



CONGREGATIONAL HOME

RESIDENTS' MONTHLY NEWS

Volume 196

Brookfield, Wisconsin

January 2019

Congregational Home

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Great thanks to Bill Cummings, Matt Jeide, Marianne King, and Michael Simmons for their time, service, and dedication given to *Congregational Home*!

Life Enrichment Department

With the start of the New Year, the Activity Department will be known as the Life Enrichment Department.

Christmas Craft Fair and Bake Sale

Thank you to everyone who made our Christmas Craft Fair and Bake Sale a huge success. The proceeds will benefit our Life Enrichment Department.

Save the Date

VIVO ~ Wednesday, February 27

Warren Wiegatz, Pam Duronio, and Tim Stemper

Social Hour ~ Musical Entertainment ~ Dinner

Adults = \$16 / Children = \$8

Monthly Prayer Circle

Please join us to celebrate, honor, and remember the lives of the following residents who have entered into eternal life:

Dr. Miguel Galang
Dr. John Schoenecker
James Goodnetter
Joel Martinez



The prayer circle is open to residents, family, and staff members.

Wednesday, January 9
10:30 a.m.
Chapel

Thank You for Employee Gifts

Dear Residents and Families,

Please accept this large, heartfelt THANK YOU to all of you who contributed to our *Congregational Home's Annual Staff Appreciation/Christmas Gift!*

Your kindness has brought joy to the season by helping our staff feel warmly appreciated for their dedicated work and adding to their Christmas enjoyment! Your donations were divided equitably amongst each staff member based on the number of hours worked over this past year, and has created many smiles!

Your thoughtfulness and generosity are greatly appreciated by all! Merry Christmas and best wishes to all of you in the New Year!!

Happiness to you always,

KRIS
Kris Sprtel NHA
President/CEO

Vocare



DSHA's immersion experience, Vocare, is the capstone of each student's four years of service. Each DSHA senior serves for two full weeks in the greater Milwaukee community. By working alongside the elderly, children, or those with special needs, each senior experiences firsthand many of the critical issues facing our society and gains a deeper understanding of how she can utilize her God-given gifts and talents in service to others. Two seniors, Lola Burton and Sara Maslowski, have chosen to fulfill their service requirement at Congregational Home. They will be volunteering in the Life Enrichment Department from Monday, January 14 through Friday, January 25. Please join us in welcoming them.

Important Adenovirus Virus Info

Adenovirus infections have recently been in the news for causing outbreaks in infants and young adults from two states. Adenovirus infections are common in late winter, spring, and early summer, overlapping with flu season. Though these viral respiratory infections may easily be mistaken for the flu, there are distinct differences to keep in mind. Adenovirus infections can cause a variety of symptoms, from sore throat and runny nose to pink eye and diarrhea.

There are nearly 50 different strains of adenovirus known to cause illnesses across the world. Some of these strains are more severe than others, such as Strain 7, which caused a recent outbreak among college students in Maryland. Some strains of adenovirus may cause digestive tract infections among young children, and most children by the age of 10 have had a form of adenovirus.

How does adenovirus spread?

Adenovirus-caused respiratory infections (like croup, bronchitis, or pneumonia) are primarily spread from infected persons to others when respiratory hygiene is not performed. Proper respiratory hygiene includes covering your cough and promptly cleaning your hands. Respiratory hygiene is an easy way to prevent infections spread by respiratory droplets, like adenovirus.

Respiratory hygiene includes:

- Covering your mouth and nose with a tissue when coughing or sneezing.
- Throwing away your tissues in the nearest trash can.
- Performing hand hygiene after coughing/sneezing/disposing of tissues.

In intestinal tract infections caused by adenovirus, others become sick from fecal-oral contact, which is almost always related to poor hand hygiene practices. Take care to avoid touching your eyes, nose, or mouth after caring for a family member or patient with adenovirus until after hand hygiene is performed.

