

# JANUARY CALENDAR OF EVENTS 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: center;"><b><u>LOCATION KEY:</u></b></p> <p>Park Hill: PH</p> <p>Park Centre North: PCN</p> <p>Park Centre South: PCS</p> <p>Towne Centre: TC</p> <p>Marquardt Health Center: MHC</p> <p style="color: red; font-weight: bold;">Make sure to check your calendar daily for all events. Some events are only listed on the calendar.</p>	<p><b><u>BISTRO HOURS:</u></b></p> <p>MONDAY-FRIDAY 7:00AM-2:30PM</p> <p>CLOSED SATURDAY &amp; SUNDAY</p> <p><b><u>CRAVE HOURS:</u></b></p> <p>MONDAY-FRIDAY 4:00PM-8:00PM</p> <p>SATURDAY 10:00AM-8:00PM</p> <p>SUNDAY 10:00AM-5:00PM</p>	<p><b><u>TC</u></b></p> <p><b>2pm NEW YEAR'S DAY BINGO</b></p> <p><b>5-6pm CRAVE DINNER GATHERING</b></p> <div style="text-align: center; font-size: 2em; color: blue; font-weight: bold;">Happy New Year!</div>	<p><b><u>PH</u></b></p> <p><b>1:30pm WII BOWLING</b></p> <p><b><u>PCN</u></b></p> <p><b>10-11am BLOOD PRESSURE</b></p> <p><b>1pm EUCHRE</b></p> <p><b><u>PCS</u></b></p> <p><b>2pm DOMINOS</b></p> <p><b><u>MHC</u></b></p> <p><b>6:30pm CATHOLIC ROSARY</b></p> <p><b><u>TC</u></b></p> <p><b>10am SHEEPSHEAD</b></p> <p><b>11:30am SENIOR FITNESS</b></p> <p><b>2pm WII BOWLING</b></p>	<p><b><u>PH</u></b></p> <p><b>8am EXERCISE</b></p> <p><b>10am ADULT COLORING</b></p> <p><b>6:30-8:00pm DEPRESSION SUPPORT GROUP</b></p> <p><b><u>PCS</u></b></p> <p><b>9:30am EXERCISE</b></p> <p><b>10-11am GREETING CARDS</b></p> <p><b>2pm SKIP-BO</b></p> <p><b>6:30pm BRIDGE</b></p> <p><b><u>TC</u></b></p> <p><b>9am BREAKFAST WITH THE CHEF</b></p> <p><b>11am SENIOR FITNESS</b></p> <p><b>12:30pm LINE DANCING</b></p> <p><b>1:30pm SOCIAL BILLIARDS</b></p>	<p><b><u>PH</u></b></p> <p><b>2pm BINGO</b></p> <p><b><u>PCN</u></b></p> <p><b>1pm RUMMIKUB</b></p> <p><b><u>TC</u></b></p> <p><b>9:15am SKAT</b></p> <p><b>10am CHAIR DANCE CLASS WITH RITA</b></p> <p><b>11am BRIDGE</b></p> <p><b>1:30pm LET IT SNOW PARTY FEATURING JERRY STRACK ON ACCORDION</b></p> <div style="text-align: center; font-size: 1.5em; color: black; font-weight: bold;">Let it SNOW!</div>	<p><b><u>PH</u></b></p> <p><b>2pm BINGO</b></p> <p><b><u>PCS</u></b></p> <p><b>9:30am EXERCISE</b></p> <p><b>12pm POTLUCK</b></p> <p><b>6:30pm MOVIE</b></p> <p><b><u>TC</u></b></p> <p><b>9-10am GET HEALTHY WATERTOWN WALK ON SATURDAY</b></p>
<p style="text-align: center;">6</p> <p><b><u>PARK TERRACE</u></b></p> <p><b>9am WORSHIP SERVICE</b></p> <p><b><u>MHC</u></b></p> <p><b>10am WORSHIP SERVICE</b></p> <p><b><u>PARK RIDGE</u></b></p> <p><b>11am WORSHIP SERVICE</b></p> <p><b><u>PH</u></b></p> <p><b>12:30pm POTLUCK</b></p> <p><b><u>PCN</u></b></p> <p><b>3pm KINGS IN THE CORNER</b></p> <p><b><u>TC</u></b></p> <p><b>2-4pm EUCHRE</b></p>	<p style="text-align: center;">7</p> <p><b><u>PH</u></b></p> <p><b>10:00-11:30am GREETING CARDS</b></p> <p><b>2pm SPIRITUAL COLLAGE WITH CHERI BIELEFELDT</b></p> <p><b><u>PCN</u></b></p> <p><b>10:00-11:30am GREETING CARDS</b></p> <p><b>1pm RUMMIKUB</b></p> <p><b><u>PCS</u></b></p> <p><b>1pm SHEEPSHEAD</b></p> <p><b>1:15pm BRIDGE</b></p> <p><b><u>PH-PCN-PCS</u></b></p> <p><b>9:15am PIGGLY WIGGLY BUS</b></p> <p><b>2-4pm CERAMICS</b></p> <p><b><u>TC</u></b></p> <p><b>9:30am TIE FLEECE BLANKETS</b></p> <p><b>11:30am SENIOR FITNESS</b></p> <p><b>1pm MAH JONGG</b></p> <p><b>2pm STRIDES OPEN HOUSE WITH YANG</b></p>	<p style="text-align: center;">8</p> <p><b><u>PH</u></b></p> <p><b>8am EXERCISE</b></p> <p><b>1:30pm MOVIE MAMMA MIA</b></p> <p><b><u>PCN</u></b></p> <p><b>7pm SHEEPSHEAD</b></p> <p><b><u>PCS</u></b></p> <p><b>9:30am EXERCISE</b></p> <p><b>1:30pm CRAFTS</b></p> <p><b>3pm WII BOWLING</b></p> <p><b><u>PH-PCN-PCS</u></b></p> <p><b>12pm VOGUE CLEANERS PICK UP</b></p> <p><b><u>TC</u></b></p> <p><b>11am SENIOR FITNESS</b></p> <p><b>11:30am WALK ACROSS WISCONSIN</b></p> <p><b>1:30pm SOCIAL BILLIARDS</b></p> <p><b>4pm BIBLE STUDY WITH JANE GEHLER</b></p> <p><b>4pm YOGA STRETCH</b></p> <p><b>5-6pm CRAVE DINNER GATHERING</b></p>	<p style="text-align: center;">9</p> <p><b><u>PH</u></b></p> <p><b>9:30am CARING CRAFTERS</b></p> <p><b>2pm BINGO</b></p> <p><b><u>PCN</u></b></p> <p><b>1pm EUCHRE</b></p> <p><b><u>PCS</u></b></p> <p><b>10-11am BLOOD PRESSURE</b></p> <p><b>2pm DOMINOS</b></p> <p><b>3:30pm RESIDENT MEETING</b></p> <p><b><u>MHC</u></b></p> <p><b>6:30pm CATHOLIC ROSARY</b></p> <p><b><u>TC</u></b></p> <p><b>10am SHEEPSHEAD</b></p> <p><b>11:30am SENIOR FITNESS</b></p> <p><b>2pm WII BOWLING</b></p>	<p style="text-align: center;">10</p> <p><b><u>PH</u></b></p> <p><b>8am EXERCISE</b></p> <p><b>6pm ADULT COLORING</b></p> <p><b><u>PCN</u></b></p> <p><b>2pm BINGO TABLE LOUNGE</b></p> <p><b><u>PCS</u></b></p> <p><b>9:30am EXERCISE</b></p> <p><b>10-11am GREETING CARDS</b></p> <p><b>2pm SKIP-BO</b></p> <p><b>6:30pm BRIDGE</b></p> <p><b><u>PH-PCN-PCS</u></b></p> <p><b>12pm VOGUE CLEANERS DROP OFF</b></p> <p><b><u>TC</u></b></p> <p><b>9am BREAKFAST WITH THE CHEF</b></p> <p><b>10am COFFEE WITH A COP</b></p> <p><b>11am SENIOR FITNESS</b></p> <p><b>11:30am WALK ACROSS WISCONSIN</b></p> <p><b>12:30pm LINE DANCING</b></p> <p><b>1:30pm SOCIAL BILLIARDS</b></p>	<p style="text-align: center;">11</p> <p><b><u>PH</u></b></p> <p><b>8:30am MUG N' MUFFIN</b></p> <p><b><u>PCN</u></b></p> <p><b>1pm RUMMIKUB</b></p> <p><b><u>TC</u></b></p> <p><b>9:15am SKAT</b></p> <p><b>10am CHAIR DANCE CLASS WITH RITA</b></p> <p><b>11am BRIDGE</b></p> <p><b>1:30pm FLANNEL AND FROST PARTY FEATURING MICHAEL GRUBER</b></p> <div style="text-align: center;">  </div>	<p style="text-align: center;">12</p> <p><b><u>PCS</u></b></p> <p><b>9:30am EXERCISE</b></p> <p><b>7pm BINGO</b></p> <p><b><u>TC</u></b></p> <p><b>9-10am GET HEALTHY WATERTOWN WALK ON SATURDAY</b></p> <p><b>10-11am CHAIR STRETCH, BALANCE AND MOVE CLASS WITH BETH</b></p> <p><b>1-2pm FREE TECH HELP WITH CALVIN AND LAUREN MARKS</b></p> <p><b>2pm SATURDAY BINGO</b></p> <div style="text-align: center; margin-top: 10px;">  </div>

