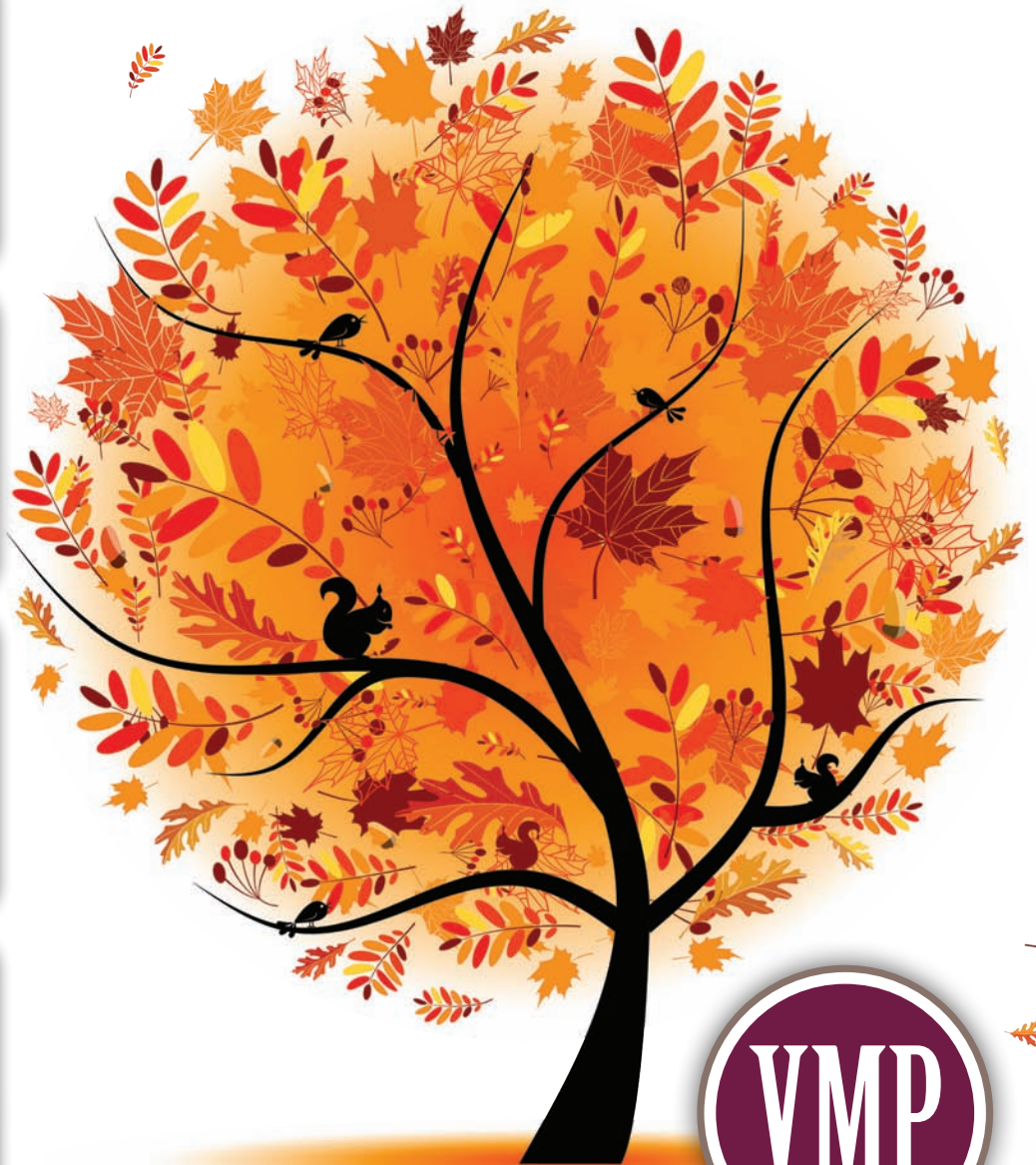


# Senior Community Club NEWSLETTER



*VMPcares.com*

**2017 AUTUMN ISSUE**  
October, November, December

HEALTHCARE &  
COMMUNITY LIVING



YOU'RE INVITED TO THE 5<sup>TH</sup> ANNUAL

# Pumpkin Drop

**PUBLIC WELCOME!**

**THURSDAY, OCT. 26, 3-5:00PM**

**8545 W. BELOIT RD, WEST ALLIS**

**QUESTIONS CALL (414) 607-4186**

***Join us for a "SMASHING" good time!***

- Witness centenarians tossing pumpkins off 4th story balcony
- Come dressed up wearing your best costume
- View the spooky Halloween decorations
- Bring your family for treats & games

Pumpkin Bowling

Pumpkin Launcher

Gourd Decorating

Pie Toss

Hayrides

Face Painting

Ring-a-Witch

Balloons

Knock the Cans

Pumpkin Bullseye

***Watch our VMP resident and celebrity teams play pumpkin bullseye***



# VMP SENIOR COMMUNITY CLUB

## Policy & Procedures

### **ATTENTION MEMBERS!**

There is a \$10.00 annual membership fee per person to join or renew.

If you are a current registered member, before the end of this year you will be receiving a letter reminding you to renew your membership for the year 2018. Please keep in mind that we continue to accept new and renewed memberships throughout the year.



**Senior  
Community  
Club**

8536 W. Oklahoma Ave.  
West Allis, WI 53227  
(414) 607-4186

You're Never  
Too Old to Play™

**VMP-SCC  
OFFICE HOURS:**  
Tuesday – Thursday  
9:00AM – 4:00PM

**OFFICE CLOSED**  
Nov. 23 Thanksgiving Day

### **CHANGE OF ADDRESS**

Please let us know if you have moved or changed your phone number so we can update our records. We need a current address to mail your newsletter, as we cannot guarantee that the Post Office will forward it to you.

## **MEMBERSHIP & RENEWALS**

The annual membership fee is \$10.00 (per person). A separate check is required for the membership fee. Make check payable to VMP-SCC and mail to address on left side of page. Please indicate **Membership Renewal** on check.

## **RESERVATIONS**

Reservations can be made at any time for all programs, events, trips or classes. When making reservations for yourself and others please provide the following information for each individual: Full Name, Phone Number, Membership Number, Pick-Up Location and Food Choice if Applicable. We cannot guarantee group seating on bus, at venue, or for an in-house event if everyone in group does not sign up at the same time.

*If you have any special needs, i.e., dietary, seating preference or medical consideration, please inform us at the time of your reservation. We regret we cannot provide assistance for an individual's personal needs. A companion (separate registration and applicable fee required) must accompany any person who needs such assistance.*

## **PAYMENTS**

We accept cash and checks ONLY. Credit cards not accepted. Make check payable to **VMP-SCC**. Upon receipt of your payment you will receive your event, outing or trip ticket. If you choose to mail in your payment, please include a self-addressed stamped envelope and send it to VMP-SCC address on bottom left. **Please remit payment three weeks prior to the date of a trip or event!** VMP-SCC reserves and pays for tickets, meals, and entertainment weeks to months in advance.

## **CANCELLATIONS**

If you know you need to cancel, please notify the SCC Office as soon as possible. If you have pre-paid, VMP-SCC will issue a credit if someone takes your place from our waiting list or a late registration. If you find someone to take your place, please call with name(s) and phone number(s). **NO REFUNDS!**

## **PARKING**

### **VMP MANOR PARK**

Street parking is available for in-house events on Oklahoma Ave. For outings and trips we prefer you park at Bel-Oak Apts., 8821 W Oklahoma Ave. (visitor section). Most outings and trips depart from Manor Park and Bel-Oak unless otherwise specified.

### **BRIA TRINITY - 7300 W. Dean Rd**

Parking is available on Dean Rd. Most outings and trips depart from the main entrance unless otherwise specified.

## RESERVATIONS

Reservations can be made at any time, but don't wait too long as many TRIPS sell out early. When making reservations for yourself and others please provide the following information for each individual: First & Last Name, Phone Number, Membership Number, Pick-Up Location and Food Choice if Applicable. We cannot guarantee group seating on bus or at venue if everyone in group does not sign up at the same time. Please remit payment three weeks prior to the date of a trip. You are welcome to check for availability and if a trip is full we can put you on a wait list.

# OCTOBER

## “ELVIS LIVES” AT FIRESIDE

**Fort Atkinson, WI**

**Wednesday, October 4, 2017**

*Departs Bria Trinity 8:15am*

*Departs Manor Park 9am, Bel-Oak 9:05am*

250,000 ELVIS LIVES fans can't be wrong. The King of Rock 'n' Roll lives on in an unforgettable live musical journey across Elvis' life. His iconic style embraced by many of today's artists, continue to intrigue audiences of all generations. Featuring champions and finalist from Elvis Presley Enterprises' worldwide Ultimate Elvis Tribute Artist Contest, audiences “Can't Help Falling in Love” with this phenomenal theatrical concert experience. Our featured menu includes Fit for a King Salad, Freshly Baked Breads, Chicken and Ribs with sides, Georgia Pecan Pie, and Coffee, Tea or Milk.

