

Garvey Manor & Our Lady of the Alleghenies AT-A-GLANCE 2018 Fall Issue



All Aboard the 2018 Garvey Manor Hydration Campaign

Garvey Manor and Our Lady of the Alleghenies staff adopted a resident for the summer to encourage hydration. Every day a train whistle blew and staff were reminded to “Get on Board” and hydrate with their passenger. “Thirsty Thursdays” were designated as special days for fun, hydration treats, and activities. Staff, residents, volunteers, visitors, and family members were encouraged to participate throughout the summer. The train theme was complimented with train motifs, train whistles, and related music.



Director of Nursing Lori Gildea and Linda Sell Director of Our Lady of the Alleghenies Residence help staff member Diane McElheny adopt her passenger for the summer hydration campaign.



So many staff participated that train cars lined the entire concourse hallway to showcase the participating staff members and their passengers.



LEFT: A parade was held to kick-off the campaign. Resident Mendel Covitch, former CFO, Tim Graupensperger as the train conductor and Dietician Tori Watters as the hydration Princess rest near the engine.



RIGHT: Elaine Polambi made quite a statement at the parade with her sign that read, “Hello friend, you should hydrate more!!”



Pastor Rob Ranson enjoyed throwing “Three Coins in the Fountain” during a Thirsty Thursday.



Madeline Vogel and her daughter took advantage of the sun to enjoy Thirsty Thursday treats outside!

Garvey Manor and Our Lady of the Alleghenies Residence

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Greetings from Sister Joachim Anne,

With the late arriving, but nevertheless inevitable feeling of Autumn in the air, we once again change the mode of activities, events and décor of our home to reflect the change of season. Although this summer was the rainiest on record and unprecedented downpours dampened some summer plans, our residents still experienced a wonderful summer with many events, outings, and time to just be outside to enjoy nature at its lush finest.

As we steep ourselves in Autumn, I cannot help but reflect on the words of our Foundress, Venerable Mother Angeline Teresa O. Carm. in reference to our ministry when she established our Congregation 89 years ago... “to clasp the hand of an aged person and give meaning to the autumn of life.” This beautifully captures the ministry we seek to provide to each of our residents, as an individual in the latter years of their lives.

Our phenomenal, dedicated staff are schooled in our Mission and Philosophy. They embrace our vision to make a positive, lasting difference in the life of each resident, no matter how long they live with us. Respect for life at all stages is our primary core value, setting the tone for all that we do. We hope this issue of

Garvey-at-a-Glance gives you a deeper awareness of our commitment to live our motto: The Difference Is Love. In whatever way you have a relationship with us, thank you for being an extension of our ministry during all the seasons of the year.

God Bless,

Sister Joachim Anne

2018 McKnight's National Technology Award

McKnight's, a national publication for long-term caregiving professionals, especially those in skilled nursing, is pleased to announce the Senior Living winners of its 2018 McKnight's Technology Awards contest. The annual Technology Awards competition recognizes operators who are harnessing technology to better serve residents and their business interests. “In the highly competitive senior living sector, applied technology is becoming both a differentiator and a game changer,” said John O'Connor, Editorial Director for McKnight's.

The 2018 contest offered 10 categories for senior living communities. Entries from across the country, described the technology involved, how it was used -- and most importantly, the benefits that resulted. An independent panel of experts selected Gold, Silver and Bronze winners for each category. Garvey Manor has been selected as the Bronze Winner in the category of Quality of Care for its use of iPad technology to improve the quality of life for residents and lessen the use of antipsychotic medication.

We are honored and proud of the accomplishments our staff have embraced in using the IPADS to benefit the quality of life of the residents we serve. Personally directed messages from loved ones to specific residents are used to calm anxious behaviors or cue participation in activities of daily living. Residents also enjoy exercising with the IPADS, bowling, trivia, face-timing families, and many other innovative and creative interventions.



For more information about using this type of technology with your loved one. See a member of the Activities Department.



Hoe-Down 2018

The annual family picnics for Garvey Manor and Our Lady of the Alleghenies Residence were held on August 18th and 19th. The residents, families, staff, and guests had a wonderful time of camaraderie, food, and entertainment. The weather was ideal to enjoy the courtyard/barnyard. Our Hoe Down theme was complete with cowboy attire, western theme décor, a fiddler, wonderful food, a live horse, and chickens! “YEEHAW!!” Fun was had by all!!



Abbie was out to steal the show in her cowboy outfit.



Mary Jane Kimmel Sr. Ann, Joyce Kerns, and Naomi Yon wait for the fun to start.



Clem Fogel and Sr. Robert enjoy some cool refreshments at the Hoe-down while waiting for the chow line to begin.



Helen Molnar spends some time with Joy the horse.



Patricia and Charles “Chick” Dillen enjoying the Hoe-Down.



Mission and Ministry

FOUNDATION DAY

September 3— is Foundation Day for the Carmelite Sisters for the Aged & Infirm! 89 years of service to the Aged and Infirm!

In 1929, Mother Mary Angeline Teresa pioneered a different approach to the care of the elderly and infirm. In addition to fulfilling physical and spiritual needs, she stressed the importance of a home-like atmosphere that encouraged residents to maintain their personal sense of dignity and independence. To that end Mother Angeline founded a new religious community - the Carmelite Sisters for the Aged and Infirm. They were steeped in Carmelite spirituality and dedicated to a ministry serving the elderly. With six other Sisters she set about making her vision a reality. From this new beginning in Bronx, NY, the ministry of the Congregation flourished. The Community was invited to minister in many states such as Pennsylvania, Massachusetts, New York, Florida, Ohio, Kentucky, Illinois, and Ireland. We currently serve in 20 facilities in the United States and Ireland. Mother Angeline Teresa's philosophy of care is the keystone of the Carmelite commitment. The Sisters labor to make each Carmelite Home a genuine haven of love and Christian joy, serving each guest as if ministering to Our Lord Himself. Through their lives of prayer and in concert with the dedicated men and women who share their commitment to serve the elderly, the Carmelite Sisters share the Gospel message with the people of God and bring His love and healing to the aged entrusted to their care. Carmelite homes look like, act like, and feel like "home."

