

Distinguished Staff Award Winners Honored on November 7

Five St. Paul's team members were honored on Wed., November 7 at the annual Distinguished Staff Awards Recognition program. **Ron Ashbaugh**, Fitness Coordinator at The Villas was the recipient of the Staff Extra Effort Award. **Gina Copper**, LPN at Jones Serenity Circle and **Linda Iliff**, Office Manager for Without Walls both received Staff Leader Awards. **Donny Yankle**, Human Resources Specialist, received the Staff Newcomer Award and **Cheryl Lamp**, Dining Aide at The Villas received the Staff Dining Award.



L to R: Linda Iliff, Gina Cooper, Donny Yankle, Cheryl Lamp, Ron Ashbaugh

As he welcomed the audience, President & CEO Chris Wright shared, "Of course we have a beautiful campus, but it's not the brick and mortar that

make this a beautiful place. What makes St. Paul's beautiful is the great people, the great team that shows an amazing amount of dedication and compassion everyday that you see and feel when you walk through here."

David Reeves, chairperson for the Board of Directors, commented on the list of 62 employees who were nominated for this year's awards, "It's amazing how many people were nominated. The board is blessed to be part of this organization. Even though we don't work with you all every day, we know the fruits of your labor and appreciate it so much!"

Following the award ceremony, Ashbaugh took to the podium to share his perceptions of the employee family at St. Paul's. He said, "Although these are individual awards, they are not individual accomplishments. [On behalf of the award winners] we want to recognize and say thank you to not a few people but to everyone who chooses to be part of this team and contributes to the success of this great place." He continued to highlight the importance of each campus department, stating that "nursing is the heart and soul of this place." He then reminded everyone that, "our residents give us purpose so that we can all use our skills and talents."

Congratulations to these very deserving staff members!

Accessing the digital version of Campus Connections is easier than ever!

Visit www.stpauls1867.org/about/publications to read current and archived issues of Campus Connections.

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Merry Christmas from St. Paul's!



*Raindrops on roses and whiskers on kittens
Bright copper kettles and warm woolen mittens
Brown paper packages tied up with strings
These are a few of my favorite things...*

What are your favorite things that come to mind when you think about Christmas? Perhaps it's a favorite dish that your mom always makes. A favorite gift that you especially cherished from your spouse. A favorite memory of your children opening presents on Christmas morning.

As you get older, Christmas can become poignant as you recall the favorite people and traditions that are no longer part of your life. This is why we strive to make Christmas extra special for our residents. Despite the loss in their lives, it's still a time to celebrate Christ's birth, the love of family and friends and the joy of giving. Their Christmas can still be filled with **a few of their favorite things** - comfort, joy and laughter.

You make that possible by giving to the annual Resident Christmas Appeal. Because you give, every resident at The Villas, The Heritage and The Ridgewood will receive a special present. You will also make the fulfillment of a few Christmas wishes possible that will bring comfort, joy and laughter throughout the year. You can see some of the resident "wish list" items on the left.

Will you help bring the magic of a few favorite things to St. Paul's this Christmas by making your best gift today?



*P.S. You can make your gift quickly and securely at www.stpauls1867.org or send in a check to:
St. Paul's Charitable Giving Office
341 E. Jamestown Rd
Greenville, PA 16125*

— Annual Legacy Society Luncheon —



The 7th Annual Legacy Society Luncheon was held on November 8 in the Headland Friendship Commons at The Villas. The Legacy Society was created in 2000 to recognize generous donors who have elected to support St. Paul's mission through a deferred gift or named fund. Today there are 57 living members of The Legacy Society and 76 who have passed away. If you are interested in joining The Legacy Society, please contact Dawn Hartman, Director of Planned and Major Giving at 724-588-9613 ext. 1214 or dhartman@sp1867.org. Dawn is pictured below (center photo) with Gerry McElree who is a member of the Legacy Society and a member of the St. Paul's Board of Directors.

Twenty-eight Legacy Society members attended and were honored at the event. Guest speakers included Erica Gulentz (below left) and Donna Boyd (below right) who both shared their feelings about "Life at St. Paul's" as an employee and family member, respectively.



*"God gives us things to share,
God doesn't give us things to hold."
— Mother Theresa*



A monthly gathering for residents, families and staff at St. Paul's and members of the community who are seeking support as they cope with loss.

NEXT MEETING:

Thursday, December 6
6:30 - 8 p.m.
 The Villas Conference Room

Contact group facilitator, Pastor Julia Fraser, at 724-588-7610 ext. 1145 for more information or with questions.

alzheimer's association®

caregiver support group

enhancing the lives of alzheimer's caregivers



Alzheimer's Association Support Groups are meetings for individuals who are caring for someone living with Alzheimer's disease or another dementia. Get support, receive helpful tips, connect with resources. **You are not alone.**

Presented by: Alzheimer's Association Greater PA Chapter

Tuesday, Dec. 4
2 - 3:30 p.m.

The Keifer Building at St. Paul's
 341 E. Jamestown Road, Greenville, PA 16125
 Contact: Michelle O'Malley • 724-588-9613 ext. 1427

We welcome: Caregivers, Care Partners, Family Members, Friends, Neighbors, Community Members & Professionals.

~ IN MEMORIAM ~

Residents who have passed

October 16, 2018 – November 15, 2018.

10/16/18	Elma Robinson
10/16/18	Janet Summerlin
10/17/18	Robert Kelso
10/18/18	Joyce Martin
10/20/18	Kirk Steadman
10/23/18	Eugene "Kirt" Dillon
10/25/18	Anna Breitenbach
10/25/18	Horace Reichard
10/28/18	Yvonne Klaric
10/29/18	Janice Yesko
10/30/18	Anthony Palanti
11/02/18	Joyce Reardon
11/06/18	Esther Weygandt
11/13/18	Lena Barlett
11/13/18	William Guesman
11/13/18	Sandra Pears
11/15/18	Evelyn Svarny

VOICE

VOICE OF INSPIRED CHANGE FOR ELDERERS



Adele Lehosky (above, right) and Jan Brown from the Pennsylvania Department of Aging, presented at the VOICE Accord seminar on Nov. 14. The presentation celebrated "PEER." The Pennsylvania Empowered Expert Resident program trains residents of long-term care to advocate and empower consumers to step up and go beyond their own expectation.

Tammy Lininger, administrator at The Villas and Adele represent St. Paul's on the advisory committee for the western region of VOICE.