**Member/\$89 Guest/\$92**

## POTAWATOMI DAY TRIP RETURNS!!

**Milwaukee, WI**

**Monday, Oct. 9**

*Departs Manor Park 8:15am, Bel-Oak at 8:20am*

*Departs Potawatomi at 3pm*

**Potawatomi Day Trip Returns to the Southside beginning Oct. 9 (second Monday every other month)!!**

**Registration is required and must be confirmed FOUR business days prior to the departure date (Tuesday before).** Potawatomi offers you an added value package which includes a \$10 food voucher that can be used at any food venue and \$10 bonus play on your Fire Keepers Club Card. Please provide the following information when you call to register: First and Last Name, Address, Phone Number, Birthdate, and Fire Keepers Club Card Number. If you do not have a card, a Potawatomi staff member will meet you at the bus and register you. *Be sure*

*to bring PHOTO ID.* Payment for this trip is made directly to Universal Services. Either check or cash will be accepted as you board the bus. \$20 *(In the interest of keeping trips open and not cancelling, if there are fewer than 20 people signed up, an additional \$5.00 surcharge will be added to prevent trip cancellation.)*

## ONEIDA INDIAN CULTURAL TOUR, ONEIDA & NORTH STAR CASINOS OVERNIGHT TRIP Green Bay, WI

**Tuesday/Wednesday, Oct. 10/11**

- Oneida Indian Reservation Cultural Tour
- Radisson Hotel
- Oneida Casino
- North Star Mohican Casino

### **PRICE PER PERSON AS FOLLOWS:**

**Member: \$204/S \$154/D \$144/T \$134/Q**

**Non Member: \$209/S \$159/D \$149/T \$139/Q**  
**(S-Single, D-Double, T-Triple, Q-Quad)**

## “CHINA LIGHTS” AT BOERNER BOTANICAL GARDENS

**Hales Corners, WI**

**Thursday, Oct. 12**

*Departs Manor Park 4:45pm, Bel-Oak 4:50pm*

“The magic” returns with 95% new sculptures! Immerse yourself in the “China Lights” displayed throughout the gardens made of more than 1000 components, covered with colored silk and then hand painted, and finally illuminated with LED lighting! Experience the art, skill, and beauty of traditional Chinese lantern festivals that have been celebrated for the last 400 years. Stage performances highlighting Asian culture will be at 6:30pm & 8:00pm. Delicious foods Asian and American, and China Lights souvenirs will be available for purchase. **The show site is approximately 3/4 of a mile and does include some steps and uneven surfaces. For Safety Reasons we strongly suggest that you bring someone to help you if you need assistance walking as we cannot provide assistance.** All ages and family groups are welcome and encouraged to join us!! **Member/\$30 Guest/\$33**

## “UNDER THE STREETLAMP” AT MSO

**Milwaukee, WI**

**Sunday, Oct. 15, 2017**

*Departs Manor Park 1:15pm, Bel-Oak 1:20pm*

Under the Streetlamp, Chicago's own cast of Jersey Boys keep harmonizing, and audiences keep falling under their spell. Following two top rated PBS



specials, "The Boys" come to Milwaukee to join the Orchestra for their survey of American rock and roll. Doo-Wop, Motown, classic rock and more. Hits of The Drifters, The Beach Boys, The Beatles, and their Four Seasons mentors Frankie Valli and Bob Gaudio. "It's Just Too Good to be True!" After we will enjoy a family style dinner at Meyers Restaurant where we will have their famous chicken, center cut roast pork loin, side dishes and a beverage. **Member/\$72 Guest/\$75**

### **HO-CHUNK CASINO**

**Wisconsin Dells, WI**

**Monday, Oct. 16**

*Departs Bria Trinity 7:15am*

*Departs Manor Park 8am, Bel-Oak 8:05am*

**MORE PLAY MORE REWARDS! Monthly**

**offers (groups and individuals) are based on the play accumulated on your Rewards Club Card.**

**To rack up more rewards, always use your Ho-Chunk gaming Rewards Club Card!** If you have

an active/current Ho-Chunk Reward Club card give us your player number at the time you sign up. If you do not have a card, we must have your full name, address, zip code, phone number and birth date.

Registration is required no later than 5 days prior to departure date. **Member/\$32 Guest/\$35**

### **POTAWATOMI DAY TRIP**

**Milwaukee, WI**

**Monday, Oct. 16**

*Departs Bria Trinity at 8:20am*

*Departs Potawatomi at 3pm*

**Registration is required and must be confirmed**

**FOUR business days prior to the departure date**

**(Tuesday before).** Potawatomi offers you an added

value package which includes a \$10 food voucher that can be used at any food venue and \$10 bonus play on your Fire Keepers Club Card. Please provide the following information when you call to register:

First and Last Name, Address, Phone Number,

Birthdate, and Fire Keepers Club Card Number. If

you do not have a card, a Potawatomi staff member

will meet you at the bus and register you. Be sure

to bring PHOTO ID. Payment for this trip is made

directly to Universal Services. Either check or cash

will be accepted as you board the bus. **\$20** (*In the*

*interest of keeping trips open and not cancelling,*

*if there are fewer than 20 people signed up, an*

*additional \$5.00 surcharge will be added to prevent trip cancellation.)*

### **"TOUR WEST ALLIS"**

**West Allis, WI**

**Tuesday, Oct. 17**

*Departs Manor Park 8:45am, Bel-Oak 8:50am*

When was the last time you looked around West Allis – what is old and what is new. We will start the day at the former Allis Chalmers, now called Summit Place. Wait until you see what they did to this building! Next, it is time for lunch at The Farmer's Wife - your entrée choices are Chicken Pot Pie, Meatloaf with garlic mashed potatoes or Fried Chicken Breast served with garlic mashed potatoes. All are served with a salad and choice of non-alcoholic beverage. After lunch we will stop at the Farmer's Market and depending on time, visit Oniomania, a small but interesting boutique with many unique items. **Member/\$43 Guest/\$46**

### **CJ BANKS/ CHRISTOPHER & BANKS**

**FASHION ADVENTURE**

**Brookfield Square Mall**

**Thursday, Oct. 19**

*Departs Manor Park 9:30am, Bel-Oak 9:35am*

Okay ladies and (gentlemen if you dare) as promised we have planned an outing to CJ Banks (offering plus sizes 14W to 24W) and Christopher & Banks (offering missy sizes 4 to 16). Enjoy a personalized shopping experience including an impromptu fashion and accessory show along with a Merle Norman make-up demonstration and complimentary sample bag. Refreshments will be served. Following our visit to these two featured stores you will have time to explore the rest of the updated/remodeled Brookfield Square Mall. You may want to catch a bite to eat at one of the many new restaurants Brookfield Square has to offer. A few suggestions include Jason's Deli, Bravo, Cooper's Hawk, Red Robin and more. A complete listing of shops and food venues will be provided. Call a friend or family member and invite them to join you on this fun-fashion adventure. **MEMBER/\$21 GUEST/\$24**

### **50PLUS OR BETTER EXPO**

**The Polish Center**

**6941 S. 68th St., Franklin WI**

**Tuesday, Oct. 24 from 9am-1pm**

This senior show caters to the desires and needs of people 50 and upward, featuring medical, insurance, music, health screenings, travel, housing and financial information all in one location.

*Transportation to this community event is on your own.*

# NOVEMBER

## **“42ND STREET” AT DRURY LANE**

**Oakbrook, IL**

**Thursday, Nov. 9**

*Departs Bria Trinity 8:45am*

*Departs Manor Park 9:30am, Bel-Oak 9:35am*

In this beloved Broadway classic, Peggy Sawyer lands a bigger break in New York City than expected. When the leading lady injures her ankle, Peggy gets the chance of a lifetime to rise from showgirl to star. With show stopping tap numbers and hits such as “We’re In The Money” and “Lullaby of Broadway,” there’s no question that 42nd Street will dazzle you. Prior to the show enjoy Sautéed Tilapia with Tomato Basil Relish and served with Roasted Shallot Mashed Potatoes or Roast Turkey (sliced Breast) with Herb Stuffing, Cranberry Sauce, Roasted Shallot Mashed Potatoes and Turkey Gravy. Your meal will include a cup of soup, dessert and beverage choice of Coffee, Hot Tea or Iced Ted.

