community praises and prayer requests to God. Led by Chaplain Merlin Hedrick.

#### **Fall Spirituality Group**

Thursday, Nov. 2 at 3pm
Arbor Conference Center
Bob Coble and Merlin Hedrick will
conclude a three-part program
focusing on the book, Falling
Upward, by Franciscan priest
Richard Rohr. This group is open to
all residents. We will have a 90minute session with time for input
and discussion. Final session topic:
How do we make this work in our
lives? Copies of the book can be
borrowed by calling Merlin Hedrick
at 215.513.6817.

# **Meetings**

#### **ANNUAL MEETING**

All Residents Welcome

Wednesday, Nov. 15 from 3pm to 5pm

Arbor Conference Center All residents are invited to attend Peter Becker Community's Annual Meeting to meet the 2017 Board of Directors and to hear reports from the CEO, Board Chair, Auxiliary President and Auditors.

# 2018 Flower Show Theme Announced

### "Legendary Gardens"

From the depths of the oceans to the heavens above, we will dynamically portray legendary gardens using flowers as our inspiration. Get involved as we interpret the enchantments of Ireland, the allure of Atlantis, the head-turning Hanging Gardens of Babylon and the magnificent Mount Olympus.

Flower Show Kick-Off Meeting: Feb. 2, 2018 at 10am

Flower Show Production Teams: Feb. 5 – 13, 2018

Show Dates: March 15-17, 2018

#### **GET AWAYS & EVENTS — MAY HAVE ACTIVITY FEE**

### **Getaways**

#### Rainbow Dinner Theater Sex Please, We're Sixty

Thursday, Nov. 2 RVL 9:30am - MWC 9:45am Activity fee is \$59.00, includes meal, show and transportation.

#### **ROMEOS – Dublin Diner**

(Retired Old Men Eating Out) Thursday, Nov. 9 MWC 8:45am - RVL 9am Activity fee is \$4.00, meal at your own expense. RSVP by Nov. 7.

#### **Coventry Mall**

Tuesday, Nov. 14 RVL 10:15am - MWC 10:30am Activity fee is \$7.50, lunch at your own expense. RSVP by Nov. 10.

#### Juliets - Plaza Azteca

(Just Us Ladies Interested in Eating Together)
Thursday, Nov. 16
RVL 10:45am - MWC 11am
Lunch followed by time to shop at
Boscov's in the Plymouth Meeting
mall. Activity fee is \$4.50, lunch at
your expense. RSVP by Nov. 19.

# Shady Maple, Goods and Flower & Home Market Place

Friday, Nov. 17 RVL 9:15am - 9:30am Lunch and free time to shop. Activity fee is \$25.25, includes lunch. RSVP by Nov. 10.

#### Fulton Theater & Miller's Smorgasbord

RVL 10:45am - MWC 11am Sunday, Nov. 19 A Musical production of "A Christmas Story" followed by dinner at Miller's. Activity fee is \$104, show and meal included. This trip is full.

#### DCP Theatre Miracle on 34th Street

Sunday, Dec. 3 RVL 1pm - MWC 1:15pm Activity fee is \$18.50. RVSP by Nov. 17.

#### **Allen Organ Christmas Concert**

Thursday, Nov. 30 MWC 4pm - RVL 4:15 Dinner at John's Plain and Fancy Diner in Quakertown then concert in Macungie. Activity fee is \$28.00, includes ticket, meal at your expense. RSVP by Oct. 14.

#### **Philly Mansion Tour**

Tuesday, December 5 RVL 8:15am - MWC 8:30am Tour Strawberry Mansion, Laurel Hill and Cedar Grove. Activity fee is \$57.00, includes tours and box lunch. RSVP by Nov. 1.

#### **Coventry Mall**

Thursday, Dec. 7 MWC 9:15am - RVL 9:30am Activity fee is \$7.50, lunch at your own expense. RSVP by Dec. 1.

#### **Lansdale Community Concert**

Saturday, Dec. 9 RVL 6:15pm - MWC 6:15pm Transportation is for ticket holders only. Activity fee is \$2.50. RSVP by Dec. 1.