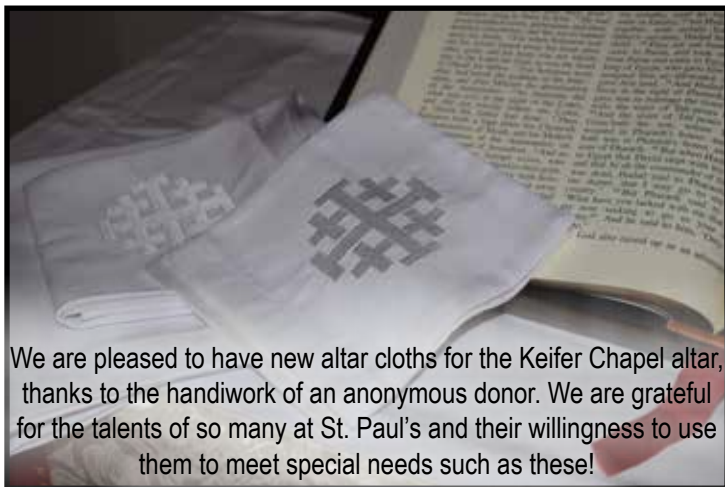
Spiritual Services



The three weekly Bible Study groups are now studying the Gospel of Luke. This Gospel, written by Luke the physician who was a traveling companion of the Apostle Paul, tells the story of Jesus' life and ministry in a unique way, with a special concern to show Jesus'

interest in those considered "least" in society at the time: the poor, the sick, children, the aged, the outcast, and women. Some of the most beloved passages in the entire Bible come from Luke's Gospel: the story of Jesus' birth at Christmas, the Parables of the Good Samaritan and the Prodigal Son, and the post-resurrection story of the Walk to Emmaus. Newcomers are always welcome!

Thanks to the Bell Choir from Hillside Presbyterian Church for providing special music at the annual Service of Remembrance held at St. Paul's on Sunday, Nov. 4. We appreciated their beautiful music and their willingness to be partners with us in offering comfort to bereaved family and friends at the loss of loved ones.



We are pleased to have new altar cloths for the Keifer Chapel altar, thanks to the handiwork of an anonymous donor. We are grateful for the talents of so many at St. Paul's and their willingness to use them to meet special needs such as these!

Thanksgiving for Giving

Each year at St. Paul's we set aside a Sunday in the fall calendar as our "Thanksgiving for Giving Sunday," and this fall that occurred on Christ the King Sunday, November 25. On that day we celebrated the following disbursements of weekly offering monies made by our Spiritual Council:

- \$500 – Greenville Relay for Life
- \$1,200 – Salvation Army
- \$500 – Reynolds School District Summer Backpack Food Ministry
- \$500 – Neighbor-to-Neighbor summer ministry
- \$250 – His Work, His Way
- \$500 – Walk to End Alzheimer's
- \$500 – Good Samaritan Fund
- \$3,450 – Disaster Relief through the United Church of Christ
- \$700 – Good Shepherd Center
- \$300 – Resident Christmas Appeal, St. Paul's

Additionally, in February, Colony residents made and sent back with our Women's Retreat speaker 10+ tied fleece blankets for use in resettlement efforts of Puerto Ricans who have come to the Philadelphia area following Hurricane Maria.

In August, the Spiritual Council sponsored an in-kind offering of Back-to-School items for school children which was distributed through the Good Shepherd Center.

And in November, the Spiritual Council invited St. Paul's to participate in the annual Harvest In-gathering offering of canned goods and non-perishable food items that were delivered to the Good Shepherd Center and Salvation Army for to those in need.

We give thanks for all the offerings lovingly given across our Sunday morning services across the year and for the opportunity to support ministry and mission here and elsewhere and to be in continued service to those in need.

Thanks to the following persons currently serving on our Spiritual Council who offer guidance on these and other decisions: Pastor Glenn Sadler and Bert Heckman from the Colony; Ruth Ann Jones from the Ridgewood; Shirley Brown, George Erwin, and Pastor Ray Brugler from the Heritage; and Mary Ellen Shaw from the Villas.

Colony residents are invited to a special Christmas Season Worship Service on Monday evening, December 10 at 5 p.m. at the Keifer Chapel. This is in lieu of the regular monthly Wednesday service.

A Message from Pastor Bill

Jesus intervened: “Let the children alone, don’t prevent them from coming to me. God’s kingdom is made up of people like these.” Mt. 19:14 (The Message).

Children take center stage this time of year for a couple of reasons. Christmas is all about Jesus’ birth in a stable in Bethlehem. And how precious is the gleam in the eyes of children on Christmas morning as they see the sparkling tree with presents beneath.

Jesus tells us that His kingdom is made up of ones like these children He blessed in Matthew 19, and sometimes children have special insight to share with us grown ups.

Our nearly 8-year-old granddaughter Nina told us in late October that this year she wanted to have a “Christian Christmas,” no Santa lists or thinking about presents. Just about Jesus.

Last year Grandma Connie and I got her a children’s Bible that she has been reading with the help of her mom and dad, especially when it comes to big words and concepts she isn’t quite sure about the interpretation. From reading and discussion, she has come to understand that “Jesus is the reason for the season” and wants to make His coming the focus of her Christmas.

In a conversation a few weeks later, she revised her plan to give and receive a few gifts and have a Christmas tree, but still to focus on Jesus and what His birth means to us.

Her revised plans sounded very good to us. Enjoy decking the halls, trimming the tree, making the fruitcake and wrapping gifts, but remember to focus on the true reason for the season:

“This is how much God loved the world: He gave his Son, his one and only Son. And this is why: so that no one need be destroyed; by believing in him, anyone can have a whole and lasting life. God didn’t go to all the trouble of sending his Son merely to point an accusing finger, telling the world how bad it was. He came to help, to put the world right again. Jn. 3:16-17 (The Message)

We wish you a blessed and Merry Christmas. —Pastor Bill Kirker

WORSHIP SCHEDULE AND SCRIPTURES FOR DECEMBER 2018

Regular Sunday Worship Services are:

- 9 a.m. – The Heritage, Anderson Fellowship Hall**
- 10 a.m. – The Villas, Headland Friendship Commons**
- 11 a.m. – The Ridgewood, Harmony Hall**

December 2, 2018 — First Sunday of Advent

Scriptures: Jeremiah 33:14-16 Psalm 25: 1-10
1 Thessalonians 3:9-13 Luke 21: 25-36

Pastor Bill Kirker will lead all three worship services.

December 9, 2018 — Second Sunday of Advent

Scriptures: Malachi 3:1-4 Luke 1:68-79
Philippians 1:3-11 Luke 3:1-6

Pastor Julia Fraser will lead all three worship services.

December 16, 2018 — Third Sunday of Advent

Scriptures: Zephaniah 3:14-20 Psalm 4:4-7
Philippians 4:4-7 Luke 3:7-18

Pastor Julia Fraser will lead all three worship services.

December 23, 2018 — Fourth Sunday of Advent

Scriptures: Micah 5:2-5a Luke 1:47-55
Hebrews 10:5-10 Luke 1:39-45

Pastor Bill Kirker will lead all three worship services.

Holy Communion will be distributed during all three services.

December 30, 2018 — First Sunday After Christmas

Scriptures: 1 Samuel 2:18-20 Psalm 148
Colossians 3:12-17 Luke 2:41-52

Pastor Bill Kirker will lead all three worship services.