Venerable Mary Angeline Teresa (center) and her six companions



Carmelite Core Values:

- Shared Commitment
- Respect for the Sanctity of Life at all stages
- Compassion
- Hospitality

OUR STAFF ARE OUR GREATEST ASSET

A Picnic lunch featuring Dog's Dawg's closed out summer festivities for us with a staff picnic that included delicious hotdogs, chili mac and cheese, cake, chips, and beverages!

Without our staff we would not be able to carry on the unique Mission and Ministry which Mother Angeline envisioned 89 years ago.

Pictured is: Doug Rhodes of Doug's Dawg's, Cindy Shaw, RN and Craig Ross, Maintenance, waiting patiently for their lunch.



New Beginnings

After 22 years of devoted service, CFO, Tim Graupensperger has taken a new position as CFO at ARC Federal Credit Union. Tim has always embodied the Mission and Ministry of Garvey Manor. It is through his wise stewardship that our sustainability has remained solid and prosperous. Tim wore a very serious hat as our CFO but he also wore many other hats that made him a special part of the lives of the residents. We are sorry to see Tim go but as one door closes another one opens. We are very happy for him and wish him the best in his future endeavors.

Taking over for Tim as the new CFO is Steven Dale. Steve is a graduate of The Pennsylvania State University with a Bachelor's of Science in Accounting. He is a Certified Public Accountant. He is a member of the American and Pennsylvania Institutes of Certified Public Accountants. He is a past President of the Central Chapter of the PICPA. The majority of Steve's career has been in long-term health care. He resides in Loretto PA with his wife and family. We welcome him to Garvey Manor and Our Lady of the Alleghenies. Please stop by the Business office to welcome Steve to our family.



Connie Metzger enjoyed getting her picture taken with her favorite CFO.



Ruth Urbaine gets a visit from "Santa Tim".



Tim hands the reigns over to new CFO, Steven Dale at the Hoe Down.

2018 Retiree's

- **Kathy MacDonald**, Laundry Aid in October-46 years service
- **Michele Holland**, Licensed Practical Nurse/Team Leader in May-31 years service
- **Avis Shaw**, Certified Nursing Assistant in June- 26 years service
- **Cynthia McClellan**, Dietitian/Acting Director of Dietary in June- 25 years service
- **Denise Hancuff**, Certified Nursing Assistant in May- 24 years service
- **Margaret Cooper**, Certified Nursing Assistant in May- 15 years service
- **Andrew Jones**, Director of Maintenance in January- 15 years service
- **James McCulloch**, Assistant Director Housekeeping and Central Purchasing in August- 6 years service



Kathy MacDonald celebrates her retirement with Supervisor Mike Ross and Administrator Sister Joachim.

How you can become a part of our Mission & Ministry sustainability...

Charitable giving to a worthy cause...

As a free-standing, independently owned, Retirement Community, Garvey Manor is financially self-sustaining. 100% of proceeds raised from donations and fundraisers stay at Garvey Manor and Our Lady of The Alleghenies.

Charitable giving to Garvey Manor is a very meaningful way for donors to be a part of our Mission and Ministry. Our Ministry of caring continues because of the generosity of donors such as yourself. Because of our 501(c)(3) non-profit organization status, contributions are tax deductible to the extent permitted by law.

Please consider us at the end of 2018 with your Required Minimal Distribution- Qualified Charitable Distributions (QCD) from an IRA or Roth IRA.

DAF's (Donor Advised Funds), inclusion in wills, memorials for deceased loved ones, and honorary donations, in any amount, are appreciated. Other means of giving to consider can include, but are not limited to, bequests, endowments, trusts, securities, life insurance, and real state.

Among other projects, funds are used for Benevolent Care. The Benevolent Care Fund makes it possible for us to extend our ministry to the residents who have established their roots within our facility and can continue to live in a dignified manner, even though they have exhausted their available financial resources. Proceeds are also used to purchase furnishings and equipment used by the residents and to enhance the services and life enriching activities we provide. Donors may also designate special gifts to improve our home.

The Carmelite Sisters and the residents of Garvey Manor and Our Lady of the Alleghenies Residence thank you for considering our Ministry as a recipient of your charitable giving.

Please call Holly Keller at 814-695-5571 to discuss your intentions.



FALL FUNDRAISERS: Save The Date

• Annual 400+ Club Drawing November 4th

Memberships are available for the annual 400+ club drawing . For a \$100.00 donation participants have the chance to win part of \$12,000 in prizes. Call Garvey Manor for more information or to support this project.

• Amish Quilt Raffle– Drawing November 4th

Chances to win a beautiful hand-made authentic, Amish quilt can be purchased at the receptionist desk.
Chances are \$1.00 a piece or 12 for \$10.00

• Personalized Book Sale– November 20th 8:30-3:30 in Carmel Hall.

Great gifts for Christmas, Birthdays, or other special occasions! Create a personalized children's book featuring the child's name personal hobbies, experiences, favorite characters, and events.
20% of Total Sales will be donated to our Benevolent Fund.



Our Mission is: To promote and provide personal and professional quality of care and services in an atmosphere reflecting Christ's compassion, love, and concern for the elderly.

