

Campus Connections

ST. PAUL'S
SENIOR LIVING COMMUNITY

Monthly Newsletter for Residents,
Families, Volunteers, Staff and Friends

November 2018

www.stpauls1867.org



St. Paul's hosted its biennial Caring Hearts on Fire Fundraising Gala on Saturday, October 6. Sponsorship donations were at record levels and monies raised during the silent auction totaled nearly \$9,000! The 13 items featured and purchased during the live auction added another \$19,800 to the total! Thank you very much to all who attended and supported the event and our mission—all proceeds support St. Paul's Good Samaritan Fund for benevolent and unfunded care for residents.

See page 22 and visit www.stpauls1867.org/about/photogallery for more event photos.

Accessing the digital version of Campus Connections is easier than ever!

Visit www.stpauls1867.org/about/publications to read current and archived issues of Campus Connections.

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Tax Savings!

WITH AN IRA CHARITABLE ROLLOVER

An Individual Retirement Account (IRA) is a wonderful way to build a nest egg for your retirement. You can begin taking distributions as early as age 59½ years old without penalty. Once you reach age 70½, you have to take out a required minimum distribution (RMD) each year.

These distributions are taxable income.

The amount of your required minimum distribution is calculated by the IRS by dividing the account balance as of December 31 of the prior year by your life expectancy. You can take out more if you want, but you have to take at least the required minimum distribution by December 31 each year.

What happens if you don't really need the money for personal use, and you don't want it to increase your taxable income?

That's where the IRA Charitable Rollover

provision comes in. This legislation allows individuals who have reached age 70½ to donate up to \$100,000 to charitable organizations from their IRA without counting it as taxable income.

In order to qualify, contributions *must go directly to a public charity* from your traditional or Roth IRA. In addition, no goods or services can be exchanged for your contribution, and you will need written documentation of your contribution from the charity.

In the past, donors have used their charitable rollover to support St. Paul's benevolent care fund, specific projects or wherever needed the most. If you are interested in making a charitable rollover to St. Paul's from your IRA, please contact your financial advisor and Dawn Hartman, Director of Planned and Major Giving at St. Paul's, at 724-588-9613 ext. 1214 or dhartman@sp1867.org.

New Roles in Charitable Giving Office

Congratulations to Teresa Findley and Dawn Hartman who will assume the roles of Director of Annual Giving and Director of Planned and Major Giving respectively, in the Charitable Giving Office.

Welcome (back) Sonya Tinker

Welcome and best of luck to Sonya Tinker, who is the new Assistant Administrator at The Ridgewood. Sonya is a familiar face for many at St. Paul's – she completed her Administrator-in-Training certification with us last year.



(Left to right) Teresa Findley, Sonya Tinker and Dawn Hartman.

St. Paul's Auxiliary

**Annual
Craft Show
&
Bake Sale**

**Friday, November 2
Headland Friendship Commons
at The Villas
10 a.m. - 4 p.m.**

*Hundreds of baked goods and holiday crafts
Raffles & Chinese Auction • Door prizes
Lunch will be available • Admission is Free!
Payroll deduction is available for employees.
All proceeds benefit The Auxiliary of St. Paul's.*

ST. PAUL'S
SENIOR LIVING COMMUNITY

339 EAST JAMESTOWN ROAD, GREENVILLE, PA 16125
724-588-7610 • www.stpauls1867.org



A monthly gathering for residents, families and staff at St. Paul's and members of the community who are seeking support as they cope with loss.

NEXT MEETING:

Thursday, November 1
6:30 - 8 p.m.
 The Villas Conference Room

Contact group facilitator, Pastor Julia Fraser, at 724-588-7610 ext. 1145 for more information or with questions.

alzheimer's association®

caregiver support group

enhancing the lives of alzheimer's caregivers



Alzheimer's Association Support Groups are meetings for individuals who are caring for someone living with Alzheimer's disease or another dementia. Get support, receive helpful tips, connect with resources. You are not alone.

Presented by: Alzheimer's Association Greater PA Chapter

Nov. 6 – Dec. 4
2 - 3:30 p.m.

The Keifer Building at St. Paul's
 341 E. Jamestown Road, Greenville, PA 16125
 Contact: Michelle O'Malley • 724-588-9613 ext. 1427

We welcome: Caregivers, Care Partners, Family Members, Friends, Neighbors, Community Members & Professionals.

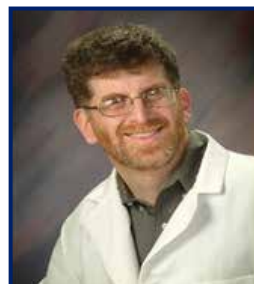
~ IN MEMORIAM ~

Residents who have passed

September 16, 2018 – October 15, 2018.

09/17/18	Elsie Corcoran
09/18/18	Joseph Trapasso
09/21/18	Robert Ferry
09/23/18	Evelyn Fagley
09/23/18	Juanita Kinney
09/24/18	Jean Gulu
09/26/18	Helene Bowie
10/02/18	Mildred Watkins
10/04/18	Nedra Nehrenz
10/07/18	Ruth Blake
10/07/18	A. Frederick Kroen
10/10/18	Mary Shilling
10/14/18	Cleo Callahan
10/14/18	Jacqueline Merryman

The Community Medical Ethics Project presents: Ethical Issues in Palliative Care—It's Not About Opiates



Robert Arnold, M.D.
Professor of Medicine in the Division of General Internal Medicine
UPMC/University of Pittsburgh School of the Health Sciences

Thursday, Nov. 15
11 a.m. – 12:30 p.m.

~ Free to the Public ~

Thiel College Lutheran Heritage Room in the Howard Miller Center

Robert Arnold, MD is currently a faculty scholar on the Project on Death in America and is working to teach physician leaders how to educate peers to better communicate regarding ethical, psychosocial, and existential issues at the end-of-life. His clinical activities focus on providing palliative care consults and primary care to HIV-positive inpatients.

Dr. Arnold's research activities focus on teaching ethics to residents, doctor/patient communication regarding end-of-life issues, and organ donation.

He is a past president of the America Society of Bioethics and Humanities.

Complimentary shuttle service will be provided between the Passavant Center parking lot and the Howard Miller Center.

This activity has been approved for AMA PRA Category 1 Credits. For more information or to register, call 724-983-7505. Registration also available at the door.

The Community Medical Ethics Project is sponsored by: The Evangelical Lutheran Church of the Holy Trinity, St. Paul's Senior Living Community, Thiel College and UPMC Horizon.

Spiritual Services

SERVICE *of Remembrance*

We look forward every year to the annual Service of Remembrance at St. Paul's which will be held on **Sunday, Nov. 4 at 2 p.m.** in Headland Friendship Commons. It is on this day that we invite family and friends whose loved ones have died in our care to come together in both gratitude and grief for the purpose of giving and receiving comfort and encouragement in the bereavement journey.

Pastors Bill and Julia are pleased to share leadership in this service with Joe Frank, Chaplain with Southern Care Hospice, and Deacon Frank Luciani from St. Michael's Roman Catholic Church, both of whom are partners in end-of-life care to our residents and their families. We are also pleased to welcome the Bell Choir from Hillside Presbyterian Church in Greenville which will provide special music at the service.

