

# **January Residents' Newsletter**

January 1, 2019

## Sunday Evening Vespers Fellowship Hall - 6:00 p.m.

Leader		Musician	
January 6	Rev. Jerry Wendt, Retired First English Lutheran Church, Whitewater	Barb Taylor	
January 13	Annual Memorial Service Delisa Buckingham-Taylor & Luke Bocher	Peggy Hooper	
January 20 -	Rev. Kendell Nordstrom, Retired Former Fairhaven Chaplain	Lori Stoneking	
January 27 -	Bob & Mary Ann Ehrike, Lay Leaders Fort Atkinson UCC & Prairie Village Residents	David Stedman	

#### Lynn Binnie Retirement Reception...

Join us on Friday, January 11th at 2:00 p.m. for a reception honoring Lynn Binnie, Fairhaven's Administrator for over 20 years, on his retirement. There will be a brief program at 2:30 p.m. and refreshments will be served.

Stop and wish Lynn good luck as he and Cheryl start their newest journey in life!

#### Resident Tea

Fairhaven employees would like to thank you for your gift hosting a Resident Tea for you on Thursday, January 17 from 2:30-3:30 pm.

There will be cookies, cheese and crackers and beverages served to residents in the Front Lobby, the Piano Lounge and the Skylight Dining Room.

Plan to attend this fun event with staff.



#### Catholic Mass

St. Patrick Catholic Church in Whitewater will celebrate Mass on **Friday**, **January 4** at **9:30 a.m.** in Fellowship Hall.



Devotions in 4th Floor Dining Room Tuesdays at 9:30 a.m.

Wednesday Morning Devotions Wednesdays at 11:00 a.m. Fellowship Hall

> Bible Study Wednesdays—2:00 p.m. Fellowship Hall

**Epiphany...** In celebration of Epiphany, a gift of fruit will be available in each lounge & Prairie Village on **Friday**, **January 4**, **2019**.

Thank you to the Friends of Fairhaven for the donation of the fruit.



Please help yourself to 1 or 2 pieces.

## Here's What's Happening

Food Pantry - Collection of items for the Whitewater Food Pantry will be held on Wednesday, January 2, 2019 in the lobby of Fellowship Hall from 8:00 a.m. - 4:00 pm. A reminder that monetary donations are also accepted with checks payable to the "Whitewater Food Pantry" & may be dropped off at the Reception Desk.

Parkinson's Support Group - The Parkinson's Support Group will meet on Monday, January 14 at 1:00 p.m. in the Lower Level Conference Room.

Listen-In - The next Listen-In will be held on Monday, January 21st at 11:15 a.m. in Fellowship Hall.

Audiologist Visit - Cheryl Kinney will be here on Friday, January 4. Free hearing tests & comprehensive hearing aid service are available. Call 1-920-563-6667 to set up an appointment.

#### Bank Visits to Fairhaven

Associated Bank will be at Fairhaven on Mondays, 11:00–11:15 a.m. in the Private Dining Room.

First Citizens State Bank will be at Fairhaven on Fridays, 9:30-10:30 a.m. in the Private Dining Room.

#### **Blood Pressure Screenings by Fort Wellness Staff**

Monthly Blood Pressure Screenings will be offered on Tuesday, January 15<sup>th</sup> (3<sup>rd</sup> Tuesday of every month for 2019) from 11:00-12:00 in the Whitewater Conference Room.



#### BINGO... Fellowship Hall



Fridays - 1:15 - 2:30 p.m. (Due to program—no Bingo Jan. 11)

Special Thursday Bingo - January 10th 1:15—2:30 p.m.

#### Sundaes on Sunday...

Join us Sunday, January 20th from 2:00 to 3:00 p.m. in the Lobby as we will be serving "Chocolate Chip Cookie Dough" as this month's delicious treat.