<p>13</p> <p><b>PARK TERRACE</b> 9am WORSHIP SERVICE <b>MHC CHAPEL</b> 10am WORSHIP SERVICE <b>PARK RIDGE</b> 11am WORSHIP SERVICE <b>PCN</b> 3pm KINGS IN THE CORNER <b>TC</b> 2-4pm EUCHRE</p>	<p>14</p> <p><b>PH</b> 10:00-11:30am GREETING CARDS 2pm <u>SPIRITUAL COLLAGE WITH CHERI BIELEFELDT</u> <b>PCN</b> 1pm RUMMIKUB <b>PCS</b> 1pm SHEEPSHEAD 1:15pm BRIDGE <b>PH-PCN-PCS</b> 9:15am PIGGLY BUS 2-4pm CERAMICS <b>TC</b> 10-3pm <u>MARQUARDT VILLAGE BLOOD DRIVE</u> 11am LITERATURE AND LUNCH 1:30pm LITERATURE AND LUNCH 2pm <u>FREE HEARING TESTS</u></p>	<p>15</p> <p><b>PH</b> 8am EXERCISE <b>PCN</b> 7pm SHEEPSHEAD <b>PCS</b> 9:30am EXERCISE 1:30pm CRAFTS 3pm Wii BOWLING <b>TC</b> 11am SENIOR FITNESS 11:30am <u>WALK ACROSS WISCONSIN</u> 1:30pm SOCIAL BILLIARDS 1:30pm <u>MAKING OF FIDGETS DISCUSSION WITH JENNY DAWALT</u> 4pm YOGA STRETCH 5-6pm <u>CRAVE DINNER GATHERING</u></p>	<p>16</p> <p><b>PH</b> 10-11am BLOOD PRESSURE 1:30pm Wii BOWLING <b>PCN</b> 1pm EUCHRE <b>PCS</b> 2pm DOMINOS <b>MHC</b> 6:30pm CATHOLIC ROSARY <b>TC</b> 10am SHEEPSHEAD 11:30am SENIOR FITNESS <u>1:30pm BUILD A SNOWMAN CRAFT AT PARK TERRACE</u> 2pm <u>WII BOWLING</u></p> <div data-bbox="919 544 1171 828" data-label="Image"> </div>	<p>17</p> <p><b>PH</b> 8am EXERCISE 10am ADULT COLORING 6:30-8:00pm <u>DEPRESSION SUPPORT GROUP</u> <b>PCS</b> 9:30am EXERCISE 10-11am GREETING CARDS 2pm SKIP-BO 6:30pm BRIDGE <b>TC</b> 9am <u>BREAKFAST WITH THE CHEF</u> 9:30am <u>CREATIVE CRAFTERS</u> 10-11am <u>FREE TECH HELP WITH REGINA THOMPSON</u> 11am SENIOR FITNESS 11:30am <u>WALK ACROSS WISCONSIN</u> 12:30pm LINE DANCING 1:30pm SOCIAL BILLIARDS 2-4pm <u>MARQUARDT VILLAGE GAME DAY</u></p>	<p>18</p> <p><b>PH</b> 2pm BINGO <b>PCN</b> 1pm RUMMIKUB <b>TC</b> 9:15am SKAT 10am <u>CHAIR DANCE CLASS WITH RITA</u> 11am BRIDGE 1:30pm <u>WINTER HYMN SING WITH NEAL &amp; CONNIE MUNDT</u></p> <div data-bbox="1512 422 1774 552" data-label="Image"> </div>	<p>19</p> <p><b>PH</b> 2pm BINGO <b>PCS</b> 9:30am EXERCISE 2pm <u>CHICKEN FEET</u> 6:30pm MOVIE <b>TC</b> 9-10am GET HEALTHY WATERTOWN WALK ON SATURDAY 10-11am CHAIR STRETCH, BALANCE AND MOVE CLASS WITH BETH 1:15pm <u>OCONOMOWOC ARTS CENTER TRIP</u></p> <p><b>WINTERFEST CELEBRATION</b> 3-4pm <u>MUSIC WITH GENESEE RIDGE BLUEGRASS BAND IN STRETCHES</u> 4-8pm <u>ROASTED PORK LOIN DINNER SERVED IN CRAVE</u></p>
<p>20</p> <p><b>PARK TERRACE</b> 9am WORSHIP SERVICE <b>MHC CHAPEL</b> 10am WORSHIP SERVICE <b>PARK RIDGE</b> 11am WORSHIP SERVICE <b>PCN</b> 3pm KINGS IN THE CORNER <b>TC</b> 2-4pm EUCHRE</p>	<p>21</p> <p><b>PH</b> 10:00-11:30am GREETING CARDS 2pm <u>SPIRITUAL COLLAGE WITH CHERI BIELEFELDT</u> <b>PCN</b> 10:00-11:30am GREETING CARDS 1pm RUMMIKUB <b>PCS</b> 1pm SHEEPSHEAD 1:15pm BRIDGE <b>PH-PCN-PCS</b> 9:15am PIGGLY WIGGLY BUS 2-4pm CERAMICS <b>TC</b> 9:30am <u>TIE FLEECE BLANKETS</u> 10-11am ROSEMALING 11:30am SENIOR FITNESS 1pm <u>MAH JONGG</u></p>	<p>22</p> <p><b>PH</b> 8am EXERCISE <b>PCN</b> 7pm SHEEPSHEAD <b>PCS</b> 9:30am EXERCISE 1:30pm CRAFTS 3pm Wii BOWLING <b>TC</b> 10am <u>MORNING CUP WITH MAYOR JOHN DAVID</u> 11am SENIOR FITNESS 11:30am <u>WALK ACROSS WISCONSIN</u> 1:30 pm SOCIAL BILLIARDS 1-3pm <u>MARQUARDT VILLAGE SHEEPSHEAD TOURNAMENT</u> 4pm YOGA STRETCH 5-6pm <u>CRAVE DINNER GATHERING</u></p>	<p>23</p> <p><b>PH</b> 9:30am CARING CRAFTERS 2pm BINGO <b>PCN</b> 1pm EUCHRE <b>PCS</b> 2pm DOMINOS <b>MHC</b> 6:30pm CATHOLIC ROSARY <b>TC</b> 10am SHEEPSHEAD 11:30am SENIOR FITNESS 2pm <u>WII BOWLING</u></p>	<p>24</p> <p><b>PH</b> 8am EXERCISE 9am <u>CRAFTS 'N' COFFEE</u> 6pm ADULT COLORING <b>PCN</b> 2pm <u>BINGO TABLE LOUNGE</u> <b>PCS</b> 9:30am EXERCISE 10-11am GREETING CARDS 2pm SKIP-BO 6:30pm BRIDGE <b>TC</b> 9am <u>BREAKFAST WITH THE CHEF</u> 11am SENIOR FITNESS 11:30am <u>WALK ACROSS WISCONSIN</u> 12:30pm LINE DANCING 1:30pm SOCIAL BILLIARDS 1:30pm <u>REMEMBER WHEN... WITH CONNIE MUNDT</u></p>	<p>25</p> <p><b>PCN</b> 10am <u>CRAFTS 'N' COFFEE</u> 1pm RUMMIKUB <b>TC</b> 9:15am SKAT 10am <u>CHAIR DANCE CLASS WITH RITA</u> 11am BRIDGE 1:30pm <u>SNOWFLAKE PARTY FEATURING A LITTLE BIT OF HEAVEN</u></p> <div data-bbox="1564 1250 1711 1421" data-label="Image"> </div>	<p>26</p> <p><b>PCS</b> 9:30am EXERCISE 2pm <u>CHICKEN FEET</u> 7pm BINGO <b>TC</b> 9-10am GET HEALTHY WATERTOWN WALK ON SATURDAY 10-11am CHAIR STRETCH, BALANCE AND MOVE CLASS WITH BETH</p>

<p>27</p> <p><b><u>PARK TERRACE</u></b>  <b>9am</b> WORSHIP SERVICE  <b><u>MHC CHAPEL</u></b>  <b>10am</b> WORSHIP SERVICE  <b><u>PARK RIDGE</u></b>  <b>11am</b> WORSHIP SERVICE  <b><u>PCN</u></b>  <b>3pm</b> KINGS IN THE CORNER  <b><u>TC</u></b>  <b>2-4pm</b> EUCHRE</p>	<p>28</p> <p><b><u>PH</u></b>  <b>10:00-11:30am</b>  GREETING CARDS  <b>2pm</b> SPIRITUAL COLLAGE WITH CHERI BIELEFELDT  <b>2pm</b> BIBLE STUDY WITH BARBARA  <b><u>PCN</u></b>  <b>1pm</b> RUMMIKUB  <b><u>PCS</u></b>  <b>1pm</b> SHEEPSHEAD  <b>1:15pm</b> BRIDGE  <b><u>PH-PCN-PCS</u></b>  <b>9:15am</b> PIGGLY WIGGLY BUS  <b>2-4pm</b> CERAMICS  <b><u>TC</u></b>  <b>9:30am</b> TIE FLEECE BLANKETS  <b>10-11am</b> ROSEMALING  <b>11:30am</b> SENIOR FITNESS  <b>1pm</b> MAH JONGG</p>	<p>29</p> <p><b><u>PH</u></b>  <b>8am</b> EXERCISE  <b><u>PCN</u></b>  <b>7pm</b> SHEEPSHEAD  <b><u>PCS</u></b>  <b>9:30am</b> EXERCISE  <b>1:30pm</b> CRAFTS  <b>3pm</b> Wii BOWLING  <b><u>TC</u></b>  <b>11am</b> SENIOR FITNESS  <b>11:30am</b> WALK ACROSS WISCONSIN  <b>1:30 pm</b> SOCIAL BILLIARDS  <b>4pm</b> YOGA STRETCH  <b>5-6pm</b> CRAVE DINNER GATHERING</p>	<p>30</p> <p><b><u>PCN</u></b>  <b>1pm</b> EUCHRE  <b><u>PCS</u></b>  <b>2pm</b> DOMINOS  <b><u>MHC</u></b>  <b>6:30pm</b> CATHOLIC ROSARY  <b><u>TC</u></b>  <b>10am</b> SHEEPSHEAD  <b>11:30am</b> SENIOR FITNESS  <b>2pm</b> MARQUARDT VILLAGE PROGRESSIVE BINGO</p> <div data-bbox="940 467 1136 651" data-label="Image"> </div>	<p>31</p> <p><b><u>PH</u></b>  <b>8am</b> EXERCISE  <b>10am</b> ADULT COLORING  <b><u>PCN</u></b>  <b>2pm</b> BINGO TABLE LOUNGE  <b><u>PCS</u></b>  <b>9:30am</b> EXERCISE  <b>10-11am</b> GREETING CARDS  <b>2pm</b> SKIP-BO  <b>6:30pm</b> BRIDGE  <b><u>TC</u></b>  <b>9am</b> BREAKFAST WITH THE CHEF  <b>11am</b> SENIOR FITNESS  <b>11:30am</b> WALK ACROSS WISCONSIN  <b>12:30pm</b> LINE DANCING  <b>1:30pm</b> SOCIAL BILLIARDS</p>		
			<p><b>FOR QUESTIONS CALL:</b> Joan Genz 920-262-0923 or Ext. 6020</p> <p><b>ACTIVITY SIGN-UP:</b> Please sign up for designated events in the activity binder located on the first floor at PH, PCN &amp; PCS. For Garden Homes residents, sign up at the Towne Centre Stretches Room or call Joan Genz at 920-262-0923.</p>			<p>Enjoy playing card and board games, billiards or television at your own leisure in the Escapades! Invite your friends and family for fun and games!</p> <div data-bbox="1913 984 2032 1044" data-label="Image"> </div>

## CALENDAR HIGHLIGHTS

### NEW YEAR, NEW YOU!

**Happy New Year!** It's a brand new year and no time like the present to strive toward a healthier you! Whether you want to focus on enhancing your physical fitness or feel that you should make more of an effort to engage in social activities. Join us each month for a health and wellness program that will be offered as a topic pertaining to the National Health Observances. Make it a resolution to join in the fun!

### TOWNE CENTRE STRIDES OPEN HOUSE

#### Health and Wellness Topic

Monday, January 7<sup>th</sup>

Towne Centre Strides

2:00-3:00pm

Do you need some motivation this New Year to begin an exercise program? Come and tour our amazing facility and speak with Yang Chang, Exercise Physiologist, about how we can help achieve your health and fitness goals. It will be a fun way to energize your start to 2019 and to try new classes and exercises while meeting new people! All fitness levels are welcome. Light refreshments will be served.



### FREE SENIOR FITNESS

Towne Centre Stretches Room

NEW CLASS: Mondays and Wednesdays, beginning January 7<sup>th</sup>

11:30am

Tuesdays and Thursdays

11:00am

Looking for a fun, friendly environment to motivate and challenge you for the New Year? Come workout with Yang Chang, Exercise Physiologist, who will lead you through a

series of exercises aimed to improve cardiovascular fitness, muscle strength, stretching, flexibility and balance. A chair is used for seated or standing support. All fitness levels are welcome.

### JOIN WALK ACROSS WISCONSIN GET MOVING!

Tuesdays & Thursdays, beginning January 8<sup>th</sup>

Towne Centre Stretches

11:30-12:00pm

Looking for a unique way to help motivate yourself to become more physically active? *Walk Across Wisconsin* is a team-based walking program. Whatever your needs are, *Walk Across Wisconsin* can provide the support and fun needed to get people moving! Anyone can join this indoor walking program. Our team goal is to cumulatively walk the equivalent of the length of Wisconsin (about 310 miles) or more, over a twelve-week period. We will walk together "across Wisconsin" in the Towne Centre hallway and parking ramp on Tuesdays and Thursdays from 11:30 a.m. – 12:00 p.m.

**Come and learn about the group on Tuesday, January 8<sup>th</sup> at 11:30 a.m. in the Towne Centre Stretches.** Wear comfortable shoes. Just walk and talk, and enjoy the blessings of a healthy day! Everyone who participates will take home a healthy habit – walking for fitness!

### FREE CHAIR DANCE CLASS

Fridays

Towne Centre Stretches Room

10:00-11:00am

Looking for a fun way to kick-start your New Year? Join Instructor Rita Ensminger, who will lead you through easy-to-follow choreographed dance moves all done without leaving the chair. This class uses a variety of

music, creating a captivating period filled with fun moves for each song. A great way to be active, integrate socially and have fun at the same time! No experience is necessary. Come and experience the joy of dance in a fun way with Rita!

### WATERTOWN MEMORY CAFÉ

Fourth Thursday

Heritage Homes

700 Welsh Road

10:00 a.m. – 12:00 p.m.