**Member/\$89 Guest/\$92**

## **VETERAN’S CELEBRATION**

**Grace Christian Academy, 8420 W. Beloit Rd.**

**Thursday, Nov. 9, 9-10:30am**

**CALLING ALL VETERANS, WE WANT YOU!**

The Grace Christian Academy would like you to join them for a Veterans celebration to honor all Veterans for their service to our country in a very special way. Family/friends and public are invited to this event, which includes a video presentation. Refreshments will be served. Shuttle service provided – if needed beginning at 8:30am from the 8621 W. Beloit Rd. door. *Please call the SCC office if you will need transportation.*

## **HO-CHUNK CASINO**

**Wisconsin Dells, WI**

**Monday, Nov. 13**

*Departs Bria Trinity 7:15am*

*Departs Manor Park 8am, Bel-Oak 8:05am*

See Oct. 16 for descriptive. **Member/\$32 Guest/\$35**

## **“MIRACLE ON 34TH STREET” AT FIRESIDE**

**Fort Atkinson, WI**

**Wednesday, November 15**

*Departs Bria Trinity 8:15am*

*Departs Manor Park 9am, Bel-Oak 9:05am*

Based on the beloved Christmas movie, MIRACLE ON 34TH STREET is a big brassy Broadway

musical with a heart. Macy’s Thanksgiving Day Parade needs a new Santa. Enter Kris Kringle – a sweet and jolly old man who claims that he is the real Santa Claus. Thus begins this funny, warm, tuneful, and inspirational musical as Kris has to prove his claim in court and teach his cynical neighbor and her daughter to believe in the goodness and love that is Christmas. Written by Meredith Wilson, the creator of THE MUSIC MAN, this is an unforgettable musical version of a classic Christmas tale. Our featured menu includes Cream of Shiitake Mushroom Soup, Fresh Baked Breads, Chicken Piccata and sides, Red Velvet Cake, and Coffee, Tea or Milk. **Member/\$89 Guest/\$92**

## **“FRATELLOS RESTAURANT & PAINE ART CENTER”**

**Oshkosh, WI**

**Sunday, Nov. 19**

*Departs Manor Park 8:30am, Bel-Oak 8:35am*

*Departs Bria Trinity 9:00am*

Today we will be travelling to Oshkosh and Fratellos Restaurant for lunch. Your entrée choices are; Steakburger with cheddar, bacon jam and a spinach leaf, BBQ Pork sandwich with white cheddar (both sandwiches served with a choice of French Fries or Cole Slaw), and Crunchy Chicken Salad with mixed salad greens. Your meal includes coffee, tea, or milk and ice cream. This afternoon it’s off to the Paine Art Center that has been transformed into a beautiful mansion for the Nutcracker. Just close your eyes for a moment and open them to become a part of the story. Every room has been decorated for you to enjoy. **Member/\$72 Guest/\$75**

## **POTAWATOMI DAY TRIP**

**Milwaukee, WI**

**Monday, Nov. 20**

*Departs Bria Trinity at 8:20am*

*Departs Potawatomi at 3pm*

See Oct. 16 for descriptive. **\$20** (In the interest of keeping trips open and not cancelling, if there are fewer than 20 people signed up, an additional **\$5.00** surcharge will be added to prevent trip cancellation.)

## **“CHRISTMAS AT THE PALACE” AT PALACE THEATER**

**Wisconsin Dells, WI**

**Thursday, Nov. 30**

*Departs Bria Trinity 8:15am*

*Departs Manor Park 9am, Bel-Oak 9:05am*

This original musical Revue in the style of the New York City Christmas Spectacular features holiday favorites from around the world, from traditional to contemporary. Complete with the "Broadway Girls", singing elves, dancing toys, and Mr. and Mrs. Claus. Don't miss the **ONLY LIVE NATIVITY** on stage in the **MIDWEST!** Our festive show is sure to put the entire family in the holiday spirit! Prior to the show enjoy lunch featuring A Cup Of Soup, Fresh Baked Breads, Holiday Ham and Roast Turkey Breast, Seasonal Stuffing, Twice Baked Potato, Steamed Mixed Vegetables, Santa's White Chocolate Raspberry Cream Cake, and Coffee or Tea. **Member/\$76 Guest/\$79**

## DECEMBER

### **OAK CREEK ASSEMBLY OF GOD CHURCH**

**Oak Creek, WI**

**Saturday, Dec. 2**

*Departs Manor Park 12:30pm, Bel-Oak 12:35pm*

After attending their Easter presentation, we couldn't wait for Christmas. The extremely talented church members (orchestra, sound effects, scenery, costumes, etc.) all put together will present "God Bless us Everyone." You will have to experience it to know why it is always a full house for all eight shows! After the show we will stay for pie and beverage. **Member/\$26 Guest/\$29**

### **"HOLIDAY POPS" AT MSO**

**Milwaukee, WI**

**Sunday, Dec. 3**

*Departs Manor Park 1:15pm, Bel-Oak 1:20pm*

How better to start the Holiday Season than at the Symphony Pops Spectacular! A sparkling celebration featuring carols, sing-alongs, The MSO Chorus and Handbell Ensemble under the direction of Andreas Delfs. After we will enjoy a family style dinner at Meyers Restaurant where we will have their famous chicken, sliced roast beef, side dishes and a beverage. **Member/\$72 Guest/\$75**

### **"KEMPER CENTER CHRISTMAS TOUR"**

**Kenosha, WI**

**Wednesday, Dec. 6**

*Departs Bria Trinity 8:15am*

*Departs Manor Park 9am, Bel-Oak 9:05am*

Once a private home, then a school for girls and now a place to tour. We will be touring the Durkee Mansion, built in 1861 it was the home of U.S. Senator Charles Durkee. The entire home is

decorated with period furniture and fixtures and today it will be decorated for the holidays. Next we will visit the Kemper Center Chapel, built in 1875 to serve the needs of the Sisters of St. Mary. The altar, reredos (screen or partition wall behind altar), and pews were hand carved in Oberammergau, Germany. Lunch will be in one of the dining rooms and includes spaghetti and meatballs, garden salad, vegetable, bread, dessert, and coffee, tea or water.

**Member/\$51 Guest/\$54**

### **HO-CHUNK CASINO**

**Wisconsin Dells, WI**

**Monday, Dec. 11**

*Departs Bria Trinity 7:15am*

*Departs Manor Park 8am, Bel-Oak 8:05am*

See Oct. 16 for descriptive. **Member/\$32 Guest/\$35**

### **POTAWATOMI DAY TRIP RETURNS!!**

**Milwaukee, WI**

**Monday, Dec. 11**

*Departs Manor Park 8:15am, Bel-Oak at 8:20am*

*Departs Potawatomi at 3pm*

### **Potawatomi Day Trip Returns to the Southside (second Monday every other month)!!**

See Oct. 9 for descriptive. **\$20** (In the interest of keeping trips open and not cancelling, if there are fewer than 20 people signed up, an additional **\$5.00** surcharge will be added to prevent trip cancellation.)

### **POTAWATOMI DAY TRIP**

**Milwaukee, WI**

**Monday, Dec. 18**

*Departs Bria Trinity at 8:20am*

*Departs Potawatomi at 3pm*

See Oct. 16 for descriptive. **\$20** (In the interest of keeping trips open and not cancelling, if there are fewer than 20 people signed up, an additional **\$5.00** surcharge will be added to prevent trip cancellation.)

### **UPCOMING TRIPS, OUTINGS AND EVENTS**

If you're interested in any of the trips below, please call the SCC office to pre-register. (Dates are subject to change).

Jan. 10 "Phantom" at Fireside

Feb. 11 "My Fair Lady" at MSO

Feb. 28 "Newsies" at Fireside

Mar. 8 "Joseph & the Amazing Dreamcoat" at Drury Lane

Mar.25 "Great Balls of Fire" at MSO

**EXTENDED TRIPS**

**ONEIDA INDIAN CULTURAL TOUR, ONEIDA & NORTH STAR CASINOS OVERNIGHT TRIP  
Green Bay, WI**

**Tuesday/Wednesday, Oct. 10/11**

- Oneida Indian Reservation Cultural Tour
- Radisson Hotel
- Oneida Casino
- North Star Mohican Casino

**PRICE PER PERSON AS FOLLOWS:**

**Member: \$204/S \$154/D \$144/T \$134/Q**

**Non Member: \$209/S \$159/D \$149/T \$139/Q  
(S-Single, D-Double, T-Triple, Q-Quad)**

**HAPPY TRAVELER TOURS PRESENTS**

**Nov. 5-11**

Branson Holiday Show \$708/person

For reservations and/or information on these and other tours contact: **Peggy Clark at (262) 632-1939.**

**DIAMOND TOURS**

We are the largest bus tour company in America dealing exclusively in motorcoach group travel. We offer trips to Major Cities, Show Trips, New England, Gaming Trips, Canada, and the Western, Southern and Northern United States. If you are an individual traveler or small group, you can join a tour in your area. For information regarding tours please call 1-800-336-5711, Mon-Fri, 8am-5pm and ask for Lisa.

**MAYFLOWER TOURS**

Mayflower Tours, located in Downers Grove, IL, is a tour operator handling individual and group guided tour arrangements. Mayflower offers a variety of tours including National Parks, Holidays and Special Events, Autumn Foliage, Scenic Rail Experiences, Cruising and so much more. For information regarding tours please call 1-800-323-7604 ext. 213, Mon-Thu, 7:30am-4pm and ask for Marla.

**CROSSROADS TRAVEL**

Does anyone have a place or two, "BUCKET LIST TRIPS," you have always wanted to visit? What about those places you want to visit before you "kick the bucket?" No more woulda, shoulda, coulda! Crossroads travel wants to help you realize your dream destination. Don't be shy. Please share your wish list with us and call the VMP-SCC office with your ideas and we will pass them along to the willing staff at Crossroads.

**DAMSELS IN DISORDER**  
**RED HAT SOCIETY**

This fun group is open for new members and meets the first Monday of every month. If interested in joining or for details on meeting locations, call Judy Gratz at (414) 282-0271.  
**Monday, Oct. 2** – 11:30am Meeting, 12:00pm Lunch at Melrose, 6840 S. 27th St. (next to Aldi & Menards). We must call in by Sep. 27. Order and Pay on your own.