Colony Monthly Service changes week for November

The monthly service for Colony residents at the Keifer Chapel will be held this month on **the first Wednesday of the month, November 7 at 10:30 a.m.** rather than on the second Wednesday of the month as is our normal pattern. Thanks for making this one-time change to accommodate pastoral schedules.



Thanks to Colony residents Nancy Reinhardt and Donovan Curtis who are currently sharing the monthly accompanist responsibilities at worship services in The Keifer Building.

Annual Harvest In-Gathering

Canned goods and non-perishable food items for use in the Good Shepherd Center's and Salvation Army's Thanksgiving food distributions will be collected from **November 1-11**. Donation boxes will be at the reception desks of each residence. Thanks in advance for your response to those in need in our community.



On November 21, Wednesday Worship will be held at 2 p.m. in the Headland Friendship Commons.

A Message from Pastor Bill

Give Thanks!

“Give thanks to the LORD, for He is good; His love endures forever.” 1 Chronicles 16:34

On Thanksgiving Day, Nov. 22 this year, many families will gather for a traditional Thanksgiving dinner with turkey, stuffing, mashed potatoes, pumpkin pie, etc.

In many of those homes, a tradition will be observed at the beginning of the meal: each member will tell what they are thankful for. There is often quite a variety of “I am thankful for...” and it is a good tradition to share these comments around the dinner table.

The Apostle Paul encourages us in his first letter to the Thessalonians, “¹⁸In everything give thanks; for this is the will of God in Christ Jesus for you.” 1 Thes. 5:18

So why don't we consider what we are thankful for more than one day a year? Perhaps we should begin each day as part of our time with the Lord to find one thing for which we are thankful that day. And, do this for an entire year, hopefully without repeating the same things.

Another option would be reflect daily before going to bed on one thing that you are thankful for that day.

For those who like to journal, this could be incorporated into your daily writings for that day. And for those who don't journal, consider keeping a list of those things you are thankful for, or post them daily on social media if that works better for you.

Sometimes we tend to focus on negatives in our lives, while this could encourage you to have a positive “I am thankful today for” each day of the year.

So, what are you thankful for today?

Have a blessed Thanksgiving.

—Pastor Bill

WORSHIP SCHEDULE AND SCRIPTURES FOR NOVEMBER 2018

Regular Sunday Worship Services are:

9 a.m. – The Heritage, Anderson Fellowship Hall

10 a.m. – The Villas, Headland Friendship Commons

11 a.m. – The Ridgewood, Harmony Hall

November 4, 2018 — Twenty-fourth Sunday after Pentecost

Scriptures: Ruth 1:1-18 Psalm 146:1-10

Hebrews 9:11-14 Mark 12:28-34

Pastor Julia Fraser will lead all three worship services.

November 11, 2018 — Twenty-fifth Sunday after Pentecost

Scriptures: Ruth 3:1-5 Psalm 127

Hebrews 9:24-28 Mark 12:38-44

Pastor Bill Kirker will lead all three worship services.

November 18, 2018 — Twenty-sixth Sunday after Pentecost

Scriptures: 1 Samuel 1:4-20 1 Samuel 2:1-10

Hebrews 10:11-14 Mark 13:1-8

Pastor Bill Kirker will lead all three worship services.

November 25, 2018 — Feast of Christ the King Sunday

Scriptures: 2 Samuel 23:1-7 Psalm 132:1-12

Revelation 1:4b-8 John 18:33-37

Pastor Julia Fraser will lead all three worship services.

Holy Communion will be distributed at all three services.

IMPORTANT: Securing Resident Valuables

St. Paul's strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul's. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident's nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul's also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul's of all valuable property upon admission and ongoing if new items are added to or removed from the resident's possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul's does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

Storage Units Available

**at
Rust
Colony Square**

Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

Unit sizes and new rates for 2018 are:

5' x 10' – \$40/month

10' x 10' – \$52/month

15' x 20' – \$115/month (includes walk-in door
+ electric)

Contact Rita Clemente at 724-589-6909 with questions or if you wish to rent a storage unit.

Preparing for Cold and Flu Season

Did you know that 60% of people with flu symptoms leave the house during their illness?

Furthermore, 70% of them go to the drugstore.

That's a good reason to stay clear of the pharmacy during peak cold and flu season!

Good preparation involves a lot more than a vaccine. Cold and flu germs are highly contagious. If an infected person sneezes, anyone within a 3-foot radius is likely to get exposed. And those flu germs live up to 24 hours on hard surfaces. Not to mention that the sick person unwittingly starts spreading germs as early as three days BEFORE feeling any symptoms and continues to be contagious up to 24 hours after the natural break of a fever.

Tips for yourself and for your loved one:

- **Get the flu vaccine.** Even if it's not a perfect match with this year's influenza virus, it will minimize the intensity of symptoms.
- **Get eight hours of sleep at night.** In one study, those who got fewer hours were three times more likely to catch a cold.
- **Wash hands often.** Touching hard surfaces (counters, doorknobs, the poles on public transit) is a sure-fire way to bring germs into your body.
- **Frequently clean surfaces** at home and work.
- **Shy away from crowded situations.**

Avoid the pharmacy by stocking up ahead of time on:

- soups, teas, and other fluids to keep well hydrated;
- fever reducers: ibuprofen, acetaminophen, or aspirin;
- saline drops or a neti pot to gently flush nasal passages;
- honey and/or cough drops to soothe the throat;
- decongestants (to dry up the nose), cough suppressants (for nighttime sleeping), expectorants (for daytime purging of mucus in the lungs). Consult with the doctor beforehand to be sure there are no conflicts with prescribed medicines;
- lots of tissues. Don't keep used ones around;
- humidifiers to ease breathing;
- wedged pillows to sit (and sleep) more upright.

Transportation Reminder

In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting 30 minutes before their appointment time unless otherwise notified. Residents at The Villas, Heritage and Ridgewood are asked to wait in the lobby.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

~ Reserving Social Areas ~

Robyn Weaver, Executive Assistant, is the contact person when families want to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion.

You can reach Robyn at 724-588-7610, ext. 1146. She will be happy to help you plan your event!

Check us out on Facebook & Follow us on Instagram!



Search for St Pauls Senior Living Community and find regular updates on our activities, events and resident life.

Share the good news at St. Paul's with your friends and neighbors! Be sure to "Like" our page (not just our posts) and "Share" our news on your personal Facebook page. "Invite" your friends and family to "Like" our page, too!

Make sure to also "Like" St. Paul's Without Walls too!

Instagram is a simple, fun & creative way to capture, edit & share photos, videos & messages with friends & family.

Search for and follow st.pauls1867 to get a "behind the scenes" look at what's happening at St. Paul's.



New "Resident Portal" on Website – www.stpauls1867.org –

A great feature of our newly designed and enhanced website is a resident portal where our residents and family members (powers of attorney) can login to find documents and information pertaining to each of our campus communities.

