INDEPENDENT LIVING

<u>What's inside</u>

| Phone # | 2 |
|--|---------|
| New Residents & Orientation | 3 |
| Birthdays & Party | 3 |
| Grocery Shopping | 4 |
| Winners! | 4 |
| Campus Happenings | 5 |
| Chaplain's Chat & services | 8 |
| Dietary, Maintenance & Housekeeping new | - |
| Wellness Calendar | 10 |
| Memorials | 12 |
| Activity Calendar | "loose" |





If you have a suggestion, correction or comment about the newsletter, activities, or campus issues – please contact

Sherice Barndt 699-3469 or email sbarndt@manorparkinc.org

COMMENT SHEETS available in the RECEPTIONIST OFFICE and "SIGN UP " TABLE



EMERGENCY CALL SYSTEM

One of the services and amenities for Independent Living (IL) residents at Manor Park (MP) is the emergency call system in their homes and/or apartments. This system includes an integration of service areas:

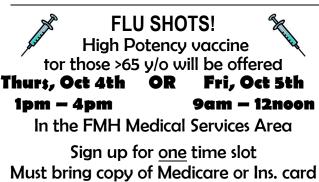
-Independent Living employees assist residents in maintaining the Emergency **RED Folder**

-Maintenance employees assist with the Aprotex Pendant (replace & repair)

-*Manor Park Security* make initial contact by responding to all calls & transporting nurse if needed.

-Nursing Staff respond as needed for medical calls.

For a medical call, the system is activated when you push the button on your Aprotex pendant. After receiving the call notification, Aprotex notifies our Security guard on duty. Security will then call you at the address they receive from Aprotex to verify the need for assistance. In the event you do not answer your phone, Security automatically calls for a nurse and a nurse's aide to go on the medical call to your home. Your patience is greatly appreciated as this nurse may need to finish a task with one of her nursing home residents before leaving to assist you. Also, please note, our security staff is not allowed to assist residents in getting up after





a fall. Nursing staff must assess for possible injury before you can be assisted up from a fall.

Severe and life-threatening conditions: Remember, if you are having a true emergency situation, such as profuse bleeding, stroke or heart attack symptoms, unconscious, <u>CALL 911</u> **FIRST**, then push the Aprotex pendant.

Other services available include:

Infirmary care

Independent residents receive eight (8) free infirmary days per year. Your stay in the infirmary is an opportunity to receive nursing care and therapy for a short period as you recover from a fall, illness, or other situation. Certain requirements <u>must</u> be met to use infirmary days, which include:

- Contact Admissions Office 699-3439 for an appointment (M-F 8a—5p)
- Doctor's Orders
- History and Physical from your doctor
- Provide your own medications

- Admission to semi-private rooms only

Rehab Services-

Physical, Occupational, and Speech Therapy services are available for inpatient and outpatient needs.

Call to inquire at 689-6687

EARLY VOTING

Mon, Oct 22nd - Fri, Nov 2 Clubhouse - Great Room M – S 8am—5pm Sun 1p—6p We will take a bus over Mon, October 29th at 2pm. THE LAST DAY TO REGISTER TO VOTE OR MAKE ANY ADDRESS CHANGES IS OCTOBER 9, 2018.

Frequently Called Phone Numbers

Information / Receptionist 689-9898

| (Independent Residents) | | |
|----------------------------------|--------------|----------|
| Activity / Event Inquiries | 699-3426; | 699-3428 |
| Accounting / Billing | | 699-3422 |
| Beauty Shop: Somewhere In Time | 9 | 699-3405 |
| Chaplain | | 699-3404 |
| Clinic (FMH Foundation) | | 689-0042 |
| Director of Independent Living | | 699-3469 |
| Dining Room | ext.2020 | 689-9898 |
| Grill (Clubhouse) | | 699-3418 |
| Helen Greathouse Manor | | 694-1691 |
| Housekeeping | | 699-3433 |
| Maintenance / Repairs / Handyma | n | 699-3427 |
| Mabee Healthcare Center | | 689-0707 |
| Marketing Office | | 699-3414 |
| Pharmacy | | 689-3355 |
| just need a | refill? Call | 699-6065 |
| Receptionist (Mabee / Younger) | | 699-3401 |
| Security | | 967-3898 |
| Transportation (Medical & Valet) | | 699-3474 |
| Village Pantry Store | | 697-9010 |
| Wellness Center | | 699-3411 |