**Sunday, Oct. 29** – Sunset Playhouse, 800 Elm Grove Rd., "Sister Act," at 2:00pm. \$20 Car pool from Wilson Sr. Center at 1:00pm. Supper after at Penelope's, 13425 Watertown Plank Rd. (across parking lot from Sunset). We must call in restaurant count by Oct. 26. Order and Pay on your own. Send checks for play to: Shirley Masters, 3993 S. Prairie Hill Ln. #303, Greenfield, WI 53228. Make out to Damsels in Disorder, ASAP.

**Monday, Nov. 6** – Spring Gardens Cafe (18th & Layton), 11:30am Meeting & Lunch at 12:00pm. We must call in count by Nov. 2. Order and Pay on your own.

**Sunday, Nov. 12** – So. Milwaukee High School (15th Ave. between College & Rawson). Play "Our Town" at 2:00pm. \$8.00, RSVP Judy at 414-282-0271.

**Monday, Dec. 4** – That's Amore, 50580 S. 108th St. 11:30am Meeting, 12:00pm Lunch. Order and Pay on your own.

**HOLIDAY EVENTS ON YOUR OWN**

**Nov. 18 to Jan. 7** - Mitchell Park Domes Christmas Show, FREE on Mondays, 9am-12pm (Milwaukee County Residents. \$7.00 other times.

**Sunday Dec. 3** - Bel Canto Sr. Chorus at St. Elizabeth Ann Seton Church, 12700 W. Howard Ave. at 2:00pm FREE

**Friday, Dec. 8 & Saturday, Dec. 9** – Wilson Park Chorus (26th & Howard) at 1:30pm. FREE  
*Make checks payable to DAMSELS IN DISORDER.*

**MERRY CHRISTMAS**



**RESERVATIONS**

Reservations can be made at any time, but don't wait too long as many TRIPS sell out early. When making reservations for yourself and others please provide the following information for each individual: First & Last Name, Phone Number, Membership Number, Pick-Up Location and Food Choice if Applicable. We cannot guarantee group seating on bus or at venue if everyone in group does not sign up at the same time. Please remit payment three weeks prior to the date of a trip. You are welcome to check for availability and if a trip is full we can put you on a wait list.

**“PROJECT CONNECT”**

**This intergenerational interactive program is back for its 2nd Year. We kicked-off in September with “Getting to Know You” on Wed. Sep. 20.**

Experience an unforgettable pairing and sharing of ideas, enthusiasm, and energy that will cross the generational boundaries. First graders from Grace Christian Academy will visit the SCC the 3rd Wednesday of each month at 1:30pm for a themed gathering with Senior friends. Please don't disappoint the children, sign up to be a part of these interactive programs.

**PROGRAM DATES & THEMES**

- OCT. 18 - “Don't Leaf Your Friend Out In the Cold”**
  - NOV. 15 - “WHAT WE ARE THANKFUL FOR”**
  - DEC. 20 - “CHRISTMAS AROUND THE WORLD”**
- See OCTOBER, NOVEMBER AND DECEMBER sections for detailed information.

**OCTOBER**

**YOGA-CHI WEEKLY CLASS**

**Conference Room**

**Fridays at 1pm (Resumes Oct. 6)**

Yoga-Chi is a flowing movement class, primarily done while seated. Enhance your energy and increase your flexibility.

Yoga-Chi is uplifting for your spirit, using soothing movements, synchronized breathing and relaxation. Safely move your joints and see how Yoga-Chi can help ease pain, comfort your mind and re-energize your body! **\$35/8-Week Class Card or \$5/Class**

**PLEASE REGISTER WITH THE SCC OFFICE BY THURSDAY, OCTOBER 5th.**

**“SASSY STAMPERS” CARD MAKING CLASS**

**Lower Level Craft Room  
Tuesday, Oct. 10 at 10am**

Lee, our instructor, has been teaching card-making with rubber stamps for 12 years. She will inspire you with tips,

tricks and techniques to help you create unique greeting cards. In this class you will have the opportunity to make three cards. Everything you need is ready to use - paper and ribbon is already cut, ink, stamps, glue, scissors, glitter, envelopes, etc. will be available... All abilities will be accommodated, from experienced to new stampers. You will enjoy the class. Please pre-register through the SCC office. \$5 paid directly to instructor

**ENTERTAINMENT NIGHT WITH “FROGWATER”**

**Park Place Dining Room**

*Enter at 8536 W. Oklahoma Ave.*

**Tuesday, Oct. 10 at 7:30pm**

Frogwater is the acoustic musical pairing of Milwaukee's John and Susan Nicholson. They play with passion and virtuosity and describe their style as “eclectic acoustic peoples' music.” Their repertoire spans from Celtic to Delta Blues, Classical to Pop with a healthy dose of unique, original material filling out the mix. Their innovative interpretations of traditional tunes span the centuries and the miles and defy categorization. *Refreshments will be served after performance.*  
**RED CANS AWAIT YOUR DONATION!**

**HOSPICE 101**

**Skywalk/Conference Room**

**Wednesday, Oct. 11 at 2pm**

Join us for Tea, Lemonade and Sweets while we answer the question: **“Have you ever wondered what hospice care really means?”** Hospice is not a place. Hospice is care that comforts and supports patients and their families when a life-limiting illness no longer responds to cure-oriented treatments. Hospice can be provided anywhere a person calls home. Presented by Phyllis LoCicero, RN of VITAS. Come and learn more! **FREE**

**PHOTOGRAPHY EXHIBIT OPENING RECEPTION  
“FABULOUS FALL: THE LAST WALTZ”**

**Commons Area**

**Wednesday, Oct. 11 at 3pm**

Richard and Jane Glaser will exhibit a collection of photographs highlighting nature's last show before the landscape quietly slips into winter. Refreshments will be served. **FREE**

**THE PINK WALK**

**Enter at 8536 W. Oklahoma Ave.**

**Commons Area (Meeting Place)**

**Saturday, Oct. 14 at 10:30am**

The SCC in partnership with the American Cancer Society and Luther Burbank Elementary School are sponsoring our **1st Annual Pink Walk**. The drive behind this is Luther Burbank 5th grader, Rondall Ward who at the tender age of nine was moved to organize this charity event after learning that three staff members at his school were going through treatment for

breast cancer. "There's people in my school who survived it, and I knew that if I (organize something) they could come," said Rondall. The walk route will be around the VMP campus weather permitting or an alternate indoor route. Other activities include; give-a-way, bracelet, information, silent auction, bake sale, entertainment and refreshments. We encourage attendance, no entrance fee required. **Donations to the American Cancer Society will be enthusiastically accepted.**

## **FULL CIRCLE LIFE-EXCITE CENTER WORKSHOP "HAPPY BRAIN GAME – WORD POWER"**

**Conference Room**

**Monday, Oct. 16 at 2:30pm**

We'll play with words and learn some ways to keep our brain in tip-top shape. Presented by Gail Vella, CRR, RYT, CLYL **FREE**

## **JEWELRY REPAIR**

**Hearth Room**

**Wednesday, Oct. 18 at 9-11am**

On the third Wednesday of the first month of every quarter Paul's Jeweler's will be here to provide excellent jewelry and watch repair. Wait while your watch battery is replaced. *Charge may apply depending on service required.*

## **"JOGGIN YOUR NOGGIN"**

**NEW DISCUSSION GROUP KICK-OFF**

**Conference Room**

**Wednesday, Oct. 18 at 10am**

Come helps us kick-off this new group. We will explore ways to stimulate your mind to lessen the effects of Alzheimer's and dementia by exercising your brain while learning new things! Areas of discussion will include human communication and consideration, sports history and trivia, what dreams mean, and so much more. VMP Wesley Park residents Dale Wiggins and Sue Oldaker will serve as co-moderators. Dale will utilize his 50+ years of investigative and research experience to seek authoritative answers to complex issues while Sue will invoke her extensive education and experience in her career as a clinical social worker (holding a Master's degree) to guide the quality of discussions. Guest speakers will be invited to enhance certain topic areas. We want to stimulate though-provoking discussions and we will interject fun, humor, laughter and entertainment. Every aspect of "living" will be fair game. Brace yourself for an exciting and enlightening ride through the experiences of life as perceived and shared by each other. **FREE**

## **"PROJECT CONNECT"**

**"DON'T LEAF YOUR FRIEND OUT IN THE COLD"**

**Conference Room**

**Wednesday, Oct. 18 at 1:30-2:30pm**

• Enjoy a fall 'frolic' with our first grade friends.