The resident portal is a secure area of our website that requires a username and password to access. The information you can find in the portal includes: Memos/Notifications, Directories, Handbooks, Information and Pricing, Menus, Events and Calendars (including community events) and Forms.

If you would like to register for access to the resident portal, please email jkather@sp1867.org or call 724-589-4646.

You will be emailed a link that takes you to a registration page. There you will be asked to create a username and password. A confirmation email will be sent to your inbox.

To enter the portal from the St. Paul's homepage, click the "Login" button in the upper right corner of our homepage and then simply enter your username and password.

A FEW OF MY FAVORITE THINGS

*Raindrops on roses and whiskers on kittens
Bright copper kettles and warm woolen mittens
Brown paper packages tied up with strings
These are a few of my favorite things*



At St. Paul's, a few of our favorite things during the holidays are the comfort, joy and laughter that a thoughtful present and warm celebration brings.

You make that possible by giving to the annual **Resident Christmas Appeal**. Because you give, every resident at The Villas, The Heritage and The Ridgewood will receive a special present from Santa. You also make the fulfillment of a few Christmas wishes possible that will bring comfort, joy and laughter throughout the year. Watch your mailbox or inbox for the Christmas Appeal to arrive soon! Will you give?

Distinguished Staff Awards Recognition Ceremony

Please join us on
Wednesday, Nov. 7 at 2 p.m.
in Headland Friendship Commons as we honor
the following employees:

Ron Ashbaugh – Staff Extra Effort Award

Gina Cooper – Staff Leader Award

Linda Iliff – Staff Leader Award

Donny Yankle – Staff Newcomer Award

Cheryl Lamp – Staff Dining Award

Congratulations!

MOVIES

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul's, and is not used for regular programming, which alleviates any potential signal interference.</p>				<p>10 a.m. 1 Hollywood or Bust</p> <p>2 p.m. Grumpy Old Men</p>	<p>10 a.m. 2 Five Card Stud</p> <p>2 p.m. African Queen</p> <p>7 p.m. Trading Places</p>	<p>10 a.m. 3 My Fair Lady</p> <p>2 p.m. The Nutty Professor</p>
<p>4</p> <p>2 p.m. The Slings</p>	<p>10 a.m. 5 The Good, The Bad & The Ugly</p> <p>2 p.m. Goldfinger</p>	<p>10 a.m. 6 The Little Rebel</p> <p>2 p.m. Lincoln</p>	<p>7</p> <p>2 p.m. Lawrence of Arabia</p>	<p>8</p> <p>10 a.m. True Grit</p> <p>2 p.m. Die Hard</p>	<p>10 a.m. 9 Sands of Iwo Jima</p> <p>2 p.m. Dirty Dozen</p> <p>7 p.m. The Longest Day</p>	<p>10 a.m. 10 Cannonball Run</p> <p>2 p.m. The Cowboys</p>
<p>11</p> <p>2 p.m. Heartbreak Ridge</p>	<p>12</p>	<p>13</p>	<p>10 a.m. 14 Good Morning Vietnam</p> <p>2 p.m. The Sound of Music</p>	<p>15</p> <p>10 a.m. The Sons of Katie Elder</p> <p>2 p.m. The Cowboys</p>	<p>10 a.m. 16 Raiders of the Lost Ark</p> <p>2 p.m. Indiana Jones & the Temple of Doom</p> <p>7 p.m. Indiana Jones & the Last Crusade</p>	<p>10 a.m. 17 Pillow Talk</p> <p>2 p.m. Cannonball Run</p>
<p>18</p> <p>2 p.m. Steamboat Willie</p>	<p>10 a.m. 19 The Little Colonel</p> <p>2 p.m. Sailor Beware</p>	<p>20</p> <p>10 a.m. The Caddy</p> <p>2 p.m. Windtalkers</p>	<p>10 a.m. 21 Harry Potter & the Sorcerer's Stone</p> <p>2 p.m. Harry Potter & The Chamber of Secrets</p>	<p>10 a.m. 22 Harry Potter & the Prisoner of Azkaban</p> <p>2 p.m. The Trouble with Angels</p>	<p>10 a.m. 23 Christmas List</p> <p>2 p.m. Santa Claus is Coming to Town</p> <p>7 p.m. Elf</p>	<p>10 a.m. 24 Christmas of Many Colors</p> <p>2 p.m. Christmas Getaway</p>
<p>25</p> <p>2 p.m. How the Grinch Stole Christmas</p>	<p>10 a.m. 26 Casablanca</p> <p>2 p.m. A Charlie Brown Christmas</p>	<p>10 a.m. 27 White Christmas</p> <p>2 p.m. A Madea Christmas</p>	<p>10 a.m. 28 Rudolf the Red-Nosed Reindeer</p> <p>2 p.m. Holiday Inn</p>	<p>10 a.m. 29 It's a Wonderful Life</p> <p>2 p.m. A Christmas Story</p>	<p>10 a.m. 30 Jingle All the Way</p> <p>2 p.m. The Santa Claus 1</p> <p>7 p.m. The Santa Claus 2</p>	

COLONY COLUMNS

~ News from The Colony ~

November 2018 Calendar of Events

- Fri., Nov. 2 – Arthritis Aquatic Class
- Fri., Nov. 2 – Annual Auxiliary Craft Show & Bake Sale
- Tues., Nov. 6 – Monthly Lunch
- Wed., Nov. 7 – Monthly Worship Service (date change)
- Tues., Nov. 13 – Colony Open Forum
- Wed., Nov. 14 – Colony Birthday Celebration (date change)
- Thurs., Nov. 15 – Monthly Dinner
- Fri., Nov. 16 – Arthritis Aquatic Class
- Sat., Nov. 17 – Celebrity Series at Westminster College
- Mon., Nov. 19 – Men & Women’s Chat Groups
- Tues., Nov. 20 – IT & Accounting Appreciation Lunch
- Wed., Nov. 21 – Colony Book Club
- Thurs., Nov. 22 – Colony Thanksgiving Dinner
- Sat., Nov. 24 – Baldwin Reynolds Christmas Tree Tour
- Sun., Nov. 25 – Monthly Brunch
- Mon., Nov. 26 – Decorate The Keifer Building
- Tues., Nov. 27 – Movie & Lunch in Meadville



November

- 2 - Paul Bittler
- 2 - Elaine Powelstock
- 3 - Bobby Baker
- 9 - Jim Shaffer
- 11 - Wink Weikal
- 12 - Bill Sayles
- 15 - Helen Nichols
- 15 - Karen Ondo
- 16 - Jim Weyman
- 19 - Paul Reinhardt
- 28 - Marilyn Palmiter
- 29 - Frank Savor

December

- 9 - Gail Maycher
- 9 - Carol Paul
- 13 - Ellen Benninger
- 13 - Carol Hosmer
- 13 - Frances Wackenhut
- 16 - Mike Eastlick
- 16 - Janet Walther
- 19 - Bert Heckman
- 19 - Jane Loutzenhiser
- 20 - Gayle Wolff
- 24 - George Johnson
- 29 - Polly Oden

— NEWS and NOTES —

November Birthday Celebration — NOTE DATE CHANGE: Wednesday, Nov. 14 from 2 - 3 p.m. in the Keifer Social Room. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

The Colony Worship Service — NOTE DATE CHAGE: Wednesday, Nov. 7 at 10:30 a.m. in the Keifer Chapel. Fellowship time in the Keifer Social Room follows the service.