An infected person may continue to spread the virus for a long time, even after his/her symptoms improve. Therefore, it is important to continue prevention measures, including cleaning/disinfecting potentially-contaminated surfaces.

How can you prevent the spread of adenovirus to other people?

You can protect yourself and others from adenoviruses and other respiratory illnesses by following these steps from the Centers for Disease Control and Prevention (CDC):

- Clean your hands often with soap and water.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid close contact with people who are sick.

If you're sick, the CDC recommends that you:

- Stay home from work or school.
- Cover your mouth and nose when coughing or sneezing.
- Avoid sharing cups and eating utensils with others.
- Refrain from kissing others.
- Clean your hands often with soap and water, especially after using the bathroom.

Diagnosis and Treatment

There is no cure for adenovirus, so diagnosis is primarily focused on ruling out other sources of infection and supportive therapy. Diagnosis may include a complete history and physical, blood tests, culture of respiratory secretions by nasal swab, stool culture, and/or chest imaging tests. Treatment depends on the severity of the illness. In general, it aims to relieve symptoms and improve hydration. Encourage the infected person to drink lots of fluids to stay hydrated.

If you suspect you have an adenovirus or other respiratory illness, contact your healthcare provider immediately.

Anmarie Kehoss RN, Infection Control Nurse

January Events / Entertainment

January 03	Thursday	10:15 a.m.	Devotions / Hymn Sing with Eva ~ Chapel
January 08	Tuesday	12:00 p.m.	Skilled Resident Meeting ~ Fireside East
January 09	Wednesday	10:30 a.m. 2:00 p.m.	Prayer Circle ~ Chapel Music with Chuck ~ Chapel
January 10	Thursday	10:15 a.m.	Devotions / Hymn Sing ~ Chapel
January 14	Monday	3:45 p.m.	Whitman Student Visits ~ Life Enrichment Department
January 15	Tuesday	2:30 p.m.	Brookfield Christian Student Visits ~ Life Enrichment Department
January 17	Thursday	10:15 a.m.	Devotions / Hymn Sing ~ Chapel
January 18	Friday	10:15 a.m.	Pam's Family Child Care Visits ~ Chapel
January 24	Thursday	10:15 a.m.	Devotions / Hymn Sing with Heather ~ Chapel
January 30	Wednesday	11:30 a.m.	Assisted Living Resident Meeting ~ East Suites
January 31	Thursday	10:15 a.m. 2:00 p.m. 6:30 p.m.	Devotions / Hymn Sing ~ Chapel Watercolor Painting with Kathy ~ Life Enrichment Department Handbell Choir from Mount Zion Lutheran Church ~ Chapel



“Faith is taking the first step even when you don’t see the whole staircase.”

“Injustice anywhere is a threat to justice everywhere.”

“Our lives begin to end the day we become silent about things that matter.”

January Outings

January 04	Friday	1:45 p.m.	Grocery Shopping at Pick n Save
January 07	Monday	2:00 p.m.	Fireside East and Fireside West Ride
January 18	Friday	1:45 p.m.	Grocery Shopping at Pick n Save
January 21	Monday	1:45 p.m.	Assisted Living Ride
January 28	Monday	2:00 p.m.	Abundant Life Ride

Special Days in January

Resident Birthdays

01/01	Helen Kessen
01/01	Joyce Ursic
01/04	Jane Guthrie
01/07	Patsy Koth
01/07	Carl Krueger

01/13	Kay Wiebrecht
01/15	Bernice Treis
01/26	Stephanie Nowak
01/27	Juanita Turriff
01/28	Jennie Giuffre

Employee Birthdays

01/02	Michael Daniels	Nursing
01/03	Darrion Clayton	Food Service
01/03	Mary Murray	Life Enrichment
01/04	Timeka Edwards	Housekeeping
01/04	Jason Zimmerman	Plant Operations
01/05	Josette Feumba	Nursing
01/10	Tina Berg	Admissions
01/11	Cassandra Tenner	Nursing
01/12	Char Banks	Food Service
01/12	Deb Bunke	Administration
01/14	Galberal Ardd	Nursing
01/14	Michael Cox	Food Service