- Share a favorite fall memory
- Delight in a romp and hear the leaves crunch under your feet (weather permitting)
- The colors and thoughts of all come alive in a simple art project. Please don't disappoint the first grade children of Grace Christian Academy, sign up today! **FREE**

## **PARK PLACE DINNER WITH "JEFF PULVERMACHER"**

**Park Place Dining Room**

**Wednesday, Oct. 18 at 5:00pm**

Jeff comes from a family of musically talented people. Through the years, Jeff has always had a genuine passion for performing music, harmonies, singing and playing an instrument! Join us for an evening of music from the 40s – 70s including Oldies, Country Western and Beatles. Jeff welcomes requests from the audience. Dinner includes a glass of Wine, Warm Mushroom Salad, Assorted Rolls, Savory Stuffed Chicken with Plum Glaze, Rice Pilaf, Green Beans and Dessert Du Jour, and Coffee, Hot or Iced Tea. **Member/\$20 Guest/\$22**

## **SENIOR OLYMPICS**

**Conference Room**

**Thursday, Oct. 19 at 2pm**

Learn about the Wisconsin Senior Olympics and how you can join for fun and competition. Hear from and be inspired by a few athletes and their stories. We'll talk about the sports to join if you are a beginner and those that are perfect for the seasoned competitor. Did you love sports back in the day? It's not too late to join the games again. We will show you how you can start today and be prepared for the 2018 Senior Olympics. **FREE**

## **FRIENDS OF MANOR PARK HOMECOMING DANCE**

**Park Place Dining Room & Hearth Room**

**Friday, Oct. 20 from 7-8pm**

Refer to FRIENDS & FOUNDATION NEWS & VIEWS section for details.

## **WE'RE IN THE PINK FASHION LUNCHEON WITH "VON MAUR"**

**Park Place Dining Room**

**Tuesday, Oct. 24 at 11:30am**

In recognition of Breast Cancer Awareness Month we are hosting a fashion luncheon with a presentation by American Cancer Society as well as a special guest presenter who will be updating you on all of the latest breast cancer information. We feel very fortunate that VON MAUR, a store known for its support of Breast Cancer Awareness was willing to work with us and premier their upscale fashions with a 'PINK' twist, of course. We will also celebrate the success of the Pink Walk that took place Saturday, Oct. 14. Enjoy your PINK themed luncheon (a glass of Pink Champagne, Potato and Beet Salad, Tomato and Basil

## VMP MANOR PARK In-House Events - Reservations: (414) 607-4186

Chicken, Whole Green Beans, Strawberry Ice Cream with Ribbon Cookie, and Coffee, Iced or Hot Tea). **Member/\$14 Guest/\$16**

### PUMPKIN DROP

Thursday, Oct. 26

Refer to ad inside front cover.

## NOVEMBER

### ANNUAL MEMORIAL SERVICE

Palmer House Chapel, 3023 S. 84th St.

Wednesday, Nov. 1 at 10:30 a.m.

You are most welcome to join us for this worship service, to celebrate the life of your loved one who has died in the last year. The service is followed by a reception in the Palmer House Atrium. During the service, your loved one's name will be read and prayed for, as we give thanks to God for the gift of life, and find comfort in worship. Later, during the reception, we will have time to share memories with others in the VMP Manor Park community. Please contact Chaplain Meg Lybeck-Smoak, Director of Pastoral Care if you'll be in attendance so your loved one can be remembered in prayer in the service. **Chaplain Meg may be reached by phone at: 414-607-4355 or by email: meg.lybeck-smoak@vmp.org**

### VMP VILLAGE BAZAAR

8536 W. Oklahoma Ave. or 8621 W. Beloit Rd.

Saturday, Nov. 4 from 9am – 2pm

VMP's annual bazaar will be filled with fabulous local vendors selling anything from arts and crafts to homemade baked goods! We invite you to come and enjoy this fun event. Food and beverages are available for purchase in the Park Place Dining Room and Boardwalk Bistro. **Tables are 6 feet by 30 inches or equivalent space. The cost per table is \$15.** To reserve a table, call the SCC Office at (414) 607-4186.



### FRIENDS OF MANOR PARK DINNER PROGRAM • GOLDA MEIR - "THE JOURNEY HOME"

Park Place Dining Room

Tuesday, Nov. 7 at 5pm

Refer to FRIENDS & FOUNDATION NEWS & VIEWS section for details.

### ENTERTAINMENT & EDUCATIONAL PROGRAM "SS EDMUND FITZGERALD"

Conference Room

Wednesday, Nov. 8 at 2pm

This presentation will be a memorial tribute describing the history of the 729 foot great lakes ore carrier SS Edmund Fitzgerald launched on June 8, 1958 and the circumstances that led to her sinking November 10, 1975 in Lake Superior during stormy weather with 80 mph winds and wave heights up to 25

feet high taking all 29 crewmen down with her. At that time this boat was the largest ship on North America's Great Lakes, and to this date, remains the largest ship to have sunk there. This presentation will also feature the famous and very popular song 'The Wreck of the Edmund Fitzgerald' performed by Gordon Lightfoot, live on stage in Reno, NV, April 2000. **FREE**

### VETERAN'S EVENT

Palmer House Chapel

Friday, Nov 10 at 1:30pm

Join us for this special occasion in celebration of men and women who have served our country. The event will include the posting of colors by the Krejci-Braun-Meier V.F.W. Post #7485, SCC Chorus will lead us in patriotic songs, poetry and reading performances will commemorate their years of service. The first graders from Grace Christian Academy will also present a musical tribute. Our program this year will include a very moving performance reading "The Missing Man Table Prayer". Please feel free to bring your memorabilia and stories to share. There will be information available in regard to Veteran's benefits and the Fisher House Project and The Divine Peace Outreach Ministries. Following this event, enjoy a Tap Dance performance in the Atrium by The Wilson Park Tappers along with refreshments.

### GRIEF & THE HOLIDAYS "FINDING OUR WAY THROUGH THE HOLIDAYS"

Conference Room

Saturday, Nov. 11 from 9:30-11:30am

This educational and supportive seminar for grieving adults will explore the common and unique effects of loss, the power and impact of the grieving process, the significance of mourning in healing, and practical strategies to find our way through the holidays. Presenter Pete Reinl, CSG, is the co-founder of *Healing Life's Losses* grief support services and is a companion and spiritual guide with over 30 years of pastoral ministry experience serving in various roles within faith communities, retreat centers and funeral homes. Please call in your reservation to the SCC Office if you plan to attend. **FREE**

### "INSPIRATION HOUR BREAKFAST"

Hearth Room

Tuesday, Nov. 14 from 8-9am

We are now inviting SCC members to join VMP Pastoral Care for our Inspiration Hour Breakfast, where we enjoy a continental breakfast, coffee and juice, and time for music and interactive devotionals. Starting at 8am, we meet in the Hearth Room of Wesley Park (every other month, on the 2nd Tuesday, odd numbered months only, ending at 9am). This is an on-going gathering that attendees find as a meaningful start to their day. Please contact the Senior Community Club at 414-607-4186 by **Nov. 8** to reserve your seat. Please Pay at Door. **SCC Member & Residents/\$2.50 Guest/\$4**

**ENTERTAINMENT NIGHT WITH "MILWAUKEE LETTER CARRIERS BAND"**

**Park Place Dining Room**  
*Enter at 8536 W. Oklahoma Ave.*

**Tuesday, Nov. 14 at 7:30pm**

Welcome back a fan favorite, the Milwaukee Letter Carriers' Band. Since its inception to Milwaukee in 1918 the band has been delivering music to the community and entertaining for decades! You are sure to enjoy their tremendous energy and spirit as they take over the night. Refreshments will be served after performance. **RED CANS AWAIT YOUR DONATION!**

**"PROJECT CONNECT"**

**"WHAT WE ARE THANKFUL FOR"**

**Conference Room**

**Wednesday, Nov. 15 at 1:30-2:30pm**

Looking through the eyes (and minds) of a child... Find renewed faith as we share what we have to be grateful for. Not just during the holiday season but better yet throughout the entire year!! We will help teach these children "The Significance of Service" through making and decorating teddy bears for our Friends of Manor Park Giving Tree. Please don't disappoint the first grade children of Grace Christian Academy, sign up today! **FREE**

**THOUGHTFUL THEATER WITH CHAPLAIN SUE**

**Conference Room**

*Enter at 8536 W. Oklahoma Ave.*

**Thursday, Nov. 16, 2-4pm**

Join Chaplain Sue the third Thursday of every other month for an afternoon of entertainment with the viewing of a movie and reflective engagement afterward. The silver screen can entertain as well as challenge us. Occasionally we'll consider comedy for a diversionary break; other times a more purposeful examination. Cinema offers us a diverse world-view- let's take a look together! Popcorn and Punch will be served. **FREE**

**PARK PLACE DINNER "WITH STANISLAV 'STAS' VENGLEVSKI"**

**Park Place Dining Room**

**Thursday, Nov. 16 at 5pm**

**Back by popular demand!** Stas' artistry, dazzling technical command and sensitivity have brought him increasing acclaim as a virtuoso of the Bayan. His repertoire includes his original compositions and a broad range of classical, contemporary and ethnic music. The brilliant artistry and musical virtuosity of Stas afford an expanded dimension in music and an innovative musical adventure to the audience. Prior to tonight's entertainment enjoy a glass of Wine, Tossed Salad with House Dressing, Assorted Rolls, Caramel Apple Pork Chops, Smashed Red Potatoes, Roasted Brussel Sprouts and Dessert Du Jour, Coffee and Hot or Iced Tea.  
**Member/\$20 Guest/\$22**

