

## A MESSAGE FROM AMY...



Amy Shields, LNFA Chief Executive Officer

The hot days of Summer are upon us, but that hasn't slowed us down here at St. Dominic Village.

If you have visited the campus lately you are likely to have found our residents hard at work either gardening, helping other residents to

daily Mass, or enjoying each other's company in one of our many outdoor areas.

Community is very important here at St. Dominic Village. Whether you live here, work here, volunteer, or just come to visit, we invite everyone to become a part of our community. Getting to know our residents is a true blessing.

If you have an interest in taking part in what we do here, please reach out and let us know. We can definitely find the perfect fit for you on campus. Our volunteers are vital to our ministry, and we could not serve the spiritual needs of all of our residents without them.

As we transition into fall, please keep an eye on



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our emails, our website, and our Facebook Page. That's where we'll be announcing the details for all of our upcoming events! *September 24* is our **Annual Evening with the Bishops**, a lovely evening of enjoying fellowship and dinner with our beloved Bishops. This event sells out quickly each year, and is an amazing fundraiser for St. Dominic Village.

Then, on *October 20* we will be having our first ever **Fall Festival**! Details are currently in the works, but we know that this event will include fun for the whole family, and Bingo with cash prizes! Mark your calendars now and plan to join us for a fun fall day!

As a nonprofit organization, the funds that we raise are vital to our operations. One hundred percent of our event proceeds go back to helping our residents. We're incredibly blessed by the generosity of our donors and supporters. Whether you are attending an event, buying a raffle ticket, supporting an event, or making a donation to support the SDV Fund, know that all funds touch the lives of our residents.

As a reminder, my door is always open and I encourage you to stop by and say "Hello!"

Annshilds

- Amy Shields, LNFA Chief Executive Officer 713-741-8701 ashields@stdominicvillage.org

## ST. CECILIA SECOND GRADERS VISIT ST. DOMINIC VILLAGE



Our independent and assisted living residents enjoyed a visit from St. Cecilia Catholic School second-graders.

The children started their visit by singing beautiful songs and hymns for our residents before they moved on to playing cards and board games with them. Our enthusiastic residents were more than happy to spend some time with the children. Studies have shown that planned interactions between elders and school children help increase self-esteem and promote friendships.

The visit then went on to include gift bag distributions as the second-graders brought a gift bag for each resident. Moments like this provide our St. Dominic Village residents with the opportunity to connect with others, and allow the children to have meaningful, intergenerational experiences.

For Retired Auxiliary Bishop Vincent Rizzotto (pictured above) this visit was more than a treat, it was a trip down memory lane. Bishop Rizzotto, who now lives at St. Dominic Village, pastored in the St. Cecilia Catholic Church community for almost 20 years. He was absolutely delighted to be able to spend time with the children and grandchildren of those he once served.







### **CHAIR YOGA CLASSES**

Many of our assisted living residents have recently begun practicing chair yoga! The chair yoga classes are held every other Tuesday, on the fifth floor of the Tower.

In the last few years yoga has become a world-wide health phonomenon as it has been shown to improve respiratory and cardiovascular function, ease chronic pain, and reduce stress. All perks that our residents greatly benefit from!

Chair yoga is a more gentle form of yoga that can be practiced from a chair, but still offers the same mental and physical benefits that come with traditional yoga. Most chair yoga poses are adapted, keeping those with limited mobility in mind. They include simple hand and leg stretches and specialized breathing techniques.

It's also a great way for some of our limited mobility residents to engage and have fun! Being able to participate in physical activities gives them a sense of belonging which greatly enhances their quality of life.



## **NATIONAL NURSING HOME WEEK**



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May 13 - 19 was National Skilled Nursing Care Week. To celebrate we had Steel City Pops cater some delicious frozen treats for the staff and residents!

Our Rehabilitation and Nursing Center residents were more than happy to try some of the colorful popsicle flavors, but they had the most fun racing the clock as the sun began to melt their icy treats.

"I haven't had a popsicle in over 60 years," shared one of the residents! Many others couldn't remember the last time they had a popsicle.