#### **Christmas Light Tour**

Tuesday, Dec. 12 Sign-up for 5:30 or 7:30pm. Light tour of our surrounding neighborhoods. RSVP by Dec. 9. Hot chocolate and cookies provided in Ridgeview and Maplewood lobbies.



# Terry Page's Christmas Open House

Wednesday, Dec. 13
RVL 1:45pm - MWE 2pm and
RVL 3pm - 3:15pm
Join Terry for a tour of her
beautifully decorated home. No fee.
RSVP by Dec. 1.

# **Dutch Apple Dinner Theater A White Christmas**

Thursday, Dec. 14 RVL 4pm - MWC 4:15pm Activity fee is \$71.00. RSVP by Nov. 1.

### **Happenings**

#### **Variety Show**

Thursday, Nov. 9 at 2pm Arbor Conference

#### **YMCA Orientation**

Monday, Nov. 20 at 10am Wellness Studio Come meet Alicia Fergus and listen to all that the Y has to offer. Light refreshments provided.

# **Christmas Decorating at Ridgeview Estates**

Tuesday, Nov 28 at 9:30am Cookies and refreshments will be available.

#### SAVE THE DATE: New Year's Eve Party

Sunday, Dec. 31, 8 pm - 12am
Arbor Conference Center
All Residential Living residents &
guests are invited to attend the New
Year's Eve Party at Maplewood.
Light refreshments and
Entertainment provided.
More detailed information will follow
in the December Chit Chat.

All trips are billed on your monthly statement and are nonrefundable for cancellations. Contact Irma Burns at 215-513-6823 or 215-703-4182 in Life Enrichment to reserve your seat.

#### **Activities**

#### Jewelry Making with Gloria Rich

Tuesday, Nov. 7 & 21 at 1:30pm Maplewood Craft Room Learn how to make earrings, bracelets or a necklace. Supplies provided.

#### **Manicures**

Wednesday, Nov. 8 at 2pm Tuesday, Nov. 21 at 10:30am Maplewood Craft Room Supplies are provided.

#### **Just Dance**

Monday, Nov. 6 and 13 at 10:30am Wellness Studio
If you love dancing to music, then this class is for you! Just move to the music in a new approach to fitness.

#### **Zumba Gold DVD**

Mondays at 2:30pm Wellness Studio

#### Don't Act Your Age

Fridays at 1pm
Arbor Conference Center
No experience necessary. \$5.00
class fee. Instructor: Madison
Jeronis

#### **New Activity**

#### Air Hockey Table - Wellness Studio

Grab some friends and have a friendly game of Air Hockey.
Contact Irma at ext 6823 if you'd like to learn how to play.

#### **Adult Creative Coloring**

Wednesdays at 10:30am Ridgeview Craft Room Colored pencils and books provided.

#### **Crafters**

Tuesdays at 1:30pm Maplewood Craft Room Make jewelry, crochet, knit or socialize.

#### Clubs

#### **Bridge**

Tuesdays at 1pm Maplewood Club Room Looking for new players. Contact Betty Schantz at ext 4108.

#### Veteran's Club

Monday, Nov. 4, at 1:30pm Arbor Conference Center We will have Erin Haselbarth from the PBC Billing Department as our main speaker. Come bring your questions and comments about your monthly statements to Erin, and you will get a clear answer. She is the center of PBC's billing universe. Other discussions will surround upcoming events such as PBC's Annual Veteran's Celebration, The POPS Salute to Veterans and our club's annual Christmas Gala. Don't miss the meeting; we are wrapping up the year with a fistful of goodies!

#### Smile-A-While

PBC's Humor Club Mondays, Nov. 13 & 27 at 2pm Maplewood Club Room For more information, call Jeanette Schmoyer at 215-703-4072 Everyone is welcome!

#### **Photography Club**

Monday, Nov. 13 at 2:30pm Maplewood Craft Room

#### **PBC Computer Club**

Friday, Nov. 17 at 1:30pm Arbor Conference Center

# Support

# Heartstrings: An Alzheimer's Support Group

Tuesday, Nov. 28 at 3pm Arbor Conference Center Come and gain support from others experiencing similar daily challenges. The group offers activities and support for your loved ones while meeting. Questions? Call Jackie Kees, MSW at 215-513-6815.