**"GENTLE ON MY MIND" - A TRIBUTE TO THE LIFE AND MUSIC OF GLEN CAMPBELL**

**Conference Room**

**Friday, Nov. 17 at 1pm**

In recognition of National Alzheimer's Awareness Month we are presenting a sight and sound tribute to this courageous musician. A representative from the Alzheimer's Association will update us on this disease. The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's. Join us to view one of the most remarkable Grammy Award winning documentaries in recent years, "I'll Be Me." This film documents this amazing journey as he and his family attempt to navigate the wildly unpredictable nature of Glen's progressing disease using love, laughter and music as their medicine of choice. "An inspiring testimony of FAITH, HOPE, AND HUMOR." Greg O'Brien, THE HUFFINTON POST. Following we will enjoy some of Glen Campbell's music highlighting songs from his farewell studio album "Adios" as we enjoy a Wine & Chocolate Reception. **FREE**

**FULL CIRCLE LIFE-EXCITE CENTER WORKSHOP "CRYSTAL THERAPY"**

**Conference Room**

**Monday, Nov. 20 at 2:30pm**

Your instructor, Maria Giordano, RM is a Usui Reiki Master. Join Maria for an introduction on 'crystals,' how they work, where they come from, and how they can heal your body. Crystal therapy, sometimes referred to as crystal healing, has been used by ancient crystal healers for centuries to heal and bring balance to the body. Today, this alternative therapy is gaining popularity and crystals are being used to alleviate common ailments. **FREE**

**ANNUAL THANKSGIVING SERVICE**

**Park Place Dining Room**

**Wednesday, Nov. 22 at 1:30pm**

Come to the Park Place Dining Room and gather together as our VMP Pastoral Care department and our SCC Chorus present an uplifting program for your enjoyment. Refreshments will follow in the Hearth Room. **FREE**

**ENTERTAINMENT & EDUCATIONAL PROGRAM "TWO JIMA 36 DAYS OF HELL PART 1"**

**Conference Room**

**Thursday, Nov. 30 at 2:00pm**



Iwo Jima was arguably the toughest battle the marines had ever faced. The courage and sacrifice of the men who fought to secure the eight square miles of stinking sulfur rock and volcanic ash will never be forgotten. Step back in time with sailors, soldiers, and airmen who were there and relive one of the most famous battles of WWII. Told almost exclusively through color footage shot by marine Corps cameramen and veteran interviews, this documentary tells the story of the battle for Iwo Jima through the eyes of those who lived through it. See why it is said that "on Iwo Jima uncommon valor was a common virtue." Part 1 includes: The Face of Iwo Jima, Plan of Attack, The Landings, The Shores of Iwo Jima, Mt. Suribachi, Inch by Inch by Inch, Bloody Iwo, Fire and Steel, Off Shore Support, High Price to Pay, An Uneasy Silence, and Was It Worth It? *Program presented by Chuck Hoff, Wesley Park resident. FREE*

## DECEMBER

### **BLOOD DRIVE**

**Lower Level Activity Room  
Friday, Dec. 1 from 9am-2pm**

If you have any questions, call the Blood Center at 414-937-6199. Everyone is encouraged to be part of this life-saving program. For an appointment, call Rachel Theabo at 414-607-4111. The blood drive is coordinated by the Friends of Manor Park.

### **KIDS 2 KIDS CHRISTMAS**

**3023 S. 84th Street**

**Friday, Dec. 1**

Refer to ad inside back cover.

### **ANNUAL "BLUE CHRISTMAS" SERVICE**

**Palmer House Chapel, 3023 S. 84th St.**

**Thursday, Dec. 7, at 6:30pm**

This service acknowledges the sadness that is felt during the Advent and Christmas Seasons by those who are grieving the losses of loved ones at this time of year. Please join us for this service, followed by a reception in the Palmer House Atrium.

### **ANNUAL SCC CHRISTMAS LUNCHEON**

**Park Place Dining Room**

**Friday, Dec 8 at 11am**

Please join us for Punch, Cheese and Crackers in the Commons Area, 10:30 - 11:00am before settling into the dining room. Alex Lamoureux will entertain you on the piano while you enjoy a delicious luncheon including a glass of Wine, Green Salad with Cranberry Vinaigrette, Assorted Rolls, Prime Rib of Beef (all cuts will be medium) Duchess Potatoes, Parslied Baby Carrots,

Dessert Du Jour, and Assorted Beverages. Following lunch, the children from St. Matthias will certainly put you into the holiday spirit when they bring a little Christmas cheer here to VMP. **Member/\$24 Guest/\$26**

### **VMP-SCC CHORUS HOLIDAY PRESENTATION**

**Park Place Dining Room**

**Tuesday, Dec. 12, 2-3pm**

Come and enjoy a holiday program presented by our very own Senior Community Club Chorus. We will prepare the way of the Lord and celebrate his birthday with song. Refreshments will follow in the Commons Area. **FREE**

### **ENTERTAINMENT NIGHT WITH "GARY WISNER"**

**Park Place Dining Room**

**Tuesday, Dec. 12 at 7:30pm**

Gary Wisner, an award winning vocalist, provides classic entertainment in the style of Dean Martin, Frank Sinatra, Tony Bennett, Nat King Cole, Bobby Darin, Perry Como, and other well-known singers. Gary's performances have great music and are highlighted with a touch of humor. *Refreshments will be served after performance.* **RED CANS AWAIT YOUR DONATION!**

### **CIVIL WAR CHRISTMAS PROGRAM**

**Conference Room**

**Wednesday, Dec. 13 at 1:30pm**

The Civil War Singers from the Milwaukee Alumnae Chapter of Sigma Alpha Iota, International Music Fraternity, present a "Civil War Christmas." What was Christmas like on the Civil War battlefields? Letters and stories give us a glimpse of what the soldiers on both sides experienced, as well as the civil war songs and familiar Christmas carols. Several well-known carols were written as a result of the composers' first-hand experience of the war. The Civil War Singers bring you a unique Christmas program from this most profound time in our history. **FREE**

### **FULL CIRCLE LIFE-EXCITE CENTER WORKSHOP "BRAIN POWER- SCENTSATIONAL"**

**Conference Room**

**Monday, Dec. 18 at 2:30pm**

Experience joy through Aroma Therapy and have fun making your own spritzer. Gail Vella, CRR, RYT is a Certified Reflexologist, Registered Yoga Teacher, Arthritis Foundation Exercise Leader and Certified Laughter Yoga Leader. *Pre-registration is required for this class!* **\$5 (spritzer and oil)**

**“PROJECT CONNECT”**

**“CHRISTMAS AROUND THE WORLD”**

**Conference Room**

**Wednesday, Dec. 20 at 1:30-2:30pm**

Alongside your 1st grade friend, learn about ethnic and Christmas traditions from around the world. You will be encouraged to share memories that might have special meaning for you. We will celebrate Jesus’ birthday with songs a special cake. **FREE**

**CHRISTMAS EVE ECUMENICAL WORSHIP SERVICE**

**Palmer House Chapel**

**Sunday, Dec. 24 at 10:30am**

**CHRISTMAS EVE CANDLE LIGHT AND COMMUNION SERVICE**

**Palmer House Chapel**

**Sunday, Dec. 24 at 7:30pm**

**CATHOLIC MASS**

**Palmer House Chapel**

**Monday, Dec. 25 at 10am**

**FULL CIRCLE LIFE-EXCITE CENTER WORKSHOP “HOLIDAY REJUVENATION SELF-CARE 101”**

**Conference Room**

**Monday, Dec. 18 at 2:30pm**

With the holidays right around the corner, come learn a few self-care basics and take care of yourself this holiday season. Learn about breathing techniques, Thera Cane exercises, and a few products that can help ease your pain, presented by Bonnie Mikulice, LMT a Licensed Massage Therapist. I’ll also be giving away samples you can take home! **FREE**

**ENTERTAINMENT & EDUCATIONAL PROGRAM “TWO JIMA 36 DAYS OF HELL PART 2”**

**Conference Room**

**Thursday, Dec. 28 at 2:00pm**

Iwo Jima was arguably the toughest battle the marines had ever faces. The courage and sacrifice of the men who fought to secure the eight square miles of stinking sulfur rock and volcanic ash will never be forgotten. Step back in time with sailors, soldiers, and airmen who were there and relive one of the most famous battles of WWII. Told almost exclusively through color footage shot by marine Corps cameramen and veteran interviews, this documentary tells the story of the battle for Iwo Jima through the eyes of those who lived through it. See why it is said that “on Iwo Jima uncommon valor was a common virtue.” Part 2 includes: The Road to Iwo, The B-29 Superfortress, Voices from the Battlefield with

Craig Leman and Marvin Perrett, and Iwo Jima Memorial. Program presented by Chuck Hoff, Wesley Park resident. **FREE**

**MONTHLY IN-HOUSE EVENTS**

**BOOK REVIEW GROUP**

**Skywalk (NEW LOCATION)**

**Wednesdays at 10am**

This group of enthusiastic readers meets monthly for an informal discussion of their current book choice. If you enjoy a good book, this group is for you. *If you’re interested in becoming a member, or for more information, contact Jackie at 414-328-3213.*

- **Oct. 11** “Rosemary – the Hidden Kennedy Daughter” by Kate Clifford Larson
- **Nov. 8** “Death on the Prairie” by Kathleen Ernst
- **No Meeting in December**

**PHOTO ORGANIZATIONAL CLASS**

**Skywalk**

**Wednesday, Oct. 2, Nov. 6, Dec. 4**

*(NOTE: This class now meets on the first Monday of each month.)*

**9am-12pm**

Are you storing your digital images on your camera? Are boxes of old photos stashed in your closets? This class will help you find solutions to your photo dilemma! Stop by to see how you too can complete your own photo story! Register by calling the instructor at 262-894-2565.