#### Bell Choir Concert ...

The Bell Choir will be presenting one more Christmas Concert for the season on Monday, January 7<sup>th</sup> at 11:00am in Fellowship Hall. We call it "Epiphany Plus One." Come to hear some of your favorite carols—and perhaps one or two that are new to you—before we put the carol books away for another year.

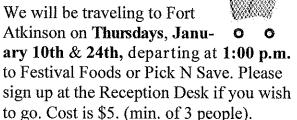
# Current Events & Ideas - Tuesdays 2:00 - 3:00 p.m. - Fellowship Hall

After the holiday break we resume our regular Tuesday afternoon 2:00 gatherings in Fellowship Hall. We are always open to new thoughts and ideas to add to our stimulating discussions. Come and join us as we confront the issues of the New Year.

#### Choir Practice begins January 23...

Fairhaven Choir rehearsals will resume on Wednesday, January 23 at 9:30 a.m. in Fellowship Hall. Bring your voices and desire to sing and we will see you there!

#### **Shopping in Fort Atkinson**



#### Voter Registration and Address changes

Marion Burrows will be doing Voter Registration and address changes on Tuesday, January 8 and on Wednesday, January 9, from 11am - 12 noon in the Whitewater Conference Room.



## More Fairhaven Happenings

First United Methodist Church Christmas Cantata DVD - On the 10<sup>th</sup> day of Christmas, the Methodist Church choir invites you to watch a DVD of their Christmas cantata called, *The Heart of Christmas*. This joyful cantata, written by Pepper Choplin, follows the life and passion of those who actually lived the story. The Christmas story is told through songs and narration. There's familiar and new music of a wide variety of styles. Thursday, January 3rd, 10:15 a.m., Fellowship Hall.

BlackPoint Estate Presentation: Pull up a Chair...Let's Take a Walk - Friday, January 4<sup>th</sup> at 3:00 p.m. in Fellowship Hall- How did Geneva Lake get started? We've got glaciers, Native Americans, water power, early settlers and prominent citizens, architectural gems and historic mileposts. Walk through 200 years of history from your arm chair!

Banjo Concert - Mike Woitowicz will be providing another banjo music program at a concert on Saturday, January 5 at 1:15 p.m. in Fellowship hall. He calls it his "Two by Two" program. He will be playing two tunes each from a number of different categories, including Ragtime, Irish Folk Music, Vaudeville, Movies and Broadway. Additionally, Mike indicates he will include some foot stompin' and hand clappin' favorites in the program. Mark down the date and get there early!

Immigration: A Personal and Story-Based Presentation - Monday, January 7<sup>th</sup> at 1:15 p.m. in Fellowship Hall. We welcome Jim Winship, Speaker and Emeritus Professor of Social Work at UW-Whitewater, as he will share his personal experiences with immigration within his family and those he met along the way. This is a 30 minute story-based presentation about immigration and how it is perceived differently by many.

## Tapestry- Musical Performance- Monday, January 14th at 1:15 p.m. in Fellowship Hall

Tapestry is a 3 to 5 piece acoustic music ensemble consisting of members Tom Cook, Mary Pat Cook, Gail Ladish, Jan Niebler and Roger Rumppe. The ensemble sings and performs in a variety of musical styles including but not limited to traditional folk to contemporary acoustic. Performances always include a wide variety of instruments such as nylon and steel string guitars, violin, viola, cello, bass, Banjo, mandolin, Celtic bouzouki, mandocello, hammered dulcimer, mountain dulcimer, hog-nosed psaltery, bowed psaltery, the recorder family of soprano, alto and tenor, and a variety of hand percussion. Audience participation is encouraged and welcomed with every performance!

Carolyn Wehner-Pianist - Join Carolyn Wehner in Fellowship Hall on Thursday, January 17<sup>th</sup> from 1:15-2:15 p.m. (before the Resident Tea) for what will be an amazing piano performance.

Craft Project with UW-W Women's Basketball Team - Friday, January 18<sup>th</sup> from 2:45-4:00 p.m. in Fellowship Hall we will have a fun craft project with the Women's Basketball Team as they take a break from their Winter Schedule. Please sign up at the front desk by Wednesday the 16<sup>th</sup> if you would like to attend so we can be prepared with supplies.