Book Club — Wednesday, Nov. 21 at 1 p.m. in the Keifer Library. This month’s book is *An Accidental Woman* by Barbara Delinsky. All are welcome to attend. See Joan Brown for more information.

Free Blood Pressure Readings — Noon - 1 p.m., Wednesday, Nov. 28 in the Keifer Building. Provided each month by VNA Alliance.



- November 4 – Polly Oden
- November 11 – Jan Walther
- November 18 – Phyllis Haynes
- November 25 – Autumn Colby

Happy 100th Birthday, Maggie!

Maggie Headland celebrated her 100th birthday on Monday, October 15. Friends from campus and the community joined her in the Keifer Social Room to offer many Happy Birthday wishes!



HERITAGE HERALD

~ News from The Heritage ~

November Special Activities

TUESDAY, NOV. 1, 11:30 a.m.

Dining Room Seating Change

FRIDAY, NOV. 2, 10 a.m. - 4 p.m.

Annual Auxiliary Craft Show & Bake Sale, Headland Friendship Commons

FRIDAY, NOV. 2, 2 p.m.

Humble Music Ministries

SUNDAY, NOV. 4

Daylight Savings Time Ends...Turn back clocks one hour at bedtime

TUESDAY, NOV. 6

Election Day

WEDNESDAY, NOV. 7, 2 p.m.

Staff Recognition Awards Ceremony, Headland Friendship Commons

THURSDAY, NOV. 8, 1:30 p.m.

Christian Assembly w/ Pastor Joel DiAngi at the Piano

FRIDAY, NOV. 9, 2 p.m.

Veterans Day Observance, Headland Friendship Commons

SATURDAY, NOV. 10, 6:30 p.m.

Z Praise Entertainment

SUNDAY, NOV. 11

Veterans Day

SUNDAY, NOV. 11, 1:30 p.m.

"Grace Notes" ladies quartet

MONDAY, NOV. 12, 1:30 p.m.

Nancy Manning's "Let's Play A Game"

THURSDAY, NOV. 15, 6:30 p.m.

Sound Witness Music

SUNDAY, NOV. 17, 2:30 p.m.

Nick Lakatos Marimba Music

TUESDAY, NOV. 20, 11:30 a.m.

November Birthday Luncheon

WEDNESDAY, NOV. 21, 10 a.m.

Food Committee Meeting

THURSDAY, NOV. 22

Happy Thanksgiving!

WEDNESDAY, NOV. 28, 2:45 p.m.

Resident Council Monthly Meeting

TUESDAY, NOV. 29, 3:15 p.m.

Decorate Crismon tree with Reynolds KKids

THURSDAY, NOV. 29, 6:30 p.m.

Slippery Rock Swing Trio Music

FRIDAY, NOV. 30, 6:30 p.m.

Z Praise Entertainment

October & November Birthdays

OCTOBER

11 - Helen Plucinski

13 - Emma Jane Brockway

19 - Kurt Dillon

22 - Ray Brugler

24 - Mary Ann Marley

NOVEMBER

5 - Martha Brooks

9 - George Erwin

26 - Mary Jane King

30 - JoAnn Stack



Sincere apologies for skipping over October birthdays for The Heritage in the last issue. Happy belated to all who celebrated last month!

Regular Weekly Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO

Wednesdays, 1 p.m. – Bible Study with Pastor Julia, Anderson Fellowship Hall

Wednesdays, 12:45 p.m. – Music Therapy with Cindy Location Varies

Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall

Fridays, 2 p.m. – Balancing & Strengthening with Ron at the Fitness Center

- Personal shopper days 2nd and 4th Wednesdays each month
- Monthly manicures for residents
- 500, Canasta and Bridge Card games are available—contact Michele Miranda if you'd like to join in on these games.
- Check out the daily puzzle working in the floor lounges.
- The Heritage's Planning Group welcomes everyone for socializing. To bake or not to bake, is our motto. Bring your favorite recipes! The group also makes seasonal crafts and gifts.

JONES SERENITY SPOTLIGHT

~ News from Jones Serenity Circle & Lane ~

**Jones Serenity Circle
November 2018**

Special Events and Entertainment:

Thursday, Nov. 1, 10 a.m. Piano Music with Lyn Mossman
Friday, Nov. 2, 12:45 p.m. Gina's Creative Corner Crafts
Saturday, Nov. 3, 1 p.m. Musical Entertainment with 18 Karat
Sunday, Nov. 4 Daylight Savings Time ends
Tuesday, Nov. 6, 5:30 p.m. Piano Music with Tony
Thursday, Nov. 8, 5:30 p.m. Z Praise Entertainment
Saturday, Nov. 10 Sing A Long with Bonnie Campbell
Sunday, Nov. 11 Veterans Day
Tuesday, Nov. 13, 12:30 p.m. Hymn Sing with Pastor Julia
Tuesday, Nov. 13, 5:30 p.m. Harp Music with Alissa
Thursday, Nov. 15, 10 a.m. "All That Jazz" w/ Lyn Mossman
Friday, Nov. 16 Birthday Breakfast
Friday, Nov. 16, 12:45 p.m. Humble Ministries
Saturday, Nov. 17, 10 a.m. Marimba Music with Nick Lakatos
Monday, Nov. 19, 5:30 p.m. Sing A long w/ Bonnie Campbell
Thursday, Nov. 22 Thanksgiving Day
Monday, Nov. 26, 5:30 p.m. Humble Ministries
Tuesday, Nov. 27, 5:30 p.m. Harp Music with Alissa
Thursday, Nov. 29, 5:30 p.m. Z Praise Entertainment

~ Jones Serenity Circle & Lane ~ Weekly Events:

Mondays, 9 a.m. – "Music & Manicures" – JSC
9 a.m. – Chair Exercises with Terri – JSL
10 a.m. – Nail Boutique – JSL
Tuesday mornings – Aviary Care & "About the Birds" – JSC
9 a.m. – Chair Exercises with Terri – JSL
Tuesdays, 10:30 a.m. – Rosary in the activity room – JSC
Tuesday afternoons – BINGO – JSC
Wednesdays, 9:30 a.m. – Worship with Pastor Bill – JSC
Wednesdays, 1:45 p.m. – Music Therapy with Cindy – JSC
Thursdays, 2 p.m. – Music and Motion with Ron – JSC
Fridays, 9 a.m. – Chair Exercises with Terri – JSL
9:30 a.m. – BINGO – JSL
Weekly Chair Yoga & Movement for Memory Care – including
Tai Chi easy seated exercise programs w/ Patti in JSC.
Weekly K9 Companion Visits – *Catch up with Chase!*

**Jones Serenity Lane
November 2018**

Special Events and Entertainment:

Monday, Nov. 5, 1 p.m. Z Praise Entertainment
Tuesday, Nov. 13, 2 p.m. Monthly Birthday Celebration
Saturday, Nov. 17, 5:30 p.m. Z Praise Entertainment

Welcome Terri Descoteaux! Life Enrichment Coordinator



Terri is the newest member of St. Paul's Life Enrichment Team. She is the part-time L.E. Coordinator at Jones Serenity Lane. Terri joins us from Garden Way Place Retirement Community in Hermitage, Pa. She is an ordained non-denominational minister and lives in Greenville. Terri is looking forward to getting to know her residents and their families so she can best serve her new community. She has one daughter and one granddaughter. In her free time she enjoys crafting and sewing.