**SERVICES OFFERED**

**BLOOD PRESSURE CLINIC**

Keep your blood pressure in check. We offer blood pressure readings the 2nd and 4th Tuesday of each month, 9-10:30am in the Hearth Room. No need to RSVP. All are welcome.

**MENDING AND SEWING SERVICES**

Maria Ausonio will be providing us with mending and sewing services in the lower level on Wednesdays from 2-4pm. (Please call to confirm that Maria will be available!) Mending service with Arlene is also available in the Palmer House Lower Level near the Apartment Store on Thursdays from 8:30am-Noon.

**UPCOMING MANOR PARK EVENTS**

*If you’re interested in any of the events below, please call the SCC office to pre-register. (Dates are subject to change).*

- Jan. 8 Potpourri “Bear and Elk” Presentation
- Jan. 9 Entertainment Night with Easy Days Quartet

## VMP MANOR PARK In-House Events - Reservations: (414) 607-4186

Jan. 18	Thoughtful Theater
Jan. TBA	Blood Drive
Jan. TBA	Park Place Dinner Event
Jan. TBA	Fashion & Wear Red Luncheon
Feb. TBA	Park Place Dinner Event
Feb. TBA	Friends of Manor Park Sadie Hawkins Dance
Feb.	AARP Tax Assistance – Every Wed.
Feb. 13	Entertainment Night with Command Performance
Mar.	AARP tax Assistance – Every Wed.
Mar. TBA	Park Place Dinner Event
Mar. 13	Entertainment Night with St. Alphonsus Bell Choir
Mar. 15	Thoughtful Theater
Apr.	AARP Tax Assistance 1st & 2nd Wed.

### VOLUNTEER OPPORTUNITIES

#### ACTIVITY ASSISTANT

If you like to have fun this is the opportunity for you! Assist our Activity staff with different activities for our residents such as art & craft projects, playing games and/or cards, music groups, assisting with bingo, reading stories, ceramics and other fun activities.

**Volunteers are needed weekdays, weekends and evenings.**

#### CHECKERS

Do you like to play checkers? We have residents that would like to compete against you. **What days and times work for you?**

#### ROSARY PRAYER SERVICE IN-HOUSE ESCORT

Wheelchair escorts needed for our in-house rosary prayer service on **Fridays from 3:00pm-4:15pm**

#### COMPUTER INSTRUCTOR

If you enjoy working on the computer and you like to help people this is the volunteer opportunity for you! We are looking for volunteers to help our residents with basic computer needs. Our residents are looking for help with e-mails and Facebook. **Let us know what days and times work for you!**

#### SEWING/MENDING

We are looking for someone that can do sewing/mending for our residents, staff and family members. We also need help sewing laundry bags, catheter bags and wheelchair bags.

#### VISITING

Visit with our residents, help write letters, take for a walk, play a game or just hold a hand. Your bright smile and friendly face will help cheer up their days. **Any day**

or time-we will work with your schedule.

Please see **FRIENDS OF MANOR PARK** in the **FRIENDS & FOUNDATION NEWS & VEIWS Section** for other opportunities.

*“No one is useless in this world who lightens the burden of it for someone else.” Benjamin Franklin*

If you are interested in volunteering or want to hear about other volunteer opportunities please contact Bonnie at (414)607-4276.

Come Check Out All the NEW OFFERINGS...

### Boardwalk Bistro

OPEN TO SCC MEMBERS

Monday – Friday

7:30am – 2pm

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Check out the Bistro calendar For Daily and Weekly Specials Featuring Soup of the Day, Seasonal Specialties and

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### Wine Down

Wednesdays

Oct. 18, Nov. 15, Dec. 20

Themed Happy Hour from 3:00-4:00pm

**Wine \$3 • Beer \$2 • Soda \$1  
Specialty Cocktails \$4  
Complimentary Snacks**

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### Park Place Dining Room

OPEN DURING SCC HOURS FOR MEMBERS.

Reservations Required at  
**(414) 607-4326**



# Key to Fitness

Is a fitness program assisting seniors with maintaining or even improving their physical activities.

**Get healthy and join Key to Fitness NOW!!**

Mondays & Wednesdays: 8:30am - 3:00pm

Tuesdays & Thursdays: 11:00am - 3:00 pm

Fridays: 8:00am - 12:00pm

**Call Sue Roman Instructor/Coach**

**414-607-4576**

**Non-Resident - \$30 Monthly Fee**

**Includes:**

- Specialized fitness equipment geared for older adults
- Six-week program with a coach
- Free blood pressure check
- Monthly challenges to encourage you to stay on a weekly workout schedule.

**Improves:**

- Sleep • Muscle Tone • Blood Pressure • Mood
- Strength and Balance • Stamina

## Full Circle Life - Excite Center

**CONNECTING MIND, BODY & SPIRIT...**

**TO IMPROVE YOUR QUALITY OF LIFE**

*Services include but are not limited to*

**MASSAGE • Reiki • Reflexology**



Classes, workshops and events take place at the Senior Community Club/ Full Circle Life-Excite Center and are facilitated by certified practitioners.

Individual services can be scheduled by appointment in our Full Circle Life-Excite Center, WP Apt. 242 or your private residence.

**For general questions or more information, call the Senior Community Club at**

**(414) 607-4186.**

**Gail Vella**, CRR, RYT is a Certified Registered Reflexologist, Registered Yoga Teacher, Arthritis Foundation Exercise leader and Certified Laughter Yoga Leader. Reflexology is the application of appropriate pressure to specific points and areas on the feet, hand, and face. These reflex points correspond to different body organs and systems, and that pressing them has a beneficial effect on a person's health. Gail's compassionate sessions address your personal wellness goals to bring joy, balance and relaxation "making the rest of your life, the best of your life." **Phone: 414-573-6942 • Email: [compassionareflex@gmail.com](mailto:compassionareflex@gmail.com).**

**Maria Giordano**, RM is a Usui Reiki Master. Reiki, a healing modality that originated in Japan, is a complementary healing technique for stress-reduction and relaxation to improve health and wellbeing. Reiki combines deep breathing, meditation and light touch to bring balance to your body, mind and spirit. Maria is passionate and compassionate about helping people. She enjoys working as a healer, assisting others on their way to a healthy life style. **Phone: 262-617-8497 • Email: [mariag@healinghandsenergy.com](mailto:mariag@healinghandsenergy.com)**

**Bonnie Mikulice**, LMT is a Licensed Massage Therapist. Helping people relieve their pain and relax is her passion. Bonnie is a 2015 graduate of the Wisconsin School of Massage Therapy in Germantown, WI. Her work experience includes Massage Envy and Sussex Chiropractic; as well she owns a mobile and studio massage business. Bonnie is a member of the ABMP (Associated Bodywork and Massage Professionals). Her massage technique combine therapeutic, relaxation, hot stone, myofascial release, and trigger point therapy, making for an exceptional experience. **Phone: 608-556-7776 • Email: [bodyworkbybonnie13@gmail.com](mailto:bodyworkbybonnie13@gmail.com) • Website: [bodyworkbybonnie.massagetherapy.com](http://bodyworkbybonnie.massagetherapy.com)**



## FRIENDS & FOUNDATION NEWS AND VIEWS

Thank you for your participation in our meetings. Eclipse cookies for that special solar eclipse day were given to those in attendance as a thank you for all you have done.

Three support groups have been formed; Weight Loss, Diabetes, and Grief Support. Call 414-543-6566 for more information or to sign up for one or more groups.

### **PLEASE MARK YOUR CALENDARS FOR THE FOLLOWING EVENTS. VOLUNTEERS ARE NEEDED!**

Friday, Oct. 20 – Homecoming Dance & Post Dance Party

Thursday, Oct. 26 – Pumpkin Drop

Tuesday, Nov. 7 – FOMP Fund Raiser Dinner Featuring Jessica Michna

Friday, Dec. 1 – Kids 2 Kids Toy Drive

Monday, Dec. 4 – Packaging cookies for The Teddy Bear Appeal

Monday, Dec. 4 – FOMP Holiday Party/Gathering at 3pm in the Boardwalk Bistro

Thursday, Dec. 7 – Teddy Bear Appeal Kick-Off Tree Trimming (Palmer House & Wesley Park)

**Virginia Strukel**

President of Friends of Manor Park

#### **FRIENDS OF MANOR PARK HOMECOMING DANCE**

**Park Place Dining Room & Hearth Room**

**Friday, Oct. 20 | 7:00– 8:00pm**

Tickets are available in the SCC office during regular business hours up until 4:00pm, Thursday, Oct. 19. Tickets for this fund raiser are **\$10/Member and \$12/Non-Member** and includes the dance, a disc jockey, snacks, punch, champagne punch and a Post Prom Party following the dance in the Bistro (BYOB) 8pm to...