01/15	Chenell Banks	Housekeeping
01/15	Ann Kehoss	Nursing
01/17	Teresa Brandon	Nursing
01/17	Trista Ryan	Food Service
01/20	Latisha Williams	Nursing
01/21	Beverly Juedes	Nursing
01/21	Teresa White	Nursing
01/25	Marge Goeldner	Administration
01/26	Stephanie Anderson	Nursing
01/28	Al Evans	Food Service
01/31	Barbara Conyers	Food Service
01/31	Rhoebe Del Rosario	Food Service



“Oh, the weather outside is frightful,
but the fire is so delightful.”



Employee Anniversaries

01/03	DeShunka Peppers	19 Years	Nursing
01/08	Camille Reid	3 Years	Nursing
01/10	Maribeth Lang-Hubbert	23 Years	Nursing
01/13	Laresha Nabors	2 Years	Nursing
01/16	Shika Bobo	7 Years	Food Service
01/16	Gloria Moore	12 Years	Nursing
01/16	Kelly Snyder	1 Year	Life Enrichment
01/18	Maria Campbell	2 Years	Nursing
01/25	Kelli Moore	2 Years	Food Service
01/29	Tiffany Gipson	6 Years	Nursing
01/29	Tesha Urban	1 Year	Chaplain
01/31	Lorynda Williams	1 Year	Food Service

The Apartment Page

January Events / Entertainment

January 02	Wednesday	4:30 p.m.	Apartment Social ~ Commons
January 03	Thursday	10:15 a.m.	Devotions / Hymn Sing with Eva ~ Chapel
January 04	Friday	11:00 a.m.	Apartment Meeting ~ Commons
January 09	Wednesday	10:30 a.m. 2:00 p.m. 4:30p.m.	Prayer Circle ~ Chapel Music with Chuck ~ Chapel Apartment Social ~ Commons
January 10	Thursday	10:15 a.m.	Devotions / Hymn Sing ~ Chapel
January 14	Monday	3:45 p.m.	Whitman Student Visits ~ Life Enrichment Department
January 15	Tuesday	2:30 p.m.	Brookfield Christian Student Visits ~ Life Enrichment Department
January 16	Wednesday	4:30 p.m.	Apartment Social ~ Commons
January 17	Thursday	10:15 a.m.	Devotions / Hymn Sing ~ Chapel
January 18	Friday	10:15 a.m.	Pam's Family Child Care Visits ~ Chapel
January 23	Wednesday	4:30 p.m.	Apartment Social Commons
January 24	Thursday	10:15 a.m.	Devotions / Hymn Sing with Heather ~ Chapel
January 25	Friday	12:00 p.m.	Apartment Social ~ Commons
January 30	Wednesday	4:30 p.m.	Apartment Social ~ Commons
January 31	Thursday	10:15 a.m. 2:00 p.m. 6:30 p.m.	Devotions / Hymn Sing ~ Chapel Watercolor Painting with Kathy ~ Life Enrichment Department Handbell Choir from Mount Zion Lutheran Church ~ Chapel



Activity	Day	Date	Time	Location
Games with DdG	Monday	Jan. 8, 15, 22, 29	2:00 p.m.	Commons
Yoga with Molly	Tuesday	Jan. 9, 16, 23, 30	3:30 p.m.	Commons
Lifelong Learning Study Group	Wednesday	Jan. 3, 10, 17, 24, 31	2:00 p.m.	Commons
Grocery Shopping	Friday	Jan. 4, 18	2:00 p.m.	Pick 'n Save
Strength and Balance (Exercise)	M/W/F	Jan. 2, 7, 9, 11, 14, 16, 18, 21, 23, 25, 28, 30	10:30 a.m.	Commons