October 20 - Mary Carmichael

(so sorry October birthdays were skipped last month)

November

2 - Donna Wilkins

2 - Elfriede Newman

12 - John Liko

13 - Mary Kay Thomas

29 - Phyllis Huntley



Dorothy Clesi (left) and Merle Henley are enjoying the spirit of autumn by decorating the neighborhood and making fall crafts.



RIDGE RUNNER

~ News from The Ridgewood ~

Staff Member of the Month Tammy Shoaff



Tammy Shoaff is a Housekeeper at the Ridgewood. She was born on July 1 to John and Gloria Holtschneider. She has five siblings; Tina, Jackie, Connie, Elizabeth, and John. She attended Nile McKinley High School in Niles, Oh.

She married Dan Shoaff and they have been married for 29 years. They have five children, Danny, Joshua, Matthew, Caleb, and Danielle. She has five wonderful grandchildren, Meia, Mason, Matilynn, Wyatt, and Jaxsin.

Her best memories are when her children were little. Her favorite food is chicken. One of the most memorable places she has visited is Wilmington, North Carolina.

~ Special Events in November ~

Thurs., Nov. 1, 3 p.m. Bingo w/Reynolds Key Club, Harmony Hall

Saturday, Nov. 3, 9:30 a.m. Hymn Sing w/Robin, Harmony Hall

Monday, Nov. 7, 11:30 a.m. Birthday Lunch, Harmony Hall

Monday, Nov. 7 at 1:30 p.m. Food Committee Meeting, Dining Hall

Thursday, Nov. 15, 1 p.m. Hope the dog visits

Thurs., Nov. 15, 6:30 p.m. Activity Buck Shopping, Harmony Hall

Saturday, Nov. 17, 7 a.m. Men's Breakfast, Harmony Hall

Friday, Nov. 30 Lunch Outing

November Residents:

5 - Irene Deets
19 - Virginia Sherbondy
28 - Nancy Appleby

November Staff:

7 - Katie Forcier
8 - Destiny Owen
8 - Carol Means
12 - Amanda Byler

Happy Birthday!

Welcome to Our Table!

Guests are always welcome for meals. Please give 24 hours notice to accommodate seating and food preparations.

When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal.

This helps the staff to be better prepared with seating arrangements. Thank you!

~ Weekly Activities ~

Sundays: 6 a.m. – Catholic Service on Ch. 3
11 a.m. – Church Service, Harmony Hall
2:30 p.m. – Ice Cream Cart down the halls
6:30 p.m. – Movie Night, Harmony Hall
Mondays: 10:30 a.m. – Exercise Class, Harmony Hall
6:30 p.m. – 500 Card Club, Harmony Hall
Tuesdays: 9:30 a.m. – Puzzles with Jim, 200 Hall
2 p.m. – Balance & Strengthening with Ron, Harmony Hall
2:30 p.m. – Scrabble/Games, Harmony Hall
Wednesdays: 9 a.m. – Communion for Catholics in your room
9:30 a.m. – Adult Coloring, Harmony Hall
9:30 a.m. – Puzzles with Jim, 200 Hall
10 a.m. – Music Therapy, Fireside Lounge
10:30 a.m. – Exercise Class, Harmony Hall
1:15 p.m. – Errand Day
6:30 p.m. – Mid-Week Devotional
6:30 p.m. – Triominoes in Harmony Hall
Thursdays: 9:30 a.m. – Puzzles with Jim, 200 Hall
10 a.m. – Bible Study, Harmony Hall
1:15 p.m. – Walmart/Giant Eagle Shopping
6:30 p.m. – Movie, Harmony Hall
Fridays: 9:30 a.m. – Puzzles with Jim, 200 Hall
1:30 p.m. – 500 Card Party, Harmony Hall
Saturdays: 9:30 a.m. – Puzzles with Jim, 200 Hall
10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – Bingo, Harmony Hall
6:30 p.m. – Cards, Harmony Hall
7 p.m. – Lawrence Welk on Ch. 2

November is Alzheimer's Disease Awareness Month

HOUSE CHATTER

~ News from The Villas ~



Thanksgiving Dinner

Enjoy a holiday meal with your loved ones at The Villas.

Thursday, November 22
Headland Friendship Commons

Meadows – 11 a.m.
Springs & Willows – 11:45 a.m.
Gardens & Orchards – 12:30 p.m.

Cost is \$10.00 per person

Please see The Villas receptionist for reservations and guest meal tickets.

For details, call 724-588-7610.



We encourage family and friends to join us at any and all special activities planned at The Villas.

If you'd like to take pictures, we ask you to please keep in mind that some of our residents have photo objections, and to limit your photos to *only your loved ones* enjoying the event.

~ Resident Refrigerator Use at The Villas ~

While St. Paul's does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul's will make every effort to accommodate the request should the resident and family agree to abide by the facility's policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul's. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul's is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul's reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident's room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

November Birthdays

- 2 - Louis Raketich
- 3 - Elizabeth Adams
- 3 - Mona Stoyer
- 9 - Carol Huffine
- 11 - Leo Frazier Jr.
- 23 - June Jackson
- 24 - Margaret Ruggles
- 25 - Esther Weygandt
- 27 - Mary Shaw
- 30 - Joyce Reardon



~ Resident Council ~

Resident Council meets the **fourth** Tuesday of each month at 10:15 a.m. **All residents** in The Villas are invited to attend these meetings.

~ Clothing Reminder for Villas Families ~

If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident's name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.



Casual Fridays were created to help support the Residents' Life Enrichment Fund. Staff members participating in casual wear on Fridays are asked to please participate in the theme wear as listed and assist us in maintaining the Residents' Fund through the purchase of a jeans sticker for \$1.00. (Located at the reception area). Thank You!

~ Attention Dog Owners ~

St. Paul's is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room.

This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.