*Please let us know if you're coming. Call the SCC office at 414-607-4186 to register. **COME & BE SURPRISED!!***

#### **FRIENDS OF MANOR PARK Dinner Program**

**Tuesday, November 7 at 5:00pm**

Jessica Michna performance

Golda Meir - "The Journey Home"

How does a girl born in the Ukraine, raised in Milwaukee, Wisconsin, travel a path that will lead her to become Prime Minister of Israel? This informative, entertaining program, developed by Jessica Michna, explores that rather circuitous route. What roadblocks and detours were thrown in Golda's way and how did she overcome them? The journey is a fascinating one, filled with joy, sorrow, seriousness and humor. Let Golda, as portrayed by Ms. Michna, tell you in her own words.

Your dinner includes; Caesar Salad, Italian Bread, Veal Marsala, Pasta, Vegetable, and Dessert Du Jour.

Tickets are sold directly through the Friends of Manor Park. Registration forms will be available October in the Senior Community Club Office. We suggest you make reservations by stopping in or call the SCC office at 414-607-4186. Those of you with reservations will be notified when the registrations forms are available.

**Members/\$18.00 Non-Members/\$20.00**

#### **TEDDY BEAR APPEAL AND CONCERT**

**Thursday, December 7 at 10:00am**

**Palmer House Chapel**

Each year the VMP Foundation, together with the Friends of Manor Park, help raise funds through the annual Teddy Bear Appeal which runs from November through December. These funds are used at Manor Park to help improve the quality of life for our residents.

The Teddy Bear concert is December 7 at 10:00am in the Palmer House Chapel, 3023 S. 84th St. This year we hope to bring back the choral group from Martin Luther High School, The Troubadours. This group has been kicking off the holiday season at VMP for many years and are always a pleasure to hear.

Please join us for this heart-warming concert.



# VMP WEEKLY CLASSES & GROUPS • July, August, September 2017

## MONDAY

8:30 am Key to Fitness until 3pm  
 9:00 am Mending & Sewing (LC)  
 9:30 am Light Zumba (LL)  
 1:00 pm Sheepshead (CL)  
 2:00 pm Upword (CL)

## TUESDAY

9:00 am Computer Lab until 4pm  
 Intermediate Bridge (GR)  
 Needlepoint & Crafts (LC)  
 9-10:30 am Blood Pressure Check (HR)  
 2nd & 4th Tue.  
 10:00 am Bible Study (CR)  
 Nail Time until 2pm (LL)  
 (See ad in VMP In-House  
 Events section)  
 11:00 am Senior Wise Exercise (LL)  
 Key to Fitness until 3pm  
 12:30 pm Intermediate Bridge (GR)  
 1:00 pm Pattern Dance (LL)  
 Sheepshead (CL)  
 Woodcarving (LC)  
 2:00 pm VMP-SCC Chorus (CR)  
 6:30 pm Toastmasters (CR) 2nd and 4th Tue.

## WEDNESDAY

8:30 am Key to Fitness until 3pm  
 9:00 am Beginning Bridge (GR)  
 Catholic Mass (CR)  
 Computer Lab until 4pm  
 Sewing (LL)  
 9:30 am Country Line Dancing (LL)  
 Weaving (LC)  
 10:00 am Nail Time until 2pm (LL)  
 (See ad in VMP In-House Events section)  
 Shutterbug Club (HR)  
 1st & 3rd Wed.  
 12:00 pm Duplicate Bridge (GR)  
 12:30 pm Ceramics (LC)  
 Mah Jong (CL)  
 1:00 pm Canasta (CL)  
 Lapidary/Jewelry (LC)  
 1:30 pm Beginner & Intermediate Harmonica (HR)  
 2:00 pm Mending & Sewing (LL)

## THURSDAY

9:00 am Computer Lab until 4pm  
 Cribbage (CL)  
 Knitting & Crocheting (LC)  
 Painting (LC)  
 Quilting (CR) 1st & 3rd Thur.  
 Woodworking (WS)  
 10:00 am Nail Time until 2pm (LL)  
 (See ad in VMP In-House Events section)  
 11:00 am Senior Wise Exercise (LL)  
 Key to Fitness until 3pm  
 Intermediate Bridge (GR)  
 12:30 pm Cribbage (CL)  
 1:00 pm Sheepshead (CL)  
 Stained Glass (LC)  
 Woodcarving (LC)

## FRIDAY

8:00 am Key to Fitness until 12:00pm  
 10:00 am Nail Time until 2pm (LL)  
 (See ad in VMP In-House Events section)  
 1:00 pm "Yoga-Chi" (CR) (\$35/8-Week Class Card or \$5/  
 Class) Resumes Oct 6th. Please register by Thu.  
 Oct. 5th. See In-House Events section for details.

## SUNDAY

10:30 am Ecumenical Worship (PHC)

## CALENDAR KEY

**BB** Boardwalk Bistro  
**LL** Lower Level  
**C** Computer Lab  
**PH** Palmer House  
**CL** Commons Lounge  
**PP** Park Place  
**CR** Conference Room  
**SW** Skywalk  
**GR** Game Room  
**UA** Upper Level  
**HR** Hearth Room Activity  
**LC** Lower Craft Room  
**WS** Woodshop

## THE APARTMENT STORE

The Apartment Store is a quality resale shop located in the lower level of Palmer House. Shop or donate gently used items such as small furniture, household items, ornaments, collectibles, jewelry and clothing.

**STORE HOURS: Tue/Wed/Thu: 9am-3pm**

For more information please call

**414-607-4328.**

## NAIL TIME SALON

Specializing in nail improvement! For over 20 years I have been here for your finger/toe nail care needs.

**MANICURES \$18 • PEDICURES \$29**

**NEW- FOOT MASSAGE \$10/10 minutes**

During a hand nail care visit you can look forward to:  
 \*soaking of fingers & cuticle care \*filing \*heated mitts  
 \*hand massage w/lotion \*nail polish if desired. During a foot nail care visit you can look forward to: \*foot bath  
 \*filing of toenails, corns & calluses \*foot scrub w/sugar and essential oils \*lotion massage \*nail polish if desired.

**HOURS BY APPOINTMENT**

**CALL DEANNA AT**

**414-587-8561 or 414-771-2100**

Located in the Lower Level of Wesley Park  
 (in mirrored open area)

**Gift Certificates Available**

## SALON PS

*Celebrate your personal style with a visit to Salon PS*  
 where we offer quality services from haircuts and styles to facial waxing.

For more information, please contact Mary at

**414-607-4221**

## PASTORAL CARE CORNER

**TUESDAYS at 10am • Bible Study (CR)**  
**WEDNESDAYS at 9am • Catholic Mass (CR)**  
**SUNDAYS at 10:30am • Ecumenical Worship (PHC)**



**WED, NOV. 1, 10:30am • Annual Memorial Service (PHC)**  
**SAT, NOV. 11, 9:30-11:30am • Grief & the Holidays (CR)**  
**TUE, NOV. 14, 8-9am • Inspirational Breakfast (HR)**  
**THU, NOV. 16, 2-4pm • Thoughtful Theater (CR)**  
**WED, NOV. 22, 1:30pm • Annual Thanksgiving Service (PP)**  
**THU, DEC. 7, 6:30pm • Annual "Blue Christmas" Service (PHC)**  
**SUN, DEC. 24, 10:30am • Christmas Eve Ecumenical Worship Service (PHC)**  
**SUN, DEC. 24, 7:30pm • Christmas Eve Candle Light & Communion Service (PHC)**  
**MON, DEC. 25, 10:00am • Catholic Mass (PHC)**  
 For more information go to the In-House Event Section.

## CALENDAR KEY

**CR - Conference Room**  
**PP - Park Place Dining Room**  
**PHC - Palmer House Chapel**



KIDS 2 KIDS

CHRISTMAS



Winter Wonderland

# TOY COLLECTION

Friday, Dec. 1, 11am-7pm



## Manor Park

3023 S. 84th Street - West Allis

*Enter off 84th Street between Oklahoma Ave. and Beloit Rd.*

**Drop off your NEW, UNWRAPPED toys and enjoy the indoor and outdoor activities and entertainment.**

*Entertainment and activities are subject to change.*

### Live Performances & Entertainment

- Take a Stroll in the VMP Winter Wonderland Garden
- Meet Mascots
- Children's Choirs
- Twirlers & Fire Batons
- Drum Line
- Dancers
- Musicians
- Magician

### Complimentary Activities

- Hot Chocolate/Coffee
- Usinger's Hotdogs
- Cookie Decorating
- Horse Carriage Rides
- Hay Rides
- Photo Booth
- Christmas Craft Area
- Games & Prizes
- Inflatable Obstacle



Kapco's Kids 2 Kids Christmas was created to teach kids the spirit of giving. Help us make this a special Christmas by taking your child, grandchild, niece, nephew or neighbor to purchase a toy for a child who is less fortunate!

**Kids2Kids Hotline (414) 607-4110**



**NEARLY 3,000  
TOYS COLLECTED  
IN 2016!**



**WINTER WONDERLAND  
TOY COLLECTION AT**



**KAPCO** **KIDS 2 KIDS** **CHRISTMAS** **620WTMJ**  
Metal Stamping Wisconsin's Radio Station  
Winter Wonderland  
**TOY COLLECTION**  
at VMP Manor Park





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