## Wednesday Night Movies for January Fellowship Hall - Wednesdays at 6:00 P.M.

- Jan 2 Pope Francis: A Man of His Word Wim Wenders' new documentary, "Pope Francis A Man of His Word," is intended to be a personal journey with Pope Francis, rather than a biographical documentary about him. The pope's ideas and his message are central to this documentary, which sets out to present his work of reform and his answers to today's global questions. From his deep concern for the poor and wealth inequality, to his involvement in environmental issues and social justice, Pope Francis engages the audience face-to-face and calls for peace. Rated PG, 96 minutes, color and subtitles will be available.
- Jan 9 Unbroken: A Path to Redemption When the war ended, his battle began. Based on Laura Hillenbrand's bestselling book, UNBROKEN: PATH TO REDEMPTION begins where Unbroken ends, sharing the next amazing chapter of Olympian and World War II hero Louis Zamperini's powerful true story of forgiveness, redemption, and amazing grace. Rated PG-13 for thematic content and related disturbing images, 100 minutes, color and subtitles will be available.
- **Jan 16 Operation Finale -** A team of secret agents set out to track down the Nazi officer who master-minded the Holocaust. Rated PG-13 for disturbing thematic content and related violent images, and for some language, 120 minutes, color and subtitles will be available.
- **Jan 23 God Bless the Broken Road -** God Bless the Broken Road tells the story of a young mother who loses her husband in Afghanistan and struggles to raise their young daughter in his absence. The film combines elements of faith, country music, and stock car racing while paying tribute to those who serve in the United States military. Rated PG, 110 minutes, color and subtitles will be available.
- **Jan 30 Disney's Christopher Robin -** A working-class family man, Christopher Robin, encounters his childhood friend Winnie-the-Pooh, who helps him to rediscover the joys of life. Rated PG, 110 minutes, color and subtitles will be available.

Thursday Afternoon Movie - A Fish Called Wanda - January 24th,1:15 p.m. in Fellowship Hall In London, 4 very different people team up to commit armed robbery, then try to double cross each other for

the loot. Rated R for adult situations, language and violence, 110 mins., color & subtitles will be available.

## **Fairhaven Lecture Series - Spring 2019**

"A World at War: Taking a Closer Look at WWII"

Seventy-five years ago, the world was engaged in the deadliest conflict in history. The Second World War impacted millions of people from dozens of countries across the globe. From the horrors of genocide and nuclear weapons to the emergence of super powers and a baby boom, the stories and legacies from the war are formative and profound. Join us this spring as we take a closer look at the Allies and the Axis, the international battlefields and the home front, the great powers and the greatest generation. All lectures are held on **Mondays at 3:00 p.m.** in Fairhaven's Fellowship Hall.

January 28 Making the Movies Safe for War: The WWII Combat Film John McGuigan, Professor, Languages and Literatures

Transportation available for Prairie Village residents. 2 pickups - 2:30 p.m. (middle eyebrow) & Community Center- 2:35 p.m. Please sign up through the Reception Desk a day in advance.

Unable to attend? Download podcasts of all Fairhaven lectures beginning with Fall 2007 online at: <a href="https://www.uww.edu/ce/fairhaven">www.uww.edu/ce/fairhaven</a>

Happy January Birthday!!!		
	orthuay::: 01	
Thomas Dosemagen		
Peter Wurzer	01	
Olive Crawley	03	
Charles Graffius	04	
Lucille Nokes	04	
Irene Conrad	06	
Dolores Boynton	08	
Jerome Laurent	08	
John Kincaid	12	
Tom Christofferson	13	
Flora Helling	15	
Betty Heth	16	
Shirley James	16	
David Camplin	18	
Gary Fry	21	
Jim Rossmiller	21	
Mary Weiss	21	
Jim Moldenhauer	25	
Dorothy Nelson	25	
Mary Anne Gerlach	26	
Charlotte Goodman	26	
Roger Kuhnke	27	
Arlene Rowley	27	
Ronald Bergsten	29	
Audrey Tuinstra	29	
Carroll Olm	30	

Missing Wheelchair... The new transportation chair that belongs in the lobby is missing. This wheelchair is used by residents and visitors. It is black & has FAIRHAVEN written across the back rest in large white bold letters. If you see or know where this wheelchair is, please return it to the lobby.

#### Listen In Update

- Epiphany fruit to be placed in lounges and at Prairie Village on Jan. 4th
- Lynn Binnie's Retirement Reception on Jan 11th at 2:00 p.m. in Fellowship Hall. Program at 2:30pm

# Thank you from the Jess H. Norenberg Library... Submitted by Vivian McQuoid

The Jess H. Norenberg Staff wishes to acknowledge and express its gratitude to the following people for their contribution of books which provide educational and recreational reading for our residents.

<u> </u>			
Charles Brizius	Dorothy Otting		
Don Ellerman	Betty Refior		
Dee Dee Grulkowski	Max Rigert		
Blair Hull	Betty Schoonover		
Hazel Leonard	Ed Schweitzer		
Ruth Nicholson	Beverly Thorngate		
Terry Tutton			

#### **Welcome Our New Residents!**

Cortlyn Almquist	Health & Rehab
Frank Ludeman	Health & Rehab
Jean Robey	Health & Rehab
Jane Johns	Health & Rehab
Nancy Barnes	Health & Rehab
Lois Bielefeldt	Health & Rehab
Elizabeth "Betty" Frawley	102B

## Congregator's Circle

The Circle is regrouping and trying something new! We will meet at 12:00 noon on Friday, January 25th in Fairhaven's Private Dining Room to share Devotions and a "Dutch Treat" lunch off the menu. Please join us even if you were not part of the previous Congregator's Circle. All are welcome.

## Reminder...Slips, trips and falls...

'TIS THE SEASON...even in January...for outdoor slips, trips and falls. Proper footwear is strongly encouraged whenever you are using Fairhaven transportation. When there is



snow and ice, you are putting yourself and the drivers at risk of falls and injuries when you do not wear boots. The bus and van floors can be slick and, when temperatures drop, steps can be icy. Please check the weather for the day when you are traveling, even locally. Area merchants do not always clean off snow, or address icy situations with salt or sand. An extra moment taken in the name of "caution," to slip into your boots, is time well spent!

#### Fairhaven Annual Memorial Service January 13, 2019 - 6:00 p.m.

Even though we come to Fairhaven having already enjoyed full and meaningful lives, we discover a new life that we gain together as residents of Fairhaven and Prairie Village. We develop friendships in which we share experiences and stories; offer our gifts, knowledge and talents; and create new memories of camaraderie, support, and joy.

So when a Fairhaven friend passes away, we feel the loss. In our common loss, it is important for us to gather as the Fairhaven family to remember and give thanks for these friends, and to lift each other up in comfort and hope. We come together to share faith in a loving God who promises resurrection and everlasting life to all God's children.

We invite you to join us on **January 13** at **6 p.m.** in **Fellowship Hall** for the Annual Memorial Service, when we will remember the friends who passed away in 2018. We have invited the families of our friends to also attend the service. We know that our time of remembrance will help us feel close to our friends, to one another, and to God, who loves us and stays with us in all our grief and losses.

Chaplain Luke and Chaplain Delisa

#### **Fatigue & Hearing Loss**

Hearing loss has been linked to a number of physical, social and psychological conditions including dementia, diabetes, anxiety, depression and social withdrawal. One of its lesser known side effects is fatigue. If you have been feeling more tired than usual lately and experience hearing loss, there may be a correlation between the two. The reason boils down to a condition known as listening fatigue, a consequence of expending extra effort in order to hear better.

Believe it or not, hearing involves the brain just as much as the ears. Your brain receives sensory input from the inner ear and is responsible for processing sounds and translating them into recognizable speech. Damage to the hair cells of your inner ear – a common cause of hearing loss – limits your ability to hear properly; when this occurs, your brain is forced to "pick up the slack" and works extra hard to understand what you are hearing. Doing so is taxing and often leads to feelings of exhaustion and decreased energy levels, even if you have refrained from any sort of physical activity.

Wearing hearing devices should significantly reduce these feelings of exhaustion. Because they amplify speech, your brain does not have to work as hard to convert this sensory input into sound, greatly reducing listening fatigue; this should translate to less physical tiredness and a boost in energy.

Other tips for reducing listening fatigue include:

- Taking a short break from noise, even if only for a few minutes every hour. Try to find a quiet place to walk or relax.
- Breathing deeply. Pausing on occasion to take deep breaths is an excellent relaxation method and can help give your brain a much-needed break.
- Eliminating background distractions. Background noise is one of the biggest obstacles to hearing effectively. Try turning off the television or music, or moving to a quieter place if there are background noises you cannot control.
- Taking a quick nap. If the other methods are ineffective, try taking a brief 20-30 minute nap. You'd be surprised at what a difference this can make; a rested brain and a rested body go hand-in-hand.

Call Fort Healthcare Audiology at (920) 563-6667 to schedule an appointment today.

Source: Alhanbali, S., et al. (2017) Self-reported listening-related effort and fatigue in hearing-impaired adults. *Ear and Hearing: The Official Journal of the American Auditory Society (38)*1: 39-48.

#### Resident Council Update - January 2019

#### Another Glorious Christmas and New Year's

We thank everyone who contributed to making Christmas and New Year's so festive. The Christmas and New Year's traditions are levely and much appreciated. And each year, there are new decorations and activities. We're already looking forward to 2019's!

#### Fairhaven Employees' Christmas Fund Committee 2018 Report

Residents and conservators donated wonderfully in 2018. With funds in the account from last year, \$37,655 was available for distribution to the employees in 2018, \$3545 more than last year. The 258 employees (8 more than last year) received either \$165, \$145, or \$125. Fairhaven prohibits tipping employees through the year, so this fund provides a thank you to them for all their care and services. The Employee Christmas Fund Committee thanks you all for your cooperation and generous giving.

Dick Piehl, Christmas Fund Committee

#### **Epiphany is Celebrated**

The Friends of Fairhaven have a long-time tradition of providing fruit for all residents to celebrate Epiphany. This year that fruit will be distributed at Fairhaven and available in the Coffee House at Prairie Village on January 4. Merriam Webster dictionary describes Epiphany as "...a church festival in commemoration of the coming of the Magi as the first manifestation of Christ..." or "an appearance or manifestation of a divine meaning." A secular meaning is "a revealing scene or moment." However you view it, please enjoy your fruit and thank the Friends of Fairhaven.

#### Person/Volunteer of the Month

The Resident Council has added "Volunteer" to our monthly recognition of Fairhaven/Prairie Village residents who help our community. By making this addition, we expect to be able to recognize those volunteers from Whitewater and surrounding communities who regularly give us their time and talents. Nominations can be made by any Fairhaven or Prairie Village resident to any Resident Council member, preferably in writing. You can always leave your nomination in the Main Lobby Suggestion Box, now located by the Lobby Coffee Bar.

#### Shredder in the Library

It's that time of year when many of us will be cleaning out paperwork, etc. that we no long need but may hesitate just to trash. Remember that we have a shredder in the Library, provided by Prairie Village Resident, Paul Balfe. It's easy to use and shreds VERY well. Housekeeping empties the bag (and can get more if needed), and you can sit while you feed it.

#### Little Free Library

The Library's January location is on the 4<sup>th</sup> Floor Assisted Living. Help yourself and contribute as you can!

#### **New Year - New Insurance???**

Just a reminder that if you have gotten a new Insurance or had changes in your Health Insurance plan, Fair-haven needs to know and also needs a copy of your Insurance Card. You can bring your card to the Reception Desk to have your copy made. If you have questions, contact Linda Peterson in the Business Office.

#### This Month at the Young Auditorium - Sat., 1/26, 3:00 p.m.

- **Sing-A-Long** *Frozen* -Young Auditorium is proud to bring back its annual sing-a-long movie tradition with Disney's most successful movie musical of all time, Frozen! Join Anna as she sets off on an epic journey to find her sister Elsa, whose icy powers have trapped the kingdom in eternal winter. Relive the magic and majesty of this sparkling masterpiece as you sing along to all your favorite Frozen songs. On-screen lyrics make it easy to participate. No admission charge, but tickets are required.

For tickets, call 472-2222. For a ride, call Reception.

UW-W Events- Thurs., 1/24, 7:30 p.m. - Faculty Recital - Benjamin Whitcomb, cello. This concert will feature Suite No. 2 in D minor, Op. 131c by Max Reger; Suite No. 2 in D, Op. 80 by Benjamin Britten, and Suite No. 2 in D by Ernest Bloch. Light Recital Hall, \$6.

For a ride, call Reception Desk

## A Valuable Fairhaven Amenity at No Charge -- Dakim Brain Fitness

A research study found that seniors who consistently participated in mentally stimulating leisure activities had a 63% reduced risk of dementia. Fairhaven is happy to offer the Dakim Brain Fitness program, which is designed to provide enjoyable, personalized mental exercise over six cognitive domains. Brain Fitness machines are located in the lounges on 1st floor D and 2nd floor AA. You may experience a trial session by entering the initials ZZ.

Then if you'd like to try using the machine routinely 5-7 days a week for twenty minutes, please contact Brian Robinson to register. The program will then tailor your sessions to be challenging but not overwhelming. For further information please see the brochure that is with the January newsletter.



## **Activities for January 2019**

## Tuesday, January 1, 2019 – Happy New Year – No mail today

12:00: New Year's Day Dinner - (Skylight Dining Room)

10:00: Prairie Village Mug & Muffin - Community Center (854 Acorn Ridge)

1:15: Euchre (Front Lobby)

#### Wednesday, January 2, 2019

8:00 – 4:00: Food Pantry (Lobby of Fellowship Hall)

11:00: Wednesday Devotions (Fellowship Hall)

12:30 - 3:00: Mini Mart (Lower Level)

2:00: Bible Study (Whitewater Conference Room)

3:00: Methodist Communion (B-1 Lounge)

6:00: Wednesday Night Movie - Pope Francis: A Man of His Word (Fellowship Hall)

#### Thursday, January 3, 2019

10:00: Rosary Recitation w/ Terrie (4th Floor Assisted Living Dining Room)

10:00: Prairie Village Coffee Hour - Community Center (854 Acorn Ridge)

10:15: First United Methodist Church Christmas Cantata DVD – (Fellowship Hall)

2:30: Traveling Coffee Cart (All Lounges)

#### Friday, January 4, 2019 - Epiphany Fruit in Lounges

9:30 - 10:30: First Citizens State Bank (Private Dining Room)

9:30: Catholic Mass (Fellowship Hall)

1:15 - 2:30: Bingo (Fellowship Hall)

3:00: Pull up a Chair...Let's Take a Walk Presentation (Fellowship Hall)

#### Saturday, January 5, 2019

1:15: Banjo Concert – Mike Woitowicz (Fellowship Hall)

#### Sunday, January 6, 2019

6:00: Sunday Vespers – Rev. Jerry Wendt (Fellowship Hall)

#### Monday, January 7, 2019

10:00: Fairhaven Bell Choir Practice (Fellowship Hall)

11:00 – 11:15: Associated Bank (Private Dining Room)

11:00: Bell Choir Christmas Concert (Fellowship Hall)

12:30 - 3:00: Mini Mart (Lower Level)

1:15: Immigration: A Personal & Story-Based Presentation (Fellowship Hall)

#### Tuesday, January 8, 2019

9:30: Tuesday Devotions (4th Floor Dining Room)

10:00: Prairie Village Mug & Muffin - Community Center (854 Acorn Ridge)

10:00: St. John's Evangelical Lutheran Church, Whitewater (Piano Lounge)

11:00: Morning Exercise (Fellowship Hall)

11:00 – 12:00: Voter Registration-Address Changes – (Whitewater Conference Room)

1:15: Euchre (Front Lobby)

2:00: Current Events (Fellowship Hall)

2:30: Coffee Hour (Piano Lounge)

3:30: Fairhaven Progressives (Conference Room)

#### Wednesday, January 9, 2019

11:00: Wednesday Devotions (Fellowship Hall)

11:00 – 12:00: Voter Registration-Address Changes – (Whitewater Conference Room)

12:30 - 3:00: Mini Mart (Lower Level)

2:00: Bible Study (Whitewater Conference Room)

6:00: Wednesday Night Movie - Unbroken: A Path to Redemption (Fellowship Hall)

## Thursday, January 10, 2019

10:00: Rosary Recitation w/ Terrie (4th Floor Assisted Living Dining Room)

10:00: Prairie Village Coffee Hour - Community Center (854 Acorn Ridge)

1:00: Depart for Grocery Shopping in Fort Atkinson – (Lobby)

1:15 - 2:30: Bingo!!!!! (Fellowship Hall)

2:30: Traveling Coffee Cart (All Lounges)

#### Friday, January 11, 2019

9:30 – 10:30: First Citizens State Bank (Private Dining Room)

2:00: Retirement Reception for Lynn Binnie – (Piano Lounge)

#### Saturday, January 12, 2019

4:00: Saturday Night Lively (Front Lobby)

#### Sunday, January 13, 2019

6:00: Sunday Vespers- Fairhaven Annual Memorial Service (Fellowship Hall)

#### Monday, January 14, 2019

- 10:00 10:30: Eye Glass Adjustments (1st Fl. Main Conference Room)
- 11:00 11:15: Associated Bank (Private Dining Room)
- 12:30 3:00: Mini Mart (Lower Level)
  - 1:00: Whitewater Parkinson's Support Group (Lower Level Conference Room)
  - 1:15: Tapestry-Musical Performance (Fellowship Hall)

#### Tuesday, January 15, 2019

- 9:30: Book Club (Oasis)
- 9:30: Tuesday Devotions (4th Floor Dining Room)
- 10:00: Prairie Village Mug & Muffin Community Center (854 Acorn Ridge)
- 10:00: St. John's Evangelical Lutheran Church, Whitewater (Piano Lounge)
- 10:00: Catholic Communion Service (Fellowship Hall)
- 11:00: Morning Exercise (Fellowship Hall)
- 11:00: Blood Pressure Screenings (Whitewater Conference Room)
- 1:15: Euchre (Front Lobby)
- 2:00: Current Events & Ideas (Fellowship Hall)
- 2:30: Coffee Hour (Piano Lounge)

#### Wednesday, January 16, 2019

- 11:00: Wednesday Devotions (Fellowship Hall)
- 12:30 3:00: Mini Mart (Lower Level)
  - 2:00: Bible Study (1st Fl. Conference Room)
  - 6:00: Wednesday Night Movie Operation Finale (Fellowship Hall)

#### Thursday, January 17, 2019

- 9:30: Fairhaven Residents' Council (Whitewater Conference Room)
- 10:00: Rosary Recitation w/ Terrie (4th Floor Assisted Living Dining Room)
- 10:00: Prairie Village Coffee Hour Community Center (854 Acorn Ridge)
- 1:15: Carolyn Wehner- Pianist (Fellowship Hall)
- 2:30 3:30: Resident Tea (All Lounges)

#### Friday, January 18, 2019

- 9:30 10:30: First Citizens State Bank (Private Dining Room)
- 1:15 2:20: Bingo!!! (Fellowship Hall)
  - 2:45: Craft Project with UW-W Women's Basketball Team (Fellowship Hall)

#### Sunday, January 20, 2019

2:00 - 3:00: Sundaes on Sunday (Front Lobby)

6:00: Sunday Vespers – Rev. Kendell Nordstrom (Fellowship Hall)

## Monday, January 21, 2019 - Martin Luther King Day - No mail today

11:00 – 11:15: Associated Bank (Private Dining Room)

11:15: Listen-In (Fellowship Hall)

12:30 – 3:00: Mini Mart (Lower Level)

#### Tuesday, January 22, 2019

9:30: Tuesday Devotions (4th Floor Dining Room)

10:00: Prairie Village Mug & Muffin - Community Center (854 Acorn Ridge)

10:00: St. John's Evangelical Lutheran Church, Whitewater (Piano Lounge)

11:00: Morning Exercise (Fellowship Hall)

1:15: Euchre (Front Lobby)

2:00: Current Events & Ideas (Fellowship Hall)

2:30: Coffee Hour (Piano Lounge)

#### Wednesday, January 23, 2019

9:30: Choir Practice (Fellowship Hall)

11:00: Wednesday Devotions (Fellowship Hall)

12:30 - 3:00: Mini Mart (Lower Level)

2:00: Bible Study (Whitewater Conference Room)

6:00: Wednesday Movie - God Bless the Broken Road (Fellowship Hall)

## Thursday, January 24, 2019

10:00: Rosary Recitation w/ Terrie (4th Floor Assisted Living Dining Room)

10:00: Prairie Village Coffee Hour - Community Center (854 Acorn Ridge)

1:00: Depart for Grocery Shopping in Fort Atkinson (Lobby)

1:15: Thursday Afternoon Movie – A Fish Called Wanda (Fellowship Hall)

2:30: Traveling Coffee Cart (All Lounges)

#### Friday, January 25, 2019

9:30 - 10:30: First Citizens State Bank (Private Dining Room)

1:15 - 2:30: Bingo (Fellowship Hall)

## Saturday, January 26, 2019

4:00: Saturday Night Lively (Front Lobby)

## Sunday, January 27, 2019

6:00: Sunday Vespers - Bob & Mary Ann Ehrike (Fellowship Hall)

## Monday, January 28, 2019

11:00 – 11:15: Associated Bank (Private Dining Room)

12:30 - 3:00: Mini Mart (Lower Level)

3:00: Fairhaven Lecture Series: (Fellowship Hall)

#### Tuesday, January 29, 2019

9:30: Tuesday Devotions (4th Floor Dining Room)

10:00: Prairie Village Mug & Muffin - Community Center (854 Acorn Ridge)

10:00: St. John's Evangelical Lutheran Church, Whitewater (Piano Lounge)

11:00: Morning Exercise (Fellowship Hall)

1:15: Euchre (Front Lobby)

2:00: Current Events & Ideas (Fellowship Hall)

2:30: Coffee Hour (Piano Lounge)

#### Wednesday, January 30, 2019

9:30: Choir Practice (Fellowship Hall)

11:00: Wednesday Devotions (Fellowship Hall)

12:30 - 3:00: Mini Mart (Lower Level)

2:00: Bible Study (1st Fl. Conference Room)

6:00: Wednesday Night Movie - Christopher Robin (Fellowship Hall)

## Thursday, January 31, 2019

10:00: Rosary Recitation w/ Terrie (4th Floor Assisted Living Dining Room)

10:00: Prairie Village Coffee Hour – Community Center (854 Acorn Ridge)

2:30: Traveling Coffee Cart (All Lounges)

#### Friday, February 1, 2019

9:30 - 10;30: First Citizens State Bank (Private Dining Room)

9:30: Catholic Mass (Fellowship Hall)

1:15 – 2:15: Bingo (Fellowship Hall)