Noon Meals at The Villas

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Roasted pork loin, herbed parsnips, escalloped corn, red grapes	2 Lemon baked fish, onion roasted potatoes, green beans, mini cream puffs	3 Baked ziti, tossed salad, peaches
4 Salisbury steak, cheesy mashed potatoes, sunshine carrots, apple pie	5 Chicken cacciatore, spaghetti, Italian-blend mixed vegetables, emerald pears	6 Sweet potato-crust pollock, potato wedges, broccoli and cheese, oatmeal raisin cookie	7 Tropical pork, hash brown casserole, zucchini & summer squash, cherry crisp	8 Savory baked chicken, whipped sweet potatoes, green beans, red grapes	9 Oven baked fish, rosemary roasted potatoes, corn, apple orchard bars	10 Cranberry glazed turkey, mashed potatoes, peas & pearl onions, banana split dessert
11 Baked glazed ham, escalloped potatoes, asparagus, lemon cream pie	12 Chicken tenders, macaroni & cheese, stewed tomatoes, Mandarin oranges	13 Beef pot roast, baked potato green bean casserole, cherry crisp	14 Apple raisin-stuffed chicken, mashed potatoes, creamed corn, peaches	15 Veal parmesan, spaghetti w/ marinara sauce, tossed salad, raspberry parfait pie	16 Sweet potato-crust pollock, pierogies, broccoli, mixed melon salad	17 Meatloaf, mashed potatoes w/ brown gravy, green peas, pumpkin cheesecake bar
18 Turkey a la king, Lima beans, cherry pie	19 Tilapia almondine, potato wedges, escalloped tomatoes, butterscotch pudding	20 Beef brisket, cheesy mashed potatoes, Brussels sprouts, gingerbread poke cake	21 Pork roast, mashed potatoes, sauerkraut, caramel apple trifle	22 Roast turkey, bread stuffing, mashed potatoes, whole baby carrots, cranberry orange relish, pumpkin pie	23 Lemon herb-glazed pollock, paprika roasted potatoes, broccoli & cauliflower, oatmeal cream cookie	24 Swedish meatballs, egg noodles, green beans & mushrooms, mixed melon salad
25 Stuffed chicken, mashed potatoes, whole baby carrots, chocolate cream pie	26 Breaded pork chop, whipped sweet potatoes, broccoli and cheese, peanut butter cookie	27 Veal piccata, parmesan noodles, asparagus, pineapple upside-down cake	28 Ham loaf, parsnip potatoes, succotash vegetable blend, apricots	29 Fried chicken, duchess potatoes, zucchini & summer squash, diced pears	30 Vegetable lasagna, winter-blend vegetables, garlic toast, fruited gelatin	

THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident's Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on **Channel 1851** at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

Thursday, Nov. 1 – Author's Day /Start a Good Book

10 a.m. & 2 p.m. Movies on Ch. 1851
 10:30 a.m. Rosary (Willows A dining room)
 1:30 p.m. 500 Bid (Gardens dining room)
 2 p.m. Bible Study (Willows A dining room)
 7 p.m. Neighborhood Games & Trivia

Friday, Nov. 2 – Annual Craft Show and Bake Sale

~ Autumn Colors & Jeans ~

10 a.m. & 2 p.m. Movies on Ch. 1851
 7 p.m. Friday Night Movie on Ch. 1851

Saturday, Nov. 3 – Sadie Hawkins Day

10 a.m. & 2 p.m. Movies on Ch. 1851
 2 p.m. BINGO

Sunday, Nov. 4 – All Saints Memorial Fall Back/Daylight Savings Time Ends

10 a.m. Church Service
 2 p.m. All Saints Memorial in HFC
 2 p.m. Movie on Ch. 1851



Monday, Nov. 5 – November is Gratitude Month

10 a.m. & 2 p.m. Movies on Ch. 1851
 1:30 p.m. Bingo Bucks Exchange
 7 p.m. Bonnie Campbell (Country, Gospel, Polka)

Tuesday, Nov. 6 – Election Day – Abraham Lincoln was elected the Sixteenth President of the United States (1860)

10 a.m. & 2 p.m. Movies on Ch. 1851
 1:30 p.m. 500 Bid (Gardens dining room)
 2 p.m. Austi
 7 p.m. BINGO

Wednesday, Nov. 7 – The “Pillsbury Dough Boy” debuted in television commercials (1965)

10 a.m. Mass
 2 p.m. Staff Recognition Awards
 2 p.m. Movie on Ch. 1851
 6:30 p.m. Mid-Week Service



Thursday, Nov. 8 – The soap opera “Days of Our Lives” debuted on NBC-TV (1965)

Ronald Reagan was elected governor of California (1966)

10 a.m. & 2 p.m. Movies on Ch. 1851
 10:30 a.m. Rosary
 1:30 p.m. 500 Bid (Gardens dining room)
 2 p.m. Bible Study
 7 p.m. Z Praise Entertainment (Christian, Oldies, Variety)

Friday, Nov. 9 – Veterans Observance

~ Casual Friday ~ Patriotic Colors

10 a.m. & 2 p.m. Movies on Ch. 1851
 2 p.m. Veterans Observance
 7 p.m. Friday Night Movie on Ch. 1851

Saturday, Nov. 10 – Domino Day

10 a.m. & 2 p.m. Movies on Ch. 1851
 2 p.m. BINGO



Sunday, Nov. 11 – Veterans Day

10 a.m. Church Service
 2 p.m. Movie on Ch. 1851

Monday, Nov. 12 – The first flying trapeze act was performed by Jules Leotard in Paris. He was also the designer of the “Leotard.” (1859)

7 p.m. BINGO on Monday
 (This change due to “Sing for Fun” on Tuesday)

Tuesday, Nov. 13 – Chicken Soup for the Soul Day Annual Retreat

Coffee Cart & News Bits
 1:30 p.m. 500 Bid (Gardens dining room)
 7 p.m. Sing for Fun (Mark Eckler)

Wednesday, Nov. 14 – Leonard Bernstein made his debut with the New York Philharmonic at only 25 years old (1943) Herman Melville’s novel *Moby Dick* was first published in the U.S. (1851)

10 a.m. & 2 p.m. Movies on Ch. 1851
 2 p.m. Humble Music Ministry
 6:30 p.m. Mid-Week Service

Thursday, Nov. 15 – De-clutter before the Holidays!

10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary with Communion
1:30 p.m. 500 Bid (Gardens dining room)
2 p.m. Bible Study
6:45pm Kinsman Amish Youth Group

Friday, Nov. 16 – Neighborhood Friday

~ Neighborhoods Choose Colors & Jeans ~

10 a.m. Gina's Creative Corner
10 a.m. & 2 p.m. Movies on Ch. 1851
#Sharing Ideas for 2019 – Neighborhood Planning
7 p.m. Friday Night Movie on Ch. 1851

Saturday, Nov. 17 – Birthdate of Rock Hudson (1925)

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

Sunday, Nov. 18 – Mickey Mouse Day

10 a.m. Church Service
2 p.m. Movie on Ch. 1851



Monday, Nov. 19 – “Time” magazine presented its cover in color for the first time. The subject was Japanese Emperor Hirohito. (1928)

10 a.m. & 2 p.m. Movies on Ch. 1851
7 p.m. Mercer County Boys (Bluegrass, Country, Gospel)

Tuesday, Nov. 20 – Birthdate of Edwin Hubble, American astronomer (1889)

10 a.m. Marbles the Cat
10 a.m. & 2 p.m. Movies on Ch. 1851
1:30 p.m. 500 Bid (Gardens dining room)
7 p.m. BINGO

Wednesday, Nov. 21 – The Cole Porter musical “Anything Goes” opened (1934)

~ Pre-holiday Casual Jeans Day ~ “Anything Goes” with Jeans (within the guidelines of course)

10 a.m. & 2 p.m. Movies on Ch. 1851
Neighborhoods Social (Dessert)
6:30 p.m. Mid-Week Service

Thursday, Nov. 22 – THANKSGIVING

10 a.m. & 2 p.m. Movies on Ch. 1851
Thanksgiving Buffet (Lunch hours)

Friday, Nov. 23 – Jersey Friday

~ Casual Friday ~

10 a.m. & 2 p.m. Movies on Ch. 1851
Christmas décor delivered to the Neighborhoods
7 p.m. Friday Night Movie on Ch. 1851

Saturday, Nov. 24 – Small Business Saturday

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO



Sunday, Nov. 25 – Snug as a Bug Day

10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, Nov. 26 – The motion picture “Casablanca” had its world premiere at the Hollywood Theater in NY City. (1942)

Cyber Monday

10 a.m. Hymn Sing with Greg Van Valien
10 a.m. & 2 p.m. Movies on Ch. 1851
7 p.m. Z Praise Entertainment (Christian, Oldies, Variety)

Tuesday, Nov. 27 – November Birthdays

10 a.m. & 2 p.m. Movies on Ch. 1851
Noon Monthly Birthday Lunch
1:30 p.m. 500 Bid (Gardens dining room)
7 p.m. BINGO

Wednesday, Nov. 28 – Flannel Fun

~ Casual Jeans Day ~

10 a.m. & 2 p.m. Movies on Ch. 1851
7:30 – 9 a.m. Men's Breakfast: Flannels and Fun
7 p.m. S.L.I.M. Brothers in HFC

Thursday, Nov. 29 – Italian composer Giacomo Puccini died before he could complete his final opera. “Turandot” was finished by Franco Alfano. (1924)

10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid (Gardens dining room)
2 p.m. Bible Study
7 p.m. Fred Barringer (Folk, Western, Variety)

Friday, Nov. 30 – A Knack for Knits Day

~ Casual Friday ~

10 a.m. & 2 p.m. Movies on Ch. 1851
Christmas decorating in the Neighborhoods
7 p.m. Friday Night Movie on Ch. 1851

~ November 2018 Special Activities & Events in The Villas for Staff and Residents ~

FRIDAY, NOV. 2 — ANNUAL AUXILIARY CRAFT SHOW & BAKE SALE — From 10 a.m. – 4 p.m., stop by the Headland Friendship Commons to check out crafts, baked goods and other items! We'll also offer lunch at a great price! Wear jeans this day and your favorite autumn colors! Fall Humor ~ Q: Who helps the little pumpkins cross the road to school so they don't get squashed? A: The Crossing Gourd. Q: Why did the scarecrow win the Nobel Prize? A: Because he was out-standing in his field. Are you acorn-y person, too? Let's give 'em pumpkin to talk about!

SUNDAY, NOV. 4 – ALL SAINT'S MEMORIAL — in the HFC at 2 p.m.

IT'S ALSO TIME TO "FALL BACK" — CHANGE YOUR CLOCKS, DAYLIGHT SAVINGS ENDS AT 2 A.M.

TUESDAY, NOV. 6 — ELECTION DAY. Also on this day in 1860, Abraham Lincoln became the 16th President of the United States. Did You Know? Lincoln is in the Wrestling Hall of Fame...losing only one match out of 300! He is the only president to have obtained a patent. The Thanksgiving holiday was established by Lincoln in 1863 (thefactfile.org). Here are just two of many famous quotes by Lincoln: "Nearly all men can stand adversity, but if you want to test a man's character, give him power." "Better to remain silent and be thought a fool than to speak out and remove all doubt."

WEDNESDAY, NOV. 7 — STAFF RECOGNITION AWARDS will take place at 2 p.m. in the Headland Friendship Commons. Congratulations to this year's recipients and to all who received nominations!

FRIDAY, NOV. 9 — VETERANS DAY OBSERVANCE — Please join us for a Veterans Day Observance at 2 p.m. in the Headland Friendship Commons. Wear patriotic colors in honor and thanks to Veterans for their loyalty and service to our country. "Valor is stability, not of legs and arms, but of courage and the soul." ~ Michael de Montaigne

FRIDAY, NOV. 16 — #SHARING IDEAS FOR 2019 #NEIGHBORHOOD PLANNING DAY — Neighborhoods choose their colors for Casual Friday. At 10 a.m., Gina Toth will have Creative Corner for November's craft. During the day, neighborhood/families are encouraged to share ideas for holidays and activities for 2019!

WEDNESDAY, NOV. 21 — PRE-HOLIDAY CASUAL WEDNESDAY! — In 1934, The Cole Porter musical "Anything Goes" opened. Yep, "Anything Goes" & Jeans this day! (Of course, within the guidelines!) For the Neighborhoods, staff and residents will enjoy a delicious dessert together—Caramel Apple Truffle. Happy Thanksgiving!

THURSDAY, NOV. 22 — THANKSGIVING HOLIDAY — Information regarding Thanksgiving Buffet for residents at The Villas and their families can be found in this issue of Campus Connections on Page 14.

FRIDAY, NOV. 24 — JERSEY FRIDAY — Wear your favorite football jersey this day with jeans (maybe a good day for stretchy jeans...LOL). Grounds Crew and Life Enrichment Staff will be delivering Christmas decorations to the Neighborhoods.

WEDNESDAY, NOV. 28 — FLANNEL FUN, CASUAL WEDNESDAY AND MEN'S BREAKFAST — Breakfast will be held in the HFC from 7:30 – 9 a.m. for residents at The Villas. What a good combination: snuggly flannel and a hot breakfast to start off the day! Since this is the time for giving thanks and thanks for giving, we'll have some treats for staff to stop by and nibble on as well. At 7 p.m., the S.L.I.M. Brothers will perform in the Headland Friendship Commons in lieu of Midweek Service. Don't miss it!

FRIDAY, NOV. 30 — A KNACK FOR KNITS DAY — Wear a favorite knit or textured garment this casual Friday. "Memories are stitched with love." ~Author Unknown. In the neighborhoods this day, Christmas decorating will commence – so hang the ornaments, don the tree, but don't forget it's in Him we believe.

Regularly Scheduled Activities:

BINGO – Tuesdays at 7 p.m. (except Monday 11/12) & Saturdays at 2 p.m.

Music Therapy Wednesdays at 3 p.m., location varies

Mid-Week Service Wednesdays at 6:30 p.m. (except 11/28) • Friday Night Movies on Ch. 1851 at 7 p.m.

Special Activities in November:

November 5 – Bonnie Campbell, 7 p.m.

November 6 – Austi, 2 p.m.

November 8 – Z Praise Entertainment, 7 p.m.

November 13 – Mark Eckler Sing For Fun, 6:30 p.m.

November 14 – Humble Music Ministry, 2 p.m.

November 16 – Creative Corner with Gina, 10 a.m.

November 19 – Mercer County Boys, 7 p.m.

November 26 – Greg Van Valien Hymn Sing, 10 a.m.

November 26 – Z Praise Entertainment, 7 p.m.

November 28 – S.L.I.M. Brothers, 7 p.m.

November 29 – Fred Barringer, 7 p.m.

Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul's.



Visit www.stpauls1867.org and click **STAFF RECOGNITION** on the homepage. Next, click on "Submit a Caring Heart" and fill in the simple form. **Please Note:** Submit **ONE** caring heart for **EACH** staff member you'd like to recognize.

Caring Hearts – October 2018

List features staff from The Villas, The Heritage, The Ridgewood, The Keifer Building and Without Walls.

Promoting a Culture of Caring & Recognizing our Team Members

Judy Armer
Heather Baird
Brady Baker
Mary Barr
Beckie Bartel
Audrey Bates
Sarah Bell
Amanda Boggs
Gabby Boyd
Lucinda Boylan
Kimmi Britton
Stephanie Brown
Kurt Bucheit
Lydia Cianci
Alexis Darlington
Jennifer Davis
Amber DeLong
Corey Denzer
Kara Doddo
Mike Doddo
Alexis Doeberiner
Heidi Emerick
Rose Farley
Ashley Garbinski
Rachel Gilmore

Lindsay Griffiths
Erica Gulentz
Tom Hall
Casey Hause
Jolene Herbold
Jodi Hereford
Chris Hill
Michelle Ignat
Kenzi Kerins
Chrissy Kidd
Suzette Kineston
Lisa Kunselman
Cheryl Lamp
Ashley Lee
Hannah Linamen
Tammy Lininger
Shelly Luckock
Lindsey Lumley
Brian Mailliard
Dianna Mills
Julie Mitchell
Julia Morian
Diana Morian
Lynn Moyer
Dana Mullen
Doris Neal

Missy Nitch
Michelle O'Malley
Sherrie Rader
Cheyenne Richardson
Steve Richardson
Tabitha Roberts
Jen Robinson
Lauren Russell
Alexis Shannon
Gina Sorg
Tina Stanhope
Ashley Stefanko
Erin Straw
Brian Uhrin
Fran Van Epps
Ashley Vickers
Sam Wannstedt (OT)
Sheila Wasser
Hailey Watt
Brandon Weaver (PT)
Robyn Weaver
Deb Weese
Michaela Whitehouse
Elisa Wotherspoon
Deb Yoos



GIFT CERTIFICATES AVAILABLE

**Do you search and search for the perfect gift
for your loved one every holiday season?**

What could be better than giving the gift of care?

Gift Certificates for St. Paul's Without Walls services make perfect gifts!

They are redeemable for any Without Walls services:

Companion and Care Partner Fees

On-the Go-Dining Meals

and they can even be used toward the price of Philips Lifeline products!

~ ~ ~ ~ ~

At holiday time do you know someone who might need extra help with:
Housekeeping? Holiday decorating? Shopping for gifts? Gift wrapping?

Without Walls Gift Certificates will cover those needs, too!

For more information or to purchase, contact our office at 724-589-4740.



Sneak Peek

Take a look at the many beautiful auction items that will be available at the Craft Show and Bake Sale on Nov. 2! Auction tickets will be for sale during the event and the winners will be chosen at 4 p.m. in the Headland Friendship Commons.



FAMILY GAME BASKET

Includes: fleece blanket, games, playing cards, jigsaw puzzle, wooden storage crate + you create the family memories!



CHRISTMAS BOOT

Hand-painted Victorian boot holds a bottle of wine. Hand-painted wine glass included.



WELCOME HOME

Ceramic 15" golden retriever figurine. Perfect for your porch or entryway.



RAGGEDY ANN & ANDY

Handmade 35" pair sit on a handcrafted maple bench constructed from wood donated by a local farm's sawmill.

SOUPS ON – This basket includes: a porcelain soup tureen with lid and ladle, four soup bowls, soup mixes, "Soup's On" apron.

THROUGH THE GRAPEVINE – This basket includes: bottle of riesling, bottle of merlot, cork wine bottle stopper, wine-themed fleece blanket, Glam it Up wine cover, coffee table wine book, two hand-painted wine glasses.

ABSTRACT ACRYLIC FRAMED PAINTING – Created by local artist Bobby Baker, done in rich tones of burgundy and green.

CHRISTMAS VILLAGE – This display includes three Christmas buildings, a decorative wooden "Merry Christmas" plaque and a hand-sewn red table skirt.

GO STEELERS – Basket includes: fleece blanket, beverage tub, barbeque set (apron, oven mitt & pot holder), pair of Steeler custom can koozies, Steeler multi-purpose case, set of Steeler placemats.

HOLIDAY DINING – Oblong 60" x 104" holiday tablecloth & six matching napkins, six hand-painted wine glasses, a bottle of Pinot Grigio, light up Christmas wine cover, pair of vintage Fostoria black amethyst candle holders, pair of 10 inch red tapered candles.

KITCHEN TOOLS & GADGETS – The items in this basket include: Crofton non-stick roasting pan with rack, Better Chef compact chopper, Basic Essentials 7-piece tub of stainless steel kitchen tools, 10-piece prep, serve and store nesting bowl set, hand-made paper towel holder.

ON THE GO – This includes: a piece of carry-on luggage with a matching cosmetic case, several travel toiletries, a RFID protected Scan Safe credit card holder and National Geographic book, *Journeys of a Lifetime*.

RELAX, REFRESH, RECHARGE – Included in this: \$25 gift card to All Things Beauty, teapot with two matching cups, Celestial Seasonings herbal tea sampler, Bath Soak bath salts, Bath & Body Works body scrub and body cream, shower steamers, handcrafted clove-scented soap with all-natural ingredients, pure beeswax candle.

RING IN THE NEW YEAR – Hand-crafted New Year wreath, bottle of Andre champagne, two hand-painted champagne flutes, "Oh No I Bought Champagne Instead of Milk Again" towel, New Year's Eve party pack for 10, Happy New Year banner.

A very big "Thank You" to the more than 65 employees and family members who volunteered their time for this year's Caring Hearts on Fire Gala!



Blessing of the Animals

The annual Blessing of the Animals took place on Friday, Oct. 12 in the Headland Friendship Commons. Lots of furry friends were blessed and given treats. And all in attendance received a bookmark printed with the Prayer of St. Francis, who emphasized that creation includes more than humankind.



Active Aging Week

Sept. 23 – 29



Staff and residents at The Colony celebrated Active Aging Week with the theme “Inspiring Wellness.” A group went kayaking on Monday, Sept. 24, Roscoe Physiotherapy visited on Thursday, Sept. 27 and shared helpful fitness tips and Eden Families had a ton of fun going on a Scavenger Hunt around Greenville on Friday, Sept. 28. Other activities during the week included the annual Colony steak fry, Keifer staff appreciation luncheon and a gallery night where residents displayed their many artistic talents.



Employees played a big part in “Raising the Roof”

A large group of employee donors to the portico project gathered outside of The Villas on Wednesday, October 3 following a “Thank You” party in the Headland Friendship Commons.

More than 100 employees supported the “Raise the Roof” campaign raising \$58,848. Employees represented 32% of the total donors who gave toward construction of the porticos at The Villas, The Heritage and The Ridgewood.

Thank you again to all of the employees who supported this important project!



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H A P P Y
Thanksgiving