Events like this are a blessing, and made possible by our St. Dominic Village donors. Funds raised throughout the year allow us to not only subsidize Rehabilitation and Nursking Center residents who have outlived their means, but also provide additional "perks" that keep our residents alert and promote interactions.

## ST. DOMINIC VILLAGE INFORMATIONAL

On June 5 St. Dominic Village hosted an informational dinner for residents and their family and friends. This event allowed those closest to St. Dominic Village to learn more about the campus facilites, and the many services that we provide. Our guests learned about what it

means to be a nonprofit, how we raise funds, and how those funds help us fulfill our mission.

The dinner was also a fantastic opportunity for our residents and their families to come together. It was very special to see multiple generations sit, share a meal, and enjoy each other's company.





### **NURSE'S STATION**

BE SMART ABOUT ANTIBIOTICS WHEN YOU DON'T NEED

**THEM.** It's like leaving the lights on all the time. The lights may burn out, leaving you in the dark. If you use antibiotics when you don't need them, they may not work when you actually get sick.

WHEN ARE ANTIBIOTICS NOT NEED? When you have an infection caused by a virus; when you don't have an infection but instead have some other medical problem; when you are not sick; when you have decided against them (such as near the end of life).

WHY DO DOCTORS GIVE ANTIBIOTICS WHEN THEY'RE **NOT NEEDED?** Doctors are not always sure what is causing an illness, and they may feel that they must provide treatment right away. There are also some patients, and families, that insist on getting an antibiotic perscription because they think that they are not getting good care otherwise.

WHAT YOU CAN DO? Talk with your doctor about the benefits and side-effects of antibiotics; take medicine exactly the way the doctor perscribes; don't skip doses; take care of yourself; get rest; eat and drink enough; take over-the counter medicine as needed.

ANTIBIOTICS CAN SAVE LIVES, BUT THEY CAN CAUSE PROBLEMS, TOO. Older people have more side effects, which can cause problems all over the body. In addition to resistance, antibiotics can cause nausea, dizziness, diarrhea, rash, kidney damage, and allergic reactions. You can help yourself and others by taking antibiotics only when they are needed.

> - Heather Wilson **Education Coordinator**

### **CELEBRATING SUCCESS!**

We are pleased to share a wonderful Rehab Success Story from one of our very own St. Dominic Village residents!

Name: Fr. George Olsovsky

Admitting Diagnosis: Acute Respiratory Failure

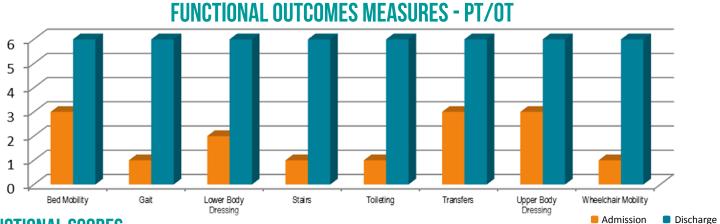
Admission Date: 02.16.2018 Discharge Date: 05.16.2018 Discharge Location: Home

Fr. Olsovsky initially came to St. Dominic Village mid-February of 2018 with multiple rib fractures, muscular weakness, shortness of breath and respiratory failure. He was determined to get back on track and improve his well-being so that he could return home, where he lived alone and managed his day to day activities independently.



After a few months, he is now able to walk 400' safely around the community using a walker, dress and toilet himself, and does not require assistance with transfers as he did when he returned from the hospital.

Born and raised in Texas, Fr. Olsovsky is now retired after having served his community for 32 years. He has strong support from neighbors and friends. It was a joy having Fr. Olsovsky as our patient and we are very pleased to share his success story.