SPECIAL SERVICES DURING ADVENT AND CHRISTMAS

**Colony Advent Vesper Service — December 10, 2018 – 5 p.m.
Keifer Building Chapel**

CHRISTMAS EVE HOLY COMMUNION — December 24, 2018

Scriptures: Isaiah 9:2-7 Psalm 96
Titus 2:11-14 Luke 2:1-14 (15-20)

**The Villas – 10 a.m.
The Heritage – 1:30 p.m.
The Ridgewood – 3 p.m.**

*Pastors Bill Kirker and Julia Fraser will co-officiate at these services.
Eucharistic Ministers will visit the neighborhoods
in the Villas following the 10 a.m. service.*

IMPORTANT: Securing Resident Valuables

St. Paul's strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul's. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident's nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul's also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul's of all valuable property upon admission and ongoing if new items are added to or removed from the resident's possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul's does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

Storage Units Available

at
**Rust
Colony Square**

Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

Unit sizes and new rates for 2018 are:

5' x 10' – \$40/month

10' x 10' – \$52/month

15' x 20' – \$115/month (includes walk-in door
+ electric)

Contact Melissa Villard at 724-589-9613 ext. 1208 with questions or if you wish to rent a storage unit.

Signature Strength: Courage

In the tradition of “positive psychology,” we encourage family caregivers to know and use their signature strengths. These personality traits can become reliable tools.

Courage, for example, has many faces beyond bravado and derring-do. See if you recognize yourself in these descriptions.

Honesty and integrity are facets of courage.

Are you a person who insists on living by your values? Do you prize authenticity? Courage is at the root of what it takes to

- know your limits and take respite breaks when you need to;
- talk compassionately with a family member about behaviors that are not healthy;
- ask a sibling to participate more in helping out with Mom or Dad.

Steadfastness. Another aspect of courage is the willingness to continue even if the going gets tough. Think about ways you advocate for your parent with the healthcare system. Or perhaps you've found yourself calmly handling once-unimaginable tasks in personal care or wound care.

Maintaining focus. Courage also involves feeling several things at once, yet staying focused. A courageous person may feel fear. But they steady themselves with a belief that they can have an impact. The thoughtfully courageous assess situations with eyes wide open. They see the risks. Rather than run, they look for ways to reduce the chance of a negative outcome.

Tempering qualities. The roar of a lion—a blustery manner or righteous indignation—may look like strength. But that type of courage is not usually constructive in family dynamics. Better to remember that lions can be tender too, and they work for the overall good of the pride.

Courage may not be something you think of as your signature strength. This fresh look at the many sides of courage may help you see the daily bravery you exhibit as a family caregiver.

Transportation Reminder

In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting 30 minutes before their appointment time unless otherwise notified. Residents at The Villas, Heritage and Ridgewood are asked to wait in the lobby.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

~ Reserving Social Areas ~

Robyn Weaver, Executive Assistant, is the contact person when families want to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion.

You can reach Robyn at 724-588-7610, ext. 1146. She will be happy to help you plan your event!

Check us out on Facebook & Follow us on Instagram!



Search for St Pauls Senior Living Community and find regular updates on our activities, events and resident life.

Share the good news at St. Paul's with your friends and neighbors! Be sure to "Like" our page (not just our posts) and "Share" our news on your personal Facebook page. "Invite" your friends and family to "Like" our page, too!

Make sure to also "Like" St. Paul's Without Walls too!

Instagram is a simple, fun & creative way to capture, edit & share photos, videos & messages with friends & family.

Search for and follow [st.pauls1867](#) to get a "behind the scenes" look at what's happening at St. Paul's.



New "Resident Portal" on Website – www.stpauls1867.org –

A great feature of our newly designed and enhanced website is a resident portal where our residents and family members (powers of attorney) can login to find documents and information pertaining to each of our campus communities.

The resident portal is a secure area of our website that requires a username and password to access. The information you can find in the portal includes: Memos/Notifications, Directories, Handbooks, Information and Pricing, Menus, Events and Calendars (including community events) and Forms.

If you would like to register for access to the resident portal, please email jkather@sp1867.org or call 724-589-4646.

You will be emailed a link that takes you to a registration page. There you will be asked to create a username and password. A confirmation email will be sent to your inbox.

To enter the portal from the St. Paul's homepage, click the "Login" button in the upper right corner of our homepage and then simply enter your username and password.

Guest Apartment Accommodations

Available at The Heritage

St. Paul's is pleased to offer a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul's. The apartment features two rooms—a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower. The apartment also has a small refrigerator, a microwave and a flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Guest fees are \$89 per night and are payable by cash or check only. Please make checks payable to: St. Paul's. Payment is due upon arrival.

Guests visiting and staying overnight in our guest apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is after 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.



Since 2009, Pastor Nancy Dunmire and volunteers from St. Mark's United Church of Christ in Knox, Pa., have been delivering hand-made blankets to the residents of St. Paul's to be given as Christmas gifts. This year, the group delivered 145 blankets on October 26. Since the project's inception, the group has donated nearly 1050 blankets to residents of St. Paul's.

Pictured from left behind the mountain of blankets: Dawn Hartman, Director of Planned and Major Giving; Rose Hoffman, Director of Volunteer Services; Linda Aylesworth, Kay Goodlander, William Goodlander, Pastor Bill Kirker, Director of Spiritual Services, Kathy Watt and Pastor Nancy and Ed Dunmire.

MOVIES

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference.</p>						<p>1 10 a.m. Jack Frost</p> <p>2 p.m. A Wish for Christmas</p>
<p>2 2 p.m. A Charlie Brown Christmas</p>	<p>3 10 a.m. White Christmas</p> <p>2 p.m. Santa Claus is Coming to Town</p>	<p>4 10 a.m. Holiday Inn</p> <p>2 p.m. Christmas List</p>	<p>5 2 p.m. Jingle All the Way</p>	<p>6 10 a.m. A Christmas Story</p> <p>2 p.m. Christmas of Many Colors</p>	<p>7 2 p.m. Elf</p> <p>7 p.m. How the Grinch Stole Christmas</p>	<p>8</p>
<p>9 2 p.m. Christmas Getaway</p>	<p>10</p>	<p>11</p>	<p>12 10 a.m. It's A Wonderful Life</p> <p>2 p.m. Rudolf the Red Nosed Reindeer</p>	<p>13 10 a.m. The Santa Claus 1</p> <p>2 p.m. The Santa Claus 2</p>	<p>14 10 a.m. Home Alone</p> <p>2 p.m. Home Alone 2</p> <p>7 p.m. Home Alone 3</p>	<p>15 10 a.m. White Christmas</p> <p>2 p.m. The Polar Express</p>
<p>16 2 p.m. The Little Drummer Boy</p>	<p>17 10 a.m. I'll Be Home for Christmas</p> <p>2 p.m. Miracle on 34th Street</p>	<p>18 10 a.m. How the Grinch Stole Christmas</p> <p>2 p.m. Elf</p>	<p>19 10 a.m. The Santa Claus</p> <p>2 p.m. White Christmas</p>	<p>20 10 a.m. Home Alone</p> <p>2 p.m. Holiday Inn</p>	<p>21 10 a.m. White Christmas</p> <p>2 p.m. Christmas in Connecticut</p> <p>7 p.m. Jingle Bell Rock</p>	<p>22 10 a.m. Miracle on 34th Street</p> <p>2 p.m. How the Grinch Stole Christmas</p>
<p>23 2 p.m. Santa Claus is Coming to Town</p>	<p>24 10 a.m. Alexander Salkind's Santa Claus</p> <p>2 p.m. The Polar Express</p>	<p>25 10 a.m. Christmas in Connecticut</p> <p>2 p.m. A Christmas Carol</p>	<p>26 10 a.m. I'll Be Home for Christmas</p> <p>2 p.m. Holiday Inn</p>	<p>27 10 a.m. White Christmas</p> <p>2 p.m. The Polar Express</p>	<p>28 10 a.m. Home Alone</p> <p>2 p.m. Home Alone 2</p> <p>7 p.m. Home Alone 3</p>	<p>29 10 a.m. The Little Drummer Boy</p> <p>2 p.m. Elf</p>
<p>30 2 p.m. Kate & Leopold</p>	<p>31 10 a.m. Iron Will</p> <p>2 p.m. The Sound of Music</p>					