Please join us. The **Memory Cafe** is a place of camaraderie for those with dementia and their caregivers can get together in a safe, supportive, and engaging environment. It is a time and place where people can interact, laugh, cry, find support and share concerns without feeling embarrassed or misunderstood. They also provide an informal and social environment in which to learn new skills, enjoy activities, listen to guest speakers and make new friends. Everyone is welcome.

**Marquardt Village** in conjunction with the Memory Café will be hosting a monthly game day held on the **third Thursday** of each month in the Towne Centre Stretches. The next game day will be held on **Thursday, January 17, 2019 from 2:00-4:00 p.m.** **The game day is open to everyone!**

### BREAKFAST WITH THE CHEF

Towne Centre Bistro

Thursdays

9:00am

Price: \$6.95

Join a Marquardt Village Chef each Thursday for a tasty menu of breakfast foods served family style in the Bistro. Start your day with a delicious breakfast and enjoy the camaraderie with friends and family!



Friends and family welcome.

## **GRAVE DINNER GATHERING**

Towne Centre Crave

Tuesdays

**5:00-6:00pm**

Join us for the **Crave Dinner Gathering** every Tuesday. A social gathering where you can meet weekly for a drink, dinner or an evening out! Come and eat with friends to socially celebrate Tuesdays! The table is set for anyone interested in eating together. All are welcome to join us.

## **NEW YEAR'S DAY BINGO**

Tuesday, January 1<sup>st</sup>

**2:00pm**

Bingo Games

**Price:** \$.50 per card (4 total cards)

**All participants will be included in a drawing for a special prize.**

Friends and family welcome.

## **WII BOWLING**

Wednesdays, January 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> and 23<sup>rd</sup>

Towne Centre Stretches

**2:00pm**

Come and learn how to play this fun and easy bowling game, using our Nintendo Wii gaming system. It's **bowling** with a simple sweep of your arm using a lightweight **Wii Remote Controller**. It's just like regular **bowling** without throwing the heavy **bowling** ball. We will play on a big screen TV. No experience necessary. **Come** and experience the **fun** of **Wii Bowling!**

Friends and family welcome.



## **LET IT SNOW PARTY!**

Friday, January 4<sup>th</sup>



## **Towne Centre Stretches**

**1:30pm**

Let It Snow! Let It Snow! Let It Snow! Join us for a winter celebration featuring Jerry Strack on the accordion. And I've bought some corn for popping and some cocoa for sipping! All the way home you'll be warm!

## **SPIRITUAL COLLAGE**

Mondays, January 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup>

Park Hill First Floor Meeting Room

**2:00pm**

Join Cheri Bielefeldt, who will guide us through an inspiring and spiritual collage art class, as we create a deck of personal collage cards! These cards can be used to enhance our spirituality by choosing one daily, or weekly and focusing/pondering on its message to us. Angels, animals, children, pictures of anything at all can be used as collage material. Perhaps you would like to bring some favorite photos you have to create your cards.

## **FLEECE BLANKETS**

Mondays, January 7<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup>

**9:30am**

Towne Centre Stretches Room

**Instructor: Esther Else**

**Project: No-Sew Tie Fleece Blankets**

Come and help make easy no sew tie fleece blankets. No sewing required, just tie them together. If you can tie a knot, you can make this blanket! Join in the fun!

## **MOVIE MATINEE**

Tuesday, January 8<sup>th</sup>

Park Hill Recreation Room

**1:30pm**

**Now Showing...Mamma Mia! Here We Go Again**

Donna (Meryl Streep), an independent hotelier in the Greek islands, is preparing for her daughter's wedding with the help of two old friends. Meanwhile Sophie, Donna's spirited daughter, has a plan of her own. She secretly invites to the wedding three men from her mother's past in hopes of meeting her real father and having him escort her down the aisle on her big day.

**Soda and popcorn will be provided.**

**Everyone is welcome to attend.**

## **BIBLE STUDY**

Tuesday, January 8<sup>th</sup>

Towne Centre Stretches

**4:00pm.**

Join Jane Gehler, Director of Spiritual Care, who will facilitate a monthly nondenominational Bible Study held on the second Tuesday of each month.

**Everyone is welcome to attend.**

## **COFFEE WITH A COP**

Thursday, January 10<sup>th</sup>

Towne Centre Stretches

**10:00am**

Enjoy coffee and donuts with Officer Stacy Schroeder to discuss scams, fraud and other issues of interest. Come and learn valuable information on crime trends, and how to lessen the chances of being a victim to crime.

**Friends and family welcome.**



## **FLANNEL AND FROST PARTY!**

Friday, January 11<sup>th</sup>

Towne Centre Stretches

**1:30pm**

The snow is falling all sparkly and white to join us for some cocoa and music with



Michael Gruber would be a delight! Warm up at the Hot Chocolate Bar!

**Friends and family welcome.**

## **MUG 'N' MUFFIN**

**Friday, January 11<sup>th</sup>**

**Park Hill Recreation Room**

**8:30-10:00am**

**Menu:** Jumbo Muffin & Coffee

**Price:** \$1.50

## **LEARN NEW WAYS TO USE TECHNOLOGY**

**Saturday, January 12<sup>th</sup>**

**Towne Centre Stretches**

**1:00-2:00pm**

**Instructors:** Calvin and Lauren Marks

Bring your smartphone, iPad or laptop and get connected! All questions are answered here!

If you plan to attend, please sign up in the activity binder located at each building or call Joan Genz at 920-262-0923 or ext. 6020.

**Family and friends welcome**

## **SATURDAY BINGO**

**Saturday, January 12<sup>th</sup>**

**2:00pm**

Bingo Games

**Price:** \$.50 per card (4 total cards)

**Friends and family welcome.**

## **MARQUARDT VILLAGE BLOOD DRIVE**

***GIVE BLOOD. HELP SAVE LIVES.***

**Monday, January 14<sup>th</sup>**

**Towne Centre Stretches**

**10:00am – 3:00pm**

Marquardt Village is proud to sponsor our next blood drive with the American Red Cross. Giving **blood** is a



simple thing to do, but it can make a big difference in the lives of others.

Most donations take about an hour, so book your appointment, roll up your sleeve and become a part of the lifesaving mission of the Red Cross and Marquardt Village. If you don't know if you're eligible, show up to find out.

For further questions or to sign up, please call American Red Cross at 1-800-733-2767 or visit [redcrossblood.org](http://redcrossblood.org); Joan Genz at 920-262-0923 or Sandi Bathke at 920-206-4010.

Thank you for supporting our Community Blood Drive!

Appointments preferred. Walk-ins welcome.

Open to the public.

## **LITERATURE AND LUNCH**

**Monday, January 14<sup>th</sup>**

**Towne Centre Occasions**

**11:00am. & 1:30pm.**

Join Kay Ward and Nancy Von Boeckmann who will facilitate the monthly book discussion held on the second Monday of each month. Books will be provided for you to borrow at each meeting.

**January 14, 2019** – *Radium Girls* by Kat Moore

**February 11, 2018** – *A Man Called Ove* by Frederick Backman

**Lunch at the Bistro is optional for those who want to continue the conversation!**



## **FREE HEARING AID SCREENING**

**Monday, January 14<sup>th</sup>**

**Towne Centre Lower Level Office  
(Across from Strides)**

**2:00pm**

Watertown Wisconsin Hearing Aid Center will offer a FREE hearing test to check for hearing loss. First come, first serve basis.

## **FIDGETS: WHAT ARE THEY AND HOW CAN THEY HELP?**

**Tuesday, January 15<sup>th</sup>**

**Towne Centre Stretches**

**1:30pm**

Join Jenny Dawalt, Life Enrichment Director, who will explain the making of this unique sensory activity. Love to sew? Learn about this volunteer opportunity to help sew and create fidget items. Blankets, pillows or aprons are created with different activity on them from buttons, zippers or velcro for residents to do with their hands. This helps to provide a calming experience for those in distress. Your time and talent can help provide the release these residents need. Invite a friend to join you!

## **BUILD A SNOWMAN CRAFT**

**Wednesday, January 16<sup>th</sup>**

**Park Terrace Dining Room**

**1:30pm**

Come and create a festive easy-to-make winter wonderland snowman. All supplies will be provided.

## **FREE TECHNOLOGY HELP!**

**Thursday, January 17<sup>th</sup>**

**Towne Centre Occasions**

**10:00-11:00am**

**Instructor:** Regina Thompson

Technology and computers are everywhere today and it can often be intimidating or frustrating when faced with using these electronics. This open session is a friendly place where you can take your time, learn at your own pace, and gain a level of comfort with computers and technology. Bring your own smartphone, iPad or laptop and any questions and get one-on-one help with a volunteer instructor. Don't be intimidated by

technology, come and learn with us!

**Free for all participants!**

## **MARQUARDT VILLAGE GAME DAY**

**Thursday, January 17<sup>th</sup>**

**Towne Centre Stretches**

**2:00-4:00pm**

Join us for a monthly game day hosted in collaboration with the Watertown Memory Café. We will provide a variety of board games, playing cards, and light refreshments. Feel free to bring a favorite game of your choice! Come and make new friends and join in the fun!

**Family and friends are welcome.**

## **WINTER HYMN SING**

**Friday, January 18<sup>th</sup>**

**Towne Centre Stretches**

**1:30pm**

Come and sing long to traditional hymns with Neal & Connie Mundt.

Coffee and a winter snack mix will be served.

**Friends and family welcome.**



## **PLAY CHICKEN FEET**

**Saturday, January 19<sup>th</sup> & 26<sup>th</sup>**

**Park Centre South Social Lounge**

**2:00pm**

Come out and learn how to play Chicken Feet! Chicken foot is a fun and easy to learn domino game!

**Family and friends are welcome.**

## **WINTERFEST CELEBRATION**

**Saturday, January 19<sup>th</sup>**

**Towne Centre**

**3:00-4:00pm Genesee Ridge Bluegrass**

**Band in Stretches**

**4:00-8:00pm Meal served in Crave**



**Menu:** Fried Chicken, Mashed Potatoes, Sweet Buttered Corn, Biscuit, Doug's Pudgy Fudgy Brownie, Coffee or Hot Tea

**Price:** \$10.95

Payment will be charged to resident account.

**Meal reservations are required by Friday, January 11<sup>th</sup>.**

To make your reservation, sign up on the reservation sheet located by the Towne Centre Bistro or call (920)261-0400 ext. 4504. Please include the number of guests attending.

**Reminder:** If you have a **late cancellation** (reservation deadline) or a **no show** for the meal, your account will be charged.

**Family and friends are welcome.**

## **MORNING CUP**

**Tuesday, January 22<sup>nd</sup>**

**Towne Centre Stretches**

**10:00am**

Join us for coffee with the City of Watertown Mayor, John David. This is your opportunity to talk about issues, ask questions, discuss concerns, offer comments or suggestions, or just have a chance to meet the Mayor. Please take the time to come out chat with the Mayor!

**Light refreshments will be served.**

**Everyone is welcome to attend.**

## **MARQUARDT VILLAGE**

### **SHEEPSHEAD TOURNAMENT**

**Tuesday, January 22<sup>nd</sup>**

**Towne Centre Stretches**

**1:00-3:00pm**

Join us for the monthly Marquardt Village Open Sheepshead Tournament held at the Towne Centre Stretches, from 1:00-3:00 p.m. The doors will open at **12:15 p.m.** with announcement of rules at **12:45 p.m.** The games are five handed with Jack of Diamonds partner. The tournament will consist of two

rounds of 20 hands. The entry fee is \$2.00 per person and \$.05 per chip. The payout is 100% with prizes awarded to the top 3 finishers minimal. Game play will begin at 1:00 p.m. This event is open to all family, friends and the community!

For more information, call Joan Genz at (920)262-0923.

## **CRAFTS N' COFFEE**

**Thursday, January 24<sup>th</sup>**

**4<sup>th</sup> Thursday each month**

**Park Hill Recreation Room**

**9:00am**

**Friday, January 25<sup>th</sup>**

**4<sup>th</sup> Friday each month**

**Park Centre North Table Lounge**

**10:00am**

Join us for **Craft Morning** each month. We will work on fun projects or simple crafts to be sold at our annual holiday bazaar. No artistic talent required. Come have fun with us!

## **REMEMBER WHEN?**

**Thursday, January 24<sup>th</sup>**

**Towne Centre Stretches**

**1:30pm**

Come and join us for an afternoon of reminiscing as we remember the good old days back when things were simple! Connie Mundt will facilitate the program.

**Light refreshments will be served.**

**Everyone is welcome to attend.**



## **SNOWFLAKE PARTY**

**Friday, January 25<sup>th</sup>**

**Towne Centre Stretches**

**1:30pm**

Snowflakes, snowflakes falling down! Come and join us for an afternoon of music featuring



A Little Bit of Heaven and winter wonderland treats.

**Friends and family welcome.**

## **BIBLE STUDY**

**Monday, January 28<sup>th</sup>**

**Park Hill First Floor Meeting Room**

**2:00pm.**

Join Barbara Rich who will facilitate a monthly nondenominational Bible Study held on the fourth Monday of each month.

Light refreshments will be served.

**Everyone is welcome to attend.**

## **MARQUARDT VILLAGE**

### **PROGRESSIVE BINGO**

**Wednesday, January 30<sup>th</sup>**

**Towne Centre Stretches**

**2:00pm** Bingo

**Price:** \$.50 per card (4 total cards)

A progressive game will be played for blackout. Progressive game – A special game with prize amount that grows until it is won.

**Invite your family and friends for a fun afternoon social!**

## **FUN AND GAMES**

### **OPEN CARD & BOARD GAMES**

**Towne Centre Escapades**

Enjoy playing card and board games, billiards or television at your own leisure in the Escapades!

Friends and family are welcome to join you.

## **BILLIARDS AFTERNOON!**

**Tuesdays & Thursdays**

**1:30pm**

Come and join our friendly, social pool competition on Tuesday and Thursday afternoons at the Towne Centre Escapades.



Learn the rules of the game, practice your skills and put them to test in a game against friends! Come out and join in the fun!

Everyone is welcome.

## **SKAT**

**Every Friday**

**Towne Centre Escapades**

**9:15-11:15am**

## **BRIDGE**

**Fridays**

**Towne Centre Stretches**

**11:00am**

Come and learn the basic rules for the game of Bridge with instructor Barb Berg. If you are new to the game or wish to sharpen your skills, plan to join this group! It is suitable for both beginners and more advanced players.

Grab a friend and come join the fun!

## **EUCHRE**

**Every Sunday**

**Towne Centre Stretches**

**2:00-4:00pm**

## **ARTS AND CRAFTS**

### **COME AND LEARN ROSEMALING**

**Mondays – Resumes January 21<sup>st</sup>, 2019**

**Towne Centre Stretches**

**10:00am.**

Come and learn the beautiful art of Rosemaling with step-by-step instructions by Ella Ison. The lessons will show simple techniques how to load the brush, proper brush handling, and basic strokes. All supplies will be provided free of charge. Invite a friend and join the fun!

## **CERAMICS CLASSES**

**Mondays**

**2:00-4:00pm**

**Mary Frater's House**

**1128 Highland Ave. of Marquardt Village**

Come and enjoy creative social time with new people while learning the basics of ceramics with instructor Mary Frater.

For more information, contact Mary at 261-3059.



## **CREATIVE CRAFTERS CLUB**

**Thursday, January 17<sup>th</sup>**

**Towne Centre Stretches Room**

**9:30-11:00am**

**Instructor: Joanne Buchanan**

Come and learn how to sew a keepsake **Teddy or Remembrance Bear**. The bears are made from your loved one's clothing (button down shirt with buttons, sweatshirt, gown, t-shirt, pajamas, etc.) or fabric. Please bring the material with you or just help us create **Caring Bears** for the annual holiday fair. We hope you can join us in piecing memories together! Everyone is welcome



## **MARQUARDT VILLAGE CARING CRAFTERS**

**2<sup>nd</sup> & 4<sup>th</sup> Wednesday**

**9:30-11:00am**

**Park Hill Apts. Recreation Room**

If you enjoy knitting or crocheting, this program is for you. Bring your needles and make plans now to join us for this fun, inspiring morning! Drop in anytime. Caring Crafters is a community service group who knits or crochets for many charities, including Marquardt Hospice. We would love for you to join us! Everyone is welcome.





## EXERCISE AND FITNESS

### SENIOR FITNESS

Tuesdays & Thursdays 11:00am

Towne Centre Stretches Room

Group fitness with Yang

Tuesdays, Thursdays and Saturdays

9:30 a.m.

Park Centre South Social Lounge

Exercise Tape

Tuesdays & Thursdays 8:00am

Park Hill Apts. Recreation Room

Exercise Tape

### BEGINNER LINE DANCING

Thursdays

Towne Centre Stretches Room

12:30pm

**Instructor: Nancy Wrench**

The beginner line dance class is a great place to start! No previous dance experience is necessary. Learn the basics of country line dancing. Its exercise disguised as **fun!** No partner needed, just come as you are! Invite your friends and join us on the dance floor!



### CHAIR STRETCH, BALANCE AND MOVE CLASS

Saturdays

January 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup>

February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup>

March 2<sup>nd</sup> & 9<sup>th</sup>

Towne Centre Stretches Room

10:00-11:00am

**Instructor: Beth Mueller**

Participants will be guided through stretches that wake-up muscle groups in the body from head to toe, all while seated in a chair!

Balance exercises will be taught while using the chair to stabilize the body while standing.

Class will also include learning different breathing techniques, slow flowing movement to music (while seated) and class will end with

relaxation and stillness. Everyone is welcome to attend.

**Free for all participants!**

### WARMING UP TO WINTER

#### EXERCISE

The weather outside is frightful, but **indoor walking** is so delightful! Marquardt Village is partnering with the **Get Healthy Watertown "Walk on Saturday"** indoor walking program throughout the winter months. The Saturday indoor walks are held at the Towne Centre lower level hallways at 9:00 a.m. The program encourages a social and supportive environment to help people live healthy, active lives. Fast or slow, beginners or those who walk regularly, all fitness levels are welcome. Participants can join the group on their own, with a partner or with friends. A schedule is available with dates for both the Towne Centre and the Watertown High School at the Strides and Stretches Room.

For further questions, please contact Joan Genz at 920-262-0923 or ext. 6020.

**Come and walk with us, make new friends and stay motivated!**

### WORSHIP SERVICES

Bethany Chapel Services

Sundays

9:00 a.m. at Park Terrace Assisted Living

10:00 a.m. at MHC Chapel

11:00 a.m. at Park Ridge Assisted Living

Wednesdays: Catholic Rosary 6:30 pm

Station 3 Living Room at MHC

*Services are televised on channel (3)*



### SUPPORT GROUPS

#### DEPRESSION SUPPORT GROUP

1<sup>st</sup> & 3<sup>rd</sup> Thursdays

Thursday, January 3<sup>rd</sup> & 17<sup>th</sup>

#### Park Hill Apts. First Floor Meeting Room 6:30-8:00pm

The Depression and Bipolar Support Alliance (DBSA) offer free support meetings on the 1<sup>st</sup> & 3<sup>rd</sup> Thursdays, from 6:30-8:00pm at Park Hill Apts. 1121 Highland Avenue, Marquardt Village. This support group is affiliated with DBSA and their mission is to provide hope, help, support, and education to improve lives of people who have mood disorders. Come and join us in a safe, supportive and learning environment. The meetings are facilitated by Ruth Rehbaum. Ruth is a trained DBSA facilitator. There is no cost or commitment for individuals to attend. Open to the public. For more information, please call Ruth Rehbaum at (920)206-4642 or Joan Genz at (920)262-0923.

#### ALZHEIMER'S SUPPORT GROUP

4<sup>th</sup> Wednesday

Watertown Public Library

4:00-5:00pm

Provides information, education and support to caregivers of persons with Alzheimer's and other progressive dementias. Meetings are open to the public. For questions, contact Nancy Percifield at 920-887-7191

#### MARQUARDT VILLAGE TRIPS OCONOMOWOC ARTS CENTER

**Celebrating the Music of**

**Gershwin & Berlin**

Saturday, January 19<sup>th</sup>, 2019

Oconomowoc Arts Centre

**Price: \$25.00 (Includes transportation & show ticket)**

2:00 p.m.

Enjoy the music of George Gershwin and Irvin Berlin in a show that features the

beloved songs of America's most popular songwriters. One of cabaret's most in demand duos, Beckie Menzie and Tom Michael offer a unique blend of whimsy, nostalgia and unquestionable talent that translates to pure entertainment. Celebrating the Music of Gershwin & Berlin is a high energy, musically sophisticated tribute, including beloved songs; I Love a Piano, Fascinating Rhythm, Always, Stepping Out with My Baby and many more. In what they call a "musical marriage," Menzie and Michael delight audiences with their rare chemistry, inventive arrangements and genuine love for music and for one another.

**Reservation deadline is Thursday, January 3<sup>rd</sup>.**

**Sign up in the activity binder or contact Joan Genz at (920)262-0923 or ext. 6020 to make your reservation.**

**The group will depart from Marquardt Village:**

**1:15 p.m. Park Hill Apts.**

**1:20 p.m. Park Centre North Apts.**

**1:25 p.m. Park Centre South Apts.**

**Return: Approximately 5:00 p.m.**

- Fee will be added to your monthly Marquardt Village statement
- Mini-Coach via Go Riteway Transportation
- Moderate walking
- Family and friends welcome

## **THE WISCONSIN SINGERS**

### **Nothing's Gonna Stop Us Now**

**Sunday, February 17<sup>th</sup>, 2019**

**Watertown High School Auditorium**

**Price: \$15.00 (Includes transportation, show ticket & reserved seats)**

### **3:00 p.m. The Wisconsin Singers and Dancers**

*Wisconsin Singers' newest show, Nothing's Gonna Stop Us Now!* is a 90-minute revue of top hits of American pop music from the past five decades performed by the top talents of the UW Madison. Audiences will enjoy award winners from the Oscars and Tonys, as well as some much-loved "One Hit Wonders." Our tribute to Radio and Video Stars includes music by Frank Sinatra, Elton John and Charlie Puth. If you're a movie or musical theater fan, you'll be entertained by songs from *The Greatest Showman*, *Dear Evan Hansen*, *Hamilton*, *Pitch Perfect 3*, and *La La Land*. The renowned Wisconsin Singers Band will have you dancing in your seats to "funky" music from Superstition to hits from the Grammys.

Wisconsin Singers has a Fifth Quarter too, where Badger fans can sing along to "Varsity," dance to "Tequila" and jam to "Jump Around."

Every Wisconsin Singers show promises to entertain your entire family with Broadway-caliber song, dance and big band sound. "Nothing's Gonna Stop Us Now!" as we take the stage for our 51st season.

**Reservation deadline is Monday, February 11<sup>th</sup>.**

**Sign up in the activity binder or contact Joan Genz at (920)262-0923 or ext. 6020 to make your reservation.**

**The group will depart from Marquardt Village:**

**2:15 p.m. Park Hill Apts.**

**2:20 p.m. Park Centre North Apts.**

**2:25 p.m. Park Centre South Apts.**

**Return: Approximately 5:30 p.m.**

- Fee will be added to your monthly Marquardt Village statement
- Mini-Coach via Go Riteway Transportation
- Moderate walking
- Reserved seats
- Family and friends welcome

## **TRIPS**

**The Church Basement Ladies-Rise Up, O'Men**

Date: February 23, 2019 Price: \$113

**Look for tour details in the Coffee Shop or in the Towne Centre Stretches Room. Contact Lamers office at 1-800-236-8687 to make a reservation or for more information.**

**Please note: The bus will stop at Marquardt Village if we have six participants. Everyone is welcome.**

# January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>KEY CODE:</p> <p>ALA= Assisted Living Activity Room ALD= Assisted Living Dining Room TV= Room with TV FP= Fireplace MCD= Memory Care Dining Room TC= Towne Centre TCO= Towne Centre Occasions TCE= Towne Centre Escapades</p>		<p style="text-align: right;">1</p> <p>8:30AM Walks to Fireplace 9:00AM News &amp; Views 9:30AM Fireplace Chats 1:00PM Walks to ALD 1:30PM Cards &amp; Word Search Games 1:30PM Social Billiards(Escapades) 2PM New Year's Day Bingo(TC) 3:30PM Crosswords(ALD) 5:30PM Cards(ALD)</p> <p style="text-align: center;"><i>New Year's Day</i></p>	<p style="text-align: right;">2</p> <p>8:30AM Walks to ALA <b>9:00AM Strengthening Exercise (ALA)</b> <b>9:30AM Shut the Box(ALA)</b> 10AM Sheepshead(TC) 11:30AM Senior Fitness(TC) 1:00PM Walks ALD <b>1:30PM Kings in the Korner(ALD)</b> 3:30PM Unscramble Letters Fun(ALD) 5:30PM Fireplace Chats</p>	<p style="text-align: right;">3</p> <p>8:30AM Walks to ALA <b>9:00AM Chair Chi(ALA)</b> <b>9:30AM Skip Bo(TV)</b> 11AM Senior Fitness(TC) 12:30PM Line Dancing(TC) 1:00PM Walks to ALD <b>1:30PM Bingo(ALD)</b> 1:30PM Social Billiards(Escapades) 5:30PM Cards(ALD) 7:00PM Around the Corner with John McGivern : Haymarket(Ch.7)*</p>	<p style="text-align: right;">4</p> <p>8:30AM Walks to ALA <b>9:00AM Strengthening Exercise(ALA)</b> <b>9:30AM Decorate Tree(ALA)</b> 9:15AM SKAT(Escapades) 11AM Bridge (TC) 1:00PM Walks to (TC) <b>1:30PM Let it Snow Party featuring Jerry Strack on Accordion(TC)</b> 3:30PM Fireplace Chats 5:30PM Dominos(ALD)</p>	<p style="text-align: right;">5</p> <p>9:00AM News &amp; Views(FP) 3:30PM Puzzles(Den) 5:30PM Cards &amp; Games(LAD) 6PM Lawrence Welk Show: Broadway Musicals(Ch.7)*</p>
<p style="text-align: right;">6</p> <p>9:00AM Worship Service(ALA) 10:00AM Worship Service(Ch.3) 2:00PM Classical Gospel: Gaither Vocal Band(Ch.7)* 2-4PM Euchre(TC) 5:30PM Mexican Train Dominos(Den)</p>	<p style="text-align: right;">7</p> <p>8:30AM Walks to ALA <b>9:00AM Strengthening Exercise(ALA)</b> <b>9:30AM Daily Devotions(TV)</b> 9:00AM St. Mark's Service (Ch.3) 10AM Rosemaling(TC) 11:30AM Senior Fitness(TC) 1PM Mah Jongg(TC) 1:00PM Walks to ALD <b>1:30PM Crazy 8's(ALD)</b> 3:30PM Word Games(ALD)</p>	<p style="text-align: right;">8</p> <p>8:30AM Walks to ALD <b>10:00AM Resident Council(ALD)</b> 11AM Senior Fitness(TC) 1:00PM Walks to ALD <b>1:30PM Happy Hour (MCD)</b> <b>2:00PM Cards &amp; Dice Game(MCD)</b> 1:30PM Social Billiards(Escapades) 3:30PM Crosswords(ALD) 4PM Bible Study with Jane Gehler(TC) 5:30PM Cards(ALD)</p>	<p style="text-align: right;">9</p> <p>8:30AM Walks to ALA <b>9:00AM Strengthening Exercise (ALA)</b> <b>9:30AM Taking Down Decorations</b> 10AM Sheepshead(TC) 11:30AM Senior Fitness(TC) 1:00PM Walks ALD <b>1:30PM Uno/Cards(ALD)</b> 3:30PM Unscramble Letters Fun(ALD) 5:30PM Fireplace Chats</p>	<p style="text-align: right;">10</p> <p>8:30AM Walks to ALA <b>9:00AM Chair Dancing(ALA)</b> 10:00AM Coffee with a Cop(TC) 11AM Senior Fitness(TC) 12:30PM Line Dancing(TC) 1:00PM Walks to ALD <b>1:30PM Bingo(ALD)</b> 1:30PM Social Billiards(Escapades) 5:30PM Cards(ALD) 7:00PM Around the Corner with John McGivern : Ripon(Ch.7)*</p>	<p style="text-align: right;">11</p> <p>8:30AM Walks to ALA <b>9:00AM Strengthening Exercise(ALA)</b> <b>9:30AM Taking Decorations Down</b> 9:15AM SKAT(Escapades) 11AM Bridge (TC) 1:00PM Walks to (TC) <b>1:30PM Flannel &amp; Frost Party featuring Michael Gruber (TC)</b> 3:30PM Fireplace Chats 5:30PM Dominos(ALD)</p>	<p style="text-align: right;">12</p> <p>9:00AM News &amp; Views (FP) 10:00AM Chair Stretch, Balance and Move Class with Beth(TC) 2PM Saturday Bingo(TC) 3:30PM Puzzles (Den) 5:30PM Cards &amp; Games(ALD) 6PM Lawrence Welk Show: 200 Years of America Music Part 1(Ch.7)*</p>
<p style="text-align: right;">13</p> <p>9:00AM Worship Service(ALA) 10:00AM Worship Service(Ch.3) 2-4PM Euchre(TC) 2:00PM Classical Gospel: Johnny Cash (Ch.7)* 5:30PM Mexican Train Dominos(Den)</p>	<p style="text-align: right;">14</p> <p>8:30AM Walks to ALA <b>9:15AM Music Therapy(ALA)</b> 9:00AM St. Mark's Service (Ch.3) 1:00PM Walks to ALD <b>1:30PM Crazy 8's(ALD)</b> 2PM Free Hearing Test(Office by TC) 5:30PM Yahtzee(Den)</p>	<p style="text-align: right;">15</p> <p>8:30AM Walks to ALA <b>9:00AM Horse Race Dice Game(ALA)</b> <b>9:30AM Word Fun(ALA)</b> 11AM Senior Fitness(TC) 1:00PM Walks to MCD <b>1:30PM Winter Ball Happy Hour (MCD)</b> <b>2:00PM Music by DeWayne Doberstein (MCD)</b> 1:30PM Social Billiards(Escapades) 3:30PM Word Search(ALD) 5:30PM Cards(ALD)</p>	<p style="text-align: right;">16</p> <p>8:30AM Walks to ALA <b>9:00AM Strengthening Exercise(ALA)</b> <b>9:30AM Oh Shoot(ALA)</b> 10AM Sheepshead(TC) 11:30AM Senior Fitness(TC) 1:00PM Walks to ALD <b>1:30PM Craft: Build a Snowman (ALD)</b> 3:30PM Word Mining(ALD) 5:30PM Fireplace Chats</p>	<p style="text-align: right;">17</p> <p>8:30AM Walks to ALA <b>9:00AM Chair Chi(ALA)</b> <b>9:30AM Skip Bo(TV)</b> 11AM Senior Fitness(TC) 12:30PM Line Dancing(TC) 1:30PM Walks to TC <b>2:00PM Marquardt Village Game Day(TC)</b> 1:30PM Social Billiards(Escapades) 5:30PM Cards(ALD) 7:00PM Around the Corner with John McGivern : Jefferson(Ch.7)*</p>	<p style="text-align: right;">18</p> <p>8:30AM Walks to ALA <b>9:00AM Strengthening Exercise(ALA)</b> 9:15AM SKAT(Escapades) 11AM Bridge (TC) 1:00PM Walks to TC <b>1:30PM Winter Hymn Sing with Neal &amp; Connie Mundt(TC)</b> 5:30PM Cards(ALD)</p>	<p style="text-align: right;">19</p> <p>9:00AM News &amp; Views(FP) 10:00AM Chair Stretch, Balance and Move Class with Beth(TC) 3-4PM Winterfest Celebration music with Genesee Ridge Bluegrass Band(TC) 3:30PM Puzzles(Den) 5:30PM Cards &amp; Games(ALD) 6PM Lawrence Welk Show: 200 Years of America Music Part 2(Ch.7)*</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
9:00AM Worship Service(ALA) 10:00AM Worship Service(Ch.3) 2-4PM Euchre(TC) 2PM Classic Gospel: Best of Gordon Mote (Ch.7)* 5:30PM Mexican Train Dominos (Den)	8:30AM Walks to FP 9:00AM Crossword Puzzles 9:00AM St. Mark's Service (Ch.3) 10AM Rosemaling(TC) 11:30AM Senior Fitness(TC) 1PM Mah Jongg(TC) 1:00PM Walks to ALD <b>1:30PM Crazy 8's(ALD)</b> 1:30PM Sheepshead(ALD) 3:30PM Social Hour 5:30PM Yahtzee(Den)	8:30AM Walks to ALA <b>9:00AM Baking &amp; Decorate Cupcakes(ALD)</b> <b>9:30AM Resident Choice Music(ALD)</b> 10AM Morning Cup with Mayor John David(TC) 11AM Senior Fitness(TC) 1:00PM Walks to MCD <b>1:30PM Bingo(MCD)</b> <b>2:15PM Birthday Party (MCD)</b> 1:30PM Social Billiards(Escapades) 1-3PM Marquardt Village Sheepshead Tournament(TC) 3:30PM Crosswords(ALD) 5:30PM Cards(ALD)	8:30AM Walks to ALA <b>9:00AM Strengthening Exercise(ALA)</b> <b>9:30AM Fly Ball(ALA)</b> 10AM Sheepshead(TC) 11:30AM Senior Fitness(TC) 1:00PM Walks to ALD <b>1:30PM Pokeeno(ALD)</b> 5:30PM Fireplace Chats	8:30AM Walks to ALA <b>9:00AM Chair Dancing(ALA)</b> <b>9:30AM Skip Bo(TV)</b> 11AM Senior Fitness(TC) 12:30PM Line Dancing(TC) 1:00PM Walks to TC <b>1:30PM Remember When... with Connie Mundt(TC)</b> 5:30PM Cards(ALD) 7:00PM Around the Corner with John McGivern: Sparta(Ch.7)*	8:30AM Walks to ALA <b>9:00AM Strengthening Exercise(ALA)</b> <b>9:30AM Left, Right, Center(ALA)</b> 9:15AM SKAT(Escapades) 11AM Bridge (TC) 1:00PM Walks to TC <b>1:30PM Snowflake Party featuring A Little Bit of Heaven(TC)</b> 5:30PM Dominos(ALD)	9:00AM News & Views(FP) 10:00AM Chair Stretch, Balance and Move Class with Beth(TC) 3:30PM Puzzles (Den) 5:30PM Cards & Games(ALD) 6PM Lawrence Welk Show: Italian Show (Ch.7)*
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
9:00AM Worship Service(ALA) 10:00AM Worship Service(Ch.3) 2PM Classic Gospel: Best of Sue Dodge(Ch.7)* 2-4PM Euchre(TC) 5:30PM Mexican Train Dominos(Den)	8:30AM Walks to ALA <b>9:15AM Music Therapy(ALA)</b> 9:00AM St. Mark's Service (Ch.3) 10AM Rosemaling(TC) 11:30AM Senior Fitness(TC) 1PM Mah Jongg(TC) 1:00PM Walks to ALD <b>1:30PM Crazy 8's(ALD)</b> 3:30PM Social Hour(FP) 5:30PM Yahtzee(Den)	8:30AM Walks to ALA <b>9:00AM Snowflake Craft(ALA)</b> <b>9:30AM Resident Choice Music</b> 11AM Senior Fitness(TC) 1:00PM Walks to MCD <b>1:30PM Happy Hour (MCD)</b> <b>2:00PM Cards &amp; Dice Game(MCD)</b> 1:30PM Social Billiards(Escapades) 3:00PM Walks to ALD 3:30PM Word Search(ALD) 5:30PM Cards(ALD)	8:30AM Walks to ALA <b>9:00AM Strengthening Exercise(ALA)</b> <b>9:30AM Wii Games (ALA)</b> 10AM Sheepshead(TC) 11:30AM Senior Fitness(TC) 1:00PM Walks to ALD <b>1:30PM Card Bingo(ALD)</b> 2PM Marquardt Village Progressive Bingo(TC) 3:30PM Word Web(ALD) 5:30PM Fireplace Chats	8:30AM Walks to ALA <b>9:00AM Chair Chi(ALA)</b> <b>9:30AM Skip Bo(TV)</b> 11AM Senior Fitness(TC) 12:30PM Line Dancing(TC) 1:00PM Walks to ALD <b>1:30PM Bingo(ALD)</b> 1:30PM Social Billiards(Escapades) 3:30PM Coloring Adventures(Den) 5:30PM Cards(ALD) 7:00PM Around the Corner with John McGivern: New Glarus(Ch.7)*		

# January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>MCA: Memory Care Activity Room</b></p> <p><b>MCD: Memory Care Dining Room</b></p> <p><b>TC: Towne Centre Stretches Room</b></p>		<p style="text-align: right;">1</p> <p>9:00AM Current Events 10:00AM Walks to FP 10:30AM Word Fun 12:30PM Helping Hands* 1:00PM Walks to MCD 1:30PM Coloring Adventures 3:00PM Fireplace Chats 5:30PM Resident Choice Activity 6:00PM Folding Fun*</p> <p style="text-align: center;"><i>Happy New Year!!</i></p>	<p style="text-align: right;">2</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Chair Chi</b> <b>11:00AM Monarch Butterfly</b> 12:30PM Helping Hands* 1:00PM Puzzles 2:00PM Hydrate &amp; Chat* 2:30PM Walks to MCD <b>2:45PM Cards &amp; Games</b> 3:45PM Walks to Rooms 6:00PM Folding Fun*</p>	<p style="text-align: right;">3</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Stretch with Me</b> <b>11:00AM Noodle Ball</b> 12:30PM Helping Hands* 2:00PM Hydrate &amp; Chat* 2:30PM Walks to MCD <b>2:45PM Let's Travel to the South Pole(MCA)</b> 5:30PM Coloring Adventures 6:00PM Folding Fun* 7:00PM Around the Corner with John McGivern: Haymarket(Ch.7)*</p>	<p style="text-align: right;">4</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Sit &amp; Be Fit</b> <b>11:00AM Funny New Year's Resolutions</b> 12:30PM Helping Hands* 1:00PM Walks to Towne Centre <b>1:30PM Let It Snow Party featuring Jerry Strack Accordion(TC)</b> 2:00PM Hydrate &amp; Chat* 2:30PM Walks to Rooms 3:30PM Busy Box Activities 5:30 Resident Choice Activity</p>	<p style="text-align: right;">5</p> <p>9:00AM Current Events 10:00AM Sorting Fun 1:00PM Puzzles 2:00PM Hydrate &amp; Chat <b>3:30PM Activity Visits</b> 5:30PM Music &amp; Relaxation 6PM Lawrence Welk Show: Broadway Musicals (Ch.7)*</p>
<p style="text-align: right;">6</p> <p>9:00AM Music &amp; Reminiscing 10:00AM Worship Service (Ch.3)* 1:00PM Word Search 2PM Classic Gospel: Gaither Vocal Band(Ch.7)* 3PM Puzzles/Coloring Fun 5:30PM Resident Activity Choice</p>	<p style="text-align: right;">7</p> <p>9:00AM St. Mark's Service (Ch.3)* 10:00AM Walks to MCA <b>10:30AM Music &amp; Memories</b> 12:30PM Helping Hands* 2:00PM Hydrate &amp; Chat* 2:30PM Walks to MCD <b>2:45PM Bingo</b> 3:45PM Walks to Rooms 5:30PM Coloring Adventures 6:00PM Folding Fun*</p>	<p style="text-align: right;">8</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Sit &amp; Be Fit</b> <b>11:00AM Elvis Fun Facts (Happy Birthday Elvis)</b> 12:30PM Helping Hands* 1:00PM Walks to MCD <b>1:30PM Happy Hour (MCD)</b> <b>2:00PM Cards &amp; Dice Games</b> 2:30PM Walks to Rooms 3:00PM Fireplace Chats 5:30PM Resident Choice Activity 6:00PM Folding Fun*</p>	<p style="text-align: right;">9</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Chair Chi</b> <b>11:00AM Let's Celebrate the Past Through Music</b> 12:30PM Helping Hands* 1:00PM Walks to MCD <b>1:30PM Music with Jenny</b> 2:00PM Hydrate &amp; Chat* 2:30PM Walks to Rooms 6:00PM Folding Fun*</p>	<p style="text-align: right;">10</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:00AM Story Hour with Faith Lutheran School</b> 12:30PM Helping Hands* 2:00PM Hydrate &amp; Chat* 2:30PM Walks to MCD <b>2:45PM Take Down Decorations</b> 5:30PM Coloring Adventures 6:00PM Folding Fun* 7:00PM Around the Corner with John McGivern: Ripon(Ch.7)*</p>	<p style="text-align: right;">11</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Sit &amp; Be Fit</b> <b>11:00AM Short Story Discussion</b> 12:30PM Helping Hands* 1:00PM Walks to Towne Centre <b>1:30PM Flannel &amp; Frost Party featuring Michael Gruber (TC)</b> 2:00PM Hydrate &amp; Chat* 2:30PM Walks to Rooms 3:30PM Busy Box Activities 5:30 Resident Choice Activity</p>	<p style="text-align: right;">12</p> <p>9:00AM Current Events 10:00AM Flower Arranging 1:00PM Puzzles 2:00PM Hydrate &amp; Chat <b>3:30PM Activity Visits</b> 5:30PM Sing Along 6PM Lawrence Welk Show: 200 Years of American Music Part 1(Ch.7)*</p>
<p style="text-align: right;">13</p> <p>9:00AM Music &amp; Reminiscing 10:00AM Worship Service(Ch.3)* 2PM Classic Gospel: Johnny Cash (Ch.7)* 3PM Word Games 5:30PM Resident Choice Activity</p>	<p style="text-align: right;">14</p> <p>9:00AM St. Mark's Service (Ch.3)* 10:00AM Walks to MCA <b>10:30AM Music &amp; Memories</b> 12:30PM Helping Hands* 2:00PM Hydrate &amp; Chat* 2:30PM Walks to MCD <b>2:45PM Bingo</b> 3:45PM Walks to Rooms 5:30PM Coloring Adventures 6:00PM Folding Fun*</p>	<p style="text-align: right;">15</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Sit &amp; Be Fit</b> <b>11:00AM Food for Thought: Poppin Good Food</b> 12:30PM Helping Hands* 1:00PM Walks to MCD <b>1:30PM Winter Ball Happy Hour</b> <b>2:00PM Music by DeWayne Doberstein</b> 3:00PM Walks to Rooms 3:00PM Fireplace Chats 5:30PM Resident Choice Activity 6:00PM Folding Fun*</p>	<p style="text-align: right;">16</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Chair Chi</b> <b>11:00AM Hello Dolly! Day</b> 12:30PM Helping Hands* 1:00PM Puzzles 2:00PM Hydrate and Chat* 2:30PM Walks to MCD <b>2:45PM Pamper &amp; Polish</b> 3:45PM Walks to Rooms 5:30PM Resident Choice Activity 6:00PM Folding Fun*</p>	<p style="text-align: right;">17</p> <p>9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Parachute &amp; Music Fun</b> <b>11:00AM What's in the Bag</b> 12:30PM Helping Hands* 1:30PM Walks to TC <b>2:00PM Game Day(TC)</b> 2:00PM Hydrate &amp; Chat* 3:30PM Walks to MCD 3:45PM Walks to Rooms 5:30PM Resident Choice Activity 6:00PM Folding Fun* 7:00PM Around the Corner with John McGivern: Jefferson (Ch.7)*</p>	<p style="text-align: right;">18</p> <p>9:00AM Current Events 9:30AM Walks to FP <b>10:00AM Pet Therapy with Mocha</b> 12:30PM Helping Hands* 1:00PM Walks to Towne Centre <b>1:30PM Winter Hymn Sing with Neal &amp; Connie Mundt(TC)</b> 2:00PM Hydrate &amp; Chat* 2:30PM Walks to Rooms 3:30PM Busy Box Activities 6:00PM Folding Fun*</p>	<p style="text-align: right;">19</p> <p>9:00AM Current Events 10:00AM Crafty Hands 1:00PM Puzzles 2:00PM Hydrate &amp; Chat <b>3:30PM Activity Visits</b> 5:30PM Music &amp; Relaxation 6PM Lawrence Welk Show: 200 Years of American Music Part 2(Ch.7)*</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21	22	23	24	25	26
9:00AM Music & Reminiscing 10:00AM Worship Service (Ch.3)* 2PM Classic Gospel: Best of Gordon Mote (Ch.7)* 3PM Coloring/Puzzles 5:30PM Resident Choice Activity	9:00AM St. Mark's Service (Ch.3)* 10:00AM Walks to MCA <b>10:30AM Music &amp; Memories</b> 12:30PM Helping Hands* 1:00PM Walks to MCD <b>1:30PM Shake Loose a Memory(MCD)</b> 2:00PM Hydrate & Chat* 2:45PM Walks to Rooms 5:30PM Coloring Adventures 6:00PM Folding Fun*	9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Sit &amp; Be Fit</b> <b>11:00AM What's Missing</b> 12:30PM Helping Hands* 1:00PM Walks to MCD <b>1:30PM Bingo</b> <b>2:00PM Birthday Party</b> 2:30PM Walks to Rooms 3:00PM Fireplace Chats 5:30PM Resident Choice Activity 6:00PM Folding Fun*	9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Chair Chi</b> <b>11:00AM Hard or Soft Game</b> 12:30PM Helping Hands* 1:00PM Puzzles 2:00PM Hydrate & Chat* 2:30PM Walks to MCD <b>2:45PM Snowflake Painting</b> 3:45PM Walks to Rooms 5:30PM Resident Choice Activity 6:00PM Folding Fun*	9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Bubble Break</b> <b>11:00AM Remembering Bubble Songs</b> 12:30PM Helping Hands* 1:00PM Word Fun 2:00PM Hydrate & Chat* 2:30PM Walks to MCD <b>2:45PM Bakers' Korner</b> 5:30PM Coloring Adventures 7:00PM Around the Corner with John McGivern: Sparta(Ch.7)*	9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Sit &amp; Be Fit</b> <b>11:00AM Snowball Toss</b> 12:30PM Helping Hands* 1:00PM Walks to TC <b>1:30PM Snowflake Party featuring A Little Bit of Heaven (TC)</b> 2:00PM Hydrate & Chat* 2:30PM Walks to Rooms 3:30PM Busy Box Activities 5:30PM Resident Choice Activity 6:00PM Folding Fun*	9:00AM Current Events 10:00AM Balloon Toss 1:00PM Puzzles 2:00PM Hydrate & Chat <b>3:30PM Activity Visits</b> 5:30PM Reading Circle 6PM Lawrence Welk Show: The Italian Show(Ch.7)*
27	28	29	30	31		
9:00AM Music & Reminiscing 10:00AM Worship Service(Ch.3)* 2PM Classic Gospel: Best of Sue Dodge(Ch.7)* 5:30PM Resident Choice Activity	9:00AM St. Mark's Service (Ch.3)* 10:00AM Walks to MCA <b>10:30AM Music &amp; Memories</b> 12:30PM Helping Hands* 2:00PM Hydrate & Chat* 2:30PM Walks to MCD <b>2:45PM Bingo</b> 3:45PM Walks to Rooms 5:30PM Coloring Adventures 6:00PM Folding Fun	9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Sit &amp; Be Fit</b> <b>11:00AM Target Toss</b> 12:30PM Helping Hands* 1:00PM Walks to MCD <b>1:30PM Happy Hour (MCD)</b> <b>2:00PM Cards &amp; Dice Games</b> 5:30PM Resident Choice Activity 6:00PM Folding Fun*	9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Chair Chi</b> <b>11:00AM Remembering Campbell's Soup</b> 12:30PM Helping Hands* 1:00PM Puzzles 2:00PM Hydrate & Chat* 2:30PM Walks to MCD <b>2:45PM Card Bingo</b> 3:45PM Walks to Rooms 5:30PM Resident Choice Activity 6:00PM Folding Fun*	9:00AM Current Events 10:00AM Walks to MCA <b>10:30AM Let's Twist</b> <b>11:00AM Twister Beanbag</b> 12:30PM Helping Hands* 2:00PM Hydrate & Chat* 2:30PM Walks to MCA <b>2:45PM Wii Bowling(MCD)</b> 3:45PM Walks to Rooms 5:30PM Music & Relaxation 6:00PM Folding Fun* 7:00PM Around the Corner with John McGivern: New Glarus(Ch.7)*		

# Park Ridge Jan. 2019 ACTIVITY CALENDAR

-Calendar subject to change

<i>SUNDAY</i>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<p>Key            AR=Activity Room            FR=Family Room            DR=Dining Room            I=Independent            Ch.3=Channel 3 on your TV'S            Independent Devotions            TC=Towne Center</p>		<p>1            Happy New Year</p> <p>Tuesday            9:00 AM Coloring Activity Room</p>	<p>2            Wednesday            10:00 Am Sheepshead TC            10:30 AM Tricks with Molly            1:30 PM Weekly Worship(ch.3)            1:45 PM Card Bingo            3:30 PM Exercises            5:30 PM Rosary</p>	<p>3            Thursday            9:00 AM Independent Word searches            10:45 AM NY's Devotion            1:45 PM            3:00 PM New Years with Myron Molenhauer            3:30 PM Chair Chi            5:30 PM Folding Fun            7:00 Around the Corner with John McGivern: Wis</p>	<p>4            Friday            10:45 AM Word Building            1:15 PM Walks to Activity Room            1:30 PM Bingo            3:30 PM Reading</p>	<p>5            Saturday            3:15 PM Randy Kiel</p> <p>6:00 PM Lawrence Welk: (Ch. 7) Big Band Years Badger Game</p>
<p>6 Sunday            10:00AM Independent Devotions            11:00 AM Sunday Worship            1:30 PM            2PM Classic Gospel: : (Ch.7)*</p>	<p>7            Monday            8:15 AM Morning Greeting in Dining Room            9:00 AM St. Mark's Ch.3            9:15 AM Music Therapy            10:00 AM Crazy 8's Individual Activities            1:00 Walks to activity Room            1:45 PM Packing up Christmas            3:00 PM Flower Arranging</p>	<p>8            Tuesday            Morning Wake Up            7:30 AM Walks to Dining Room            9:00 AM Independent Crosswords Activity Room            10:45 walks to Activity Room            11:00 AM Church Service with Rev. Elizabeth Tester            Walks to Activity Room            1:45 PM Happy Hour</p>	<p>9            Wednesday            10:45 AM Word Building            1:30 PM Weekly Worship(ch. 3)            PM Walks to Activity Room            1:45 PM Card Bingo            5:30 PM Rosary            6:00 PM Moravian Kids</p>	<p>10            Thursday            7:30 AM Walks to Dining Room            9:00 AM Independent Word Searches            10:45 AM Church            1:30 PM Noodle Hockey            5:30 PM Folding Fun            7:00 Around the Corner with John McGivern: Wis (Ch. 7)</p>	<p>11            Friday            Morning wake up            7:30 AM Walks to Dining Room            8:45 AM Strengthening Exercises            10:30 AM Word Games            12:45 Individual Recreation            PM Walks to Activity Room            1:30 PM Animal Bingo            3:00 PM Michael Gruber</p>	<p>12            Saturday            7:30 AM Walks to dining Room            3:15 PM Terry Jacobs            6:00 PM Lawrence Welk: (Ch. 7)</p>

# Park Ridge Jan. 2019 ACTIVITY CALENDAR-Calendar subject to change

<p>13 Sunday 10:00 Independent Devotions 11:00 AM Sunday Worship 1:30 PM Movie 2PM Classic Gospel: ch. 7  7PM Magic Moments-(Ch.7)*</p>	<p>14 Monday 9:00 AM Exercise Video 9:00 AM St. Mark's (Ch. 3) 10:00 AM Crazy 8's Individual Activities 1:00 PM Walks to activity 1:45 PM Mike Cowen</p>	<p>15 Tuesday 10:00 AM Word Searches Independently AR 11:00 AM Church Service with Rev. Jane Hartberg 1:15 PM Walks to Activity Room 1:00 PM Sheepshead Tournament TC 1:45 PM Happy Hour 3:00PM Chit Chat 4:15 PM Walks to Dining Room</p>	<p>16 Wednesday 8:15 AM Morning Greeting in Dining Room 9:00 AM Strengthening Exercises 10:30 AM Word Building 1:30 PM Weekly Worship(ch. 3) 1:45 PM Card Bingo 5:30 PM Rosary</p>	<p>17 Thursday 10:45 AM Church 1:00 PM 1:45 PM Beanbags-LR 1:45 PM All staff meeting 3:15 PM</p>	<p>18 Friday 10:30 AM Resident Council 12:45 Individual Recreation 1:15 PM Walks to Activity Room 1:30 PM Bingo 3:00 PM Reading</p>	<p>19 Saturday 1:10 PM  3:15 PM AL Anderson  6:00 PM Lawrence Welk</p>
<p>20 Sunday  10:00 Independent Devotions 11:00 AM Sunday Worship 1:30 PM Movie  2:00 PM Classic Gospel Music ch. 7</p>	<p>21 Monday 7:30 AM Walks to dining Room 8:15 AM Morning Greeting in Dining Room 9:00 AM St. Mark's (Ch. 3) 9:15 AM Music Therapy 10:00 AM Crazy 8's Individual Activities 1:00 Walks to activity Room 1:45 PM Wii Bowling 3:30</p>	<p>22 Tuesday Morning Wake Up 7:30 AM Walks to Dining Room 9:00 AM Independent Crosswords Activity Room 10:45 walks to Activity Room 11:00 AM Devotions Walks to Activity Room 1:00 PM Sheepshead Tournament 1:45 PM Happy Hour</p>	<p>23 Wednesday 8:15 AM Morning Greeting in Dining Room 9:00 AM Strengthening Exercises 10:00 AM 1:30 PM Weekly Worship(ch. 3) PM Walks to Activity Room 1:45 PM Card Bingo 3:00 PM Chit Chat 5:30 PM Rosary</p>	<p>24 Thursday 7:30 AM Walks to Dining Room 9:00 AM Independent Word Searches 10:45 AM Church 12:45 AM 1:45 PM Baking 3:30 PM Chair Chi 5:30 PM Folding Fun 7:00 Around the Corner with John McGivern</p>	<p>25 Friday Morning wake up 7:30 AM Walks to Dining Room 8:45 AM Strengthening Exercises 10:30 AM Frosting cupcakes 12:45 Individual Recreation PM Walks to Activity Room 1:30 PM Bingo 2:30 PM Jan. Birthday Party</p>	<p>26 Saturday  11:00 walks to Dining Room  3:15 PM Bahama Bob  4:30 PM  6:00 PM Lawrence Welk</p>




# Park Ridge Jan. 2019 ACTIVITY CALENDAR-Calendar subject to change

<p>27 Sunday 10:00 Independent Devotions</p> <p>11:00 AM Sunday Worship</p> <p>1:30 PM</p> <p>2:00 PM Classic Gospel Music ch. 7</p>	<p>28 Monday</p> <p>7:30 AM Walks to dining Room</p> <p>8:15 AM Morning Greeting in Dining Room</p> <p>9:15 AM Music Therapy-FR</p> <p>9:00 AM St. Mark's (Ch. 3)</p> <p>10:00 AM Crazy 8's Individual Activities</p> <p>1:00 PM Walks to activity Room</p> <p>1:45</p> <p>3:30 PM reading</p>	<p>29 Tuesday</p> <p>Morning Wake Up</p> <p>7:30 AM Walks to Dining Room</p> <p>9:00 AM Independent Crosswords Activity Room</p> <p>10:45 walks to Activity Room</p> <p>11:00 AM Devotions Walks to Activity Room</p> <p>1:45 PM Happy Hour</p> <p>2:00 PM IL</p>	<p>30 Wednesday</p> <p>8:15 AM Morning Greeting in Dining Room</p> <p>9:00 AM Strengthening Exercises</p> <p>10:00 AM</p> <p>1:30 PM Weekly Worship(ch. 3)</p> <p>PM Walks to Activity Room</p> <p>1:45 PM Card Bingo</p> <p>3:00 PM Chit Chat</p> <p>5:30 PM Rosary</p>	<p>31 Thursday</p> <p>7:30 AM Walks to Dining Room</p> <p>9:00 AM Independent Word Searches</p> <p>12:45 AM</p> <p>1:45 PM Trivia</p> <p>3:30 PM Chair Chi</p> <p>5:30 PM Folding Fun</p> <p>7:00 Around the Corner with John McGivern</p>		
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# January 2019 Activities



			TUESDAY January 1	WEDNESDAY January 2	THURSDAY January 3	FRIDAY January 4	SATURDAY January 5	
M O R N I N G	<b>KEY:</b> St 1=Nurses' Station 1 area	<b>KEY:</b> CH=Chapel	<b>Happy New Year 2019!!!</b> 	<b>9:00</b> Greetings	<b>9:00</b> Greetings	<b>9:00</b> Greetings		
	St 2=Nurses' Station 2 area	DR=Dining Room		<b>9:30</b> – St 2 Exercise	<b>9:30</b> – St 2 Exercise	<b>9:30</b> – St 2 Exercise	<b>9:30</b> – St 2 Exercise	<u>10:30</u> (CH7) Rick Steves Scotland Highlands
	St 3=Nurses' Station 3 area			<b>10:30</b> -St 2 Reading Corner	<b>10:30</b> – St 2 Resident Choice Music	<b>10:15</b> – St 2 Fidget Busters	<b>10:15</b> – St 2 Fidget Busters	
A F T E R N O O N	Activity Calendar is subject to change.			<b>11:00</b> - St 2 Walks	<b>11:15</b> – St 2 Walks	<b>11:15</b> – St 2 Walks		
				<b>1:15</b> -St 2 Walks	<b>1:30</b> – St 2 Walks	<b>1:15</b> – St 2 Walks	<b>1:15</b> – St 2 Walks	
				<b>1:45</b> -St 2 News Program	<b>2:00</b> – St 2 Bingo	<b>1:45</b> – St. 2 Cards	<b>1:45</b> – St 2 Music by Randy Kiel	
			<b>2:45</b> - St 2 Walks	<b>3:00</b> Walks – St 2	<b>2:45</b> Walks – St 2			
			<b>3:30</b> -St 3 Sensory Stimulation	<b>3:30</b> - St 3 Crazy 8s	<b>3:30</b> – St 2 Colorful Adventures			
			<b>4:00</b> – St 3 Walks	<b>4:00</b> – St 3 Walks	<b>4:00</b> – St 3 Walks			
E V E N I N G			<u>4:00</u> (CH7) <b>Great American Railroad- Manhattan</b>	<b>5:30</b> - St 3 Trivia	<b>5:30</b> - St 3 Uno	<b>5:30</b> - DR Your choice music	<b>5:30</b> (CH7) Around the Corner:	
			<u>8:00</u> (CH7) <b>Vienna NY celebration</b>	<b>6:30</b> -St 2 Rosary	<b>7:00</b> (Ch. 7) Around the Corner: Milwaukee		<b>6:00</b> (CH7) Lawrence Welk- Broadway Musicals	
					<b>8:00</b> -TV/Radio Badgers Basketball			



# January 2019 Activities



	<b>SUNDAY</b> January 6	<b>MONDAY</b> January 7	<b>TUESDAY</b> January 8	<b>WEDNESDAY</b> January 9	<b>THURSDAY</b> January 10	<b>FRIDAY</b> January 11	<b>SATURDAY</b> January 12
<b>MORNING</b>	<p><b>10:00</b>– Chapel Or (Ch. 3) Sunday Worship</p>	<p><b>9:00</b> Greetings <b>9:00</b> (Ch. 3) St. Mark's <b>9:30</b>– St 3 Exercise <b>10:30</b>– St 3 Sport Talk <b>11:00</b> Walks – St 3</p>	<p><b>9:00</b> Greetings <b>9:30</b>– St 3 Exercise <b>10:30</b>- St 3 Fidget Busters <b>11:00</b> - St 3 Walks</p>	<p><b>9:00</b> Greetings <b>9:30</b>– St 2 Exercise <b>10:30</b>-St 2 Reading Corner <b>11:00</b>- St 2 Walks</p>	<p><b>9:00</b> Greetings <b>9:30</b>– St 2 Exercise <b>10:30</b>– St 2 Resident Choice Music <b>11:15</b>– St 2 Walks</p>	<p><b>9:00</b> Greetings <b>9:30</b>– St 2 Exercise <b>10:15</b>– St 2 Colorful adventures <b>11:15</b>– St 2 Walks</p>	
<b>AFTERNOON</b>	<p><b>2:00</b>(Ch. 7) Classic Gospel- Gather Band</p>	<p><b>1:15</b> – St 2 Walks <b>1:45</b> – St 2 Matinee <b>Paint Your Wagon</b> <b>2:45</b>- St 2 Walks <b>3:30</b>-St 3 Sensory Stimulation <b>4:00</b>– St 3 Walks</p>	<p><b>1:30</b> -CH Walks <b>2:00</b> -CH Resident Council <b>3:15</b>- CH Walks <b>3:45</b> - St 3 Balloon Toss <b>4:30</b> Let's Visit</p>	<p><b>1:15</b>– St 2 Walks <b>1:45</b> – St 2 Sing Along <b>3:15</b> Walks <b>3:30</b>-St 3 Sensory Stimulation <b>4:00</b>– St 3 Walks</p>	<p><b>1:30</b>-St2 Walks <b>2:00</b>- St. 2 Watertown Memories <b>3:00</b> Walks – St 2 <b>3:30</b>- St. 3 Crazy 8s <b>4:30</b> Let's Visit</p>	<p><b>1:15</b>-St2 Walks <b>1:45</b>– St. 2 Cards <b>2:45</b>- St 2 Walks <b>3:30</b>– St. 2 Fidget Busters <b>4:30</b> Let's Visit</p>	<p><b>1:15</b>– St 2 Walks <b>1:45</b>– St 2 Music by Terry Jacobs</p>
<b>EVENING</b>	<p><b>6:30</b>- <b>TV/Radio</b> Badgers Basketball</p>		<p><b>6:00</b>- St 2 Sheepshead</p>	<p><b>6:30</b> -St 2 Rosary</p>	<p><b>7:00</b> (Ch. 7) Around the Corner: Ripon</p>	<p><b>8:00</b>- <b>TV/Radio</b> Badgers Basketball</p>	<p><b>6:00</b> (Ch. 7) Lawrence W. - 200 years of American Music Part 1</p>



# January 2019 Activities



	<b>SUNDAY</b> January 13	<b>MONDAY</b> January 14	<b>TUESDAY</b> January 15	<b>WEDNESDAY</b> January 16	<b>THURSDAY</b> January 17	<b>FRIDAY</b> January 18	<b>SATURDAY</b> January 19
<b>MORNING</b>	<b>10:00</b> – Chapel Or (Ch. 3) Sunday Worship	<b>9:00</b> Greetings <b>9:00</b> (Ch. 3) St. Mark's <b>9:30</b> – St 2 Pet Visits <b>10:15</b> – St 2 Exercise	<b>9:00</b> Greetings <b>9:30</b> – St 3 Exercise <b>10:15</b> – St 3 Dice Game	<b>9:00</b> Greetings <b>9:30</b> – St 2 Exercise <b>10:15</b> – St 2 Ukulele <b>11:00</b> – St 2 Walks	<b>9:00</b> Greetings <b>9:30</b> – St 3 Exercise <b>10:30</b> – St 3 Bean Bags <b>11:00</b> – St 3 Walks	<b>9:00</b> Greetings <b>9:30</b> – St 2 Exercise <b>10:15</b> – St 2 Storytelling <b>11:00</b> – St 2 Walks	<b>11:00</b> - <b>TV/Radio</b> Badgers Basketball
<b>AFTERNOON</b>	<b>2:00</b> (Ch. 7) Classic Gospel- Johnny Cash Festival	<b>1:30</b> – St 2 Walks <b>2:00</b> – St 2 BIRTHDAY PARTY <b>3:00</b> – St 2 Walks <b>3:30</b> -St 3 Sensory Stimulation <b>4:00</b> – St 3 Walks	<b>1:30</b> – St 2 Walks <b>1:15– 3:00</b> Pamper & Polish in Rooms <b>3:15</b> – St 2 Walks <b>3:30</b> - St 3 Newsies <b>4:30</b> Let's Visit	<b>1:30</b> – St 2 Walks <b>2:00</b> – St 2 Wheel of Fortune <b>3:00</b> – St 2 Walks <b>3:30</b> – St 3 Sensory Stimulation <b>4:00</b> – St 3 Walks	<b>1:30</b> Walks – St 2 <b>2:00</b> - St 2 <i>Bingo</i> <b>3:00</b> Walks – St 2 <b>3:00</b> (Ch. 7) Horses <b>3:30</b> - St. 3 Animal Antics <b>4:30</b> Let's Visit	<b>1:00</b> Bookmobile <b>1:15</b> – St 2 Walks <b>1:30</b> – St. 2 Coffee Day! <b>3:00</b> – St. 2 State of the Union 3:30- St. 3 Dominoes <b>4:30</b> Let's Visit	<b>1:00</b> – St 2 Walks <b>1:45</b> St 2 Music by Al Anderson
<b>EVENING</b>		<b>5:00</b> -St 3 Relaxation Music & Hand Massage <b>7:30-TV/Radio</b> Badgers Basketball	<b>5:30</b> - St. 3 Crazy 8s <b>6:00</b> - St 2 Sheepshead	<b>5:30</b> Trivia- St.3 <b>6:30</b> – St 2 Rosary	<b>5:30</b> - St. 3 Uno <b>7:00</b> (Ch. 7) Around the Corner: Jefferson	<b>5:30</b> - DR Your choice music	<b>6:00</b> (CH7) Lawrence Welk-200 years of American Music Part 2

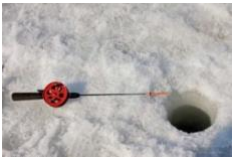


# January 2019 Activities



	<b>SUNDAY</b> January 20	<b>MONDAY</b> January 21	<b>TUESDAY</b> January 22	<b>WEDNESDAY</b> January 23	<b>THURSDAY</b> January 24	<b>FRIDAY</b> January 25	<b>SATURDAY</b> January 26
<b>M O R N I N G</b>	<b>Activities Professional Week!</b>  <b>10:00</b> – Chapel Or (Ch. 3) Sunday Worship	<i>Mixed up Monday</i> <b>9:00</b> Greetings <b>9:00</b> (Ch. 3) St. Mark's <b>9:30</b> – St 3 Exercise <b>10:30</b> – St 3 Reading Corner	<i>Top Hat Tuesday</i> <b>9:00</b> Greetings <b>9:30</b> – St 3 Exercise <b>10:15</b> – St 3 Hat Day <b>11:00</b> – St 3 Walks	<i>Wacky Socks day</i> <b>9:00</b> Greetings <b>9:30</b> – St 2 Exercise <b>10:15</b> - St 2 Resident choice Music <b>11:00</b> - St 2 Walks	<i>Dress like a Seuss Character</i> <b>9:00</b> Greetings <b>9:30</b> – St 2 Exercise  <b>10:30</b> – St 2 Word Games  <b>11:00</b> – St 2 Walks	<b>9:00</b> Greetings <b>9:30</b> – St 2 Exercise  <b>10:15</b> – St 2 Seuss Tales  <b>11:00</b> – St 2 Walks	
<b>A F T E R N O O N</b>	<b>2:00</b> TV-ESPN NFL Pro-Bowl  <b>2:00</b> (Ch. 7) Classic Gospel-Gordon Mote	<b>1:15</b> – CH Walks <b>1:45</b> - CH Fun with Food <b>2:45</b> -St 3 Walks <b>3:30</b> -St 3 Sensory Stimulation <b>4:00</b> – St 3 Walks	<b>1:30</b> - St 2 Walks  <b>2:00</b> – St 2 Travel Group <i>Latvia</i>  <b>3:30</b> - St 3 Bean Bags  <b>4:30</b> Let's Visit	<b>1:15</b> – St 2 Walks <b>1:45</b> – St 2 Sing Along  <b>2:45</b> -St 3 Walks <b>3:30</b> -St 3 Sensory Stimulation <b>4:00</b> – St 3 Walks	<b>1:30</b> - St 2 Walks <b>2:00</b> - St 2 <b>Bingo</b> <b>3:00</b> – St 3 Walks <b>3:30</b> – St 1 Music w/Brenda <b>4:30</b> Let's Visit	<b>1:30</b> – St 2 Walks <b>2:00</b> – St 2 Card Bingo <b>3:45</b> – St 2 Fidget Busters  <b>4:30</b> Let's Visit	<b>1:00</b> – St 2 Walks <b>1:15</b> - <b>TV/Radio</b> Badgers Basketball <b>1:30</b> – St 2 Music by Bahama Bob
<b>E V E N I N G</b>		<b>5:00</b> -St 3 Relaxation Music & Hand Massage	<b>5:30</b> - St 3 Crazy 8's <b>6:00</b> - St 2 Sheephead	<b>5:30</b> - DR Trivia <b>6:30</b> -St 2 Rosary <b>8:00 TV/Radio</b> Badgers Basketball	<b>7:00</b> (Ch. 7) Around the Corner Sparta		<b>6:00</b> (Ch. 7) Lawrence W The Italian Show

# January 2019 Activities



	<b>SUNDAY</b> January 27	<b>MONDAY</b> January 28	<b>TUESDAY</b> January 29	<b>WEDNESDAY</b> January 30	<b>THURSDAY</b> January 31		
<b>M O R N I N G</b>	<u>10:00</u> – Chapel Or (Ch. 3) Sunday Worship	<u>9:00</u> Greetings <u>9:00</u> (Ch. 3) St. Mark's <u>9:30</u> – St 2 Exercise <u>10:15</u> – St 2 Noodle Hockey <u>11:00</u> – St 2 Walks	<u>9:00</u> Greetings <u>9:30</u> – St 3 Exercise <u>10:30</u> – St 3 Snow Day Reminisce <u>11:00</u> – St 3 Walks	<u>9:00</u> Greetings <u>9:30</u> - St 2 Exercise <u>10:30</u> -St 2 Reading Corner <u>11:00</u> - St 2 Walks	<u>9:00</u> Greetings <u>9:30</u> - St 2 Exercise <u>10:30</u> -St2 Dean Martin Music <u>11:00</u> -DR <i>Happy Hour</i>		
<b>A F T E R N O O N</b>	<u>2:00</u> (Ch. 7) Classic Gospel Best of Sue Dodge	<u>1:15</u> – St 2 Walks <u>1:45</u> – St 2 Jeopardy <u>2:15</u> – St 2 Walks <u>3:30</u> – St 3 Sensory Stimulation <u>4:00</u> – St 3 Walks	<u>1:15</u> – <b>CH</b> Walks <u>1:45</u> – <b>CH</b> Ecumenical Communion Service <u>2:30</u> - <b>CH</b> Giant Balloon Toss <u>4:30</u> Let's Visit	<u>1:30</u> - St. 2 Walks <u>2:00</u> - St. 2 News Program <u>3:15</u> - St. 2 Walks <u>3:30</u> – St 3 Sensory Stimulation <u>4:00</u> – St 3 Walks	<u>1:30</u> - St 2 Walks <u>2:00</u> - St 2 <b>Jingo</b> <u>3:00</u> – St 3 Walks <u>3:30</u> – St 3 Choice Music <u>4:30</u> Let's Visit		
<b>E V E N I N G</b>		<u>5:00</u> - St. 3 Relaxation, Music & Hand Massage	<u>5:30</u> - St 3 Crazy 8's <u>6:00</u> - St 2 Sheepshead <u>7:00-TV/Radio</u> Badgers Basketball	<u>5:30</u> - DR Trivia <u>6:30</u> -St 2 Rosary	<u>6:30</u> -St 2 <u>7:00</u> (Ch. 7) Around the Corner New Glarus		