Following the Resident Meeting October 30



Telephone Options for the Hearing Impaired Tues, Oct. 30 at 10:15 am Right Activity Room Presented by: Dr. Logan Price

ALL ABOUT HEARING, INC. COMPREHENSIVE HEARING HEALTHCARE SOLUTIONS



Neighborhood Resident Council Members



NEXT meeting Tuesday, October 16 at 2:30

| Blischke, Jim | Hall, Al & Mary Lou |
|---------------------|-----------------------|
| Boone, Allegra | Howard, Snooky |
| Bowles, Patsy | Jensen, Richard |
| Brenner, Leann | Jones, Patsy |
| Carnett, Em | Malone, Skippy |
| Collins, Gail | Sherrod, Joyce |
| Cook,Kerry Kay/Tom | Skiles, Jack |
| Courtney, Kay | Stice, Dale & Carolyn |
| Davis, Evelyn | Stooksberry, Barbara |
| Emerson,Genell | Vaughn, Elizabeth |
| Forsyth,Jackie | Vinson, Vi |
| Fox, Linda | Watts, Joyce |
| Hale, Mervyn & Jody | Welker, Julia |

Tuesday, October 30 9:30am Right Activity Room (coffee, juice, & muffins at 9:00 a.m.)



Resident Meetings give our valued residents an opportunity to hear from the Executive Director, Alan Hale, about what is happening on our campus and in the community. We encourage you and your neighbors to join us each month.

Come early and mingle with others while you sign up for events and enjoy a morning snack.

Thurs, October 18 5:00pm - 6:00pm

October

Kirthday Par

Pork Schnitzel with gravy, warm potato salad, vegetable medley, and a roll

SERVING:

\$5 charge For non - birthday residents & guests (It is important to sign - up guests to ensure there is enough food) IL dining closed. TO GO orders only.

> New Resident Dricutation

Weds, Detober 31st 3:00 pm Tour 3:30 pm Session

For more information, call 699-3469

Each resident attending will receive a special gift handmade by the Needlework Group.

'If you were unable to attend in the past, please, join us at one of our monthly meetings.



Who's Birthday is it?

Kav Burchard Hobert Boomer Rosa Clark Margie Row Nada Gates Jimmie Hughes Darla Pepper **Rudy Rendall** Jackie Gipson Ann Westerman Allegra Boone Ed Connally Josie Cullen Lloyd Hunnicutt

| Rose McLennan | 10/18 |
|-------------------|--|
| Lorraine Calabria | 10/22 |
| James Kennedy | 10/22 |
| Yvonne Phillips | 10/22 |
| Joyce Keenan | 10/23 |
| Duane Moreland | 10/23 |
| Polly Porter | 10/23 |
| Billye Whiteside | 10/23 |
| Donald Craig | 10/24 |
| Rudy Parkison | 10/25 |
| Jean Jennings | 10/26 |
| Barbara McIntosh | 10/29 |
| Jerry Sides | 10/29 |
| Ann Sams | 10/31 |
| | Lorraine Calabria James Kennedy Yvonne Phillips Joyce Keenan Duane Moreland Polly Porter Billye Whiteside Donald Craig Rudy Parkison Jean Jennings Barbara McIntosh Jerry Sides |



Come early to the party for a group birthday picture

Welcome to Manon Park New Neighbors ...

Huffman, Jean **102 Helen Greathouse Circle**

Hardwick, Carolyn 403 Adobe Drive

Barker, Pat & Addison 100 Helen Greathouse Circle

Manor Park's Winners

Bridge

Aug 20 High: Mary Truex 2nd High: Em Carnett Sept 3 High: Betty Conley 2nd High: Helen Farmer

Aug 27 High: Snookie Howard 2nd High: Mary Truex

Sept 10 High: Mary Truex 2nd High: Lou Matson



Join the fun!

| 8/20/18 | Evelyn Pomroy | | | |
|---------|---------------|--|--|--|
| 8/27/18 | LaVoin Brown | | | |
| 9/3/18 | Ann Minter | | | |
| 9/10/18 | Lavoin Brown | | | |



Mah Jongg

- 8/18/18 Gracie Shaw
- 8/21/18 Linda McDonald
- 8/25/18 Lucille Balko
- 8/28/18 Lucille Balko/JoAnn Cozart
- 9/1/18 Jo Ann Cozart
- 9/4/18 Lucille Balko
- 9/8/18 Lucille Balko
- 9/11/18 JoAnn Cozart

Come learn! We take it slow.