COLONY COLUMNS

~ News from The Colony ~

December 2018 Calendar of Events

- Fri., Nov. 2 – Arthritis Aquatic Class
Tues., December 4 – Christmas Sing for Fun
Wed., December 5 – Colony Birthday Celebration
Thurs., December 6 – Colony Dinner Out
Fri., December 7 – Arthritis Aquatic Class
Sat., December 8 – A Bit of Broadway at Academy Theatre
Sun., December 9 – Movie Matinee
Mon., December 10 – Colony Christmas Dinner
Wed., December 12 – Westminster Celebrity Series
Thurs., December 13 – Christmas Craft
Fri., December 14 – Lake County Historical Society
Mon., December 17 – Men & Women's Chat Groups
Tues., December 18 – Colony Lunch
Dec. 18 & 19 – St. Paul's Christmas Overnighter
Fri., December 21 - Arthritis Aquatic Class
Tues., December 25 – *Merry Christmas*
Thurs., December 27 – Colony Dinner & Movie
Fri., December 28 – A Day in Pittsburgh
Sun., December 30 – Colony Brunch
Mon., December 31 – *Happy New Year*



Staff from all over campus joined in with residents at The Colony on Oct. 31 to enjoy a fun-filled Pirate Party and Murder Mystery dinner. Everyone had a great time and the food was delicious!

Visit <https://www.stpauls1867.org/about/photo-gallery> to get a closer look at the large cast of characters!

December

5 - Richard Guerrini
5 - Linda Savor
9 - Gail Maycher
9 - Carol Paul
13 - Ellen Benninger
13 - Carol Hosmer
13 - Frances Wackenhut
15 - Jo-Anne Cooper
16 - Mike Eastlick
16 - Jan Walther
17 - Robert Becker
19 - Bert Heckman
19 - Jane Loutzenhiser
20 - Gayle Wolff
22 - Nancy Marts
23 - Jane Brocius
23 - Nancy Weikal
24 - George Johnson
29 - Catherine Oden
31 - Pat Houpt

January

5 - Sandra Beckman
5 - Sandy Harter
6 - LaWanda Johnston
11 - Bernie Maycher
12 - Marge Fenton
15 - Joan Bernier
16 - Judith Hodge
17 - Jim Ondo
18 - Donovan Curtis
24 - Dan Brown



— NEWS and NOTES —

December Birthday Celebration — Wednesday, Dec. 5 from 2 - 3 p.m. in the Keifer Social Room. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

The Colony Christmas Season Worship Service — Monday, Dec. 10 at 5 p.m. in the Keifer Chapel. The Colony Christmas Dinner will follow the service in the Keifer Social Room and in the Cornerstone. Stay tuned for more information and sign-up sheet.

Book Club — Wednesday, Dec. 19 at 1 p.m. in the Keifer Library. This month's book is *Dearest Friend* by Lynne Withey. All are welcome to attend. See Joan Brown for more information.

Free Blood Pressure Readings — Noon - 1 p.m., Wednesday, Dec. 26 in the Keifer Building. Provided each month by VNA Alliance.



December 2 – Millie McLaughlin

December 9 – Pat Houpt

December 16 – Dolores Johns

December 23 – Polly Oden

December 30 – Jennie Kather

HERITAGE HERALD

~ News from The Heritage ~

December Special Activities

Saturday, Dec. 1, 11:30 a.m.

Dining room seat changes

Saturday, Dec. 1, 10:30 a.m.

Robin McLaughlin's piano students holiday recital concert

Wednesday, Dec. 5, 12:30 p.m.

Monthly German Ladies Social Group Meeting

Thursday, Dec. 6, 7 p.m.

Amish Singers

Friday, Dec. 7, 7:30 a.m.

Men's Breakfast

Friday, Dec. 7, 2 p.m.

Humble Ministries Music and Singing

Saturday, Dec. 8, 6:30 p.m.

Z Praise Entertainment

Monday, Dec. 10, 11:30 a.m.

Staff and Resident's Christmas Tea with the "Grace Notes"

Monday, Dec. 10, 6:30 p.m.

An evening of fellowship with Kenard Women's Group

Tuesday, Dec. 11, 11:30 a.m.

Eden Family "Blue Bird's" Christmas Party

Wednesday, Dec. 12, 6:30 p.m.

Reynold's KKids Group caroling and fellowship

Thursday, Dec. 13, 1:30-3:30 p.m.

Christmas Carriage Rides and Hot Cocoa Bar

Friday, Dec. 14, 1:30 p.m.

Gina's Craft Corner – making a holiday ornament

Monday, Dec. 17, 11:30 a.m.

Eden Family "Rambling Roses" Christmas Party

Monday, Dec. 17, 6:30 p.m.

Daphne's Scout Christmas caroling and fellowship

Tuesday, Dec. 18, 11:30 a.m.

December Birthday Luncheon

Wednesday, Dec. 19, 6:30 p.m.

Christmas caroling Bethel Life Church members

Friday, Dec. 21, 1 p.m.

Kirk Hamza, Seasonal Music and Singing

Monday, Dec. 24, 9:30 a.m.

Santa Claus visits The Heritage

Tuesday, Dec. 25

MERRY CHRISTMAS EVERYONE!

Monday, Dec. 31, 1:30 p.m.

Afternoon New Year's Eve Party with Z Praise Entertainment

December Birthdays

13 - Carrie Shapona

18 - Harriet Liszka

26 - Condit North



Regular Weekly Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO

Wednesdays, 1 p.m. – Bible Study with Pastor Julia, Anderson Fellowship Hall

Wednesdays, 12:45 p.m. – Music Therapy with Cindy Location Varies

Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall

Fridays, 2 p.m. – Balancing & Strengthening with Ron at the Fitness Center

- Personal shopper days 2nd and 4th Wednesdays each month
- Monthly manicures for residents
- 500 Card games are available—contact Michele Miranda if you'd like to join in on these games.
- Check out the daily puzzle working in the floor lounges.
- The Heritage's Planning Group welcomes everyone for socializing. To bake or not to bake, is our motto. Bring your favorite recipes! The group also makes seasonal crafts and gifts.