### **FUNCTIONAL SCORES**

- 7.0 Complete Independent No assist, no equipment
- 6.0 Modified Independent No Assist, but equipment or extra time
- 5.0 SBA No physical assist other than set-up; supervision for safety/technique; and/or single cue to initiate
- 4.5 CGA Contact Guard Assist
- 4.0 Min Occasional assist (25% or less time or effort to complete)
- 3.5 MinM Min-Mod Periodic assist (25-40% of the time or effort involved to complete task)
- 3.0 Mod Frequent assist (40-50% of the time or effort involved to complete task
- 2.5 MdM Mod-Max Extensive assist (50-75% of the time or effort involved to complete task
- 2.0 Max Constant assist (75-90% of the time or effort involved to complete task
- 1.7 NTD Near total dependence: Total assist w/only partial task completion
- 1.0 CD Complete Dependence: No contribution from pt; task done by others or not assessed
- 0 NA Not Addressed Will not be addressed during the course of care

Program managed by:



### **VOLUNTEER OF THE YEAR**

St. Dominic Village is incredibly blessed to have volunteers who care for our residents with the Compassion of Christ. On May 5, we celebrated our volunteers, both residents and non-residents, with our Annual Volunteer Appreciation Luncheon.

This small token of our appreciation was enhanced by music from Xavier Keys and Cloris Grimes, and by Mexican style food provided by Luby's Etc.. With gifts, door prizes, and fellowship, we honored Cinco de Mayo, our volunteers, and our 2018 Volunteer of the Year, Lynn Schriber.

Lynn Schriber, Senior Vice President and Financial Advisor with Morgan Stanley, has been associated with St. Dominic Village since early 2000 when her father moved in.

**SR. MARIA RETIRES** 

On June 5 we hosted a retirement party for Sister Maria de la Paz Hernandez, S.S.C.J., LVN, amid laughter and tears.

Sister Maria has been a Nurse Manager in assisted living for the past eight years. She was working for the Dominican Sisters when she was hired as an LVN for assisted living at St. Dominic Village.

During her party some of the residents shared great stories, and lots of merriment ensued; however, tears came when it was time to wish her farewell. Sister Maria will now be returning to San Antonio, motherhouse of her congregation and home to many of her family members.

Sister Maria has over 25 years of nursing experience from Mexico City, San Juan, San Antonio, and Houston.

In her own words, she shared: "My vocation,

With a dedication to serving others, she began leading the songs during Tuesday Mass. Now, what started out as oncea-week activity has almost become a Monday through



Friday commitment. On her way to work, having chosen and prepared the morning music, she leads the singing and assists the residents attending Mass.

In Lynn's words: "What started as a way to take care of my parents became a way to continue my journey in faith. Helping others with something as small as a smile, a song, a hand, and a heart means the world to me."

- Patricia Egerman Director of Spiritual Care & Volunteers



love of God, and desire to help others led to my decision for nursing."

Sister Maria loved her residents and they loved her. Her ready-smile and excellent care will be dearly missed.

Thank you, Sister Maria, for your devotion and service to St. Dominic Village.

-Lynn Gillespie Independent & Assisted Living Administrator

### HAPPY BIRTHDAY RESIDENTS

## April

Betty Corgey
Shirley Brumbaugh
Kenneth Fisher
Edna Green
Mattie Latson
Ann Palmeira
Betty Price
Ronald Samuel
Herbert Schroeder
Valeria Steward
Judith Taylor
Virginia Taylor
Margaret Tzimorotas

## May

Eleanor Arnold
Al Demarco
Eula Federine
Barbara Fitts
Cora Frazier
May Henderson
John Hernandez
Marie Horton
David Hugh
Sally Jefferson
Angela Jimenez

Theresa Jozwiak
Milam Kleas
Barbara Maxey
Gwen May
Geradine Milson
Earlena Nuval
Maria Plezbert
Carl Southern
Charles Taylor
Eleanor Tuffly
Dorothea Van Gheluwe

Anita Calvano
Alice Chukwu
Joseph Devine
John Elder
Thomas Fuller
May Gwen
John Kellick
George Koch
Mark Mcdonald
Charlcie Morrison
Kay Reynolds

Natalie Stolarski

**Charlotte Taylor** 

June

# EMPLOYEE of the Month





HAZAKA VAUGHNS Station 2, CNA May 2018



**JUNE 2018** 

**APRIL 2018** 

## **WELCOME TO THE VILLAGE**

We pride ourselves on the level of care and dedication that we give each and every day to ensure that our residents are happy and healthy. Our staff goes above and beyond to get to know each resident personally, to learn what they enjoy, and to fully ensure that all of our residents are engaged and connected.

The following are our new resident move-ins between April and June.