Grocery Shopping . . . *let us do the driving!*

Every Thursday,

the Wallace Building

Residents begin **<u>gathering</u>** at **8:30 a.m.** in the foyer of the Wallace bldg. The bus leaves promptly at 8:55 a.m.

We now rotate between Albertson's & HEB. Look at the calendar for which grocery store is scheduled each week. CONTACT Nicole with questions 699-3426

Recycle Collection Days for August

Oct 3 - Plastic & Aluminum <u>only</u>

🛟 Oct 17 - Paper <u>only</u>

USE BLUE recycle bags or mark clearly with GREEN tape/string to indicate "recycle"

Supporting the Resident Recycle Initiative is our GOAL!

RECRUITING!

Collection day helpers Avid recyclers

Please make sure to separate your recycles into bags of like items.
Be thoughtful of how heavy the bag is for the sake of the pick up crew.

Mondays

Mexican Train

1:00pm Living Room -Various games played daily after lunch. Come join the FUN!

Bridge

1:00pm

Right Activity -Call Em Carnett at 687-6962 or Leon Thompson at 699-7133 for a place at the tables. Come join us!

Adult Coloring

2:00pm In the Atrium – Join others as they color on paper or tablet.

Shape a New Normal

2:00pm Chapel **Third Monday** A support group led by Chaplain Bill

Billett to help residents cope with life changes after the death of a family member.

ATTENTION Change of lab services to Midland Health (local)

Tuesdays

Computer Group

10:00am Library Most Tuesdays, a volunteer resident will be helping with computers.

MahJongg

1:00 pm Living Room Contact Gracie Shaw 704-1756

<u>Needlework &</u> <u>Crafts Group</u>

2:00pm Living Room For beginners and experts. Gather to work on projects for the campus as well as personal items. <u>Party Around</u> <u>the Piano</u>

5:30pm Great Room in Clubhouse Every second Tue. and last Thur.



7:00am to 7:30am FMH Medical Service (across from the pantry) *First and third Tuesdays*

Get your lab work done early in the morning; you need your insurance card, I.D., doctor's order for lab work & FAX number; if you have questions -(432)221-2100

Wednesdays Coffee Klatch

CAMPUS HAPPENINGS

9:00am Atrium Coffee and juice served along with something to munch or dunk;

Recycle pick up -

12 noon Every other Wednesday. CHECK your CALENDAR for pick-up dates and types. Have separated bags out where trash is picked up by 12noon.

<u>Games</u> 1:00pm Living Room Come join the fun! Play cards, dice, or dominos games

STAYING ACTIVE IS GOOD FOR THE



MIND!

Thursdays Men's Coffee <u>Club</u>

9:00am

Clubhouse Grill Bring your own mug for complimentary coffee; you can order breakfast at the Grill too!

Grocery Shopping

8:55am Bus departs from Wallace Bldg. Let us do the driving; climb aboard the 14-passenger buses; shop about an hour; we help unload your purchases.

Party Around the Piano

5:30pm Great Room in Clubhouse **Every second Tue. and last Thur.** Bring a snack, your favorite drink, and come have a good time!

Book Club

2:30pm Rt. Activity Rm-First Thurs. of month. Questions ? Daryl Lane 704-1249

<u>Alzheimer's</u> <u>Support Group</u>

10:00am OR 2:00pm Rt. Activity Rm. Last Thursday each month.

Fridays/ Saturdays

Bookmobile

10am - 11:30am Helen Greathouse Manor (HGM) Come check out a book, video, or book CD.