JONES SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~

Jones Serenity Circle December 2018

Special Events and Entertainment:

- Mon., Dec. 3, 10:15 a.m. Christmas Music with "Hey Joe"
Tues., Dec. 4, 1 p.m. Zumba Gold Chair w/Karen Elders
Wed., Dec 5, 9 a.m. Tree Trimming in the Lounge
Wed., Dec. 5, 5:30 p.m. Harp Music w/Alissa
Thurs., Dec. 6, 10 a.m. Christmas Music w/Lyn Mossman
Fri., Dec. 7, 12:45 p.m. Gina's Creative Corner Art Class
Sat., Dec. 8, 10 a.m. Christmas Music w/Nick Lakatos
Sun., Dec. 9, 11:30 a.m. Christmas Tea and entertainment to follow at 12:45 p.m. - .CALM Sweet Adeline's International
Tues., Dec. 11, 12:30 p.m. Hymn Sing w/Pastor Julia
Tues., Dec. 11, 5:30 p.m. Christmas Music w/Bonnie
Thurs., Dec. 13, 1 p.m. Horse Drawn Carriage Rides
Thurs., Dec. 13, 5:30 p.m. Music w/Z Praise Entertainment
Fri., Dec. 14, 1:30 p.m. Pizzelle making w/Angie, Tina & Toni
Sat., Dec. 15, 10 a.m. Music w/Steve & Tracey
Mon., Dec. 17, 5:30 p.m. Christmas Piano Music w/Tony
Wed., Dec. 19, 9 a.m. Reading *A Visit From Saint Nicholas*
Wed., Dec. 19, 5:30 p.m. Harp Music w/Alissa
Thur., Dec. 20, 10 a.m. Music w/ Lyn Mossman
Fri., Dec. 21, 12:45 p.m. Music w/Humble Ministries
Mon., Dec. 24 Christmas Eve Santa Visits, 9 a.m. with gifts!
Wed., Dec. 26, 1 p.m. Music w/Bonnie Campbell
Thurs., Dec. 27, 5:30 p.m. Music w/Z Praise Entertainment
Sat., Dec. 29, 10 a.m. Music with Nick Lakatos
Mon., Dec. 31, 2 p.m. New Year's Eve Gathering

Jones Serenity Lane December 2018

Special Events and Entertainment:

- Wed., Dec. 3, 1 p.m. Crafts with Gina
Thurs., Dec. 6, 5:30 p.m. Madison Liszka - Music
Sun., Dec. 9, 2 p.m. .CALM Sweet Adeline's International
Wed., Dec. 12, 5:30 p.m. Bonnie Campbell - Music
Sun., Dec. 16, 1 p.m. Grace Notes Quartet - Carols
Mon., Dec. 17, 1 p.m. Humble Music - Gospel Singers
Fri., Dec. 28, 5:30 p.m. Z Praise Entertainment
Sat., Dec. 29, 2 p.m. Steve Medovich Singing Entertainment
New Year's Eve Party

Jones Serenity Circle & Lane December Birthdays

25 - James Vaughn
28 - Margie Enterline



~ Jones Serenity Circle & Lane ~

Weekly Events:

Mondays

9 a.m. - "Music & Manicures" - JSC & Chair Exercises with Terri - JSL

10 a.m. - Nail Boutique - JSL

Tuesday mornings - Aviary Care & "About the Birds" - JSC

9 a.m. - Chair Exercises with Terri - JSL

Tuesdays, 10:30 a.m. - Rosary in the activity room - JSC

Tuesday afternoons - BINGO - JSC

Wednesdays, 9:30 a.m. - Worship with Pastor Bill - JSC

Wednesdays, 1:45 p.m. - Music Therapy with Cindy - JSC

Thursdays, 2 p.m. - Music and Motion with Ron - JSC

Fridays, 9 a.m. - Chair Exercises with Terri - JSL

9:30 a.m. - BINGO - JSL

Weekly Chair Yoga & Movement for Memory Care - including Tai Chi easy seated exercise programs w/ Patti in JSC.

Weekly K9 Companion Visits - Catch up with Chase!

RIDGE RUNNER

~ News from The Ridgewood ~

Resident of the Month

Phyllis Haynes



Phyllis worked at the Greenville and Grove City Libraries as a Librarian's Assistant.

In 1950 she married Carl Haynes. They have two children, Carla Jo and Jeffrey. She has four grandchildren and two great grandchildren.

Phyllis enjoys walking and reading, and her favorite food is spaghetti and meatballs.

Carl and Phyllis travelled extensively throughout Pennsylvania in their RV. Her favorite memories are of these camping trips and the time spent visiting with relatives.

~ Special Events in December ~

Tuesday, Dec. 4, 10 a.m.

Hymn Singing with Robin in Harmony Hall

Sunday, Dec. 9, 4 p.m.

Ridgewood Christmas Tea

Saturday Dec. 15, 7 a.m.

Men's Breakfast in Harmony Hall

Monday, Dec. 24, 3 p.m.

Christmas Eve Church Service

Thursday Dec. 27, 6:30 p.m.

Activity Buck Shopping in Harmony Hall

Happy Birthday!

December Residents:

30 - Ruth Ann Jones

December Staff:

11 - Ann Davis

Welcome to Our Table!

Guests are always welcome for meals.

Please give 24 hours notice to accommodate seating and food preparations.

When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal.

This helps the staff to be better prepared with seating arrangements. Thank you!

~ Weekly Activities ~

Sundays: 6 a.m. – Catholic Service on Ch. 2

11 a.m. – Church Service, Harmony Hall

2:30 p.m. – Ice Cream Cart down the halls

6:30 p.m. – Movie Night, Harmony Hall

Mondays: 10:30 a.m. – Exercise Class, Harmony Hall

2:30 p.m. – Triominoes, Harmony Hall

6:30 p.m. – 500 Card Club, Harmony Hall

Tuesdays: 2 p.m. – Balance & Strength with Ron, Harmony Hall

6:30 p.m. – Games, Harmony Hall

Wednesdays: 9 a.m. – Communion for Catholics in your room

9:30 a.m. – Adult Coloring, Harmony Hall

10 a.m. – Music Therapy, Fireside Lounge

10:30 a.m. – Exercise Class, Harmony Hall

1:15 p.m. – Errand Day

6:30 p.m. – Triominoes in Harmony Hall

Thursdays: 10 a.m. – Bible Study, Harmony Hall

1:15 p.m. – Walmart/Giant Eagle Shopping

6:30 p.m. – Movie, Harmony Hall

Fridays: 1:30 p.m. – 500 Card Party, Harmony Hall

6:30 p.m. – Dominoes, Harmony Hall

Saturdays: 10:30 a.m. – Exercise Class, Harmony Hall

1:30 p.m. – Bingo, Harmony Hall

6:30 p.m. – Cards, Harmony Hall

7 p.m. – Lawrence Welk on Ch. 2

HOUSE CHATTER

~ News from The Villas ~

Christmas Dinner

Enjoy a holiday meal
with your loved one.

Tuesday, December 25
Headland Friendship Commons

Willows, Springs & Meadows
11 a.m. – 12:30 p.m.*

Gardens & Orchards
12:30 – 1:30 p.m.*

Cost is \$12.00 a person.

Please see The Villas receptionist
for reservations and guest meal tickets.