### INDEPENDENT LIVING

Mark McDonald
William Lambert
Lorraine Coomes
Nickolas Tzimorotas
Jerome Smith
Betty Price

### **ASSISTED LIVING**

Annie Bourgeois John Zebelskas Mary Lynn Furray Jennie Fonte

### REHABILITATION AND NURSING CENTER

Sr. Mary Carbajal Frank Burke Doris Dillard Jennie Fonte Patricia Holmes David Keith Aleksandr Kiriakov Clara Marks Chiazor Ndiwe Ludivina Ortega

Andrew Shebay Raisa Skotnova Margaret Tzimorotas Henrietta Watson

### To schedule a tour of St. Dominic Village, please call or email:



Melba Hamilton-Breed
Director of Marketing and Admissions
mhamiltonbreed@stdominicvillage.org
713-440-3417



**Tanya Owens**Independent and Assisted Living
Admissions Coordinator
713-440-3413
towens@stdominicvillage.org



Amie Moses
Rehabilitation and Nursing Center
Admissions Coordinator
713-741-8784
amoses@stdominicvillage.org

The Board of Directors and Staff cordially invite you and your family to attend

# The Annual St. Dominic Feast Day Celebration



## Wednesday, August 8, 2018

3:00 PM - Open House & Tours
4:00 PM - Mass in Warren Chapel Officiated by
Most Reverend Auxiliary Bishop George A. Sheltz
5:00 PM - Bingo Check-in & Dinner
6:00 PM - Bingo!

Bingo will be \$20 to play. All proceeds benefit St. Dominic Village

Kindly RSVP to msnell@stdominicvillage.org



### **WAYS YOU CAN HELP**

Every day at St. Dominic Village is a blessing to both those who provide and receive our services. We're very grateful to all who keep us in mind, and pray for us to continue fulfilling our mission of "Caring for Our Elders with the Compassion of Christ." Here are a couple of other ways you can help:

- · Donate to the St. Dominic Village Fund
- Attend Mass or a Church Service in Warren Chapel
- Attend, volunteer at, or sponsor one of our fundraising events:
  - Feast Day

August 8, 2018

- Evening with the Bishops September 24, 2018

- Fall Festival

October 20, 2018

- The Bishop Rizzotto Golf Classic March 7, 2019
- Volunteer on campus
- Participate in our campus-wide raffles
- Consider including St. Dominic Village in your will
- Make an In-Kind donation by purchasing a needed item directly from our Amazon wish list (https://amzn.to/2Eg18al)

For more information on volunteering, contact our Director of Spiritual Care & Volunteers

Patricia Egerman 713-741-8718 pegerman@stdominicvillage.org

For more on fundraising events and planned giving, contact our Director of Development

Kimberly Elliott 713-741-8722 kelliott@stdominicvillage.org

## FEATURED ITEMS FROM OUR AMAZON WISH LIST







### ST.DOMINIC VILLAGE FUND

## Will you help St. Dominic Village by donating to the SDV Fund to Help Us, Help Them?

In restructuring our efforts to better serve our community we hope to increase our ability to "Care for Our Elders with the Compassion of Christ" by asking for your support. We know you will want to help us when you consider how important our mission is to the wonderful people in our community. Why do we need you? We are facing major issues which need to be addressed in order to continue to care for our elders.

We have two reasons why we need your support. First, the deficit we incur from our Medicaid residents, and second our aging campus.

- 1) We need your help to keep our residents here to age in place.
- **2) We need your support** to make necessary repairs and improvements to our 40 year old community. When you donate to our SDV Fund you are helping us provide the very best home to all our residents

### **SDV Fund**

The newly formed SDV Fund has graduated levels of aggregate giving and all donors will be recognized as they donate each year. All funds raised will directly benefit our residents.