<u>Celtic Heritage</u> <u>Gathering</u>

6pm Rt Activity Rm Second Saturday A gathering for those interested in Celtic traditions; Manor Park provides a meeting location for this group. <u>Residents</u> <u>are welcome to</u> <u>attend</u>

BINGO

3:00pm Rt Activity Rm **Third Saturday** Sponsored by Westside Lions Club with prizes provided.

5



Join the Manor Park Team Saturday, October 6th Schrbauer Sports Complex

Registration 9 am ~ Ceremony 10 am Walk begins 10:30 am.

Register under Manor Park. If you have pets coming they can be registered under you.

Call Debbie Hostas with Questions 699-3427

Midland Community Band Concert



Thursday, October 25th 6pm in the HGM Courtyard

Please, **ENTER** courtyard through HGM Wayne Moore room Light snack and drink provided

Questions???

Nicole Church 699-3426

WATCH FOR INFORMATION COMING IN YOUR OCTOBER STATEMENT

The NEW software for the Accounting Department offers the ability to go *PAPERLESS*!



<u>Benefits</u>:

Improved productivity Easy access and storage Eco-Friendly Ouestions? Call Sherice 699-3469

Independent Living event sign-up sheets on clipboards...



The sign-up sheets for activities can be found on the two long wooden tables located in the Atrium. *Don't forget to use the "What I signed up for"* sheet available on the tables.



The clipboards are updated after the monthly Residents Meeting. Residents can go directly from the Residents Meeting to sign up for next month's events.



If a ticket is required for an event, you must indicate if you have your own or NEED one for the event.



IF you NEED a ticket, <u>NICOLE</u> can assist you in purchasing the ticket on the Internet.

Events

printed in BOLD on the calendar usually include a combination of a meal, a ticket, or transportation. Residents are asked to sign-up so we have a head count. That helps staff to plan for enough food, staff or buses.

Life happens - so if you signed up for an event and are unable to attend, it is important to notify:

Resident Services (699-3426) 24 hr. in advance of the event to avoid being charged :

> \$ 7.00 for on campus events \$10.00 for <u>off</u> campus events

6



Purchase a sack lunch \$5 or bring your own.

Financial Disclosure Meeting

🛛 Wednesday, October 10th

10 :30 am

Right Activity

Each year Alan Hale, Executive Director and his Executive Team give a presentation to inform residents of Manor Park's financial status.

Who Knows What?

Daryl Lane

King Arthur and the Celts

The Real Deal about Arthur, the Round Table and all the folks Get the facts Wednesday, Oct. 17 2 pm Wayne Moore Room (HGM) REFRESHMENTS PROVIDED



BANKING INVESTMENTS INSURANCE

Avoiding Financial Wrinkles Presented by Frost Bank

Preventing Financial Elder Abuse and Fraud **Tuesday, October 23** At 2pm Clubhouse Ortloff Room

Looking for residents interested in CONVERSATIONAL SPANISH?

Contact: Rose Marie Stortz 218-7225



Habla Espanol?

Chaplain Chat

Have you ever heard it said, "God will never give you more than you can handle"? Although we generally think of this statement during difficult times in our lives, it can also apply when positive things happen. Examples on the positive side include: the planning of a wedding, the birth of a child, grandchild or great-grandchild or a job promotion. On what may be the negative side we have: a move to a different city and the effects that has on your family, a change in the health of a child, a parent, a spouse, or changes in your own health, or dealing with the disappointment over a test result (just to name a few). Each of these situations and others has its impact on us and how we see God working in our lives. When things we perceive as good or bad happen and we can feel things piling up on us. We may wonder what we or others have done to deserve all the stress we are feeling (especially when things happen that affect us negatively).

Somewhere along the line we may get the feeling that we cannot take any more added stress and think that "God will not give me more than I can handle". Have you ever read that in the Bible? Sometimes we paraphrase things to get what we want to hear out of a particular situation. Paul wrote about things that were not going as he wanted in 2 Corinthians Chapter 12 when he wrote about a "thorn in my flesh" (verse 7). Something was happening in Paul's life to make things uncomfortable for him. Whatever it was, Paul hoped this problem could be removed from his life. We feel the same way when we feel things are getting too stressful for us today, don't we? Paul continued his thoughts with the following: "I pleaded with the Lord to take it away from me. ⁹ But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' " Paul is not sure why God allowed such a thing to happen to him, but he came to realize that with God's help he would be able to work through the problem. That is my prayer for you. I pray no matter your situation, you will feel God's peace, presence, wisdom, direction and grace in life's good times and in your struggles.