Please RSVP by Dec. 19.
For details, call 724-588-7610.

~ Resident Refrigerator Use at The Villas ~

While St. Paul's does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul's will make every effort to accommodate the request should the resident and family agree to abide by the facility's policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul's. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul's is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul's reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident's room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

December Birthdays

3 - Nancie Burt	25 - Michael Leskovac
3 - Martha Shadley	29 - Mark Sanderson
4 - Margaret McAdoo	30 - Joyce Bayuk
9 - Patricia Sherbondy	31 - Ronald Ewing
9 - Phyllis Chisholm	
17 - Dorothea Amheiser	
17 - William Miller	
22 - Bonnie Rowe	
22 - Nancy Williams	
25 - Judith Nashtock	



~ Resident Council ~

Resident Council meets the fourth Tuesday of each month at 10:15 a.m. All residents in The Villas are invited to attend.

~ Clothing Reminder for Villas Families ~

If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident's name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.



Casual Fridays were created to help support the Residents' Life Enrichment Fund. Staff members participating in casual wear on Fridays are asked to please participate in the theme wear as listed and assist us in maintaining the Residents' Fund through the purchase of a jeans sticker for \$1.00. (Located at the reception area). Thank You!

We encourage family and friends to join us at any and all special activities planned at The Villas. If you'd like to take pictures, we ask you to please keep in mind that some of our residents have photo objections, and to limit your photos to **only your loved ones** enjoying the event.



~ Attention Dog Owners ~

St. Paul's is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room. This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.

Noon Meals at The Villas

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						Diced beef w/ ¹ teriyaki sauce, white rice, Oriental vegetable blend, Mandarin oranges
2 Pork chop supreme, sweet potatoes, green bean casserole, banana cream pie	3 Chicken pie, mashed potatoes and gravy, broccoli, diced pears	4 Spaghetti and meatballs with sauce, Italian green beans, fruit whip	5 Chicken tenders macaroni & cheese, stewed tomatoes, cinnamon maple apple cake	6 Roasted pork loin, herbed parsnips escaloped corn, red grapes	7 Lemon-baked fish, onion-roasted potatoes, green beans, mini cream puffs	8 Baked ziti, tossed salad, peaches
9 Salisbury steak, cheesy mashed potatoes, sunshine carrots, apple pie	10 Chicken cacciatore, spaghetti, Italian blend mixed vegetables, emerald pears	11 Sweet potato- crusted pollock, potato wedges, broccoli and cheese, oatmeal raisin cookie	12 Tropical pork, hash brown casserole, zucchini & summer squash, applesauce gelatin salad	13 Savory baked chicken, whipped sweet potatoes, green beans, red grapes	14 Oven baked fish, rosemary potatoes, roasted corn, apple orchard bars	15 Cranberry glazed turkey, mashed potatoes, peas & pearl onions, banana split dessert
16 Baked glazed ham, escaloped potatoes, asparagus, lemon cream pie	17 Chicken tenders, macaroni & cheese, stewed tomatoes, Mandarin oranges	18 Beef pot roast, baked potato, green bean casserole, cherry crisp	19 Shrimp appetizer, chicken tenders, mini assorted quiche, cheese and crackers, pickles & olives, Christmas cookies	20 Veal parmesan, spaghetti and marinara sauce, tossed salad, raspberry parfait pie	21 Sweet potato- crusted pollock, pierogies, broccoli, mixed melon salad	22 Meatloaf, mashed potatoes and gravy, green peas, pumpkin cheesecake bar
23 Roast turkey, mashed potatoes, bread stuffing, cranberry sauce, Lima beans, pumpkin pie	24 Tilapia almondine, potato wedges, escaloped tomatoes, butterscotch pudding	25 Baked glazed ham, sweet potatoes, Nantucket vegetable blend, pumpkin pie, jellied cranberry sauce	26 Breaded pork chop, mashed potatoes, creamed corn, pineapple and oranges	27 Turkey a la king, carrots, raspberry whip	28 Lemon herb- glazed pollock, paprika-roasted potatoes, broccoli & cauliflower, oatmeal cream cookie	29 Swedish meatballs, egg noodles, green beans & mushrooms, mixed melon salad
30 Stuffed chicken, mashed potatoes, whole baby carrots, chocolate cream pie	31 Veal piccata, parmesan noodles, asparagus, peanut butter cookie					

THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident's Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on **Channel 1851** at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

Saturday, Dec. 1 – Santa Visits the Kids

9:45 – 11 a.m. Santa Visits the Kids
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO



Sunday, Dec. 2 – Bible Stories Day

10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, Dec. 3 – Paul Harvey began his national radio broadcast (1950), Alka Seltzer was sold for the first time (1931)

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. 50's & 60's Rock & Roll Christmas w/"Hey Joe"
7 p.m. The Lamberts (Variety/Oldies)

Tuesday, Dec. 4 – Dennis Wilson's Birthday (Beach Boys) (1944)

10 a.m. & 2 p.m. Movies on Ch. 1851
1 p.m. Bingo Bucks Exchange

Wednesday, Dec. 5 – U.S. President Polk triggered the Gold Rush of '49 by confirming the fact that gold had been discovered in California. (1848)

10 a.m. Mass
2 p.m. Movie on Ch. 1851
6:30 p.m. Midweek Service



Thursday, Dec. 6 – "Ladies' Home Journal" was published for the first time (1883)

10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid - Gardens D.R.
2 p.m. Bible Study
7 p.m. Amish Singers

Friday, Dec. 7 – Comfort & Joy Day – Christmas Classics (music & movies), crafts & baking on the Neighborhoods

~ Favorite Christmas Colors & Jeans ~

2 p.m. Movie Ch. 1851
7 p.m. Friday Night Movie on Ch. 1851

Saturday, Dec. 8 – Introspection Day, Sammy Davis, Jr.'s Birthday (1925)

2 p.m. BINGO

Sunday, Dec. 9 – The first game of the Women's Pro Basketball League (WBL) was played between the Chicago Hustle and the Milwaukee Does. (1978)

10 a.m. Church Service
2 p.m. Movie on Ch. 1851



Monday, Dec. 10 – International Animal Rights Day

7 p.m. Bonnie Campbell Christmas Music
& Sing-a-long (Country/Gospel/Polkas/Oldies)

Tuesday, Dec. 11 – Annual Retreat

Coffee Cart, Breakfast Goodies & Newsbits
1:30 p.m. 500 Bid (Gardens dining room)
7 p.m. EC Lakeside Bell Choir

Wednesday, Dec. 12 – Christmas Crafting Day

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. Humble Music Ministries
6:30 p.m. Midweek Service

Thursday, Dec. 13 – Dartmouth College, in New Hampshire received its charter (1769)

10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid - Gardens D.R.
2 p.m. Bible Study
7 p.m. Z Praise Entertainment Christmas (Variety/Oldies)

Friday, Dec. 14 – Evergreen Day

~Rustic Country/Evergreen Colors & Jeans~

10 a.m. & 2 p.m. Movie Ch. 1851
2 p.m. Austi Christmas Music
7 p.m. Friday Night Movie on Ch. 1851