#### **FITNESS**

# Wellness Studio and Fitness Class Schedule

Flexibility, balance and strength are the keys to senior health. It's never too late to get started. Join us at one or all of the classes

Join us at one or all of the classes listed here for fun, fitness and overall good health.

#### Monday:

2:30pm Chair Exercise - RVF

#### **Tuesday:**

11am Tai Chi - WS

1:30pm Chair Exercise - WS

#### Wednesday:

1pm Jazzercise - WS2:30pm Chair Exercise - RVF

#### Thursday:

11am Tai Chi - WS1:30pm Chair Exercise - WS

#### Friday:

2:30pm Chair Exercise - RVF Watch PBC TV for updates or changes.

#### **Location Key**

WS - Wellness Studio RVF - Ridgeview Fitness Room



Please refer to the calendar for the dates, times and locations of all the activities, clubs and meetings.

### Life Enrichment

By Joe Monserrat

We have so many things in our lives to be thankful for. Whether it be our health, our spouses, children, great-grandchildren and others, there is always something to be thankful for. In November at PBC, we will celebrate our thankfulness in many ways. On Friday, November 10 we have a special program to honor our veterans at 2pm in the Orchid Terrace. The Cheers Band is back to play patriotic music for our vets! The 4H Club will be bringing the Bunny Hop back to the main campus building on Thursday, November 16 at 6:30pm, and the Lebanon Youth Choir will perform on Friday, November 17 at 7pm in the Chapel. There are a lot of fun things planned in November, and I believe I speak for everyone here at PBC that we are grateful to serve our residents! I wish you all a very blessed Thanksgiving! If you have a chance, please share what you are thankful for. There will be a place to write down what you are thankful for in both reception areas. They will be collected and displayed in the Orchid Terrace by November 15.

# **Auxiliary News**

By Ruth Swingle

As President of the Peter Becker Auxiliary, I would like to say "Thank you" for helping us raise close to \$6,000 for our Partnership Drive. The Auxiliary returns the funds raised in various ways to the Community.

This past year we gave \$40,000 to the Benevolent Fund, set aside \$12,000 for furniture in the Ridgeview Lobby, we promised \$12,000 for a Memory Board for our memory unit and continues to support the Golf Outing, Employee Week and made other minor contributions to our Community.

This is all made possible by the residents, staff and volunteers who so generously support the Auxiliary with their time, talents and resources.

I THANK YOU.

Ruth Swingle

# Volunteer Corner

By Janelle Adams

Pass it On by Julie Hebert

To thank someone as kind as you, Would take a lot of thought. But thankfully I've come to find, You're not in need of a lot.

You don't like presents or anything new,

You don't even need a card. You prefer your appreciations to be something of helpfulness, For someone else's regard.

Your belief is great that someone else should benefit,

From a deed well done.

With this I can see how great you have been,

To always be helping someone.

So here we are to give our thanks, To someone we are grateful for. May you receive everything you deserve,

We only hope you get much more.

**Reminder**: Volunteers, please wear your badges.

#### **Help Wanted:**

Bakers needed for the Cookie Walk! Please drop off your cookies in the Orchid Terrace on Dec. 1 between 8am and noon. Thank you!



Daylight Savings Time Ends: Before you go to bed on November 4, Turn Your Clocks Back One Hour!

# Movie Nights in November Join Your Neighbors at 7pm in the Arbor Conference Center



Mon. the 6th
"Star Wars: The
Force Awakens"
Three decades after
the Empire's defeat,
a new threat arises in
the militant First
Order. Stormtrooper
defector Finn and

spare parts scavenger Rey are caught up in the Resistance's search for the missing Luke Skywalker. PG-13/ Action Adventure Fantasy/ 2hrs 16 min



Mon. the 20th
"The Glass Castle"
Adapted from the
novel of the same
name, this family
drama follows future
writer Jeannette
Walls, who spends
her hardscrabble

childhood on the run with her negligent artist mother and storytelling alcoholic father. PG-13/ Biography/Drama/ 2hrs 7 mins





Mon. the 13th
"All of Me"
A dying millionaire
has her soul
transferred into a
younger, willing
woman. However,
something goes
wrong, and she finds

herself in her lawyer's bodytogether with the lawyer. PG/ Comedy/ 1hr 33mins



Mon. the 27th
"Wonder Woman"
Before she was
Wonder Woman, she
was Diana, princess
of the Amazons.
When a pilot crashes
and tells of conflict in
the outside world,

Diana, an Amazonian warrior in training, leaves home to fight a war, discovering her full powers and true destiny.

PG-13/Adventure/2 hrs 21 mins

Feel free to bring your snacks and beverages to enjoy while watching a movie! Movies subject to availability.

### PBC Book Club

# Thursday, December 7 at 2pm in the Ridgeview Craft Room "The Nightingale" by Kristin Hannah

Two sisters are separated during WW II. One in Paris, one in the country.

Books are available by contacting Mary Reichley at 215-723-3288 or George Keck at 267-932-8615. You can arrange for a copy through the bookmobile or you may also purchase your own copy. Bookmobile comes to Peter Becker Community the 1st and 3rd Wednesdays of the month at 10:15am outside Ridgeview Lobby.



#### **Movie Matinees -**

Friday 2pm, Saturday 2pm & 6:30pm



Nov. 3 & 4 "The Best Exotic Marigold Hotel" British retirees travel to India to take up residence in what they believe is a newly restored hotel. Less luxurious than advertised, the Marigold Hotel nevertheless slowly begins to charm in unexpected ways. PG-13, 2012, 2h4m, Comedy, Drama



Nov. 10 & 11 "The Blind Side" The story of Michael Oher, a homeless and traumatized boy who became an All American football player and first round NFL draft pick with the help of a caring woman and her family. PG-13, 2009, 2hr 9m, Biography, Drama, Sports



Nov. 17 & 18 "The Horse in the Gray Flannel Suit" Frederick Bolton's boss has instructed him to come up with a campaign to promote a new product, and his daughter Helen's biggest wish is to own a horse herself, a dream her father cannot afford. G, 1968, 1h 54m Family, Comedy, Drama



Nov. 24 & 25 "While You Were Sleeping" A hopeless romantic Chicago Transit Authority token collector is mistaken for the fiancée of a coma patient. PG, 1995, 1h43m, Comedy, Romance

### Pastoral Care Video of the Month

Tuesday, Nov. 14 at 6:30pm & Wednesday, Nov. 15 at 10am "Bless You Prison"

The true story of Nicoleta Valery Grossu's amazing survival in a Romanian Communist prison camp and how faith in the Lord strengthened her. 1h26m

Movie Selections are subject to availability. In the event that a movie is not available, a substitute title will air. Movie summaries are from www.imdb.com. More information, including content advisories, can be found at this site.

### Cable Service Tip

#### Do You Like Music?

You can turn to Channels 401 thru 450 to listen to all kinds of music.

441 is "Sounds of the Season"

You can easily get to channel 1979 by starting at channel 3 and hitting "channel down" 3 times.

#### PBC TV Happenings Give us 15 minutes and we'll give you the community!

#### What's Happening on Campus

- Announcements are scheduled to show every 60 minutes at the top of the hour. This may take up to 15 minutes.
- Activities and daily menus follow in rotation.
- Changes in scheduling, promotions and updates are reported to you on the crawl line at the bottom of the screen.

#### **Daily Meal Specials**

Seasons Café and Garden View

#### **Daily Audio Broadcast**

Each announcement is read aloud.

9 - 10am and 1 - 2pm

# **Sunday Services**

### **Peter Becker Community Service**

Sundays at 10:30am Live from the Chapel

The following churches provide us with videos of their latest Sunday service:

Indian Creek Church of the Brethren Service Airs Mondays at 2pm

#### **Zion Mennonite Church Service**

Airs Thursdays at 10am