This month, on October 9^{th,} we will hold our 19th Semi-Annual Memorial Service. This will take place at 10 a.m. in the Wayne Moore Room of the Helen Greathouse Manor. We will be remembering those people from all over the continuum of care that passed away between January – June of 2018. If you do not live in the HGM building that does not mean you cannot attend this service.

<u>Chapel Servíces</u>

Frídays 10:30am Catholíc Mass-St. Ann's Catholíc Church

Sunday Morníngs 9:50am Hymns /10:15am Servíce Non-denominational

Sunday Afternoon 4:00pm Vespers (afternoon servíce):

Oct 7 - First United Methodist Oct 14 - First Presbyterian "*Back Sliders*" performers Oct 21 - Holy Trinity Episcopal Oct 28 - Christ Church Midland

Fírst Sunday only 6:15pm - Songs & Scríptures "A" Street Church of Christ

Other gatherings

<u>Bíble Study</u> Right Activity Room organized by Julia Welker - 694-6576 Fríday's at 3pm ín the Ríght Actívíty Rm.

<u>Bible Study</u> Parks-Faudree Family Chapel organized by Melissa Schuler of FUMC Wednesday, 2:30 in Chapel

Grief Support Group SHAPING A NEW NORMAL

The 3rd Monday of every month 2pm Parks-Faudree Family Chapel

Chaplain Bill Billett is there to meet with whoever comes to the chapel to listen to you as you talk about what is going on in your life.

he

Café Barney's

Hours of operation daily: 11:30am – 1:30pm lunch 4:00pm - 6:00pm dinner

"To go" or delivery Call - 689-9898 ext. 2020



Thurs., October 4th JOIN US for LUNCH **Dietary will celebrate Octoberfest by offering some** traditional food & drink. Food will be served in Café **Barney's for lunch**



"Dinner with the Chefs"

Tues, October 16th 5:30 pm in the Dining Rm

More information on sign up sheet

Nutrition Talk

By Eric Nelson RD, LD Friday, October 19th 10:30 am **Right Activity Room** More information on sign up sheet

Thurs, Oct 18st - DAT meeting IL Dining Room at 2:00pm.

Thurs Oct 25th - CHAT Meeting Clubhouse at 2:00pm.



The fall season will be upon us and before you know it we will be right smack in the middle of winter and all the holidays that come with fall and winter. Now is the time to be thinking about storing our summer wear, getting our winter clothing ready to wear, and start organizing all the stored holiday season decorations. The most efficient way to do accomplish this is to make a to-do list. Start organizing those closets, and start planning out your decorating plans.

You can begin by removing all the clothes and accessories from your closet and organize them by type: shirts, pants, suits, dresses, coats, shoes, belts, and handbags. Set aside the things you will not wearing anymore, and consider their future. This must-do chore can be quite a hassle but it does not have to be if you have a plan in place prior to starting. Or, you might consider having the Handy Housekeeper help lighten the burden. The Handy Housekeeper can help with those seasonal home duties that can be time consuming and difficult to accomplish. These specialty house services can be acquired for a nominal fee so you can enjoy your retirement lifestyle.

Services can be scheduled by calling the housekeeping department at 432-699-3433 or emailing lvillanue-

va@manorparkinc.org.

MAINTENANCE MATTERS . . .



October 10th & 11th **APROTEX**

Pendant inspections for the following neighborhoods:

ODD-numbered ABELL-HANGER UNITS. **EVEN numbered Bridge**water, and Wallace Bldg 2nd Floor.

If you will not be home, please, put your emergency pendant(s) on the kitchen counter.

Trash pickup

Monday thru Friday Starting at 4:00 pm. (please try not to put trash out before 3:00 pm) We **<u>do not</u>** pick up any trash on the weekend. Please keep trash in garage or laundry room over the weekend. **BE AWARE**-Wild animals come on campus and get into the trash.

HANDY HOUSEKEEPER

Services available:

Closet organization, cleaning inside kitchen appliance, seasonal decorating, party preparation / hosting, high dusting, and other uncommon duties.

Pricing:

\$20 /hr minimum 1 hour (for one staff) \$5/every 15min after ** \$32/hr for 2 staff HIGH DUSTING one hour min.

CONTACT: Housekeeping - 699-3433 OR LVillanueva@manorparkinc.org

Wellness Center October

Hi everyone! It's time for cooler weather, pumpkins, and Halloween!

October is...

National Physical Therapy Month!

It's a good celebration aimed towards physical therapists and physical therapy assistants who make an impact towards you and others you know. On October 10th our very own physical therapist at Manor Park, Liz, will come talk about the benefits of PT and share other informative knowledge!



"Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's® is the world's largest event to raise awareness and funds for Alzheimer's care, support and research."

Be a part of the awareness

-Alzheimer's Association

and join the Manor Park group Oct. 6th as we participate in the Walk to End Alzheimer's this year! Those who sign up with the Wellness Center will meet up at the Wallace building at 9 AM to take a bus and go to the <u>Scharbauer</u> Sports Complex. Registration ends at 10 when the event takes place. The actual walk will start at 10:30. Come join the fun dressed in purple!

Halloween Humor What is the best way to get rid of a demon? Exorcise a lot!



Just a reminder that this month is the last month of the walking group and that line dancing will start up again! COME DRESSED ON HALLOWEEN TO THE WELLNESS CENTER AND PARTICIPATE IN HANDING OUT CANDY TO THE DAYCARE CHILDREN AT 10 AM!!

| Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|--|--|
| 1 Walking Group 8AM FitMix 10 AM (LA) | 2 Get Limber 8:30AM Balance 3 PM (LA) | 3 Walking Group 8AM FitMix 10 AM (LA) Line Dance 2 PM | 4 Get Limber 8:30AM Balance 3 PM (LA) | 5 Walking Group 8AM FitMix 10 AM (LA) | 6 Alzheimer's Walk 9 AM @ Wallace Bldg |
| 8 Walking Group 8AM FitMix 10 AM (LA) | 9 Get Limber 8:30AM (LA) Balance 3 PM (LA) | 10 Walking Group 8AM FitMix 10 AM (LA) NO LINE DANCING | 11 Get Limber 8:30AM Balance 3 PM (LA) | 12 Walking Group 8AM FitMix 10 AM (LA) | 13 |
| 15 Walking Group 8AM FitMix 10 AM (LA) | 16 Get Limber 8:30AM Balance 3 PM (LA) | 17 Walking Group 8AM FitMix 10AM (LA) | 18 Get Limber 8:30AM NO BALANCE due to BIRTHDAY | 19 Walking Group 8AM FitMix 10 AM (LA) | 20 |
| 22 Walking Group 8AM FitMix 10 AM (LA) | 23 Get Limber 8:30AM Balance 3 PM (LA) | 24 Walking Group 8AM FitMix 10 AM (LA) | 25 Get Limber 8:30AM Balance 3 PM (LA) | 26 Walking Group 8AM FitMix 10 AM (LA) | 27 |
| 29 Walking Group 8AM FitMix 10 AM (LA) | 30 Get Limber 8:30AM Balance 3 PM (LA) CLOSED at 11:45 for HALLOWEEN Social! | 31 Walking Group 8AM FitMix 10 AM (LA) Daycare Trick or Treating at 10am (WC) | | | Questions?? Contact: Jennifer ~ Olga 699-3411 |

YELLOW PAGES

FMH MEDICAL SERVICE AREA

Barbara Norris, ANP-C WEDNESDAYS 1:00 - 3:00 p.m. **HOME VISITS AVAILABLE** call for an appt. 432-464-2586. (Dr. Oliver's office schedules the appt. Tell them it is for Manor Park)

Texas Tech Physicians Dr. Chau Minh Le Family and Geriatric Medicine Offering <u>home visits</u> for our Independent Living residents THURSDAYS 1:00 p.m. – 5:00 p.m. 432-349-8331 (Leave a message)

All About Hearing

Appointments can be made TUESDAYS 9a - 12p. Call to schedule an appt: 432-689-2220

HANDY HELPER SERVICES

COMPUTER HANDYMAN SERVICES

Schedule a work order through the Maintenance Office 697-9033

HANDYMAN SERVICES

For example ... Hang pictures, assemble furniture, up-keep of patio and more.

Contact Maintenance Office 697-9033

HANDY HOUSEKEEPER

Let us help with those home duties that are time consuming and difficult to accomplish. Specialty house services can be hired for a nominal fee so you can enjoy your retirement lifestyle. **To schedule your services:**

Housekeeping - 699-3433 OR LVillanueva@manorparkinc.org

LAB SERVICES



Will now provide services out of the FMH Medical Services office (across from the pantry).
7:00am to 7:30am
First and third TUESDAY

PANTRY SERVICES

Village Pantry

postage stamps, detergent, snacks, milk, & more!

> OPEN Monday - Friday 10:30a - 3:30p 697-9010

PHARMACY SERVICES

Provide RX Mon—Fri 10a-1pm & 2p—5:30p 689-3355 FREE on campus delivery Call early for same day delivery

> Need to REFILL a prescription? call 699-6065

SALON SERVICES

Somewhere In Time Salon For men, women, & home services

> Tuesday thru Friday For appointment call: 699-3405

TRANSPORTATION SERVICES

Valet Monday thru Friday 8am - 4pm

For a roundtrip in the <u>Midland city</u> <u>limits</u> the rate is \$12. *If you have multiple stops, you will be charged an extra \$5 per stop.* For <u>MP staff assistance</u> (staying with Resident during the outing) the rate is \$20/hr . For a trip to the <u>Airport cost is</u> \$20 one way.

After-hours and Weekends When one person or a group (up to 14 persons) would like to use the Valet services for an event the charge is \$25/hr minimum of 2 hrs. This amount can be divided by all passengers. TRANSPORTATION Dept. CALL- 699-3433 or EMAIL transportation@manorparkinc.org

Medical Transport

Services are available for medical appointments in Midland and Odessa. Benefits include: -Reduce stress of parking space -Door to door service -Avoid busy traffic

Call 699-3474. Leave a voice message and they will return your call

Include in your message:

Your name Your address Date & time of your appointment Name of your doctor

Memorials and Gifts

| In Memory of Ross Tomlin | In Memory of Toby Ward |
|---|--|
| Harris Kerr | Don and JoAnne McClurg |
| Donald and Glenda Williams Burgess and Margaret Wade Jay and Susan Horton Tom and Jenifer McIlvain | In Memory of Dan Kallus Polly Porter |
| Danny and Beth Shock Michael and Barbara Stoltz Steve and Kay Castle | In Memory of Joyce Watkins Mike and Sandy Tisdale |
| | In Memory of Betty Sue Marinis |
| In Memory of Leonard Alexander | Mary Vogel |
| Frankie Jo Jones Patsy Bowles | Dr. Robert and Debbie Vogel Lucy Woodside |
| | Sal and Lorraine Calabria |
| In Memory of Nancy Liberty | Bill and Susan Granberry |
| Lou Matson and Ellen Matson | LaNell Honeyman |
| | Richard and Jan McMillan |
| In Memory of Joe Ann Voskamp | Robert and Eloise Davenport |
| Dick and Claudette White | ha Managara filana an Dada an |
| Helen Abel | In Memory of James Dodson |
| | Mr. and Mrs. Fred Thummel |
| In Memory of George Thomas Jerry Sides | |
| LEAVE A LEGACY [®] consider making Manc gifts received from me | or a friend or loved one with a memorial gift, please r Park, Inc. the beneficiary of your contribution. The morials are a fitting tribute because they are used to our residents. Contact Lucy Woodside - 699-3424 |

Planning a holiday party?

In the Lives that Follow



Call Míchael Francís! 432-699-3425 Hís cateríng servíce will make ít easier on YOU!

L KING AHEAD. . .

November 2nd - Alzheimer's Assn. Lunch & Learn November 9th - Holiday Bazaar November 12th - Star Party Dec 13th - Christmas Dinner