Saturday, Dec. 15 – Tim Conway's Birthday (1933) actor, comedian ("McHale's Navy," "The Tim Conway Show," "The Carol Burnett Show")

Enjoy some Humor Day
10 a.m. & 2 p.m. Movie Ch. 1851
2 p.m. BINGO

Sunday, Dec. 16 – "The Tale of Peter Rabbit," by Beatrix Potter, was printed for the first time (1901)

10 a.m. Church Service
2 p.m. Movie on Ch. 1851



Monday, Dec. 17 – A Christmas Carol Day

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. Z Praise Entertainment (Variety/Christian/Oldies)
7 p.m. Stephen Medovitch Christmas Show (Rat Pack Style)

Tuesday, Dec. 18 – Su-Lin, the first giant panda came to the U.S. from China, arrived in San Francisco, Calif. (1936)

The bear was sold to the Brookfield Zoo for \$8,750

10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Marbles & Autumn Visit (Therapy Cats)
1:30 p.m. 500 Bid (Gardens dining room)
7 p.m. BINGO



Wednesday, Dec. 19 – Annual Villas Christmas Tea

10 a.m. & 2 p.m. Movies on Ch. 1851
Christmas Tea in Neighborhoods
11 a.m. – 1 p.m. Open Dining
6:30 p.m. Midweek Service

Thursday, Dec. 20 – Poet Laureate Day, Share Poetry Day

10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary & Communion
1:30 p.m. 500 Bid
2 p.m. Bible Study
6:45 p.m. Kinsman Amish Youth Group

Friday, Dec. 21 – Winter Solstice

~ Cozy Top/Sweater & Jeans ~

10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Creative Crafts with Gina
Hot chocolate bars and seasonal treats on Neighborhoods
7 p.m. Friday Night Movie on Ch. 1851

**Saturday, Dec. 22 – Chanukah (Dec. 22 – 30)
German physicist Wilhelm Röntgen made the first X-ray, of his wife's hand (1895)**

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO



Sunday, Dec. 23 – The Engelbert Humperdinck opera “Hansel und Gretel” was first performed, in Weimar, Germany (1893)

10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, Dec. 24 – Christmas Eve

~ Festive Shirts, Sweaters or Tees & Jeans ~

10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Christmas Eve Worship Service
Afternoon: Santa makes special deliveries!



Tuesday, Dec. 25 – Christmas Day

10 a.m. & 2 p.m. Movie Ch. 1851
10:30 a.m. – 2 p.m. Christmas Buffet

Wednesday, Dec. 26 – The coffee percolator was patented by James H. Mason (1865)

10 a.m. & 2 p.m. Movies Ch. 1851
Noon: December Birthday Luncheon
6:30 p.m. Midweek Service

Thursday, Dec. 27 – The children's television program “Howdy Doody,” hosted by Bob Smith, made its debut on NBC (1947)

10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid
6:45 p.m. Movie Night on the Neighborhoods



Friday, Dec. 28 Family Games Day

~ Favorite Comfy Shirt & Jeans Day ~

10 a.m. & 2 p.m. Movies on Ch. 1851
Spending time with our family in the Neighborhoods
7 p.m. Friday Movie Night Ch. 1851

Saturday, Dec. 29 – Mary Tyler Moore's Birthday (1936), actress

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

Sunday, Dec. 30 – “Mr. and Mrs. North” debuted on NBC radio 1942, Grace Slick's Birthday (Jefferson Airplane/Starship) (1939)

10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, Dec. 31 – New Year's Eve

10 a.m. & 2 p.m. Movies on Ch. 1851
7 p.m. New Year's Eve Party with Diamond Lester



~ December 2018 Special Activities & Events in The Villas for all Staff and Residents ~

SATURDAY, DEC. 1—VISIT FROM MR & MRS. CLAUS—All the way from the North Pole, SANTA *and* his MRS. will be here to visit with all employees' children & residents in the Headland Friendship Commons from 9:45 to 11 a.m.! Bring your cameras! Enjoy holiday refreshments and Christmas favors. No poutin'...Santa's watching!

FRIDAY, DEC. 7—COMFORT, JOY & JEANS DAY—Share the Warmth of Christmas and Holiday Cheer! Wear your favorite Christmas colors along with a pair of jeans. On the Neighborhoods, share memories and traditions with cookie baking, Christmas classics (music and movies), crafts and decorating.

FRIDAY, DEC. 14—EVERGREEN FRIDAY—Wear a rustic country shirt or the color of evergreens this casual Friday along with jeans. At 2 p.m. join us for Christmas fun with Austi in the Headland Friendship Commons. Interested in some seasonal reading? Delve into these page turners! *O, Christmas Tree* by Connie Fir; *Jack Frost: The Early Years* by B. Lowe, Z. Rowe Publishers; and hot off the press: *The Real Housewives of Drury Lane* by Ida Baker & Ginger Snap (Ray Zin Buttons & Co.)

WEDNESDAY, DEC. 19—THE VILLAS ANNUAL CHRISTMAS TEA —In The Villas Neighborhoods, staff and Villas residents will enjoy Christmas music and entertainment, decorations and fine food during this lunch hour Celebration of the Season!

FRIDAY, DEC. 21—WINTER SOLSTICE—“Welcome Winter. Your late dawns and chilled breath make me lazy, but I love you nonetheless.” ~ Terri Guillemets. Embrace the winter season and wear a cozy top/sweater along with jeans this casual Friday. At 10 a.m., Villas staff and residents gather for Christmas crafting with Gina Toth in the HFC. We'll temper the chill with hot chocolate bars and seasonal treats on the Neighborhoods!

MONDAY, DEC. 24—CHRISTMAS EVE SERVICE— In the HFC for Villas residents and families at 10 a.m. GIFT DELIVERIES: Expect a visit from Santa and his helpers as they make their special deliveries to Villas residents! Wear festive Christmas shirts, sweaters or tees and jeans this day.

TUESDAY, DEC. 25—CHRISTMAS DAY—For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. - Isaiah 9:6 Holiday Buffet in the Headland Friendship Commons for residents and staff at The Villas— See page 14 for additional information.

FRIDAY, DEC. 28—FAMILY GAMES IN THE NEIGHBORHOODS—After Christmas past-times. Today would be a great day for kids who are off school to spend time with residents on the neighborhoods. Games, movies, snacks and visits. Wear a favorite comfortable shirt along with jeans. “Having a place to go — is a home. Having someone to love — is a family. Having both — is a blessing.” ~ Donna Hedges Let's be blessings to each other. :)

MONDAY, DECEMBER 31—NEW YEAR'S EVE PARTY—So long 2018! Residents and staff at The Villas Join us for a party in the Headland Friendship Commons starting at 7 p.m. Enjoy beverages, cocktails and ring in the New Year with music by Diamond Lester!

Throughout the month of December we have several groups scheduled for visits and caroling! We'll continue to have more groups come in...so please welcome them and enjoy the holiday spirit!

Regularly Scheduled Activities:

BINGO – Tuesdays at 7 p.m. & Saturdays at 2 p.m.