### **Levels of Giving**

\$1.00 - \$99.00 Friends Circle \$100.00 - \$499.00 Family Circle \$500.00 - \$999.00 **Ambassador Circle** St. Martin de Porres \$1,000.00 - \$1,999.00 \$2,000.00 - \$4,999.00 St. Rose of Lima \$5,000.00 - \$9,999.00 St. Catherine of Siena \$10,000.00 - \$24,999.00 St.. Thomas Aguinas \$25,000.00 - \$49,999.00 St. Dominic \$50,000.00 - \$74,999.00 St. Joseph \$75,000.00 - \$99,999.00 Mary Mother of God \$100,000+ Christ the Divine Healer



For more information on giving please contact
Director of Development
Kimberly Elliott
713-741-8722
kelliott@stdominicvillage.org

### PRIEST ANNIVERSARY LUNCHEON

On June 8 members of the St. Dominic Village community were privileged to gather in celebration of the ordination anniversaries of the priests residing with us. In addition to our resident priests, we were honored to host Cardinal DiNardo, Bishop Sheltz, Fr. Dell'Oro, and Fr. Bame.

The Ordination dates and years of service of each priest were read and acknowledged, and when added together they came to a grand total of 1,531 years of service! What an amazing gift these priests give to us as they continue to serve even in retirement. Theirs is truly a life-long commitment.

The festive luncheon included music from Cloris Grimes and our very own Boris Britt. It was catered by Luby's Etc., and included flower centerpieces from Weatherford Farms.

Staff members provided hospitality and service,

assisted by volunteers from St. Agnes Academy, St. Pius X High School, and the St. Theresa of the Child Jesus Lay Carmelite Community.

Thank you to our priests and to all who worked to make this a special celebration.

- Patricia Egerman

**Director of Spiritual Care & Volunteers** 



# Evening with THE BISHOPS

### Please join us

for an evening of mixing and mingling with the most respected leaders of the Galveston-Houston Archdiocese

His Eminence Daniel Cardinal DiNardo **Archbishop Emeritus Joseph A. Fiorenza** Auxiliary Bishop George A. Sheltz Retired Auxiliary Bishop Vincent M. Rizzotto **Bishop Brendan J. Cahill** 

September 24, 2018.

Tony Mandola's Gulf Coast Kitchen 6:30 PM

\$300 per seat

\$3,000 per table seating 10

For more information contact Monica Snell at 713-391-2685

## Thank You

### FOR YOUR GENEROUS GIFTS IN SUPPORT OF OUR MISSION

Adele Mohmand
Adolfo Astorga
Afshan Anderson
Alfredo J. Gomez
Alison Ortega
Allison Botard
Allison Smith
Alma Delia Diaz
Amanda Jean Carrico

Amie Moses
Anna Caflisch
Anna Cook
Annette Medellin
Annie L. Bourgeois

Anthony & Linda F. Dalferes

Arthur Charles Cruz Arturo Vargas Barbara Lamb

Beatriz M. Trevino Bernard L. Hebinck

Bert F. Magh

Betty Kaffenberger Bishop Vincent Rizzotto

Bobbie Kristinik Bobbie Nygaard

Boyd D. & Jerie L. Bevis

**Brandi Peck** 

Bruce G. Hunsucker

Callie Northey
Carl B. Southern

Carol "Carla" M. Holmes

Catherine Devine
Cathy & Tom Gillaspy
Charity Golf International
Chere Folse Wardlow

Chris & Kimberly Elliott
Christine & Joseph Willie

**Christine Blachmon** 

Christine F. Imber Clare M. Thomeer

Clarence & Ruth S. Metzger

Clay Walker

Cletus Joseph Zimmerman

Cynthia Marie Boutté

Dan Bellow

Daniel D. Wludyka

Darryl & Marlene Shields

Davis Maxey
Dcn. Gary Hilbig

Deborah Deane Krummel

Deborah Gant
Debra Anderson
Diana A. Klenke
Dolores Yurmanovic
Dorothia Denkins
Dorothy Lillig

**Douglas Chambers** 

Dr. Mark & Shari Provenzano

Elizabeth Essinger Engracie Hernandez

**Erletta Randle** 

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Jacinto M. & Elisa Hernandez

James J. & Diane Davis

James M. Herbert
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Janet Jacoby
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Jennifer Landry
Jill Renea Pollard
JoAnn Ernest
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Luby's Fuddruckers
Restaurants, LLC
Luscharn Taylor
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Lynn Schriber
Lynn Wheeler
M. Hernandez
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#### Note from the St. Dominic Village Newsletter Team: