



We hope you are enjoying this mild Fall season. In this edition of The Reeder, you will see that there is a lot to celebrate at Sarah Reed. You will also find important information about the holidays here and other tips intended to keep everyone happy and healthy!

The first phase of the Reed House renovation is now complete. Our residents are very pleased with their new rooms.

For Erie Gives Day and the Fall Fling Fundraiser, we are thankful to our loyal donors, attendees, and supporters from the local business community. Your giving allows our residents to receive programs and items that enhance their daily lives.

As we begin the "Hustle & Bustle" let us all take some breaths, slow down when we can, and reflect. Be grateful, be generous, be patient. Happy Holidays!

## Renovation Phase 1 Complete!

The first phase of the Reed House renovation is complete and residents of The Maples & The Pines skilled nursing units moved into their new, updated rooms. These will be shared rooms temporarily during the next phase of remodeling, but by the end of the project we will have all private rooms, with the exception of 2 rooms which will remain double occupancy for couples, siblings, or friends. In the next phase of construction, the remaining resident rooms will be completed, and new living and dining rooms will be created. The estimated completion of Phase 2 is March 2018.

Pictured here are the finishing touches being put on the area completed during Phase 1. Staff members happily moved the residents into their new rooms. We appreciate the patience displayed by our residents and families during this process and are so happy that all of our residents now have fresh, modern rooms!



# Fall Fling Wrap Up!

Sarah Reed's 23<sup>rd</sup> Annual Fall Fling is "a wrap". Fun was enjoyed by all who were involved and attended. Designer purses, hotel & dinner packages, spa & luxury items, were just some of the many prizes and baskets won by the crowd. The event featured a fashion show by Chico's, and the emcee was Channel 24's News Anchor Jill McCormick. Special thanks to our Sarah Reed Staff models, Melissa Jones, Sujata Chhetri, and Renee Gank. These ladies looked fantastic, had fun, and were great sports to volunteer. There were new shopping vendors and attendees purchased treats for themselves, and got a jump holiday shopping too.

The Fall Fling raised approximately \$16,000 for the resident special purpose fund. Save the Date for next year's Fling, Saturday, October 20, 2018. We hope to see even more staff, family members and residents there next year. It really is a fun day!





## Halloween Happenings!

Halloween at Sarah Reed is always enjoyed by the residents, staff, and families of both! We were also happy to see so many residents in costumes and festive Halloween attire. Everyone enjoyed the musical entertainment and refreshments. The party marked the kick off of the Holiday Season. See the following page for important details about the upcoming holidays.





## 'Tis The Season



### *Holiday Meal Reservations*

For both Thanksgiving and Christmas, Sarah Reed will serve our residents a traditional holiday dinner. Residents will be served in the dining room of the area where they reside. Residents without guest reservations will be served the holiday meal from 11:30am-12:30pm. Residents with reservations for guests will be served from 12:45 pm to 1:45 pm.



Please call for reservations if you plan to join us as we have limited seating. To accommodate guest seating, only two guest reservations per resident will be accepted. Reservations can be made by calling 814-878-2872 (Rebecca Baughman.) Should Rebecca not be available, please leave a message and she will call you back. Only reservations made through Rebecca will be honored.

Please, do not ask a nurse or other Sarah Reed employee to make reservations for you as we will be unable to honor them. Unfortunately, we will not be able to accommodate walk-in guests or those without reservations.

Thanksgiving: Thanksgiving dinner will be served on Thursday, November 23<sup>rd</sup>. Reservations will be taken until 11/14/17. Make reservations by calling Rebecca at 814-878-2872.

Christmas: Christmas dinner will be served on Monday, December 25<sup>th</sup>. Reservations are being accepted now through 12/15/17. Again, call Rebecca at 814-878-2872 to make your reservation.

If you know that you will be taking a resident out for either holiday meal, please let Rebecca know as this helps us to increase our guest seating. Due to the high number of reservations at the holidays, we will be unable to provide any special luncheons or dinners on these holidays. Thank you for your understanding and cooperating with us.

### *Pie Sale*

Once again the Dietary Department will be selling homemade pie for the Thanksgiving holiday. The choice of pies are Dutch Apple, Pumpkin and Peanut Butter at a cost of \$9.50 each. You can place your order at the receptionist desk, payment is due upon ordering. Pies can be ordered from Nov.1 through the 20<sup>th</sup> with pick up from the kitchen on the 22<sup>nd</sup>. If you have any questions call the kitchen at Ext. 640.

### *Holiday Gift Wrapping*

Keeping with tradition, the Dietary Department will again offer a gift wrapping service for residents beginning December 1st through December 24th. If you are a resident with gifts to wrap simply stop by the table set up in the Reed Terrace hall near the Dining Room. The best part is that there is no fee for this service!

### *Gift Ideas For Seniors*



Sometimes it's hard to choose the right gift for an aging parent, grandparent, or loved one. After all, they've had a lifetime of gifts and often have a different perspective on life than you may have. Fortunately, we have some great gift ideas to help get you started...

- Adult Coloring Books
- Upbeat music CD's
- Hobby and craft supplies
- Funny books and movies
- An Ipad or Kindle Fire tablet, with lessons
- A lamp that mimics sunlight
- Talking Watches or Alarms
- Gentle exercise dvd's
- A Calendar marked with dates you will visit
- Lunch dates or Outings with family members
- A recordable book w/ grandchild's voice
- Brain Teaser and Puzzle Books or games
- Blank journals to write family stories and recipes.
- Memory journals with voice recorders are available
- A donation in their name to their church or favorite charity

These are just a few ideas, but keep in mind that what most seniors want is quality time with YOU!





## “It’s Is In Giving That We Receive”



On August 8, 2017, The Erie Community Foundation hosted a day of giving to eligible non-profit organizations. Sarah Reed was the recipient \$9,133 that day as a result of donations from residents, board members, staff, and friends of Sarah Reed. Special thanks to all who supported us so generously.

If you missed the Erie Gives Day, donations are accepted at any time and are tax deductible to the fullest extent of the law. An appeal will be sent out before the end of the year so donors can get a tax advantage. *A monetary donation of any amount to Sarah Reed, honoring a loved one, would make a great holiday gift for any of our residents!* **For contributions of \$1,000 or more, your name (or resident’s name) will be engraved on our beautiful Giving Tree, located in our main atrium.** Residents who have a place on the Giving Tree, exhibit great pride and happiness that their families have honored them in this impactful way.

Please contact Gale Magyar, Executive Director, 878-2610 or Bill Redditt, Chief Financial Officer, 878-2616, to make a donation.

## Sarah Reed Voted Erie’s Choice Finalist!

On October 25<sup>th</sup>, the finalists and winners of the Erie’s Choice 2017 Readers Poll were announced. We are pleased and honored to report the Sarah Reed was chosen as a finalist in the health care category for Best Retirement Facility. Thank you so much to all of you who voted for us and took the time to share the poll via email and social media!



## Stay Healthy

**It’s that time of year again. We all know someone who is “fighting a bug”. Protect yourself with these tips from Sarah Reed’s infection control nurse, Janet Kiehlmeier, R.N.**

Protect yourself from Flu, infections, and viruses by doing the following:

- Get a flu shot!
- Sleep well – aim for at least 7 hours
- Eat a well-balanced diet
- Exercise or meditate

Keep your hands away from your eyes, nose and mouth. These are portals of entry for germs.

Wash your hands or use hand sanitizer frequently, especially after coming in contact with these potential germ “hot spots”:

- Menus
- Railings
- Cell phones
- Money
- Elevator buttons
- ATM machine buttons
- Credit/Debit card machine buttons
- Vending machines
- Gym equipment

## Staff Anniversaries & News



Barb Noble celebrates 25 years of service with supervisors, Jen Hill, Jamie Lee, Janet Kiehlmeier and Kerry Kohart.



Congratulations to Cheryl Mellin who celebrated her 15th Anniversary with Terese Mathis, Kerry Kohart and Janet Kiehlmeier.



Fe Collins was excited to celebrate her 20th Anniversary with supervisors Kerry Clelland and Rebecca Baughman.



Mike Perschka celebrated his 5 year Anniversary with Linda Knapp.



Celebrating 5 years of service is Denise Devore with supervisor Carey Vieira.

## News Around Sarah Reed



Wedding bells were ringing on September 23, 2017 at Sacred Heart Church when Keirsten Merryman, Dietician married her high school sweetheart, Robert Lazarevic. The couple met when they were in high school and were volunteering at Zoo Boo. Congratulations!

Debbie Mann, Director of Maintenance, could not be prouder of her oldest Granddaughter, Desiree Mann, who after two years or dating James Simmons, married him on September 16, 2017, at Waterford Baptist Church, followed by a reception at Siebenbuerger Club. Desiree became a new mom when she married Jimmy, who has two sons, Aspyr, 5, and Eli, 4. The couple and their children now reside in Corry, PA. Debbie misses Desiree, but knows she is in good hands.



Congratulations to Carmen Poole. She won the employee appreciation drawing for the a basket containing: \$75 gift card to Massage Envy, an inspirational book, an adult coloring book, a bottle of sparkling wine, a treat from Harry and David's, a \$20 gift card to Picasso's, and a \$25 gift card to Jr. Last Laugh". Thank you all for everything you do every day to make Sarah Reed a better place to work.



Carol Tincher, CNA, Zurn Pavillion, is beaming with the birth of her 1st Great Grandson! Roman Princeton Philip Barrantie was born October 26, 2017, at 5 lbs., 7 ozs. & 19" long. Proud mother is Grand daughter Jazlyn Peters.



Retired Sarah Reed nurses, Helen Rogers and Kakie Dudas came to visit us in August. Helen was in town visiting family, and asked her son to bring her and former co-worker Kakie to see our newly expanded facility. The ladies reflected fondly about the years they spent at Sarah Reed and were happy to meet up with some former co-workers who are still working here. They were very excited to see the Skilled Nursing addition, and commented how on home-like and comfortable it is. It was such a pleasure to have Helen and Kakie here, and to have them reminisce on senior care in their generation, here at Sarah Reed.



Pictured are Helen Rogers and Kakie Dudas with Sarah Reed Housekeeper, Jackie Jordan, former co-worker of theirs.



Missy Jones, current RN Supervisor enjoyed meeting retired nurses, Helen and Kakie.



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### Reed House

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Georgette Pius

We appreciate your referrals!

If you know anyone in need of our services feel free to share our contact information:

Tours and Information for Residential Apartments, Personal Care & Memory Support

Carey Vieira – 814-878-2651

[CareyVieira@sarahareed.org](mailto:CareyVieira@sarahareed.org)

Tours and Information for Skilled Nursing Care

Dina Scribner – 814-878-2626

[DinaScribner@sarahareed.org](mailto:DinaScribner@sarahareed.org)

### Readers:

If you would like to receive future editions of The Reeder via Email, or if you have news that you would like to share, please email Debbie Redditt at [debbieredditt@sarahareed.org](mailto:debbieredditt@sarahareed.org) or call 814-878-2612.

**The Reeder** is a quarterly publication of Sarah Reed Senior Living. Chartered as Erie's First Welfare Agency in 1871, Sarah Reed is a private non-profit corporation.

### Mission Statement:

Sarah Reed Senior Living will provide quality healthcare, housing and associated services to residents in a caring and trusted environment.

