

The Pinnacle  
at EDENHILL

The Village  
at EDENHILL

# IN THE Loop

November 2017

A newsletter for the residents, family members and employees of EdenHill Communities | New Braunfels, TX

## Celebrating

## Mind

## Body

## Spirit



Daylight-Saving  
Time Ends

Sunday, November 5, 2017, 2:00 am clocks are turned backward 1 hour local standard time instead.

Sunrise and sunset will be about 1 hour earlier on Nov 5, 2017 than the day before. There will be more light in the morning.

## New Braunfels Heritage Month

Last month we celebrated the rich history of EdenHill Communities. If you attended our Altenheim Day event, you saw the re-creation of the annual day of giving that was held for the “old folks home” after it opened in 1910 in San Antonio. The German heritage of our not-for-profit organization is deeply etched into the timelines of San Antonio and New Braunfels, each city proudly boasting its own unique history. Being the first retirement community in Texas, EdenHill chose two of the finest cities to lay its foundations!

October marked EdenHill’s 107 year anniversary. New Braunfels celebrates 172 years of German heritage this year! During November, there are many traditions and events that shouldn’t be missed. Of course, Wurstfest is the annual fun event which recognizes our city’s German roots and culture. The “salute to sausage” (and beer) runs November 3-12. Concurrently, don’t miss the “100<sup>th</sup> Anniversary of World War I” at Conservation Plaza. November 4 is Heritage Day at the Museum of Texas Handmade Furniture which highlights the crafts and skills of 19<sup>th</sup> century Texans. November 4 is also the date for the annual “Kanu Rennen”-canoe races on the Guadalupe River. The Veteran's Day parade is held down-

town on November 11, honoring those in our community who have served our country. November 17-19, shoppers will look forward to Weihnachtsmarkt, a German style Christmas market benefiting the Sophienburg Museum. The same weekend is the lighting of downtown New Braunfels for the holidays and Olde Gruene Market Days featuring Cowboy Kringle. Many other traditional events are held over the next several weeks all over Comal County. Keep an eye on the activity calendar for dates and times to attend many of these events.

How fortunate we are to live in such an active, historic community! We have the opportunity to ask for continued blessings on our town, on EdenHill and all those who enrich our lives on November 23, Thanksgiving Day.

## Happy Thanksgiving





# Happy Halloween



# Betty Mitchell - The Numbers Tell All

Betty was born in her home in the small Texas town of Saint Jo on January 11, 1940. She has five brothers and sisters. In 1941, her family moved to Fort Worth and then in 1950 moved to Houston. Her father started Blue Pacific Stamps which provided stamps to businesses. When you purchased products back in this era, you received stamps and once the book was full, you would receive a gift.

Sports were very important to Betty in high school. She was a member of the bowling, tennis, and softball teams. She was also the high school ping pong champion. While in high school, Betty worked at an ice cream shop and used that money to buy her first car, a 1952 Ford convertible. After graduation, she went on to Houston Community College.

In 1960, Betty's father passed away at the age of 45. As a result, she moved back home to help her mom and two younger sisters. She also worked an accounts payable job at Bering Home Center. When there was a management change at Bering, she decided to

leave and go back to college to take computer classes.

She eventually wound up at Insulco Insulation as a staff accountant and data processing manager. While working at Insulco, she and a programmer designed a program to create WIP (work in process) reports. The company would later sell the program she helped create to clients that worked on nuclear plants. Betty had the opportunity to visit these nuclear plants and train employees on how to use the program.

Her next job was a controller and system coordinator with an international U.S. custom house broker where she worked for eight years before thinking about retirement. Alas, when a fellow employee decided to start an online business (Holybears) and needed a controller, she couldn't resist and worked with him.

When her mother's health started to fail, they moved to New Braunfels in 2003 so they could be closer to her sisters. She still worked for Holybears

from home and had to make the trip to Houston once per month to close out accounts. Her mother eventually moved in to Eden Heights. Betty still works part-time today in the accounting department at McCash Enterprises.

Betty didn't take too much time for vacationing over the years other than an annual ski trip with her church. Although, she did take an Alaskan Cruise which happens to be her favorite.



Betty is very devoted to her family. When asked how she would like to be remembered, she said it would be joyful.

**San Antonio Lighthouse for the Blind**  
**Rules of Communication For The Manufacturing Floor**

1. Treat Everyone Equally
2. Everyone's Ideas Count
3. Listen before you respond
4. Respect one another as co-workers
5. Greet everyone with a positive manner
6. Speak politely to each other at all times
7. Communicate with patience and self control
8. Explain very clearly and check for understanding
9. Make sure everyone is aware of their surroundings
10. Treat others as you would like to be treated yourself

These are great rules for every aspect of our lives.



This jacket is a sample of what they manufacture.

The Lighthouse is San Antonio's icon for training and educating both the blind and vision impaired, in addition to being a leader in manufacturing for the military and government agencies.

Founded in 1933, the San Antonio Lighthouse began as a small sewing plant on the south side of San Antonio and has since grown into an agency that provides employment for over 475 employees.



Hello Friends!

Most of us in this nation are somewhat distanced from the sources of our sustenance—the animals, plants, cycles of nature, and human labor that produce the essentials of shelter and nourishment. We buy rather than make what we need, with everything prepared, packaged, delivered and served to us by strangers who are equally disconnected from the origins of what they deliver.

While I'm grateful for modern comforts and conveniences, I'm also somewhat nostalgic for a time when the rhythms of daily life included activities directly related to sustaining that life, and when neighbors relied on one another in interdependent connectedness. In the midst of the suffering, sadness, loss and lack that are the after effects of recent disasters, there are also some amazing stories of people's reconnection with their resourcefulness, and recognition of their common bonds with other members of the human family.

This is traditionally the month in which we celebrate harvest time and give thanks to God for God's abundant love and bountiful mercy. These are times when I believe it is especially important for all of us to remember who and whose we truly are. Our perceived distances and differences are not nearly as important as the ties that bind us and call us to care for our fellow humans and for God's creation with compas-

sion.

In chapel we are continuing to devote a tithe (ten percent) of each Sunday's offering to disaster response through Church World Service, and to sing together a song of blessing that keeps us mindful of the need to be grateful, generous, and glad to be alive:

*For the fruits of this creation, thanks be to God; for good gifts to every nation, thanks be to God;*

*for the plowing, sowing, reaping, silent growth while we are sleeping, future needs in earth's safe-keeping, thanks be to God.*

*In the just reward of labor, God's will is done; in the help we give our neighbor, God's will is done; in our worldwide task of caring for the hungry and despairing, in the harvests we are sharing, God's will is done.*

*For the harvests of the Spirit, thanks be to God; for the good we all inherit, thanks be to God;*

*for the wonders that astound us, for the truths that still confound us, most of all, that love has found us, thanks be to God. (Fred Pratt Green in the UMH #97)*

I look forward to celebrating and sharing God's abundance with you this month, and all our days to come.

*Shalom, Sarah+*



## Pet Blessing

In honor of St. Francis of Assisi



### Thanksgiving Feasting

When the Halloween pumpkins are gone,  
And the leaves have all fallen to ground,  
When the air has turned windy and cold,  
Then Thanksgiving will soon be around.

Thoughts of loved ones all feasting together,  
Pleasant pictures from past times appear  
To dwell in each heart and each mind--  
Then Thanksgiving is finally here!

The kitchen has scrumptious aromas,  
The dining room looks oh, so fine,  
Decorations with pilgrims and turkeys,  
And now we are ready to dine!

First the napkins are placed on our laps;  
Now the prayer for the meal to be blessed,  
Then we stuff the good food in our tummies,  
And we hope for it all to digest!

By Joanna Fuchs



# November

Date	Time	Activity	Location
11/03/17	4:00 pm	#1 Wurstfest Trip	Landa Park
11/07/17	9:30 am	Tour - Conservation Plaza	New Braunfels
11/07/17	4:30 pm	#2 Wurstfest Trip	Landa Park
11/08/17	4:00 pm	Estes Audiology Talk & Happy Hour	Town Hall
11/09/17	3:30 pm	Wurst Party	Town Hall
11/10/17	12:45 pm	Home Goods Store	Creekside
11/11/17	9:00 am	Holiday Cradt Show	Hoffman Lane Elem
11/13/17	10:45 am	Quarry & Trader Joe's	San Antonio
11/15/17	3:30 pm	Root Beer Float Social	Gathering Place
11/16/17	3:00 pm	Dr. Skelton - Avoid the accident of incontinence	Town Hall
11/17/17	10:30 am	Lunch and Shopping	Boerne
11/18/17	10:30 am	Weihnachtsmarkt	Civic Center
11/21/17	4:00 pm	Happy Hour	River Hofbrau
11/21/17	6:30 pm	Comal County Country Music Show	Comal Senior Center
11/25/17	9:30 am	Farmer's Market	New Braunfels
11/29/17	1:30 pm	Tour Sophienburg Museum	New Braunfels
11/30/17	11:00 am	Festival of Trees & Lunch	New Braunfels



# drumming AROUND



Residents enjoyed participating in a drum circle on October 24th. This was such an entertaining activity and fun was had by all.

## Out and About



Morgan's Wonderland



Crescent Bend Park

# 5 lessons about the way we treat people

## 1 - First Important Lesson - Cleaning Lady.

During my second month of college, our professor Gave us a pop quiz. I was a conscientious student And had breezed through the questions until I read

### The last one:

"What is the first name of the woman who cleans the school?" Surely this was some kind of joke. I had seen the Cleaning woman several times. She was tall, dark-haired and in her 50's, but how would I know her name? I handed in my paper, leaving the last question blank. Just before class ended, one student asked if the last question would count toward our quiz grade. Absolutely, " said the professor.. "In your careers, you will meet many people. All are significant.. they deserve your attention and care, even if all you do is smile and say "hello.." I've never forgotten that lesson.. I also learned her name was Dorothy.

## 2. - Second Important Lesson - Pickup in the Rain

One night, at 11:30 p.m., an older African American woman was standing on the side of an Alabama highway trying to endure a lashing rain storm. Her car had bro-

ken down and she desperately needed a ride. Soaking wet, she decided to flag down the next car. A young white man stopped to help her, generally unheard of in those conflict-filled 1960's. The man took her to safety, helped her get assistance and put her into a taxicab.

She seemed to be in a big hurry, but wrote down his address and thanked him. Seven days went by and a knock came on the man's door. To his surprise, a giant console color TV was delivered to his home. A special note was attached.

### It read:

"Thank you so much for assisting me on the highway the other night. The rain drenched not only my clothes, but also my spirits. Then you came along. Because of you, I was able to make it to my dying husband's' bedside just before he passed away... God Bless you for helping me and unselfishly serving others."

Sincerely,  
Mrs. Nat King Cole.

**Look for lessons 3 thru 5 in December's newsletter.**

*Advent*  
A Season of Hope  
& Expectation



Once again, we're going to put together a booklet for our community composed of submissions from EdenHill residents and staff.

If you have a favorite seasonal poem, brief story, or Christmastime memory you'd like to share, we'd love to hear from you.

The deadline for submission is Wednesday, November 22.

Contact Chaplain Sarah Currie with questions-- 830/500-2383--and please send her your reflections via email: [scurrie@edenhill.org](mailto:scurrie@edenhill.org).