Music Therapy Wednesdays at 3 p.m., location varies

Mid-Week Service Wednesdays at 6:30 p.m. • Friday Night Movies on Ch. 1851 at 7 p.m.

Special Activities in December:

December 3 – “Hey Joe” Christmas Rock & Roll, 2 p.m.

December 3 – The Lamberts, 7 p.m.

December 6 – Amish Singers, 7 p.m.

December 10 – Bonnie Campbell, 7 p.m.

December 11 – E.C. Lakeside Bell Choir, 7 p.m.

December 12 – Humble Music Ministry, 2 p.m.

December 13 – Z Praise Entertainment, 7 p.m.

December 14 – Gina's Creative Corner, 10 a.m.

December 14 – Austi, 2 p.m.

December 17 – Z Praise Entertainment, 2 p.m.

December 17 – Stephen Medovitch Christmas Show, 7 p.m.

December 18 – Marbles & Autumn Therapy Cats Visit. 10 a.m.

December 20 – Kinsman Amish Youth Group, 6:45 p.m.

December 21 – Creative Corner, 10 a.m.

December 27 – Movie Night on the Neighborhoods, 6:45 p.m.

December 31 – Diamond Lester, New Year's Eve Party, 7 p.m.

Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul's.



Visit www.stpauls1867.org and click **STAFF RECOGNITION** on the homepage. Next, click on "Submit a Caring Heart" and fill in the simple form. **Please Note:** Submit **ONE** caring heart for **EACH** staff member you'd like to recognize.

Caring Hearts – November 2018

List features staff from The Villas, The Heritage, The Ridgewood, The Keifer Building and Without Walls.

Promoting a Culture of Caring & Recognizing our Team Members

Gerry Alwine
Mary Barr
Amanda Boggs
Kim Britton
Denise Brown
Amanda Byler
Lydia Cianci
Sean Davis
Adam Frantz
Rose Farley
Carolyn Flynn
Gaye Gargasz
Tammy Gearhart
Tom Hall
Brenda Hawk
Bob Horton
Leslie Jablonski
Paulla Johnson
Deb Kantner
Kenzie Kerins
Bill Kirker
Kimmi Kissling
Terri Lamotte
Karen Mackall
Dee McClimans
Sue McConnell

Katie Mentor
Michele Miranda
Julia Morian
Nicole Mowry
Lynn Moyer
Doris Neal
Laura Palmer
Karen Pilgram
Linda Pinney
Steve Pugliese
Katie Ramp
Donna Roberts
Tabatha Roberts
Jen Robinson
Kayla Ross
Missy Rowles
Parker Saad
Karen Sherwood
Sabrina Smith
Gina Sorg
Tina Stanhope
Summer Walker
Nikki Watson
Calista White
Elisa Wotherspoon



This Holiday Season Give the Gift of Time

Without timely intervention a medical incident such as a heart attack, stroke or fall can compromise a person's quality of life. What's more, seniors with a chronic condition fell up to 54% more often than those without a chronic condition. Make sure you have them protected with Lifeline.

HomeSafe with AutoAlert is the new standard in help buttons and is the most widely used, proven fall detection system in the U.S., reporting twice as many falls as standard medical alert systems.** You can feel confident that your loved one will get access to help when they need it, even when they can't or don't press the button. AutoAlert detects over 95% of most falls, allowing for prevention, prompt care and greater senior independence.***

*AutoAlert does not detect 100% of falls. If able, users should always push his/her help button.

**Data relating to AutoAlert statistics from a 2014 Philips Research study of over 400,000 customer records, which analyzed statistically similar populations of AutoAlert and standard medical alert system users

***Coverage outside the home provided where AT&T wireless network coverage is available

Now with our GoSafe system, a senior can get access to help at home and on the go.*** GoSafe is the only medical alert system to use a hybrid locating approach, including GPS, cellular and Wi-Fi, designed to help find someone in an emergency.

Don't let a delayed response time affect you or someone close to you. Give the gift of Philips Lifeline.

If you or someone you know is in need of home-care services please contact:
724-589-4740 • www.wow2012.org

ST. PAUL'S
WITHOUT WALLS

Home Based Services



A Record-setting Year for the Annual Auxiliary Craft Show & Bake Sale

Thanks to everyone who helped in any way to make this year's Auxiliary Craft Show and Bake Sale the best ever!

On behalf of the Volunteers and Auxiliary we are very pleased to announce that after expenses, the craft show netted \$10,434.45! This total will be allocated toward the Auxiliary's current project, the purchase of a new transport van for residents. The mission of The Auxiliary is to serve as a great help to St. Paul's in providing financial support through fundraising efforts to purchase items that enhance the lives of residents.

Many busy crafters' hands, donations, time, treasure and talents helped to make this record-setting fundraiser possible. Thanks to all who attended the sale and shopped, bought food, baked goods, made crafts and purchased tickets. Mark your calendars for next year's sale: Friday, November 1!



LOTS OF OPPORTUNITIES to volunteer

BINGO Helpers needed:

**** Tuesday evenings at The Villas & The Heritage 6:15 - 8:15 p.m. ****

**Saturdays at The Heritage 1:30 - 2:30 p.m.
and at The Villas 1:30 - 3:45 p.m.**

500 Bid card players available in the afternoons.

**Transporters needed at The Villas
Monday - Friday 9 a.m. - noon**

**Colby Bistro Gift Shop workers needed:
Weekdays & Weekends: Noon - 4 p.m.**

One-on-one companions to visit with residents.

For more details, or to volunteer, contact Rose Hoffman at ext. 1135 or APPLY ONLINE at www.stpauls1867.org.



**Handmade
Holiday Crafts
are still on sale
in The Villas
Lobby. Take a
look on your
way through...
items will only
be out until
Dec. 6.**



Scenes from Halloween



Staff, residents and family members enjoyed trick-or-treat all across campus on Friday, Oct. 26. Then some enjoyed hayrides and a party in the Headland Friendship Commons.



Mary Ann Marley (right) and LE Coordinator Michele Miranda decorated outside of The Heritage with some of the Marley family's favorite Halloween decorations!



Jazmin Johnson, employee at The Heritage, still under active service with the U.S. Army, poses in her dress uniform with Maria White (left) and Eileen Zimmerman on Veterans Day.



Ladies from The Ridgewood and The Heritage spent the day on Friday, Nov. 9 at the Mercer County Career Center. Lunch was provided free of charge by the Culinary Department and pedicures and manicures were done by cosmetology students! Everyone had a great day!



Colony residents hosted employees from the IT and Accounting Departments on Nov. 20 for the annual IT & Accounting Appreciation potluck luncheon. Lots of yummy dishes were shared along with many thanks to our dedicated staff members!

Apple Butter-making at The Heritage



Hugh McCright, Twila Dodson (seated), and JoAnn Stack prep apples to make apple butter.



From left: Joann Stack, Paul Dart, Kathy Martorelli, Twila Dodson, Margaret St. John and Cecelia Kettering gather in the Country Kitchen to can the apple butter.



The finished product!

ST. PAUL'S
SENIOR LIVING COMMUNITY

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MERRY CHRISTMAS



**TO YOU AND YOURS,
FROM YOUR ST. PAUL'S FAMILY**